



INVESTING IN HEALTHY EMPLOYEES

Everyone experiences problems in their lives. Usually these problems can be dealt with on our own, but at other times we may benefit from asking for professional, confidential help.

Your employer offers the services of HMS as your Employee Assistance Program because they highly value a healthy employee. So when life's problems begin to weigh on you, HMS counselors are trained to help you identify the source of your concerns and find effective solutions quickly. You don't have to carry all of life's burdens alone... HMS is here to help.

What Is HMS?

HMS is a 24-hour, integrated counseling and referral service specializing in Employee Assistance Programs (EAP) and Work/Life Issues.

What Does It Cost?

All services are prepaid by your employer.

800-343-2186

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Specialized Services Include

- Marital
- Child care
- Family/Parent
- Grief and Loss
- Time Management
- Emotional problems
- Elder care
- Financial
- Parenting
- Legal

User Name: Delaware
Password: Statehms04

www.hmsincorp.com

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