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UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

| | | |
|----------------------------------|---|---------------------|
| RAMON MORENO, |) | No. EDCV 08-0657-RC |
| |) | |
| Plaintiff, |) | |
| |) | OPINION AND ORDER |
| v. |) | |
| |) | |
| MICHAEL J. ASTRUE, |) | |
| Commissioner of Social Security, |) | |
| |) | |
| Defendant. |) | |
| _____ |) | |

Plaintiff Ramon Moreno filed a complaint on May 22, 2008, seeking review of the Commissioner's decision denying his application for disability benefits, and on October 20, 2008, the Commissioner answered the complaint. The parties filed a joint stipulation on December 9, 2008.

BACKGROUND

I

On October 4, 2005 (protective filing date), plaintiff applied for disability benefits under the Supplemental Security Income program of Title XVI of the Act, 42 U.S.C. § 1382(a), claiming an inability to

1 work since December 7, 2004. Certified Administrative Record ("A.R.")
2 13, 66-77. The plaintiff's application was initially denied on
3 January 6, 2006, and was denied again on February 7, 2006, following
4 reconsideration. A.R. 37-41, 44-50. The plaintiff then requested an
5 administrative hearing, which was held before Administrative Law Judge
6 Mason D. Harrell, Jr. ("the ALJ") on April 24, 2007. A.R. 52, 288-
7 311. On May 9, 2007, the ALJ issued a decision finding plaintiff is
8 not disabled. A.R. 201-12. The plaintiff appealed the decision to
9 the Appeals Council, which remanded the matter to the ALJ for further
10 proceedings. A.R. 213-19.

11
12 On December 5, 2007, following remand, the ALJ held a new
13 administrative hearing, A.R. 269-87, and on January 11, 2008, the ALJ
14 issued a decision again finding plaintiff is not disabled. A.R. 10-
15 24. The plaintiff appealed this decision to the Appeals Council,
16 which denied review on April 25, 2008. A.R. 6-9.

17
18 **II**

19 The plaintiff, who was born on July 31, 1959, is currently 50
20 years old. A.R. 67, 69, 73. He has an eleventh-grade education, and
21 has previously worked as a truck driver, delivery driver, security
22 supervisor and security guard. A.R. 82-89, 294.

23
24 Since October 31, 2004, plaintiff has received medical treatment
25 at Loma Linda University Medical Center ("Loma Linda"), where he has
26 been diagnosed with cervical and lumbar degenerative disc disease,
27 asthma, bronchitis, diabetes mellitus and hypertension, among other
28 conditions. A.R. 111-49, 176-200, 235-64. On December 15, 2004,

1 plaintiff had cervical and lumbar spine x-rays, which revealed mild
2 degenerative disc disease at C5-C6, with a suggestion of mild neural
3 foraminal narrowing on the right and mild-to-moderate disc space
4 narrowing, with endplate sclerosis; mild anterior hypertrophic
5 spurring at L4-L5 and L5-S1, worse at the lumbosacral junction; and
6 mild associated sclerosis of the facet joints at L4-L5 and L5-S1.
7 A.R. 108-09, 147-48. On February 3, 2005, plaintiff had a lumbar
8 spine MRI, which revealed: mild right lateral recess stenosis¹
9 secondary to a 4-mm. right (greater than left) posterior disc bulge at
10 L5-S1, with potential for impingement on the traversing right S1
11 nerve; mild-to-moderate right L5-S1 foraminal encroachment, with
12 potential for impingement on the exiting right L5 nerve; 2-mm.
13 posterior disc bulges at L2-L3 and L3-L4, without evidence of neural
14 impingement; and mild-to-moderate degenerative disc disease at L4-L5,
15 with a 2.5-mm. posterior disc bulge without evidence of neural
16 impingement. A.R. 105-06. On April 19, 2006, plaintiff underwent
17 electromyographic studies of both arms, which demonstrated bilateral
18 moderate median neuropathy² at the wrist (carpal tunnel syndrome),
19 slightly worse on the more symptomatic right side. A.R. 262-63.

20 //

21
22 ¹ Spinal stenosis is "narrowing of the vertebral canal,
23 nerve root canals, or intervertebral foramina of the lumbar spine
24 caused by encroachment of the bone upon the space; symptoms are
25 caused by compression of the cauda equina and include pain,
Dorland's Illustrated Medical Dictionary, 1698 (29th ed. 2000).

26 ² Neuropathy is "a functional disturbance or pathological
27 change in the peripheral nervous system, sometimes limited to
28 noninflammatory lesions as opposed to those of neuritis; the
etiology may be known or unknown." Dorland's Illustrated Medical
Dictionary at 1212.

1 On May 2, 2006, a Loma Linda physician, Dr. Danielle Sawyer-
2 Macknet, noting plaintiff has stenosis at L5-S1, as documented by an
3 MRI, and a history of a work-related head injury, which could account
4 for his memory issues, A.R. 171, opined plaintiff: is able to
5 occasionally lift and carry less than 10 pounds; can sit, stand and
6 walk for less than 2 hours in an 8-hour day; can sit or stand for 5
7 minutes before changing position; needs to be able to shift positions
8 at will from sitting to standing/walking, and will need to lie down 3-
9 4 times during a work shift; can occasionally twist, stoop, crouch and
10 climb stairs, and never climb ladders; and he might have problems
11 fingering and feeling due to carpal tunnel syndrome and diabetic
12 neuropathy. A.R. 170-72. Dr. Sawyer-Macknet also opined plaintiff is
13 "moderately" limited in his ability to understand and remember very
14 short and simple instructions; is "slightly" limited in his ability to
15 remember locations and work-like procedures, maintain attention and
16 concentration for extended periods, perform activities within a
17 schedule, maintain regular attendance, be punctual within customary
18 tolerances, sustain an ordinary routine without special supervision,
19 and work in coordination with or proximity to others without being
20 distracted by them; and is otherwise not significantly limited. A.R.
21 265-66. Finally, Dr. Sawyer-Macknet opined plaintiff would miss three
22 or more work days per month due to his condition. A.R. 172, 266.

23
24 On August 29, 2006, another Loma Linda physician, Dr. David Ham,
25 opined plaintiff: is able to occasionally lift and carry less than 10
26 pounds; can stand and walk for about 2 hours and sit for about 5 hours
27 in an 8-hour day; can sit for 30 minutes and stand for 10 minutes
28 before changing position; must walk every 30 minutes for 0-5 minutes;

1 needs to be able to shift positions at will from sitting to
2 standing/walking; can occasionally crouch, and never twist, stoop, or
3 climb stairs or ladders; should avoid all exposure to extreme cold,
4 heat, fumes, odors, dusts, gases, poor ventilation, etc., and hazards;
5 and might have problems reaching, handling, fingering, feeling, and
6 pushing/pulling. A.R. 173-75. Dr. Ham also opined plaintiff is
7 "moderately" limited in his ability to sustain an ordinary work
8 routine without supervision; "slightly" limited in his ability to
9 remember locations and work-like procedures and work in coordination
10 with or in proximity to others without being distracted by them; and
11 is otherwise not significantly limited. A.R. 267-68. Finally, Dr.
12 Ham opined plaintiff would miss three or more work days per month due
13 to his condition. A.R. 175, 268.

14
15 On December 5, 2005, Thomas R. Dorsey, M.D., an orthopedic
16 surgeon, examined plaintiff, found there was no evidence plaintiff had
17 radiculopathy,³ and opined plaintiff can lift and/or carry up to 20
18 pounds occasionally and 10 pounds frequently, occasionally bend or
19 stoop, and stand and walk for 6 hours in an 8-hour day. A.R. 150-55.

20
21 Medical expert Samuel Landau, M.D., testified at the 2007
22 administrative hearing, opining that plaintiff has obesity, low back
23 pain, neck and low back degenerative disc disease, asthmatic
24 bronchitis, type II diabetes mellitus, and carpal tunnel syndrome in
25 both wrists, none of which meet or in combination equal a listed
26 impairment. A.R. 272-78. Dr. Landau further opined plaintiff: should

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28 ³ Radiculopathy is "disease of the nerve roots." Dorland's
Illustrated Medical Dictionary at 1511.

1 be limited to lifting and/or carrying up to 10 pounds frequently and
2 20 pounds occasionally; can occasionally bend and stoop; can perform
3 occasional neck motions, but should avoid extremes of motions; should
4 hold his head in a comfortable position most of the time; can sit for
5 six hours with normal breaks every two hours, and stand and/or walk
6 for two hours out of 8 hours; should be able to use a cane as needed
7 for walking; can climb stairs, but not climb ladders, work at heights,
8 or balance; can maintain a fixed step position for 15-30 minutes and
9 then climb occasionally; needs an air conditioned work environment
10 free from excessive inhaled pollutants; and cannot do forceful
11 gripping, grasping and twisting or continuous fine or gross
12 manipulation, but can do frequent fine or gross manipulation. A.R.
13 275-76, 285.

14 15 DISCUSSION

16 III

17 The Court, pursuant to 42 U.S.C. § 405(g), has the authority to
18 review the decision denying plaintiff disability benefits to determine
19 if his findings are supported by substantial evidence and whether the
20 Commissioner used the proper legal standards in reaching his decision.
21 Vasquez v. Astrue, 572 F.3d 586, 591 (9th Cir. 2009); Vernoff v.
22 Astrue, 568 F.3d 1102, 1105 (9th Cir. 2009).

23
24 The claimant is "disabled" for the purpose of receiving benefits
25 under the Act if he is unable to engage in any substantial gainful
26 activity due to an impairment which has lasted, or is expected to
27 last, for a continuous period of at least twelve months. 42 U.S.C. §
28 1382c(a)(3)(A); 20 C.F.R. § 416.905(a). "The claimant bears the

1 burden of establishing a prima facie case of disability." Roberts v.
2 Shalala, 66 F.3d 179, 182 (9th Cir. 1995), cert. denied, 517 U.S. 1122
3 (1996); Smolen v. Chater, 80 F.3d 1273, 1289 (9th Cir. 1996).

4
5 The Commissioner has promulgated regulations establishing a five-
6 step sequential evaluation process for the ALJ to follow in a
7 disability case. 20 C.F.R. § 416.920. In the **First Step**, the ALJ
8 must determine whether the claimant is currently engaged in
9 substantial gainful activity. 20 C.F.R. § 416.920(b). If not, in the
10 **Second Step**, the ALJ must determine whether the claimant has a severe
11 impairment or combination of impairments significantly limiting him
12 from performing basic work activities. 20 C.F.R. § 416.920(c). If
13 so, in the **Third Step**, the ALJ must determine whether the claimant has
14 an impairment or combination of impairments that meets or equals the
15 requirements of the Listing of Impairments ("Listing"), 20 C.F.R. §
16 404, Subpart P, App. 1. 20 C.F.R. § 416.920(d). If not, in the
17 **Fourth Step**, the ALJ must determine whether the claimant has
18 sufficient residual functional capacity despite the impairment or
19 various limitations to perform his past work. 20 C.F.R. § 416.920(f).
20 If not, in **Step Five**, the burden shifts to the Commissioner to show
21 the claimant can perform other work that exists in significant numbers
22 in the national economy.⁴ 20 C.F.R. § 416.920(g).

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25 _____
26 ⁴ Moreover, where there is evidence of a mental impairment
27 that may prevent a claimant from working, the Commissioner has
28 supplemented the five-step sequential evaluation process with
additional regulations addressing mental impairments. Maier v.
Comm'r of the Soc. Sec. Admin., 154 F.3d 913, 914 (9th Cir. 1998)
(per curiam); see also 20 C.F.R. § 416.920a.

1 Applying the five-step sequential evaluation process, the ALJ
2 found plaintiff has not engaged in substantial gainful activity since
3 his application date of October 4, 2005. (Step One). The ALJ then
4 found plaintiff has the severe impairments of: obesity with low back
5 pain; degenerative disc disease of the neck and low back; asthmatic
6 bronchitis; diabetes mellitus, type-2; and carpal tunnel syndrome;
7 however, plaintiff does not have a severe mental impairment. (Step
8 Two). The ALJ also found plaintiff does not have a combination of
9 impairments that meets or equals a Listing. (Step Three). The ALJ
10 next determined plaintiff cannot perform his past relevant work.
11 (Step Four). Finally, the ALJ concluded plaintiff can perform a
12 significant number of jobs in the national economy; therefore, he is
13 not disabled. (Step Five).

14 15 IV

16 The Step Two inquiry is "a de minimis screening device to dispose
17 of groundless claims." Smolen, 80 F.3d at 1290; Webb v. Barnhart,
18 433 F.3d 683, 687 (9th Cir. 2005). Including a severity requirement
19 at Step Two of the sequential evaluation process "increases the
20 efficiency and reliability of the evaluation process by identifying at
21 an early stage those claimants whose medical impairments are so slight
22 that it is unlikely they would be found to be disabled even if their
23 age, education, and experience were taken into account." Bowen v.
24 Yuckert, 482 U.S. 137, 153, 107 S. Ct. 2287, 2297, 96 L. Ed. 2d 119
25 (1987). However, an overly stringent application of the severity
26 requirement violates the Act by denying benefits to claimants who meet
27 the statutory definition of disabled. Corrao v. Shalala, 20 F.3d 943,
28 949 (9th Cir. 1994).

1 A severe impairment exists when there is more than a minimal
2 effect on an individual's ability to do basic work activities. Webb,
3 433 F.3d at 686; Mayes v. Massanari, 276 F.3d 453, 460 (9th Cir.
4 2001); see also 20 C.F.R. § 416.921(a) ("An impairment or combination
5 of impairments is not severe if it does not significantly limit [a
6 person's] physical or mental ability to do basic work activities.").
7 Basic work activities are "the abilities and aptitudes necessary to do
8 most jobs," including physical functions such as walking, standing,
9 sitting, lifting, pushing, pulling, reaching, carrying or handling, as
10 well as the capacity for seeing, hearing and speaking, understanding,
11 carrying out, and remembering simple instructions, use of judgment,
12 responding appropriately to supervision, co-workers and usual work
13 situations, and dealing with changes in a routine work setting.
14 20 C.F.R. § 416.921(b); Webb, 433 F.3d at 686.

15
16 In Step Two, the ALJ found plaintiff does not have a severe
17 mental impairment. A.R. 16. However, plaintiff contends this finding
18 is not supported by substantial evidence because the ALJ failed to
19 properly consider the opinions of his treating physician, Dr. Sawyer-
20 Macknet. There is no merit to this claim.

21
22 Since the medical opinions of a treating physician is entitled to
23 special weight because a treating physician is "employed to cure and
24 has a greater opportunity to know and observe the patient as an
25 individual[,]" Sprague v. Bowen, 812 F.2d 1226, 1230 (9th Cir. 1987);
26 Morgan v. Comm'r of the Soc. Sec. Admin., 169 F.3d 595, 600 (9th Cir.
27 1999), the ALJ must provide "clear and convincing" reasons for
28 rejecting the uncontroverted opinion of a treating physician, Ryan v.

1 Comm'r of Soc. Sec., 528 F.3d 1194, 1198 (9th Cir. 2008); Reddick v.
2 Chater, 157 F.3d 715, 725 (9th Cir. 1998), and “[e]ven if [a] treating
3 doctor’s opinion is contradicted by another doctor, the ALJ may not
4 reject this opinion without providing ‘specific and legitimate
5 reasons’ supported by substantial evidence in the record.” Reddick,
6 157 F.3d at 725; Tommasetti v. Astrue, 533 F.3d 1035, 1041 (9th Cir.
7 2008).

8
9 With respect to plaintiff’s mental health, Dr. Sawyer-Macknet
10 opined plaintiff: is “moderately” limited in his ability to understand
11 and remember very short and simple instructions; is “slightly” limited
12 in his ability to remember locations and work-like procedures,
13 maintain attention and concentration for extended periods, perform
14 activities within a schedule, maintain regular attendance, and be
15 punctual within customary tolerances, sustain an ordinary routine
16 without special supervision, and work in coordination with or
17 proximity to others without being distracted by them; is otherwise not
18 significantly limited; and would miss three or more work days per
19 month due to his condition. A.R. 265-66. The ALJ rejected Dr.
20 Sawyer-Macknet’s opinions because they were “inconsistent with the
21 medical evidence as a whole and . . . unsupported by medically
22 acceptable clinical or diagnostic findings.” A.R. 22. The ALJ’s
23 reasoning is well-founded and supported by substantial evidence in the
24 record. Although plaintiff has been prescribed Elavil, see, e.g.,
25 A.R. 257, 304, he testified at the administrative hearing that Elavil
26 was prescribed to him for pain.⁵ A.R. 279. Nothing else in the

27
28 ⁵ Among other uses, Elavil is used “to control chronic pain
[and] to prevent migraine headaches. . . .” The PDR Family Guide

1 record indicates plaintiff has been diagnosed with a mental
2 impairment. Thus, the ALJ properly discredited Dr. Sawyer-Macknet's
3 opinions as "conclusory, brief, and unsupported by the record as a
4 whole, or by objective medical findings." Batson v. Comm'r of the
5 Soc. Sec. Admin., 359 F.3d 1190, 1195 (9th Cir. 2004) (citation
6 omitted); Bray v. Astrue, 554 F.3d 1219, 1228 (9th Cir. 2009).

7
8 The ALJ also rejected Dr. Sawyer-Macknet's opinions about
9 plaintiff's mental health because they were on a check-the-box form
10 that "does not provide detailed analysis of [plaintiff's] condition
11 and his diagnosis. . . ." A.R. 22. This too is a proper rationale
12 for the ALJ to reject Dr. Sawyer-Macknet's opinions.⁶ See, e.g.,
13 Batson, 359 F.3d at 1195 (ALJ properly rejected treating physicians'
14 opinions in part because they were in checklist form with no
15 _____
16 to Prescription Drugs, 240 (8th ed. 2000).

17 ⁶ The ALJ, however, improperly rejected Dr. Sawyer-
18 Macknet's opinions about plaintiff's mental health because "there
19 is no evidence to show Dr. Sawyer-Macknet has any particular
20 qualifications, training, or expertise relative to psychological
21 or psychiatric impairments enabling her to make such an
22 assessment." A.R. 22. Under the Act, any physician "is
23 qualified to give a medical opinion as to [a claimant's] mental
24 state . . . even though . . . not a psychiatrist." Sprague, 812
25 F.2d at 1232; see also Lester v. Chater, 81 F.3d 821, 833 (9th
26 Cir. 1995) ("Dr. Kho provided treatment for the claimant's
27 psychiatric impairment, including the prescription of
28 psychotropic medication. His opinion constitutes 'competent
psychiatric evidence' and may not be discredited on the ground
that he is not a board certified psychiatrist."). Nevertheless,
given the other well-supported reasons for the ALJ rejecting Dr.
Sawyer-Macknet's opinions about plaintiff's mental health, as
discussed herein, any error in this regard was harmless, Burch v.
Barnhart, 400 F.3d 676, 679 (9th Cir. 2005), and the ALJ was not
required to further develop the record regarding Dr. Sawyer-
Macknet's credentials, as plaintiff contends.

1 supporting objective evidence); Crane v. Shalala, 76 F.3d 251, 253
2 (9th Cir. 1996) (ALJ properly rejected psychological evaluations
3 "because they were check-off reports that did not contain any
4 explanation of the bases of their conclusions."). Thus, "the ALJ
5 provided 'specific and legitimate' reasons based on substantial
6 evidence" for rejecting Dr. Sawyer-Macknet's opinions about
7 plaintiff's mental health. Tommasetti, 533 F.3d at 1037.

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V

A claimant's residual functional capacity ("RFC") is what he can still do despite his physical, mental, nonexertional, and other limitations. Mayes, 276 F.3d at 460; Cooper v. Sullivan, 880 F.2d 1152, 1155 n.5 (9th Cir. 1989). Here, the ALJ found plaintiff has the RFC to perform limited light work,⁷ as follows:

[W]ithin an eight hour workday he can stand and/or walk for two hours, sit for six hours with normal breaks such as every 2 hours, and use a cane as needed. He can lift and/or carry 10 lbs. frequently and 20 lbs. occasionally, and occasionally stoop and bend. He can climb stairs, but he cannot climb ladders, work at heights, or balance. His work environment should be air-conditioned and free of excessive

⁷ Under Social Security regulations, "[l]ight work involves lifting no more than 20 pounds at a time with frequent lifting or carrying of objects weighing up to 10 pounds. Even though the weight lifted may be very little, a job is in this category when it requires a good deal of walking or standing, or when it involves sitting most of the time with some pushing and pulling of arm or leg controls. To be considered capable of performing a full or wide range of light work, you must have the ability to do substantially all of these activities." 20 C.F.R. § 416.967(b).

1 inhaled pollutants, such as an office or th[e] [ALJ's]
2 hearing room. He can do occasional neck motion but should
3 avoid extremes of motion. His head should be held in a
4 comfortable position most of the time. He can maintain a
5 fixed head position for 15-30 minutes at a time[]
6 occasionally and work without forceful gripping, grasping,
7 or twisting and no continuous fine and gross manipulations,
8 but can do so frequently. He can perform simple repetitive
9 tasks due to medications.

10
11 A.R. 17. However, plaintiff contends the RFC determination, and
12 resultant Step 5 denial of benefits, are not supported by substantial
13 evidence because, among other reasons, the ALJ improperly found he was
14 not a credible witness. The plaintiff is correct.

15
16 The plaintiff testified at the administrative hearing that he has
17 headaches, neck, lower back and leg pain, his legs give out, and he
18 has carpal tunnel syndrome. A.R. 280-82, 292, 295-96, 298. He stated
19 he can only lie around the house because of his pain, his pain makes
20 it difficult for him to concentrate, and he gets disoriented, tired
21 and forgetful when he takes his medication. A.R. 279-81, 283, 292,
22 295, 298, 303-04. After he takes his medication in the morning,
23 plaintiff stated he naps, sometimes sleeping four hours. A.R. 283,
24 295-96. Further, plaintiff testified that, as a result of his carpal
25 tunnel syndrome, he cannot hold heavy items or grab things too hard
26 because his hands start hurting and go numb, and he sometimes drops
27 cereal bowls because of the numbness. A.R. 282, 296. The plaintiff
28 was prescribed a cane to help him walk because his legs give out, but

1 he does not do much walking because of his pain. A.R. 280, 296, 306.

2
3 Once a claimant has presented objective evidence he suffers from
4 an impairment that could cause pain or other nonexertional
5 limitations,⁸ the ALJ "must provide specific, cogent reasons" if he
6 finds the claimant's subjective complaints are not credible. Greger
7 v. Barnhart, 464 F.3d 968, 972 (9th Cir. 2006) (citations omitted);
8 Orn v. Astrue, 495 F.3d 625, 635 (9th Cir. 2007). Furthermore, when
9 the medical evidence establishes an objective basis for some degree of
10 pain and related symptoms, and no evidence affirmatively suggests the
11 claimant is malingering, the ALJ's reasons for rejecting the
12 claimant's testimony must be "clear and convincing." Morgan, 169 F.3d
13 at 599; Carmickle v. Comm'r, Soc. Sec. Admin., 533 F.3d 1155, 1160
14 (9th Cir. 2008).

15
16 Here, the ALJ found plaintiff's testimony was not credible for
17 several reasons: (1) the claimant makes "excessive exaggeration and
18 inconsistent statements"; (2) the claimant's "inconsistent [testimony]
19 with his prior testimony" about medications"; (3) the claimant "is
20 able to work" since he has "look[ed] for work"; (4) the claimant's
21 "failure to follow his treatment plan relative to the treatment of his
22 diabetes mellitus and obesity"; and (5) the "[o]bjective medical
23 evidence does not fully support the claimant's complaints." A.R. 19-
24 21.

25 _____
26 ⁸ "While most cases discuss excess pain testimony rather
27 than excess symptom testimony, rules developed to assure proper
28 consideration of excess pain apply equally to other medically
related symptoms." Swenson v. Sullivan, 876 F.2d 683, 687-88
(9th Cir. 1989).

1 The ALJ found plaintiff was not entirely credible "due to
2 excessive exaggeration and inconsistent statements" when he "was asked
3 about his response to a questionnaire where he stated he changes
4 sitting position after sitting a while. However, during the course of
5 the hearing he was observed changing position for the first time after
6 45 minutes had passed, evidencing an inconsistency between his
7 testimony and his behavior." A.R. 20. Yet, "[t]he fact that a
8 claimant does not exhibit physical manifestations of prolonged pain at
9 the hearing provides little, if any, support for the ALJ's ultimate
10 conclusion that the claimant is not disabled or that his allegations
11 of constant pain are not credible." Gallant v. Heckler,
12 753 F.2d 1450, 1455 (9th Cir. 1984); see also Perminster v. Heckler,
13 765 F.2d 870, 872 (9th Cir. 1985) (per curiam) (condemning ALJ's
14 personal observations as "sit and squirm" jurisprudence and noting
15 inapplicability where contrary evidence).

16
17 Additionally, the ALJ found plaintiff was not credible based on:

18
19 . . . the fact that during the April 24, 2007 hearing, the
20 [plaintiff] said he was testifying slowly because his
21 medications make him confused. This statement is
22 inconsistent with his prior testimony that he had taken less
23 medication that morning so that he would be alert. Based on
24 his testimony on April 24, 2007, it also appears that the
25 [plaintiff] may be adjusting to his medications now and may
26 not be so sleepy in the future after he has adequately
27 adjusted.

28 //

1 A.R. 20. At the administrative hearing, plaintiff testified he "only
2 took a little bit" of his medication that morning, and he would take
3 the rest of the medication after the hearing, because the medication
4 makes him disoriented and exhausted and he cannot concentrate. A.R.
5 292, 295-96, 298, 303-04. Later, plaintiff apologized to the ALJ,
6 stating "you have to forgive me, Your Honor, because the medication,
7 it makes me a little disoriented, so I've got to try to get my
8 thoughts together when you ask me questions, so I apologize if I go
9 slow or kind of look disoriented to you." A.R. 306-07. There is
10 simply no inconsistency between the plaintiff's two statements;
11 therefore, this supposed "inconsistency" is not a proper reason for
12 finding plaintiff was not credible. Moreover, the ALJ's conclusion
13 that plaintiff "may be adjusting to his medications" is rank
14 speculation and is improper. An "'ALJ cannot arbitrarily substitute
15 his own judgment for competent medical opinion . . . [,]'" Balsamo v.
16 Chater, 142 F.3d 75, 81 (2d Cir. 1998) (citations omitted), and he
17 "must not succumb to the temptation to play doctor and make [his] own
18 independent medical findings." Rohan v. Chater, 98 F.3d 966, 970 (7th
19 Cir. 1996).

20
21 Further, the ALJ found plaintiff's credibility was "undermined"
22 by his:

23
24 failure to follow his treatment plan relative to the
25 treatment of his diabetes mellitus and obesity. Medical
26 records show his treating physician instructed him to avoid
27 sugars and starches due to his diabetes mellitus (Exhibit
28 10F, p. 22). Furthermore, he testified his doctor told him

1 to lose weight relative to his back condition and diabetes.
2 However, the claimant's medical records . . . do not reflect
3 an adherence to a diet free of sugar and starches, but
4 rather, his escalating weight gain since his alleged onset
5 date. Specifically, in January 2005, he weighed 218 lbs.
6 By December 2005, he weighed 226 lbs. with a body mass index
7 score of 38. By November 2006 he weighed 237 lbs. The
8 claimant testified that he recently went on a diet, and
9 touted that he has lost two pounds, a minuscule amount when
10 compared to the amount of weight he has gained.

11
12 A.R. 21 (some citations omitted). However, this determination also is
13 not supported by substantial evidence, or even the exhibit the ALJ
14 cites. That exhibit is dated November 8, 2006, A.R. 197, and it
15 appears to be the **first** date plaintiff was advised to avoid sugars and
16 starches due to his diabetes. See also A.R. 178 (3/7/07), 240
17 (3/7/07). Thus, the ALJ's reliance on plaintiff's weight gain to
18 support the determination that plaintiff ignored his doctor's advice
19 of November 8, 2006, is not supported by substantial evidence.
20 Rather, plaintiff's weight on November 8, 2006, was the reason
21 plaintiff's doctor advised him to avoid sugars and starches, and the
22 record demonstrates that by the administrative hearing five months
23 later, plaintiff had lost approximately nine pounds. A.R. 261. Since
24 the ALJ's reason for disbelieving plaintiff is not supported by the
25 record, once again, it is not a "clear and convincing" reason for
26 finding plaintiff was not credible.

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28 //

1 The ALJ also found plaintiff was not credible because he:

2
3 . . . initially testified that he did not look for work.

4 However, upon being advised that the unemployment benefits
5 compensation system requires that he look for work, he then
6 changed his testimony and admitted that his wife took him
7 around looking for work. Such an admission is evidence that
8 he averred that he is able to work.

9
10 A.R. 20-21. The record, however, does not clearly show whether
11 plaintiff sought unemployment benefits **after** the time of his alleged
12 disability, see A.R. 296-98, and the ALJ did not cite anything in the
13 record to show plaintiff represented he was capable of performing
14 full-time work **after** his disability onset date. Therefore, this too
15 is not a clear and convincing reason for finding plaintiff was not
16 credible. See Carmickle, 533 F.3d at 1161-62 (“[W]hile receipt of
17 unemployment benefits can undermine a claimant’s alleged inability to
18 work fulltime, the record here does not establish whether [the
19 claimant] held himself out as available for full-time or part-time
20 work. Only the former is inconsistent with his disability
21 allegations. Thus, such basis for the ALJ’s credibility finding is
22 not supported by substantial evidence.” (citations omitted)).

23
24 Finally, it is well-established law that the ALJ may not
25 discredit a claimant’s testimony “solely because the degree of pain
26 alleged by the claimant is not supported by objective medical
27 evidence.” Bunnell v. Sullivan, 947 F.2d 341, 347 (9th Cir. 1991) (en
28 banc); Moisa v. Barnhart, 367 F.3d 882, 885 (9th Cir. 2004). Thus,

1 this "is not a clear and convincing reason" for rejecting plaintiff's
2 credibility. Vertigan v. Halter, 260 F.3d 1044, 1049 (9th Cir. 2001);
3 see also Cotton v. Bowen, 799 F.2d 1403, 1407 (9th Cir. 1986) ("It is
4 improper as a matter of law to discredit . . . testimony solely on the
5 ground that it is not fully corroborated by objective medical
6 findings.").

7
8 For all these reasons, the ALJ provided "nothing but
9 unsatisfactory reasons for discounting [plaintiff's] credibility,"
10 Reddick, 157 F.3d at 724; thus, "substantial evidence does not support
11 the [ALJ's RFC] assessment." Lingenfelter v. Astrue, 504 F.3d 1028,
12 1040 (9th Cir. 2007). "Nor does substantial evidence support the
13 ALJ's step-five determination, since it was based on this erroneous
14 RFC assessment." Id. at 1041.

15
16 **VI**

17 When the Commissioner's decision is not supported by substantial
18 evidence, the Court has authority to affirm, modify, or reverse the
19 Commissioner's decision "with or without remanding the cause for
20 rehearing." 42 U.S.C. § 405(g); McCartey v. Massanari, 298 F.3d 1072,
21 1076 (9th Cir. 2002). "Remand for further administrative proceedings
22 is appropriate if enhancement of the record would be useful." Benecke
23 v. Barnhart, 379 F.3d 587, 593 (9th Cir. 2004); Harman v. Apfel,
24 211 F.3d 1172, 1178 (9th Cir.), cert. denied, 531 U.S. 1038 (2000).
25 Here, since there are "insufficient findings as to whether
26 [plaintiff's] testimony should be credited as true," remand is the

27 //
28 //

1 appropriate remedy. Connett v. Barnhart, 340 F.3d 871, 876 (9th Cir.
2 2003).⁹

3
4 **ORDER**

5 IT IS ORDERED that: (1) plaintiff's request for relief is
6 granted; and (2) the Commissioner's decision is reversed, and the
7 action is remanded to the Social Security Administration for further
8 proceedings consistent with this Opinion and Order, pursuant to
9 sentence four of 42 U.S.C. § 405(g), and Judgment shall be entered
10 accordingly.

11
12 DATE: August 26, 2009

/S/ ROSALYN M. CHAPMAN
ROSALYN M. CHAPMAN
UNITED STATES MAGISTRATE JUDGE

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27 _____
28 ⁹ Having reached this conclusion, it is unnecessary for the
Court to address the other claims plaintiff raises, none of which
warrant any further relief than granted herein.