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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

JULIE ANN HYPES,	)	No. EDCV 11-00859 CW
	)	
Plaintiff,	)	DECISION AND ORDER
v.	)	
	)	
MICHAEL J. ASTRUE,	)	
Commissioner, Social	)	
Security Administration,	)	
	)	
Defendant.	)	
_____	)	

The parties have consented, under 28 U.S.C. § 636(c), to the jurisdiction of the undersigned Magistrate Judge. Plaintiff seeks review of the Commissioner’s denial of her application for disability and disability insurance benefits. For the reasons stated below, the Magistrate Judge finds that judgement should be granted in favor of Defendant, affirming the Commissioner’s decision.

**I. BACKGROUND**

Plaintiff Julie Ann Hypes was born on February 16, 1961, and was 49-years old at the time of her administrative hearing. [Administrative Record (“AR”) 10, 109.] She has a high school

1 education and past work experience as a massage therapist. [AR 124.]

2 Plaintiff alleges disability due to fibromyalgia, pain all over  
3 and in her feet, chronic fatigue, and depression. [AR 124.]

4 **II. PROCEEDINGS IN THIS COURT**

5 The complaint in this matter was lodged on June 2, 2011, and  
6 filed on June 8, 2011. On December 6, 2011, Defendant filed the answer  
7 and certified administrative record. On February 7, 2012, the parties  
8 filed their Joint Stipulation ("JS"), identifying matters not in  
9 dispute, issues in dispute, the positions of the parties, and the  
10 relief sought by each party. This matter has been taken under  
11 submission without oral argument.

12 **III. PRIOR ADMINISTRATIVE PROCEEDINGS**

13 On October 31, 2008, Plaintiff filed an application for a period  
14 of disability and disability insurance benefits alleging disability  
15 beginning September 15, 2008. [AR 109.] After the application was  
16 denied initially and upon reconsideration, Plaintiff requested an  
17 administrative hearing, which was held on June 22, 2010, before  
18 Administrative Law Judge ("ALJ") Mason D. Harrell, Jr. [AR 23-55.]  
19 Plaintiff appeared with counsel, and testimony was taken from  
20 Plaintiff, vocational expert Ms. Porter, and a lay witness. [Id.] The  
21 ALJ denied benefits in an administrative decision dated August 2,  
22 2010. [AR 10-19.] When the Appeals Council denied review on April 4,  
23 2011, the ALJ's decision became the Commissioner's final decision.  
24 [AR 1-3.] This action followed.

25 **IV. STANDARD OF REVIEW**

26 Under 42 U.S.C. § 405(g), a district court may review the  
27 Commissioner's decision to deny benefits. The Commissioner's (or  
28 ALJ's) findings and decision should be upheld if they are free of

1 legal error and supported by substantial evidence. However, if the  
2 court determines that a finding is based on legal error or is not  
3 supported by substantial evidence in the record, the court may reject  
4 the finding and set aside the decision to deny benefits. See Aukland  
5 v. Massanari, 257 F.3d 1033, 1035 (9th Cir. 2001); Tonapetyan v.  
6 Halter, 242 F.3d 1144, 1147 (9th Cir. 2001); Osenbrock v. Apfel, 240  
7 F.3d 1157, 1162 (9th Cir. 2001); Tackett v. Apfel, 180 F.3d 1094,  
8 1097 (9th Cir. 1999); Reddick v. Chater, 157 F.3d 715, 720 (9th Cir.  
9 1998); Smolen v. Chater, 80 F.3d 1273, 1279 (9th Cir. 1996); Moncada  
10 v. Chater, 60 F.3d 521, 523 (9th Cir. 1995)(per curiam).

11 "Substantial evidence is more than a scintilla, but less than a  
12 preponderance." Reddick, 157 F.3d at 720. It is "relevant evidence  
13 which a reasonable person might accept as adequate to support a  
14 conclusion." Id. To determine whether substantial evidence supports  
15 a finding, a court must review the administrative record as a whole,  
16 "weighing both the evidence that supports and the evidence that  
17 detracts from the Commissioner's conclusion." Id. "If the evidence  
18 can reasonably support either affirming or reversing," the reviewing  
19 court "may not substitute its judgment" for that of the Commissioner.  
20 Reddick, 157 F.3d at 720-721; see also Osenbrock, 240 F.3d at 1162.

## 21 V. DISCUSSION

### 22 A. THE FIVE-STEP EVALUATION

23 To be eligible for disability benefits a claimant must  
24 demonstrate a medically determinable impairment which prevents the  
25 claimant from engaging in substantial gainful activity and which is  
26 expected to result in death or to last for a continuous period of at  
27 least twelve months. Tackett, 180 F.3d at 1098; Reddick, 157 F.3d at  
28 721; 42 U.S.C. § 423(d)(1)(A).

1 Disability claims are evaluated using a five-step test:

2 Step one: Is the claimant engaging in substantial  
3 gainful activity? If so, the claimant is found not  
4 disabled. If not, proceed to step two.

5 Step two: Does the claimant have a "severe" impairment?  
6 If so, proceed to step three. If not, then a finding of not  
7 disabled is appropriate.

8 Step three: Does the claimant's impairment or  
9 combination of impairments meet or equal an impairment  
10 listed in 20 C.F.R., Part 404, Subpart P, Appendix 1? If  
11 so, the claimant is automatically determined disabled. If  
12 not, proceed to step four.

13 Step four: Is the claimant capable of performing his  
14 past work? If so, the claimant is not disabled. If not,  
15 proceed to step five.

16 Step five: Does the claimant have the residual  
17 functional capacity to perform any other work? If so, the  
18 claimant is not disabled. If not, the claimant is disabled.

19 Lester v. Chater, 81 F.3d 821, 828 n.5 (9th Cir. 1995, as amended  
20 April 9, 1996); see also Bowen v. Yuckert, 482 U.S. 137, 140-142, 107  
21 S. Ct. 2287, 96 L. Ed. 2d 119 (1987); Tackett, 180 F.3d at 1098-99; 20  
22 C.F.R. § 404.1520, § 416.920. If a claimant is found "disabled" or  
23 "not disabled" at any step, there is no need to complete further  
24 steps. Tackett, 180 F.3d 1098; 20 C.F.R. § 404.1520.

25 Claimants have the burden of proof at steps one through four,  
26 subject to the presumption that Social Security hearings are non-  
27 adversarial, and to the Commissioner's affirmative duty to assist  
28 claimants in fully developing the record even if they are represented

1 by counsel. Tackett, 180 F.3d at 1098 and n.3; Smolen, 80 F.3d at  
2 1288. If this burden is met, a prima facie case of disability is  
3 made, and the burden shifts to the Commissioner (at step five) to  
4 prove that, considering residual functional capacity ("RFC")<sup>1</sup>, age,  
5 education, and work experience, a claimant can perform other work  
6 which is available in significant numbers. Tackett, 180 F.3d at 1098,  
7 1100; Reddick, 157 F.3d at 721; 20 C.F.R. § 404.1520, § 416.920.

8 **B. THE ALJ'S EVALUATION IN PLAINTIFF'S CASE**

9 Here, the ALJ found Plaintiff meets the insured status of the  
10 Social Security Act through December 31, 2012; that she has not  
11 engaged in substantial gainful activity since September 15, 2008, the  
12 alleged onset date (step one); that she has the "severe" impairments,  
13 of fibromyalgia, obesity, and depression (step two); and that she does  
14 not have an impairment or combination of impairments that meets or  
15 equals a "listing" (step three). [AR 12.] The ALJ further found that  
16 Plaintiff retains the RFC to:

17 [P]erform light work as defined in 20 CFR 404.1567(b) except  
18 the claimant's mental impairments preclude intense  
19 interaction with coworkers, supervisors, or the public. She  
20 would miss work up to two times a month.

21 [AR 13.] The ALJ concluded that Plaintiff is unable to perform her  
22 past work as a massage therapist (step four); but that, nonetheless,

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23 <sup>1</sup> Residual functional capacity measures what a claimant can  
24 still do despite existing "exertional" (strength-related) and  
25 "nonexertional" limitations. Cooper v. Sullivan, 880 F.2d 1152, 1155  
26 n.s. 5-6 (9th Cir. 1989). Nonexertional limitations limit ability to  
27 work without directly limiting strength, and include mental, sensory,  
28 postural, manipulative, and environmental limitations. Penny v. Sullivan, 2 F.3d 953, 958 (9th Cir. 1993); Cooper, 800 F.2d at 1155 n.7; 20 C.F.R. § 404.1569a(c). Pain may be either an exertional or a nonexertional limitation. Penny, 2 F.3d at 959; Perminter v. Heckler, 765 F.2d 870, 872 (9th Cir. 1985); 20 C.F.R. § 404.1569a(c).

1 considering Plaintiff's age, education, work experience, RFC and work  
2 skills acquired from past relevant work, could perform other work  
3 existing in significant numbers in the national economy (step five).  
4 [AR 18.] Accordingly, Plaintiff was found not to be "disabled" as  
5 defined by the Social Security Act. [AR 19.]

### 6 C. ISSUES IN DISPUTE

7 The JS identifies as two disputed issues whether the ALJ applied  
8 proper standards in rejecting the mental and physical RFC assessments  
9 completed by Plaintiff's treating physician, Kenneth Russ, M.D.

10 As a general matter, the ALJ is to give controlling weight to the  
11 opinion of a treating physician that is "well-supported by medically  
12 acceptable clinical and laboratory diagnostic techniques and is not  
13 inconsistent with the other substantial evidence in [the] case record.  
14 . . ." CRF § 404.1527(d)(2). The ALJ need not do so, however, if  
15 that opinion is not "well-supported" or is "inconsistent with other  
16 substantial evidence in the record." Orn v. Astrue, 495 F.3d 625, 631  
17 (9th Cir. 2007). In assessing what weight to give a treating  
18 physician's opinion, the ALJ may consider factors such as: the quality  
19 of explanation the physician provides for his opinion, the consistency  
20 of the opinion with the record as a whole and the amount of relevant  
21 evidence that supports the physician's opinion, the length of the  
22 treating relationship, the nature of the relationship, and the  
23 physician's specialty. 20 C.F.R. § 404.1527(d)(3)-(6).

24 Where the treating physician's opinion is contradicted by the  
25 opinions of other medical sources in the record, the ALJ may reject  
26 that opinion for "specific and legitimate reasons" which are  
27 "supported by substantial evidence." Rollins v. Massanari, 261 F.3d  
28 853, 856 (9th Cir. 2001)(citation omitted). The ALJ can meet this

1 burden by "setting out a detailed and thorough summary of the facts  
2 and conflicting clinical evidence, stating [his] interpretation  
3 thereof, and making findings." Tommasetti v. Astrue, 533 F.3d 1035,  
4 1041 (9th Cir. 2008)(citation omitted).

5 The ALJ met these standards in assessing both of Dr. Russ's RFC  
6 assessments.

7 First, the ALJ properly declined to give weight to Dr. Russ's  
8 mental RFC assessment form because his conclusions were contradicted  
9 by the other medical evidence and by Plaintiff's own statements,  
10 because his medical records included few objective findings, and  
11 because the form he filled out supported an inference that he was not  
12 earnestly assessing her abilities. Specifically, in February 2009 a  
13 consultative psychiatric examiner opined that Plaintiff had only a  
14 mild depressive disorder and that she could perform all work  
15 activities without mental limitation. [AR 202-06.] The state agency  
16 reviewing psychiatrist similarly concluded that, based upon a review  
17 of the record, Plaintiff does not have a severe mental impairment. [AR  
18 211-26.] The ALJ pointed out that these doctors' opinions were overall  
19 consistent with the objective medical evidence and concluded that,  
20 even giving Plaintiff the benefit of the doubt and deeming her  
21 depression to be severe, she is precluded, at most, from intense  
22 interactions with co-workers, supervisors or the public, and that she  
23 may have to miss work up to two times per month. [AR 13.]

24 There is nothing improper in this analysis. When, as here, the  
25 consulting physician's opinion is based upon his independent clinical  
26 tests and findings, and when the consultative examiner's opinion is  
27 overall consistent with the record, it may constitute substantial  
28 evidence to reject the opinion of a treating physician. See Andrews

1 v. Shalala, 53 F.3d 1035, 1041 (9th Cir. 1995). Here, the ALJ  
2 properly noted that the consultative psychiatrist's opinion was  
3 largely consistent with the findings of the other medical evidence of  
4 record, the opinions of the state agency physicians. The ALJ then  
5 properly weighed the relative merit of the medical evidence and  
6 Plaintiff's testimony. This is proper.

7 Furthermore, the ALJ noted that Dr. Russ's reports were based  
8 largely on Plaintiff's subjective complaints and not on clearly  
9 articulated objective findings. [AR 15.] An ALJ is free to reject a  
10 treating physician's opinion if it is based "to a large extent" on a  
11 Plaintiff's self-reporting, particularly when that Plaintiff's  
12 credibility, as here, has been discounted.<sup>2</sup> See Tomasetti v. Astrue,  
13 533 F.3d at 1041 (citation omitted). Notably, Plaintiff does not  
14 challenge the ALJ's adverse credibility determination, or his decision  
15 to reject the lay statements of her mother and daughter.

16 Additionally, the ALJ rejected Dr. Russ's mental RFC assessment  
17 on its face, because on the form the doctor first marked that  
18 Plaintiff had many moderate symptoms, but then scribbled them out and  
19 marked the boxes indicating Plaintiff had either no or mild  
20 limitations. [AR 17, 228-29.] It is the province of the ALJ to assess  
21 the credibility of the information contained in the medical record,  
22 and it was logical for the ALJ to conclude that Dr. Russ did not base  
23 his RFC evaluation upon a careful and accurate review of his treatment  
24 records. In making findings, an ALJ may draw inferences, such as

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26 <sup>2</sup> Indeed, notwithstanding the fact that Dr. Russ treated  
27 plaintiff for approximately ten years, fewer than thirty pages of  
28 medical records - *including* his RFC assessments - were provided in  
support of Plaintiff's application for benefits. [See AR 188-201, 227-  
33, 246-54.]



1 these, that logically flow from the evidence. Sample v. Schweiker,  
2 694 F.2d 639, 642 (9th Cir. 1982).

3 Second, the ALJ properly declined to give weight to Dr. Russ's  
4 physical RFC assessment form because these conclusions, too, were  
5 contradicted by the other medical evidence and by Plaintiff's own  
6 statements, and because his medical records included few objective  
7 findings and did not support the "extreme and overly exaggerated"  
8 limitations he opined. Specifically, for example, Dr. Russ opined  
9 that plaintiff should avoid all exposure to extreme cold and heat,  
10 humidity, wetness, noise, fumes, odors, dusts, gas, and hazardous  
11 conditions, whereas his treatment notes - and, indeed, Plaintiff's own  
12 testimony - did not support such "extreme" limitations. [AR 17,  
13 188-201, 246-54.] The ALJ may properly reject a treating physician's  
14 opinion regarding a plaintiff's limitations when those conclusions are  
15 not supported by the physician's own treatment notes or his  
16 recommendations to the plaintiff. See Connett v. Barnhart, 340 F.3d  
17 871, 875 (9th Cir. 2003).

18 Furthermore, the findings of a consultative internist, based upon  
19 his own independent examination of Plaintiff, were essentially normal,  
20 and the doctor concluded that Plaintiff had no physical-impairment  
21 related limitations. [AR 202-10.] This is consistent with the  
22 conclusions of the state agency reviewing physician. [See AR 211-26.]  
23 Indeed, the physical examination of Plaintiff's other treating  
24 physician revealed no abnormalities, in marked contrast to the extreme  
25 limitations found by Dr. Russ. [See AR 235-45.]

26 Finally, as the ALJ pointed out at several points in the hearing  
27 decision, Plaintiff testified she was compelled to see another  
28 treating physician because Dr. Russ refused to prescribe any pain

1 medication stronger than Vicodin. [AR 14.] This supports the inference  
2 that Plaintiff was prescription shopping and hence less than credible  
3 in terms of her complaints. See Sample v. Schweiker, 694 F.2d at 642.

4 Accordingly, because the decision to reject Dr. Russ's findings  
5 is supported by substantial evidence and is free from material legal  
6 error, remand is not warranted.

7 **VI. ORDERS**

8 Accordingly, **IT IS ORDERED** that:

9 1. The decision of the Commissioner is **AFFIRMED**.

10 2. This action is **DISMISSED WITH PREJUDICE**.

11 3. The clerk of the Court shall serve this Decision and Order and  
12 Judgment herein on all parties or counsel.

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14 DATED: April 17, 2012

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16 CARLA M. WOHRLE  
17 United States Magistrate Judge  
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