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**UNITED STATES DISTRICT COURT
DISTRICT OF NEVADA**

* * *

ROSA I. MENDEZ,

Plaintiff,

v.

ANDREW SAUL,* Acting Commissioner of
Social Security,

Defendant.

Case No. 2:19-cv-00368-BNW

ORDER

This case involves review of an administrative action by the Commissioner of Social Security denying Plaintiff Rosa I. Mendez's application for disability insurance benefits and supplemental security income under Titles II and XVI of the Social Security Act, respectively.¹ The court reviewed Plaintiff's motion to remand (ECF No. 15), filed July 25, 2019, and the

* Andrew Saul has been substituted for his predecessor in office, Nancy A. Berryhill, pursuant to Federal Rule of Civil Procedure 25(d).

¹ Title II of the Social Security Act provides benefits to disabled individuals who are insured by virtue of working and paying Federal Insurance Contributions Act (FICA) taxes for a certain amount of time. Title XVI of the Social Security Act is a needs-based program funded by general tax revenues designed to help disabled individuals who have low or no income. Although each program is governed by a separate set of regulations, the regulations governing disability determinations are substantially the same for both programs. *Compare* 20 C.F.R. §§ 404.1501–1599 (governing disability determinations under Title II) *with* 20 C.F.R. §§ 416.901–999d (governing disability determinations under Title XVI).

1 Commissioner’s countermotion to affirm and cross-motion for summary judgment (ECF Nos. 16,
2 17), filed August 26, 2019. Plaintiff did not file a reply.

3 The parties consented to the case being heard by a magistrate judge in accordance with 28
4 U.S.C. § 636(c) on October 18, 2019. ECF No. 18. This matter was then assigned to the
5 undersigned magistrate judge for an order under 28 U.S.C. § 636(c). *Id.*

6 **I. BACKGROUND**

7 **1. Procedural History**

8 On August 16, 2013, Plaintiff applied for disability insurance benefits and supplemental
9 security income under Titles II and XVI of the Act, respectively, alleging an onset date of May 1,
10 2011. AR² 437–443; 444–453. Her claim was denied initially and on reconsideration. AR 267–
11 271; 281–285. A hearing was held before an Administrative Law Judge (“ALJ”) on June 24,
12 2015. AR 141–161. On August 14, 2015, the ALJ issued a decision finding that Plaintiff was not
13 disabled. AR 241–255. She appealed to the Appeals Council.

14 The Appeals Council granted Plaintiff’s request for review on March 24, 2017. AR 261–
15 266. A new hearing was held before an ALJ on August 4, 2017. AR 162–202. On July 20, 2018,
16 the ALJ issued a decision finding that Plaintiff was not disabled. AR 16–31. The ALJ’s decision
17 became the Commissioner’s final decision when the Appeals Council denied review on January
18 4, 2019. AR 1–6. Plaintiff, on March 1, 2019, commenced this action for judicial review under 42
19 U.S.C. §§ 405(g). (*See* IFP App. (ECF No. 1)).

20 **II. DISCUSSION**

21 **1. Standard of Review**

22 Administrative decisions in social security disability benefits cases are reviewed under 42
23 U.S.C. § 405(g). *See Akopyan v. Barnhart*, 296 F.3d 852, 854 (9th Cir. 2002). Section 405(g)
24 provides: “Any individual, after any final decision of the Commissioner of Social Security made
25 after a hearing to which [s]he was a party, irrespective of the amount in controversy, may obtain a
26 review of such decision by a civil action . . . brought in the district court of the United States for
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28 ² AR refers to the Administrative Record in this matter. (Notice of Manual Filing (ECF No. 11)).

1 the judicial district in which the plaintiff resides.” The court may enter “upon the pleadings and
2 transcripts of the record, a judgment affirming, modifying, or reversing the decision of the
3 Commissioner of Social Security, with or without remanding the cause for a rehearing.” *Id.*

4 The Commissioner’s findings of fact are conclusive if supported by substantial evidence.
5 See 42 U.S.C. § 405(g); *Ukolov v. Barnhart*, 420 F.3d 1002 (9th Cir. 2005). However, the
6 Commissioner’s findings may be set aside if they are based on legal error or not supported by
7 substantial evidence. See *Stout v. Comm’r, Soc. Sec. Admin.*, 454 F.3d 1050, 1052 (9th Cir. 2006);
8 *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002). The Ninth Circuit defines substantial
9 evidence as “more than a mere scintilla but less than a preponderance; it is such relevant evidence
10 as a reasonable mind might accept as adequate to support a conclusion.” *Andrews v. Shalala*, 53
11 F.3d 1035, 1039 (9th Cir. 1995); see also *Bayliss v. Barnhart*, 427 F.3d 1211, 1214 n.1 (9th Cir.
12 2005). In determining whether the Commissioner’s findings are supported by substantial
13 evidence, the court “must review the administrative record as a whole, weighing both the
14 evidence that supports and the evidence that detracts from the Commissioner’s conclusion.”
15 *Reddick v. Chater*, 157 F.3d 715, 720 (9th Cir. 1998); see also *Smolen v. Chater*, 80 F.3d 1273,
16 1279 (9th Cir. 1996).

17 Under the substantial evidence test, findings must be upheld if supported by inferences
18 reasonably drawn from the record. *Batson v. Commissioner*, 359 F.3d 1190, 1193 (9th Cir. 2004).
19 When the evidence will support more than one rational interpretation, the court must defer to the
20 Commissioner’s interpretation. See *Burch v. Barnhart*, 400 F.3d 676, 679 (9th Cir. 2005); *Flaten*
21 *v. Sec’y of Health and Human Serv.*, 44 F.3d 1453, 1457 (9th Cir. 1995). Consequently, the issue
22 before the court is not whether the Commissioner could reasonably have reached a different
23 conclusion, but whether the final decision is supported by substantial evidence. It is incumbent on
24 the ALJ to make specific findings so that the court does not speculate as to the basis of the
25 findings when determining if the Commissioner’s decision is supported by substantial evidence.
26 Mere cursory findings of fact without explicit statements as to what portions of the evidence were
27 accepted or rejected are not sufficient. *Lewin v. Schweiker*, 654 F.2d 631, 634 (9th Cir. 1981).
28 The ALJ’s findings “should be as comprehensive and analytical as feasible, and where

1 appropriate, should include a statement of subordinate factual foundations on which the ultimate
2 factual conclusions are based.” *Id.*

3 **2. Disability Evaluation Process**

4 The individual seeking disability benefits has the initial burden of proving disability.
5 *Roberts v. Shalala*, 66 F.3d 179, 182 (9th Cir. 1995). To meet this burden, the individual must
6 demonstrate the “inability to engage in any substantial gainful activity by reason of any medically
7 determinable physical or mental impairment which can be expected . . . to last for a continuous
8 period of not less than 12 months[.]” 42 U.S.C. § 423(d)(1)(A). More specifically, the individual
9 must provide “specific medical evidence” in support of her claim for disability. 20 C.F.R.
10 § 404.1514. If the individual establishes an inability to perform her prior work, then the burden
11 shifts to the Commissioner to show that the individual can perform other substantial gainful work
12 that exists in the national economy. *Reddick*, 157 F.3d at 721.

13 The ALJ follows a five-step sequential evaluation process in determining whether an
14 individual is disabled. *See* 20 C.F.R. § 404.1520; *Bowen v. Yuckert*, 482 U.S. 137, 140 (1987). If
15 at any step the ALJ determines that he can make a finding of disability or non-disability, a
16 determination will be made, and no further evaluation is required. *See* 20 C.F.R.
17 § 404.1520(a)(4); *Barnhart v. Thomas*, 540 U.S. 20, 24 (2003). Step one requires the ALJ to
18 determine whether the individual is engaged in substantial gainful activity (“SGA”). 20 C.F.R.
19 § 404.1520(b). SGA is defined as work activity that is both substantial and gainful; it involves
20 doing significant physical or mental activities usually for pay or profit. *Id.* § 404.1572(a)–(b). If
21 the individual is engaged in SGA, then a finding of not disabled is made. If the individual is not
22 engaged in SGA, then the analysis proceeds to step two.

23 Step two addresses whether the individual has a medically determinable impairment that
24 is severe or a combination of impairments that significantly limits her from performing basic
25 work activities. *Id.* § 404.1520(c). An impairment or combination of impairments is not severe
26 when medical and other evidence establishes only a slight abnormality or a combination of slight
27 abnormalities that would have no more than a minimal effect on the individual’s ability to work.
28

1 *Id.* § 404.1521; *see also* Social Security Rulings (“SSRs”) 85-28, 96-3p, and 96-4p.³ If the
2 individual does not have a severe medically determinable impairment or combination of
3 impairments, then a finding of not disabled is made. If the individual has a severe medically
4 determinable impairment or combination of impairments, then the analysis proceeds to step three.

5 Step three requires the ALJ to determine whether the individual’s impairments or
6 combination of impairments meets or medically equals the criteria of an impairment listed in 20
7 C.F.R. Part 404, Subpart P, Appendix 1. 20 C.F.R. §§ 404.1520(d), 404.1525, and 404.1526. If
8 the individual’s impairment or combination of impairments meets or equals the criteria of a
9 listing and the duration requirement (20 C.F.R. § 404.1509), then a finding of disabled is made.
10 20 C.F.R. § 404.1520(h). If the individual’s impairment or combination of impairments does not
11 meet or equal the criteria of a listing or meet the duration requirement, then the analysis proceeds
12 to step four.

13 Before moving to step four, however, the ALJ must first determine the individual’s
14 residual functional capacity (“RFC”), which is a function-by-function assessment of the
15 individual’s ability to do physical and mental work-related activities on a sustained basis despite
16 limitations from impairments. *See* 20 C.F.R. § 404.1520(e); *see also* SSR 96-8p. In making this
17 finding, the ALJ must consider all the relevant evidence, such as all symptoms and the extent to
18 which the symptoms can reasonably be accepted as consistent with the objective medical
19 evidence and other evidence. 20 C.F.R. § 404.1529; *see also* SSRs 96-4p and 96-7p. To the extent
20 that statements about the intensity, persistence, or functionally limiting effects of pain or other
21 symptoms are not substantiated by objective medical evidence, the ALJ must make a finding on
22 the credibility of the individual’s statements based on a consideration of the entire case record.
23 The ALJ must also consider opinion evidence in accordance with the requirements of 20 C.F.R. §
24 404.1527 and SSRs 96-2p, 96-5p, 96-6p, and 06-3p.

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26 ³ SSRs constitute the SSA’s official interpretation of the statute and regulations. *See Bray*
27 *v. Comm’r of Soc. Sec. Admin.*, 554 F.3d 1219, 1224 (9th Cir. 2009); *see also* 20 C.F.R. §
28 402.35(b)(1). They are “entitled to ‘some deference’ as long as they are consistent with the Social
Security Act and regulations.” *Bray*, 554 F.3d at 1224 (citations omitted) (finding that the ALJ
erred in disregarding SSR 82-41).

1 Step four requires the ALJ to determine whether the individual has the RFC to perform
2 her past relevant work (“PRW”). 20 C.F.R. § 404.1520(f). PRW means work performed either as
3 the individual actually performed it or as it is generally performed in the national economy within
4 the last 15 years or 15 years before the date that disability must be established. In addition, the
5 work must have lasted long enough for the individual to learn the job and performed a SGA. 20
6 C.F.R. §§ 404.1560(b) and 404.1565. If the individual has the RFC to perform her past work,
7 then a finding of not disabled is made. If the individual is unable to perform any PRW or does not
8 have any PRW, then the analysis proceeds to step five.

9 The fifth and final step requires the ALJ to determine whether the individual is able to do
10 any other work considering her RFC, age, education, and work experience. 20 C.F.R.
11 § 404.1520(g). If she can do other work, then a finding of not disabled is made. Although the
12 individual generally continues to have the burden of proving disability at this step, a limited
13 burden of going forward with the evidence shifts to the Commissioner. The Commissioner is
14 responsible for providing evidence that demonstrates that other work exists in significant numbers
15 in the economy that the individual can do. *Yuckert*, 482 U.S. at 141–42.

16 Here, the ALJ followed the five-step sequential evaluation process set forth in 20 C.F.R.
17 §§ 404.1520 and 416.920. AR 25–31.

18 At step one, the ALJ found that Plaintiff had not engaged in substantial gainful activity
19 since the alleged onset date of May 1, 2011. AR 25.

20 At step two, the ALJ found that Plaintiff had the medically determinable “severe”
21 impairment of degenerative disc disease of the lumbar spine, status post fusion. *Id.* The ALJ
22 found that her hypothyroidism and left thyroid nodules to be “non-severe.” *Id.* Additionally, the
23 ALJ found that Plaintiff’s mental health impairments (i.e., anxiety, depression) were not
24 medically determinable impairments. *Id.*

25 At step three, the ALJ found that Plaintiff did not have an impairment or combination of
26 impairments that met or medically equaled a listed impairment in 20 C.F.R. Part 404, Subpart P,
27 Appendix 1. AR 26.

28

1 Before moving to step four, the ALJ also found that Plaintiff had the residual functional
2 capacity to perform sedentary work: She can sit for about 6 hours in an 8-hour day; she can stand
3 or walk for about 2 hours; she can lift or carry up to 10 pounds occasionally; she can occasionally
4 balance, stoop, kneel, crouch, or crawl; she can occasionally climb ramps or stairs; but she can
5 never climb ropes, ladders, or scaffolds. *Id.*

6 At step four, the ALJ found that Plaintiff can perform past relevant work as a lock
7 assembler. AR 30. Accordingly, the ALJ ended the five-step sequential evaluation process and
8 concluded that Plaintiff was not under a disability at any time from May 1, 2011 through July 20,
9 2018, the date of the ALJ's decision. AR 31.

10 **3. Analysis**

11 **I. Whether the ALJ provided specific, clear, and convincing reasons for 12 discounting Plaintiff's pain and symptom testimony**

13 **A. The parties' arguments**

14 Plaintiff moves to remand this matter because she argues that the ALJ failed to "articulate
15 clear and convincing reasons for discounting" her pain and symptom testimony. ECF No. 15 at 7.
16 Plaintiff argues that the ALJ erred regarding each of the four reasons he cited to discount
17 Plaintiff's subjective complaints. Specifically, Plaintiff argues that the ALJ (1) failed to inquire as
18 to Plaintiff's reasons for declining physical therapy or injections; (2) failed to "inquire as to [the
19 ALJ's] perception" that Plaintiff engaged in drug-seeking behavior; (3) failed to "adequately
20 explain" how Plaintiff's activities of daily living "translate into the ability to perform full-time
21 work on a sustained basis[;]" and (4) because the ALJ erred with regard to the prior three reasons,
22 he could not rely solely on his final reason—that objective evidence does not support Plaintiff's
23 subjective complaints. *Id.* at 8–9.

24 The Commissioner argues that substantial evidence supports the ALJ's finding that
25 Plaintiff's pain and symptom testimony was not "fully reliable." ECF No. 16 at 12.

26 **B. The ALJ's decision**

27 The ALJ found Plaintiff's statements concerning the intensity, persistence, and limiting
28 effects of her symptoms not consistent with the medical evidence and other evidence in the record

1 and, therefore, not entirely credible. AR 28. The ALJ specifically found that (1) Plaintiff
2 “repeatedly declined physical therapy or injection treatment to manage her symptoms[,]” (2)
3 Plaintiff “ha[d] exhibited medication- or drug-seeking behavior[,]” (3) Plaintiff’s activities of
4 daily living “[were] greater than what one would expect of a disabled individual[,]” and (4)
5 objective medical evidence did not support Plaintiff’s pain and symptom testimony. AR 28-29.

6 **C. Whether the ALJ provided clear and convincing reasons for**
7 **discounting Plaintiff’s pain and symptom testimony**

8 An ALJ engages in a two-step analysis to determine whether a plaintiff’s testimony
9 regarding subjective pain or symptoms is credible. “First, the ALJ must determine whether there
10 is objective medical evidence of an underlying impairment which could reasonably be expected to
11 produce the pain or other symptoms alleged.” *Molina v. Astrue*, 674 F.3d 1104, 1112 (9th Cir.
12 2012) (internal quotation marks omitted). “The claimant is not required to show that her
13 impairment ‘could reasonably be expected to cause the severity of the symptom she has alleged;
14 she need only show that it could reasonably have caused some degree of the symptom.’” *Vasquez*
15 *v. Astrue*, 572 F.3d 586, 591 (9th Cir. 2009) (citations omitted).

16 Second, “[i]f the [plaintiff] meets the first test and there is no evidence of malingering, the
17 ALJ can only reject the [plaintiff’s] testimony about the severity of the symptoms if [the ALJ]
18 gives ‘specific, clear and convincing reasons’ for the rejection.” *Ghanim v. Colvin*, 763 F.3d
19 1154, 1163 (9th Cir. 2014) (internal citations and quotations omitted). “General findings are
20 insufficient; rather, the ALJ must identify what testimony is not credible and what evidence
21 undermines the [plaintiff’s] complaints.” *Id.* (quoting *Lester v. Chater*, 81 F.3d 821, 834 (9th Cir.
22 1995)); *Thomas*, 278 F.3d at 958 (“[T]he ALJ must make a credibility determination with
23 findings sufficiently specific to permit the court to conclude that the ALJ did not arbitrarily
24 discredit [the plaintiff’s] testimony.”)). The Ninth Circuit has recognized the clear and convincing
25 evidence standard to be “the most demanding required in Social Security cases” and “not an easy
26 requirement to meet.” *Garrison v. Colvin*, 759 F.3d 995, 1015 (9th Cir. 2014) (quoting *Moore v.*
27 *Comm’r of Soc. Sec. Admin.*, 278 F.3d 920, 924 (9th Cir. 2002)); *Trevizo v. Berryhill*, 871 F.3d
28

1 664, 678 (9th Cir. 2017). An ALJ’s failure to provide “specific, clear, and convincing reasons”
2 for rejecting a plaintiff’s pain and symptom testimony constitutes legal error that is not harmless
3 because it precludes the Court from conducting a meaningful review of the ALJ’s reasoning and
4 ensuring that the plaintiff’s testimony is not rejected arbitrarily. *Brown-Hunter v. Colvin*, 806
5 F.3d 487, 489 (9th Cir. 2015).

6 In making an adverse credibility determination, the ALJ may consider, among other, (1)
7 the claimant’s reputation for truthfulness; (2) inconsistencies in the claimant’s testimony or
8 between her testimony and her conduct; (3) the claimant’s daily living activities; (4) the
9 claimant’s work record; and (5) testimony from physicians or third parties concerning the nature,
10 severity, and effect of the claimant’s condition. *Thomas*, 278 F.3d at 958–59.

11 As discussed below, the Court holds that the ALJ failed to provide clear and convincing
12 reasons, supported by substantial evidence, to discount Plaintiff’s subjective symptom testimony
13 as each of his proffered reasons was flawed. *See Lingenfelter v. Astrue*, 504 F.3d 1028, 1036 (9th
14 Cir. 2007). Accordingly, he committed a non-harmless legal error. The Court will discuss each
15 cited reason in turn.

16 **1. Plaintiff’s declined physical therapy and injection treatment**

17 In his decision, the ALJ wrote, “[Plaintiff] repeatedly declined physical therapy or
18 injection treatment to manage her symptoms (*See, e.g.*, Exhibits 15F/22-24, 26-28, and 30-32).”
19 AR 29. As the Commissioner correctly argues, the ALJ is not required to believe every allegation
20 of a plaintiff’s disability. *Orn v. Astrue*, 495 F.3d 625, 635 (9th Cir. 2007). In fact, an ALJ may
21 consider an unexplained, or inadequately explained, failure to seek treatment or to follow a
22 prescribed course of treatment when evaluating a claimant’s subjective symptoms. *Id.* at 638; *see*
23 *also Smolen*, 80 F.3d at 1284 (holding that an ALJ may discredit a plaintiff’s symptom
24 complaints if the plaintiff fails to show good reason for failing to follow treatment
25 recommendations). But the ALJ’s decision “must contain specific reasons for the weight given to
26 the individual’s symptoms, be consistent with and supported by the evidence, and be clearly
27 articulated so the individual and any subsequent reviewer can assess how the adjudicator
28 evaluated the individual’s symptoms.” SSR 16-3p.

1 Here, even though the ALJ’s reason for discounting Plaintiff’s pain and symptom
2 testimony is general (i.e., she has “repeatedly declined physical therapy or injection treatment”),
3 the ALJ did, in fact, summarize Plaintiff’s treatment. AR 27–29. In his summary, the ALJ noted
4 that Plaintiff underwent a lumbar spinal fusion surgery in 2012, completed pain management
5 treatment with Nevada Comprehensive Pain Center that included receiving bilateral lumbar facet
6 block injections, and received chiropractic therapy and one physical therapy session. AR 27–28.
7 He further noted that she underwent several imaging studies, including a lumbar spine CT scan in
8 2015 and 2017. AR 27-28. The ALJ’s summary, however, was incomplete. For example, the ALJ
9 stated that Plaintiff “repeatedly declined physical therapy or injection treatment to manage her
10 symptoms” and cited to three treatment notes from Nevada Comprehensive Pain Center dated
11 September 19, 2016, October 21, 2016, and November 11, 2016. AR 29. But he failed to
12 acknowledge subsequent treatment notes from Nevada Comprehensive Pain Center dated April
13 27, 2017 in which Colin Rock, M.D. and Ethel Smith, FNP described Plaintiff’s physical therapy
14 treatment as chiropractic therapy and a home exercise program. AR 760. Additionally, the ALJ
15 cited to, but did not address medical records that noted that Plaintiff also underwent a lumbar
16 epidural steroid injection in 2017. AR 906 (Las Vegas Spine & Pain Center treatment notes dated
17 August 7, 2017 reported that Plaintiff’s “[p]revious procedures to diagnose or treat the pain
18 include facet injections and lumbar epidural steroid injection 5 months ago with no benefit.”).
19 These omissions from the ALJ’s decision suggest that the ALJ did not consider—as he should
20 have—all of the relevant evidence in the record, but, instead, impermissibly “cherry picked” from
21 mixed evidence to support a denial of benefits. *See, e.g., Holohan v. Massanari*, 246 F.3d 1195,
22 1207-08 (9th Cir. 2001) (holding that an ALJ cannot selectively rely on some entries in plaintiff’s
23 records while ignoring others).

24 The ALJ’s summary also was conflicting. For instance, the ALJ stated that Plaintiff
25 “repeatedly declined physical therapy or injection treatment to manage her symptoms[,]” but also
26 that she attended “chiropractic therapy and one physical therapy session[.]” AR 28–29. To
27 support the claim that Plaintiff completed only one physical therapy session, the ALJ cited to
28 treatment notes from Las Vegas Spine & Pain Center dated August 7, 2017. AR 28. According to

1 these treatment notes, “Previous physical therapy has included stretching exercises, strengthening
2 exercises, home exercise program, TENS unit, massage, heat, ice and traction which the patient
3 participated in from 07/2017, patient reports she completed one session with no benefit.” AR 906.
4 It, therefore, appears that Plaintiff engaged in multiple forms of physical therapy, but only one
5 session of traction, a particular type of physical therapy. Additionally, there are multiple instances
6 in the record in which medical providers indicated that physical therapy was not “necessary at this
7 time.” *See, e.g.*, AR 649 (Kunal Parikh, M.D. – August 5, 2015), AR 663 (Kunal Parikh, M.D.
8 and Josh Ostler, PA-C – October 30, 2015). Further, as noted above, the ALJ also stated that
9 Plaintiff “repeatedly declined . . . injection treatment.” AR 29. This is despite the ALJ
10 acknowledging that Plaintiff underwent bilateral lumbar facet block injections in 2015 in which
11 only the left facet block injection provided “significant relief[.]”⁴ AR 28.

12 But even assuming the ALJ correctly found that Plaintiff failed to obtain recommended
13 treatment, before he could draw a negative inference from this finding, he had an obligation to
14 explore Plaintiff’s reasons for declining physical therapy and injection treatment. *See Hunt v.*
15 *Colvin*, 642 F. App’x 755, 757 (9th Cir. 2016) (holding that the ALJ did inquire into the
16 plaintiff’s lack of treatment, but the “ALJ’s sole reason for discounting Hunt’s explanations for
17 the lack of medical treatment—that Hunt could afford to smoke half a pack of cigarettes per
18 day—is not persuasive” and that the ALJ erred in not addressing the plaintiff’s other cited reason
19 for not treating); *Henry v. Commissioner of Social Sec.*, 802 F.3d 1264, 1269 (11th Cir. 2015)
20 (“The ALJ had an obligation to ‘scrupulously and conscientiously probe’ into the reasons
21 underlying [the plaintiff’s] course of treatment, yet there is nothing in the record indicating the
22 ALJ inquired into or considered [the plaintiff’s] financial ability to seek an alternate treatment
23

24 ⁴ The record includes conflicting information regarding how Plaintiff perceived the
25 bilateral lumbar facet block injections’ efficacy. *See, e.g.*, AR 799 (On March 25, 2016, Kunal
26 Parikh, M.D. reported that Plaintiff would “like to hold off on additional injections” as they “did
27 not provide much relief for a long period of time.”); AR 779 (On November 11, 2016, Colin
28 Rock, M.D. noted that “[d]espite earlier reports of efficacy, [Plaintiff] denies that the facet blocks
helped at all.”); AR 760 (On April 27, 2017, Colin Rock, M.D. and Ethel Smith, FNP stated that
Plaintiff experienced 20–30 percent relief from the bilateral lumbar facet block injections.). The
ALJ does not appear to address this conflicting evidence.

1 plan. Instead, the ALJ focused on the absence of aggressive treatment as a proxy for establishing
2 disability.”); *Roddy v. Astrue*, 705 F.3d 631, 638 (7th Cir. 2013) (“But at the same time, an ALJ
3 ‘must not draw any inferences about an individual’s symptoms and their functional effects from a
4 failure to seek or pursue regular medical treatment without first considering any explanations that
5 the individual may provide.’”) (internal citations omitted).

6 An ALJ’s duty to inquire into a plaintiff’s lack of treatment is a necessary step because, as
7 the Ninth Circuit has held, “[d]isability benefits may not be denied because of the [plaintiff’s]
8 failure to obtain treatment [s]he cannot obtain for lack of funds.” *Trevizo*, 871 F.3d at 681
9 (quoting *Gamble v. Chater*, 68 F.3d 319, 321 (9th Cir. 1995)) (noting that it is reasonable for a
10 plaintiff with health insurance to be able to afford doctors’ visits, but not medication).

11 Here, the ALJ did not provide clear and convincing reasons for discrediting her symptom
12 testimony based on her declining treatment. This is so for two reasons.

13 First, the ALJ twice acknowledged that Plaintiff cited an inability to attend physical
14 therapy because of transportation issues.⁵ AR 27–28. But the ALJ did not inquire into whether
15 Plaintiff’s resources prohibited her from accessing treatment or why Plaintiff’s claim that she
16 could not attend physical therapy because of transportation difficulties undermined her pain and
17 symptom testimony. Additionally, the ALJ failed to acknowledge and address additional medical
18 records that further indicated that Plaintiff was unable to attend physical therapy due to
19 transportation issues. For example, treatment notes from Nevada Comprehensive Pain Center
20 dated January 19, 2017 and February 20, 2017 reported that Plaintiff had been “referred to
21 therapy but has been unable to attend due to transportation issues[,]” and the facility “w[ould]
22 resend after she moves in March.” AR 773, 769. The March 16, 2017 treatment notes from the
23 same facility indicated that Plaintiff had started therapy. AR 765 (“The patient is attending
24 chiropractic therapy and doing a [home exercise program].”).

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26
27 ⁵ The ALJ cited to a report from Cesar Estela, M.D. in 2014 and Nevada Comprehensive
28 Pain Center in 2016, respectively, noting that Plaintiff could not attend physical therapy due to
transportation issues. AR 27–28.

1 Second, the ALJ failed to inquire into other reasons why Plaintiff declined physical
2 therapy or injection treatment. The record suggests that insufficient funds may be a reason for
3 Plaintiff's decision to "repeated[ly]" decline physical therapy or injection treatment. *See, e.g.*, AR
4 176 (Plaintiff testified that she last visited Nevada Comprehensive Pain Center in July 2017
5 because the facility would not accept her new government-issued health insurance, but the ALJ
6 did not develop this issue further.).

7 The Commissioner argues that the ALJ was correct in discounting Plaintiff's pain and
8 symptom testimony because there is evidence that Plaintiff declined treatment. ECF No. 16 at 10.
9 Yet the Commissioner relies on some reasons (e.g., Plaintiff attended Edward Suarez Physical
10 Therapy only once because she could not tolerate the hot cables used⁶) that were not cited by the
11 ALJ in his decision. The Court, however, can only consider a ground the ALJ invoked. *See Orn*,
12 495 F.3d at 630; *Stout*, 454 F.3d at 1054.

13 Finally, before the ALJ could draw a negative inference from Plaintiff's decision to
14 decline physical therapy and injection treatment, he had an obligation to explore whether she
15 would be able to return to work if she had, in fact, followed her prescribed treatment. *Byrnes v.*
16 *Shalala*, 60 F.3d 639, 641 (9th Cir. 1995) (citations omitted). The ALJ is silent on this issue.

17 Accordingly, the Court holds that the ALJ erred in discrediting Plaintiff's symptoms based
18 on her medical history without addressing her complete medical history, without exploring the
19 reasons behind her alleged lack of physical therapy and injection treatment, and without
20 indicating whether compliance with physical therapy or injection treatment would have allowed
21 Plaintiff to return to work. *See Esparza v. Colvin*, 631 F. App'x 460, 462 (9th Cir. 2015) (holding
22 that an ALJ's failure to find that a plaintiff lacked good cause for failing to comply with
23 prescribed treatment or that complying would have allowed the plaintiff to return to work did not
24

25 _____
26 ⁶ When the ALJ asked Plaintiff when she *last* attended physical therapy, she replied that it
27 "was over two months ago." AR 177. The ALJ then asked whether the name of the facility was
28 Edward Suarez Physical Therapy, but Plaintiff could not remember. *Id.* She did, however,
remember that she went to the facility only once because she could not tolerate the hot cables
used. *Id.* The ALJ then asked about the last time Plaintiff had visited Henderson Hospital. *Id.*

1 constitute specific, clear, and convincing reasons for discrediting the plaintiff's pain and symptom
2 testimony).

3 **2. Plaintiff exhibited medication- or drug-seeking behavior**

4 Next, the ALJ found that Plaintiff "exhibited medication- or drug-seeking behavior." AR
5 29. But the ALJ relied on evidence from the record that the Court finds neither clear nor
6 convincing. For example, the ALJ cited to the non-disability finding completed by State agency
7 reviewing doctor Mary Lanette Rees, M.D. in which Dr. Rees concluded that Plaintiff "did not
8 return to the doctor [Wesley Johnson, M.D.] after she was told no more opiates" and Plaintiff was
9 doctor shopping for medication. AR 233–234. Dr. Rees did not cite to any specific documents to
10 support her claim. And when reviewing Dr. Johnson's treatment notes, it is unclear whether
11 Plaintiff was, in fact, medication- or drug- shopping. This is because Dr. Johnson's treatment
12 notes have their own internal inconsistencies.

13 On June 5, 2012, Plaintiff had an initial consultation with Dr. Johnson. AR 555. She
14 complained of almost two-year-old pain to her low back and, to "some degree[,] " to her buttocks.
15 *Id.* At this visit, Dr. Johnson recommended that Plaintiff undergo a lumbar spine X-ray, which
16 Plaintiff did. AR 556. He also recommended pain medication, including hydrocodone and "Norco
17 7.5[.]"⁷ *Id.* Additionally, Dr. Johnson noted that Plaintiff had not "given [anti-inflammatories] a
18 long term trial of use[,] " not worn a back brace, and not had "any specific treatment other than
19 [the] occasional anti-inflammatory." AR 555. Yet two days later, Dr. Johnson recommended that
20 Plaintiff undergo lumbar spinal fusion surgery, noting that she "ha[d] failed all conservative
21 measures beyond any reproach" and "ha[d] undergone extensive pain management, narcotics,
22 antiinflammatories, bracing, physical therapy and chiropractic and it simply has not gone away."
23 AR 554. Dr. Johnson performed the surgery a few weeks later, on July 2 or 3.⁸ AR 557–558.

24
25
26 ⁷ The ALJ wrote, "Of note, [Plaintiff] developed tolerance to Norco in December 2014
27 (Exhibit 10F/30)." AR 30. But the ALJ did not explain how a tolerance to a medication suggests
28 medication- or drug-shopping behavior.

⁸ The operative report for Plaintiff's surgery is printed with two dates: July 2, 2012 and
July 3, 2012. AR 558. But the section titled "Date of Surgery" is left blank. *Id.*

1 The ALJ also stated that on August 27, 2013, Dr. Johnson “reported that he would not
2 prescribe any further medication until [Plaintiff] obtained x-rays of her lumbar spine (Exhibit
3 1F/1)[,]” and, because Plaintiff did not, the doctor’s treatment ended. AR 29. But the ALJ appears
4 to misinterpret the record. First, Plaintiff did, in fact, obtain a lumbar spine X-ray about two
5 months after Dr. Johnson’s request to do so. *See, e.g.*, AR 590 (Nevada Comprehensive Pain
6 Center records listing the impressions from a lumbar spine X-ray that was completed on October
7 24, 2013). As such, the ALJ relied on an objectively false statement to support his finding.
8 Second, page one of Exhibit 1F is Dr. Johnson’s treatment note dated August 27, 2013 in which
9 he wrote that he “begrudgingly gave [Plaintiff] some medication” and would require “some x-
10 rays of her back” before prescribing further medication. AR 547. The same note reads, “If
11 [Plaintiff] is going to continue to use narcotics on a regular basis for her residual pain, then
12 perhaps it will have to happen through her Primary Care or Pain Management specialist if she so
13 desires.” *Id.* This suggests that Dr. Johnson found that Plaintiff may still benefit from pain
14 medication, and he may want a different medical provider to prescribe them.

15 Further, the ALJ does not reconcile his claim that Plaintiff exhibited medication- or drug-
16 seeking behavior with other medical provider treatment notes from 2015–2017 that state that
17 Plaintiff did *not* exhibit “signs of addiction, abuse, diversion, or suicidal ideation.” *See, e.g.*, AR
18 650, 654, 667, 762, 782. The ALJ also did not reconcile this finding with separate treatment notes
19 from mid-2018 in which Plaintiff was reported to state that she would like to increase her
20 medication dosage because “current pain medications are not providing adequate pain control[.]”
21 AR 62 (Patricia Ganja, PA-C – May 25, 2018).

22 Accordingly, the ALJ’s reliance on Dr. Rees and Dr. Johnson to find that Plaintiff
23 exhibited medication- or drug-seeking behavior without resolving the conflicts with findings by
24 other medical providers is not sufficient to establish “specific, clear, and convincing” reasons for
25 discounting Plaintiff’s testimony. *See Ghanim*, 763 F.3d at 1163. On these facts, the Court cannot
26 conclude that substantial evidence of medication- or drug-seeking behavior exists to support the
27 ALJ finding Plaintiff not credible based on such behavior.
28

3. Plaintiff's activities of daily living

1
2 The ALJ also found Plaintiff's pain and symptom testimony not fully credible because of
3 the activities of daily living that she can perform. Specifically, the ALJ found that Plaintiff's
4 activities of daily living, as of August 5, 2013, included "ke[eping] house, cook[ing], clean[ing],
5 and d[oing] laundry for four people (Exhibit 1F/2)" and being a "homemaker[.]"⁹ AR 29. The
6 ALJ cited to 2013 treatment notes from Wesley Johnson, M.D. and a 2013 Fatigue Questionnaire
7 completed by Plaintiff. *Id.* The ALJ also cited to Plaintiff's 2017 hearing testimony to state that
8 Plaintiff can "dress and bathe herself independently, prepare some meals, watch her two-year-old
9 grandchild for several hours a day, attend church, watch television for a few hours a day, and read
10 for about an hour a day" *Id.*

11 A plaintiff does not need to be totally incapacitated to be found disabled. *Taylor v.*
12 *Commissioner of Social Sec. Admin.*, 659 F.3d 1228, 1235 (9th Cir. 2011); *Benecke v. Barnhart*,
13 379 F.3d 587, 594 (9th Cir. 2004); *Vertigan v. Halter*, 260 F.3d 1044, 1050 (9th Cir. 2001). In
14 fact, a plaintiff can be found disabled even if she is able to perform some activities of daily living.
15 *See Garrison*, 759 F.3d at 1016. Because total incapacitation is not required for an ALJ to find a
16 plaintiff disabled, the Ninth Circuit has "repeatedly warned that ALJs must be especially cautious
17 in concluding that daily activities are inconsistent with testimony about pain, because
18 impairments that would unquestionably preclude work and all the pressures of a workplace
19 environment will often be consistent with doing more than merely resting in bed all day." *Id.* For
20 example, the Ninth Circuit has held that "many home activities may not be easily transferable to a
21 work environment where it might be impossible to rest periodically or take medication." *Smolen*,
22 80 F.3d at 1287 n.7. Similarly, the Circuit has explained that a plaintiff should not "be penalized
23 for attempting to lead [a] normal li[fe] in the face of [her] limitations." *Reddick*, 157 F.3d at 722.
24 But an ALJ can, nonetheless, determine that a plaintiff's reported activities of daily living provide
25 a valid reason for an adverse credibility determination. *Burrell v. Colvin*, 775 F.3d 1133, 1137–
26

27 ⁹ The ALJ stated that Plaintiff reported her occupation as a "homemaker" to Dr. Estela,
28 but the citation—Exhibit 6F/5—refers to treatment notes written by Evarista C. Nnadi, M.D. But,
nonetheless, Plaintiff's occupation is listed as "homemaker." AR 569.

1 1138 (9th Cir. 2014) (citing *Light v. Soc. Sec. Admin.*, 119 F.3d 789, 792 (9th Cir. 1997) (“To
2 find the claimant not credible the ALJ must rely either on reasons unrelated to the subjective
3 testimony (e.g., reputation for dishonesty), on conflicts between [her] testimony and [her] own
4 conduct, or on internal contradictions in that testimony.”)).

5 Here, the Court is concerned that in making an adverse credibility determination, the ALJ
6 did not consider the evolution and nuances of Plaintiff’s abilities. Put another way, the Court is
7 concerned that the ALJ appears to have glossed over two important factors: (1) Plaintiff’s
8 activities of daily living have changed since 2013, and (2) Plaintiff qualified the extent to which
9 she can perform the listed activities of daily living.

10 First, what Dr. Johnson stated Plaintiff reported to him in 2013, about a year following her
11 lumbar spinal fusion surgery, is much less restrictive than what she testified to being able to do in
12 2017.¹⁰ The ALJ emphasized that Plaintiff reported to Dr. Johnson and another medical provider
13 that she “kept house, cooked, cleaned, and did laundry for four people” and identified as a
14 “homemaker.” This, however, was in 2013. As of 2017, Plaintiff testified that she could dress and
15 bathe herself; she could prepare meals, including “certain foods that do not take very long[;]” she
16 sometimes would go shopping; she attended church on Sunday but had difficulty sitting through
17 the two-hour service; she watched TV for about one-to-two hours; and she read for about an hour.
18 AR 181–182. But she also testified that she did not do laundry (though she would fold clothes
19 when her husband removed them from the dryer) and “hardly ever” did housework. *Id.* Further,
20 Plaintiff testified that she “always look[ed] for something to do like maybe dusting the
21 furniture[.]” but she did not do this every day as it was dependent on how she felt. AR 183.

22 Additionally, the ALJ found that Plaintiff watched her two-year-old grandchild for several
23 hours a day. Plaintiff testified to this but noted that she did this only “sometimes” and for a “few
24

25 ¹⁰ Additionally, medical providers in 2018 noted that Plaintiff’s reports of her pain
26 “extremely” interfered with her ability to perform household chores, yard work, shopping,
27 sleeping, and physical exercise and interfered “quite a bit” with her ability to socialize with
28 friends, engage in recreation and hobbies, have sexual relations, and have an appetite. *See, e.g.*,
AR 46. The Court recognizes that the 2018 medical records were not available to the ALJ at the
time of his decision. But because they are part of the record, the Court must consider them in its
analysis.

1 hours.” AR 183. She explained that she did not prepare food for her grandchild and was only
2 there to “supervise him” and “make sure he d[id]n’t stick anything in his mouth.” AR 184.
3 Finally, Plaintiff testified that she had been supervising her grandchild for “only a couple months”
4 and that she would no longer be doing so because her daughter had “found another person that
5 can do that.” *Id.*

6 On these facts, the Court does not find that the ALJ gave specific, clear, and convincing
7 reasons for discrediting Plaintiff’s symptom testimony based on her activities of daily living. This
8 is because Plaintiff’s daily activities, as she described them in her testimony and to her most-
9 recent medical providers, appear consistent with her statements about the impairments caused by
10 her pain. Although there have been changes in her reported limitations from what Dr. Johnson
11 reported in 2013 and what Plaintiff testified to in 2017, these changes are to be expected over a
12 four-year period. Further, Plaintiff’s daily activities, as described in her testimony and medical
13 reports, also appear consistent with an inability to secure employment and function in a
14 workplace environment. For example, grocery shopping sometimes, preparing meals, watching
15 TV, reading, attending church on Sunday, and sometimes supervising her grandchild for a few
16 hours do not necessarily translate into being able to work full-time, particularly in light of the
17 conditions necessary for Plaintiff to complete these tasks. *See Saunders v. Astrue*, 433 F. App’x
18 531, 533 (9th Cir. 2011) (“We have held consistently that, activities such as light household
19 chores, cooking meals, and grocery shopping are activities that do not necessarily translate to the
20 work environment.”) (citing *Fair v. Bowen*, 885 F.2d 597, 603 (9th Cir. 1989) (citing *Vertigan*,
21 260 F.3d at 1050) (holding that grocery shopping, driving a car, and limited walking for exercise
22 are not inconsistent with disability) (citing *Reddick*, 157 F.3d at 723 n.1) (noting that limited
23 cooking, cleaning, and shopping are not indicative of an ability to engage in sustained work
24 activity)).

25 To be clear, the Court is not finding that Plaintiff’s daily activities are consistent with her
26 statements about pain. Nor is it finding that Plaintiff’s daily activities are consistent with
27 Plaintiff’s claimed inability to work. Rather, the Court holds that the ALJ’s reasons for
28 discrediting Plaintiff’s symptom testimony, based on Plaintiff’s daily activities, are not

1 convincing. This is so for several reasons: (1) Plaintiff’s activities were qualified, (2) the ALJ did
2 not acknowledge these qualifications or explain how Plaintiff’s daily activities conflicted with her
3 alleged functional limitations, (3) the ALJ did not find that Plaintiff spent a substantial part of a
4 typical day participating in these activities, and (4) Ninth Circuit precedent is clear that an
5 individual need not be totally incapacitated to be disabled and that light chores, cooking, etc. (of
6 the type that Plaintiff appears to be capable of) do not necessarily translate into being able to
7 work. Accordingly, the Court holds that the ALJ erred in rejecting Plaintiff’s pain and symptom
8 testimony based on her activities of daily living.

9 Further, the Court holds that the ALJ’s rejection of Plaintiff’s pain and symptom
10 testimony was not harmless. An error is not harmless unless the reviewing court “can confidently
11 conclude that no ALJ, when fully crediting the [evidence], could have reached a different
12 disability determination.” *Stout*, 454 F.3d at 1056. Because the Court found error in the three
13 reasons (i.e., absence of medical treatment, medication- or drug-seeking behavior, activities of
14 daily living) given by the ALJ for discrediting Plaintiff’s pain and symptom testimony, the Court
15 cannot conclude that these errors were harmless. Put another way, the Court is not confident that
16 had the Plaintiff’s pain and symptom testimony been credited, no ALJ could have reached a
17 different disability determination.

18 Further, the Court finds that the last reason the ALJ cited in discrediting Plaintiff’s pain
19 and symptom testimony—the lack of supporting objective medical evidence—also constitutes
20 non-harmless error. Even though an ALJ “may consider a ‘lack of medical evidence’ as a factor,
21 it ‘cannot form the sole basis for discounting pain testimony.’” *Gama v. Colvin*, 611 F. App’x
22 445, 446 (9th Cir. 2015) (quoting *Burch*, 400 F.3d at 681); *see also Reddick*, 157 F.3d at 722
23 (noting that an ALJ cannot reject a claimant’s subjective pain or symptom testimony simply
24 because the alleged severity of the pain or symptoms is not supported by objective medical
25 evidence). Because the Court found that the ALJ committed non-harmless errors with the three
26 previously cited reasons, it must hold that this final reason—the lack of supporting objective
27 medical evidence—also constitutes non-harmless error. *Id.* Accordingly, the Court will remand
28 for the ALJ to reassess Plaintiff’s pain and symptom testimony.

1 Finally, because of his adverse credibility finding, the ALJ excluded Plaintiff's testimony
2 that (1) she could sit for about 30 minutes before having to change positions, lift her leg, or stand,
3 and (2) she could walk for a maximum of 30 minutes from Plaintiff's residual functional capacity
4 ("RFC"). As a result, the ALJ's RFC may not be supported by substantial evidence in the record.
5 Accordingly, on remand, the ALJ must review and determine whether Plaintiff's RFC must be
6 modified, as well as whether Plaintiff can perform past relevant work as a lock assembler. This is
7 required if the ALJ finds Plaintiff's testimony credible. Finally, the Court will not reach
8 Plaintiff's remaining arguments on appeal because it is remanding. It does, however, advise the
9 ALJ to develop the record where there are, as noted in this Order, conflicting and ambiguous
10 findings.


11 **III. CONCLUSION**

12 Accordingly, IT IS ORDERED that Plaintiff's motion to remand (ECF No. 15) is
13 GRANTED for further proceedings in accordance with this Order. This case is remanded for
14 further proceedings regarding the ALJ's consideration of Plaintiff's pain and symptom testimony
15 and, if necessary, Plaintiff's residual functional capacity and her ability to perform past relevant
16 work as a lock assembler. Specifically, the ALJ must review and determine whether Plaintiff's
17 RFC requires modification should he find Plaintiff's testimony credible

18 IT IS FURTHER ORDERED that the Commissioner's countermotion to affirm and cross-
19 motion for summary judgment (ECF Nos. 16, 17) are DENIED.

20 IT IS ORDERED that the Clerk of Court must enter judgment in favor of Plaintiff Rosa I.
21 Mendez and against Defendant Commissioner of Social Security.

22
23 DATED: July 23, 2020

24 
25 BREND A WEKSLER
26 UNITED STATES MAGISTRATE JUDGE
27
28