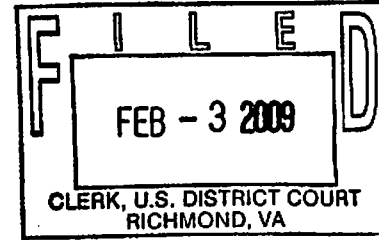


**IN THE UNITED STATES DISTRICT COURT  
FOR THE EASTERN DISTRICT OF VIRGINIA  
Richmond Division**



JAMES BOWMAN,	)	
	)	
Plaintiff,	)	
	)	
v.	)	Civil Action No. 3:08CV449-HEH
	)	
GENE JOHNSON, <i>et al.</i> ,	)	
	)	
Defendants.	)	

**MEMORANDUM OPINION  
(Dismissing Claims 3 and 4)**

Plaintiff, a Virginia inmate, brings this 42 U.S.C. § 1983 action. The matter is before the Court for evaluation pursuant to 28 U.S.C. §§ 1915(e)(2) and 1915A. Jurisdiction is appropriate pursuant to 28 U.S.C. § 1343(a)(3).

**I. PROCEDURAL HISTORY**

The Magistrate Judge made the following findings and recommendations:

This Court must dismiss a claim for relief in a prisoner's complaint if the Court determines the action (1) "is frivolous" or (2) "fails to state a claim on which relief may be granted." 28 U.S.C. § 1915(e)(2); *see* 28 U.S.C. § 1915A; 42 U.S.C. 1997e(c). The first standard includes claims based upon "an indisputably meritless legal theory," or claims where the "factual contentions are clearly baseless." *Clay v. Yates*, 809 F. Supp. 417, 427 (E.D. Va. 1992) (*quoting Neitzke v. Williams*, 490 U.S. 319, 327 (1989)). The second standard is the familiar standard for a motion to dismiss under Fed. R. Civ. P. 12(b)(6).

"A motion to dismiss under Rule 12(b)(6) tests the sufficiency of a complaint; importantly, it does not resolve contests surrounding the facts, the merits of a claim, or the applicability of defenses." *Republican Party of N.C. v. Martin*, 980 F.2d 943, 952 (4th Cir. 1992) (*citing* 5A Charles A. Wright & Arthur R. Miller, *Federal Practice and Procedure* § 1356 (1990)). In considering a motion to dismiss for failure to state a claim, a

plaintiff's well-pleaded allegations are taken as true and the complaint is viewed in the light most favorable to the plaintiff. *Mylan Labs., Inc. v. Matkari*, 7 F.3d 1130, 1134 (4th Cir. 1993); *see also Martin*, 980 F.2d at 952.

The Federal Rules of Civil Procedure "require[] only 'a short and plain statement of the claim showing that the pleader is entitled to relief,' in order to 'give the defendant fair notice of what the . . . claim is and the grounds upon which it rests.'" *Bell Atl. Corp. v. Twombly*, 127 S. Ct. 1955, 1964 (2007) (*quoting Conley v. Gibson*, 355 U.S. 41, 47 (1957)). Courts long have cited the "rule that a complaint should not be dismissed for failure to state a claim unless it appears beyond doubt that the plaintiff can prove no set of facts in support of [a] claim which would entitle him [or her] to relief." *Conley*, 355 U.S. at 45-46. In *Bell Atlantic Corp.*, the United States Supreme Court noted that the complaint need not assert "detailed factual allegations," but must contain "more than labels and conclusions" or a "formulaic recitation of the elements of a cause of action." 127 S. Ct. at 1964-65 (citations omitted). Thus, the "[f]actual allegations must be enough to raise a right to relief above the speculative level," *id.* at 1965 (citation omitted), to one that is "plausible on its face," *id.* at 1974, rather than "conceivable." *Id.* Therefore, in order for a claim or complaint to survive dismissal for failure to state a claim, the plaintiff must "allege facts sufficient to state all the elements of [his or] her claim." *Bass v. E.I. Dupont de Nemours & Co.*, 324 F.3d 761, 765 (4th Cir. 2003) (*citing Dickson v. Microsoft Corp.*, 309 F.3d 193, 213 (4th Cir. 2002); *Iodice v. United States*, 289 F.3d 270, 281 (4th Cir. 2002)). Lastly, while the Court liberally construes *pro se* complaints, *Gordon v. Leeke*, 574 F.2d 1147, 1151 (4th Cir. 1978), it does not act as the inmate's advocate, *sua sponte* developing statutory and constitutional claims the inmate failed to clearly raise on the face of his complaint. *See Brock v. Carroll*, 107 F.3d 241, 243 (4th Cir. 1997) (Luttig, J., concurring); *Beaudett v. City of Hampton*, 775 F.2d 1274, 1278 (4th Cir. 1985).

### **Summary of Allegations**

Plaintiff is a morbidly obese inmate with a history of hip problems. Claims Three and Four of Bowman's complaint concern his treatment at the Southhampton Memorial Hospital ("the Hospital") on November 20, 2007. On that date Nurse Ramos, who was employed by the Hospital, requested to

check Plaintiff's sugar levels.<sup>1</sup> Plaintiff refused to allow Nurse Ramos to check his sugar levels. Therefore, Nurse Ramos refused to serve Plaintiff breakfast.

Nurse Ramos came back at lunch time and asked Plaintiff whether he was going to accept medical treatment. Plaintiff said no. Nurse Ramos then told Plaintiff that he could not have lunch. Lieutenant Powell, who was in the room, remarked that Plaintiff would not be provided with dinner. Plaintiff then agreed to allow Nurse Ramos to check his sugar levels and apparently was provided with lunch and dinner. Plaintiff wrote a letter to Gene Johnson, the Director of the Virginia Department of Corrections, complaining that Nurse Ramos, Lieutenant Powell, and Correctional Officer Barnes<sup>2</sup> had violated his rights by denying him meals unless he accepted unwanted medical treatment. In Claims Three and Four, Plaintiff contends that the foregoing actions violated his rights under the Eighth<sup>3</sup> and Fourteenth Amendments.<sup>4</sup>

### Analysis

In order to state an Eighth Amendment claim, a plaintiff must allege facts that suggest: (1) that objectively the deprivation suffered or harm inflicted was “‘sufficiently serious,’ and (2) that subjectively the prison officials acted with a ‘sufficiently culpable state of mind.’” *Johnson v. Quinones*, 145 F.3d 164, 167 (4th Cir. 1998) (quoting *Wilson v. Seiter*, 501 U.S. 294, 298 (1991)). Under the objective prong the inmate must allege facts to suggest that the deprivation complained of was extreme and amounted to more than the “‘routine discomfort’” that is “‘part of the penalty that criminal offenders pay for their offenses against society.’” *Strickler v. Waters*, 989 F.2d 1375, 1380 n.3 (4th Cir. 1993) (quoting *Hudson v. McMillian*, 503 U.S. 1, 9 (1992)). “In order to demonstrate such an extreme deprivation, a prisoner must allege ‘a serious or significant physical or emotional injury resulting from the challenged conditions.’”

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<sup>1</sup> Documents attached to the complaint indicate that medical staff had determined that Plaintiff's glucose levels should be checked prior to meals.

<sup>2</sup> Correctional Officer Barnes also was in the room.

<sup>3</sup> “Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted.” U.S. Const. amend. VIII.

<sup>4</sup> “No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws.” U.S. Const. amend. XIV, §1.

*De'Lonta v. Angelone*, 330 F.3d 630, 634 (4th Cir. 2003) (quoting *Strickler*, 989 F.2d at 1381). Plaintiff did not sustain any significant injury from the lack of a single meal. See *White v. Gregory*, 1 F.3d 267, 269 (4th Cir. 1993). Accordingly, it is RECOMMENDED that the Eighth Amendment aspects of Claims Three and Four be DISMISSED.

Plaintiff also contends that refusal to provide him with meals unless he agreed to allow his sugar level to be checked amounted to a violation of substantive due process under the Fourteenth Amendment. “Only governmental conduct that ‘shocks the conscience’ is actionable as a violation of the Fourteenth Amendment.” *Young v. City of Mount Ranier*, 238 F.3d 567, 574 (4th Cir. 2001) (quoting *County of Sacramento v. Lewis*, 523 U.S. 833, 846 (1998)). Declining to provide Plaintiff with a few meals unless he submitted to a medically required and minimally intrusive blood test does not shock the conscience. See *Breithaupt v. Abram*, 352 U.S. 432, 437 (1957) (concluding, in the context of drunk driving investigation, “a blood test taken by a skilled technician is not such conduct that shocks the conscience” (internal quotations omitted)). Moreover, even if the foregoing allegations stated a violation of Plaintiff’s Fourteenth Amendment rights, the claim would be subject to dismissal because it was rationally related to the legitimate penological objective of providing appropriate and efficient medical care. See *Russell v. Richards*, 384 F.3d 444, 447-48 (7th Cir. 2004); *Davis v. Agosto*, 89 F. App’x 523, 528 (6th Cir. 2004) (No. 02-6141), available at 2004 WL 376833, at \*5; cf. *Sullivan v. Bornemann*, 384 F.3d 372, 378 (7th Cir. 2004) (concluding state’s interest in ensuring medical stability of pretrial detainee outweighed detainee’s right to refuse catheterization procedure). Accordingly, it is RECOMMENDED that Claims Three and Four be DISMISSED. It is RECOMMENDED that Plaintiff be allowed to proceed with his remaining claims. Because Defendants Ramos, Powell, Barnes, and Johnson are named only in conjunction with Claims Three and Four, it is RECOMMENDED that they be DISMISSED as parties to this action.

(Dec. 16, 2008 Report and Recommendation.) On January 2, 2009, Plaintiff filed his objections.

## II. STANDARD OF REVIEW

“The magistrate makes only a recommendation to this court. The recommendation has no presumptive weight, and the responsibility to make a final determination remains

with this court.” *Estrada v. Witkowski*, 816 F. Supp. 408, 410 (D.S.C. 1993) (citing *Mathews v. Weber*, 423 U.S. 261, 270-71 (1976)). This Court “shall make a de novo determination of those portions of the report or specified proposed findings or recommendations to which objection is made.” 28 U.S.C. § 636(b)(1). “The filing of objections to a magistrate’s report enables the district judge to focus attention on those issues—factual and legal—that are at the heart of the parties’ dispute.” *Thomas v. Arn*, 474 U.S. 140, 147 (1985). In the absence of a specific written objection, this Court may adopt a magistrate judge’s recommendation without conducting a *de novo* review. See *Diamond v. Colonial Life & Accident Ins. Co.*, 416 F.3d 310, 316 (4th Cir. 2005), *cert. denied*, 546 U.S. 1091 (2006).

### III. CONCLUSION

Plaintiff objects that he was not denied simply a few meals because he refused a blood test, but was denied any meals unless he accepted a blood test. In light of the facts set forth in the complaint, such a distinction does not diminish the Magistrate Judge’s legal analysis of Plaintiff’s claims. Accordingly, Plaintiff’s objections will be overruled. The Report and Recommendation will be accepted and adopted. Claims 3 and 4 will be dismissed. Defendants Ramos, Powell, Barnes, and Johnson will be dismissed as parties to the action.<sup>5</sup>

Plaintiff also has moved for injunctive relief. The motion it is not accompanied by

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<sup>5</sup> A separate Memorandum Order will issue, which addresses Plaintiff’s responsibilities with regard to serving the remaining defendants.

a brief setting forth the facts and authorities upon which Plaintiff relies. *See* E.D. Va. Loc. Civ. R. 7(F). Accordingly, the motion (Docket No. 5) will be denied without prejudice.

An appropriate Order will accompany this Memorandum Opinion.

*HEH* */s/*  
Henry E. Hudson  
United States District Judge

Date: Feb. 2, 2005  
Richmond, Virginia