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IN THE UNITED STATES DISTRICT COURT

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FOR THE DISTRICT OF ARIZONA

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12 Jennifer L. Santiago,)

13) Plaintiff,)

No. CIV 06-3052 PHX RCB

14) vs.)

O R D E R

15) Michael J. Astrue,)

16) Commissioner of Social)

17) Security,)

18) Defendant.)

19 _____)

18 Pursuant to 42 U.S.C. §§ 405(g) and 1383(c)(3) of the Social
19 Security Act, plaintiff Jennifer L. Santiago commenced the present
20 action seeking judicial review of a final decision of defendant,
21 Michael J. Astrue, Commissioner of Social Security ("the
22 Commissioner"). The Commissioner denied plaintiff's application
23 for Disability Insurance Benefits ("DIB") and Supplemental Social
24 Security Income Benefits ("SSSI"), under Titles II and XVI of the
25 Social Security Act. Currently pending before the court is
26 plaintiff's motion for summary judgment (doc. 16) wherein she
27 argues that the Commissioner's decision "cannot be sustained as it
28 is based on legal error." Memo. (doc. 18) at 19:24. Plaintiff

1 therefore is seeking summary judgment in her favor and a remand for
2 an "immediate award of benefits." Id. at 19:26 (citation omitted).
3 "At a minimum," plaintiff seeks a "remand[] for further
4 proceedings." Reply (doc. 33) at 19:28. Conversely, the
5 Commissioner asserts that his final decision "is supported by
6 substantial evidence, making it conclusive upon this court[,] and
7 entitling him to summary judgment as a matter of law. Cross-Mot.
8 (doc. 24) at 1, ¶ 2:26.

9 Finding this matter suitable for decision without oral
10 argument, the court rules as follows. See LRCiv 7.2(f).

11 **Background**

12 Plaintiff protectively filed DIB and SSSI alleging disability
13 beginning January 1, 2003. Administrative Record ("Admin. R.") at
14 24. Those applications were denied initially and upon
15 reconsideration. Id. Following plaintiff's timely request for
16 rehearing, this matter was heard before an Administrative Law Judge
17 ("ALJ"). Id. Plaintiff, represented by counsel, testified at the
18 hearing, as well as a vocational expert under contract with the
19 Office of Hearings and Appeals. Id. The Administrative record in
20 this case consists of, *inter alia*, a fairly sparse hearing
21 transcript and medical records from a number of sources.

22 Ultimately the ALJ issued a decision finding that plaintiff is
23 not disabled within the Social Security Act and its accompanying
24 regulations; and thus she is not entitled to benefits. Id. at 31.
25 The Social Security Administration Appeals Council denied
26 plaintiff's request for a review of the ALJ's decision. Id. at 9-
27 12. At that point, the ALJ's decision became the final decision of
28 the Commissioner, which in turn, allowed plaintiff to seek judicial

1 review in this court as she has done. See 20 C.F.R. § 404.981.

2 **Discussion**

3 **I. Standard of Review**

4 Assuming familiarity with the well-established standards
5 governing summary judgment motions, the court sees no need to
6 repeat the same herein.¹ Instead, the court will focus on the
7 standards governing judicial review of a Commissioner's decision
8 pursuant to 42 U.S.C. § 405(g). The court "may set aside the
9 Commissioner's denial of benefits when the ALJ's findings are based
10 on legal error or are not supported by substantial evidence in the
11 record as a whole." Vasquez v. Astrue, 572 F.3d 586, 591 (9th Cir.
12 2009) (internal quotation marks and citation omitted). Factual
13 determinations by the Commissioner, acting through an ALJ, must be
14 affirmed if supported by substantial evidence. See Celaya v.
15 Halter, 332 F.3d 1177, 1180 (9th Cir. 2003).

16 "In determining whether the Commissioner's findings are
17 supported by substantial evidence, [this Court] must review the
18 administrative record as a whole, weighing both the evidence that
19 supports and the evidence that detracts from the Commissioner's
20 conclusion.'" Andrews v. Astrue, 2009 WL 2985449, at *3 (C.D.Cal.
21 Sept. 14, 2009) (quoting Reddick v. Chater, 157 F.3d 715, 720 (9th
22 Cir. 1998)) (other citation omitted). "Substantial evidence means
23 more than a mere scintilla but less than a preponderance; it is
24

25 ¹ A trilogy of cases in 1986, Matsushita Elec. Co. v. Zenith Radio Corp.,
26 475 U.S. 574, 577, 106 S.Ct. 1348, 89 L.Ed.2d 538 (1986), Anderson v. Liberty
27 Lobby, Inc., 477 U.S. 242, 247-48, 106 S.Ct. 2505, 91 L.Ed.2d 202 (1986), and
28 Celotex Corp. v. Catrett, 477 U.S. 317, 323-325, 106 S.Ct. 2548, 91 L.Ed.2d 265
(1986), ushered in a new era of summary judgment motions for the federal courts.
See Rand v. Rowland, 154 F.3d 952, 956-57 (9th Cir. 1998) ("It took nearly fifty
years for the Supreme Court to pave the way toward mainstream acceptance of the
summary judgment procedure with its trilogy of summary judgment cases in the
mid-1980s.")

1 such relevant evidence as a reasonable mind might accept as
2 adequate to support a conclusion." Vasquez, 572 F.3d at 591
3 (internal quotation marks and citation omitted).

4 "The ALJ is responsible for determining credibility, resolving
5 conflicts in medical testimony, and for resolving ambiguities."
6 Vasquez, 572 F.3d at 591 (internal quotation marks and citation
7 omitted). "Where the evidence can reasonably support either
8 affirming or reversing the [Commissioner's] decision, [this court]
9 may not substitute [its] judgment for that of the Commissioner."
10 Parra v. Astrue, 481 F.3d 742, 746 (9th Cir. 2007) (citation
11 omitted). "In other words, "where the evidence is susceptible to
12 more than one rational interpretation, the ALJ's decision must be
13 affirmed." Vasquez, 572 F.3d at 591 (internal quotation marks and
14 citation omitted).

15 Given this "highly deferential standard of review[.]"
16 Valentine v. Comm'r, Soc. Sec. Admin., 574 F.3d 685, 690 (9th Cir.
17 2009), it stands to reason that "[a] decision of the ALJ will not
18 be reversed for errors that are harmless." Stout v. Comm'r, 454
19 F.3d 1050, 1054 (9th Cir. 2006) (citation omitted). Thus, errors
20 that are inconsequential to the ALJ's ultimate determination as to
21 disability are not reversible. Id. at 1055. This court's review
22 is, in short, fairly limited, although it "must consider the
23 evidence that supports as well as detracts from the [ALJ's]
24 conclusion." Werle v. Astrue, 633 F.Supp.2d 857, 879 (D.Ariz.
25 2009) (citing Day v. Weinberger, 522 F.2d 1154, 1156 (9th Cir.
26 1975)). At the same time, however, the court is keenly aware that
27 "when applying the substantial evidence standard, [it] should not
28 mechanically accept the Commissioner's findings but should review

1 the record critically and thoroughly." Id. (citing Day, 522 F.2d
2 at 1156). The court is equally aware of its obligation to
3 "consider the entire record as a whole and . . . not [to] affirm
4 simply by isolating a 'specific quantum of supporting evidence.' "
5 Olquin v. Astrue, 2009 WL 4641728, at *1 (C.D.Cal. Dec. 2,
6 2009)(quoting Robbins v. Social Security Administration, 466 F.3d
7 880, 882 (9th Cir. 2006)) (other citations omitted).

8 **II. Disability Determination Framework**

9 "To medically qualify for benefits under the Social Security
10 Act, a claimant must establish 'the inability to engage in any
11 substantial gainful activity by reason of any medically
12 determinable physical or mental impairment . . . which has lasted
13 or can be expected to last for a continuous period of not less than
14 12 months." Stout, 454 F.3d at 1052 (quoting 42 U.S.C.
15 § 423(d)(1)(A)). There is a five step sequential evaluation
16 process which the Commissioner, through an ALJ, must employ for
17 determining whether a claimant is disabled. See id. (citing 20
18 C.F.R. §§ 404.1520, 416.920).

19 The first step requires the ALJ to determine whether the
20 claimant is currently engaged in "substantial gainful [work]
21 activity." 20 C.F.R. § 404.1520(a)(4)(i). A negative response
22 requires the ALJ to proceed to step two. See Smolen v. Chater, 80
23 F.3d 1273, 1289 (9th Cir. 1996) (citation omitted) ("In conducting
24 this [five-step] inquiry, the Commissioner asks five questions in
25 order until a question is answered in such away [sic] that the
26 claimant is conclusively determined disabled or not.") At step two,
27 the focus is on "whether the claimant has a medically severe
28 impairment or combination of impairments that significantly limits

1 h[er] ability to do basic work activities." Webb v. Barnhart, 433
2 F.3d 683, 686 (9th Cir. 2005) (citations omitted). This severity
3 determination is analyzed in terms of what is "not severe."
4 Smolen, 80 F.3d at 1290. If a claimant satisfies this step two
5 burden of establishing severity, the ALJ proceeds to step three,
6 where medical severity is also a consideration. 20 C.F.R.
7 § 416.920(a)(4)(iii).

8 At step three, the ALJ determines if the claimant has an
9 impairment or combination of impairments that meets or equals the
10 requirements of the Listing of Impairments ("Listing"), 20 C.F.R.
11 § 404, Subpart P, App. 1. 20 C.F.R. § 404.1520(d). If the claimant
12 satisfies this criteria, she will be found to be disabled. Benton
13 v. Barnhart, 331 F.3d 1030, 1034 (9th Cir. 2003). If a claimant's
14 condition does not meet or exceed the Listing requirements, the
15 analysis proceeds to step four. See id.

16 The inquiry at step four turns to the claimant's residual
17 functional capacity ("RFC") which is, essentially, "a summary of
18 what the claimant is capable of doing[,]" Valentine, 574 F.3d at
19 689, as well as the claimant's "past relevant work." 20 C.F.R.
20 § 416.920(a)(4)(iv). "In assessing an individual's RFC, the ALJ
21 must consider . . . her symptoms (including pain), signs and
22 laboratory findings, together with other evidence." Combs v.
23 Astrue, 2009 WL 839046, at *6 (N.D.Cal. March 30, 2009) (citing 20
24 C.F.R. § 404, Subpt. P, App. 2 § 200.00(c)). If, at step four, the
25 ALJ determines that the claimant "can still do [her] past relevant
26 work," despite the limitations caused by her impairments, the
27 Commissioner will find that she is not disabled. 20 C.F.R.
28 § 416.920(a)(4)(iv).

1 On the other hand, if the claimant does not have "sufficient
2 [RFC] despite the impairment or various limitations to perform her
3 past work[," the ALJ will proceed to the fifth and last step in
4 this evaluation process. See Andrews, 2009 WL 2985449, at *4. The
5 claimant has the burden of proof at steps one through four, but at
6 step five "the burden of proof shifts to the [Commissioner] . . .
7 to show that the claimant can do other kinds of work." Valentine,
8 574 F.3d at 689 (internal quotation marks and citation omitted). A
9 claimant's RFC also factors into this inquiry. The Commissioner
10 will "assess[]" a claimant's RFC and her "age, education and work
11 experience to see if [the claimant] can make an adjustment to other
12 work." 20 C.F.R. § 416.920(a)(4)(v). At step five, a finding that
13 such an adjustment can be made will result in a finding of no
14 disability, whereas a finding that claimant cannot make an
15 adjustment to other work will result in a finding that the claimant
16 is disabled. See id.

17 **III. Overview of ALJ's Sequential Evaluation Findings**

18 Engaging in that five-step process here, at step one the ALJ
19 found that plaintiff "has not engaged in any substantial gainful
20 activity since January 1, 2003." Admin. R. at 25. This is not in
21 dispute. Proceeding to step two, the ALJ found that the medical
22 evidence showed that plaintiff had the following: "fibromyalgia,"²

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24 ² Fibromyalgia is, as the Ninth Circuit has explained:
25 [a] rheumatic disease that causes inflammation of the
26 fibrous connective tissue components of muscles, tendons,
27 ligaments, and other tissue. . . . Common symptoms, . . . ,
28 include chronic pain throughout the body, multiple tender
points, fatigue, stiffness, and a pattern of sleep disturbance
that can exacerbate the cycle of pain and fatigue associated
with this disease. . . . Fibromyalgia's cause is unknown, there
is no cure, and it is poorly-understood within much of the
medical community. The disease is diagnosed entirely on the
basis of patients' reports of pain and other symptoms. The

1 irritable bowel syndrome [("IBS")], a bipolar disorder, a post
2 traumatic stress disorder, an anxiety disorder with panic attacks,
3 and an obsessive-compulsive disorder[.]” Id. at 26 (citations
4 omitted) (footnote added). “[W]hen considered in combination[.]”
5 the ALJ also found the foregoing to be “‘severe’ impairments[.]”
6 See id. The ALJ next found, at step three, that plaintiff did not
7 have an “impairment, or combination of impairments, that meets or
8 equals in severity the appropriate medical criteria of any
9 impairment” in the Listing. Id. at 26. Implicit in that finding
10 is that plaintiff was not disabled because her impairments did not
11 satisfy the Listing criteria. Consequently, the ALJ proceeded to
12 step four.

13 At step four, based upon what the ALJ found to be plaintiff’s
14 RFC, discussed below, and her past relevant work, the ALJ found
15 that she was “unable to perform any of her past relevant work[.]”
16 Id. at 31 (citations omitted). Proceeding to step five, because
17 the ALJ found that plaintiff retained the RFC to perform several
18 types of jobs involving “unskilled, light work[.]” he concluded
19 that she “has not been under a disability[.]” Id. Hence, plaintiff
20 was not entitled to DIB or SSSI benefits. Id.

21 “Like most Social Security cases, this case involves [alleged
22 errors in that] five-step procedure[.]” See Valentine, 574 F.3d at
23

24 American College of Rheumatology issued a set of agreed-upon
25 diagnostic criteria in 1990, but to date there are no laboratory
tests to confirm the diagnosis.

26 Benecke v. Barnhart, 379 F.3d 587, 589 (9th Cir. 2004) (citations omitted).
27 Further, “[f]ibromyalgia is a physical disease, . . . , which is diagnosed based
28 on widespread pain with tenderness in at least eleven of eighteen sites known as
trigger points.” Hanson v. Astrue, 2009 WL 349138, at * 1 n.4 (C.D.Cal. Feb. 11,
2009) (citations and internal quotation marks omitted).

1 688 (citations omitted). Plaintiff Santiago is challenging the
2 scope of the ALJ's severity determination at step two. Further,
3 for a host of reasons more fully discussed herein, plaintiff argues
4 that "legal error occurred at step five of the sequential
5 evaluation process" as well. Memo. (doc. 18) at 4:17-18. The
6 court will address these challenges seriatim.

7 **IV. Step Two -Severity**

8 The ALJ found at step two, as mentioned earlier, that
9 plaintiff Santiago had a number of impairments which "in
10 combination" were "'severe' . . . within the meaning of the Act and
11 Regulations[.]" AR at 26. The ALJ thus properly and necessarily
12 moved to step three of the sequential disability analysis.
13 Nevertheless, plaintiff claims that the ALJ erred at step two by
14 finding that her "diagnosis of degenerative disc disease with
15 scoliosis[.]" which he broadly described as "claimant's back
16 disorder[.]" was "non-severe[.]" See Admin. R. at 26 and 28.

17 Plaintiff overlooks the fact, however, that because she
18 received a favorable determination at step two, the ALJ continued
19 with the sequential disability analysis. "Thus, any error in
20 failing to consider certain impairments severe[.]" such as
21 degenerative disc disease with scoliosis, "did not prejudice
22 [plaintiff's] claim at this level." See Wright v. Astrue, 2009 WL
23 2827567, at *6 (D.Or. Aug. 24, 2009) (citing, Burch v. Barnhart,
24 400 F.3d 676, 682 (9th Cir. 2005) (any error in omitting an
25 impairment from the severe impairments identified at step two was
26 harmless where that step was resolved favorably to claimant)).
27 Consequently, the court will turn to the bulk of plaintiff's
28 arguments, directed to the ALJ's ultimate step five finding - she

1 was not under a disability.

2 **V. Step Five**

3 "To direct th[e] inquiry [at step five], the . . . ALJ[] must
4 determine the claimant's residual functional capacity, a summary of
5 what the claimant is capable of doing (for example, how much weight
6 he can lift)." Valentine, 574 F.3d at 689 (citation and internal
7 quotation marks omitted); see also Moreno v. Astrue, 2009 WL
8 2711900, at *5 (C.D.Cal. Aug. 26, 2009) (citations omitted) ("A
9 claimant's . . . RFC . . . is what he can still do despite his
10 physical, mental, nonexertional, and other limitations.") The ALJ
11 may, as he did here, "pose to a vocational expert a hypothetical
12 incorporating the . . . RFC; the expert then opines on what kind of
13 work someone with the limitations of the claimant could
14 hypothetically do." Id. (citation omitted). "The ALJ must then
15 determine whether, given the claimant's RFC, age, education, and
16 work experience, [s]he actually can find some work in the national
17 economy." Id. (citations omitted). In contrast to steps one
18 through four, at step five "the burden of proof shifts to the
19 [Commissioner] at step five to show that the claimant can do other
20 kinds of work." Id. (citation and internal quotation marks
21 omitted).

22 Here, the ALJ found that plaintiff had the RFC to "perform
23 unskilled, light work³ with no crawling, crouching, climbing,
24

25 ³ Under Social Security regulations, "[l]ight work involves lifting no
26 more than 20 pounds at a time with frequent lifting or carrying of objects weighing
27 up to 10 pounds. Even though the weight lifted may be very little, a job is in
28 this category when it requires a good deal of walking or standing, or when it
involves sitting most of the time with some pushing and pulling of arm or leg
controls. To be considered capable of performing a full or wide range of light
work, you must have the ability to do substantially all of these activities." 20
C.F.R. § 416.967(b).

1 squatting, or kneeling." Admin. R. at 31 (footnote added). As
2 part of that RFC, the ALJ further found that plaintiff was "unable
3 to use her lower extremities for pushing or pulling, or her upper
4 extremities for work above the shoulder level." Id. Additionally,
5 the ALJ found that plaintiff "requires a sit/stand option and is
6 limited to work involving simple operations." Id. Given that RFC,
7 plaintiff's age at the time (36 years old) and her "high school
8 equivalency education[,] " the ALJ asked the vocational expert
9 whether "there are jobs that fit that hypothetical . . . in . . .
10 Arizona and in the national economy[.]" Id. at 426. The vocational
11 expert answered in the affirmative. See id. Thus the ALJ found,
12 based upon her RFC and "vocational factors," that there "are a
13 significant number of jobs existing in the national economy that
14 [plaintiff] could perform." Id. at 31. As "identified by the
15 Vocational Expert," those jobs "are the unskilled, light jobs of
16 office helper, gate guard and cashier." Id. Consequently, at the
17 fifth and final step of the sequential evaluation process, the ALJ
18 found that plaintiff was not under a disability. Id.

19 Plaintiff contends that the RFC determination, and resultant
20 denial of benefits, was error because there is not substantial
21 evidence in the record to support that determination. Plaintiff
22 disputes the ALJ's findings at step five on a number of bases.
23 First, plaintiff asserts that the ALJ did not properly consider the
24 findings and opinions of her primary treating physician, Chester
25 Christianson, D.O., a family practitioner. Second, plaintiff
26 disputes the ALJ's adverse credibility finding as to her subjective
27 pain and fatigue. Third, plaintiff challenges two aspects of her
28 RFC, which is an integral part of the disability determination at

1 step five. In particular, plaintiff contends that the ALJ erred
2 in not including a function-by-function assessment of "the effect
3 of [her] physical restrictions[,] and by not "adequately
4 address[ing] [her] psychological restrictions." Memo. (doc. 18) at
5 15.

6 Next, plaintiff claims that the hypothetical question which
7 the ALJ posed to the vocational expert was "incomplete and
8 inaccurate" because it omitted "the effects of [her] pain" and her
9 "psychiatric restrictions and limitations." Id. at 15-16. Given
10 those claimed deficiencies, plaintiff argues that the ALJ
11 improperly relied upon the vocational expert's response to the
12 ALJ's hypothetical. Plaintiff asserts that "additional error"
13 occurred when the ALJ "failed to identify and resolve conflicts
14 between [the] vocational consultant['s] testimony and the DOT
15 [Dictionary of Occupational Titles]." Id. Finally, plaintiff
16 contends that "there is no reliable evidence to support the [ALJ's]
17 conclusion[]" that "there are a significant number of 'other' jobs
18 that [plaintiff] can perform[.]" Id. at 17. The court will address
19 plaintiff's contentions in turn.

20 **A. Treating Physician**

21 **1. Governing Legal Standards**

22 An "ALJ must consider all medical opinion evidence."
23 Tommasetti v. Astrue, 533 F.3d 1035, 1041 (9th Cir. 2008) (citing 20
24 C.F.R. § 404.1527(b)). In the seminal case of Lester v. Chater, 81
25 F.3d 821 (9th Cir. 1995), the Ninth Circuit articulated a hierarchy
26 of medical opinions. "Generally, the opinions of examining
27 physicians are afforded more weight than those of non-examining
28 physicians, and the opinions of examining non-treating physicians

1 are afforded less weight than those of treating physicians." Orn
2 v. Astrue, 495 F.3d 625, 631 (9th Cir. 2007) (citations omitted).
3 Succinctly put, opinions of treating physicians are favored over
4 those of non-treating physicians." Id. (citing 20 C.F.R.
5 § 404.1527). This deference to treating physicians' opinions is
6 understandable in that they are "'employed to cure and ha[ve] a
7 greater opportunity to know and observe the patient as an
8 individual[.]'" O'Neil v. Astrue, 2009 WL 1444437, at *10 (D.Or.
9 May 21, 2009) (quoting Sprague v. Brown, 812 F.2d 1226, 1230 (9th
10 Cir. 1987)).

11 There are limits to this deference though. "[A] treating
12 physician's opinion is not conclusive as to whether or not a
13 claimant meets the statutory definition of disability, because that
14 is a legal conclusion reserved to the Commissioner." Id. (citing,
15 *inter alia*, 20 C.F.R. § 404.1527(e)). However, "[a]llthough [an]
16 ALJ is not bound by an expert medical opinion on the ultimate
17 question of disability, [h]e must provide specific and legitimate
18 reasons for rejecting the opinion of a treating physician."
19 Tommasetti, 533 F.3d at 1041 (citations and internal quotation
20 marks omitted).

21 "In Orn, the Ninth Circuit reiterated and expounded upon its
22 position regarding the ALJ's acceptance of the opinion of an
23 examining physician over that of a treating physician." Murrieta
24 v. Astrue, 2009 WL 2184550, at *7 (E.D.Cal. July 21, 2009). "If a
25 treating physician's opinion is well-supported by medically
26 acceptable clinical and laboratory diagnostic techniques and is not
27 inconsistent with the other substantial evidence in [the] case
28 record, [it will be given] controlling weight." Orn, 495 F.3d at

1 631 (citations omitted). Significantly, however, when an ALJ finds
2 that a treating physician's opinion is not entitled to controlling
3 weight, that does not mean "that the opinion should be rejected."
4 Id. at 632 quoting S.S.R. 96-2p at 4 (Cum. Ed. 1996), available at
5 61 Fed.Reg. 34,490, 34,491 (July 2, 1996)). Indeed, according to
6 the Social Security Administration, "[i]n many cases, a treating
7 source's medical opinion will be *entitled to the greatest weight*
8 *and should be adopted, even if* it does not meet the test for
9 controlling weight." Id. (quoting S.S.R. 96-2p at 4 (Cum.
10 Ed.1996), available at 61 Fed.Reg. 34,490, 34,491 (July 2, 1996))
11 (emphasis added).

12 Consistent with the foregoing, even when a treating
13 physician's opinion is not entitled to controlling weight, such
14 "opinions are still entitled to deference and *must be weighed*
15 using all of the factors provided in 20 C.F.R. 404.1527[.]'" Id. at
16 632 (quoting S.S.R. 96-2p at 4 (Cum. Ed.1996), available at 61
17 Fed.Reg. 34,490, 34,491 (July 2, 1996)) (emphasis added). "Those
18 factors include the [l]ength of the treatment relationship and the
19 frequency of examination by the treating physician; and the nature
20 and extent of the treatment relationship between the patient and
21 the treating physician." Id. at 631 (citations and internal
22 quotation marks omitted). "Additional factors relevant to
23 evaluating any medical opinion, not limited to the opinion of the
24 treating physician, include the amount of relevant evidence that
25 supports the opinion and the quality of the explanation provided;
26 the consistency of the medical opinion with the record as a whole;
27 the specialty of the physician providing the opinion; and [o]ther
28 factors such as the degree of understanding a physician has of the

1 Administration's disability programs and their evidentiary
2 requirements and the degree of his or her familiarity with other
3 information in the case record." Id. (citations and internal
4 quotation marks omitted).

5 Additionally, if a treating physician's opinion "is not
6 contradicted by another doctor," the ALJ may "reject[]" the
7 former's opinion "only for clear and convincing reasons supported
8 by substantial evidence in the record." Id. at 632 (citations
9 omitted). However, "[e]ven if the treating doctor's opinion is
10 contradicted by another doctor, the ALJ may not reject this opinion
11 without providing specific and legitimate reasons supported by
12 substantial evidence in the record." Id. (citations and internal
13 quotation marks omitted). An ALJ satisfies that standard "by
14 setting out a detailed and thorough summary of the facts and
15 conflicting clinical evidence, stating his interpretation thereof,
16 and making findings." Id. (citation omitted). It is not enough
17 for the ALJ to simply "offer his conclusion." Id. The ALJ "must
18 do more[;] . . . [he] must. . . explain why [his own
19 interpretations], rather than the doctors', are correct." Id.
20 (citations and internal quotation marks omitted). As just shown,
21 in the Ninth Circuit an ALJ must adhere to strict standards to
22 justify rejecting a treating physician's opinion.

23 **2. ALJ's Findings**

24 Application of those principles to the ALJ's decision herein
25 is difficult for several reasons. First, the ALJ's
26 characterization of the medical evidence was very general and he
27 provided only minimal cites to the relatively voluminous record.
28 Second, it is not readily apparent the weight which the ALJ

1 accorded the opinions of plaintiff's primary treating physician,
2 Dr. Christianson. For that matter, it also is not clear from the
3 ALJ's decision the weight which he accorded to the opinions of the
4 other physicians, such as Dr. Cunningham. Dr. Cunningham evaluated
5 plaintiff one time at the behest of the Arizona Department of
6 Economic Security. Dr. Cunningham's opinion, therefore, should
7 have been "given less weight than the physicians who treated her."
8 See Benecke, 379 F.3d at 592 (citation and footnote omitted).
9 Moreover, the ALJ explained that "Dr. Cunningham indicated th[at]
10 [plaintiff's] subjective complaints far outweighed the objective
11 findings." Admin. R. At 26. However, "in light of the unique
12 evidentiary difficulties associated with the diagnosis and
13 treatment of fibromyalgia, opinions[,]" such as Dr. Cunningham's,
14 "that focus solely upon objective evidence are not particularly
15 relevant.'" Ostalaza v. Astrue, 2009 WL 3170089, at *5 (C.D.Cal.
16 Sept. 30, 2009) (quoting Rogers v. Commissioner of Social Security,
17 486 F.3d 234, 248 (6th Cir. 2007)).

18 Further muddying the waters is the ALJ's failure to expressly
19 find that Dr. Christianson's opinions contradicted those of any of
20 the other physicians. These omissions made this reviewing court's
21 task unnecessarily arduous. Nonetheless, careful consideration of
22 the entire record, the ALJ's decision, and the applicable law shows
23 that the ALJ did not properly weigh and consider Dr. Christianson's
24 opinions.

25 Over the course of approximately two years, from at least late
26 November 2003 through some time in November 2005, Dr. Christianson
27 treated plaintiff. Admin. R. at 260-305; and at 332-335. During
28 that time he referred plaintiff to Dr. Mallace, a rheumatologist,

1 and to Dr. Doust, a pain management specialist. Admin. R. at 256;
2 and 368. As the ALJ recognized, Dr. Christianson "opined that due
3 to her fibromyalgia, [plaintiff] was unable to sit or stand for any
4 prolonged time, and she was physically disabled from employment at
5 that time[.]" Id. at 27 (citing [Admin. R. at 272]). Dr.
6 Christianson likewise opined that plaintiff was "unable to do
7 physical labor[.]" Id. at 272. Further, as the ALJ construed Dr.
8 Christianson's "two medical source statements[,]" the doctor also
9 opined that plaintiff "is capable of less than sedentary work
10 activity[.]" Id. (citations omitted). The ALJ did not describe the
11 contents of those two statements, although, as will be seen,
12 without explanation the ALJ appears to have agreed with Dr.
13 Christianson as to many but not all of the physical "limitations
14 and restrictions"⁴ set forth therein.

15 The ALJ's decision includes an overview of the findings of
16 Drs. Cunningham, Doust and Mallace. The ALJ noted that following
17 his one-time examination of plaintiff, Dr. Cunningham diagnosed
18 plaintiff with "chronic pain syndrome with limited range of motion
19 of the cervical spine and a history of post traumatic stress
20 disorder. Id. at 26. Further, Dr. Cunningham's "[e]xamination
21 revealed a normal gait and coordination, and normal range of motion
22 in the dorsolumbar spine, shoulders, elbows, wrists, fingers,
23 thumbs, hips, knees, and ankles." Id. Dr. Cunningham also noted
24 that "[t]rigger points revealed" that plaintiff had "atypical
25 tender areas behind bilateral knees, the bottom of the feet and
26

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⁴ The Medical Source Statement form speaks in terms of both restrictions and limitations. For brevity's sake, hereinafter the court will refer simply to limitations.

1 some tenderness at the base of the neck." Id. As the ALJ
2 stressed, Dr. Cunningham wrote that plaintiff's "subjective
3 complaints far outweighed the objective findings." Id. at 183; see
4 also id. at 26. The ALJ summarized the contents of Dr.
5 Cunningham's Medical Source Statement as "opin[ing]" that plaintiff
6 "can lift and/or carry 50 pounds occasionally and 25 pounds
7 frequently, and has no limitations in standing, walking or sitting.
8 [Dr. Cunningham] reported the [plaintiff] can occasionally crawl,
9 and frequently kneel and crouch." Id. at 26- 27 (citing [Admin. R.
10 At 184-186]).

11 Turning to a January 20, 2005, examination by rheumatologist
12 Dr. Mallace, the ALJ noted that that doctor found plaintiff's
13 "extremities were normal by inspection, range of motion, muscle
14 tone strength, and alignment." Id. at 27; see also id. at 257.
15 Dr. Mallace further noted that plaintiff "had good motion of the
16 cervical and lumbar spine without paravertebral spasm." Id.; see
17 also at 257. Dr. Mallace did find "trigger point tenderness" on
18 that date, but that plaintiff "had normal coordination, sensation
19 and reflexes[.]" Id. at 27 (citing [Admin. R. at 256-258]). The
20 ALJ then noted Dr. Mallace's assessment several months later, on
21 May 23, 2005, of "persistent fibromyalgia[.]" Id. (citing Admin.
22 R. at 245). On July 28, 2005, at her fourth and last visit with
23 Dr. Mallace, he adhered to his diagnosis of fibromyalgia, again
24 noting that plaintiff's "extremities move[d] well," but that she
25 had "chronic trigger point tenderness of fibromyalgia." Id. at
26 243; see also at 27.

27 Finally, the ALJ reviewed the medical records from four office
28 visits which plaintiff made to a pain management specialist, Dr.

1 Doust, between late 2005 and early 2006. Dr. Doust's first
2 examination of plaintiff revealed, as the ALJ stated, "normal
3 joint, bones and muscles of the bilateral upper and lower
4 extremities, full and symmetrical muscle strength, tone and size
5 throughout, intact sensory testing, normal and symmetrical deep
6 tendon reflexes, normal gait and station, and normal spine without
7 muscle spasm." Id. at 27; see also id. at 367-368. Based upon
8 that exam, Dr. Doust diagnosed plaintiff with
9 "fibromyositis/myofascial pain and neuralgia, neuritis and
10 radiculitis." Id. (citing [Admin. R. at 366-369]). Plaintiff's
11 next appointment with Dr. Doust, a few weeks later, showed that she
12 "was within normal limits with the exception of tenderness over
13 most fibromyalgia trigger points." Id. at 27-28 (citing [Admin. R.
14 at 339-342]).

15 The only noteworthy aspect of plaintiff's next visit to Dr.
16 Doust, according to the ALJ, is that she "reported moderate
17 stability of her pain symptomatology[.]" Id. at 28 (citing [Admin.
18 R. at 372]). The ALJ accurately observed that on plaintiff's last
19 visit to Dr. Doust she "indicated increased pain with radiation to
20 the left leg and foot[.]" but "examination was benign." Id.
21 Hence, Dr. Doust "recommend[ed]" id. at 374, that plaintiff have
22 "electrodiagnostic testing of the left lower extremity[.]" Id. at
23 28 citing [Admin. R. at 373-375]). The ALJ concluded his review of
24 Dr. Doust's records commenting that if that testing is completed,
25 it "is not part of the evidentiary record." Id.

26 **3. Analysis**

27 As mentioned, the well-accepted "controlling weight" standard
28 "first require[s]" the ALJ "to determine whether or not the opinion

1 of the treating physician will be given controlling weight, which
2 in turn requires consideration of whether or not the treating
3 physician's opinion is well-supported by medically acceptable
4 clinical and laboratory diagnostic technique and is not
5 inconsistent with the other substantial evidence in the case
6 record." Cota v. Commissioner of Social Security, 2009 WL 900315,
7 at *8 (E.D.Cal. March 31, 2009). Here, the ALJ purported to engage
8 in that first level of inquiry when he declined to "accord
9 substantial persuasive weight to the opinions of Dr. Christianson
10 since they are not supported by his own treatment records, or the
11 medical record as a whole discussed" in the ALJ's decision. Admin.
12 R. at 27. Even equating "substantial persuasive weight" with
13 "controlling weight," there are several flaws with the ALJ's
14 analysis of the record medical evidence.

15 First, according to the ALJ he did not give controlling weight
16 to the opinion of plaintiff's treating physician because that
17 doctor's "own treatment records . . . contain[ed] little in the way
18 of objective findings[]" regarding his "diagnoses of
19 fibromyalgia[.]"⁵ Id. The ALJ stressed that one of Dr.
20 Christianson's exams of plaintiff "revealed normal cervical,
21 thoracic and lumbar spine, normal hips and knees, no arthritis or
22 degenerative joint disease, normal range of motion and no motor
23 sensory cerebellum abnormalities." Id. at 27. Disregarding record
24 evidence of trigger point tenderness by plaintiff's treating
25

26 ⁵ The court is well aware that the ALJ made that same finding as to the
27 treating physician's other diagnoses of "degenerative disc disease with scoliosis,
28 cervical and lumbar strain, and back pain[.]" Admin. R. at 27. However, because
the ALJ did not find those other diagnoses to be "severe impairments," at this
juncture his finding as to the lack of objective findings could only have been
directed to the fact that Dr. Christian diagnosed plaintiff with fibromyalgia.

1 rheumatologist and pain management specialist, the ALJ relied upon
2 the fact that Dr. Christianson's April 16, 2005 handwritten
3 notation does not mention "trigger point tenderness[.]"⁶ Id.
4 (citation omitted) (footnote added). Generally citing to 50 pages
5 of Dr. Christianson's records, the ALJ found that "the objective
6 physical findings substantiating [plaintiff's] subjective
7 complaints [we]re minimal[.]" Id.

8 There is a near consensus of medical opinion as to plaintiff's
9 diagnosis of fibromyalgia. Plaintiff's primary treating physician,
10 as well as her pain management specialist and her rheumatologist,
11 all diagnosed her with fibromyalgia. See e.g., Admin. R. at 243;
12 272; 303; 368; and 371-372. The State's non-treating physician,
13 Dr. Cunningham, more broadly diagnosed plaintiff with "[c]hronic
14 pain syndrome with limited range of motion of the cervical spine
15 . . . due to subjective pain." Id. at 183. Moreover, fibromyalgia
16 was among the "impairments" which the ALJ found to be "severe in
17 combination," and that is not disputed. See id. at 26. Thus, the
18 court is left to conclude that because the ALJ found that Dr.
19 Christianson's records did not include objective physical findings
20 of fibromyalgia, the ALJ discounted that doctor's opinions as to
21 some of plaintiff's physical limitations and her overall inability
22 to work. Significantly, however, "courts have found it error for
23 an ALJ to discount a treating physician's opinion as to resulting
24 limitations due to a lack of objective evidence for fibromyalgia."
25 Belmont v. Astrue, 2009 WL 2591347, at *17 (E.D.Cal. Aug. 21, 2009)

26

27 ⁶ As earlier noted, fibromyalgia "is diagnosed based on widespread pain
28 with tenderness in at least eleven of eighteen sites known as trigger points."
Hanson, 2009 WL 349138, at * 1 n.4 (citations and internal quotation marks
omitted).

1 (citing cases).

2 Compounding that error and further hindering this court's
3 review is that, despite the foregoing, the ALJ agreed with Dr.
4 Christianson as to many of plaintiff's limitations. For example,
5 mirroring Dr. Christianson's findings on his Medical Source
6 Statement, the ALJ found that plaintiff should not be required to
7 "crawl[], crouch[], climb[], squat[] or kneel[]." Admin. R. at 29;
8 see also id. at 305. Evidently the ALJ also gave credence to Dr.
9 Christianson's opinion that plaintiff "need[ed] to alternate
10 standing and sitting[]" in that he found that she "requires a
11 sit/stand option[.]" Id. at 304 (emphasis omitted); and at 29.
12 Yet, by finding that plaintiff had an RFC "to perform unskilled
13 light work[,]" the ALJ implicitly rejected other aspects of Dr.
14 Christianson's opinion such as plaintiff's severe fatigue and her
15 limitations in walking, *i.e.* "[l]ess than 2 hours in an 8 hour
16 day[.]" See id. at 305; and 304. Thus, similar to Belmont, the ALJ
17 did "not explain why he accepted certain portions" of the treating
18 physician's opinion, despite a purported lack of objective
19 findings, while electing to reject others for that same reason.
20 See Belmont, 2009 WL 2591347, at *17. Hence, the ALJ's decision,
21 based upon the purported lack of objective findings in Dr.
22 Christianson's records, to accept part of his opinions, but reject
23 others, is inherently inconsistent. Perhaps those internal
24 inconsistencies could have been explained adequately if the ALJ had
25 provided specific and legitimate reasons supported by substantial
26 record evidence for rejecting Dr. Christianson's opinions. But, as
27 explained below, the ALJ did not do that.

28 Moreover, because the ALJ did not give controlling weight to

1 Dr. Christianson's opinions, it was incumbent upon him to weigh
2 those opinions "using all of the factors provided in 20 C.F.R.
3 § 404.1527[.]" and set forth earlier. See Orn, 495 F.3d at 632
4 (citations and internal quotation marks omitted) (emphasis
5 omitted). The ALJ did not do that either. He "did not undertake
6 to examine any factors other than the overall state of the evidence
7 of record[.]" See Cota, 2009 WL 900315. Such a cursory review does
8 not comport with 20 C.F.R. § 404.1527 and the Social Security
9 Rulings and case law construing it. This is yet another error in
10 the ALJ's consideration of the opinions of plaintiff's primary
11 treating physician.

12 Further, as noted at the outset, the ALJ did not make a
13 discrete determination that Dr. Christianson's opinions
14 contradicted those of the other physicians. The record shows,
15 though, that Drs. Christianson and Cunningham contradicted each
16 other at nearly every step of the way as to plaintiff's physical
17 limitations.⁷ Of equal if not more import is that the former,

19 ⁷ These contradictions are best shown through a side-by-side comparison
20 of Dr. Cunningham's Medical Source Statement with that of Dr. Christianson. In
21 addition to his general finding that plaintiff was "unable to do physical labor"
22 and that she was "physically disabled for employment[.]" Dr. Christianson found
23 that plaintiff had a number of physical restrictions or limitations. Admin. R. At
24 272. Dr. Christianson indicated that plaintiff can only "occasionally" lift/carry
25 "less than 10 pounds[.]" but that she "frequently" can lift/carry that same weight.
26 Id. at 303 (emphasis omitted). In contrast, Dr. Cunningham opined that plaintiff
27 could "[o]ccasionally" lift/carry "50 pounds[.]" and that she could "[f]requently"
28 lift/carry "25 pounds[.]" Id. at 184.

24 Dr. Christianson also indicated that plaintiff had "limitations in standing
25 and/or walking[.]" opining that plaintiff could do so for "[l]ess than 2 hours in
26 an 8 hour day[.]" Id. at 304. Likewise, Dr. Christianson noted that plaintiff
27 could sit for only half an hour in an eight hour day. Id. These opinions are
28 markedly different from those of Dr. Cunningham who found that plaintiff had no
limitations whatsoever in standing, walking or sitting. Id. at 184; and 185. Drs.
Christianson and Cunningham also gave contradictory opinions as to plaintiff's
ability to kneel, crouch and crawl. The former concluded that that plaintiff could
"never" kneel; only "occasionally (no more than 2 hrs/day)" crouch; and "never"
crawl. Id. at 305. On the other hand, Dr. Cunningham found that plaintiff could
"occasionally crawl, and frequently kneel and crouch[.]" Id. at 27; see also id.
at 185. Dr. Christianson additionally found that plaintiff had a host of other

1 plaintiff's treating physician and the latter, the State agency's
2 non-treating physician, gave controverting opinions as to
3 plaintiff's disability. Basically, Dr. Christianson opined that
4 plaintiff is unable to work and Dr. Cunningham disagreed. Compare
5 Admin. R. at 181-186 with Admin. R. at 272; and 303-307.

6 One example of this contradictory evidence is particularly
7 significant in the context of fibromyalgia. The last paragraph of
8 the pre-printed Medical Source Statement states: "If your patient
9 suffers from severe fatigue and cannot complete an 8 hour day or 40
10 hour workweek, please comment on what findings you have based this
11 conclusion." Id. at 305 (emphasis omitted). Dr. Christianson
12 agreed with that assessment of plaintiff's condition, commenting
13 that he based that conclusion on his findings of "pain & weakness."
14 Id. By not commenting on that pre-printed Statement, Dr.
15 Cunningham reached the opposite conclusion - plaintiff did not
16 "suffer[] from severe fatigue and [could] complete" a standard
17 workweek. See id. at 186.

18 Despite those contradictory opinions, the ALJ did not
19 "set[]out a detailed and thorough summary of the facts and
20 conflicting clinical evidence, stating his interpretation thereof,
21 and making findings." See Orn, 495 F.3d at 632 (citation omitted).
22 Instead, the ALJ merely "offer[ed] his conclusions[,] " which is not
23 sufficient in this Circuit. See id. Absent from the ALJ's decision
24 are "his own interpretations and explain[at]ions why they, rather
25

26 restrictions or limitations regarding other activities, such as climbing, stooping
27 and reaching, whereas Dr. Cunningham found just the opposite - plaintiff had no
28 limitations. Compare id. at 185 with id. at 305. Thus, although the ALJ did not
identify any conflicts in the medical evidence, the record is replete with
contradictions between plaintiff's treating physician and Dr. Cunningham.

1 than the doctors', are correct." See id. These deficiencies are
2 magnified here because, to reiterate, despite agreeing with
3 plaintiff's primary treating physician that she had numerous
4 physical limitations, the ALJ found that plaintiff was not disabled
5 and had the RFC "to perform unskilled light work[.]" Admin. R. at
6 29.

7 The court recognizes "that a determination of a claimant's
8 ultimate disability is reserved to the Commissioner, and that a
9 physician's opinion is not determinative." See Belmont, 2009 WL
10 2591347, at *18 (citing 20 C.F.R. § 404.1527(e)). At the same time
11 though, "the Ninth Circuit has commented that it does not
12 distinguish between a medical opinion as to physical condition and
13 a medical opinion on the ultimate issue of disability." Id.
14 (citation omitted). Indeed, according to the Social Security
15 Administration:

16 '[O]pinions from any medical source on issues
17 reserved to the Commissioner must *never be ignored*.
18 The adjudicator is *required to evaluate all evidence*
19 *in the case record that may have a bearing on the*
determination or decision of disability, including
opinions from medical sources about issues reserved
to the Commissioner.'

20 Id. (quoting SSR 96-5p) (emphasis added). Thus, the fact that Dr.
21 Christianson's opined, as the ALJ reiterated, that plaintiff "was
22 physically disabled from employment[,]" as she had a significant
23 number of physical limitations, see Admin. R. at 27 (citation
24 omitted), did "not relieve the ALJ of the burden of offering
25 specific and legitimate reasons for rejecting the opinion." See
26 id.; see also Detwiler v. Astrue, 2009 WL 4624979, at *4 (C.D.Cal.
27 Dec. 7, 2009) (citing, *inter alia*, Lester, 81 F.3d at 830) ("If
28 the treating physician's opinion on the issue of disability is

1 controverted, the ALJ must still provide 'specific and legitimate
2 reasons' supported by substantial evidence in the record in order
3 to reject the treating physician's opinion.") Again, the ALJ did
4 not do that here.

5 To be sure, the ALJ was not overtly dismissive of plaintiff's
6 fibromyalgia diagnosis and attendant functional limitations.
7 Nonetheless, because the ALJ failed to provide specific, legitimate
8 reasons for his conclusions as to the opinions of plaintiff's
9 primary treating physician. Therefore, "[p]laintiff is entitled to
10 summary judgment on [her] claim that the ALJ failed to properly
11 credit the opinions of [her] treating physician." See Ballard v.
12 Astrue, 2009 WL 3126282, at *8 (E.D.Cal. Sept. 23, 2009).

13 **B. Adverse Credibility Determination**

14 Next, plaintiff challenges the ALJ's finding that her
15 "allegations" as to "the severity and extent of her pain [were] not
16 entirely credible." Admin. R. at 29. From plaintiff's standpoint,
17 "[t]he ALJ's failure to set forth sufficient reasons for rejecting
18 [her] subjective complaint testimony warrants a remand for an award
19 of benefits." Reply (doc. 35) at 15 (citation omitted). Asserting
20 that the record "is replete with inconsistencies[,] " the
21 Commissioner retorts that the ALJ properly evaluated plaintiff's
22 credibility and the court should not second-guess the ALJ's
23 negative credibility finding. Cross-Mot. Memo. (doc. 27) at 11:1.

24 "Pain of sufficient severity caused by medically diagnosed
25 'anatomical, physiological, or psychological abnormalit[y]'
26 may serve as the basis for a finding of disability." Cisneros v.
27 Astrue, 2008 WL 2977459, at *5 (C.D.Cal. 2008) (quoting 42 U.S.C.
28 § 423(d)(5)(A)) (other citation omitted). Indeed, "[i]n

1 determining a claimant's RFC, an ALJ must consider all relevant
2 evidence in the record, including, *inter alia*, medical records,
3 . . . , and 'the effects of symptoms, including pain, that are
4 reasonably attributed to a medically determinable impairment.'" Robbins, 466 F.3d at 883 (quoting SSR 96-8p, 1996 WL 374184, at *5)
5 (other citations omitted). "Moreover, SSR 96-8p directs that
6 '[c]areful consideration' be given to any evidence about symptoms
7 'because subjective descriptions may indicate more severe
8 limitations or restrictions than can be shown by medical evidence
9 alone.'" Id. (quoting SSR 96-8p, 1996 WL 374184, at *5). That
10 said, "[a]n ALJ is not required to believe every allegation of
11 disabling pain or other non-exertional impairment." Orn, 495 F.3d
12 at 635 (citation and internal quotation marks omitted). At the
13 same time though, the court recognizes that "pain is a highly
14 idiosyncratic phenomenon, varying according to the pain threshold
15 and stamina of the individual[.]" Howard v. Heckler, 782 F.2d
16 1484, 1488 (9th Cir. 1986) (citation omitted).

18 "In evaluating the credibility of a claimant's testimony
19 regarding subjective pain," an ALJ must "engage in a two-step
20 analysis." Vasquez, 572 F.3d at 591 (citation omitted). In the
21 first step, the ALJ must "determine whether the claimant has
22 presented objective medical evidence of an underlying impairment
23 which could reasonably be expected to produce the pain or other
24 symptoms alleged." Id. (citation and internal quotation marks
25 omitted). This does not require the claimant "to show that her
26 impairment could reasonably be expected to cause the severity of
27 the symptom she has alleged; she need only show that it could
28 reasonably have caused some degree of the symptom." Id. (internal

1 quotation marks and citations omitted). Consequently, "the ALJ may
2 not reject subjective symptom testimony . . . simply because there
3 is no showing that the impairment can reasonably produce the *degree*
4 of symptom alleged." Lingenfelter v. Astrue, 504 F.3d 1028, 1036
5 (9th Cir. 2007) (citations and internal quotation marks omitted)
6 (emphasis added by Lingenfelter Court).

7 If the claimant meets this threshold, and there is no evidence
8 of malingering, at step two "the ALJ can reject the claimant's
9 testimony about the severity of the symptoms *only* if she gives
10 specific, clear and convincing reasons for the rejection." Id.
11 (citation and internal quotation marks omitted) (emphasis added).
12 That standard, "the most demanding required in Social Security
13 cases[,]" Moore v. Comm'r of Social Sec. Admin., 278 F.3d 920, 924
14 (9th Cir. 2002), mandates that the ALJ "cit[e] the reasons why the
15 [claimant's] testimony is unpersuasive." Orn, 495 F.3d at 635
16 (citation and internal quotation marks omitted). "'General
17 findings are insufficient; rather, the ALJ must identify what
18 testimony is not credible and what evidence undermines the
19 claimant's complaints.'" Jimenez v. Astrue, 2009 WL 2589780, at * 3
20 (C.D.Cal. Aug. 21, 2009) (quoting Reddick, 157 F.3d at 722) (other
21 citation omitted); see also Smolen, 80 F.3d at 1284 ("The ALJ must
22 state specifically which symptom testimony is not credible and what
23 facts in the record lead to that conclusion.")

24 To illustrate, the Ninth Circuit in Vasquez held that the ALJ
25 did not satisfy the clear and convincing standard because she "made
26 no specific findings in support of her conclusion that Vasquez's
27 claims were not credible, other than the vague allegation that they
28 were 'not consistent with the objective medical evidence.'"

1 Vasquez, 572 F.3d at 592 (footnote omitted). As Vasquez clearly
2 shows, an ALJ's "credibility determination" must be based upon
3 "findings sufficiently specific to permit the court to conclude
4 that the ALJ did not arbitrarily discredit claimant's testimony."
5 Tommasetti, 533 F.3d at 1039 (citation and internal quotation marks
6 omitted).

7 The Ninth Circuit has identified a number of legitimate
8 factors an ALJ can employ in weighing a claimant's credibility as
9 to symptoms. Those factors "includ[e] (1) ordinary techniques of
10 credibility evaluation, such as the claimant's reputation for
11 lying, prior inconsistent statements concerning the symptoms, and
12 other testimony by the claimant that appears less than candid; (2)
13 unexplained or inadequately explained failure to seek treatment or
14 to follow a prescribed course of treatment; and (3) the claimant's
15 daily activities." Id. (citations and internal quotation marks
16 omitted). "[T]he ALJ *must* also consider the factors set out in SSR
17 88-13[,]" which "include the claimant's work record and
18 observations of treating and examining physicians and other third
19 parties regarding, among other matters, the nature, onset,
20 duration, and frequency of the claimant's symptom; precipitating
21 and aggravating factors; functional restrictions caused by the
22 symptoms; and the claimant's daily activities." Smolen, 80 F.3d at
23 1284 (citation and footnote omitted) (emphasis added); see
24 generally SSR 96-7P, 61 FR 34483-01; SSR 95-5P, 60 FR 55406-01; SSR
25 88-13.

26 Before considering the legal sufficiency of the ALJ's stated
27 reasons for discrediting plaintiff Santiago's pain allegations, the
28 court is compelled to address the ALJ's initial, broader finding.

1 More particularly, the ALJ found that "the allegations of
2 [plaintiff], with regard to the severity and extent of her pain,
3 are *not entirely credible*." Admin. R. at 29 (emphasis added).
4 This "phrase implies that the ALJ found some of plaintiff's
5 statements credible or that he found some or all of her statements
6 credible to some degree." See Stutter v. Astrue, 2009 WL 2824740,
7 at *5 (E.D.Cal. Sept. 1, 2009) (footnote omitted). Nowhere,
8 however, did the ALJ "specify any statements [by plaintiff] that he
9 found to be not credible, either in whole or in part. See id.
10 The court is thus left to guess exactly what parts of plaintiff's
11 pain allegations the ALJ credited and what he rejected in order to
12 determine her RFC. See id. at *5 n. 3. The ALJ's rejection of
13 plaintiff Santiago's subjective pain allegations is certainly not
14 specific and clear, as this Circuit requires.

15 In the present case, the ALJ identified three specific
16 "facts[,]" discussed below, as justification for partially
17 discounting plaintiff's pain allegations. Admin. R. at 29. The
18 ALJ did not, however, discuss plaintiff's subjective complaint
19 testimony in terms of the Ninth Circuit's two-step analysis
20 outlined earlier. Nevertheless, the court is able to infer that
21 step one is met here. That inference arises from "the ALJ's
22 finding (at step two of the sequential evaluation process) that
23 Plaintiff suffered from a medically determinable impairment[.]"
24 See Coleman v. Astrue, 2009 WL 2424676, at * 8 (N.D.Cal. Aug. 7,
25 2009). That step two finding "leads the Court to infer that the
26 ALJ concluded that Plaintiff had presented medical evidence that
27 [s]he suffered an underlying impairment that might cause the kinds
28 of symptoms about which Plaintiff testified." See id.; see also

1 Cisneros, 2008 WL 2977459, at *6 (citing Smolen, 80 F.3d at 1282)
2 (“[I]mplicit in the ALJ’s acceptance of plaintiff’s allegations
3 regarding her symptoms and limitations . . . , is a determination
4 that plaintiff’s underlying impairments could reasonably produce
5 some degree of the symptom alleged by plaintiff.”) Indeed,
6 evidently the parties have come to the same conclusion as they
7 agree that the first step in analyzing plaintiff’s credibility is
8 satisfied here. See Cross-Mot. Memo. (doc. 27) at 8-9; Reply (doc.
9 33) at 9:23-28.

10 Given that implicit finding, and because he did not cite to
11 any evidence of malingering,⁸ the issue becomes whether the ALJ
12 provided “specific, clear and convincing reasons” for his adverse
13 credibility finding as to plaintiff Santiago. See Vasquez, 572
14 F.3d at 591 (citation and internal quotation marks omitted).
15 “[G]iven the nature of fibromyalgia, . . . subjective pain
16 complaints play an important role in the diagnosis and treatment of
17 the condition[.]’” See Hardt v. Astrue, 2008 WL 349003, at *4
18 (D.Ariz. Feb. 6, 2008) (quoting Rogers, 486 F.3d at 248). Thus,
19 “‘providing justification for discounting a claimant’s statements
20 [of subjective pain] is particularly important[.]’” where, as here,
21 a claimant has been diagnosed with fibromyalgia. See id. (quoting
22 Rogers, 486 F.3d at 248).

23 In the present case, the ALJ offered three specific “facts” as
24 the basis for discounting plaintiff’s pain testimony: (1) lack of
25 “obvious pain behavior[;]” (2) lack of ongoing treatment for pain;
26

27 ⁸ The ALJ did not make any specific finding of malingering by plaintiff;
28 perhaps that is because there is no record evidence suggesting that she was doing
so.

1 and (3) her ability to perform certain activities of daily living.
2 Admin. R. at 29 (citation omitted). The court will address each in
3 turn to decide whether individually or collectively they meet the
4 clear and convincing standard for discrediting plaintiff's
5 subjective pain testimony.

6 **1. Lack of "Obvious Pain Behavior"**

7 In discrediting plaintiff's pain allegations, the ALJ relied
8 upon Dr. Watkins "indicat[ion] during his evaluation that no obvious
9 pain behavior was noted[.]" Admin. R. at 29 (citing [Admin. R. at
10 187]). It is possible, as does the plaintiff, to construe this
11 aspect of the ALJ's decision as discrediting her testimony "because
12 it is not substantiated affirmatively by objective medical
13 evidence." See Robbins, 466 F.3d at 883 (citations omitted). That
14 is an impermissible basis for discrediting plaintiff's testimony,
15 however. See id.; see also Shehan v. Astrue, 2009 WL 2524573, at *2
16 (C.D.Cal. 2009) (citing, *inter alia*, Lingenfelter, 504 F.3d at
17 1035-36) ("[O]nce a claimant has presented medical evidence of an
18 underlying impairment, the ALJ may not discredit the claimant's
19 testimony regarding subjective pain and other symptoms merely
20 because the symptoms, as opposed to the impairments, are unsupported
21 by objective medical evidence.") That is especially so where, as
22 here, the ALJ "effectively requir[ed] objective evidence for a
23 disease that eludes such measurement[]" - namely, fibromyalgia. See
24 Benecke, 379 F.3d at 594 (citation and internal quotation marks
25 omitted). Indeed, the Ninth Circuit in Benecke held that the ALJ
26 erred by imposing that requirement on a claimant with fibromyalgia,
27 pointedly noting that "[s]heer disbelief is no substitute for
28 substantial evidence." Id.

1 There is another equally compelling reason why the ALJ's cite
2 to Dr. Watkin's isolated comment is not an adequate basis for
3 discrediting plaintiff's credibility. Dr. Watkins has a Ph.D. in
4 psychology. PSOF (doc. 17) at 9, ¶ 17:13-14. He is not a medical
5 doctor. Consistent with his area of specialization, and as his
6 report and follow-up documentation for the state of Arizona show,
7 Dr. Watkins was evaluating "[p]laintiff's *mental* functioning[,]" as
8 opposed to her physical symptoms. See PSOF (doc. 17) at 9, ¶ 27
9 (emphasis added); and DSOF (doc. 26) at 8, ¶ 20; and AR at 187-196.
10 Understandably then, Dr. Watkins did not conduct a physical
11 examination of plaintiff. Thus, Dr. Watkin's passing observation as
12 to plaintiff's lack of "obvious pain behavior" at his one-time
13 evaluation of her "mental functioning" is not a specific, clear and
14 convincing reason for rejecting plaintiff's subjective complaints of
15 pain.

16 **2. Pain Treatment**

17 The second reason the ALJ proffered for discounting plaintiff's
18 pain testimony is that she was "not currently involved in any
19 ongoing modality for chronic pain, such as epidural injections,
20 biofeedback, acupuncture, or the use of a TENS [transcutaneous
21 electrical nerve stimulation] unit." Admin. R. at 29. In a similar
22 vein, the ALJ mentioned plaintiff's "self-discharge[] from physical
23 therapy after five visits[.]" Id. (citation omitted). From the
24 ALJ's perspective, "if [plaintiff] had pain at the level alleged,
25 she would be seeking some method of pain relief."⁹ Id. The ALJ

26

27 ⁹ At this point, the ALJ did not specify the level of pain which
28 plaintiff allegedly had. Evidently the ALJ was referring to his earlier summation
of plaintiff's testimony where he noted that plaintiff "stated that she has
constant pain in her whole body, including pain throughout her spine." Admin. R.

1 made this last observation despite his awareness that plaintiff was
2 "taking prescribed pain medications, and "ha[d] undergone some
3 manipulative therapy[.]" Id. Thus, as the court construes the
4 ALJ's decision, he rejected plaintiff's pain testimony because in
5 his view her treatment was conservative¹⁰, consisting primarily of
6 pain medication.

7 Dr. Doust, with The Pain Center of Arizona, recounts that
8 plaintiff "tried numerous medications to address her fibromyalgia
9 including Vicodin, Percocet, Robaxin, tramadol, Flexeril, Neurontin,
10 numerous non steroidal anti[-]inflammatory drugs and other muscle
11 relaxants with little to no change in her pain symptoms." Id. at
12 368. Additionally, Dr. Doust prescribed OxyContin. Id. at 369.
13 The record corroborates plaintiff's ongoing management of her pain
14 with medication, as Dr. Doust noted. See, e.g., id. at 253; 276;
15 278; 281; 366; and 368-69. The record also shows that to alleviate
16 her pain plaintiff "tried physical therapy and osteopathic
17 manipulation which helped temporarily." Id. at 368; see also id. at
18 374-375.

19 Despite the foregoing, when reporting to Dr. Doust, plaintiff
20 uniformly rated her pain level as ten on a scale of one to ten. Id.
21 at 340; 366; 370; and 373. During her visits to Dr. Doust plaintiff
22 further reported that her pain had "been occurring more
23 frequently[,]" with "[t]ypical episodes . . . longer than before."

24
25 _____
at 25.

26 ¹⁰ "The Ninth Circuit has characterized 'conservative treatment' as, for
27 example, 'treat[ment] with an over-the-counter pain medication[,]' Parra v. Astrue,
28 481 F.3d 472, 751 (9th Cir. 2007), or a physician's failure 'to prescribe . . . any
serious medical treatment for [a claimant's] supposedly excruciating pain.'" Huerta
v. Astrue, 2009 WL 2241797, at *4 n.2 (C.D.Cal. July 22, 2009) (quoting Meanel v.
Apfel, 172 F.3d 1111, 1114 (9th Cir. 1999)).

1 Id. 370 and 373. Viewing the record as a whole shows that plaintiff
2 was in continuous treatment for her pain for at least two years with
3 her primary treating physician. See id. at 260-305. During that
4 time, on several occasions plaintiff also consulted a rheumatologist
5 and a pain specialist about her pain. Id. at 240-259; and at 339-
6 342; and at 366-375. Plaintiff's pain symptoms were never
7 completely alleviated however, and, at best, she would have
8 temporary moments with some reprieve from pain. As Dr. Doust
9 described it, plaintiff reported that her "pain is constant,
10 increasing with activity and improving somewhat with rest and her
11 current medications" which included OxyContin and Percocet. Id. at
12 3642 and 369

13 "Failure to seek relief from pain is probative of credibility
14 because 'a person's normal reaction is to seek relief from pain, and
15 because modern medicine is often successful in providing some
16 relief.'" O'Neil, 2009 WL 1444437, at *8 (quoting Orn, 495 F.3d at
17 638) (other citation omitted). Hence, when a "claimant complains
18 about disabling pain but fails to seek treatment, or fails to follow
19 prescribed treatment for the pain, an ALJ may use such failure as a
20 basis for finding the complaint unjustified or exaggerated." Orn,
21 495 F.3d at 638 (citation omitted). Additionally, "a conservative
22 course of treatment can undermine allegations of debilitating pain,"
23 but that "fact is not a proper basis for rejecting the claimant's
24 credibility where the claimant has a good reason for not seeking
25 more aggressive treatment." Carmickle, 533 F.3d at 1162 (citation
26 omitted).

27 Plaintiff claims that the ALJ improperly discredited her pain
28 testimony because she was not receiving pain treatment with any of

1 the modalities which the ALJ identified. The court agrees although
2 for different reasons than plaintiff advances.¹¹

3 When plaintiff's treatment is assessed in the context of
4 fibromyalgia, which the ALJ did not do, it is apparent that although

6 ¹¹ Plaintiff asserts that the ALJ's finding as to her lack of current pain
7 treatment "is not supported in law or fact." Mot. (doc. 18) at 12:4. Somewhat
8 ironically, the same could be said of plaintiff's arguments on that point. The
9 parts of the administrative record to which plaintiff cites do not support the
10 broad assertions in her motion.

11 To illustrate, plaintiff explicitly states that on the hearing date, April
12 10, 2006, she was "in active treatment with the Pain Center of AZ and was receiving
13 narcotic pain medications of Oxycontin and Percocet[.]" Id. at 12:9-11 (citing AR
14 at 366) (emphasis added). The cited page and, indeed, the other Pain Center
15 records, belie this assertion. Page 366 relates solely to plaintiff's December 5,
16 2005, visit to the Pain Center - a visit which preceded the hearing date by four
17 months. See Admin. R. at 366. Thus, despite plaintiff's urging, it cannot be
18 said, based upon page 366 of the record, that at the time of the hearing, April 10,
19 2006, she was in "active treatment" at the Pain Center of Arizona. In terms of a
20 time frame, based upon the Pain Center documentation in the record, the most that
21 can be said is that the last of plaintiff's four office visits was February 3, 2006
22 - two months prior to her hearing. See id. at 373-375. Plaintiff mischaracterizes
23 the record in other ways, but the foregoing sufficiently makes the point.

24 Besides factual mischaracterizations, plaintiff's reliance upon Sarchet v.
25 Chater, 78 F.3d 305, 307 (7th Cir. 1996), is misplaced. Citing to Sarchet, plaintiff
26 claims that because "[t]he modalities referenced by the ALJ (e.g., epidural
27 injections) are not widely prescribed for Fibromyalgia[,] . . . , the absence of
28 such treatment is not relevant[.]" Mot. (doc. 18) at 12:12-14. There is no mention
in Sarchet, however, of any of "the modalities" referenced by the ALJ, let alone
support for the view that such modalities "are not widely prescribed for
Fibromyalgia[.]" See id. The foregoing demonstrates the lack of relevant legal
support for plaintiff's position.

Additionally, plaintiff improperly attempts to offer *post hoc* rationalization
for the treatment she underwent, by questioning the efficacy of a TENS unit for
treating fibromyalgia - one of the ALJ's suggested treatment modalities. To support
this argument, plaintiff cites to a Mayo Clinic website. Reply (doc. 35) at 11-12
(citing <http://www.mayoclinic.com/health/tens/AN01946>). She also cites to that
website to show that "medication," which plaintiff did receive, "is the most widely
used treatment for Fibromyalgia." Id. at 11 (citing
[http://www.mayoclinic.com/health/Fibromyalgia/DS00079/DSECTION=treatments-and-](http://www.mayoclinic.com/health/Fibromyalgia/DS00079/DSECTION=treatments-and-drugs)
drugs). In accordance with the Commissioner's Rule 96-7p, the foregoing may be
"other information . . . , that may explain" plaintiff's "failure to seek medical
treatment[]" of the type which the ALJ mentioned. See SSR 96-7p, 1996 WL 374186,
at *7. Significantly, the court cannot resort to that "other information" from the
Mayo Clinic website, however, because it is not "in the case record[.]" See id.
These websites, upon which plaintiff relies for the first time in her Reply, are an
impermissible expansion of the record which the court may not consider. See Liaga
v. Astrue, 2009 WL 2355762, at *1 (C.D.Cal. July 20, 2009) (citing, *inter alia*, 42
U.S.C. § 405(g)) ("[T]he court lacks jurisdiction to reverse the Commissioner's
decision based on evidence that is not part of the administrative record."); see
also Jones v. Callahan, 122 F.3d 1148, 1154 (8th Cir. 1997) ("Section 405(g)
generally precludes consideration on review of evidence outside the record before
the Commissioner during the administrative proceedings.")

1 she was not undergoing any of the treatments listed by the ALJ, that
2 is not a valid reason for discounting her pain allegations. As
3 noted earlier, as the court reads the ALJ's decision, he rejected
4 plaintiff's subject pain complaint in part because she followed a
5 conservative treatment approach for her fibromyalgia. That it is
6 not a clear and convincing reason for discrediting plaintiff's pain
7 allegations.

8 In Cota, as here, "[t]he ALJ characterized Plaintiff's
9 treatment as conservative, consisting of only medications, and as
10 inconsistent with the type of treatment one would expect for a
11 totally disabled individual." Cota, 2009 WL 900315, at *8.
12 Explaining that "the adequacy of the ALJ's reasoning must be
13 assessed in the context of . . . fibromyalgia[,]" the court soundly
14 reasoned that "given the nature of fibromyalgia and the absence of
15 any cure for the disease, it is difficult to imagine what treatment,
16 if any, that is less conservative and that Plaintiff neglected to
17 seek or undertake." Id. at *9. The court thus found that the
18 "ALJ's reasoning in th[at] regard was not clear and convincing."
19 Id.

20 The ALJ in Olquin v. Astrue, 2009 WL 4641728 (C.D.Cal. Dec. 2,
21 2009), similarly "question[ed] Plaintiff's credibility because she
22 never received more than conservative treatment and no treating or
23 examining source recommended surgery." Id. at *11. The court found
24 those to be "legally inadequate reasons to find Plaintiff not
25 credible[]" with respect to her fibromyalgia induced pain. Id. As
26 did the Cota court, in Olquin the court emphasized the lack of a
27 "cure or known surgical treatment[]" for fibromyalgia. Id. The
28 court also found persuasive the fact that "[t]reating sources . . .

1 made clear that conservative treatment had not been effective." Id.
2 (citation omitted). Succinctly put, the court found that it was
3 "not Plaintiff's fault [that] there is no accepted, aggressive
4 treatment protocol that could be expected to relieve her pain." Id.
5 Adopting the reasoning of the Cota and Olquin courts, this court,
6 too, finds that on the record as presently constituted plaintiff's
7 "conservative" treatment approach, primarily in the form of pain
8 medications, is not a sufficient reason to reject her pain
9 allegations.

10 There is another flaw in the ALJ's assessment of plaintiff's
11 credibility *vis-a-vis* her medical treatments. Aside from
12 injections, the court is not aware of any record evidence, nor did
13 the ALJ cite to any, showing that the other treatments which he
14 listed, *i.e.*, biofeedback, acupuncture or a TENS unit, were ever
15 suggested, must less prescribed, for plaintiff. In that respect,
16 the present case is similar to Werle. There, the court persuasively
17 explained that "[t]o the extent that the ALJ discounted Plaintiff's
18 credibility because a TENS unit was not prescribed, there is no
19 medical evidence in the record suggesting that such treatment would
20 alleviate Plaintiff's symptoms and/or was appropriate treatment in
21 Plaintiff's case." Werle, 633 F.Supp.2d at 888-89. Thus, the Werle
22 court held that it was "improper for the ALJ to discount Plaintiff's
23 credibility because [her] treating physicians did not provide some
24 other treatment." Id. at 889.

25 For the most part, the same is true here. Apart from
26 injections, there is no record evidence suggesting that the other
27 treatment modalities the ALJ suggested would alleviate plaintiff's
28 pain or was otherwise appropriate treatment for her. This reasoning

1 becomes even more compelling under the particular facts of this case
2 because, as explained above, to date fibromyalgia has alluded the
3 medical community both in terms of a cause and a cure. See Benecke,
4 379 F.3d at 590.

5 Turning briefly to injections as a treatment method, at her
6 first two appointments with Dr. Doust he did "discuss[]" with
7 plaintiff "alternative treatments including . . . trigger point
8 injection-based therapy."¹² Admin. R. at 342 and 369 (footnote
9 added). Dr. Doust noted that plaintiff will "think about" that
10 "option[]," among others. Id. at 342 and 369. Medical records from
11 plaintiff's two subsequent Pain Center visits do not again mention
12 the possibility of any kind of injection therapy, however. Perhaps
13 that is because on a follow-up Pain Center visit Dr. Doust "noted
14 report of moderate stability of [plaintiff's] pain symptomatology[]"
15 on her "current[] . . . analgesic regimen for . . . pain[.]" Id. at
16 372. The fact that plaintiff was contemplating other treatment
17 options does not undermine her credibility, particularly where her
18 treating pain specialist did not again broach the subject of any
19 kind of injection therapy. On this record, the court is left to
20 conclude that the ALJ did not meet the demanding specific clear and
21 convincing standard when he discredited plaintiff's pain allegations
22 because she did not employ certain treatment modalities such as
23 biofeedback and acupuncture.

24 Plaintiff also takes issue with the ALJ's finding that she
25 "self-discharged from physical therapy after five visits" as a basis
26

27 ¹² For the sake of argument, the court is equating epidural and trigger
28 point injections, even though there may well be a medically significant
distinction.

1 for discrediting her pain testimony. See Admin. R. at 29 (citing
2 [Admin. R. at 343]). Plaintiff contends that that "self-discharge"
3 was "medical[ly] justifi[ed][,]" and thus does not support the ALJ's
4 adverse credibility finding. Reply (doc. 35) at 12:4-5 (citations
5 omitted). More specifically, plaintiff explains that she was "five
6 months pregnant[]" at the time, and "was concerned that physical
7 therapy would be harmful to her baby." Mot. (doc. 18) at 12:25-26.
8 Plaintiff also supposedly "reported this to the physical therapist
9 and followed up with her primary care physician, who prescribed
10 narcotic pain medications[.]" Id. at 12:27-13:1 (citing Admin. R. at
11 344).

12 Although somewhat persuasive on its face, close examination of
13 the record shows the weaknesses in plaintiff's position. First, the
14 "discharge summary" to which the ALJ cites does not give any
15 indication as to why, when she was contacted on April 20, 2004,
16 plaintiff advised that she was "not returning" to physical therapy,
17 much less mention her pregnancy and her supposed concerns about harm
18 to the baby. See Admin. R. at 343. Therefore if, as plaintiff
19 contends, she did not return to physical therapy because she was
20 pregnant, the ALJ would have no way of ascertaining that fact from
21 the particular discharge summary. Indeed, none of plaintiff's
22 physical therapy records from NovaCare Rehabilitation offer any
23 explanation as to why she did not return for more physical therapy.
24 See id. at 344-365. Second, although the parts of the record to
25 which plaintiff cites confirm that she was roughly five months
26 pregnant in April 2004, when she "self-discharged" from physical
27 therapy, see id. at 343, the cited records do not explain the reason
28 for her discharge. See id. at 151-153. Perhaps that is because

1 those records are from an unrelated July 2004 emergency room
2 hospitalization. Id. at 151. Thus, in contrast to plaintiff's
3 approach to treatment, her self-discharge from physical therapy
4 after five visits is a specific, clear and convincing reason for
5 discrediting her pain allegations.

6 **3. Activities of Daily Living**

7 "The Social Security Act does not require that claimants be
8 utterly incapacitated to be eligible for benefits and many home
9 activities are not easily transferrable to what may be the more
10 grueling environment of the workplace.'" O'Neil, 2009 WL 1444437, at
11 * 5 (quoting Fair v. Bowen, 885 F.2d 597, 603 (9th Cir. 1989)).
12 Accordingly, the Ninth Circuit has "repeatedly asserted that the
13 mere fact that a plaintiff has carried on certain daily activities,
14 such as grocery shopping, driving a car, or limited walking for
15 exercise, does not in any way detract from her credibility as to her
16 overall disability." Vertigan v. Halter, 260 F.3d 1044, 1050 (9th
17 Cir. 2001). Put differently, "an ALJ may not reject a claimant's
18 testimony simply because she engages in minimal daily activities
19 despite her impairments." Jimenez, 2009 WL 2589780, at *4
20 (citations omitted). That is so because, as the Ninth Circuit has
21 so picturesquely stated, "[d]isability does not mean that a
22 claimant must vegetate in a dark room excluded from all forms of
23 human and social activity.'" Bui v. Astrue, 2009 WL 2629491, at *5
24 (D.Or. Aug. 25, 2009) (quoting Cooper v. Bowen, 815 F.2d 556, 561
25 (9th Cir. 1987)) (other citation omitted).

26 Rather, "[i]t is only where the level of activity is
27 inconsistent with a claimed limitation that the activity has any
28 bearing on credibility." Id. (citing Reddick, 157 F.3d at 722).

1 Daily activities, therefore "may be grounds for an adverse
2 credibility finding if a claimant is able to spend a substantial
3 part of h[er] day engaged in pursuits involving the performance of
4 physical functions that are transferable to a work setting." Orn,
5 495 F.3d at 639 (citations and internal quotation marks omitted)
6 (emphasis omitted by Orn Court). "[T]o conclude that a claimant's
7 daily activities warrant an adverse credibility determination[,]"
8 however, "[t]he ALJ *must make specific findings* relating to [the
9 daily] activities *and* their transferability[.]" Id. (citation and
10 internal quotation marks omitted) (emphasis added).

11 The ALJ did neither here. Plaintiff's "ability to take care of
12 her small children *suggest[ed]*" to the ALJ that she "is not as
13 disabled by her pain as she . . . allege[s][.]" Admin. R. at 29
14 (emphasis added). The ALJ did not elaborate at all. Instead, he
15 merely noted that plaintiff "reported to Dr. Watkins that she takes
16 care of her children and does light housework[.]" Id. (citing [AR at
17 189]). Plainly, the ALJ's findings regarding plaintiff's daily
18 activities were minimal and his transferability analysis non-
19 existent. Thus, the court agrees with plaintiff that the foregoing
20 is not sufficient justification for the ALJ's adverse credibility
21 finding.

22 In discrediting plaintiff's pain allegations based upon her
23 ability to care for her small children, the ALJ mischaracterized the
24 record. To support that view, the ALJ cited to page three of Dr.
25 Watkins' evaluation. Admin. R. at 29 (citing [Admin. R. at 189]).
26 Dr. Watkins did note that plaintiff "does the childcare[,]" but the
27 ALJ disregarded the doctor's further notation that plaintiff's
28 "boyfriend and her older children help[] with the housework." Id.

1 at 189-90. That additional notation is consistent with plaintiff's
2 description of her daily activities in her "Function Report[,]"
3 which the ALJ also disregarded. In that Report, when asked *inter*
4 *alia*, whether she has "help" in caring for "other people[,]"
5 plaintiff wrote that "[s]ometimes [her] my older kids help out with
6 housework (chores) and they also help w[ith] younger sibilings
7 [sic]" in terms of homework and babysitting. Id. at 108.
8 Plaintiff's hearing testimony corroborates this Report in that she
9 testified that her son, who was 19 years old at the time and was not
10 in school, "help[ed] [her] at home[,]" such as with meal
11 preparation. Id. at 417; at 111. Thus, the ALJ's apparent
12 assumption that plaintiff takes care of her children and does light
13 housework with no assistance, is not based upon substantial evidence
14 in the record. Indeed, as just shown, the record evidence is to the
15 contrary.

16 Even if the record did support the ALJ's perception that
17 plaintiff cared for her children and did light housework on her own,
18 that would not be "inherently inconsistent with her complaints of
19 pain." See Jimenez, 2009 WL 2589780, at *4 (citation omitted). The
20 Ninth Circuit has repeatedly recognized that "an ALJ may not reject
21 a claimant's testimony simply because she engages in minimal daily
22 activities despite her impairments." Id. (citations omitted).
23 Thus, as in Jimenez, "[p]laintiff's ability to perform some
24 household chores" and care for her children with assistance is not a
25 sufficient basis for rejecting her allegations of pain. See id.

26 Further, rather than "consider[ing] the totality of the
27 evidence bearing on [plaintiff's] ability to perform" housework and
28 care for her children, as the ALJ was required to do, see O'Neil,

1 2009 WL 1444437, at *6 (citing Redick, 157 F.3d at 722), the ALJ
2 selectively read from the record and relied upon one isolated
3 partial comment from the State's examining psychologist who saw the
4 plaintiff once. The ALJ did not take into account, for example,
5 record evidence as to "how pain affected [plaintiff's] abilities to"
6 care for her children and do housework. See id. The ALJ
7 conveniently overlooked plaintiff's "Function Report" explaining
8 that her ability to care for her children and to do housework
9 depends upon her level of pain. If plaintiff "feels up to[] it[,] "
10 she "do[es] [her] housework[.]" Admin. R. at 107. Otherwise, she
11 "wait[s] for help" from the "oldest children" when they return from
12 school. Id.

13 Reviewing the record as a whole demonstrates that plaintiff's
14 daily activities were relatively limited and carried out with a fair
15 amount of difficulty due to pain. Thus, the totality of the
16 evidence as to plaintiff's activity level, does "not seem to be
17 enough to conclude that [she] could work a full time job," or that
18 her pain allegations are false. See Valdez v. Astrue, 2008 WL
19 4814913, at *4 (C.D.Cal. Oct. 30, 2008); see also Jimenez, 2009 WL
20 2589780, at *4 ("Plaintiff's ability to perform some household
21 chores was not sufficient to support . . . rejecti[ng] . . .
22 Plaintiff's pain testimony.")

23 Not only that, but the ALJ did not, as he must, "evaluate the
24 claimant's ability to work on a *sustained basis*." See Cota, 2009 WL
25 900315, at *8 n.5 (citations and internal quotation marks omitted)
26 (emphasis added). "The process involves an assessment of physical
27 abilities and then of the nature and extent of physical limitations
28 with respect to the ability to engage in work activity on a regular

1 and continuing basis." Id. (citing 20 C.F.R. § 404.154(b)). "A
2 regular and continuing basis means eight hours a day, five days a
3 week, or an equivalent work schedule." Id. (citing S.S.R. 96-8p at
4 1, 2). The ALJ did mention that plaintiff "naps for one to two
5 hours twice a day[.]" Admin. R. at 25. Significantly, though, the
6 ALJ did not consider how plaintiff's fatigue would impact her
7 ability to perform in "the more grueling environment of the
8 workplace." See Fair, 885 F.2d at 603. It is difficult, if not
9 impossible to conceive of how napping for between one and two hours
10 a day, twice daily, is compatible with working on a "sustained
11 basis." See Cota, 2009 WL 900315, at *8 n.5 (citing, *inter alia*, 20
12 C.F.R. § 404.1512(a)) (other citations and internal quotation marks
13 omitted).

14 Perhaps the most critical defect, however, is the ALJ's failure
15 to consider whether plaintiff's daily activities "meet the threshold
16 for transferable work skills[.]" See Orn, 495 F.3d at 693 (citation
17 omitted). Conspicuously absent from the ALJ's decision is any
18 mention as to how plaintiff's limited daily activities, such as
19 childcare and light housework, are transferrable to a work setting.
20 Admittedly the record shows that plaintiff could do more than
21 plaintiff Orn, who could only read, watch television and color in
22 coloring books. But here, as in Orn, the ALJ did not make "specific
23 findings relating to [the daily] activities and their
24 transferability[.]" See Orn, 495 F.3d at 639 (citation and internal
25 quotation marks omitted). The ALJ did not explain how plaintiff's
26 relatively limited daily activities "established that [she] could
27 work." See Hamblin v. Astrue, 2009 WL 113858, at *5 (C.D.Cal. Jan.
28 14, 2009). This court may not "guess[;] [t]he ALJ must explain with

1 particularity which activity he is referring to *and how* it is
2 inconsistent with Plaintiff's claims of severe pain." See id.
3 (emphasis added). Without that explanation, the court has no choice
4 but to reject the ALJ's reliance upon plaintiff's daily activities
5 as a basis for negating her pain testimony. The ALJ's decision to
6 discredit plaintiff based upon her limited daily activities was not
7 sufficiently specific nor sufficiently clear and convincing.

8 In sum, three of the reasons for the ALJ's adverse
9 credibility finding do not satisfy the demanding specific, clear and
10 convincing standard. One of the ALJ's articulated reasons does
11 satisfy that standard though - plaintiff's self-discharge from
12 physical therapy. The court's focus thus necessarily shifts to
13 whether the ALJ's negative credibility finding can stand based upon
14 that single legally sufficient reason. Put differently, was it
15 harmless error for the ALJ to rely upon three legally improper
16 reasons to support his adverse credibility finding. See Carmickle
17 v. Comm'r, Soc. Sec. Admin., 533 F.3d 1155, 1162 (9th Cir. 2008)
18 (engaging in harmless error analysis where "two of the ALJ's [four]
19 reasons supporting his adverse credibility finding [were] invalid").

20 An ALJ's err is harmless "[s]o long as there remains
21 substantial evidence supporting the ALJ's conclusions on credibility
22 and the error does not negate the validity of the ALJ's ultimate
23 [credibility] conclusion[.]" Id. (citations and internal quotation
24 marks omitted). "[T]he relevant inquiry . . . is not whether the
25 ALJ would have made a different decision absent any error," but
26 "whether the ALJ's decision remains legally valid, despite such
27 error." Id. The ALJ's adverse credibility finding here does not
28 satisfy that standard. The only valid reason supporting that

1 finding is plaintiff's self-discharge from physical therapy after
2 five appointments. That reason alone does not rise to the level of
3 substantial evidence to support the ALJ's finding that plaintiff's
4 allegations "with regard to the severity and extent of her pain[]
5 are not entirely credible." See Admin. R. at 29. Thus at the end
6 of the day, the court is left to conclude that the ALJ did not
7 provide the requisite specific, clear and convincing reasons for
8 rejecting plaintiff's pain allegations.

9 **VI. Remand**

10 At this juncture, the court has found two fundamental errors in
11 the ALJ's decision. The first is his failure to properly weigh and
12 evaluate the medical opinion evidence. The most glaring deficiency
13 is the ALJ's failure to provide specific and legitimate reasons
14 supported by substantial evidence in the record for rejecting the
15 opinions of plaintiff's primary treating physician, Dr.
16 Christianson. The second error is that the ALJ's reasons for
17 discrediting plaintiff's pain allegations were not specific, clear
18 and convincing.

19 In light of these errors, the issue becomes the scope and
20 nature of the remand here. In turn, that remand issue implicates
21 what the Ninth Circuit refers to as the "credit-as-true" rule. That
22 rule, compels the Commissioner to "accept, as a matter of law, a
23 claimant's subjective pain testimony if the ALJ fails to articulate
24 sufficient reasons for refusing to credit it." Vasquez, 572 F.3d at
25 593 (citation omitted). The credit-as-true rule has the same effect
26 when an ALJ fails to properly evaluate medical opinion evidence.
27 See Lester, 81 F.3d at 834 (citations and internal quotation marks
28 omitted) (emphasis added) ("Where the Commissioner fails to provide

1 adequate reasons for rejecting the opinion of a treating or
2 examining physician, we *credit* that opinion as a *matter of law*.”)

3 In the present case, plaintiff contends that the court should
4 apply the credit-as-true rule to both her subjective pain
5 allegations and to the opinions of her primary treating physician.
6 When that is done, plaintiff Santiago asserts that remand for an
7 immediate award of benefits is warranted. Wholly disregarding the
8 credit-as-true rule, the Commissioner is taking the position that if
9 the court finds that the ALJ erred in any respect, remand for
10 further proceedings - not for payment of benefits - is the proper
11 remedy.

12 Generally, the Ninth Circuit “credit[s] evidence and remand[s]
13 for an award of benefits where (1) the ALJ has failed to provide
14 legally sufficient reasons for rejecting such evidence, (2) there
15 are no outstanding issues that must be resolved before a
16 determination of disability can be made, and (3) it is clear from
17 the record that the ALJ would be required to find the claimant
18 disabled were such evidence credited.” Smolen, 80 F.3d at 1292.
19 Despite the strong suggestion in Lester and other cases that that
20 application of the credit-as-true rule is mandatory, in Connett v.
21 Barnhart, 340 F.3d 871 (9th Cir. 2003), the Court concluded that
22 “[i]nstead of being a mandatory rule, [a court] ha[s] some
23 flexibility in applying the ‘credit as true’ theory[.]” Id. at 876.
24 Adopting that flexible approach, in Connett the Ninth Circuit held
25 that remand for further proceeding was appropriate because there
26 were “insufficient findings as to whether [the claimant’s] testimony
27 should be credited as true.” Id. “These and other Ninth Circuit
28 decisions have created what the dissent in Vasquez described as a

1 "morass" in this Circuit's "crediting-as-true jurisprudence."
2 Crismore v. Astrue, 2009 WL 3712593, at *7 (quoting Vasquez, 572
3 F.3d [at 605]).

4 The Vasquez Court avoided resolving the "split in authority"
5 which has "developed [in this Circuit] over whether the [credit-as-
6 true] rule is mandatory or discretionary." Vasquez, 572 F.3d at 593
7 (citing cases). The Vasquez Court was able to sidestep that issue
8 because there were "outstanding issues that [had to] be resolved
9 before a proper disability determination c[ould] be made." Id. at
10 593 (footnote and citations omitted). Nonetheless, on remand the
11 Court "instructed" the ALJ to "credit[] Vasquez's symptom pain
12 testimony and tak[e] into account the evidence of her mental
13 impairment[.]" Id. at 598. After that, the Ninth Circuit further
14 instructed the ALJ to "make a determination as to Vasquez's residual
15 functioning capacity and [her] entitl[ement] to benefits in the
16 first instance." Id.

17 The court has scrutinized the entire record in this case; read
18 and reread the ALJ's opinion; and carefully considered the parties'
19 arguments, even when they missed the mark due to lack of legal
20 support or mischaracterization of the record. The court is also
21 mindful of the credit-as-true rule. After careful consideration,
22 the court finds that it is necessary to remand this matter for
23 further proceedings. On remand, however, the ALJ will not be
24 required to credit-as-true plaintiff's pain allegations or the
25 opinions of her primary treating physician.

26 Several reasons compel this result. In the first place, it is
27 not "clear from the record that the ALJ would be required to find
28 [plaintiff] disabled were such evidence credited." See Smolen, 80

1 F.3d at 1292 (citation omitted). Moreover, insofar as the medical
2 evidence is concerned, "[t]he ALJ is in a better position than this
3 Court to evaluate" that evidence in the first instance. See
4 Crismore, 2009 WL 3712593, at *7. "As the Ninth Circuit explained
5 when reaching a similar assessment in McAllister, "[t]here may be
6 evidence in the record to which the [Commissioner] can point to
7 provide the requisite specific and legitimate [or clear and
8 convincing] reasons for disregarding the testimony of [the
9 claimant's] treating physician. Then again, there may not be. In
10 any event, the [Commissioner] is in a better position than this
11 court to perform this task." Id. (quoting McAllister v. Sullivan,
12 888 F.2d 599, 603 (9th Cir. 1989)) and citing Anderson v. Barnhart,
13 2004 WL 725373, *10 (N.D.Cal.2004) (remanding for reconsideration
14 where "the ALJ failed to adequately explain his reasons for
15 rejecting [treating physician's] conclusions as to work restrictions
16 and [Claimant's] testimony with respect to the extent and effect of
17 his pain...."); Perry v. Astrue, 2009 WL 435123 (S.D.Cal.2009)
18 (remanding for further proceedings where the ALJ failed to cite
19 sufficient reasons for rejecting the treating physician's opinion)).

20 Similarly, on remand the ALJ must adequately explain his
21 "treatment of" the opinions of Drs. Christianson and Cunningham, and
22 "where the record is unclear, [or incomplete] gather additional
23 information." See Belmont, 2009 WL 2591347, at *20; see also
24 Benecke, 379 F.3d at 593 ("Remand for further administrative
25 proceedings is appropriate if enhancement of the record would be
26 useful.") "Remand is [also] appropriate to allow the ALJ the
27 opportunity to discuss the medical evidence regarding Plaintiff's
28 fibromyalgia in accordance with the proper legal standards." See

1 Ostalaza, 2009 WL 3170089, at *6.

2 In addition, as thoroughly discussed above, only one of the
3 ALJ's stated reasons for discrediting plaintiff's pain allegations
4 is legally sufficient. However, from the court's review of the
5 record it is "unable to ascertain whether the ALJ would still find
6 Plaintiff not credible without relying on the improper reasons
7 addressed" herein. See Green v. Astrue, 2009 WL 310284, at *6
8 (D.Ariz. Feb. 6, 2009).

9 In conclusion, the court finds that the ALJ did not properly
10 weigh and evaluate. And because it is unclear as to whether an
11 award of benefits should result after the ALJ properly considers the
12 evidence and develops the record as necessary, the court will remand
13 this matter for further administrative proceedings and a new hearing
14 decision. Because the court is unable to make a disability
15 determination without further proceedings, it will not decide
16 "whether the remaining issues raised by Plaintiff would
17 independently require reversal." See Shehan, 2009 WL 2524573, at *4
18 n. 2 (citing Bunnell v. Barnhart, 336 F.3d 1112, 1115-16 (9th Cir.
19 2003) (where there are outstanding issues that must be resolved
20 before a determination of disability can be made, and it is not
21 clear from the record that the ALJ would be required to find the
22 claimant disabled if all the evidence were properly evaluated,
23 remand is appropriate).) "The court recommends, however, that all
24 of Plaintiff's arguments be considered when determining the merits
25 of her case on remand[,]" especially her contention that the ALJ
26 "fail[ed] to include [her] significant mental limitations" in his
27 RFC Assessment. See Reply (doc. 33) at 15 (emphasis omitted).

28 For the reasons set forth herein, the court hereby ORDERS that:

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(1) the motion for summary judgment by plaintiff Jennifer L. Santiago (16) is GRANTED with respect to error in the ALJ's disability determination, but DENIED to the extent that she seeks a remand for an award of benefits;

(2) the cross-motion for summary judgment by defendant Michael J. Astrue, Commissioner of Social Security (doc. 24) is DENIED;

(3) the defendant Commissioner's decision denying benefits is VACATED; and

(4) this matter is remanded pursuant to 42 U.S.C. § 405(g) to the defendant Commissioner for further proceedings consistent with this Order.

DATED this 9th day of February, 2010.



Robert C. Broomfield
Senior United States District Judge

Copies to counsel of record