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6 **IN THE UNITED STATES DISTRICT COURT**  
7 **FOR THE DISTRICT OF ARIZONA**  
8

9 Edward Meyer,

10 Plaintiff,

11 v.

12 Carolyn W. Colvin, Acting Commissioner  
13 of Social Security,

14 Defendant.

No. CV-12-01445-PHX-JAT

**ORDER**

15 Plaintiff Edward Meyer appeals the Commissioner of Social Security's (the  
16 "Commissioner") denial of disability benefits. The Court now rules on his appeal. (Doc.  
17 22).

18 **I. BACKGROUND**

19 **A. Procedural Background**

20 On October 30, 2008, Plaintiff, Edward Meyer, filed an application for disability  
21 insurance benefits under Title II of the Social Security Act, alleging a disability onset  
22 date of May 1, 2008. (Tr. at 142). The Commissioner denied benefits on March 26, 2009,  
23 (Tr. at 76), and Plaintiff requested reconsideration, (Tr. at 80). Plaintiff was again denied  
24 on June 12, 2009, (Tr. at 22, 81), and he appealed.

25 On February 10, 2011, Administrative Law Judge ("ALJ") Edward D. Steinman

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28 <sup>1</sup> Carolyn W. Colvin became the Acting Commissioner of Social Security on  
February 14, 2013 and is substituted for Michael J. Astrue as Defendant. Fed.R.Civ.P.  
25(d). For convenience, the Court will refer to the Acting Commissioner as the  
Commissioner.

1 held a hearing on Plaintiff's claim. (Tr. at 34-73). At the hearing, Plaintiff amended his  
2 disability onset date to November 9, 2008. (Tr. at 36). Following the ALJ's unfavorable  
3 decision, (Tr. at 19-29), Plaintiff appealed to the Appeals Council. After the Appeals  
4 Council denied Plaintiff's request for review, (Tr. at 1), Plaintiff filed an appeal with this  
5 Court. (Doc. 1, 22). Plaintiff argues that the ALJ wrongly (1) favored the opinions of  
6 non-treating and non-examining physicians over his treating physician, (2) found  
7 Plaintiff's subjective symptoms to be not credible, (3) assessed Plaintiff's residual  
8 functional capacity, (4) cherry-picked the medical evidence to reach a conclusion of non-  
9 disability, and (5) improperly rejected the opinions of Plaintiff's chiropractor as non-  
10 medical sources. (Doc. 22 at 7-20).

11 **B. Medical Background**

12 The Court will briefly summarize Plaintiff's medical history, which is thoroughly  
13 recounted in the administrative record. Plaintiff's medical records, beginning in October  
14 2005, reflect extensive treatment for low back pain. In 2005, an MRI of Plaintiff's back  
15 showed evidence of multilevel hypertrophic disc desiccation and Schmorl's nodes as well  
16 as multilevel posterior disc bulging with bilateral neural foraminal narrowing. (Tr. at 219-  
17 20). Plaintiff underwent regular treatments with his physician, Dr. Royal Anspach, who  
18 diagnosed Plaintiff in 2007 as having mild to moderate degenerative disc disease L5-S1  
19 without protrusion or associated neural encroachment. (Tr. at 225). Plaintiff also treated  
20 with Dr. Scott Hoffer, a chiropractor, who reported in January 2008 that Plaintiff "has  
21 had an exacerbation of his chronic low back pain which has limited his ability to do  
22 normal daily activities . . ." and that MRIs showed "multi level disc bulging with  
23 flattening of the anterior aspect of the spinal cord from L2 through L5 causing foraminal  
24 encroachment." (Tr. at 393). In June 2008, another of Plaintiff's doctors, Dr. Warren  
25 Rizzo, diagnosed Plaintiff as having osteoarthritis of the hips and lumbosacral spine  
26 degenerative arthritis. (Tr. at 267).

27 Despite undergoing treatments including oral medications, epidurals, medial  
28 branch blocks, and lumbar facet injections, Plaintiff continually reported severe back pain

1 from 2005 to 2008. (Tr. at 267, 277-78). Records from after Plaintiff's alleged onset date  
2 of disability show that Plaintiff continues to suffer back pain. *See, e.g.*, (Tr. at 514). X-  
3 rays from 2009 show Plaintiff suffered multilevel lumbar and lower thoracic degenerative  
4 disc changes, early lower cervical degenerative disc changes, and minimal asymmetric  
5 left hip degenerative joint disease. (Tr. at 296-300). Plaintiff has continued treating with  
6 Dr. Anspach through at least 2011. (Tr. at 522). Dr. Anspach has diagnosed Plaintiff with  
7 chronic lumbar pain, degenerative disc disease, and chronic hip pain with degenerative  
8 arthritis of the hip. (Tr. at 489).

## 9 **II. DISABILITY**

### 10 **A. Definition of Disability**

11 To qualify for disability benefits under the Social Security Act, a claimant must  
12 show, among other things, that he is "under a disability." 42 U.S.C. § 423(a)(1)(E). The  
13 Act defines "disability" as the "inability to engage in any substantial gainful activity by  
14 reason of any medically determinable physical or mental impairment which can be  
15 expected to result in death or which has lasted or can be expected to last for a continuous  
16 period of not less than 12 months." 42 U.S.C. § 423(d)(1)(A). A person is:

17 under a disability only if his physical or mental impairment or  
18 impairments are of such severity that he is not only unable to  
19 do his previous work but cannot, considering his age,  
20 education, and work experience, engage in any other kind of  
substantial gainful work which exists in the national  
economy.

21 42 U.S.C. § 423(d)(2)(A).

### 22 **B. Five-Step Evaluation Process**

23 The Social Security regulations set forth a five-step sequential process for  
24 evaluating disability claims. 20 C.F.R. § 404.1520(a)(4); *see also Reddick v. Chater*, 157  
25 F.3d 715, 721 (9th Cir. 1998). A finding of "not disabled" at any step in the sequential  
26 process will end the inquiry. 20 C.F.R. § 404.1520(a)(4). The claimant bears the burden  
27 of proof at the first four steps, but the burden shifts to the Commissioner at the final step.  
28 *Reddick*, 157 F.3d at 721. The five steps are as follows:

1           1.       First, the ALJ determines whether the claimant is “doing substantial gainful  
2 activity.” 20 C.F.R. § 404.1520(a)(4)(i). If so, the claimant is not disabled.

3           2.       If the claimant is not gainfully employed, the ALJ next determines whether  
4 the claimant has a “severe medically determinable physical or mental impairment.” 20  
5 C.F.R. § 404.1520(a)(4)(ii). To be considered severe, the impairment must “significantly  
6 limit[] [the claimant's] physical or mental ability to do basic work activities.” 20 C.F.R. §  
7 404.1520(c). Basic work activities are the “abilities and aptitudes to do most jobs,” such  
8 as lifting, carrying, reaching, understanding, carrying out and remembering simple  
9 instructions, responding appropriately to co-workers, and dealing with changes in routine.  
10 20 C.F.R. § 404.1521(b). Further, the impairment must either have lasted for “a  
11 continuous period of at least twelve months,” be expected to last for such a period, or be  
12 expected “to result in death.” 20 C.F.R. § 404.1509 (incorporated by reference in 20  
13 C.F.R. § 404.1520(a)(4)(ii)). The “step-two inquiry is a de minimis screening device to  
14 dispose of groundless claims.” *Smolen v. Chater*, 80 F.3d 1273, 1290 (9th Cir. 1996). If  
15 the claimant does not have a severe impairment, then the claimant is not disabled.

16           3.       Having found a severe impairment, the ALJ next determines whether the  
17 impairment “meets or equals” one of the impairments listed in the regulations. 20 C.F.R.  
18 § 404.1520(a)(4)(iii). If so, the claimant is found disabled without further inquiry. If not,  
19 before proceeding to the next step, the ALJ will make a finding regarding the claimant's  
20 “residual functional capacity based on all the relevant medical and other evidence in [the]  
21 case record.” 20 C.F.R. § 404.1520(e). A claimant's “residual functional capacity” is the  
22 most he can still do despite all his impairments, including those that are not severe, and  
23 any related symptoms. 20 C.F.R. § 404.1545(a)(1).

24           4.       At step four, the ALJ determines whether, despite the impairments, the  
25 claimant can still perform “past relevant work.” 20 C.F.R. § 404.1520(a)(4)(iv). To make  
26 this determination, the ALJ compares its “residual functional capacity assessment . . .  
27 with the physical and mental demands of [the claimant's] past relevant work.” 20 C.F.R.  
28 § 404.1520(f). If the claimant can still perform the kind of work he previously did, the

1 claimant is not disabled. Otherwise, the ALJ proceeds to the final step.

2 5. At the final step, the ALJ determines whether the claimant “can make an  
3 adjustment to other work” that exists in the national economy. 20 C.F.R. §  
4 404.1520(a)(4)(v). In making this determination, the ALJ considers the claimant's  
5 “residual functional capacity” and his “age, education, and work experience.” 20 C.F.R. §  
6 404.1520(g)(1). If the claimant can perform other work, he is not disabled. If the claimant  
7 cannot perform other work, he will be found disabled. As previously noted, the  
8 Commissioner has the burden of proving that the claimant can perform other work.  
9 *Reddick*, 157 F.3d at 721.

10 In evaluating the claimant’s disability under this five-step process, the ALJ must  
11 consider all evidence in the case record. 20 C.F.R. § 404.1520(a)(3); 20 C.F.R. §  
12 404.1520b. This includes medical opinions, records, self-reported symptoms, and third-  
13 party reporting. 20 C.F.R. § 404.1527; 20 C.F.R. § 404.1529; SSR 06-3p.

#### 14 **C. The ALJ’s Evaluation Under the Five-Step Process**

15 The ALJ applied the five-step sequential evaluation process using Plaintiff’s  
16 amended alleged onset date of November 9, 2008 and last insured date of December 31,  
17 2013. (Tr. at 24). The ALJ found in step one of the sequential evaluation process that  
18 Plaintiff has not engaged in substantial gainful activity since his amended alleged onset  
19 date of November 9, 2008. (*Id.*) The ALJ then found Plaintiff to have the following  
20 severe impairments: “arthritis of the hips; lumbar spine degenerative disc disease with  
21 spondylosis.” (*Id.*) Under step three, the ALJ noted that none of these impairments met or  
22 medically equaled one of the listed impairments that would result in a finding of  
23 disability. (Tr. at 25). The ALJ then determined that Plaintiff’s residual functional  
24 capacity (“RFC”) was the ability to “lift or carry 10 pounds frequently and 20 pounds  
25 occasionally; sit, stand or walk for 6 hours total out of an 8-hour workday with the need  
26 to alternately sit or stand or relieve discomfort; avoid climbing ropes, scaffolds or  
27 ladders; avoid concentrated exposure to hazards; mentally limited to simple and repetitive  
28 tasks with no public contact and limited co-worker and supervisor contact due to side

1 effects from the prescribed medications.” (*Id.*) Under step four, the ALJ determined that  
2 Plaintiff was unable to perform any of his past relevant work. (Tr. at 28). Under step five,  
3 the ALJ then considered the Plaintiff’s age, education, work experience, and residual  
4 functional capacity to determine that Plaintiff could perform a number of jobs in the  
5 national economy. (*Id.*) The ALJ concluded that Plaintiff was not disabled.

6 **D. Standard of Review**

7 A district court:

8 may set aside a denial of disability benefits only if it is not  
9 supported by substantial evidence or if it is based on legal  
10 error. Substantial evidence means more than a mere scintilla  
11 but less than a preponderance. Substantial evidence is  
12 relevant evidence, which considering the record as a whole, a  
reasonable person might accept as adequate to support a  
conclusion. Where the evidence is susceptible to more than  
one rational interpretation, one of which supports the ALJ’s  
decision, the ALJ’s decision must be upheld.

13 *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002) (internal citation and quotation  
14 marks omitted). This is because “[t]he trier of fact and not the reviewing court must  
15 resolve conflicts in the evidence, and if the evidence can support either outcome, the  
16 court may not substitute its judgment for that of the ALJ.” *Matney v. Sullivan*, 981 F.2d  
17 1016, 1019 (9th Cir. 1992). Under this standard, the Court will uphold the ALJ’s findings  
18 if supported by inferences reasonably drawn from the record. *Batson v. Comm’r of the*  
19 *Soc. Sec. Admin.*, 359 F.3d 1190, 1193 (9th Cir. 2004). However, the Court must consider  
20 the entire record as a whole and cannot affirm simply by isolating a “specific quantum of  
21 supporting evidence.” *Orn v. Astrue*, 495 F.3d 625, 630 (9th Cir. 2007) (internal  
22 quotation omitted).

23 **III. THE OPINIONS OF PLAINTIFF’S TREATING PHYSICIANS**

24 **A. Legal Standard**

25 “The ALJ is responsible for resolving conflicts in the medical record.” *Carmickle*  
26 *v. Comm’r, Soc. Sec. Admin.*, 533 F.3d 1155, 1164 (9th Cir. 2008). Such conflicts may  
27 arise between a treating physician’s medical opinion and other evidence in the claimant’s  
28 record. A treating physician’s opinion is entitled to controlling weight when it is “well-

1 supported by medically accepted clinical and laboratory diagnostic techniques and is not  
2 inconsistent with the other substantial evidence in [the claimant's] case record." 20  
3 C.F.R. § 404.1527(d)(2); *see also Orn*, 495 F.3d at 631. On the other hand, if a treating  
4 physician's opinion "is not well-supported" or "is inconsistent with other substantial  
5 evidence in the record," then it should not be given controlling weight. *Orn*, 495 F.3d at  
6 631.

### 7 **1. Substantial Evidence**

8 Substantial evidence that contradicts a treating physician's opinion may be either  
9 (1) an examining physician's opinion or (2) a nonexamining physician's opinion  
10 combined with other evidence. *Lester v. Chater*, 81 F.3d 821, 830-31 (9th Cir. 1995).

11 In the case of an examining physician, "[w]hen an examining physician relies on  
12 the same clinical findings as a treating physician, but differs only in his or her  
13 conclusions, the conclusions of the examining physician are not substantial evidence."  
14 *Orn*, 495 F.3d at 632 (citing *Murray v. Heckler*, 722 F.2d 499, 501-02 (9th Cir. 1984)).  
15 To constitute substantial evidence, the examining physician must provide "independent  
16 clinical findings that differ from the findings of the treating physician." *Id.* (citing *Miller*  
17 *v. Heckler*, 770 F.2d 845, 849 (9th Cir. 1985)). Independent clinical findings can be either  
18 "diagnoses that differ from those offered by another physician and that are supported by  
19 substantial evidence, . . . or findings based on objective medical tests that the treating  
20 physician has not herself considered." *Id.* (citing *Allen v. Heckler*, 749 F.2d 577, 579 (9th  
21 Cir. 1984); *Andrews v. Shalala*, 53 F.3d 1035, 1041 (9th Cir. 1995)).

22 "The opinion of a nonexamining physician cannot by itself constitute substantial  
23 evidence that justifies the rejection of the opinion of either an examining physician or a  
24 treating physician." *Lester*, 81 F.3d at 831. Such an opinion is only substantial evidence if  
25 supported by "substantial record evidence." *Id.*

### 26 **2. Discounting of a Treating Physician's Opinion**

27 If the ALJ determines that a treating physician's opinion is inconsistent with  
28 substantial evidence and is not to be given controlling weight, the opinion remains

1 entitled to deference and should be weighed according to the factors provided in 20  
2 C.F.R. § 404.1527(c). *Orn*, 495 F.3d at 631; SSR 96-2p at 4. These factors include (1) the  
3 length of the treatment relationship and the frequency of examination; (2) the nature and  
4 extent of the treatment relationship; (3) the extent to which the opinion is supported by  
5 relevant medical evidence; (4) the opinion’s consistency with the record as a whole; and  
6 (5) whether the physician is a specialist giving an opinion within his specialty. 20 C.F.R.  
7 § 404.1527(c).

8 If a treating physician’s opinion is not contradicted by the opinion of another  
9 physician, then the ALJ may discount the treating physician’s opinion only for “clear and  
10 convincing” reasons. *Carmickle*, 533 F.3d at 1164 (quoting *Lester*, 81 F.3d at 830). If a  
11 treating physician’s opinion is contradicted by another physician’s opinion, then the ALJ  
12 may reject the treating physician’s opinion if there are “specific and legitimate reasons  
13 that are supported by substantial evidence in the record.” *Id.* (quoting *Lester*, 81 F.3d at  
14 830).

### 15 3. Opinions on Disability

16 Finally, “[a]lthough a treating physician’s opinion is generally afforded the  
17 greatest weight in disability cases, it is not binding on an ALJ with respect to the  
18 existence of an impairment or the ultimate determination of disability.” *Tonapetyan v.*  
19 *Halter*, 242 F.3d 1144, 1148 (9th Cir. 2001). This is because the determination as to  
20 whether a claimant is disabled is an issue reserved to the Commissioner. 20 C.F.R. §  
21 404.1527(d)(1). Thus, even if a treating physician’s opinion is controlling, it does not  
22 necessarily lead to a finding of disability. See *Magallanes v. Bowen*, 881 F.2d 747, 753  
23 (9th Cir. 1989) (rejecting a treating physician’s opinion of disability).

### 24 B. Discussion

25 Plaintiff argues the ALJ committed legal error in rejecting the medical opinions of  
26 Dr. Anspach and Dr. Hoffer, Plaintiff’s treating physicians, in favor of the opinions of  
27 non-treating consultative physicians. (Doc. 22 at 7).

28



1                                   **1.     Dr. Anspach**

2                   Dr. Anspach has treated Plaintiff for his back pain since March 2007. (Tr. at 489).  
3                   At Plaintiff's initial visit, Dr. Anspach noted Plaintiff's history of back pain on his left  
4                   side for which he had been undergoing physical therapy with pain management,  
5                   including a nerve block and epidural. (Tr. at 315). Dr. Anspach diagnosed chronic pain in  
6                   the lower spine and left hip. (Tr. at 316), In July 2009, Dr. Anspach opined that Plaintiff  
7                   suffered chronic low back pain, chronic hip pain, and sciatica and was, in his opinion,  
8                   disabled. (Tr. at 313).

9                   In November 2009, Dr. Anspach opined in a residual functional capacity  
10                  questionnaire that Plaintiff's impairments existed since he began treating Plaintiff in  
11                  2007. (Tr. at 430). He diagnosed Plaintiff as having chronic lumbar pain, degenerative  
12                  disc disease, and chronic hip pain, based upon two MRIs showing disc degeneration and  
13                  a negative x-ray of the hip. (*Id.*) He also noted that Plaintiff had tested negative for  
14                  autoimmune diseases. (*Id.*) He described Plaintiff's symptoms as chronic lumbar pain  
15                  with spasm and chronic hip pain with spasm causing fatigue. (*Id.*) He listed objective  
16                  signs of pain as reduced range of motion of the lower spine, reflex changes, and  
17                  tenderness, and stated that Plaintiff's pain would constantly interfere with the attention  
18                  and concentration needed to perform work tasks. (Tr. at 431).

19                  Dr. Anspach further opined that Plaintiff could sit for 30 minutes at a time and for  
20                  less than two hours in an eight-hour workday; could stand for 30 minutes at a time and  
21                  for less than two hours in an eight-hour workday; would need every thirty minutes to  
22                  walk for ten minutes; could lift or carry less than ten pounds only rarely; could never  
23                  stoop, crouch, or climb ladders and could climb stairs only rarely; had significant  
24                  limitations reaching; and could use his hands to grasp and turn for only 75% of a  
25                  workday. He also opined that Plaintiff would miss more than four days per month of  
26                  work due to his impairments. (Tr. at 432-33). Dr. Anspach completed a second residual  
27                  functional capacity questionnaire in September 2010 in which he expressed the same  
28                  opinion as to Plaintiff's diagnoses, symptoms, and limitations. (Tr. at 489-93).

1           The ALJ explicitly discounted Dr. Anspach’s opinion for four reasons: (1) the  
2 opinion that Plaintiff was “disabled” was not entitled to any special significance; (2) the  
3 opinion was unsupported by the clinical findings and test results upon which it relied; (3)  
4 the opinion was unsupported by the opinions of Dr. Maxwell and Dr. Cunningham; and  
5 (4) the opinion was inconsistent with Plaintiff’s reported activities of daily living. (Tr. at  
6 27).

7           Plaintiff argues that the ALJ erred in concluding “that the treating doctor’s opinion  
8 did not merit any special consideration.” (Doc. 22 at 8). Plaintiff misreads the ALJ’s  
9 decision. The ALJ stated only that “[b]y regulation, opinions that the claimant is  
10 ‘disabled’ or ‘unable to work’ are not entitled to any special significance, even when  
11 offered by a treating physician.” (Tr. at 27). In this regard, the ALJ correctly disregarded  
12 Dr. Anspach’s opinion as to disability because the ultimate issue of disability is an  
13 administrative decision reserved to the Commissioner. *See Tonapetyan*, 242 F.3d at 1148.  
14 Nothing in the ALJ’s decision suggests, as Plaintiff contends, that the ALJ automatically  
15 discounted Dr. Anspach’s *medical* opinion. Accordingly, the Court rejects this argument.

16           Instead, the ALJ properly found that Dr. Anspach’s medical opinion was  
17 inconsistent with substantial record evidence, namely the opinion of Dr. Keith  
18 Cunningham, a board-certified internist, who examined Plaintiff in February 2009. (Tr. at  
19 27, 290). Dr. Cunningham diagnosed Plaintiff with chronic hip and back pain, androgen  
20 deficiency, and deconditioning. (Tr. at 291). Dr. Cunningham opined that these  
21 conditions would not impose functional limitations on Plaintiff. (Tr. at 292). Dr.  
22 Cunningham examined Plaintiff in his office where he noted Plaintiff’s medical history,  
23 current medications, and self-reported symptoms. (Tr. at 290). Dr. Cunningham tested  
24 Plaintiff’s gait, coordination, range of motion, joints, motor skills, reflexes, and sensory  
25 response. (Tr. at 290). Dr. Cunningham provided independent clinical findings that  
26 differed from the findings of Dr. Anspach. *See Orn*, 495 F.3d at 632.

27           In addition to Dr. Cunningham, the ALJ also noted the opinion of Dr. Maxwell,  
28 who examined Plaintiff in September 2009. (Tr. at 27). Dr. Maxwell noted Plaintiff

1 suffered pain in his hips, back, and diagnosed arthritis of the hips and lumbar  
2 spondylosis. (Tr. at 428). Significantly, aside from narrowing of Plaintiff's L5-S1  
3 vertebra, Dr. Cunningham made no other objective findings. Because the opinions of Drs.  
4 Cunningham and Maxwell constituted substantial record evidence contradicting Dr.  
5 Anspach's opinion, the ALJ did not err in concluding that Dr. Anspach's opinion was not  
6 entitled to controlling weight.

7 The ALJ, however, not only concluded that Dr. Anspach's opinion was not  
8 entitled to controlling weight but also that it was entitled to only minimal weight. The  
9 next issue is whether this was error. As a treating physician, Dr. Anspach's opinion is  
10 entitled to deference even if not given controlling weight. *Orn*, 495 F.3d at 631.  
11 However, although the ALJ did not explicitly discuss each of the factors enumerated in  
12 20 C.F.R. § 404.1527(c) for determining the weight to accord a medical opinion, it is  
13 clear from the whole of the ALJ's opinion that the ALJ adequately weighed these factors.

14 The ALJ correctly found that Dr. Anspach's opinion was not well-supported by  
15 the medical evidence. (Tr. at 27). Although Dr. Anspach opined that Plaintiff was  
16 disabled, his own progress notes show that for most office visits Plaintiff consistently had  
17 a normal gait, station, motor functioning, sensation, coordination, and reflexes, (Tr. at  
18 232-37, 318, 322, 324, 333, 335, 337, 339, 341, 445, 447, 459, 462, 467, 477, 479, 517,  
19 519, 521), although Plaintiff sometimes had a muscle spasm and/or limping. *See* (Tr. at  
20 239, 316, 329, 441, 443, 453, 455, 469, 473, 475, 523).

21 Plaintiff argues that the ALJ erred in rejecting Dr. Anspach's opinion as  
22 inconsistent with Dr. Anspach's own functional assessment and as inconsistent with the  
23 ALJ's functional assessment. (Doc. 22 at 8). First, the ALJ did not reject Dr. Anspach's  
24 opinion because it was inconsistent with the ALJ's assessment of Plaintiff's RFC. Rather,  
25 the ALJ's decision specifically discounts Dr. Anspach's opinion because it was  
26 inconsistent with the clinical findings and test results, the opinion of Dr. Cunningham, the  
27 examination by Dr. Maxwell, and Plaintiff's own self-reported activities. (Tr. at 27).

28 Second, the ALJ was correct that Dr. Anspach's RFC assessment of Plaintiff was

1 inconsistent with his treatment records, and therefore had a specific and legitimate reason  
2 for giving Dr. Anspach's opinion less weight. An incongruity between a treating  
3 physician's RFC assessment and that physician's medical records "provides [a] specific  
4 and legitimate reason for rejecting" that physician's opinion. *Tommasetti v. Astrue*, 533  
5 F.3d 1035, 1041 (9th Cir. 2008). The clinical findings that Dr. Anspach cited in his RFC  
6 contradicted his conclusion that Plaintiff had severe functional limitations. Although Dr.  
7 Ansbach stated that the first MRI, taken in 2005, showed that Plaintiff had disc bulging,  
8 that MRI also showed "no obvious impression" upon the nerve roots of the spine. (Tr. at  
9 430, 219-20). Similarly, the second MRI, taken in 2007, showed no evidence of disc  
10 protrusion and "[m]ild to moderate degenerative disc disease L5-S1 without protrusion or  
11 associated neural encroachment." (Tr. at 225). It is unclear, however, upon which hip x-  
12 ray Dr. Ansbach's opinion was based as Plaintiff had x-rays taken in both 2007 and 2009.  
13 (Tr. at 223, 298). The 2007 x-ray was entirely unremarkable and showed no acute  
14 disease. (Tr. at 223). The 2009 x-ray showed "[m]inimal asymmetric left hip  
15 [degenerative joint disease] compared to the right." (Tr. at 298). Regardless, neither x-ray  
16 showed objective findings of the type that would cause Plaintiff's alleged functional  
17 limitations.<sup>2</sup> Moreover, Dr. Anspach's treatment records reflect that Plaintiff generally  
18 had normal range of motion, reflexes, and gait. *See* (Tr. at 232-37, 318, 322, 324, 333,  
19 335, 337, 339, 341, 445, 447, 459, 462, 467, 477, 479, 517, 519, 521). Because Dr.  
20 Anspach's medical records do not support his RFC assessment, the ALJ had a specific  
21 and legitimate reason for giving his opinion less weight.

22 Plaintiff argues that the ALJ erred in relying upon medical records predating the  
23 alleged onset date of disability to discount Dr. Anspach's opinion. (Doc. 22 at 8).  
24 Although "[m]edical opinions that predate the alleged onset of disability are of limited  
25 relevance," *Carmickle*, 533 F.3d at 1165, the same cannot be said for medical records.

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26  
27 <sup>2</sup> Plaintiff argues the ALJ misinterpreted these records as "normal." (Doc. 22 at 9).  
28 But the ALJ never stated that Plaintiff's x-ray results were normal; instead, he concluded  
that they did not support the severe limitations that Dr. Anspach alleged in his RFC  
assessment. (Tr. at 27).

1 Moreover, Dr. Anspach's opinions themselves expressly relied upon records predating  
2 Plaintiff's alleged onset of disability date. (Tr. at 430, 489). Fundamental fairness dictates  
3 that the ALJ can consider medical records underlying a medical opinion that Plaintiff  
4 offered in support of his disability claim. Additionally, other substantial evidence from  
5 after Plaintiff's alleged onset date supported the ALJ's weighing of Dr. Anspach's  
6 opinion, including Dr. Anspach's 2010 and 2009 RFC assessments, Dr. Anspach's  
7 treatment notes dating from 2008 through 2010, the 2009 x-ray, and Dr. Cunningham's  
8 evaluation. The ALJ properly considered Plaintiff's medical records predating his alleged  
9 onset of disability date in determining that Dr. Anspach's opinion was entitled to minimal  
10 weight.

11 Plaintiff also argues that the ALJ cherry-picked Dr. Anspach's records to support  
12 its conclusion and ignored the evidence favorable to Plaintiff. (Doc. 22 at 9). Specifically,  
13 Plaintiff takes issue with the ALJ's reference to Dr. Anspach's records showing Plaintiff  
14 has having a "normal gait." (Tr. at 25). Plaintiff asserts that the remaining portions of that  
15 medical record show Plaintiff has intense pain, tenderness, weakness, and restriction in  
16 range of motion. (Doc. 22 at 9). Although some of Dr. Anspach's records show Plaintiff  
17 reporting pain in his hip and spine, *see, e.g.*, (Tr. at 462), the most recent records reveal  
18 that Plaintiff "walks for exercise" and "ambulates on own" despite reporting some hip  
19 tenderness. (Tr. at 516-17). The ALJ's decision need only be supported by substantial  
20 evidence, which the Ninth Circuit Court of Appeals has said is less than a preponderance  
21 and only more than "a mere scintilla." *Thomas*, 278 F.3d at 954. Accordingly, substantial  
22 evidence supports the ALJ's finding that Dr. Anspach's opinion was entitled to minimal  
23 weight because it was inconsistent with the other record evidence.

## 24 **2. Dr. Hoffer**

25 Dr. Hoffer is a chiropractor who has been treating Plaintiff since May 2007. (Tr. at  
26 241). Dr. Hoffer's treatment notes reflect a consistent history of Plaintiff having back and  
27 hip pain. *See, e.g.*, (Tr. at 243-61). In November 2009, Dr. Hoffer completed a RFC  
28 assessment of Plaintiff in which he described Plaintiff as suffering from hip and low

1 back pain, dizziness from medication, and occasional spasms with sitting. (Tr. at 435). He  
2 noted tenderness, swelling, muscle spasm, muscle weakness, and impaired sleep, and  
3 concluded Plaintiff could sit for only 30 minutes at a time, stand for 30 minutes at a time,  
4 stand and sit for less than two hours total in an eight-hour day, could rarely lift less than  
5 10 pounds and never any heavier weight, could rarely twist and climb stairs but never  
6 stoop, squat, or climb ladders, and had significant limitations “with reaching, handling or  
7 fingering.” (Tr. at 436-37). He also stated that Plaintiff was likely to have good and bad  
8 days and would be likely to miss more than four days of work per month as a result of his  
9 condition. (Tr. at 438). He stated that these limitations began in November 2008.

10 Dr. Hoffer completed another RFC assessment in October 2010 in which he  
11 diagnosed chronic lumbalgia, degenerative joint disease, and chronic hip pain with  
12 degeneration. (Tr. at 494). He listed as objective findings MRIs, positive orthopedic tests,  
13 pulpatory findings, spasms, and moderate to severe tenderness. (*Id.*). He did not state that  
14 Plaintiff was likely to have good days or bad days, and stated that the description of  
15 limitations and symptoms applied back to November 2008. (Tr. at 497).

16 The ALJ considered Dr. Hoffer’s opinion but ultimately assigned it little weight.  
17 (Tr. at 26). Plaintiff argues this was error because Dr. Hoffer’s findings were consistent  
18 with those of Dr. Anspach. (Doc. 22 at 20). But chiropractors are not acceptable medical  
19 sources to establish the claimant’s impairment. 20 C.F.R. § 404.1513(d)(1). As an “other  
20 source,” the ALJ could discount Dr. Hoffer’s testimony if he gave reasons germane to  
21 doing so. *Molina v. Astrue*, 674 F.3d 1104, 1111 (9th Cir. 2012). In evaluating Dr.  
22 Hoffer’s opinions, the ALJ could consider a number of factors, including “[h]ow long the  
23 source has known and how frequently the source has seen the individual; [h]ow  
24 consistent the opinion is with other evidence; [t]he degree to which the source presents  
25 relevant evidence to support an opinion; [h]ow well the source explains the opinion;  
26 [w]hether the source has a specialty or area of expertise related to the individual’s  
27 impairment(s); and [a]ny other factors that tend to support or refute the opinion.” SSR 06-  
28 03p.

1 Here, the ALJ had a germane reason for discounting Dr. Hoffer's opinion: its  
2 inconsistency with the opinions of Drs. Cunningham and Maxwell as well as the  
3 objective medical evidence in the record. Consequently, the ALJ did not err in assigning  
4 little weight to Dr. Hoffer's opinion.

#### 5 **IV. PLAINTIFF'S REPORTED SYMPTOMS**

##### 6 **A. Legal Standard**

7 An ALJ must engage in a two-step analysis to determine  
8 whether a claimant's testimony regarding subjective pain or  
9 symptoms is credible. *Lingenfelter*, 504 F.3d at 1035–36.  
10 First, as a threshold matter, “the ALJ must determine whether  
11 the claimant has presented objective medical evidence of an  
12 underlying impairment ‘which could reasonably be expected  
13 to produce the pain or other symptoms alleged.’” *Id.* at 1036  
14 (quoting *Bunnell*, 947 F.2d at 344). The claimant is not  
15 required to show objective medical evidence of the pain itself  
16 or of a causal relationship between the impairment and the  
17 symptom. *Smolen*, 80 F.3d 1273, 1282 (9th Cir. 1996).  
18 Instead, the claimant must only show that an objectively  
19 verifiable impairment “could reasonably be expected” to  
20 produce the claimed pain. *Lingenfelter*, 504 F.3d at 1036  
21 (quoting *Smolen*, 80 F.3d at 1282); *see also* SSR 96–7p at 2;  
22 *Carmickle*, 533 F.3d at 1160–61 (“reasonable inference, not a  
23 medically proven phenomenon”). If the claimant fails this  
24 threshold test, then the ALJ may reject the claimant's  
25 subjective complaints. *See Smolen*, 80 F.3d at 1281 (citing  
26 *Cotton v. Bowen*, 799 F.2d 1403 (9th Cir. 1986) (reaffirmed  
27 in *Bunnell*, 947 F.2d 341))

18 Second, if the claimant meets the first test, then “the  
19 ALJ ‘may not discredit a claimant's testimony of pain and  
20 deny disability benefits solely because the degree of pain  
21 alleged by the claimant is not supported by objective medical  
22 evidence.’” *Orteza v. Shalala*, 50 F.3d 748, 749–750 (9th Cir.  
23 1995) (quoting *Bunnell*, 947 F.2d at 346–47). Rather, “unless  
24 an ALJ makes a finding of malingering based on affirmative  
25 evidence thereof,” the ALJ may only find the claimant not  
26 credible by making specific findings supported by the record  
27 that provide clear and convincing reasons to explain his  
28 credibility evaluation. *Robbins*, 466 F.3d at 883 (citing  
*Smolen*, 80 F.3d at 1283–84 (“Once a claimant meets [step  
one] and there is no affirmative evidence suggesting she is  
malingering, the ALJ may reject the claimant's testimony  
regarding the severity of her symptoms only if he makes  
specific findings stating clear and convincing reasons for  
doing so.”)); *see also, e.g., Lingenfelter*, 504 F.3d at 1036 (if  
the ALJ has found no evidence of malingering, then the ALJ  
may reject the claimant's testimony “only by offering  
specific, clear and convincing reasons for doing so”).

1 *Trembulak v. Colvin*, No. CV-12-02420-PHX-JAT, 2014 WL 523007, at \*8–9 (D. Ariz.  
2 Feb. 10, 2014).

3 **B. Discussion**

4 Plaintiff contends that the ALJ failed to point to specific findings showing clear  
5 and convincing reasons to discredit Plaintiff’s subjective complaints. (Doc. 22 at 9-10).  
6 Specifically, Plaintiff alleges that the ALJ cited a functionality assessment completed by  
7 Plaintiff to support the ALJ’s conclusion while ignoring those portions of the same  
8 assessment in which Plaintiff described his significant limitations. (*Id.* at 10).

9 The ALJ concluded that although Plaintiff’s impairments could reasonably be  
10 expected to produce the Plaintiff’s alleged symptoms, Plaintiff’s statements “concerning  
11 the intensity, persistence and limiting effects of these symptoms are not credible.” (Tr. at  
12 25). Plaintiff noted in his description of his daily activities that he does his own grocery  
13 shopping and laundry once per week, cleans the living area of his house, can drive for  
14 approximately 10 miles or 20-30 minutes, and visits his friends once or twice a week. (Tr.  
15 at 180). The ALJ noted that Plaintiff cooks his own meals and does yardwork. (*Id.*)

16 Plaintiff is correct that the ALJ erred in stating that Plaintiff did his own yard  
17 work. The record shows that Plaintiff reported hiring a gardener to do his yard work and  
18 never stated that he did yard work. (Tr. at 193). But error that “does not negate the  
19 validity of the ALJ’s ultimate [credibility] conclusion” is harmless error “and does not  
20 warrant reversal.” *Carmickle*, 533 F.3d at 1162. Here, the error is harmless because even  
21 if Plaintiff did not perform his own yardwork, the balance of his activities were  
22 sufficiently demanding (although not strenuous) that they supported the ALJ’s credibility  
23 conclusion. Performing grocery shopping and laundry each week, driving for a half hour,  
24 and cleaning the living area were inconsistent with the total disability that Plaintiff  
25 alleged in his functionality assessment.

26 Plaintiff next argues that the ALJ erred in assessing the Plaintiff’s daily activities  
27 to conclude that he has the capability to perform full-time work. (Doc. 22 at 11). An ALJ  
28 may consider daily living activities in his credibility analysis. *See* 20 C.F.R. §



1 404.1529(c)(3)(i). *See, e.g., Morgan v. Comm’r of Soc. Sec. Admin.*, 169 F.3d 595, 600  
2 (9th Cir. 1999) (claimant’s ability to “fix meals, do laundry, work in the yard, and  
3 occasionally care for his friend’s child” serves as evidence of ability to work).

4 Plaintiff’s sole argument on this point is that the ALJ erred because Plaintiff’s  
5 “activities of daily limiting were significantly more limited in scope and duration” than  
6 the ALJ acknowledged. (Doc. 22 at 10, 13). Although Plaintiff is correct that the ALJ did  
7 not recount every detail of Plaintiff’s self-reported daily activities, Plaintiff fails to show  
8 that the ALJ’s conclusion was inconsistent with these activities. For example, Plaintiff  
9 reported that he can do his own grocery shopping but for no more than a half hour. (Tr. at  
10 193). Yet Plaintiff testified at the hearing before the ALJ that he spent 75 percent of the  
11 day lying in bed to relieve his pain. The ALJ correctly found that Plaintiff’s reported  
12 daily activities, including cleaning, driving, and going shopping, were inconsistent with  
13 Plaintiff’s claim that he spent most of the day lying in bed.

14 There were specific findings supported by the record that provided clear and  
15 convincing reasons to explain the ALJ’s credibility determination. The ALJ did not err in  
16 finding Plaintiff not to be credible in the severity of his symptoms based upon Plaintiff’s  
17 own objective description of his daily activities. The ALJ’s failure to note every detail of  
18 Plaintiff’s limitations, such as the precise length of time Plaintiff stated he could perform  
19 each activity, does not imply the ALJ’s failure to consider those details. The ALJ is not  
20 required to recount every detail of every piece of evidence in the record.

21 **V. PLAINTIFF’S RFC**

22 Plaintiff argues that the ALJ erred in assessing Plaintiff’s RFC. (Doc. 22 at 13).  
23 The ALJ determined that Plaintiff was able to perform a range of light work with the  
24 need to stand or sit at will due to hip and back impairments, mentally limited to “simple  
25 and repetitive tasks with no public contact and limited co-worker and supervisor contact.”  
26 (Tr. at 25-27). The ALJ also took into account “the documented adverse side effects from  
27 the prescribed narcotic medications” that Plaintiff takes for his pain. (Tr. at 27).<sup>3</sup>

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28 <sup>3</sup> Plaintiff testified at his ALJ hearing that among other medications, he

1           Substantial evidence supported the ALJ’s assessment of Plaintiff’s RFC. The  
2 objective imaging studies, including Plaintiff’s multiple x-rays and MRIs, did not support  
3 a finding of disability for the reasons the Court has discussed in its analysis of the ALJ’s  
4 discounting of Dr. Anspach’s opinion. Dr. Cunningham examined Plaintiff and opined  
5 that Plaintiff’s conditions did not impose functional limitations. (Tr. at 292).  
6 Furthermore, Dr. Griffith, a state agency physician, evaluated Plaintiff and determined  
7 Plaintiff could occasionally lift 20 pounds, frequently lift 10 pounds, stand and/or walk  
8 for six hours in an eight hour workday, and push and pull for an unlimited time. (Tr. at  
9 302). Dr. Griffith noted Plaintiff’s “[p]oor conditioning,” however. (*Id.*) Similarly, Dr.  
10 Fina evaluated Plaintiff and determined that a RFC permitting only light work was  
11 appropriate. (Tr. at 350). This is substantial evidence supporting the ALJ’s decision.<sup>4</sup>

12           Plaintiff nevertheless argues that the ALJ erred because at Plaintiff’s hearing, the  
13 vocational expert testified that if Plaintiff suffered from Plaintiff’s alleged limitations, he  
14 would be precluded from all work, yet the ALJ relied upon the expert’s testimony that  
15 Plaintiff could perform light work. (Doc. 22 at 15). Plaintiff’s argument is fundamentally  
16 flawed because although the expert agreed that Plaintiff could not work under the  
17 limitations proposed in Plaintiff’s hypothetical question, there is no substantial evidence  
18 in the record supporting those limitations. For the reasons already discussed, Plaintiff’s  
19 allegations that he is unable to perform any work are not credible. The ALJ is not  
20 required to rely upon the vocational expert’s testimony under a hypothetical scenario  
21 when substantial record evidence does not support that scenario. *See Robbins v. Soc. Sec.*  
22 *Admin.*, 466 F.3d 880, 886 (9th Cir. 2006) (“[I]n hypotheticals posed to a vocational  
23 expert, the ALJ must only include those limitations supported by substantial evidence.”).

24 \_\_\_\_\_  
25 continually takes “codeine plus Tylenol” every six hours, day and night. (Tr. at 44-45).

26           <sup>4</sup> Plaintiff also argues that substantial evidence did not support the ALJ’s opinion  
27 because the ALJ ignored x-rays dating after Plaintiff’s alleged onset date and remarked  
28 that Plaintiff has had a “conservative approach” to treatment. (Doc. 22 at 17). But even if  
this were true, *substantial* evidence supported the ALJ’s decision. The ALJ’s decision  
need not be the only determination that a record supports. *See also Parra v. Astrue*, 481  
F.3d 742, 751 (9th Cir. 2007) (evidence of conservative treatment is “sufficient to  
discount a claimant’s testimony regarding severity of an impairment”).

1 **VI. NEW EVIDENCE**

2 Plaintiff asks the Court to consider new post-hearing evidence consisting of  
3 additional treatment records from Dr. Anspach. (Doc. 22 at 21). The Court may order  
4 “additional evidence to be taken before the Commissioner of Social Security, but only  
5 upon a showing that there is new evidence which is material and that there is good cause  
6 for the failure to incorporate such evidence into the record in a prior proceeding.” 42  
7 U.S.C. § 405(g). Such new evidence “must bear directly and substantially on the matter  
8 in dispute,” and the claimant “must additionally demonstrate that there is a reasonable  
9 possibility that the new evidence would have changed the outcome of the administrative  
10 hearing.” *Mayes v. Massanari*, 276 F.3d 453, 462 (9th Cir. 2001) (citation and internal  
11 quotation marks omitted). Because all of the additional treatment records document  
12 treatment occurring after the date of the ALJ’s decision, Plaintiff cannot demonstrate  
13 there is a reasonable possibility that the evidence would have changed the ALJ’s  
14 decision. Furthermore, Plaintiff cannot demonstrate that that the evidence is material  
15 because records that did not exist at the time of the ALJ’s decision cannot bear “directly  
16 and substantially” on the dispute before the ALJ. The Court will not consider Plaintiff’s  
17 new evidence.

18 **VII. CONCLUSION**

19 The ALJ’s decision in this case is supported by substantial record evidence, and  
20 the ALJ’s single error in misstating that Plaintiff did his own gardening is harmless.

21 For the foregoing reasons,

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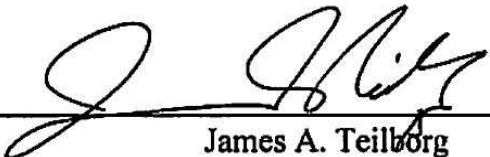
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**IT IS ORDERED** that the decision of the Administrative Law Judge is affirmed.

**IT IS FURTHER ORDERED** that the Clerk of the Court shall enter judgment accordingly. The judgment will serve as the mandate of this Court.

Dated this 25th day of March, 2014.



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James A. Teilborg  
Senior United States District Judge