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6 **IN THE UNITED STATES DISTRICT COURT**  
7 **FOR THE DISTRICT OF ARIZONA**  
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9 Ramina Johal,

10 Plaintiff,

11 v.

12 United States Life Insurance Company in the  
13 City of New York,

14 Defendant.

No. CV-20-00204-PHX-JAT

**ORDER**

15  
16 Pending before the Court is Plaintiff Ramina Johal’s “Motion to Supplement the  
17 Administrative Record with Extrinsic Evidence and Motion Regarding the Need for  
18 Discovery and its Scope; and Motion to Remand Case” (Doc. 40). The motion has been  
19 fully briefed (Doc. 40; Doc. 44; Doc. 46), and the Court now rules.<sup>1</sup>

20 **I. BACKGROUND<sup>2</sup>**

21 This case arises under the Employee Retirement Income Security Act of 1974  
22 (ERISA). Plaintiff’s employer purchased a group long-term disability (LTD) policy (the  
23 “Policy”) from Defendant United States Life Insurance Company in the City of New York.  
24 (Doc. 1 at 2; Doc. 20 at 2). In 2017, Plaintiff developed medical issues and applied for

25  
26 <sup>1</sup> The Court finds that a hearing is unnecessary for the pending motion as the issues have  
27 been fully briefed and oral argument would not have aided the Court’s decisional process.  
*See Partridge v. Reich*, 141 F.3d 920, 926 (9th Cir. 1998); *United States Liab. Ins. Co. v.*  
*Xiangnan Gong*, 413 F. Supp. 3d 987, 989 (D. Ariz. 2019).

28 <sup>2</sup> Because the administrative record has not yet been filed, the Court draws some  
background facts from admitted allegations in the complaint or agreed-upon statements of  
the parties.

1 short-term disability (STD) benefits under her employer’s short-term disability policy also  
2 issued by Defendant. (Doc. 40 at 4; Doc. 44 at 3). The Hartford (the “Administrator”)  
3 served as a third-party administrator and made decisions regarding Plaintiff’s eligibility for  
4 disability benefits. (Doc. 30 at 2, 5). The Administrator approved Plaintiff for STD  
5 benefits, which she received until her eligibility expired. (Doc. 1 at 5; Doc. 20 at 4–5). The  
6 Administrator then approved Plaintiff for LTD benefits under the Policy. (*See* Doc. 40-3).

7 About six months after Plaintiff began receiving LTD benefits, the Administrator  
8 scheduled Plaintiff for an independent medical examination with Dr. Brian McCrary. (*See*  
9 Doc. 40-15). Following the examination, Dr. McCrary issued a report in which he  
10 concluded:

11 The claimant has no limitations other than those secondary to  
12 subjective fatigue. She should limit her walking and standing  
13 to five hours per day. No frequent stair climbing and no lifting  
over 30 lbs. on a frequent basis. Otherwise, no restrictions are  
medically necessary.

14 (Doc. 40-7 at 6). Two weeks after Dr. McCrary’s report, the Administrator determined that  
15 Plaintiff was no longer “disabled” within the meaning of the Policy and, consequently, no  
16 longer eligible to receive LTD benefits. (Doc. 40-9 at 2–7).

17 Plaintiff appealed the benefit denial 20 days later. (*Id.* at 8). Dr. Benton Ashlock  
18 reviewed Plaintiff’s medical records and the additional information she provided for her  
19 appeal and provided a report to the Administrator. (*Id.* at 10–11). Following its review, the  
20 Administrator denied Plaintiff’s appeal. (*See* Doc. 40-9). The appeal denial report stated:

21 Dr. Ashlock reports given consideration of both the subjective  
22 and objective information reasonably supported restrictions  
23 and limitations from August 18, 2018 to present would include  
24 the capability of consistently and reliably performing work  
25 activities for 8 hours per day, 5 days per week, for 40 hours per  
26 work week with the following medically necessary work  
27 activity restrictions: Sitting is unrestricted for 8 hours per day  
28 in an 8 hour work day, you are capable of frequently standing  
and walking for 5 hours each activity up in an 8 hour work day.  
You are able to frequently lift/carry/push and pull up to 25  
pounds and occasionally up to 50 pounds and constantly reach,  
perform fine manipulation and simple/firm grasp, see, hear and  
use your lower extremities for foot controls, and frequently  
balance and stoop and occasionally climb stairs and ladders,  
kneel, crouch and crawl. . . .

1 (*Id.* at 10). Based largely on this evaluation, the Administrator concluded that Plaintiff  
2 “maintain[ed] the functional capacity to perform the duties of [her] occupation.” (*Id.* at 11).

3 After the denial of her appeal, Plaintiff attempted three times to reopen the appeal  
4 and supplement the record with additional medical information. (*See* Doc. 40-1 at 55–57).  
5 Defendant denied each request, stating that “the administrative remedies provided by  
6 ERISA and the [Policy] have been exhausted.” (*Id.*).

7 Plaintiff then filed the instant action. (*See* Doc. 1). She now moves to supplement  
8 the administrative record, for discovery regarding Dr. McCrary’s and Dr. Ashlock’s  
9 potential conflicts of interest, and to remand to the Administrator for consideration of the  
10 supplemented record. (Doc. 40).

## 11 **II. DISCUSSION**

### 12 **A. Motions to Supplement the Record and Remand**

13 ERISA provides that “every employee benefit plan shall . . . afford a reasonable  
14 opportunity to any participant whose claim for benefits has been denied for a full and fair  
15 review by the appropriate named fiduciary of the decision denying the claim.”  
16 29 U.S.C. § 1133(2). If an administrator denies a claim for disability benefits and the  
17 subsequent appeal, the claimant may bring a claim in federal court. *Id.* § 1132(a)(1)(B).

18 In the district court proceeding, a court reviews the denial of benefits *de novo*, unless  
19 the benefit plan grants the administrator discretion to determine eligibility for benefits or  
20 construe the plan, in which case a court reviews for an abuse of discretion. *Firestone Tire*  
21 *& Rubber Co. v. Bruch*, 489 U.S. 101, 115 (1989). Conducting *de novo* review, a court  
22 may admit extrinsic evidence beyond the administrative record, *Abatie v. Alta Health &*  
23 *Life Ins. Co.*, 458 F.3d 955, 970 (9th Cir. 2006), but may do so “*only* when circumstances  
24 *clearly establish* that additional evidence is *necessary* to conduct an adequate *de novo*  
25 review of the benefit decision,” *Opeta v. Nw. Airlines Pension Plan for Cont. Emps.*, 484  
26 F.3d 1211, 1217 (9th Cir. 2007) (citation omitted) (emphasis in original). Under abuse of  
27 discretion review, a court generally may only consider the administrative record when  
28 reaching a decision on the merits. *Abatie*, 458 F.3d at 970.

1 If, however, the claimant can demonstrate that procedural irregularities prevented  
2 the full development of the administrative record, a court may order supplementation of  
3 the administrative record to, “in essence, recreate what the administrative record would  
4 have been had the procedure been correct.” *Abatie*, 458 F.3d at 972. In such cases, a court  
5 may remand the claim to the administrator to consider the supplemented record in the first  
6 instance. *See Mongeluzo v. Baxter Travenol Long Term Disability Ben. Plan*, 46 F.3d 938,  
7 944 (9th Cir. 1995) (“We leave to the district court whether to remand to the plan  
8 administrator for an initial factual determination.”).

9 Plaintiff describes several procedural irregularities that she argues merit  
10 supplementing the record.<sup>3</sup> The Court addresses each in turn.

### 11 **1. Lack of Notice Regarding How to “Perfect the Claim”**

12 First, Plaintiff argues that her initial denial letter failed to comply with  
13 29 C.F.R. § 2560.503-1(g)(1)(iii), which requires that an adverse benefit determination  
14 include “[a] description of any additional material or information necessary for the  
15 claimant to perfect the claim and an explanation of why such material or information is  
16 necessary.” (Doc. 40 at 7). In other words:

17 If benefits are denied in whole or in part, the reason for the  
18 denial must be stated in reasonably clear language, with  
19 specific reference to the plan provisions that form the basis for  
20 the denial; if the plan administrators believe that more  
information is needed to make a reasoned decision, they must  
ask for it.

21 *Booton v. Lockheed Med. Ben. Plan*, 110 F.3d 1461, 1463 (9th Cir. 1997).

22 Regarding her right to appeal, Plaintiff’s initial denial letter provides as follows:

23 [ERISA] gives you the right to appeal our decision and receive  
24 a full and fair review. You may appeal our decision even if you  
25 do not have new information to send to us. You are entitled to  
26 receive, upon request and free of charge, reasonable access to,  
27 and copies of, all documents, records and other information  
relevant to your claim. If you do not agree with our denial, in  
whole or in part, and you wish to appeal our decision, you or  
your authorized representative must write to us within one

28 <sup>3</sup> Throughout her argument, Plaintiff also makes several references to potential conflicts of  
interest. The Court discusses the issue in Section B, *supra*.

1 hundred eighty (180) days from the receipt of this letter. Your  
2 appeal letter should be signed, dated and clearly state your  
3 position. . . . Along with your appeal letter, you may submit  
written comments, documents, records and other information  
related to your claim.

4 (Doc. 40-9 at 6).

5 Relying on *Montour v. Hartford Life & Acc. Ins. Co.*, 588 F.3d 623 (9th Cir. 2009),  
6 Plaintiff argues that the language in the initial denial letter was inadequate because it “did  
7 not provide any information regarding what was necessary to perfect the appeal . . . .” (Doc.  
8 40 at 7). *Montour*, however, is distinguishable.

9 In *Montour*, the record considered by the plan administrator on appeal contained the  
10 Social Security Administration’s (SSA) favorable award, but did not include the opinion  
11 of the administrative law judge or the SSA administrative record. *Id.* at 636. The *Montour*  
12 court noted that Department of Labor regulations “authorize, if not require, plan  
13 administrators working with an apparently deficient administrative record to inform  
14 claimants of the deficiency and to provide them with an opportunity to resolve the problem  
15 by furnishing the *missing information*.” *Id.* (emphasis added); *see also Salomaa v. Honda*  
16 *Long Term Disability Plan*, 642 F.3d 666, 679–80 (9th Cir. 2011) (“The initial denial said  
17 [the claimant] should provide ‘x-rays, CT, MRI reports, etc. that support your physician’s  
18 assessment,’ but did not tell [the claimant] what x-rays etc. it wanted.”); *Booton*, 110 F.3d  
19 at 1464 (“[T]o deny the claim without explanation and without obtaining relevant  
20 information is an abuse of discretion.”).

21 Here, by contrast, there was nothing specifically *missing* from the record that would  
22 render the initial denial letter deficient. The letter listed the items in the administrative  
23 record that the Administrator considered in making its decision. (Doc. 40-9 at 4). It  
24 discussed Dr. Yumiko Hoeger’s, Plaintiff’s treating physician, opinion that Plaintiff was  
25 disabled and the basis for that opinion. (*Id.* at 4–5). The letter then discussed Dr. McCrary’s  
26 examination and his recommended work restrictions. (*Id.* at 5). The letter then noted that  
27 Dr. Hoeger disagreed with Dr. McCrary’s medical conclusions but agreed with the  
28 recommended work restrictions. (*Id.*). In this case, there is no deficiency under § 2560.503-

1 1(g)(1)(iii) “because [Plaintiff’s] claim did not fail because [s]he failed to submit needed  
2 evidence. It failed because [the Administrator], having considered all the evidence,  
3 concluded that it needed no more and that [the claimant] was not disabled.” *See Kearney*  
4 *v. Standard Ins. Co.*, 175 F.3d 1084, 1091 (9th Cir. 1999) (*en banc*); *see also Koblentz v.*  
5 *UPS Flexible Employee Ben. Plan*, No. 12-CV-0107-LAB, 2013 WL 4525432, at \*4 (S.D.  
6 Cal. Aug. 23, 2013) (“Compliance with [§ 2560.503-1(g)(1)(iii)] was not required here  
7 because there was no indication that any particular additional information was needed to  
8 make a reasoned decision.”).

9 Plaintiff does not identify any particular information the Administrator should have  
10 informed Plaintiff it needed. Instead, the crux of Plaintiff’s argument seems to be that the  
11 Administrator failed to tell her that she could “perfect” her claim by procuring more  
12 persuasive medical evidence demonstrating that she is disabled in conflict with Dr.  
13 McCrary’s conclusion. Such an open-ended “find more favorable evidence” interpretation  
14 of § 2560.503-1(g)(1)(iii) would insert a procedural irregularity into every case in which  
15 an administrator determines that the evidence in the administrative record weighs against  
16 an award of benefits. Accordingly, the Court does not find that the initial denial letter failed  
17 to meet the § 2560.503-1(g)(1)(iii) requirement.

## 18 **2. Providing Misleading Information**

19 Second, Plaintiff argues that a representative of the Administrator improperly  
20 informed her that no additional information was necessary for the Administrator to reach a  
21 decision, leading her to submit the appeal before acquiring additional medical records.  
22 (Doc. 40 at 8).

23 After receiving her initial denial letter dated August 8, 2018, Plaintiff sent a letter  
24 appealing the denial on August 28, 2018. (Doc. 40-9 at 8). The appeal letter stated that  
25 Plaintiff had two upcoming appointments with Dr. Davis Simms and Dr. Amin Mona. (*Id.*  
26 at 9). On September 26, 2018, a representative of the Administrator called Plaintiff to  
27 discuss her appeal. (*Id.*; Doc. 40-11 at 3). In Plaintiff’s appeal denial letter, the  
28 Administrator describes the conversation as follows:

1 On September 26, 2018 we spoke regarding your claim and  
2 appeal and discussed whether you wanted us to place your  
3 appeal in pending status to allow you to submit the medical  
4 information from the noted upcoming appointments outlined in  
September, 2018 and October, 2018. You requested that we  
proceed with our review without the additional appointment  
information.

5 (Doc. 40-9 at 9).

6 Plaintiff, however, claims that she was misled into submitting her appeal when she  
7 did. (Doc. 40 at 8). In support of this claim, Plaintiff offers an affidavit stating that when  
8 asked whether she wanted to submit her appeal before the appointments, the  
9 Administrator's representative told her that she "had submitted enough information and  
10 they could make their decision now, rather than prolonging it for the several months that it  
11 would take for" Plaintiff to see her doctors. (Doc. 40-10 at 3). Defendant offers no  
12 conflicting evidence, and in fact, does not dispute (or acknowledge) Plaintiff's evidence.  
13 Accordingly, for purposes of the Plaintiff's motion, the Court accepts Plaintiff's affidavit  
14 regarding what Defendant's representative told her as true. *See generally Kearney*, 175  
15 F.3d at 1096 (B. Fletcher, J., concurring in part and dissenting in part).

16 Plaintiff asserts that this statement "clearly led her to believe that if she appealed  
17 then, the claim would be approved." (Doc. 40 at 8). Regardless of whether the  
18 representative's statement implied a forthcoming approval, it certainly implied that the  
19 Administrator's decision was a foregone conclusion. Assuming the Administrator intended  
20 to complete a "full and fair" review of Plaintiff's claim based on all available medical  
21 information, *see* 29 U.S.C. § 1133(2), it should have informed Plaintiff that this additional  
22 information could impact the outcome of her appeal.

23 The Court finds that had Plaintiff been told that the Administrator would consider  
24 more medical information and such information could impact the outcome of her appeal,  
25 she would have included more information in the record. Accordingly, under *Abatie*, 458  
26 F.3d at 972, the record should be supplemented to include the reports of Drs. Simms and  
27 Mona as well as the additional medical information she acquired during the 180 days she  
28 had to submit an appeal set forth in Doc. 40-5 (Plaintiff's Exhibit E).

1 **3. Failure to Disclose Doctor’s Report**

2 Finally, Plaintiff argues that the Administrator erred by failing to disclose Dr.  
3 Ashlock’s report before the appeal decision.<sup>4</sup>

4 A plan administrator’s “claims procedures . . . will not be deemed to provide a  
5 claimant with a reasonable opportunity for a full and fair review of a claim and adverse  
6 benefit determination unless the claims procedures” ensure that “a claimant shall be  
7 provided, upon request and free of charge, reasonable access to, and copies of, all  
8 documents, records, and other information relevant to the claimant’s claim for benefits.”  
9 29 C.F.R. § 2560.503-1(h)(2)(iii).

10 Plaintiff correctly argues that *Salomaa*, 642 F.3d at 680, held that “[a] physician’s  
11 evaluation provided to the plan administrator falls squarely within [§ 2560.503-  
12 1(h)(2)(iii)’s] disclosure requirement.” *See also Yancy v. United of Omaha Life Ins. Co.*,  
13 No. CV149803PSGPJWX, 2015 WL 5132086, at \*4 (C.D. Cal. Aug. 25, 2015) (“Under  
14 binding Ninth Circuit authority, the failure to provide a claimant with a physician’s report  
15 relied on during the administrative appeal of a denied benefits claim violates ERISA’s  
16 guarantee for ‘full and fair review’ of a denied claim.”).

17 However, “[c]ase law and the relevant regulations state that a plan must provide a  
18 claimant with copies of his or her record ‘upon request.’” *Masuda-Cleveland v. Life Ins.*  
19 *Co. of N. Am.*, No. CV 16-00057 LEK-RLP, 2017 WL 427497, at \*6 (D. Haw. Jan. 31,  
20 2017); *see also Lewis v. Unum Life Ins. Co. of Am.*, 450 F. Supp. 3d 1019, 1022, 1024 (D.  
21 Ariz. 2020) (remanding for supplementation of the record after administrator failed to  
22 respond to a request for consulting experts’ reports). Here, Plaintiff does not cite anything  
23 demonstrating that she requested Dr. Ashlock’s report prior to her appeal denial. She

24 \_\_\_\_\_  
25 <sup>4</sup> Plaintiff also argues that the Administrator erred by denying her claim without sending  
26 Dr. McCrary’s report to Dr. Neil Dende, another of her treating physicians, and Kelsey  
27 Lafond, her physical therapist, for a response. (Doc. 40 at 9). Even assuming this  
28 demonstrates a failure to fully consider the claim as Plaintiff asserts, both Dr. Dende and  
Lafond had the opportunity to respond to Dr. McCrary’s opinion as part of Plaintiff’s  
appeal. And the letter denying Plaintiff’s appeal indicates that the Administrator considered  
a letter from Dr. Dende and notes from Lafond. (Doc. 40-9 at 8–10). Accordingly, Plaintiff  
fails to demonstrate that any potential error prevented the development of the  
administrative record. *See Abatie*, 458 F.3d at 972.

1 instead argues that the Administrator should have disclosed Dr. Ashlock’s report because  
2 it knew that Plaintiff and her medical providers disagreed with Dr. Ashlock’s opinions.  
3 (Doc. 40 at 9). But *Salomaa* imposes no such requirement, and Plaintiff cites no other  
4 authority supporting this argument.

#### 5 **4. Scope of Supplementation and Remand**

6 As discussed above, the Court grants the request to supplement the record with  
7 information that would have been included before the appeal deadline. Plaintiff also  
8 requests to supplement the record with the SSA’s decision finding Plaintiff disabled, along  
9 with the entire SSA claim file. (Doc. 40 at 2).

10 Defendant argues that the SSA information would not impact this Court’s review  
11 because the SSA findings are not binding on disability plan administrators and because the  
12 SSA decision post-dated the Administrator’s decision. (Doc. 44 at 6–7).

13 The Court agrees with Defendant that as a general matter, “a district court should  
14 not take additional evidence merely because someone at a later time comes up with new  
15 evidence that was not presented to the plan administrator.” *Mongeluzo*, 46 F.3d at 944. The  
16 Ninth Circuit, however, has emphasized that “[w]hile ERISA plan administrators are not  
17 bound by the SSA’s determination, complete disregard for a contrary conclusion without  
18 so much as an explanation raises questions about whether an adverse benefits  
19 determination was ‘the product of a principled and deliberative reasoning process.’”  
20 *Montour*, 588 F.3d at 635 (quoting *Glenn v. MetLife*, 461 F.3d 660, 674 (6th Cir. 2006),  
21 *aff’d sub nom. Metro. Life Ins. Co. v. Glenn*, 554 U.S. 105 (2008)). Accordingly, “a proper  
22 acknowledgment of a contrary SSA disability determination would entail comparing and  
23 contrasting . . . the medical evidence upon which the decisionmakers relied.” *Id.* at 636.

24 Here, because the Court finds that a procedural irregularity prevented the full  
25 development of the record, the Court determines a remand is appropriate to consider the  
26 complete record in the first instance. “Although clearly, [the Administrator] did not abuse  
27 its discretion by failing to consider a SSA decision that had not yet been rendered, [it]  
28 should not now, when reconsidering the record due to a previous omission and procedural

1 irregularities, ignore a conflicting SSA determination.” *Woolsey v. Aetna Life Ins. Co.*, No.  
2 CV-18-00578-PHX-SMB, 2020 WL 1083932, at \*13 (D. Ariz. Mar. 6, 2020).  
3 Accordingly, the Court grants Plaintiff’s request to supplement the administrative record  
4 with her SSA claim file.

5 **B. Motion for Additional Discovery**

6 Plaintiff also seeks discovery “narrowly tailored to the conflicts of interest she  
7 alleges led to the claim termination.” (Doc. 40 at 11). This includes financial  
8 documentation relating to the amount Defendant or the Administrator paid the vendors who  
9 referred Drs. McCrary and Ashlock, performance evaluations of the Administrator’s  
10 employee who rendered the final denial and issued the letters which refused to re-open the  
11 claim, any guidelines and manuals the Administrator used, and several depositions. (*Id.* at  
12 12). Because the Court finds that supplementing the administrative record and remanding  
13 to the Administrator is appropriate in this case, the Court denies the request for discovery  
14 as moot.

15 Throughout her motion, Plaintiff makes much of the fact that Defendant and the  
16 Administrator were operating under a structural conflict of interest and alleges that Drs.  
17 McCrary and Ashlock were biased in favor of the companies who retain them for their  
18 services. (*See* Doc. 40). On remand, however, Plaintiff will receive a complete review of  
19 the supplemented record and a new decision. That decision must be based on a full and fair  
20 review of the record, *see* 29 U.S.C. § 1133(2), and must discuss any potential disagreement  
21 with the decision of the SSA, *see Montour*, 588 F.3d at 636. To the extent that review leads  
22 to a decision in Plaintiff’s favor, no need for discovery into any potential biases or conflicts  
23 of interest will exist. If this review leads the Administrator deny the claim and Plaintiff  
24 believes the denial is based on a conflict of interest or improper bias, she can request  
25 discovery in a subsequent court proceeding under *de novo* review. *See Opeta*, 484 F.3d at  
26 1217.

