

IN THE UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF ARKANSAS
TEXARKANA DIVISION

LISA GOLDING

PLAINTIFF

vs.

Civil No. 4:22-cv-04116

COMMISSIONER, SOCIAL
SECURITY ADMINISTRATION

DEFENDANT

MEMORANDUM OPINION

Lisa Golding (“Plaintiff”) brings this action pursuant to § 205(g) of Title II of the Social Security Act (“The Act”), 42 U.S.C. § 405(g) (2010), seeking judicial review of a final decision of the Commissioner of the Social Security Administration (“SSA”) denying her applications for a period of disability, Disability Insurance Benefits (“DIB”), and Supplemental Security Income (“SSI”) under Titles II and XVI of the Act.

The Parties have consented to the jurisdiction of a magistrate judge to conduct any and all proceedings in this case, including conducting the trial, ordering the entry of a final judgment, and conducting all post-judgment proceedings. ECF No. 5.¹ Pursuant to this authority, the Court issues this memorandum opinion and orders the entry of a final judgment in this matter.

1. Background:

Plaintiff protectively filed her disability applications on September 28, 2020. (Tr. 11-24). In these applications, Plaintiff alleges being disabled due to occipital nerve damage, fibromyalgia, neuropathy in her hands and arms, a bulging disc, bone degeneration, and anxiety. (Tr. 340).

¹ The docket numbers for this case are referenced by the designation “ECF No. ___” The transcript pages for this case are referenced by the designation “Tr” and refer to the document filed at ECF No. 10. These references are to the page number of the transcript itself not the ECF page number.

Plaintiff alleges an onset date of October 15, 2018. (Tr. 11). These applications were denied initially on December 17, 2020, and these applications were denied again on reconsideration on April 1, 2021. *Id.*

After these denials, Plaintiff requested an administrative hearing, and this hearing request was granted. (Tr. 31-55). Plaintiff's administrative hearing was held on December 6, 2021, and this hearing was held in Shreveport, Louisiana. *Id.* Plaintiff was present and was represented by Greg Giles at this hearing. *Id.* Plaintiff and Vocational Expert ("VE") Christina Beatty-Cody testified at this hearing. *Id.*

On December 13, 2021, after the administrative hearing, the ALJ entered a fully unfavorable decision denying Plaintiff's applications. (Tr. 8-30). The ALJ found Plaintiff met the insured status requirements of the Act through March 31, 2020. (Tr. 13, Finding 1). The ALJ determined Plaintiff had not engaged in Substantial Gainful Activity ("SGA") since October 15, 2018, her alleged onset date. (Tr. 13, Finding 2). The ALJ determined Plaintiff has the following severe impairments: degenerative disc disease/spondylosis of the lumbar/thoracic spine; degenerative disc disease of the cervical spine with headaches; neuropathy; a right shoulder injury; obesity; depressive disorder; and anxiety disorder. (Tr. 13-14, Finding 3). Despite being severe, the ALJ also determined Plaintiff did not have an impairment or combination of impairments that met or medically equaled one of the listed impairments in 20 C.F.R. Part 404, Subpart P, Appendix 1 ("Listings"). (Tr. 14-15, Finding 4).

The ALJ determined Plaintiff was forty-eight (48) years old on her alleged disability onset date. (Tr. 22-23, Finding 7). Such an individual is defined as a "younger individual" under 20 C.F.R. § 404.1563(c) and 20 C.F.R. § 416.963(c) on her alleged disability onset date. *Id.* The ALJ determined Plaintiff had at least a high school education. (Tr. 23, Finding 8). In this decision, the

ALJ evaluated Plaintiff's subjective allegations and determined her Residual Functional Capacity ("RFC"). (Tr. 15-22, Finding 5). Specifically, the ALJ found Plaintiff retained the following RFC:

After careful consideration of the entire record, I find that the claimant has the residual functional capacity to perform light work as defined in 20 CFR 404.1567(b) and 416.967(b) except she can stand/walk for a total combined time of four hours in a workday. She can occasionally push/pull with the dominant right upper extremity and frequently push/pull with the left upper extremity. She can occasionally climb ramps/stairs but never ladders/ropes/scaffolds. In addition, the claimant can occasionally balance, stoop, kneel, and crouch but cannot crawl. She can frequently perform reaching, handling, and fingering bilaterally. Furthermore, the claimant can maintain attention and concentration for noncomplex, routine tasks. She can have occasional public contact and cannot perform teamwork-related tasks. She can tolerate occasional supervision except for periods of instruction. Finally, the claimant can maintain a work routine consistent with noncomplex tasks with explanation provided for changes.

Id.

The ALJ evaluated Plaintiff's Past Relevant Work ("PRW") and determined Plaintiff was unable to perform any of her PRW. (Tr. 22, Finding 6). The ALJ then considered whether Plaintiff retained the capacity to perform other work existing in significant numbers in the national economy. (Tr. 23-24, Finding 10). In making this determination, the ALJ relied upon the testimony of the VE. *Id.* Based upon the VE's testimony, the ALJ determined Plaintiff retained the capacity to perform the following occupations: (1) collator operator (light, unskilled) with 39,800 such jobs in the nation; (2) router (light, unskilled) with 31,400 such jobs in the nation; and (3) tabber (light, unskilled) with 10,300 such jobs in the nation. *Id.* Because Plaintiff retained the capacity to perform this other work, the ALJ determined Plaintiff had not been under a disability, as defined by the Act, from October 15, 2018 through the date of her decision or through December 16, 2021. (Tr. 24, Finding 11).

Plaintiff requested the Appeals Council's review of the ALJ's unfavorable disability determination. (Tr. 1-5). On November 30, 2022, Plaintiff filed the present appeal. ECF No. 1.

The Parties consented to the jurisdiction of this Court on December 1, 2022. ECF No. 5. This case is now ready for decision.

2. Applicable Law:

In reviewing this case, this Court is required to determine whether the Commissioner's findings are supported by substantial evidence on the record as a whole. *See* 42 U.S.C. § 405(g) (2010); *Ramirez v. Barnhart*, 292 F.3d 576, 583 (8th Cir. 2002). Substantial evidence is less than a preponderance of the evidence, but it is enough that a reasonable mind would find it adequate to support the Commissioner's decision. *See Johnson v. Apfel*, 240 F.3d 1145, 1147 (8th Cir. 2001). As long as there is substantial evidence in the record that supports the Commissioner's decision, the Court may not reverse it simply because substantial evidence exists in the record that would have supported a contrary outcome or because the Court would have decided the case differently. *See Haley v. Massanari*, 258 F.3d 742, 747 (8th Cir. 2001). If, after reviewing the record, it is possible to draw two inconsistent positions from the evidence and one of those positions represents the findings of the ALJ, the decision of the ALJ must be affirmed. *See Young v. Apfel*, 221 F.3d 1065, 1068 (8th Cir. 2000).

It is well-established that a claimant for Social Security disability benefits has the burden of proving his or her disability by establishing a physical or mental disability that lasted at least one year and that prevents him or her from engaging in any substantial gainful activity. *See Cox v. Apfel*, 160 F.3d 1203, 1206 (8th Cir. 1998); 42 U.S.C. §§ 423(d)(1)(A), 1382c(a)(3)(A). The Act defines a "physical or mental impairment" as "an impairment that results from anatomical, physiological, or psychological abnormalities which are demonstrable by medically acceptable clinical and laboratory diagnostic techniques." 42 U.S.C. §§ 423(d)(3), 1382(3)(c). A plaintiff

must show that his or her disability, not simply his or her impairment, has lasted for at least twelve consecutive months. *See* 42 U.S.C. § 423(d)(1)(A).

To determine whether the adult claimant suffers from a disability, the Commissioner uses the familiar five-step sequential evaluation. He determines: (1) whether the claimant is presently engaged in a “substantial gainful activity”; (2) whether the claimant has a severe impairment that significantly limits the claimant’s physical or mental ability to perform basic work activities; (3) whether the claimant has an impairment that meets or equals a presumptively disabling impairment listed in the regulations (if so, the claimant is disabled without regard to age, education, and work experience); (4) whether the claimant has the Residual Functional Capacity (RFC) to perform his or her past relevant work; and (5) if the claimant cannot perform the past work, the burden shifts to the Commissioner to prove that there are other jobs in the national economy that the claimant can perform. *See Cox*, 160 F.3d at 1206; 20 C.F.R. §§ 404.1520(a)-(f). The fact finder only considers the plaintiff’s age, education, and work experience in light of his or her RFC if the final stage of this analysis is reached. *See* 20 C.F.R. §§ 404.1520, 416.920 (2003).

3. Discussion:

In her appeal brief, Plaintiff raised the following three arguments for reversal: (1) the ALJ’s RFC assessment is not supported by substantial evidence in the record; (2) the ALJ erred in discrediting her subjective complaints; and (3) the ALJ’s mental RFC assessment was inadequate. ECF No. 14 at 1-21. Because the Court finds the ALJ erred in assessing Plaintiff’s subjective allegations and in assessing her RFC, the Court will only address Plaintiff’s second argument for reversal.

The Court notes that in assessing the subjective allegations of a claimant, the ALJ is required to examine and to apply the five factors from *Polaski v. Heckler*, 739 F.2d 1320 (8th Cir.

1984) or from 20 C.F.R. § 404.1529 and 20 C.F.R. § 416.929.² *See Shultz v. Astrue*, 479 F.3d 979, 983 (2007). The factors to consider are as follows: (1) the claimant’s daily activities; (2) the duration, frequency, and intensity of the pain; (3) the precipitating and aggravating factors; (4) the dosage, effectiveness, and side effects of medication; and (5) the functional restrictions. *See Polaski*, 739 at 1322.

The factors must be analyzed and considered in light of the claimant’s subjective allegations of pain. *See id.* The ALJ is not required to methodically discuss each factor as long as the ALJ acknowledges and examines these factors prior to discounting the claimant’s subjective allegations. *See Lowe v. Apfel*, 226 F.3d 969, 971-72 (8th Cir. 2000). As long as the ALJ properly applies these five factors and gives several valid reasons for finding that the Plaintiff’s subjective allegations are not entirely reliable, the ALJ’s determination of subjective allegations is entitled to deference. *See id.*; *Cox v. Barnhart*, 471 F.3d 902, 907 (8th Cir. 2006). The ALJ, however, cannot discount Plaintiff’s subjective allegations “solely because the objective medical evidence does not fully support them [the subjective allegations].” *Polaski*, 739 F.2d at 1322.

When discounting a claimant’s subjective allegations of pain, the ALJ must make a specific determination regarding that claimant’s subjective allegations, articulating the reasons for discrediting the testimony, addressing any inconsistencies, and discussing the *Polaski* factors. *See Baker v. Apfel*, 159 F.3d 1140, 1144 (8th Cir. 1998). The inability to work without some pain or discomfort is not a sufficient reason to find a Plaintiff disabled within the strict definition of the

² Social Security Regulations 20 C.F.R. § 404.1529 and 20 C.F.R. § 416.929 require the analysis of two additional factors: (1) “treatment, other than medication, you receive or have received for relief of your pain or other symptoms” and (2) “any measures you use or have used to relieve your pain or symptoms (e.g., lying flat on your back, standing for 15 to 20 minutes every hour, sleeping on a board, etc.)” However, under *Polaski* and its progeny, the Eighth Circuit has not yet required the analysis of these additional factors. *See Shultz v. Astrue*, 479 F.3d 979, 983 (2007). Thus, this Court will not require the analysis of these additional factors in this case.

Act. The issue is not the existence of pain, but whether the pain a Plaintiff experiences precludes the performance of substantial gainful activity. *See Thomas v. Sullivan*, 928 F.2d 255, 259 (8th Cir. 1991).

In the present action, the Court finds the ALJ did not provide sufficient reasons for discounting Plaintiff's subjective allegations. In her opinion, the ALJ discounted Plaintiff's subjective complains for the following reasons:

After careful consideration of the entire record, I find that the claimant has the residual functional capacity to perform light work as defined in 20 CFR 404.1567(b) and 416.967(b) except she can stand/walk for a total combined time of four hours in a workday. She can occasionally push/pull with the dominant right upper extremity and frequently push/pull with the left upper extremity. She can occasionally climb ramps/stairs but never ladders/ropes/scaffolds. In addition, the claimant can occasionally balance, stoop, kneel, and crouch but cannot crawl. She can frequently perform reaching, handling, and fingering bilaterally. Furthermore, the claimant can maintain attention and concentration for noncomplex, routine tasks. She can have occasional public contact and cannot perform teamwork-related tasks. She can tolerate occasional supervision except for periods of instruction. Finally, the claimant can maintain a work routine consistent with noncomplex tasks with explanation provided for changes.

(Tr. 19).

Indeed, the only *Polaski* factor the ALJ referenced involves Plaintiff's daily activity of caring for her disabled child. (Tr. 19). Upon review of the hearing transcript in this matter, however, Plaintiff testified her child goes to school and "a lot of the day he's at school." (Tr. 43). Plaintiff also testified that she has help with her son: "One of my friends will come over a couple of times a week and hand him to me in a sitting down position in the bathtub because I can't hold him." *Id.*

Accordingly, despite the ALJ's attempt to discount Plaintiff's subjective allegations based upon this finding, Plaintiff's daily activities are hardly extensive and do not provide a basis for discounting her subjective allegations. *See Thomas v. Sullivan*, 876 F.2d 666, 669 (8th Cir. 1989)

(recognizing “a claimant need not prove she is bedridden or completely helpless to be found disabled”).

Based upon this review, and because the ALJ’s discussion of the one *Polaski* factor regarding Plaintiff’s daily activities was superficial at best, the Court finds the ALJ improperly discounted Plaintiff’s subjective allegations based upon her medical records. *See Polaski*, 739 F.2d at 1322 (holding a claimant’s subjective allegations cannot be discounted “solely because the objective medical evidence does not fully support them [the subjective allegations]”). Accordingly, because the ALJ provided an insufficient basis for discounting Plaintiff’s subjective allegations, this case must be reversed and remanded.

4. Conclusion:

Based on the foregoing, the undersigned finds the ALJ’s analysis of her subjective allegations are not supported by substantial evidence in the record. As such, this case is reversed and remanded for further findings consistent with this opinion. A judgment incorporating these findings will be entered pursuant to Federal Rules of Civil Procedure 52 and 58.

ENTERED this 2nd day of June 2023.

/s/ Barry A. Bryant
HON. BARRY A. BRYANT
UNITED STATES MAGISTRATE JUDGE