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UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

FELIPE AVILA-DIAZ,)	Case No. CV 12-5519 JC
Plaintiff,)	
v.)	MEMORANDUM OPINION
MICHAEL J. ASTRUE,)	
Commissioner of Social)	
Security,)	
Defendant.)	

I. SUMMARY

On June 25, 2012, plaintiff Felipe Avila-Diaz (“plaintiff”) filed a Complaint seeking review of the Commissioner of Social Security’s denial of plaintiff’s application for benefits. The parties have consented to proceed before a United States Magistrate Judge.

This matter is before the Court on the parties’ cross motions for summary judgment, respectively (“Plaintiff’s Motion”) and (“Defendant’s Motion”). The Court has taken both motions under submission without oral argument. See Fed. R. Civ. P. 78; L.R. 7-15; June 28, 2012 Case Management Order ¶ 5.

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1 Based on the record as a whole and the applicable law, the decision of the
2 Commissioner is AFFIRMED. The findings of the Administrative Law Judge
3 (“ALJ”) are supported by substantial evidence and are free from material error.¹

4 **II. BACKGROUND AND SUMMARY OF ADMINISTRATIVE**
5 **DECISION**

6 On March 27, 2009, plaintiff filed an application for Disability Insurance
7 Benefits. (Administrative Record (“AR”) 122). Plaintiff asserted that he became
8 disabled on October 13, 2008, due to depression, nervousness, distrust of people,
9 ability easily to be stressed, overwhelmed and irritable, diabetes which affects
10 vision, high blood pressure, and sleep apnea. (AR 142). The ALJ examined the
11 medical record and heard testimony from plaintiff (who was represented by
12 counsel) and a vocational expert on November 19, 2010. (AR 37-64).

13 On March 24, 2011, the ALJ determined that plaintiff was not disabled
14 through the date of the decision. (AR 16-24). Specifically, the ALJ found:
15 (1) plaintiff suffered from the following severe impairments: depressive disorder
16 (not otherwise specified (“NOS”)), sleep apnea, diabetes mellitus-type 2,
17 hypertension and obesity (AR 18); (2) plaintiff’s impairments, considered singly
18 or in combination, did not meet or medically equal a listed impairment (AR 19);
19 (3) plaintiff retained the residual functional capacity to perform a full range of
20 work at all exertional levels with certain nonexertional limitations² (AR 20);

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23 ¹The harmless error rule applies to the review of administrative decisions regarding
24 disability. See Molina v. Astrue, 674 F.3d 1104, 1115-22 (9th Cir. 2012) (discussing contours of
25 application of harmless error standard in social security cases) (citing, *inter alia*, Stout v.
Commissioner, Social Security Administration, 454 F.3d 1050, 1054-56 (9th Cir. 2006)).

26 ²More specifically, the ALJ determined that plaintiff (i) could perform a full range of
27 work at all exertional levels; (ii) could understand and remember simple, routine tasks; (iii) could
28 carry out short and simple instructions, including detailed but not complex instructions;
(iv) could make judgments and decisions consistent with simple, unskilled duties; (v) had mild
limitations in the ability to maintain attention and concentration for extended periods of 2 hours;
(continued...)

1 (4) plaintiff could perform his past relevant work as a warehouse worker (AR 23);
2 and (5) plaintiff's allegations regarding his limitations were not credible to the
3 extent they were inconsistent with the ALJ's residual functional capacity
4 assessment (AR 20).

5 The Appeals Council denied plaintiff's application for review. (AR 2).

6 **III. APPLICABLE LEGAL STANDARDS**

7 **A. Sequential Evaluation Process**

8 To qualify for disability benefits, a claimant must show that the claimant is
9 unable "to engage in any substantial gainful activity by reason of any medically
10 determinable physical or mental impairment which can be expected to result in
11 death or which has lasted or can be expected to last for a continuous period of not
12 less than 12 months." Molina v. Astrue, 674 F.3d 1104, 1110 (9th Cir. 2012)
13 (quoting 42 U.S.C. § 423(d)(1)(A)) (internal quotation marks omitted). The
14 impairment must render the claimant incapable of performing the work claimant
15 previously performed and incapable of performing any other substantial gainful
16 employment that exists in the national economy. Tackett v. Apfel, 180 F.3d 1094,
17 1098 (9th Cir. 1999) (citing 42 U.S.C. § 423(d)(2)(A)).

18 In assessing whether a claimant is disabled, an ALJ is to follow a five-step
19 sequential evaluation process:

- 20 (1) Is the claimant presently engaged in substantial gainful activity? If
21 so, the claimant is not disabled. If not, proceed to step two.
- 22 (2) Is the claimant's alleged impairment sufficiently severe to limit
23 the claimant's ability to work? If not, the claimant is not
24 disabled. If so, proceed to step three.

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27 ²(...continued)

28 and (vi) had mild limitations in the abilities to perform activities within a schedule, maintain regular attendance, and be punctual within customary tolerances. (AR 20).

- 1 (3) Does the claimant’s impairment, or combination of
2 impairments, meet or equal an impairment listed in 20 C.F.R.
3 Part 404, Subpart P, Appendix 1? If so, the claimant is
4 disabled. If not, proceed to step four.
- 5 (4) Does the claimant possess the residual functional capacity to
6 perform claimant’s past relevant work? If so, the claimant is
7 not disabled. If not, proceed to step five.
- 8 (5) Does the claimant’s residual functional capacity, when
9 considered with the claimant’s age, education, and work
10 experience, allow the claimant to adjust to other work that
11 exists in significant numbers in the national economy? If so,
12 the claimant is not disabled. If not, the claimant is disabled.

13 Stout v. Commissioner, Social Security Administration, 454 F.3d 1050, 1052 (9th
14 Cir. 2006) (citing 20 C.F.R. §§ 404.1520, 416.920); see also Molina, 674 F.3d at
15 1110 (same).

16 The claimant has the burden of proof at steps one through four, and the
17 Commissioner has the burden of proof at step five. Bustamante v. Massanari, 262
18 F.3d 949, 953-54 (9th Cir. 2001) (citing Tackett, 180 F.3d at 1098); see also Burch
19 v. Barnhart, 400 F.3d 676, 679 (9th Cir. 2005) (claimant carries initial burden of
20 proving disability).

21 **B. Standard of Review**

22 Pursuant to 42 U.S.C. section 405(g), a court may set aside a denial of
23 benefits only if it is not supported by substantial evidence or if it is based on legal
24 error. Robbins v. Social Security Administration, 466 F.3d 880, 882 (9th Cir.
25 2006) (citing Flaten v. Secretary of Health & Human Services, 44 F.3d 1453, 1457
26 (9th Cir. 1995)). Substantial evidence is “such relevant evidence as a reasonable
27 mind might accept as adequate to support a conclusion.” Richardson v. Perales,
28 402 U.S. 389, 401 (1971) (citations and quotations omitted). It is more than a

1 mere scintilla but less than a preponderance. Robbins, 466 F.3d at 882 (citing
2 Young v. Sullivan, 911 F.2d 180, 183 (9th Cir. 1990)).

3 To determine whether substantial evidence supports a finding, a court must
4 “consider the record as a whole, weighing both evidence that supports and
5 evidence that detracts from the [Commissioner’s] conclusion.” Aukland v.
6 Massanari, 257 F.3d 1033, 1035 (9th Cir. 2001) (quoting Penny v. Sullivan, 2 F.3d
7 953, 956 (9th Cir. 1993)). If the evidence can reasonably support either affirming
8 or reversing the ALJ’s conclusion, a court may not substitute its judgment for that
9 of the ALJ. Robbins, 466 F.3d at 882 (citing Flaten, 44 F.3d at 1457).

10 **IV. DISCUSSION**

11 Plaintiff contends that the ALJ improperly rejected the medical opinions
12 provided by his treating physicians. (Plaintiff’s Motion at 3-6). Plaintiff is not
13 entitled to a reversal or remand on this basis.

14 **A. Pertinent Facts**

15 In an October 11, 2010 Mental Impairment Questionnaire, plaintiff’s
16 treating psychologist, Dr. Michael J. Parra, diagnosed plaintiff with depressive
17 disorder NOS, and opined, in pertinent part, that (i) plaintiff had made “fair to
18 good treatment progress” over time; (ii) plaintiff’s prognosis was “fair”; (iii) Dr.
19 Parra’s office had not prescribed plaintiff any medication; (iv) plaintiff would
20 likely be absent from work more than three times a month due to his impairments
21 or treatment; and (v) plaintiff’s mental abilities and aptitude to do even unskilled
22 work were all fair to poor or none (collectively “Dr. Parra’s Opinions”). (AR 508-
23 13).

24 In an October 14, 2010, Physical Residual Functional Capacity
25 Questionnaire, plaintiff’s treating physician, Dr. Narciso M. Azurin, diagnosed
26 plaintiff with, *inter alia*, chronic low back pain, diabetes mellitus-type 2,
27 depression, generalized anxiety disorder, and stress syndrome, and opined, in
28 pertinent part, that (i) plaintiff had persistent, moderate to severe bilateral pain in

1 his lumbar spine, cervical spine, thoracic spine, shoulders, arms, hands and legs;
2 (ii) plaintiff essentially could not function in a competitive work situation (*i.e.*,
3 plaintiff could sit, stand or walk for less than 2 hours in an 8 hour day, plaintiff
4 needed to shift positions at will, plaintiff needed to take unscheduled breaks every
5 hour for at least 15 minutes at a time); and (iii) plaintiff would likely be absent
6 from work more than three times a month due to his impairments or treatment
7 (collectively “Dr. Azurin’s Opinions”). (AR 514-20).

8 **B. Pertinent Law**

9 In Social Security cases, courts employ a hierarchy of deference to medical
10 opinions depending on the nature of the services provided. Courts distinguish
11 among the opinions of three types of physicians: those who treat the claimant
12 (“treating physicians”) and two categories of “nontreating physicians,” namely
13 those who examine but do not treat the claimant (“examining physicians”) and
14 those who neither examine nor treat the claimant (“nonexamining physicians”).
15 Lester v. Chater, 81 F.3d 821, 830 (9th Cir. 1996) (footnote reference omitted). A
16 treating physician’s opinion is entitled to more weight than an examining
17 physician’s opinion, and an examining physician’s opinion is entitled to more
18 weight than a nonexamining physician’s opinion.³ See id. In general, the opinion
19 of a treating physician is entitled to greater weight than that of a non-treating
20 physician because the treating physician “is employed to cure and has a greater
21 opportunity to know and observe the patient as an individual.” Morgan v.
22 Commissioner of Social Security Administration, 169 F.3d 595, 600 (9th Cir.
23 1999) (citing Sprague v. Bowen, 812 F.2d 1226, 1230 (9th Cir. 1987)).

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26 ³Cf. Le v. Astrue, 529 F.3d 1200, 1201-02 (9th Cir. 2008) (not necessary or practical to
27 draw bright line distinguishing treating physicians from non-treating physicians; relationship is
28 better viewed as series of points on a continuum reflecting the duration of the treatment
relationship and frequency and nature of the contact) (citation omitted).

1 The treating physician’s opinion is not, however, necessarily conclusive as
2 to either a physical condition or the ultimate issue of disability. Magallanes v.
3 Bowen, 881 F.2d 747, 751 (9th Cir. 1989) (citing Rodriguez v. Bowen, 876 F.2d
4 759, 761-62 & n.7 (9th Cir. 1989)). Where a treating physician’s opinion is not
5 contradicted by another doctor, it may be rejected only for clear and convincing
6 reasons. Orn v. Astrue, 495 F.3d 625, 632 (9th Cir. 2007) (citation and internal
7 quotations omitted). The ALJ can reject the opinion of a treating physician in
8 favor of another conflicting medical opinion, if the ALJ makes findings setting
9 forth specific, legitimate reasons for doing so that are based on substantial
10 evidence in the record. Id. (citation and internal quotations omitted); Thomas v.
11 Barnhart, 278 F.3d 947, 957 (9th Cir. 2002) (ALJ can meet burden by setting out
12 detailed and thorough summary of facts and conflicting clinical evidence, stating
13 his interpretation thereof, and making findings) (citations and quotations omitted);
14 Magallanes, 881 F.2d at 751, 755 (same; ALJ need not recite “magic words” to
15 reject a treating physician opinion – court may draw specific and legitimate
16 inferences from ALJ’s opinion). “The ALJ must do more than offer his
17 conclusions.” Embrey v. Bowen, 849 F.2d 418, 421-22 (9th Cir. 1988). “He must
18 set forth his own interpretations and explain why they, rather than the
19 [physician’s], are correct.” Id. “Broad and vague” reasons for rejecting the
20 treating physician’s opinion do not suffice. McAllister v. Sullivan, 888 F.2d 599,
21 602 (9th Cir. 1989).

22 **C. Analysis**

23 Plaintiff contends that a remand or reversal is warranted because the ALJ
24 improperly rejected the specific opinions of Dr. Azurin and Dr. Parra that plaintiff
25 would likely be absent from work more than three times a month due to his
26 impairments or treatment. (Plaintiff’s Motion at 5) (citing AR 511, 520). The
27 Court disagrees.

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1 First, Dr. Parra’s October 11, 2010 Mental Impairment Questionnaire
2 essentially contained only check-the-box opinions. (AR 508-13). As the ALJ
3 noted, apart from nominal references to plaintiff’s subjective symptoms, Dr. Parra
4 provided no explanation of the findings which brought the treating psychologist to
5 conclude that plaintiff had the noted significant mental limitations (*i.e.*, that
6 plaintiff would likely be absent from work more than three times a month). (AR
7 22, 511-13). More specifically, Dr. Parra did not provide any clinical findings
8 (*i.e.*, results of objective psychological testing or mental status examinations) –
9 either his own or from another doctor – to support his opinions. (AR 22, 508-13).
10 In fact, the record does not reflect that Dr. Parra conducted any objective
11 psychological testing of plaintiff other than an initial mental status examination
12 conducted when plaintiff began treatment with Dr. Parra in April 2009. (AR 355-
13 57, 360-62, 482-89, 508-13, 230-36). Thus, the ALJ properly declined to give any
14 of Dr. Parra’s Opinions “controlling weight” on this basis alone. See Crane v.
15 Shalala, 76 F.3d 251, 253 (9th Cir. 1996) (“ALJ [] permissibly rejected
16 [psychological evaluation forms] because they were check-off reports that did not
17 contain any explanation of the bases of their conclusions.”); see also De Guzman
18 v. Astrue, 343 Fed. Appx. 201, 209 (9th Cir. 2009)⁴ (ALJ “is free to reject
19 ‘check-off reports that d[o] not contain any explanation of the bases of their
20 conclusions.’”) (citing id.); Murray v. Heckler, 722 F.2d 499, 501 (9th Cir. 1983)
21 (expressing preference for individualized medical opinions over check-off
22 reports).

23 Second, the ALJ properly rejected the significant limitations expressed in
24 Dr. Parra’s Opinions because they were not supported by the treating
25 psychologist’s own notes or the record as a whole. See Bayliss v. Barnhart, 427
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27 ⁴Courts may cite unpublished Ninth Circuit opinions issued on or after January 1, 2007.
28 See U.S. Ct. App. 9th Cir. Rule 36-3(b); Fed. R. App. P. 32.1(a).

1 F.3d 1211, 1217 (9th Cir. 2005) (“The ALJ need not accept the opinion of any
2 physician, including a treating physician, if that opinion is brief, conclusory, and
3 inadequately supported by clinical findings.”) (citation and internal quotation
4 marks omitted); Connett v. Barnhart, 340 F.3d 871, 875 (9th Cir. 2003) (treating
5 physician’s opinion properly rejected where treating physician’s treatment notes
6 “provide no basis for the functional restrictions he opined should be imposed on
7 [the claimant]”). For example, as the ALJ discussed in great detail, treatment
8 records reflect that plaintiff’s mental condition actually progressively improved
9 while he was seeing Dr. Parra. (AR 21) (citing Exhibits 21F [AR 482-89], 29F
10 [AR 530-36]). As recently as September 2010, Dr. Parra noted that plaintiff was
11 “stable on his medications” and had a global assessment of functioning (“GAF”)
12 score of 82,⁵ which indicated that plaintiff had “good functioning in all areas with
13 an absence of symptoms, or minimal symptoms at best.” (AR 21, 530); see Warre
14 v. Commissioner of Social Security Administration, 439 F.3d 1001, 1006 (9th Cir.
15 2006) (“Impairments that can be controlled effectively with medication are not
16 disabling for the purpose of determining eligibility for SSI benefits.”) (citations
17 omitted).

18 Third, the ALJ properly rejected Dr. Azurin’s Opinions which were also
19 unsupported by the treating physician’s own notes or the record as a whole. See
20 Bayliss, 427 F.3d at 1217; Connett, 340 F.3d at 875. As the ALJ noted, although
21 Dr. Azurin’s more recent treatment records documented that plaintiff complained
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24 ⁵A GAF score is a clinician’s judgment of an individual’s overall level of functioning. It
25 is rated with respect only to psychological, social, and occupational functioning, without regard
26 to impairments in functioning due to physical or environmental limitations. See American
27 Psychiatric Association, Diagnostic and Statistical Manual of Mental Disorders (“DSM-IV”), 32
28 (4th ed. 2000). A GAF score between 81 and 90 indicates “[a]bsent or minimal symptoms (e.g.,
mild anxiety before an exam), good functioning in all areas, interested and involved in a wide
range of activities, socially effective, generally satisfied with life, no more than everyday
problems or concerns (e.g., an occasional argument with family members).” DSM-IV at 34.

1 of back pain, they do not reflect that Dr. Azurin conducted any objective testing
2 that would support the extreme physical limitations Dr. Azurin assessed for
3 plaintiff. (AR 21) (citing Exhibits 27F [AR 514-20]; 28F [AR 522-28]). More
4 significantly, as the ALJ noted, results of objective testing by Dr. Khalifa
5 Mansour, a neurologist to whom Dr. Azurin referred plaintiff, were essentially
6 unremarkable. (AR 21) (citing Exhibit 30F [AR 538-40, 543-45]). For example, a
7 cerebrovascular profile of plaintiff was normal (which showed there was no
8 evidence of significant extracranial arterial disease) (AR 544), a memory
9 performance index test was within normal limits (which made it unlikely that
10 plaintiff had cognitive impairment) (AR 544), and an MRI of plaintiff's lumbar
11 spine reflected no stenosis, mild to moderate hypertrophy and minimal disc bulge
12 (AR 543). As the ALJ also noted, the record does not reflect that plaintiff sought,
13 or that Dr. Azurin prescribed, any follow-up treatment with an orthopedic or other
14 specialist for plaintiff's allegedly severe back pain – which is also inconsistent
15 with the significant physical limitations found by Dr. Azurin. (AR 21). See
16 Rollins v. Massanari, 261 F.3d 853, 856 (9th Cir. 2001) (ALJ properly rejected a
17 treating physician's opinion who prescribed conservative treatment and where the
18 plaintiff's activities and lack of complaints were inconsistent with the physician's
19 disability assessment). Dr. Azurin's opinions regarding plaintiff's mental
20 impairments also find no objective support in the treating physician's own notes.
21 As the ALJ noted, although Dr. Azurin treated plaintiff with Paxil, the record does
22 not reflect that Dr. Azurin conducted any objective psychological testing of
23 plaintiff (e.g., a mental status examination), much less testing that would support
24 mental limitations for plaintiff beyond those already accounted for in the ALJ's
25 residual functional capacity assessment. (AR 21) (citing Exhibits 1F [AR 223-32];
26 4F [AR 241-64]; 5F [AR 266-79]; 8F [AR 294-345]; 20F [AR 407-80]; 27F [AR
27 514-20]; 28F [AR 522-28]; 30F [AR 538-52]).

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1 Finally, the ALJ properly rejected the opinions of Drs. Parra and Azurin, in
2 part, in favor of the conflicting opinion of the state-agency examining psychiatrist,
3 Dr. Jeffrey D. Litzinger, who determined, *inter alia*, that plaintiff was only mildly
4 limited in his ability to associate with day-to-day work activity, including
5 attendance. (AR 369). Dr. Litzinger's opinion was supported by his independent
6 psychological examination of plaintiff (AR 363-69), and thus, without more,
7 constituted substantial evidence upon which the ALJ could properly rely to reject
8 the treating doctors' opinions. See, e.g., Tonapetyan v. Halter, 242 F.3d 1144,
9 1149 (9th Cir. 2001) (consultative examiner's opinion on its own constituted
10 substantial evidence, because it rested on independent examination of claimant);
11 Andrews v. Shalala, 53 F.3d 1035, 1041 (9th Cir. 1995). While plaintiff suggests
12 that a mild limitation in plaintiff's ability to maintain regular attendance is
13 equivalent to Drs. Parra and Azurin's findings that plaintiff would likely be absent
14 from work more than three times a month (which, according to the vocational
15 expert, would preclude all work (AR 62)) (Plaintiff's Motion at 5), the Court will
16 not second-guess the ALJ's implicit determination to the contrary. See Robbins,
17 466 F.3d at 882.

18 Accordingly, a remand or reversal on this basis is not warranted.

19 **V. CONCLUSION**

20 For the foregoing reasons, the decision of the Commissioner of Social
21 Security is affirmed.

22 LET JUDGMENT BE ENTERED ACCORDINGLY.

23 DATED: November 29, 2012

24 _____
/s/

25 Honorable Jacqueline Chooljian
26 UNITED STATES MAGISTRATE JUDGE
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