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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

|                              |   |                           |
|------------------------------|---|---------------------------|
| RICHARD P.,                  | ) | NO. CV 19-10246-E         |
|                              | ) |                           |
| Plaintiff,                   | ) |                           |
|                              | ) |                           |
| v.                           | ) | <b>MEMORANDUM OPINION</b> |
|                              | ) |                           |
| ANDREW SAUL, Commissioner of | ) |                           |
| Social Security,             | ) |                           |
|                              | ) |                           |
| Defendant.                   | ) |                           |
|                              | ) |                           |

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PROCEEDINGS

Plaintiff filed a complaint on December 3, 2019, seeking review of the Commissioner's denial of benefits. The parties consented to proceed before a United States Magistrate Judge on April 13, 2020. Plaintiff filed "Plaintiff's Motion for Remand" on April 15, 2020. Defendant filed a motion for summary judgment on May 15, 2020. Plaintiff filed "Plaintiff's Reply Brief" on May 21, 2020. The Court has taken the motions under submission without oral argument. See L.R. 7-15; "Order," filed December 17, 2019.

///

1 **BACKGROUND**

2  
3 Plaintiff seeks disability insurance benefits, alleging an  
4 inability to work beginning December 31, 2014, based primarily on  
5 headaches and anxiety/panic attacks (Administrative Record ("A.R.")  
6 118-19, 208, 267).<sup>1</sup> Plaintiff's insured status expired on  
7 December 31, 2016 (A.R. 56; Plaintiff's Motion at 2).  
8

9 The Administrative Law Judge ("ALJ") examined the medical record  
10 and heard testimony from Plaintiff and a vocational expert (A.R. 54-  
11 66, 108-31). Plaintiff testified that he could not work in 2015 and  
12 2016 because of, inter alia, "incredible migraines" and "panic attacks  
13 and anxiety attacks that I couldn't even go out to a restaurant  
14 without passing out from anxiety . . ." (A.R. 118-19).  
15

16 The ALJ found that, through the date last insured, Plaintiff had  
17 severe impairments, including migraine headaches and a mental  
18 impairment (A.R. 56-59). However, the ALJ also found that, through  
19 the date last insured, Plaintiff retained the residual functional  
20 capacity to perform simple, unskilled medium work not requiring  
21 contact with the public or more than occasional contact with coworkers  
22 and supervisors (A.R. 56-59). The ALJ believed that Plaintiff's  
23 testimony exaggerated the intensity, persistence and limiting effects  
24 of Plaintiff's symptoms (A.R. 60-63). In reliance on the vocational  
25

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26 <sup>1</sup> In the administrative proceedings, Plaintiff also  
27 alleged other impairments, but the discussion in Plaintiff's  
28 motion appears to be confined exclusively to headaches and  
anxiety/panic attacks.

1 expert's testimony, the ALJ determined that there existed significant  
2 numbers of jobs performable by a person having the residual functional  
3 capacity the ALJ found to exist (A.R. 64-66). The Appeals Council  
4 considered additional evidence newly submitted by Plaintiff, but  
5 denied review (A.R. 7-9).

6  
7 **STANDARD OF REVIEW**  
8

9 Under 42 U.S.C. section 405(g), this Court reviews the  
10 Administration's decision to determine if: (1) the Administration's  
11 findings are supported by substantial evidence; and (2) the  
12 Administration used correct legal standards. See Carmickle v.  
13 Commissioner, 533 F.3d 1155, 1159 (9th Cir. 2008); Hoopai v. Astrue,  
14 499 F.3d 1071, 1074 (9th Cir. 2007); see also Brewes v. Commissioner,  
15 682 F.3d 1157, 1161 (9th Cir. 2012). Substantial evidence is "such  
16 relevant evidence as a reasonable mind might accept as adequate to  
17 support a conclusion." Richardson v. Perales, 402 U.S. 389, 401  
18 (1971) (citation and quotations omitted); see also Widmark v.  
19 Barnhart, 454 F.3d 1063, 1066 (9th Cir. 2006).

20  
21 If the evidence can support either outcome, the court may  
22 not substitute its judgment for that of the ALJ. But the  
23 Commissioner's decision cannot be affirmed simply by  
24 isolating a specific quantum of supporting evidence.  
25 Rather, a court must consider the record as a whole,  
26 weighing both evidence that supports and evidence that  
27 detracts from the [administrative] conclusion.

28 ///

1 Tackett v. Apfel, 180 F.3d 1094, 1098 (9th Cir. 1999) (citations and  
2 quotations omitted).

3  
4 Where, as here, the Appeals Council "considers new evidence in  
5 deciding whether to review a decision of the ALJ, that evidence  
6 becomes part of the administrative record, which the district court  
7 must consider when reviewing the Commissioner's final decision for  
8 substantial evidence." Brewes v. Commissioner, 682 F.3d at 1163.  
9 "[A]s a practical matter, the final decision of the Commissioner  
10 includes the Appeals Council's denial of review, and the additional  
11 evidence considered by that body is evidence upon which the findings  
12 and decision complained of are based." Id. (citations and quotations  
13 omitted).<sup>2</sup> Thus, this Court has reviewed the evidence submitted for  
14 the first time to the Appeals Council.

15  
16 **DISCUSSION**

17  
18 After consideration of the record as a whole, Defendant's motion  
19 is granted and Plaintiff's motion is denied. The Administration's  
20 findings are supported by substantial evidence and are free from

21 ///

22 \_\_\_\_\_  
23 <sup>2</sup> And yet, the Ninth Circuit sometimes had stated that  
24 there exists "no jurisdiction to review the Appeals Council's  
25 decision denying [the claimant's] request for review." See,  
26 e.g., Taylor v. Commissioner, 659 F.3d 1228, 1233 (9th Cir.  
27 2011); but see Smith v. Berryhill, 139 S. Ct. 1765 (2019) (court  
28 has jurisdiction to review Appeals Council's dismissal of request  
for review as untimely); see also Warner v. Astrue, 859 F. Supp.  
2d 1107, 1115 n.10 (C.D. Cal. 2012) (remarking on the seeming  
irony of reviewing an ALJ's decision in the light of evidence the  
ALJ never saw).

1 material<sup>3</sup> legal error.

2  
3 **I. The ALJ Did Not Err by Discounting the Credibility of Plaintiff's**  
4 **Subjective Complaints.**

5  
6 An ALJ's assessment of a claimant's credibility is entitled to  
7 "great weight." Anderson v. Sullivan, 914 F.2d 1121, 1124 (9th Cir.  
8 1990); Nyman v. Heckler, 779 F.2d 528, 531 (9th Cir. 1985). Where, as  
9 here, an ALJ finds that the claimant's medically determinable  
10 impairments reasonably could be expected to cause some degree of the  
11 alleged symptoms of which the claimant subjectively complains, any  
12 discounting of the claimant's complaints must be supported by  
13 specific, cogent findings. See Berry v. Astrue, 622 F.3d 1228, 1234  
14 (9th Cir. 2010); Lester v. Chater, 81 F.3d 821, 834 (9th Cir. 1995);  
15 but see Smolen v. Chater, 80 F.3d 1273, 1282-84 (9th Cir. 1996)  
16 (indicating that ALJ must offer "specific, clear and convincing"  
17 reasons to reject a claimant's testimony where there is no evidence of  
18 "malingering").<sup>4</sup> An ALJ's credibility finding "must be sufficiently

19 \_\_\_\_\_  
20 <sup>3</sup> The harmless error rule applies to the review of  
21 administrative decisions regarding disability. See Garcia v.  
22 Commissioner, 768 F.3d 925, 932-33 (9th Cir. 2014); McLeod v.  
23 Astrue, 640 F.3d 881, 886-88 (9th Cir. 2011).

24 <sup>4</sup> In the absence of an ALJ's reliance on evidence of  
25 "malingering," most recent Ninth Circuit cases have applied the  
26 "clear and convincing" standard. See, e.g., Leon v. Berryhill,  
27 880 F.3d 1041, 1046 (9th Cir. 2017); Brown-Hunter v. Colvin, 806  
28 F.3d 487, 488-89 (9th Cir. 2015); Burrell v. Colvin, 775 F.3d  
1133, 1136-37 (9th Cir. 2014); Treichler v. Commissioner, 775  
F.3d 1090, 1102 (9th Cir. 2014); Ghanim v. Colvin, 763 F.3d 1154,  
1163 n.9 (9th Cir. 2014); Garrison v. Colvin, 759 F.3d 995, 1014-  
15 & n.18 (9th Cir. 2014); see also Ballard v. Apfel, 2000 WL  
1899797, at \*2 n.1 (C.D. Cal. Dec. 19, 2000) (collecting earlier

(continued...)

1 specific to allow a reviewing court to conclude the ALJ rejected the  
2 claimant's testimony on permissible grounds and did not arbitrarily  
3 discredit the claimant's testimony." See Moisa v. Barnhart, 367 F.3d  
4 882, 885 (9th Cir. 2004) (internal citations and quotations omitted);  
5 see also Social Security Ruling ("SSR") 96-7p (explaining how to  
6 assess a claimant's credibility), superseded, SSR 16-3p (eff. Mar. 28,  
7 2016).<sup>5</sup> As discussed below, the ALJ stated sufficient reasons for  
8 deeming Plaintiff's subjective complaints less than fully credible.

9  
10 The ALJ determined that the objective medical evidence was  
11 inconsistent with Plaintiff's claimed inability to function (A.R. 59-  
12 63). An ALJ permissibly may rely in part on a lack of supporting  
13 objective medical evidence in discounting a claimant's allegations of  
14 disabling symptomatology. See Burch v. Barnhart, 400 F.3d 676, 681  
15 (9th Cir. 2005) ("Although lack of medical evidence cannot form the  
16 sole basis for discounting pain testimony, it is a factor the ALJ can  
17 consider in his [or her] credibility analysis."); Rollins v.  
18 Massanari, 261 F.3d 853, 857 (9th Cir. 2001) (same); see also  
19 Carmickle v. Commissioner, 533 F.3d at 1161 ("Contradiction with the  
20 medical record is a sufficient basis for rejecting the claimant's

21 \_\_\_\_\_  
22 <sup>4</sup>(...continued)  
23 cases). In the present case, the ALJ's findings are sufficient  
24 under either standard, so the distinction between the two  
standards (if any) is academic.

25 <sup>5</sup> The appropriate analysis under the superseding SSR is  
26 substantially the same as the analysis under the superseded SSR.  
27 See R.P. v. Colvin, 2016 WL 7042259, at \*9 n.7 (E.D. Cal. Dec. 5,  
2016) (stating that SSR 16-3p "implemented a change in diction  
rather than substance") (citations omitted); see also Trevizo v.  
28 Berryhill, 871 F.3d 664, 678 n.5 (9th Cir. 2017) (suggesting that  
SSR 16-3p "makes clear what our precedent already required").

1 subjective testimony"); SSR 16-3p ("[O]bjective medical evidence is a  
2 useful indicator to help make reasonable conclusions about the  
3 intensity and persistence of symptoms, including the effects those  
4 symptoms may have on the ability to perform work-related activities  
5 . . .").

6  
7 The ALJ also pointed out that Plaintiff advised one of his  
8 treating physicians that his headaches were adequately controlled by  
9 an over-the-counter medication (Advil) (A.R. 60; see also A.R. 608,  
10 612). See Warre v. Commissioner, 439 F.3d 1001, 1006 (9th Cir. 2006)  
11 ("Impairments that can be controlled effectively with medication are  
12 not disabling for the purpose of determining eligibility for SSI  
13 benefits.") (citations omitted); see also 20 C.F.R. §§ 404.1529(c)(3),  
14 416.929(c)(3) (effectiveness of medication and treatment is a relevant  
15 factor in determining the severity of a claimant's symptoms);  
16 Tommasetti v. Astrue, 533 F.3d 1035, 1040 (9th Cir. 2008) (a favorable  
17 response to treatment can undermine a claimant's complaints of  
18 debilitating pain or other severe symptoms); Morgan v. Commissioner,  
19 169 F.3d 595, 599 (9th Cir. 1999) (ALJ properly discredited claimant's  
20 subjective complaints by citing physician's report that symptoms  
21 improved with medication); Tidwell v. Apfel, 161 F.3d 599, 602 (9th  
22 Cir. 1999) (ALJ did not err in considering that medication "aided"  
23 claimant's symptoms in assessing claimant's credibility).

24  
25 The ALJ also specifically observed that a treating physician had  
26 discussed with Plaintiff the possibility of using more potent  
27 medication for Plaintiff's headaches, but Plaintiff declined to pursue  
28 the matter (A.R. 60; see also A.R. 492, 612). A claimant's failure to

1 pursue more aggressive treatment for an allegedly disabling impairment  
2 properly may cast doubt on a disability claimant's credibility. See  
3 Molina v. Astrue, 674 F.3d 1104, 1113 (9th Cir. 2012); Fair v. Bowen,  
4 885 F.2d 597, 603 (9th Cir. 1989). In the same vein, the relatively  
5 conservative nature of a claimant's treatment properly may factor into  
6 the evaluation of the claimant's subjective complaints. See  
7 Tommasetti v. Astrue, 533 F.3d at 1039-40; Parra v. Astrue, 481 F.3d  
8 742, 751 (9th Cir. 2007), cert. denied, 552 U.S. 1141 (2008);  
9 Osenbrock v. Apfel, 240 F.3d 1157, 1166 (9th Cir. 2001).

10  
11 Additionally, the ALJ observed that, during the relevant time  
12 period, Plaintiff did not consistently report to his treatment  
13 providers the same intensity of symptoms claimed in Plaintiff's  
14 testimony (A.R. 62). Indeed, Plaintiff sometimes reported improving  
15 mental health symptoms, and, as already indicated, reported headaches  
16 adequately controlled with Advil (A.R. 608, 612, 615, 618, 620).  
17 Inconsistent reports of symptoms properly may undercut a claimant's  
18 credibility. See Molina v. Astrue, 674 F.3d at 1112 (claimant's  
19 inconsistencies can adversely impact claimant's credibility); Verduzco  
20 v. Apfel, 188 F.3d 1087, 1090 (9th Cir. 1999) (inconsistencies in a  
21 claimant's statements were among the "clear and convincing reasons"  
22 for discounting claimant's credibility).

23  
24 It may be that not all of the ALJ's stated reasons for  
25 discounting Plaintiff's subjective symptomatology are legally valid.  
26 However, notwithstanding the invalidity of one or more of an ALJ's  
27 stated reasons, a court may uphold an ALJ's credibility determination  
28 where sufficient valid reasons have been stated. See Carmickle v.



1 Commissioner, 533 F.3d at 1162-63. In the present case, the ALJ  
2 stated sufficient valid reasons to allow this Court to conclude that  
3 the ALJ discounted Plaintiff's credibility on permissible grounds.  
4 See Moisa v. Barnhart, 367 F.3d at 885. The Court therefore defers to  
5 the ALJ's credibility determination. See Lasich v. Astrue, 252 Fed.  
6 App'x 823, 825 (9th Cir. 2007) (court will defer to Administration's  
7 credibility determination when the proper process is used and proper  
8 reasons for the decision are provided); accord Flaten v. Secretary of  
9 Health & Human Services, 44 F.3d 1453, 1464 (9th Cir. 1995).<sup>6</sup>

10  
11 **II. Substantial Evidence Supports the ALJ's Conclusion that Plaintiff**  
12 **was Not Disabled During the Relevant Time Period.**

13  
14 Substantial evidence supports the ALJ's ultimate conclusion.  
15 Apart from Plaintiff's subjective complaints, little record evidence  
16 suggests that Plaintiff's impairments deprived Plaintiff of the  
17 capacity to work for any continuous 12 month period between  
18 December 31, 2014 and December 31, 2016.<sup>7</sup> See Krumpelman v. Heckler,  
19 767 F.2d 586, 589 (9th Cir. 1985), cert. denied, 475 U.S. 1025 (1986)  
20 (claimant must prove impairments prevented work for 12 continuous  
21 months); see also Flaten v. Secretary of Health and Human Services, 44

22  
23 <sup>6</sup> The Court should not and does not determine the  
24 credibility of Plaintiff's testimony concerning his subjective  
25 symptomatology. Absent legal error, it is for the  
26 Administration, and not this Court, to do so. See Magallanes v.  
Bowen, 881 F.2d 747, 750, 755-56 (9th Cir. 1989).

27 <sup>7</sup> Although the Administrative Record is lengthy, many of  
28 the documents in the record postdate the relevant time period and  
many of the documents within the relevant time period were copied  
into the record more than once.

1 F.3d at 1458 (where claimants apply for benefits after the expiration  
2 of their insured status based on a current disability, the claimants  
3 "must show that the current disability has existed continuously since  
4 some time on or before the date their insured status lapsed").

5  
6 Significantly, no physician opined that Plaintiff was ever  
7 totally disabled during the relevant time period. See Matthews v.  
8 Shalala, 10 F.3d 678, 680 (9th Cir. 1993) (in upholding the  
9 Administration's decision, the Court emphasized: "None of the doctors  
10 who examined [claimant] expressed the opinion that he was totally  
11 disabled" or "implied that [claimant] was precluded from all work  
12 activity") (emphasis original); accord Curry v. Sullivan, 925 F.2d  
13 1127, 1130 n.1 (9th Cir. 1990). Non-examining state agency physicians  
14 opined that Plaintiff could work during the relevant time period (A.R.  
15 137-39).

16  
17 The vocational expert testified that a person with the residual  
18 functional capacity the ALJ found to have existed could perform jobs  
19 existing in significant numbers (A.R. 125-29). The ALJ properly  
20 relied on this testimony in finding Plaintiff not disabled. See  
21 Johnson v. Shalala, 60 F.3d 1428, 1435-36 (9th Cir. 1995); Barker v.  
22 Secretary, 882 F.2d 1474, 1478-80 (9th Cir. 1989); Martinez v.

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1 Heckler, 807 F.2d 771, 775 (9th Cir. 1986).<sup>8</sup>

2  
3 To the extent the evidence of record is conflicting, the ALJ  
4 properly resolved the conflicts. See Treichler v. Commissioner, 775  
5 F.3d 1090, 1098 (9th Cir. 2014) (court "leaves it to the ALJ" to  
6 resolve conflicts and ambiguities in the record). The Court must  
7 uphold the administrative decision when the evidence "is susceptible  
8 to more than one rational interpretation." Andrews v. Shalala, 53  
9 F.3d 1035, 1039-40 (9th Cir. 1995). The Court will uphold the ALJ's  
10 rational interpretation of the evidence in the present case  
11 notwithstanding any conflicts in the record.

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24 <sup>8</sup> Hypothetical questions posed to a vocational expert  
25 need not include all conceivable limitations that a favorable  
26 interpretation of the record might suggest to exist - only those  
27 limitations the ALJ finds to exist. See, e.g., Bayliss v.  
28 Barnhart, 427 F.3d 1211, 1217-18 (9th Cir. 2005); Rollins v.  
Massanari, 261 F.3d at 857; Magallanes v. Bowen, 881 F.2d at  
756-57; Martinez v. Heckler, 807 F.2d at 773-74. Here, the  
hypothetical question posed to the vocational expert included all  
limitations the ALJ found to exist.

