

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28

UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

DAVID RODOLA,

Plaintiff,

v.

ANDREW M. SAUL,
Commissioner of Social Security,

Defendant.

Case No. CV 20-02900-JEM

MEMORANDUM OPINION AND ORDER
AFFIRMING DECISION OF THE
COMMISSIONER OF SOCIAL SECURITY

PROCEEDINGS

On March 27, 2020, David Rodola (“Plaintiff” or “Claimant”) filed a complaint seeking review of the decision by the Commissioner of Social Security (“Commissioner”) denying Plaintiff’s applications for Social Security Disability Insurance benefits and Supplemental Security Income benefits. (Dkt. 1.) The Commissioner filed an Answer on July 27, 2020. (Dkt. 16.) On October 29, 2020, the parties filed a Joint Stipulation (“JS”). (Dkt. 16.) The matter is now ready for decision.

Pursuant to 28 U.S.C. § 636(c), both parties consented to proceed before this Magistrate Judge. After reviewing the pleadings, transcripts, and administrative record (“AR”), the Court concludes that the Commissioner’s decision must be affirmed and this case dismissed with prejudice.

BACKGROUND

1
2 Plaintiff is a 50 year-old male who applied for Social Security Disability Insurance
3 benefits on October 30, 2015, and Supplemental Security Income benefits on October 21,
4 2015, alleging disability beginning June 16, 2010. (AR 35.) The ALJ determined that Plaintiff
5 has not engaged in substantial gainful activity since June 16, 2010, the alleged onset date.
6 (AR 37.)

7 Plaintiff's claims were denied initially on September 16, 2016. (AR 35.) Plaintiff filed a
8 timely request for hearing, which was held before Administrative Law Judge ("ALJ") Bruce T.
9 Cooper on April 30, 2018, in Pasadena, California. (AR 35.) A supplemental hearing was also
10 held on December 28, 2018, in Pasadena, California. (AR 35.) Plaintiff appeared and testified
11 at both hearings and was represented by counsel. (AR 35.) Vocational expert ("VE") Carmen
12 Roman also appeared and testified at both hearings. (AR 35.)

13 The ALJ issued an unfavorable decision on June 29, 2019. (AR 35-45.) The Appeals
14 Council denied review on January 27, 2020. (AR 1-4.)

DISPUTED ISSUES

15
16 As reflected in the Joint Stipulation, Plaintiff raises the following disputed issues as
17 grounds for reversal and remand:

- 18 1. Whether the ALJ provided specific and legitimate reasons to reject the opinion of
19 the treating doctor.
- 20 2. Whether the ALJ provided clear and convincing reasons to reject the subjective
21 limitations of Plaintiff.

STANDARD OF REVIEW

22
23 Under 42 U.S.C. § 405(g), this Court reviews the ALJ's decision to determine whether
24 the ALJ's findings are supported by substantial evidence and free of legal error. Smolen v.
25 Chater, 80 F.3d 1273 , 1279 (9th Cir. 1996); see also DeLorme v. Sullivan, 924 F.2d 841, 846
26 (9th Cir. 1991) (ALJ's disability determination must be supported by substantial evidence and
27 based on the proper legal standards).

1 Substantial evidence means “more than a mere scintilla,’ but less than a
2 preponderance.” Saelee v. Chater, 94 F.3d 520, 521-22 (9th Cir. 1996) (quoting Richardson v.
3 Perales, 402 U.S. 389, 401 (1971)). Substantial evidence is “such relevant evidence as a
4 reasonable mind might accept as adequate to support a conclusion.” Richardson, 402 U.S. at
5 401 (internal quotation marks and citation omitted).

6 This Court must review the record as a whole and consider adverse as well as
7 supporting evidence. Robbins v. Soc. Sec. Admin., 466 F.3d 880, 882 (9th Cir. 2006). Where
8 evidence is susceptible to more than one rational interpretation, the ALJ’s decision must be
9 upheld. Morgan v. Comm’r of the Soc. Sec. Admin., 169 F.3d 595, 599 (9th Cir. 1999).
10 “However, a reviewing court must consider the entire record as a whole and may not affirm
11 simply by isolating a ‘specific quantum of supporting evidence.’” Robbins, 466 F.3d at 882
12 (quoting Hammock v. Bowen, 879 F.2d 498, 501 (9th Cir. 1989)); see also Orn v. Astrue, 495
13 F.3d 625, 630 (9th Cir. 2007).

14 THE SEQUENTIAL EVALUATION

15 The Social Security Act defines disability as the “inability to engage in any substantial
16 gainful activity by reason of any medically determinable physical or mental impairment which
17 can be expected to result in death or . . . can be expected to last for a continuous period of not
18 less than 12 months.” 42 U.S.C. § 423(d)(1)(A). The Commissioner has established a five-
19 step sequential process to determine whether a claimant is disabled. 20 C.F.R. §§ 404.1520,
20 416.920.

21 The first step is to determine whether the claimant is presently engaging in substantial
22 gainful activity. Parra v. Astrue, 481 F.3d 742, 746 (9th Cir. 2007). If the claimant is engaging
23 in substantial gainful activity, disability benefits will be denied. Bowen v. Yuckert, 482 U.S. 137,
24 140 (1987). Second, the ALJ must determine whether the claimant has a severe impairment or
25 combination of impairments. Parra, 481 F.3d at 746. An impairment is not severe if it does not
26 significantly limit the claimant’s ability to work. Smolen, 80 F.3d at 1290. Third, the ALJ must
27 determine whether the impairment is listed, or equivalent to an impairment listed, in 20 C.F.R.
28 Pt. 404, Subpt. P, Appendix I of the regulations. Parra, 481 F.3d at 746. If the impairment

1 meets or equals one of the listed impairments, the claimant is presumptively disabled. Bowen,
2 482 U.S. at 141. Fourth, the ALJ must determine whether the impairment prevents the
3 claimant from doing past relevant work. Pinto v. Massanari, 249 F.3d 840, 844-45 (9th Cir.
4 2001). Before making the step four determination, the ALJ first must determine the claimant's
5 residual functional capacity ("RFC"). 20 C.F.R. § 416.920(e). The RFC is "the most [one] can
6 still do despite [his or her] limitations" and represents an assessment "based on all the relevant
7 evidence." 20 C.F.R. §§ 404.1545(a)(1), 416.945(a)(1). The RFC must consider all of the
8 claimant's impairments, including those that are not severe. 20 C.F.R. §§ 416.920(e),
9 416.945(a)(2); Social Security Ruling ("SSR") 96-8p.

10 If the claimant cannot perform his or her past relevant work or has no past relevant work,
11 the ALJ proceeds to the fifth step and must determine whether the impairment prevents the
12 claimant from performing any other substantial gainful activity. Moore v. Apfel, 216 F.3d 864,
13 869 (9th Cir. 2000). The claimant bears the burden of proving steps one through four,
14 consistent with the general rule that at all times the burden is on the claimant to establish his or
15 her entitlement to benefits. Parra, 481 F.3d at 746. Once this prima facie case is established
16 by the claimant, the burden shifts to the Commissioner to show that the claimant may perform
17 other gainful activity. Lounsbury v. Barnhart, 468 F.3d 1111, 1114 (9th Cir. 2006). To support
18 a finding that a claimant is not disabled at step five, the Commissioner must provide evidence
19 demonstrating that other work exists in significant numbers in the national economy that the
20 claimant can do, given his or her RFC, age, education, and work experience. 20 C.F.R.
21 § 416.912(g). If the Commissioner cannot meet this burden, then the claimant is disabled and
22 entitled to benefits. Id.

23 THE ALJ DECISION

24 In this case, the ALJ determined at step one of the sequential process that Plaintiff has
25 not engaged in substantial gainful activity since June 16, 2010, the alleged onset date. (AR
26 37.)

1 At step two, the ALJ determined that Plaintiff has the following medically determinable
2 severe impairments: degenerative disc disease of the lumbar and cervical spine, borderline
3 intellectual functioning/organic mental disorder, and right knee/ankle osteoarthritis. (AR 37-38.)

4 At step three, the ALJ determined that Plaintiff does not have an impairment or
5 combination of impairments that meets or medically equals the severity of one of the listed
6 impairments. (AR 38-39.)

7 The ALJ then found that Plaintiff had the RFC to perform sedentary work as defined in
8 20 CFR § 404.1567(a) with the following limitations:

9 Claimant can lift and carry 20 pounds occasionally and 10 pounds frequently; he
10 can sit for 6 hours in an eight-hour workday but no more than 2 hours at a time;
11 he can stand and/or walk for 2 hours in an eight-hour workday, no more than 1
12 hour at a time; he can push and/or pull as much as he can lift and/or carry; he can
13 operate foot controls with the right foot occasionally; he can operate foot controls
14 with the left foot occasionally; he can never climb ladders, ropes or scaffolds; he
15 can perform all other postural activities occasionally; he can never work at
16 unprotected heights or around moving mechanical parts; he must be allowed to
17 use a cane; he is limited to simple routine tasks; and he is able to make simple
18 work related instructions.

19 (AR 39-43.) In determining the above RFC, the ALJ made a determination that Plaintiff's
20 subjective symptom allegations were "not entirely consistent" with the medical evidence and
21 other evidence of record. (AR 40.)

22 At step four, the ALJ found that Plaintiff is unable to perform his past relevant work as a
23 construction worker. (AR 43-44.) The ALJ, however, also found at step five that, considering
24 Claimant's age, education, work experience, and RFC, there are jobs that exist in significant
25 numbers in the national economy that Claimant can perform, including the jobs of addresser
26 clerk, toy stuffer, and table worker. (AR 44-45.)

27 Consequently, the ALJ found that Claimant is not disabled within the meaning of the
28 Social Security Act. (AR 45.)

DISCUSSION

1 The ALJ decision must be affirmed. The ALJ properly considered the medical evidence.
2
3 The ALJ properly discounted Plaintiff's subjective symptom allegations. The ALJ's RFC is
4 supported by substantial evidence.

5 I. THE ALJ PROPERLY CONSIDERED THE MEDICAL EVIDENCE

6 Plaintiff contends that the ALJ erred in giving little weight to Plaintiff's pain management
7 physician, Dr. Ben Shwachman. The Court disagrees.

8 A. Relevant Federal Law

9 The ALJ's RFC is not a medical determination but an administrative finding or legal
10 decision reserved to the Commissioner based on consideration of all the relevant evidence,
11 including medical evidence, lay witnesses, and subjective symptoms. See SSR 96-5p; 20
12 C.F.R. § 1527(e). In determining a claimant's RFC, an ALJ must consider all relevant evidence
13 in the record, including medical records, lay evidence, and the effects of symptoms, including
14 pain reasonably attributable to the medical condition. Robbins, 446 F.3d at 883.

15 In evaluating medical opinions, the case law and regulations distinguish among the
16 opinions of three types of physicians: (1) those who treat the claimant (treating physicians); (2)
17 those who examine but do not treat the claimant (examining physicians); and (3) those who
18 neither examine nor treat the claimant (non-examining, or consulting, physicians). See 20
19 C.F.R. §§ 404.1527, 416.927; see also Lester v. Chater, 81 F.3d 821, 830 (9th Cir. 1995). In
20 general, an ALJ must accord special weight to a treating physician's opinion because a treating
21 physician "is employed to cure and has a greater opportunity to know and observe the patient
22 as an individual." Magallanes v. Bowen, 881 F.2d 747, 751 (9th Cir. 1989) (citation omitted). If
23 a treating source's opinion on the issues of the nature and severity of a claimant's impairments
24 is well-supported by medically acceptable clinical and laboratory diagnostic techniques, and is
25 not inconsistent with other substantial evidence in the case record, the ALJ must give it
26 "controlling weight." 20 C.F.R. §§ 404.1527(d)(2), 416.927(d)(2).

27 Where a treating doctor's opinion is not contradicted by another doctor, it may be
28 rejected only for "clear and convincing" reasons. Lester, 81 F.3d at 830. However, if the

1 treating physician's opinion is contradicted by another doctor, such as an examining physician,
2 the ALJ may reject the treating physician's opinion by providing specific, legitimate reasons,
3 supported by substantial evidence in the record. Lester, 81 F.3d at 830-31; see also Orn, 495
4 F.3d at 632; Thomas v. Barnhart, 278 F.3d 947, 957 (9th Cir. 2002). Where a treating
5 physician's opinion is contradicted by an examining professional's opinion, the Commissioner
6 may resolve the conflict by relying on the examining physician's opinion if the examining
7 physician's opinion is supported by different, independent clinical findings. See Andrews v.
8 Shalala, 53 F.3d 1035, 1041 (9th Cir. 1995); Orn, 495 F.3d at 632. Similarly, to reject an
9 uncontradicted opinion of an examining physician, an ALJ must provide clear and convincing
10 reasons. Bayliss v. Barnhart, 427 F.3d 1211, 1216 (9th Cir. 2005). If an examining physician's
11 opinion is contradicted by another physician's opinion, an ALJ must provide specific and
12 legitimate reasons to reject it. Id. However, "[t]he opinion of a non-examining physician cannot
13 by itself constitute substantial evidence that justifies the rejection of the opinion of either an
14 examining physician or a treating physician"; such an opinion may serve as substantial
15 evidence only when it is consistent with and supported by other independent evidence in the
16 record. Lester, 81 F.3d at 830-31; Morgan, 169 F.3d at 600.

17 **B. Analysis**

18 The ALJ determined that Plaintiff has the medically determinable impairments of
19 degenerative disc disease of the lumbar and cervical spine, borderline intellectual functioning,
20 and right knee and ankle osteoarthritis. (AR 37.) Plaintiff claims he cannot lift anything over
21 ten pounds or stand and sit for long periods of time, and cannot walk more than 20 minutes
22 before having to rest for 20-30 minutes. (AR 40.) Notwithstanding these impairments and
23 alleged limitations, the ALJ assessed Plaintiff with a reduced range sedentary RFC (AR 39)
24 and determined that Plaintiff can perform work in the national economy. (AR 45.) Thus, the
25 ALJ concluded that Plaintiff was not disabled from the alleged onset date of June 16, 2010 (AR
26 35), through the date of decision on January 29, 2019. (AR 45.)

27 Plaintiff relies primarily on the February 26, 2018 RFC of pain management physician
28 Dr. Ben Shwachman. (AR 43, 688-692.) Dr. Shwachman opined that Plaintiff could sit less

1 than 2 hours in a workday, stand less than 2 hours in a workday, and lift less than 10 pounds.
2 (AR 690-691.) He also opined that Plaintiff would need unscheduled breaks 2 times every 2
3 hours. (AR 691.) Dr. Shwachman further opined that Plaintiff would miss work more than 4
4 days per month due to his impairments. (AR 692.) The ALJ also noted a follow-up visit with
5 Dr. Shwachman where Plaintiff was found to have some atrophy in the right thigh. (AR 42.)

6 The ALJ gave Dr. Shwachman's opinion little weight for several reasons. First, the ALJ
7 found Dr. Shwachman's RFC assessment to be "inconsistent with the other medical opinions in
8 the record." (AR 43.) The contradictory opinions of other physicians provide specific,
9 legitimate reasons for rejecting a physician's opinion. Tonapetyan v. Halter, 242 F.3d 1144,
10 1149 (9th Cir. 2001). The ALJ gave "great weight" to the May 18, 2018 opinion of independent
11 medical expert Dr. Dorothy Leong. (AR 42, 740-750.) She reviewed all of the medical
12 evidence of record, including the opinion and treatment records of Dr. Shwachman. (AR 42,
13 749-750.) She opined that Plaintiff was capable of light level lifting, 2 hours standing and
14 walking, and 6 hours sitting in an 8 hour workday. (AR 42, 750.) She also opined that Plaintiff
15 did not require use of an assistive device for ambulation. (AR 38, 741, 745.) Plaintiff notes
16 that the opinion of a non-examining physician cannot by itself constitute substantial evidence
17 (JA 9-10), but such an opinion may serve as substantial evidence when it is consistent with and
18 supported by other independent evidence of record. Lester, 81 F.3d at 830-31; Morgan, 169
19 F.3d at 600; Thomas, 278 F.3d at 957 ("The opinions of non-treating and non-examining
20 physicians may also serve as substantial evidence when the opinions are consistent with
21 independent clinical findings and other evidence in the record"). Here, the ALJ specifically
22 found that Dr. Leong's opinion is well supported by the objective medical evidence (discussed
23 below). (AR 42.) Dr. Leong's opinion constitutes substantial evidence for rejecting the opinion
24 of Dr. Shwachman. Plaintiff offered no other comment on Dr. Leong's opinions.

25 The ALJ also gave "some weight" to the August 27, 2016 consulting opinion of
26 orthopedist Dr. Richard Pollis. (AR 43, 616-625.) He opined that Plaintiff can perform light
27 exertion, lifting and carrying 20 pounds occasionally and 10 pounds frequently. (AR 43, 620.)
28 He also opined that Plaintiff can stand and walk two hours and sit for six hours out of an 8-hour

1 workday, with occasional postural limitation. (AR 43, 620.) Plaintiff criticizes Dr. Pollis's
2 opinion as based on one MRI record, but the ALJ found that it is "generally consistent with the
3 record as a whole and with Dr. Leong's opinion." (AR 43.)

4 The second reason the ALJ rejected Dr. Shwachman's opinion is that it is "inconsistent
5 with his own treatment notes." (AR 43.) An ALJ may reject a treating physician's opinion that
6 is unsupported by or inconsistent with his or her treatment notes. Valentine v. Comm'r Soc.
7 Sec. Adm., 574 F.3d 685, 692-93 (9th Cir. 2009); Batson v. Comm'r, 359 F.3d 1190, 1195 n.3
8 (9th Cir. 2004); Bayliss, 427 F.3d at 1216. Dr. Shwachman's progress reports do not report
9 abnormal, disabling limitations that would preclude all work. (AR 693-724.) The progress
10 reports do indicate impairments and limitations, but an impairment must result in functional
11 limitations that preclude work. Pinto, 249 F.3d at 844-45; Moore, 216 F.3d at 869. There is no
12 way to square Dr. Shwachman's progress reports with his RFC. (AR 688-692.)

13 The ALJ's third reason for rejecting Dr. Shwachman's opinion is not supported by the
14 record. The ALJ stated that Dr. Shwachman's treatment notes show "infrequent visits." (AR
15 43.) Dr. Shwachman's treatment notes show regular visits every three months. (AR 693-724.)
16 The Commissioner does not address this reason for rejecting Dr. Shwachman's opinion. The
17 Court rejects it as a reason for doing so. The error is harmless, however, as the other reasons
18 given by the ALJ above are sufficient to support his rejection of Dr. Shwachman's opinion. See
19 Tommasetti v. Astrue, 533 F.3d 1035, 1038 (9th Cir. 2008) (error harmless if inconsequential to
20 the ultimate nondisability determination); see also Carmickle v. Comm'r Soc. Sec. Adm., 533
21 F.3d 1155, 1162-63 (9th Cir. 2008) ("[T]he relevant inquiry . . . is whether the ALJ's decision
22 remains legally valid, despite [any] error.").

23 The ALJ's fourth reason for rejecting Dr. Shwachman's opinion is that he only provided
24 Plaintiff with "routine and conservative treatment." (AR 43.) Plaintiff contends that the epidural
25 injections and narcotic pain medications he has received should not be considered
26 conservative treatments. Garrison v. Colvin, 759 F.3d 995, 1015 n.20 (9th Cir. 2014)
27 (epidurals); Revels v. Berryhill, 874 F.3d 648, 667 (9th Cir. 2018) (epidural injections and strong
28 pain medications like Percocet). In this case, there was but one epidural. (JS 8.) Plaintiff's

1 overall treatment arguably was conservative, consisting of strong pain medications such as
2 Percocet and Soma (AR 709, 720). Cuellar v. Saul, 2020 WL 1234187, at *5 (C.D. Cal. Mar.
3 13, 2020) (despite two close in time epidural injections, overall treatment was conservative).
4 There is no definitive Ninth Circuit decision on whether narcotic medications like Percocet
5 should be treated as conservative. Cases like Revels tend to consider epidurals and narcotic
6 medications together. There are some district court decisions that specifically find narcotic pain
7 medications are not conservative. See, e.g., O'Connor v. Berryhill, 355 F. Supp. 3d 972, 985
8 (W.D. Wash. 2019). None of the cases, however, offer any thorough analysis of the issue.
9 Over-the-counter medication is considered conservative. Parra, 481 F.3d at 750-51. No case
10 this Court found, however, considered that, unlike epidural injections which are invasive,
11 narcotic medications are not. They are taken in pill form. The Ninth Circuit has held that
12 impairments that can be controlled with medication are not disabling. Warre v. Comm'r of Soc.
13 Sec., 439 F.3d 1001, 1006 (9th Cir. 2006). Neither Dr. Shwachman nor Plaintiff, moreover,
14 indicated any side effects from the narcotic medications prescribed. One might well regard
15 these medications as conservative treatment. One might reasonably doubt that the Ninth
16 Circuit will declare that all narcotic pain medications that enable a claimant to tolerate pain, to
17 engage, and to work are not conservative. The Commissioner did not address the issue. Nor
18 will the Court because, even if narcotic medications are not conservative treatment, the ALJ's
19 first two reasons for rejecting Dr. Shwachman's opinion are sufficient.

20 Plaintiff disputes the ALJ's rejection of Dr. Shwachman's opinion, but it is the ALJ's
21 responsibility to resolve conflicts in the medical evidence and ambiguities in the record.
22 Andrews, 53 F.3d at 1039. Where the ALJ's interpretation of the record is reasonable, as it is
23 here, it should not be second-guessed. Rollins v. Massanari, 261 F.3d at 853, 857 (9th Cir.
24 2001).

25 The ALJ rejected Dr. Shwachman's opinion for specific, legitimate reasons supported by
26 substantial evidence.

27
28

1 **II. THE ALJ PROPERLY DISCOUNTED PLAINTIFF’S SUBJECTIVE**
2 **SYMPTOM ALLEGATIONS**

3 **A. Relevant Federal Law**

4 The test for deciding whether to accept a claimant’s subjective symptom testimony turns
5 on whether the claimant produces medical evidence of an impairment that reasonably could be
6 expected to produce the pain or other symptoms alleged. Bunnell v. Sullivan, 947 F.2d 341,
7 346 (9th Cir. 1991); see also Reddick v. Chater, 157 F.3d 715, 722 (9th Cir. 1998); Smolen, 80
8 F.3d at 1281-82 esp. n.2. The Commissioner may not discredit a claimant’s testimony on the
9 severity of symptoms merely because they are unsupported by objective medical evidence.
10 Reddick, 157 F.3d at 722; Bunnell, 947 F.2d at 343, 345. If the ALJ finds the claimant’s pain
11 testimony not credible, the ALJ “must specifically make findings which support this conclusion.”
12 Bunnell, 947 F.2d at 345. The ALJ must set forth “findings sufficiently specific to permit the
13 court to conclude that the ALJ did not arbitrarily discredit claimant’s testimony.” Thomas, 278
14 F.3d at 958; see also Rollins, 261 F.3d at 857; Bunnell, 947 F.2d at 345-46. Unless there is
15 evidence of malingering, the ALJ can reject the claimant’s testimony about the severity of a
16 claimant’s symptoms only by offering “specific, clear and convincing reasons for doing so.”
17 Smolen, 80 F.3d at 1283-84; see also Reddick, 157 F.3d at 722. The ALJ must identify what
18 testimony is not credible and what evidence discredits the testimony. Reddick, 157 F.3d at
19 722; Smolen, 80 F.3d at 1284.

20 **B. Analysis**

21 In determining Plaintiff’s RFC, the ALJ concluded that Plaintiff’s medically determinable
22 impairments reasonably could be expected to cause the alleged symptoms. (AR 40.) The ALJ,
23 however, also found that Plaintiff’s statements regarding the intensity, persistence, and limiting
24 effects of these symptoms are “not entirely consistent” with the medical evidence and other
25 evidence of record. (AR 40.) Because the ALJ did not make any finding of malingering, he
26 was required to provide clear and convincing reasons supported by substantial evidence for
27 discounting Plaintiff’s subjective symptom allegations. Smolen, 80 F.3d at 1283-84;
28 Tommasetti, 533 F.3d at 1039-40. The ALJ did so.

1 First, the ALJ found that Plaintiff's subjective symptom allegations are inconsistent with
2 the objective medical evidence and the clinical and diagnostic findings in the record. (AR 43,
3 40.) An ALJ is permitted to consider whether there is a lack of medical evidence to corroborate
4 a claimant's alleged symptoms so long as it is not the only reason for discounting a claimant's
5 subjective symptom allegations. Burch v. Barnhart, 400 F.3d 676, 680-81 (9th Cir. 2005).
6 Here, there is little evidence of treatment from June 16, 2010, through 2014.¹ (AR 40-41.) For
7 the 2014-2019 period, the ALJ cited to multiple physical examinations that demonstrated less
8 than disabling impairments and limitations. (AR 40-41.) Dr. Shwachman's progress reports
9 showed less than disabling impairments and limitations. (AR 712, 714, 716, 718, 720.) Other
10 physical examinations revealed similar findings. (AR 565, 574.) Later reports also showed
11 non-disabling symptoms. (AR 605, 618-19, 658.) The opinions of Dr. Leong and Dr. Pollis also
12 support the ALJ's RFC.

13 Second, the ALJ found that Plaintiff's daily activities are inconsistent with disabling
14 limitations (AR 40), which is a legitimate consideration in evaluating credibility. Bunnell, 947
15 F.2d at 345-46. Here, Plaintiff alleges disabling functional limitations yet was able to do normal
16 activities such as sweeping, preparing meals, cooking, going outside alone, shopping in stores,
17 managing his finances, and taking care of his dog. (AR 40, 439-440.) Dr. Leong found that
18 Plaintiff could perform activities such as: shopping; travel without a companion for assistance;
19 ambulate without a wheelchair, walker, 2 canes, or 2 crutches; walk a block at a reasonable
20 pace on rough or uneven surfaces; use public transportation; climb a few steps with a single
21 hand rail; prepare a simple meal; care for his personal hygiene; and sort/handle paper files.
22 (AR 745.) Plaintiff contends that these abilities do not mean he can work a full day or week,
23 but the inconsistent activities prove that his alleged symptoms are not as severe as alleged.
24 See Valentine, 574 F.3d at 694.

25
26 ¹ Plaintiff says he intended to change his onset date until the end of 2014 but at the hearing
27 the ALJ stated he would be using the June 16, 2010 date, to which Plaintiff replied, "Okay." The
28 ALJ asked counsel, "How does that sound?" (AR 183.) Counsel replied, "Sounds good." (AR
183.) (AR 181-183.)

1 The ALJ discounted Plaintiff's subjective symptom allegations for clear and convincing
2 reasons supported by substantial evidence.

3 * * *

4 The ALJ's RFC is supported by substantial evidence. The ALJ's non-disability
5 determination is supported by substantial evidence and free of legal error.

6 **ORDER**

7 IT IS HEREBY ORDERED that Judgment be entered affirming the decision of the
8 Commissioner of Social Security and dismissing this case with prejudice.

9
10 DATED: November 6, 2020

/s/ John E. McDermott
JOHN E. MCDERMOTT
UNITED STATES MAGISTRATE JUDGE