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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA  
WESTERN DIVISION

MELISSA HENDRIX,	)	No. ED CV 08-00277-VBK
	)	
Plaintiff,	)	MEMORANDUM OPINION
	)	AND ORDER
v.	)	
	)	(Social Security Case)
MICHAEL J. ASTRUE,	)	
Commissioner of Social	)	
Security,	)	
	)	
Defendant.	)	
_____	)	

This matter is before the Court for review of the decision by the Commissioner of Social Security denying Plaintiff's application for disability benefits. Pursuant to 28 U.S.C. §636(c), the parties have consented that the case may be handled by the Magistrate Judge. The action arises under 42 U.S.C. §405(g), which authorizes the Court to enter judgment upon the pleadings and transcript of the record before the Commissioner. The parties have filed the Joint Stipulation ("JS"), and the Commissioner has filed the certified Administrative Record ("AR").

Plaintiff raises the following issues:

1. Whether the Administrative Law Judge ("ALJ") properly

1 considered the opinion of the treating physician;

2 2. Whether the ALJ properly considered the Listing level  
3 severity or equivalence of Plaintiff's impairment;

4 3. Whether the ALJ properly considered lay witness testimony;  
5 and

6 4. Whether the ALJ properly considered the mental and physical  
7 demands of Plaintiff's past relevant work.

8 This Memorandum Opinion will constitute the Court's findings of  
9 fact and conclusions of law. After reviewing the matter, the Court  
10 concludes that the decision of the Commissioner must be affirmed.

11  
12 I

13 **THE ALJ PROPERLY CONSIDERED THE TREATING PHYSICIAN'S OPINION**

14 Plaintiff asserts that the ALJ's decision improperly depreciates  
15 the opinion concerning disability-related issues of her treating  
16 physician, Dr. Sivananda. (JS at 3.)

17 The ALJ cited Dr. Sivananda's opinion, set forth in a check-off  
18 form dated March 5, 2004.<sup>1</sup> In that form, as the ALJ noted, Dr.  
19 Sivananda opined that Plaintiff could lift or carry less than ten  
20 pounds, sit maximally only four hours in an eight-hour workday; and  
21 would be expected to be absent from work more than three times a  
22 month. (AR 16, 231-232.)

23 In discounting Dr. Sivananda's opinion, the ALJ cited applicable  
24 regulations and cases which provide the procedural standards for  
25 evaluation of the opinions of treating physicians. (AR 16.) He then

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28 <sup>1</sup> The date set forth on the form, March 5, 2006 (AR 231-232),  
is clearly erroneous, as the hearing before the ALJ occurred on May 4,  
2004. (AR 233.)

1 set forth eight enumerated reasons for rejecting Dr. Sivananda's  
2 opinion. (AR 16-17.) Contrary to Plaintiff's argument in the JS, the  
3 ALJ's consideration of Dr. Sivananda's opinion was not limited to his  
4 concern that the check-off form was not supported by citations to  
5 medical signs and laboratory results. (See JS at 3.) This is but one  
6 of the eight reasons cited by the ALJ. It is perhaps the case that if  
7 the ALJ had limited himself to this basis for discounting Dr.  
8 Sivananda's opinion, Plaintiff's citation to the case of Embrey v.  
9 Bowen, 849 F.2d 418, 421-422 (9<sup>th</sup> Cir. 1988), would be well taken. But  
10 here, the ALJ went to great pains to detail his specific reasoning for  
11 rejecting Dr. Sivananda's opinion.

12  
13 **A. Applicable Law.**

14 The Ninth Circuit has repeatedly reaffirmed the principle that  
15 greatest weight is ordinarily given to the opinions of treating  
16 physicians versus those physicians who do not treat:

17 "We afford greater weight to a treating physician's  
18 opinion because 'he is employed to cure and has a greater  
19 opportunity to know and observe the patient as an  
20 individual.'" Magallanes v. Bowen, 881 F.2d 747, 751 (9th  
21 Cir. 1989), quoting Sprague v. Bowen, 812 F.2d 1226, 1230  
22 (9th Cir. 1987).

23  
24 Even so, the treating physician's opinion is not necessarily  
25 conclusive as to either a physical condition or the ultimate issue of  
26 disability. Id., citing Rodriguez v. Bowen, 876 F.2d 759, 761-62 & n.  
27 7 (9th Cir. 1989) The ALJ may disregard the treating physician's  
28 opinion whether or not that opinion is contradicted, Id., citing

1 Cotton v. Bowen, 799 F.2d 1403, 1408 (9th Cir. 1986). However, if the  
2 ALJ chooses to do so, the ALJ must ""make findings setting forth  
3 specific, legitimate reasons for doing so that are based on  
4 substantial evidence in the record."" Id., citing Winans v. Bowen,  
5 853 F.2d 643, 647 (9th Cir. 1987), quoting Sprague, 812 F.2d at 1230;  
6 see also Murray v. Heckler, 722 F.2d 499, 502 (9th Cir. 1983).

7 This clearly articulated rule, set forth by the Circuit in its  
8 opinions in Magallanes and Cotton, has been often cited in later  
9 decisions. (See, Johnson v. Shalala, 60 F.3d 1428, 1432 (9th Cir.  
10 1995): "The ALJ may reject the opinion only if she provides clear and  
11 convincing reasons that are supported by the record as a whole."; Lester v. Chater,  
12 81 F.3d 821, 830 (9th Cir. 1996): "Even if the  
13 treating doctor's opinion is contradicted by another doctor, the  
14 Commissioner may not reject this opinion without providing 'specific  
15 and legitimate reasons' supported by substantial evidence in the  
16 record for so doing." (Citation omitted).

17  
18 Also instructive is the Ninth Circuit's discussion of this issue  
19 in Andrews v. Shalala, 53 F.3d 1035, 1041 (9th Cir. 1995):

20 "Where the opinion of the claimant's treating physician  
21 is contradicted, and the opinion of a nontreating source is  
22 based on independent clinical findings that differ from  
23 those of the treating physician, the opinion of the  
24 nontreating source may itself be substantial evidence; it is  
25 then solely the province of the ALJ to resolve the conflict.  
26 Magallanes, 881 F.2d at 751. Where, on the other hand, a  
27 nontreating source's opinion contradicts that of the  
28 treating physician but is not based on independent clinical

1 findings, or rests on clinical findings also considered by  
2 the treating physician, the opinion of the treating  
3 physician may be rejected only in the ALJ gives specific,  
4 legitimate reasons for doing so that are based on  
5 substantial evidence in the record. Id. at 751, 755. See  
6 Ramirez v. Shalala, 8 F.3d 1449, 1453 (9th Cir. 1993)  
7 (applying test where ALJ relied on contradictory opinion of  
8 nonexamining medical advisor)."

9 (53 F.3d at 1041)

10  
11 **B. The ALJ's Rejection of Dr. Sivananda's Opinion.**

12 The ALJ first noted as a basis for his depreciation of Dr.  
13 Sivananda's opinion that it was not well-supported, and that it was in  
14 fact devoid of citations to medical scientific and laboratory results.  
15 (AR 16.) As a legal matter, this reasoning is supported.

16 The ALJ's reasoning is right on the mark. "Check-off" forms are  
17 disfavored, especially when they are unsupported by objective  
18 findings. See Crane v. Shalala, 76 F.3d 251, 253 (9<sup>th</sup> Cir. 1996),  
19 citing Murray v. Heckler, 722 F.2d 499, 501 (9<sup>th</sup> Cir. 1983). See also  
20 Magallanes v. Bowen, 881 F.2d 749, 751 (9<sup>th</sup> Cir. 1989).

21 The records of Desert Valley Medical Group, at which Dr.  
22 Sivananda practices, do not provide evidentiary support for Dr.  
23 Sivananda's later residual functional capacity ("RFC") evaluation.  
24 (See AR at 218-230, esp. AR 222.)

25 The ALJ next gave weight to his concern that Dr. Sivananda had  
26 not seen Plaintiff on a sufficient enough frequency to form his  
27 opinion. (AR 17.) Indeed, the length of the treatment relationship is  
28 an appropriate factor to consider in evaluation of the treating

1 physician's opinion. (See 20 C.F.R. §404.1527(d)(2)(I) (2008).

2 The ALJ's notation that Dr. Sivananda is not a specialist in  
3 rheumatology is a relevant concern in the credibility analysis. (See  
4 20 C.F.R. §404.1527(d)(5) (2008).)

5 The ALJ next cited the inconsistency of the progress notes of  
6 Desert Valley Medical Group and of Dr. Sivananda. (AR 17.) The  
7 analysis contained therein cannot be said to be factually inadequate,  
8 and certainly, it is based on substantial evidence.

9 The ALJ voiced concern with the inconsistency between Dr.  
10 Sivananda's evaluation and Plaintiff's course of treatment. As the  
11 ALJ noted, Plaintiff has only been prescribed mild medications for an  
12 allegedly disabling rheumatoid arthritis condition. (AR 17.) (This  
13 reason must be considered in conjunction with the ALJ's seventh  
14 reason, which indicates that Dr. Sivananda did not notate the fact  
15 that Plaintiff had been refusing to take medications prescribed by her  
16 attending rheumatologist. (AR 17, 141.)) Regulations provide that  
17 refusal to follow a prescribed course of treatment, when that  
18 treatment can be expected to restore a person's ability to work, is a  
19 ground for finding that a claimant is not disabled. (See 20 C.F.R.  
20 §404.1530(b) (2008).)

21 Finally, the ALJ found that Dr. Sivananda's opinion is  
22 inconsistent with the weight of the record. (AR 17.) This statement  
23 cannot be considered in isolation, because the ALJ had specifically  
24 noted the applicability of Chavez v. Bowen, 844 F.2d 691 (9<sup>th</sup> Cir.  
25 1988), by which the findings in a prior ALJ decision are entitled to  
26 res judicata in subsequent proceedings. (AR 11.)

27 In sum, the Court determines that the ALJ properly evaluated  
28 conflicting evidence and resolved any conflicts contained therein.

1 See Morgan v. Commissioner, 169 F.3d 595, 601 (9<sup>th</sup> Cir. 1999).

2  
3 II

4 THE ALJ PROPERLY CONSIDERED THE LISTING LEVEL SEVERITY  
5 OR EQUIVALENCE OF PLAINTIFF'S IMPAIRMENTS

6 At Step Three of the sequential evaluation process, the ALJ found  
7 that Plaintiff's medically determinable impairments, whether  
8 considered alone or in combination, do not meet or medically equal any  
9 Listing in Appendix 1, subpart P, Regulations No. 4. (AR 14.)  
10 Plaintiff contends that this is an insufficient finding in that it is  
11 devoid of any analysis. In support of this contention, Plaintiff  
12 primarily cites the case of Marcia v. Sullivan, 900 F.2d 172 (9<sup>th</sup> Cir.  
13 1990). (JS at 10-11.) What Plaintiff omits is that the claimant in  
14 the Marcia case had offered evidence to show medical equality or  
15 equivalence to meet a Listing. (See 900 F.2d 172 at 175.) In this  
16 case, Plaintiff has done no such thing. Indeed, Plaintiff offers no  
17 evidence or argument whatsoever to support her contention that she  
18 meets any Listing.

19 Plaintiff's argument essentially turns the Step Three analysis on  
20 its head. Fundamentally, Plaintiff has the burden at Step Three, not  
21 the Commissioner. See Bowen v. Yuckert, 487 U.S. 137, 146, fn. 5  
22 (1987). See also Lewis v. Apfel, 236 F.3d 503, 514 (9<sup>th</sup> Cir. 2001).

23 Moreover, the ALJ in this case did sufficiently discuss evidence  
24 underlying his evaluation of Plaintiff's severe impairments. (See AR  
25 13-14, 16, 18-19.) Again, Plaintiff makes no serious argument that  
26 the evaluation of evidence was incorrect.

27 For the above stated reasons, Plaintiff's second claim has no  
28 merit.

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III

THE ALJ PROPERLY CONSIDERED LAY WITNESS TESTIMONY

Plaintiff asserts that the ALJ failed to consider the third party opinion of her sister, Ms. Meyers. (JS at 15, et seq.) Indeed, Ms. Meyers did complete a Daily Activities Questionnaire on November 11, 2002. (AR 89-94.)

It is clearly the ALJ's obligation to consider relevant evidence. Witnesses who provide such evidence must be competent to do so. See Dodrill v. Shalala, 12 F.3d 915, 918-919 (9<sup>th</sup> Cir. 1993). The Court notes the Commissioner's contention that there is no indication that Ms. Meyers was competent to opine as to many of the daily activities of Plaintiff upon which she rendered an opinion. For example, the Court notes that in response to a question regarding Plaintiff's normal sleeping hours, Ms. Meyers indicated that on a good day she usually sleeps eight hours, but that on a bad day, "she is up all hours of the night in extreme pain." (AR 89.) Since Ms. Meyers does not live with Plaintiff, her competence to opine as to Plaintiff's sleeping habits must, necessarily, be based on hearsay.

Moreover, the medical evidence in the record as to the subjects upon which Ms. Meyers rendered an opinion is contrary to that opinion. See Lewis v. Apfel, 236 F.3d 503, 511 (9<sup>th</sup> Cir. 2001). Finally, the Court notes that Ms. Meyers' opinion testimony essentially mirrors Plaintiff's own testimony at the hearing regarding her own symptoms. (See AR at 233-259.) Thus, nothing new was added in Ms. Meyers' statement. The Court notes that Plaintiff has not challenged the credibility assessment as to herself made by the ALJ in his decision. (See AR at 18.)

For the foregoing reasons, Plaintiff's third issue has no merit.



