

1 Court's Case Management Order, the parties filed a Joint Stipulation
2 ("Jt. Stip.") on December 30, 2009.

3
4 **THE FIVE-STEP SEQUENTIAL EVALUATION PROCESS**

5
6 To qualify for disability benefits, a claimant must demonstrate a
7 medically determinable physical or mental impairment that prevents him
8 from engaging in substantial gainful activity¹ and that is expected to
9 result in death or to last for a continuous period of at least twelve
10 months. Reddick v. Chater, 157 F.3d 715, 721 (9th Cir. 1998) (citing
11 42 U.S.C. § 423(d)(1)(A)). The impairment must render the claimant
12 incapable of performing the work he previously performed and incapable
13 of performing any other substantial gainful employment that exists in
14 the national economy. Tackett v. Apfel, 180 F.3d 1094, 1098 (9th Cir.
15 1999) (citing 42 U.S.C. § 423(d)(2)(A)).

16
17 To decide if a claimant is entitled to benefits, an ALJ conducts
18 a five-step inquiry. 20 C.F.R. § 416.920. The steps are:

- 19
20 (1) Is the claimant presently engaged in substantial gainful
21 activity? If so, the claimant is found not disabled.
22 If not, proceed to step two.
23 (2) Is the claimant's impairment severe? If not, the
24 claimant is found not disabled. If so, proceed to step
25 three.

26
27 _____
28 ¹ Substantial gainful activity means work that involves doing
significant and productive physical or mental duties and is done for pay
or profit. 20 C.F.R. § 416.910.

1 (3) Does the claimant's impairment meet or equal the
2 requirements of any impairment listed at 20 C.F.R. Part
3 404, Subpart P, Appendix 1? If so, the claimant is
4 found disabled. If not, proceed to step four.

5 (4) Is the claimant capable of performing his past work? If
6 so, the claimant is found not disabled. If not, proceed
7 to step five.

8 (5) Is the claimant able to do any other work? If not, the
9 claimant is found disabled. If so, the claimant is
10 found not disabled.

11
12 Tackett, 180 F.3d at 1098-99; see also Bustamante v. Massanari, 262 F.3d
13 949, 953-54 (9th Cir. 2001) (citations omitted); 20 C.F.R. § 416.920(b)-
14 (g)(1).

15
16 The claimant has the burden of proof at steps one through four, and
17 the Commissioner has the burden of proof at step five. Bustamante, 262
18 F.3d at 953-54. If, at step four, the claimant meets his burden of
19 establishing an inability to perform the past work, the Commissioner
20 must show that the claimant can perform some other work that exists in
21 "significant numbers" in the national economy, taking into account the
22 claimant's residual functional capacity ("RFC"),² age, education and
23 work experience. Tackett, 180 F.3d at 1100; 20 C.F.R. § 416.920(g)(1).
24 The Commissioner may do so by the testimony of a vocational expert or
25 by reference to the Medical-Vocational Guidelines appearing in 20 C.F.R.
26 Part 404, Subpart P, Appendix 2 (commonly known as "the Grids").

27 _____
28 ² Residual functional capacity is "the most [one] can still do
despite [his] limitations" and represents an assessment "based on all
the relevant evidence." 20 C.F.R. § 416.945(a).

1 Osenbrock v. Apfel, 240 F.3d 1157, 1162 (9th Cir. 2001). When a
2 claimant has both exertional (strength-related) and nonexertional
3 limitations, the Grids are inapplicable and the ALJ must take the
4 testimony of a vocational expert. Moore v. Apfel, 216 F.3d 864, 869
5 (9th Cir. 2000).

6 7 **THE ALJ'S DECISION**

8
9 The ALJ employed the five-step sequential evaluation process. At
10 step one, the ALJ found that Plaintiff had not engaged in substantial
11 gainful employment since her alleged onset date. (AR 21). At step two,
12 the ALJ found that Plaintiff had a "very questionable severe impairment
13 in the musculoskeletal system from minimal degenerative changes and from
14 a presumption of fibromyalgia." (Id.). The ALJ further concluded that
15 Plaintiff's "medically determinable mental impairments of depression
16 considered singly and in combination do not cause more than minimal
17 limitation in the claimant's ability to perform basic mental work
18 activities and are nonsevere." (Id.). The ALJ explained that Plaintiff
19 "has no restrictions in activities of daily living, mild limitations in
20 social functioning, . . . no limitations in concentration, persistence,
21 and pace[,]" and "has experienced no episodes of decompensation."
22 (Id.).

23
24 At step three, the ALJ found that Plaintiff's impairments, either
25 singly or in combination, do not meet or equal the requirements of any
26 impairment listed in 20 C.F.R. Part 404, Subpart P, Appendix 1. (AR
27 22). At step four, the ALJ determined that Plaintiff retained a
28 physical RFC for medium work, "except [that] she is able to frequently

1 climb, balance, stoop, kneel, crouch, and crawl." (AR 22).

2 Specifically, the ALJ found:

3
4 The claimant's subjective complaints do not credibly
5 establish a residual functional capacity less than that found
6 herein. There is a lack of medical documentation of an
7 impairment which would cause extreme pain or pain which would
8 compromise the claimant's ability to perform work-related
9 activities. Furthermore, this is based on more than a lack
10 of objective evidence, but rather the entire record as a
11 whole does not reveal that the claimant is precluded from
12 performing all regular, sustained work activity. The
13 claimant's treatment generally has been routine and
14 conservative and objective diagnostic evidence show only mild
15 degenerative disease with no significant evidence of
16 persistent spasms, neurological deficits, or arthritic
17 stigmata. There is no evidence of disuse muscle atrophy or
18 wasting commonly associated with severe pain. Also there is
19 no evidence of significant attention, concentration, or
20 cognitive deficits. Furthermore, the claimant's treating and
21 examining doctors all found the claimant noncompliant with
22 treatment with suggestions of drug seeking behavior and any
23 exacerbation caused by noncompliance is an additional basis
24 for denying benefits. Consequently, I find that the
25 claimant's allegations of pain and limitation are not fully
26 credible and not consistent with the medical record (20 CFR
27 404.1529, Social Security Ruling 96-7p). Although it appears
28 that the claimant experiences some pain due to degenerative

1 disease and fibromyalgia, it is not of the degree she
2 alleges. In fact, the claimant testified at the hearing that
3 she sees Dr. Frausto only once a month and she sees Dr.
4 Katsaros every 6 to 8 weeks. The claimant also stated that
5 Dr. Mohr is her primary care physician, but she has not seen
6 Dr. Mohr in a while. Certainly, such treatment is not
7 consistent with any debilitating condition or the alleged
8 level of pain asserted by the claimant.

9
10 (AR 31).

11
12 At step five, the ALJ found that based on Plaintiff's age,
13 educational background, work experience, RFC and the vocational expert's
14 testimony, Plaintiff was "capable of performing past relevant work as
15 a fiscal analyst. (AR 32). Accordingly, the ALJ found that Plaintiff
16 was not disabled. (Id.).

17
18 **STANDARD OF REVIEW**

19
20 Under 42 U.S.C. § 405(g), a district court may review the
21 Commissioner's decision to deny benefits. The court may set aside the
22 Commissioner's decision when the ALJ's findings are based on legal error
23 or are not supported by substantial evidence in the record as a whole.
24 Aukland v. Massanari, 257 F.3d 1033, 1035 (9th Cir. 2001); Smolen v.
25 Chater, 80 F.3d 1273, 1279 (9th Cir. 1996).

26
27 "Substantial evidence is more than a scintilla, but less than a
28 preponderance." Reddick, 157 F.3d at 720. It is "relevant evidence

1 which a reasonable person might accept as adequate to support a
2 conclusion." Id. To determine whether substantial evidence supports
3 a finding, the court must "'consider the record as a whole, weighing
4 both evidence that supports and evidence that detracts from the
5 [Commissioner's] conclusion.'" Aukland, 257 F.3d at 1035 (quoting Penny
6 v. Sullivan, 2 F.3d 953, 956 (9th Cir. 1993)). If the evidence can
7 reasonably support either affirming or reversing that conclusion, the
8 court may not substitute its judgment for that of the Commissioner.
9 Reddick, 157 F.3d at 720-21.

10 11 **DISCUSSION**

12
13 Plaintiff contends that the ALJ erred for two reasons. First, she
14 argues that the ALJ failed to adequately consider the evidence from
15 treating psychiatrist Dr. Theresa Frausto in finding that she suffers
16 no legally severe mental impairments. (Jt. Stip. at 5-12). Second,
17 Plaintiff asserts that the ALJ failed to adequately incorporate
18 limitations stemming from her fibromyalgia into her RFC. (Jt. Stip. at
19 15-16). For the reasons discussed below, the Court finds that the ALJ's
20 decision should be reversed and this action remanded for further
21 proceedings.

22 23 **A. The ALJ Failed To Properly Assess Plaintiff's Mental Health** 24 **Impairment At Step Two Of The Evaluation Process**

25
26 Plaintiff argues that the ALJ erred by finding that her mental
27 impairment was not severe. (Jt. Stip. at 5-12). Specifically,
28 Plaintiff complains that the ALJ's "characterization of her symptoms as

1 being no more than 'transient to mild, . . . flies in the face of the
2 ongoing, significant findings on mental status examinations." (Jt.
3 Stip. at 9). Plaintiff further contends that "the ALJ's finding that
4 Dr. Frausto's notes contain no evidence to support the working diagnoses
5 of bipolar disorder, ADHD, an eating disorder, or obsessive compulsive
6 traits . . . is unsupported by any actual medical evidence other than
7 the ALJ's lay opinion that the above-noted findings are somehow, from
8 a psychiatric point of view, insufficient." (Jt. Stip. at 9-10).

9
10 By its own terms, the evaluation at step two is a de minimis test
11 intended to weed out the most minor of impairments. See Bowen v.
12 Yuckert, 482 U.S. 137, 153-54, 107 S. Ct. 2287, 96 L. Ed. 2d 119 (1987);
13 Edlund v. Massanari, 253 F.3d 1152, 1158 (9th Cir. 2001) (quoting
14 Smolen, 80 F.3d at 1290) (stating that the step two inquiry is a de
15 minimis screening device to dispose of groundless claims). An
16 impairment is not severe only if the evidence establishes "a slight
17 abnormality that has no more than a minimal effect on an individuals
18 ability to work." Smolen, 80 F.3d at 1290 (internal quotations and
19 citations omitted).

20
21 The ALJ here applied more than a de minimis test when he determined
22 that Plaintiff's mental impairment was not severe. Moreover, he failed
23 to follow the Secretary's own regulations governing the evaluation of
24 mental impairments, as described below.

25
26 Where there is evidence of a mental impairment that allegedly
27 prevents the plaintiff from working, the Agency has supplemented the
28

1 five-step sequential evaluation process with additional regulations.³
2 Maier v. Comm'r of the Soc. Sec. Admin., 154 F.3d 913, 914-15 (9th Cir.
3 1998) (per curiam) (citing 20 C.F.R. § 416.920a). First, the ALJ must
4 determine the presence or absence of certain medical findings relevant
5 to the plaintiff's ability to work. 20 C.F.R. § 416.920a(b)(1).
6 Second, when the plaintiff establishes these medical findings, the ALJ
7 must rate the degree of functional loss resulting from the impairment
8 by considering four areas of function: (a) activities of daily living;
9 (b) social functioning; (c) concentration, persistence, or pace; and (d)
10 episodes of decompensation. 20 C.F.R. § 416.920a(c)(2)-(4). Third,
11 after rating the degree of loss, the ALJ must determine whether the
12 claimant has a severe mental impairment. 20 C.F.R. § 416.920a(d).
13 Fourth, when a mental impairment is found to be severe, the ALJ must
14 determine if it meets or equals a listing in 20 C.F.R. Part 404, Subpart
15 P, Appendix 1. 20 C.F.R. § 416.920a(d)(2). Finally, if a listing is
16 not met, the ALJ must then assess the plaintiff's RFC, and the ALJ's
17 decision "must incorporate the pertinent findings and conclusions"
18 regarding the plaintiff's mental impairment, including "a specific
19 finding as to the degree of limitation in each of the functional areas
20 described in [§ 416.920a(c)(3)]." 20 C.F.R. § 416.920a(d)(3), (e)(2).

21
22 The regulations describe an impairment as follows:

23
24 A physical or mental impairment must result from anatomical,
25 physiological, or psychological abnormalities which can be

26 ³ These additional steps are intended to assist the ALJ in
27 determining the severity of mental impairments at steps two and three.
28 The mental RFC assessment used at steps four and five of the evaluation
process, on the other hand, require a more detailed assessment. Social
Security Ruling 96-8P, 1996 WL 374184 at * 4.

1 shown by medically acceptable clinical and laboratory
2 diagnostic techniques. A physical or mental impairment must
3 be established by medical evidence consisting of signs,
4 symptoms, and laboratory findings, not only by [a
5 plaintiff's] statements of symptoms.

6
7 20 C.F.R. § 416.908; see also Ukolov v. Barnhart, 420 F.3d 1002, 1005
8 (9th Cir. 2005) (noting that the existence of a medically determinable
9 physical or mental impairment may only be established with objective
10 medical findings) (citing Social Security Ruling 96-4p, 1996 WL 374187
11 at *1-2).

12
13 Here, Plaintiff's medical records show that she has obtained
14 psychiatric care from Dr. Frausto approximately monthly since June of
15 2003. (AR 528-43, 748). On June 11, 2003, Dr. Frausto noted that
16 Plaintiff had symptoms suggestive of severe Major Depression and bulimia
17 with mental status examination showing a suspicious attitude,
18 distractibility, rumination, impaired ability to manage daily living
19 activities, and impaired ability to plan ahead and see consequences.
20 (AR 542-43). Dr. Frausto prescribed Lexapro and Klonopin. (Id.). Dr.
21 Frausto assessed Plaintiff with a GAF of 50, which indicates severe
22 social and/or occupational function. (AR 543). Over the next two
23 months, Dr. Frausto made clinical findings that Plaintiff continued to
24 suffer from depression and anxiety. (AR 537-40). Dr. Frausto assessed
25 Plaintiff's GAF at 50 and 65 during this time period. (Id.).

26
27 On November 26, 2003, Dr. Frausto increased Plaintiff's dosage of
28 Lexapro and Neurontin. (AR 536). On March 3, 2004, Dr. Frausto

1 described Plaintiff as "look[ing] better" and "not fatigued" after she
2 successfully discontinued MS Contin, but noted that Plaintiff continued
3 to complain of fatigue and trouble sleeping. (AR 533). On June 25,
4 2004, Dr. Frausto noted that Plaintiff had lost 45 pounds after
5 undergoing gastric bypass surgery, but that she continued to suffer from
6 pain, fatigue, and poor sleep. (AR 532). On November 3, 2004, Dr.
7 Frausto described Plaintiff as having "lots of energy," but with
8 increased purging related to Plaintiff's bulimia. (AR 529). Dr.
9 Frausto further noted that she suspected bipolar disorder because
10 Plaintiff had maxed out all her credit cards and either gambles too much
11 or eats too much. (Id.). On November 17, 2004, Dr. Frausto noted that
12 Plaintiff was "tearful" and prescribed Lexapro and Abilify. (AR 528).

13
14 On March 14, 2005, Dr. Frausto noted that Plaintiff continued to
15 show symptoms of bipolar disorder and had been bingeing and purging. (AR
16 568-72). On April 4, 2005, Dr. Frausto described Plaintiff as "tired
17 looking" and noted that she was "mourning the pope." (AR 606). Over
18 the next two months, Dr. Frausto continued to indicate that Plaintiff
19 suffered from bipolar disorder. (AR 603-05). On October 10, 2005, Dr.
20 Frausto diagnosed Plaintiff with bipolar disorder, ADHD, and OCD. (AR
21 641). In November and December of 2005, Dr. Frausto diagnosed Plaintiff
22 with bipolar disorder, OCD, ADHD, and fibromyalgia. (AR 639-40). On
23 January 9, 2006, Dr. Frausto noted that Plaintiff was more anxious, more
24 depressed, and "[could not] put sentences together." (AR 636).

25
26 In a summary report dated January 23, 2006, Dr. Frausto diagnosed
27 Plaintiff with bipolar disorder, ADHD, OCD, and bulimia. (AR 624). Dr.
28 Frausto noted that Plaintiff was "compliant with all appointments and

1 with her medications," which included Depakote, Abilify, Cymbalta, and
2 Concerta. (Id.). However, Dr. Frausto noted that Plaintiff's symptoms
3 have persisted despite the medications:

4
5 The symptoms have become worse over the last five years. She
6 is either very depressed or irritable. She gets obsessed and
7 preoccupied with death, fear of dying or suicidal. She has
8 poor concentration and her thoughts become easily
9 disorganized. She has difficulty making decisions. She is
10 anxious and gets panic attacks if she goes into stores or in
11 public places where there are a lot of people. She requires
12 the assistance of her husband for daily activities of living.
13 Her husband manages the checkbook because of [Plaintiff's]
14 poor judgment, impulse control and hyper-spending. Her
15 husband also does all the cooking and shopping for food.
16 [Plaintiff] will often requires assistance with bathing due
17 to depression, lack of energy and chronic pain.

18
19 (Id.).

20
21 On February 6, 2006, Dr. Frausto noted that Plaintiff had completed
22 an inpatient detoxification program for reliance on opioid medications,
23 but that Plaintiff continued to show signs of bipolar disorder, OCD, and
24 ADHD. (AR 637). On February 27, 2006, Dr. Frausto noted that Plaintiff
25 continued to show signs of bulimia, had a "[b]lunted affect," and was
26 "preoccupied with food." (AR 635). On March 20, 2006, Dr. Frausto
27 noted that Plaintiff's sleep cycle was fluctuating dramatically from
28 only a few hours on some nights to more than twelve hours on other

1 nights. (AR 696). On June 26, 2006, Dr. Frausto noted that Plaintiff
2 was "tired looking" and had a "sad blunted affect." (AR 694). In
3 October and November of 2006, Dr. Frausto noted that Plaintiff was
4 feeling "hopeless" and admitted to suicidal and homicidal thoughts. (AR
5 692-93).

6
7 These objective medical findings indicate that Plaintiff suffered
8 from a mental health impairment. See 20 C.F.R. § 416.927(a)(2)
9 ("Medical opinions . . . that reflect judgments about the nature and
10 severity of [a plaintiff's] impairment(s), including symptoms, diagnosis
11 and prognosis," are evidence that a plaintiff may submit in support of
12 his disability claim). The ALJ, however, failed to follow the
13 Secretary's regulations for evaluating mental impairments. Moreover,
14 the ALJ found that Plaintiff had "no restrictions in activities of daily
15 living, mild limitations in social functioning, and no limitations in
16 concentration, persistence, and pace." (AR 21). The ALJ did not state
17 the basis for these conclusions and as set forth above, they are
18 directly contradicted by the great weight of objective medical evidence.

19
20 Remand for further proceedings is appropriate where additional
21 proceedings could remedy defects in the Commissioner's decision. See
22 Harman v. Apfel, 211 F.3d 1172, 1179 (9th Cir. 2000); Kail v. Heckler,
23 722 F.2d 1496, 1497 (9th Cir. 1984). Because the ALJ improperly
24 evaluated Plaintiff's mental health impairment at step two, the case
25 must be remanded to remedy this defect.

26
27 Upon remand, the ALJ must conduct the supplemental evaluation of
28 mental impairment evidence. Normally, the ALJ must first determine the

1 presence or absence of certain medical findings relevant to the
2 plaintiff's ability to work. 20 C.F.R. § 416.920a(b)(1). However, this
3 Court has determined that there is objective medical evidence that
4 Plaintiff suffers from a mental impairment relevant to her ability to
5 work. Thus, the ALJ need not address this question. Accordingly, the
6 ALJ must only complete the remaining inquiries required in the
7 supplemental evaluation of mental impairment evidence.⁴

8
9 **B. On Remand The ALJ Should Consider Limitations Stemming From**
10 **Plaintiff's Fibromyalgia In The RFC Assessment**

11
12 In assessing RFC, the ALJ must consider limitations and
13 restrictions imposed by all of the claimant's impairments, even those
14 that are not severe. See Celaya v. Halter, 332 F.3d 1177, 1181-82 (9th
15 Cir. 2003). Here, the ALJ determined that Plaintiff retained a physical
16 RFC for medium work, "except [that] she is able to frequently climb,
17 balance, stoop, kneel, crouch, and crawl." (AR 22). This RFC, however,
18 is inconsistent with the medical evidence that Plaintiff has been
19 diagnosed with fibromyalgia.

20 _____
21 ⁴ Specifically, the ALJ must rate the degree of functional loss
22 resulting from the impairment by considering four areas of function: (a)
23 activities of daily living; (b) social functioning; (c) concentration,
24 persistence, or pace; and (d) episodes of decompensation. 20 C.F.R. §
25 416.920a(c)(2)-(4). Next, after rating the degree of loss, the ALJ must
26 determine whether the claimant has a severe mental impairment. 20
27 C.F.R. § 416.920a(d). If the mental impairment is found to be severe,
28 the ALJ must determine if it meets or equals a listing in 20 C.F.R. Part
404, Subpart P, Appendix 1. 20 C.F.R. § 416.920a(d)(2). Finally, if
a listing is not met, the ALJ must then assess the plaintiff's RFC, and
the ALJ's decision "must incorporate the pertinent findings and
conclusions" regarding the plaintiff's mental impairment, including "a
specific finding as to the degree of limitation in each of the
functional areas described in [§ 416.920a(c)(3)]." 20 C.F.R. §
416.920a(d)(3), (e)(2).

1 Indeed, the ALJ acknowledged Plaintiff's fibromyalgia, but
2 concluded that Plaintiff's subjective pain testimony was not credible:

3
4 Although it appears that the claimant experiences some pain
5 due to degenerative disease and fibromyalgia, it is not of
6 the degree she alleges. In fact, the claimant testified at
7 the hearing that she sees Dr. Frausto only once a month and
8 she sees Dr. Katsaros every 6 to 8 weeks. The claimant also
9 stated that Dr. Mohr is her primary care physician, but she
10 has not seen Dr. Mohr in a while. Certainly, such treatment
11 is not consistent with any debilitating condition or the
12 alleged level of pain asserted by the claimant.

13
14 (AR 31).

15
16 As set forth above, the ALJ relied on Plaintiff's frequency of
17 treatment to discredit her subjective pain testimony. (AR 31).
18 Specifically, the ALJ concluded that Plaintiff's frequency of seeing her
19 primary care physician, Dr. Gina Mohr, was "not consistent with any
20 debilitating condition or the alleged level of pain asserted by the
21 claimant." (Id.). However, Plaintiff testified that she stopped seeing
22 Dr. Mohr regularly because of the cost. (AR 73) ("I have to, I would
23 have to pay her in order to get a referral that I don't need so I don't
24 generally go through her anymore."); see also Smolen, 80 F.3d at 1284
25 ("Where a claimant provides evidence of a good reason for not taking
26 medication for her symptoms, her symptom testimony cannot be rejected
27 for not doing so."). Indeed, Plaintiff explained that her ability to
28

1 seek medical care was limited by a recent change in her insurance and
2 the fact that she has "so many financial problems." (AR 73).

3
4 Moreover, the Court notes that objective symptoms "do not establish
5 the presence or absence of fibromyalgia." Jordan v. Northrop Grumman
6 Corp. Welfare Plan, 370 F.3d 869, 872 (9th Cir. 2004). As stated in
7 Jordan:

8
9 [F]ibromyalgia's cause or causes are unknown, there is no
10 cure, and, of greatest importance to disability law, its
11 symptoms are entirely subjective. There are no laboratory
12 tests for the presence or severity of fibromyalgia.

13
14 Id. Instead, a fibromyalgia diagnosis can only be confirmed by a
15 specific test where a patient reports pain in five parts of the body and
16 when at least eleven of eighteen points cause pain when palpated by an
17 examiner's thumb. Id. (citing Rollins v. Massanari, 261 F.3d 853, 855
18 (9th Cir. 2001)). Because Plaintiff suffers from fibromyalgia, the ALJ
19 should not rely on general objective findings to determine related
20 limitations for Plaintiff's RFC.

21
22 On remand, the ALJ should consider limitations stemming from
23 Plaintiff's fibromyalgia in the RFC assessment. Further, the ALJ cannot
24 discredit Plaintiff's subjective pain testimony based on her frequency
25 of medical treatment because she testified that she has severe financial
26 limitations.

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