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8 UNITED STATES DISTRICT COURT  
9 CENTRAL DISTRICT OF CALIFORNIA  
10 EASTERN DIVISION

11 AVRA KAY TIGHE,

12 Plaintiff,

13 v.

14 CAROLYN W. COLVIN, Acting  
15 Commissioner of Social Security,

16 Defendant.  
17

Case No. ED CV 13-1619-DFM

MEMORANDUM OPINION AND  
ORDER

18 Plaintiff appeals from the denial of her application for Social Security  
19 benefits. On appeal, the Court concludes that the Administrative Law Judge  
20 (“ALJ”) did not err in assessing the medical evidence of record or Plaintiff’s  
21 credibility. Therefore, the ALJ’s decision is affirmed and the matter is  
22 dismissed with prejudice.

23 I.

24 **FACTUAL AND PROCEDURAL BACKGROUND**

25 Plaintiff filed applications for Social Security Disability Insurance  
26 (“SSDI”) benefits, disabled widow’s benefits, and Supplemental Security  
27 Income (“SSI”) benefits, alleging disability beginning February 21, 2007.  
28 Administrative Record (“AR”) 13. In an unfavorable decision, the ALJ

1 concluded that Plaintiff could perform her prior work as a cashier checker  
2 within the residual functional capacity (“RFC”) limitations imposed by her  
3 medically determinable impairments. AR 20.

## 4 II.

### 5 ISSUE PRESENTED

6 The parties dispute whether the ALJ (1) erred in failing to discuss a  
7 purported medical opinion from Dr. Matthew Pautz, and (2) properly assessed  
8 the credibility of Plaintiff’s subjective symptom testimony. See Corrected Joint  
9 Stipulation (“JS”) at 3-4.

## 10 III.

### 11 STANDARD OF REVIEW

12 Under 42 U.S.C. § 405(g), a district court may review the  
13 Commissioner’s decision to deny benefits. The ALJ’s findings and decision  
14 should be upheld if they are free from legal error and are supported by  
15 substantial evidence based on the record as a whole. 42 U.S.C. § 405(g);  
16 Richardson v. Perales, 402 U.S. 389, 401 (1971); Parra v. Astrue, 481 F.3d  
17 742, 746 (9th Cir. 2007). Substantial evidence means such relevant evidence as  
18 a reasonable person might accept as adequate to support a conclusion.  
19 Richardson, 402 U.S. at 401; Lingenfelter v. Astrue, 504 F.3d 1028, 1035 (9th  
20 Cir. 2007). It is more than a scintilla, but less than a preponderance.  
21 Lingenfelter, 504 F.3d at 1035 (citing Robbins v. Soc. Sec. Admin., 466 F.3d  
22 880, 882 (9th Cir. 2006)). To determine whether substantial evidence supports  
23 a finding, the reviewing court “must review the administrative record as a  
24 whole, weighing both the evidence that supports and the evidence that detracts  
25 from the Commissioner’s conclusion.” Reddick v. Chater, 157 F.3d 715, 720  
26 (9th Cir. 1996). If the evidence can reasonably support either affirming or  
27 reversing, the Court may not substitute its judgment for that of the ALJ.  
28 Tackett v. Apfel, 180 F.3d 1094, 1098 (9th Cir. 1999).

1 IV.

2 DISCUSSION

3 A. The ALJ Did Not Err in Considering the Evidence of Dr. Pautz's  
4 Opinion

5 Plaintiff contends that the ALJ did not properly discuss and discredit an  
6 October 28, 2008 post-operative "permanent and stationary" report from Dr.  
7 Matthew Pautz, the treating surgeon who performed Plaintiff's spinal fusion  
8 surgery. See JS at 4-12. As discussed at the administrative hearing, Plaintiff  
9 was unable to obtain and present a copy of Dr. Pautz's actual opinion. See AR  
10 35-37. Rather, Plaintiff relies on references to that opinion in the later opinion  
11 of Dr. David Evans, Plaintiff's treating chiropractor:

12 Primary Treating Physician's Workers' Compensation P&S,  
13 signed by Matthew J. Pautz, D.O. DIAGNOSES: Cervical  
14 spondylosis at C4-5 and C5-6. Herniated nucleus pulposus at C4-5  
15 and C5-6, improved. CAUSATION: The patient's current  
16 complaints are direct results of injuries at work on 02/21/07.  
17 VOCATIONAL REHABILITATION: Not indicated. WORK  
18 RESTRICTIONS: The patient should be precluded from pushing,  
19 pulling, and lifting more than 10 lbs. She should also limit the use  
20 of her left arm and shoulder and limit overhead work. FUTURE  
21 MEDICAL CARE: The patient will require ongoing medical  
22 treatment in the form of prescription anti-inflammatories, pain  
23 medications, and muscle relaxants. If she has significant  
24 regression, she should also have access to physical therapy,  
25 injections and possibly even surgery to cure or relieve the effects of  
26 the injury. TOTAL BODY IMPAIRMENT: DRE cervical spine  
27 category IV with a 25% impairment of the whole person due to  
28 alternation of motion segment integrity due to her multilevel

1 fusion.

2 [. . .]

3 Regarding my impairment recommendations for the cervical  
4 spine, I agree with the total body impairment as recommended by  
5 Dr. Matthew J. Pautz, D.O., in his Permanent and Stationary  
6 Report, dated 10/28/08.

7 [. . .]

8 As per the recommendations of Dr. Pautz in his Permanent  
9 and Stationary report of 10/28/08, the patient should be precluded  
10 from pushing, pulling and lifting more than 10 lbs. She should also  
11 limit the use of her left arm and shoulder and limit overhead work.

12 [. . .]

13 In addition, as previously recommended by Dr. Pautz in his  
14 Permanent and Stationary report of 10/28/08, in the event of  
15 significant regression of the patient's pain, she may even be a  
16 candidate for additional surgery to cure or relieve the effects of her  
17 injury.

18 AR 325-29.

19 Three types of physicians may offer opinions in Social Security cases:  
20 those who directly treated the plaintiff, those who examined but did not treat  
21 the plaintiff, and those who did not treat or examine the plaintiff. See 20  
22 C.F.R. § 404.1527(c); Lester v. Chater, 81 F.3d 821, 830 (9th Cir. 1996).<sup>1</sup> A  
23 treating physician's opinion is generally entitled to more weight than that of an  
24 examining physician, which is generally entitled to more weight than that of a

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26 <sup>1</sup> The Court will cite to the regulatory provisions pertaining to SSDI and  
27 disabled widow's benefits. A parallel and virtually identical set of provisions  
28 for SSI is codified at § 416.900 et seq.

1 non-examining physician. Lester, 81 F.3d at 830. Thus, the ALJ must give  
2 specific and legitimate reasons for rejecting a treating physician’s opinion in  
3 favor of a non-treating physician’s contradictory opinion or an examining  
4 physician’s opinion in favor of a non-examining physician’s opinion. Orn v.  
5 Astrue, 495 F.3d 625, 632 (9th Cir. 2007); Lester, 81 F.3d at 830-31. If the  
6 treating physician’s opinion is uncontroverted by another doctor, it may be  
7 rejected only for “clear and convincing” reasons. See Lester, 81 F.3d 821, 830  
8 (9th Cir. 1996) (citing Baxter v. Sullivan, 923 F.3d 1391, 1396 (9th Cir. 1991)).  
9 However, “[t]he ALJ need not accept the opinion of any physician, including a  
10 treating physician, if that opinion is brief, conclusory, and inadequately  
11 supported by clinical findings.” Thomas v. Barnhart, 278 F.3d 947, 957 (9th  
12 Cir. 2002); accord Tonapetyan v. Halter, 242 F.3d 1144, 1149 (9th Cir. 2001).

13 As an initial matter, a disability claimant bears the burden of  
14 demonstrating the existence and impact of her medically determinable  
15 impairments in order to prove that she is unable to do her past relevant work.  
16 Drouin v. Sullivan, 966 F.2d 1255, 1257 (9th Cir. 1992). Here, as discussed at  
17 the administrative hearing, Plaintiff was unable to produce Dr. Pautz’s actual  
18 permanent and stationary report. See AR 35-37. The references to the report in  
19 Dr. Evans’s opinion did not provide a sufficient basis for the ALJ to assess the  
20 weight of that opinion. See Edwards v. Massanari, No. 00-0548, 2001 WL  
21 929739 (S.D. Ala. June 5, 2001) (holding that where actual medical record was  
22 not in the record, “[a p]laintiff’s assertion of a treating source’s findings does  
23 not constitute evidence”). Without a copy of the report itself, the ALJ was  
24 unable to assess the objective findings on which it was based, a critical  
25 determination required to assess whether the opinion is entitled to controlling  
26 weight. See Batson v. Comm’r of Soc. Sec. Admin, 359 F.3d 1190, 1195 (9th  
27 Cir. 2004). It was therefore not error for the ALJ to decline to assess Dr.  
28 Pautz’s opinion as the independent opinion of a treating physician.

1           Although the record did not contain sufficient evidence of Dr. Pautz’s  
2 opinion and its objective medical basis to require that the ALJ treat it as an  
3 independent treating physician’s opinion, the ALJ was required to properly  
4 consider the opinion of Dr. Evans, Plaintiff’s treating chiropractor. A review of  
5 the record reveals that the ALJ did just that.

6           Under the Social Security Regulations, a chiropractor is not an  
7 “acceptable medical source.” 20 C.F.R. § 404.1513(a). Rather, a chiropractor  
8 is included in the list of medical professionals defined as “other sources.” 20  
9 C.F.R. § 404.1513(d)(1). Although their opinions may be used to determine the  
10 severity of a claimant’s impairments and how those impairments affect the  
11 ability to work, 20 C.F.R. § 404.1513(d), such professionals are not considered  
12 to be the equivalent of treating physicians. See Jamerson v. Chater, 112 F.3d  
13 1064, 1067 (9th Cir. 1997). To reject the testimony of other nonacceptable  
14 medical sources, the ALJ must only give “reasons germane to each witness for  
15 doing so.” Molina v. Astrue, 674 F.3d 1104, 1111 (9th Cir. 2012) (quoting  
16 Turner v. Comm’r of Soc. Sec., 613 F.3d 1217, 1224 (9th Cir. 2010)).

17           Here, the ALJ accorded “limited weight” to Dr. Evans’s opinion that  
18 Plaintiff could push, pull, and lift a maximum of ten pounds. AR 18. The ALJ  
19 gave (AR 18-19) valid reasons for partially discounting Dr. Evans’s opinion,  
20 namely that the opinion was unsupported by objective clinical evidence and  
21 based in part on the subjective symptom claims otherwise discredited by the  
22 ALJ. See Bayliss v. Barnhart, 427 F.3d 1211, 1218 (9th Cir. 2005)  
23 (“Inconsistency with medical evidence” is a “germane reason[] for discrediting  
24 the testimony of lay witnesses.”) (citing Lewis v. Apfel, 236 F.3d 503, 511 (9th  
25 Cir. 2001)); Andrews v. Shalala, 53 F.3d 1035, 1043 (9th Cir. 1995) (“[A]n  
26 opinion of disability premised to a large extent upon the claimant’s own  
27 accounts of his symptoms and limitations may be disregarded, once those  
28 complaints have themselves been properly discounted.”) (citing Flaten v. Sec’y

1 of Health & Human Servs., 44 F.3d 1453, 1463-64 (9th Cir. 1995)). The  
2 Court’s review of Dr. Evans’s report has revealed few independent objective  
3 clinical findings. See AR 324, In fact, many of Dr. Evans’s findings appear to  
4 be based on Plaintiff’s reports of pain. See id. Ultimately, the Court cannot  
5 fault the ALJ’s synthesis of the opinion of Dr. Evans, which he properly gave  
6 limited weight, with the other medical evidence of record in determining that  
7 Plaintiff retained the capacity to perform light work with occasional postural  
8 activities and overhead reaching. See Bustos v. Astrue, No. 11-1953, 2012 WL  
9 5289311 (E.D. Cal. Oct. 23, 2012) (noting that the Ninth Circuit has said that  
10 “an ALJ may synthesize and translate assessed limitations into an RFC  
11 assessment” (citing Stubbs–Danielson v. Astrue, 539 F.3d 1169, 1173–74 (9th  
12 Cir. 2008)). Accordingly, the ALJ did not err in assessing the opinion of  
13 Plaintiff’s treating chiropractor, and Plaintiff is therefore not entitled to relief  
14 on this claim of error.

15 **B. The ALJ Did Not Err in Discrediting Plaintiff’s Subjective Symptom**  
16 **Complaints**

17 Plaintiff contends that the ALJ erred by failing to properly credit her  
18 subjective symptom testimony. See JS at 12-18.

19 To determine whether a claimant’s testimony about subjective pain or  
20 symptoms is credible, an ALJ must engage in a two-step analysis. Vasquez v.  
21 Astrue, 572 F.3d 586, 591 (9th Cir. 2008) (citing Lingenfelter, 504 F.3d at  
22 1035-36). First, the ALJ must determine whether the claimant has presented  
23 objective medical evidence of an underlying impairment which could  
24 reasonably be expected to produce the alleged pain or other symptoms.  
25 Lingenfelter, 504 F.3d at 1036. “[O]nce the claimant produces objective  
26 medical evidence of an underlying impairment, an adjudicator may not reject a  
27 claimant’s subjective complaints based solely on a lack of objective medical  
28 evidence to fully corroborate the alleged severity of pain.” Bunnell v. Sullivan,

1 947 F.2d 341, 345 (9th Cir. 1991) (en banc). To the extent that an individual's  
2 claims of functional limitations and restrictions due to alleged pain and other  
3 subjective symptoms are reasonably consistent with the objective medical  
4 evidence and other evidence in the case, the claimant's allegations will be  
5 credited. SSR 96-7p, 1996 WL 374186 at \*2 (explaining 20 C.F.R. §  
6 416.929(c)(4)).

7         If the claimant meets the first step and there is no affirmative evidence of  
8 malingering, the ALJ must provide specific, clear and convincing reasons for  
9 discrediting a claimant's complaints. Robbins, 466 F.3d at 883. "General  
10 findings are insufficient; rather, the ALJ must identify what testimony is not  
11 credible and what evidence undermines the claimant's complaints." Reddick,  
12 157 F.3d at 722 (quoting Lester, 81 F.3d at 834). The ALJ may consider a  
13 claimant's work record, observations of medical providers and third parties  
14 with knowledge of claimant's limitations, aggravating factors, functional  
15 restrictions caused by symptoms, effects of medication, and the claimant's  
16 daily activities. Smolen v. Chater, 80 F.3d 1273, 1283-84 & n.8 (9th Cir. 1996).  
17 The ALJ may also consider an unexplained failure to seek treatment or follow  
18 a prescribed course of treatment and employ other ordinary techniques of  
19 credibility evaluation. Id.

20         Plaintiff's subjective reports include claims of pain and related  
21 limitations. Plaintiff reported that she suffers from daily neck pain and  
22 occasional headaches, and obtains relief by sitting propped up by pillows on  
23 her bed. AR 37-38. She experiences pain when doing dishes or vacuuming. AR  
24 40. Medication helps with her pain, but causes her to "catnap." AR 41. She  
25 experiences "pulling" sensations in her wrists, but they do not limit her use of  
26 her hands. AR 42-43. She would be unable to work at a job that required  
27 standing for six hours of the work day, because she would not be able to rest  
28 her neck; she usually spends most of the day resting her neck. AR 44-45. She



1 becomes dizzy when she reaches up too high or looks back, and is prone to  
2 dropping objects and falling down. AR 39, 43-44.

3 The ALJ credited Plaintiff's subjective symptom testimony only to the  
4 extent that it was consistent with his RFC assessment limiting Plaintiff to light  
5 work with certain additional limitations. AR 17-19. Although the ALJ's  
6 decision is not a model of clarity, the ALJ gave at least two specific reasons for  
7 finding that Plaintiff's subjective testimony was not entirely credible, each of  
8 which is fully supported by the record.<sup>2</sup> First, the ALJ noted that, despite  
9 Plaintiff's claims of debilitating impairments, she was nevertheless able to  
10 perform many activities of daily living. AR 18-19. For instance, Plaintiff  
11 reported that she has no problems with personal care and that she is able to  
12 prepare meals, do laundry, drive, and shop in stores. AR 40, 42, 45, 48, 50.  
13 Moreover, many of her limitations appear to be imposed by her daughter  
14 rather than as a result of her impairments. AR 47-48, 50. Although a claimant  
15 "does not need to be 'utterly incapacitated' in order to be disabled," Vertigan  
16 v. Halter, 260 F.3d 1044, 1050 (9th Cir. 2001), the ability to perform certain  
17 activities of daily life can support a finding that the claimant's reports of his or  
18 her impairment are not fully credible. See Bray v. Comm'r of Soc. Sec.  
19 Admin., 554 F.3d 1219, 1227 (9th Cir. 2009); Curry v. Sullivan, 925 F.2d  
20 1127, 1130 (9th Cir. 1990) (finding that the claimant's ability to "take care of  
21 her personal needs, prepare easy meals, do light housework and shop for some

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22 <sup>2</sup> Although the focus of Plaintiff's contentions on appeal is on her  
23 physical impairments, see JS at 12-16, the Court notes that the ALJ mentioned  
24 (AR 19) Plaintiff's conservative mental health treatment history as an  
25 additional reason for discrediting her subjective complaints as to her mental  
26 impairments. See Tommasetti v. Astrue, 533 F.3d 1035, 1039 (9th Cir. 2008);  
27 see also Fair v. Bowen, 885 F.2d 597, 604 (9th Cir. 1989) (finding that the  
28 claimant's allegations of persistent, severe pain and discomfort were belied by  
"minimal conservative treatment").

1 groceries . . . may be seen as inconsistent with the presence of a condition  
2 which would preclude all work activity”) (citing Fair v. Bowen, 885 F.2d 597,  
3 604 (9th Cir. 1989)).

4 Second, the ALJ reviewed the medical evidence and reasonably  
5 determined that it did not fully support Plaintiff’s alleged symptoms and  
6 limitations. See AR 18-20. A 2007 report showed normal range of motion and  
7 strength in the upper extremities. AR 302. As discussed above, Dr. Evans’s  
8 2010 report — which was the primary post-surgical report in the record —  
9 contains little in the way of objective medical evidence of impairments, other  
10 than signs dependent on Plaintiff’s subjective reports of pain. AR 324. That  
11 report showed full range of motion in Plaintiff’s shoulder, and evidence of the  
12 spinal fusion surgery with somewhat limited range of motion in the spine. Id.  
13 The ALJ’s determination that the objective medical evidence only partially  
14 supported Plaintiff’s subjective complaints was therefore supported by the  
15 record. Although a lack of objective medical evidence may not be the sole  
16 reason for discounting a claimant’s credibility, it is nonetheless a legitimate  
17 and relevant factor to be considered. See Rollins v. Massanari, 261 F.3d 853,  
18 857 (9th Cir. 2001).

19 On appellate review, this Court does not reweigh the hearing evidence  
20 regarding Plaintiff’s credibility. Rather, the Court is limited to determining  
21 whether the ALJ properly identified clear and convincing reasons for  
22 discrediting Plaintiff’s credibility. Smolen, 80 F.3d at 1284. The written record  
23 reflects that the ALJ did just that. It is the responsibility of the ALJ to  
24 determine credibility and resolve conflicts or ambiguities in the evidence.  
25 Magallanes v. Bowen, 881 F.2d 747, 750 (9th Cir. 1989). If the ALJ’s findings  
26 are supported by substantial evidence, as here, this Court may not engage in  
27 second-guessing. See Thomas, 278 F.3d at 959; Fair, 885 F.2d at 604. It was  
28 reasonable for the ALJ to rely on the reasons stated above, each of which is

1 fully supported by the record, in rejecting Plaintiff's subjective testimony.

2 Finally, even if Plaintiff's testimony had been credited, it is unclear what  
3 additional limitations would stem from the symptoms described by Plaintiff.

4 As described above, the subjective symptoms described by Plaintiff, while  
5 significant, do not appear to be debilitating. Indeed, Plaintiff herself admitted  
6 that she would have been able to continue working in her prior job if permitted  
7 a light duty assignment. See AR 45. Reversal is therefore not warranted on this  
8 ground.

9 **V.**

10 **CONCLUSION**

11 For the reasons stated above, the decision of the Social Security  
12 Commissioner is **AFFIRMED** and the action is **DISMISSED** with prejudice.

13  
14 Dated: August 28, 2014

15 **DOUGLAS F. McCORMICK**

16 \_\_\_\_\_  
17 DOUGLAS F. McCORMICK  
18 United States Magistrate Judge  
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