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**UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA**

TERESA L. COX,)	NO. ED CV 14-372-E
)	
Plaintiff,)	
)	
v.)	MEMORANDUM OPINION
)	
CAROLYN W. COLVIN,)	AND ORDER OF REMAND
COMMISSIONER OF SOCIAL SECURITY,)	
)	
Defendant.)	
)	

Pursuant to sentence four of 42 U.S.C. section 405(g), IT IS
HEREBY ORDERED that Plaintiff's and Defendant's motions for summary
judgment are denied and this matter is remanded for further
administrative action consistent with this Opinion.

PROCEEDINGS

Plaintiff filed a Complaint on March 5, 2014, seeking review of
the denial of social security disability benefits. The parties filed
a consent to proceed before a United States Magistrate Judge on
April 3, 2014.

1 Plaintiff filed a motion for summary judgment on August 6, 2014.
2 Defendant filed a motion for summary judgment on November 5, 2014.
3 The Court has taken both motions under submission without oral
4 argument. See L.R. 7-15; "Order," filed March 14, 2014.
5

6 **BACKGROUND AND SUMMARY OF ADMINISTRATIVE DECISION**
7

8 Plaintiff asserts disability since February 2, 2010, based on
9 alleged physical and mental impairments (Administrative Record
10 ("A.R.") 160-70, 183). An Administrative Law Judge ("ALJ") examined
11 the medical record and heard testimony from Plaintiff and a vocational
12 expert (A.R. 10-379). The ALJ found Plaintiff has severe degenerative
13 disc disease, obesity, diabetes, asthma, obstructive sleep apnea, and
14 bipolar disorder, but retains the residual functional capacity to
15 perform a limited range of sedentary work (A.R. 12, 14).¹ In
16

17 ¹ The ALJ found that Plaintiff:

18 can work in an environment with no more air pollutants
19 than in an air-conditioned environment; she cannot work
20 at heights or on ladders; she cannot drive and be
21 exposed to dangerous machinery; she cannot reach above
22 her head with either arm; she can occasionally bend and
23 twist; she can lift 10 pounds occasionally and 10
24 pounds frequently; she can sit, stand, and walk six
25 hours out of an eight-hour day; she can sit for 30
26 minutes at a time and she can stand and stretch for one
27 minute or less before resuming sitting; she can stand
28 and walk for 30 minutes at a time with sitting for one
minute out of every 30 minutes; she cannot do work
involving quick decision making or rapid physical
activity like a rapid assembly line; she cannot
interact with the public; and she can have non-intense
and occasionally [sic] interactions with the coworkers
and supervisors.

(continued...)

1 accordance with the vocational expert's testimony, the ALJ also found
2 Plaintiff can perform work as an "address clerk" or "bench hand," and
3 therefore is not disabled (A.R. 20-21; see also A.R. 52-54 (vocational
4 expert testimony)). The Appeals Council denied review (A.R. 1-3).

5
6 **STANDARD OF REVIEW**

7
8 Under 42 U.S.C. section 405(g), this Court reviews the
9 Administration's decision to determine if: (1) the Administration's
10 findings are supported by substantial evidence; and (2) the
11 Administration used correct legal standards. See Carmickle v.
12 Commissioner, 533 F.3d 1155, 1159 (9th Cir. 2008); Hoopai v. Astrue,
13 499 F.3d 1071, 1074 (9th Cir. 2007); see also Brewes v. Commissioner
14 of Social Sec. Admin., 682 F.3d 1157, 1161 (9th Cir. 2012).
15 Substantial evidence is "such relevant evidence as a reasonable mind
16 might accept as adequate to support a conclusion." Richardson v.
17 Perales, 402 U.S. 389, 401 (1971) (citation and quotations omitted);
18 see also Widmark v. Barnhart, 454 F.3d 1063, 1066 (9th Cir. 2006).

19
20 **DISCUSSION**

21
22 Plaintiff contends that the ALJ materially erred in the
23 evaluation of the medical opinion evidence. For the reasons discussed
24 below, the Court agrees. Remand is appropriate.

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28 ¹(...continued)
(A.R. 14).

1 **I. Summary of the Relevant Medical Record.**

2
3 Plaintiff reported a history of cervical spine pain following a
4 car accident in 1993 (A.R. 33, 228). On January 18, 2009, Plaintiff
5 went to the Desert Valley Hospital with complaints of right arm pain
6 and shoulder pain from a recent fall at work (A.R. 313-25).
7 Plaintiff's treating doctor ordered her off work (A.R. 323).
8 Plaintiff was not released back to work until July 22, 2009 (A.R.
9 241).

10
11 On August 26, 2009, orthopedic surgeon Dr. Rajiv Puri examined
12 Plaintiff and found she had a limited range of motion in the cervical
13 spine with left arm pain, limited left shoulder motion in abduction
14 due to impingement, slightly decreased sensation in the C5 and C6
15 dermatomes on the left hand, and hypoactive reflexes on both sides
16 (A.R. 229). Plaintiff complained of worsening pain in the neck and
17 left upper extremity (A.R. 229). Dr. Puri diagnosed degenerative disc
18 disease of the cervical spine with radicular pain and numbness in the
19 left arm, and calcific tendinitis of the left shoulder for which he
20 gave Plaintiff a cortisone injection (A.R. 229; see also A.R. 230
21 (radiology report)). On September 16, 2009, Dr. Puri reviewed a
22 cervical spine MRI showing degenerative disc disease, especially at
23 C4-5, C5-6, and C6-7, causing foraminal stenosis, confirmed by x-rays
24 (A.R. 228; see also A.R. 231-32 (cervical spine MRI dated September 9,
25 2009)). Dr. Puri indicated that Plaintiff would be a candidate for
26 anterior cervical discectomy and fusion from C4 to C7, since
27 Plaintiff's pain and numbness were not getting any better with
28 conservative treatment (A.R. 228). There is no record of surgery,

1 however.

2
3 On February 2, 2010, Plaintiff reportedly took a "stress leave"
4 from work (A.R. 252). Plaintiff was going through a divorce and
5 assertedly felt depressed (A.R. 237, 241, 252). Plaintiff did not
6 return to work (A.R. 183, 363).²

7
8 High Desert Primary Care Physician's Assistant, Teresa Podgorski,
9 treated Plaintiff from August of 2011 through July of 2012 (A.R. 326-
10 58). On March 12, 2012, Plaintiff was prescribed Norco for her neck
11 pain with radiculopathy (A.R. 334-35). On March 30, 2012, Podgorski
12 referred Plaintiff for a neurosurgical consultation for cervical disc
13 degeneration (A.R. 350). Authorization was provided for Plaintiff to
14 see Dr. Ali H. Mesiwala for a consultation and two follow up visits
15 (A.R. 348). An MRI of Plaintiff's cervical spine on June 8, 2012,
16 showed mild-to-moderate multilevel degenerative changes within the
17 cervical spine, most prominent from C4-5 through C6-7 and "no
18 significant interval change" from the September, 2009 MRI (A.R. 343-
19 44). On July 30, 2012, Plaintiff reported for a follow up visit after
20 her MRI (A.R. 327-29). Plaintiff complained of chronic neck pain with
21 radiculopathy, fatigue, decreased ability to concentrate, and
22 depression (A.R. 327). Podgorski noted that Plaintiff had cervical
23 disc degeneration and related conditions, controlled type 2 diabetes

24
25 ² Dr. Warris Walayat treated Plaintiff for mental health
26 issues from March of 2012 through at least August of 2012 (A.R.
27 359-68). Dr. Walayat diagnosed bipolar disorder and anxiety
28 (A.R. 360-62). At various times, Plaintiff was prescribed
combinations of Wellbutrin, Zoloft, Ritalin, Abilify, Xanax, and
Trileptal (A.R. 243-44, 252-59, 287, 314, 330, 333, 337, 360-63).

1 mellitus, hyperlipidemia, episodic mood disorders, and bipolar I
2 disorder (A.R. 328-29).

3
4 In accordance with Podgorski's referral, Plaintiff consulted with
5 Dr. Mesiwala to determine whether Plaintiff required surgery for her
6 back and neck pain. See A.R. 349 (request for consultation), A.R.
7 370-79 (consultation records). Dr. Mesiwala examined Plaintiff and
8 reviewed the MRIs of Plaintiff's cervical spine from September of 2009
9 and June of 2012, and an x-ray of Plaintiff's lumbar spine from
10 November of 2009 (A.R. 370-71; see also A.R. 231-32, 343-44 (cervical
11 spine MRIs); A.R. 248 (lumbar spine x-ray)). On examination,
12 Plaintiff had restricted range of motion in flexion and extension of
13 her neck secondary to pain, restricted range of motion in flexion,
14 extension and twisting of her back secondary to pain, motor strength
15 of 5/5 in her upper and lower extremities, intact sensation, no
16 evidence of cerebellar dysfunction, normal gait, and normal muscular
17 tone and bulk (A.R. 370-71). Dr. Mesiwala recommended a series of
18 epidural injections for pain management in Plaintiff's cervical spine
19 - concluding that surgery for the cervical spine was not required at
20 the time - and ordered an MRI of Plaintiff's lumbar spine to determine
21 if surgery might be necessary for deformities seen on the available x-
22 rays (A.R. 371-72). There is no MRI of Plaintiff's lumbar spine
23 within the available record.

24
25 Dr. Mesiwala completed a "Medical Opinion Re: Ability to Do Work-
26 Related Activities (Physical)" form on September 4, 2012, the day of
27 his initial consultation (A.R. 377-79). Dr. Mesiwala indicated that
28 Plaintiff: (1) could lift and carry 10 pounds occasionally and

1 frequently; (2) could sit less than two hours and stand less than two
2 hours in an 8-hour day; (3) could sit 10 minutes and stand 10 minutes
3 before needing to change positions; (4) must walk around every 10
4 minutes for 10 minutes; and (5) must be able to shift at will from
5 sitting or standing/walking (A.R. 377-78). Dr. Mesiwala also
6 indicated that Plaintiff could never twist, stoop (bend), crouch, or
7 climb ladders, and could climb stairs only occasionally (A.R. 378).
8 Dr. Mesiwala recorded no impairment in reaching, handling, fingering,
9 feeling, or pushing/pulling, no environmental restrictions, and
10 indicated that Plaintiff's condition would cause her to be absent from
11 work approximately once a month (A.R. 378-79). When asked what
12 medical findings support the assigned limitations, Dr. Mesiwala wrote
13 "cervical deg[enerative] disc disease" and "[Plaintiff] has pain
14 related to cervical [degenerative disc disease]" (A.R. 378-79). Dr.
15 Mesiwala's "Medical Opinion, etc." is the only examining source
16 opinion in the record concerning Plaintiff's ability to work.

17
18 A non-examining State agency review physician, Dr. George N.
19 Lockie, reviewed the available record and opined that Plaintiff was
20 not disabled as of May 26, 2011. See A.R. 56-67 ("Disability
21 Determination Explanation"). Although Dr. Lockie requested Dr. Puri's
22 medical records, there reportedly was no medical opinion evidence for
23 Dr. Lockie to review (A.R. 58, 64). Dr. Lockie did review the July,
24 2009 left shoulder x-ray and the November, 2009 lumbar spine x-ray
25 (A.R. 59; see also A.R. 247-48 (x-rays)). Dr. Lockie believed that a
26 consultative examination was required because "additional evidence
27 needed is not contained in the records of the individual's medical
28 sources" (A.R. 59). However, Plaintiff did not receive any

1 consultative examination. Dr. Lockie opined that Plaintiff would be
2 capable of performing simple repetitive tasks involving: (1) lifting
3 and carrying 20 pounds occasionally and 10 pounds frequently;
4 (2) standing and/or walking approximately six hours in an eight-hour
5 workday, and sitting approximately six hours in an eight-hour workday;
6 (3) unlimited pushing and/or pulling within the weight limits;
7 (4) occasional climbing of ramps, stairs, ladders, ropes, and
8 scaffolds; (5) occasional stooping, kneeling, crouching, and crawling;
9 and (6) frequent balancing, with no other noted limitations (A.R. 60-
10 63).

11
12 On reconsideration, non-examining State agency review physician
13 Dr. Pamela Ombres opined that Plaintiff was not disabled as of
14 December 21, 2011. See A.R. 82-93 ("Disability Determination
15 Explanation"). Dr. Ombres examined the available medical records
16 including Dr. Puri's records and the September, 2009 MRI of
17 Plaintiff's cervical spine (A.R. 83, 86; see also A.R. 228-32 (Dr.
18 Puri's records and September, 2009 MRI)). Like Dr. Lockie, Dr. Ombres
19 indicated that a consultative examination would be required, yet no
20 consultative examination was ever performed (A.R. 86).

21
22 **II. The ALJ Materially Erred in Connection with the Determination of**
23 **Plaintiff's Residual Functional Capacity.**

24
25 In determining Plaintiff's physical residual functional capacity,
26 the ALJ gave "significant weight, but not great weight" to the non-
27 examining State agency physicians' opinions concerning Plaintiff's
28 ability to work, but added the ALJ's own restrictions in light of

1 Plaintiff's asthma, sleep apnea, diabetes, and her subjective
2 complaints of pain (A.R. 18; see also A.R. 14 (defining residual
3 functional capacity as including environmental and hazard
4 restrictions, as well as restrictions of no reaching above the head
5 with either arm, and sitting/standing restrictions not found by any
6 medical source)). The ALJ purportedly gave "some weight" to Dr.
7 Mesiwala's opinion as "generally consistent with the claimant's mild
8 treatment record," but found Dr. Mesiwala's sitting, standing, and
9 walking restrictions "too restrictive given Dr. Mesiwala's generally
10 mild examination" of Plaintiff (A.R. 17). The ALJ did not discuss Dr.
11 Mesiwala's opinion that Plaintiff should never twist, stoop (bend), or
12 crouch (A.R. 17; see also A.R. 14 (residual functional capacity
13 providing for occasional bending and twisting)).

14
15 On the present record, the ALJ erred in rejecting Dr. Mesiwala's
16 opinion in favor of the opinions of the non-examining State agency
17 physicians. The opinion of an examining physician generally should
18 receive more weight than the opinion of a non-examining physician.
19 Andrews v. Shalala, 53 F.3d 1035, 1040-41 (9th Cir. 1995). In fact,
20 "[t]he opinion of a nonexamining physician cannot by itself constitute
21 substantial evidence that justifies the rejection of the opinion of
22 . . . an examining physician." Lester v. Chater, 81 F.3d 821, 831
23 (9th Cir. 1995); see also Orn v. Astrue, 495 F.3d 625, 632 (9th Cir.
24 2007) ("When [a nontreating] physician relies on the same clinical
25 findings as a treating physician, but differs only in his or her
26 conclusions, the conclusions of the [nontreating] physician are not
27 'substantial evidence.'"); Pitzer v. Sullivan, 908 F.2d 502, 506 n.4
28 (9th Cir. 1990) (nonexamining physician's conclusions, with nothing

1 more, not substantial evidence in light of "the conflicting
2 observations, opinions, and conclusions" of examining physician).

3
4 As summarized above, the State agency physicians initially relied
5 on the 2009 x-rays of Plaintiff's left shoulder and lumbar spine, and
6 on reconsideration relied on the 2009 MRI of Plaintiff's cervical
7 spine and Dr. Puri's clinical observations. Dr. Mesiwala also relied
8 in part on the 2009 lumbar spine x-ray, 2009 MRI of Plaintiff's
9 cervical spine, and the June, 2012 MRI of Plaintiff's cervical spine
10 (which was unchanged from the 2009 MRI). Because the opinions of the
11 State agency physicians regarding Plaintiff's ability to work
12 represent nothing more than conflicting conclusions based on their
13 review of the same clinical records reviewed by Dr. Mesiwala, the
14 opinions of the State agency physicians cannot furnish substantial
15 evidence to support the ALJ's residual functional capacity
16 determination. See id. Buttressing this conclusion is the fact that
17 the State agency physicians expressly qualified their opinions by
18 stating that sufficient development of the medical record required a
19 consultative examination that was never performed.

20
21 Additionally, the record contains no assessment by a treating or
22 examining physician supporting the sitting, standing, and walking
23 limitations the ALJ adopted. Rather, the ALJ appears to have made his
24 own lay assessment of what the ALJ thought were "reasonably congruent
25 limitations" for Plaintiff's physical condition (A.R. 18). Absent
26 expert medical assistance, the ALJ could not competently translate the
27 medical evidence into a residual functional capacity assessment. It
28 is well-settled that an ALJ may not render his or her own medical

1 opinion or substitute his or her own diagnosis for that of a
2 physician. See Tackett v. Apfel, 180 F.3d 1094, 1102-03 (9th Cir.
3 1999) (ALJ erred in rejecting physicians' opinions and finding greater
4 residual functional capacity based on claimant's testimony that he
5 took a road trip; there was no medical evidence to support the ALJ's
6 determination); Balsamo v. Chater, 142 F.3d 75, 81 (2d Cir. 1998) (an
7 "ALJ cannot arbitrarily substitute his own judgment for competent
8 medical opinion") (internal quotation marks and citation omitted);
9 Rohan v. Chater, 98 F.3d 966, 970 (7th Cir. 1996) ("ALJs must not
10 succumb to the temptation to play doctor and make their own
11 independent medical findings"); Day v. Weinberger, 522 F.2d 1154, 1156
12 (9th Cir. 1975) (an ALJ is forbidden from making his or her own
13 medical assessment beyond that demonstrated by the record). Rather
14 than adopting his own lay assessment of Plaintiff's limitations, the
15 ALJ should have ordered an examination and evaluation of Plaintiff by
16 a consultative physician. See id.; see also Reed v. Massanari, 270
17 F.3d 838, 843 (9th Cir. 2001) (where available medical evidence is
18 insufficient to determine the severity of the claimant's impairment,
19 the ALJ should order a consultative examination by a specialist);
20 accord, Kish v. Colvin, 552 Fed. App'x 650 (2014); see generally Brown
21 v. Heckler, 713 F.2d 441, 443 (9th Cir. 1983) ("[T]he ALJ has a
22 special duty to fully and fairly develop the record to assure the
23 claimant's interests are considered. This duty exists even when the
24 claimant is represented by counsel.").

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1 **III. Remand is Appropriate.**

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3 Because the circumstances of this case suggest that further
4 administrative review could remedy the ALJ's errors, remand is
5 appropriate. See McLeod v. Astrue, 640 F.3d 881, 888 (9th Cir. 2011);
6 see also INS v. Ventura, 537 U.S. 12, 16 (2002) (upon reversal of an
7 administrative determination, the proper course is remand for
8 additional agency investigation or explanation, except in rare
9 circumstances); Garrison v. Colvin, 759 F.3d 995, 1020 (9th Cir. 2014)
10 (court will credit-as-true medical opinion evidence only where, inter
11 alia, "the record has been fully developed and further administrative
12 proceedings would serve no useful purpose"); Harman v. Apfel, 211 F.3d
13 1172, 1180-81 (9th Cir. 2000) (remand for further proceedings rather
14 than for the immediate payment of benefits is appropriate where there
15 are "sufficient unanswered questions in the record").

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1 **CONCLUSION**

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3 For all of the foregoing reasons,³ Plaintiff's and Defendant's
4 motions for summary judgment are denied and this matter is remanded
5 for further administrative action consistent with this Opinion.
6

7 LET JUDGMENT BE ENTERED ACCORDINGLY.
8

9 DATED: December 4, 2014.
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11 _____/S/_____
12 CHARLES F. EICK
13 UNITED STATES MAGISTRATE JUDGE
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25 ³ The Court has not reached any other issue raised by
26 Plaintiff except insofar as to determine that reversal with a
27 directive for the immediate payment of benefits would not be
28 appropriate at this time. "[E]valuation of the record as a whole
creates serious doubt that [Plaintiff] is in fact disabled." See
Garrison v. Colvin, 759 F.3d at 1021.