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**UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA**

STANLEY JAY VANGINKEL,
Plaintiff,

v.

CAROLYN W. COLVIN, Acting
Commissioner of Social Security,
Defendant.

Case No. CV 14-01902-RAO

**MEMORANDUM OPINION AND
ORDER**

Plaintiff Stanley Jay Vanginkel (“Plaintiff”) challenges the Social Security Commissioner’s denial of his application for disability insurance benefits (“DIB”). Specifically, Plaintiff contends that the Administrative Law Judge (“ALJ”) failed to state adequate reasons for rejecting the opinion of the examining physician hired by the Social Security Administration. The Court agrees with Plaintiff for the reasons stated below.

I. BACKGROUND AND PROCEEDINGS BELOW

Plaintiff was born in 1950, is a high school graduate, and previously worked as a forklift driver. AR 35–36. On May 18, 2011, Plaintiff applied for DIB, alleging disability starting August 19, 2010 (his alleged onset date (“AOD”)). AR

1 13. His claim was denied first on October 12, 2011, and upon reconsideration on
2 May 12, 2012. *Id.* Plaintiff then requested an administrative hearing before an
3 ALJ, which took place on January 24, 2013. *Id.* Plaintiff testified at the hearing,
4 and was represented by counsel. *Id.* On February 1, 2013, the ALJ found that
5 Plaintiff was not disabled, as defined by the Social Security Act, from the AOD
6 through the date of his decision. AR 24. His decision became the final decision of
7 the Commissioner when the Appeals Council denied Plaintiff’s request for review.
8 AR 1–3.

9 The ALJ followed a five-step sequential evaluation process to assess whether
10 Plaintiff was disabled. 20 C.F.R. §§ 404.1520, 416.920; *see also Lester v. Chater*,
11 81 F.3d 821, 828 n.5 (9th Cir. 1995). At **step one**, the ALJ found that Plaintiff had
12 not engaged in substantial gainful activity since the AOD. AR 15. At **step two**, the
13 ALJ found the medical evidence established the following severe impairments:
14 photopsias and vitreous floaters in his eyes, hypertension, and migraine headaches.
15 *Id.* At **step three**, the ALJ found that Plaintiff had neither an impairment, nor any
16 combination of impairments, that met or equaled the severity of an impairment in
17 20 C.F.R., Pt. 404, Subpt. P, App. 1. *Id.* at 17. At **step four**, the ALJ found that
18 Plaintiff possessed the residual functional capacity (“RFC”) to “perform medium
19 work” but that he was not able to perform his past relevant work. *Id.* at 17-18, 22.
20 At **step five**, however, the ALJ found that Plaintiff was capable of performing work
21 that exists in significant numbers in the national economy: as a laundry worker or a
22 dish washer. *Id.* at 23. Thus, the ALJ concluded that Plaintiff was not disabled
23 pursuant to the Social Security Act. *Id.* at 24.

24 **II. STANDARD OF REVIEW**

25 Under 42 U.S.C. § 405(g), a district court may review the Commissioner’s
26 decision to deny benefits. A court must affirm an ALJ’s findings of fact if they are
27 supported by substantial evidence and if the proper legal standard was applied.
28 *Mayes v. Massanari*, 276 F.3d 453, 458-59 (9th Cir. 2001). Substantial evidence is

1 more than a mere scintilla but less than a preponderance. *Id.* at 459. Substantial
2 evidence is “relevant evidence which a reasonable person might accept as adequate
3 to support a conclusion.” *Reddick v. Chater*, 157 F.3d 715, 720 (9th Cir. 1998).

4 To determine whether substantial evidence supports a finding, a court must
5 consider the record as a whole, weighing evidence that supports *and* detracts from
6 the ALJ’s conclusion. *Aukland v. Massanari*, 257 F.3d 1033, 1035 (9th Cir. 2001).
7 “‘Where evidence is susceptible to more than one rational interpretation,’ the ALJ’s
8 decision should be upheld.” *Ryan v. Comm’r of Soc. Sec.*, 528 F.3d 1194, 1198 (9th
9 Cir. 2008) (citation omitted). If evidence can reasonably support either affirming or
10 reversing the ALJ’s finding, the reviewing court may not substitute its judgment for
11 that of the ALJ. *Robbins v. Soc. Sec. Admin.*, 466 F.3d 880, 882 (9th Cir. 2006).

12 When an examining physician’s medical opinion is not contradicted, it may
13 be rejected for “clear and convincing” reasons. *See Carmickle v. Comm’r, Soc. Sec.*
14 *Admin.*, 533 F.3d 1155, 1164 (9th Cir. 2008) (quoting *Lester*, 81 F.3d at 830–31).
15 But when, as here, an examining physician’s opinion *is* contradicted, the ALJ must
16 provide only “specific and legitimate reasons” must be provided for discounting it.
17 *Id.*

18 **III. PERTINENT LAW**

19 The Social Security Act and implementing regulations establish a five-step
20 sequential process to evaluate disability claims. 20 C.F.R. § 404.1520 (a)-(f);
21 *Tackett v. Apfel*, 180 F.3d 1094, 1098-99 (9th Cir. 1999). At step four, the inquiry
22 is whether the claimant can perform past relevant work “either as actually
23 performed or as generally performed in the national economy.” *Carmickle*, 533
24 F.3d at 1166.

25 The claimant has the burden to show that he cannot perform his past relevant
26 work. *Pinto v. Massanari*, 249 F.3d 840, 844 (9th Cir. 2001). If the claimant meets
27 that burden, a prima facie case of disability is established. *Drouin v. Sullivan*, 966
28 F.2d 1255, 1257 (9th Cir. 1992). If that happens or if the claimant has no past

1 relevant work, the Commissioner then bears the burden of establishing that the
2 claimant is not disabled because he can perform other substantial gainful work
3 available in the national economy. 20 C.F.R. § 416.920(a)(4)(v). That
4 determination comprises the fifth and final step in the sequential analysis. *Lester*,
5 81 F.3d at 828 n.5.

6 The ALJ assesses a claimant's RFC, defined as the most that a claimant can
7 do despite physical and mental limitations caused by his impairments and related
8 symptoms. 20 C.F.R. § 416.945. The ALJ is "required to consider all of the
9 limitations imposed by the claimant's impairments, even those that are not severe."
10 *Carmickle*, 533 F.3d at 1164. As with the other steps of the sequential analysis, the
11 ALJ properly considers the medical opinions of the claimant's treating physicians,
12 examining physicians, and non-examining physicians. In determining whether a
13 claimant is disabled, among the evidence the ALJ considers is medical evidence.
14 20 C.F.R. § 404.1527(b). In evaluating medical opinions, the regulations
15 distinguish among three types of physicians: (1) treating physicians; (2) examining
16 physicians; and (3) non-examining physicians. 20 C.F.R. § 494.1527(c), (e);
17 *Lester*, 81 F.3d at 830. "Generally, a treating physician's opinion carries more
18 weight than an examining physician's, and an examining physician's opinion
19 carries more weight than a reviewing physician's." *Holohan v. Massanari*, 246
20 F.3d 1195, 1202 (9th Cir. 2001); *see generally* 20 C.F.R. § 404.1527(c)(1)-(2).
21 "[T]he ALJ may only reject a treating or examining physician's uncontradicted
22 medical opinion based on 'clear and convincing reasons.'" *Carmickle*, 533 F.3d at
23 1164 (citing *Lester*, 81 F.3d at 830-31). "Where such an opinion is contradicted,
24 however, it may be rejected for 'specific and legitimate reasons that are supported
25 by substantial evidence in the record.'" *Id.* (quoting *Lester*, 81 F.3d at 830-31).

26 **IV. DISCUSSION**

27 Plaintiff contends that the ALJ improperly rejected the opinion of the
28 examining physician, Dr. To, and improperly gave "great weight" to the

1 contradictory assessment provided by State agency medical consultants. *See* Pl.’s
2 Memo. Support of Complaint (“Compl.”) at 3-7. Upon reviewing the record, the
3 Court agrees.

4 **A. Factual Summary**

5 In his decision, the ALJ summarized Dr. To’s findings as follows:

6 On September 1, 2011, Bryan To, M.D., conducted a complete
7 consultative internal medicine evaluation of the claimant. The
8 claimant’s chief complaints were history of hypertension,
9 history of hyperlipidemia, and history of depression. Findings
10 from the physical examination included: grip strength was
11 within normal limits in both hands; with glasses, the claimant’s
12 visual acuity was 20/20 in the right eye and 20/25 in the left
13 eye; visual fields were grossly intact to confrontation and pupils
14 were equal and reactive to light and accommodation; his blood
15 pressure measured at 130/50; he ambulated with a normal gait
16 and did not require an assistive device; physical findings from
17 examinations of the back, upper, and lower extremities were
18 unremarkable; and motor strength and sensation were intact.
19 Based on the examination, Dr. To diagnosed the claimant with
20 hypertension, hyperlipidemia, and depression.

21 AR 21 (citations to the record omitted).

22 The ALJ accorded “little weight” to Dr. To’s opinion stating:

23 I have also considered and given little weight to the opinion of
24 the internal medicine consultative examiner, Dr. To, who
25 opined that the claimant was capable of light work. I find that
26 this limitation is overly restrictive in light of the physical
27 findings from the examination conducted by Dr. To, as well as
28 the remainder of the objective medical evidence, which shows
normal physical findings and only mild visual findings.
Further, Dr. To’s opinion is inconsistent with the claimant’s
admitted activities of daily living. Accordingly, the doctor’s
opinion is without substantial support for the other evidence of
record, which obviously renders it less persuasive.

AR 22 (citations to the record omitted).

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2 In determining Plaintiff's RFC, the ALJ gave great weight to the assessments
3 of the state agency medical consultants, who opined that Plaintiff "was able to
4 perform medium work." AR 21. The ALJ specifically found that the RFC assessed
5 by the medical consultants was "reasonable and consistent with the objective
6 medical evidence, which showed no physical condition or limitations." AR 21.

7 **B. Analysis**

8 As noted above, the ALJ gave "little weight" to Dr. To's opinion that
9 Plaintiff could frequently lift 20 pounds and occasionally lift 40 pounds, and gave
10 great weight to the state agency medical consultants, stating that the residual
11 functional capacity assessed by the state medical consultants is "reasonable and
12 consistent with the objective medical evidence." AR 21. The opinions of non-
13 examining physicians, such as the agency medical consultants here, cannot by
14 themselves serve as substantial evidence to support the ALJ's residual functional
15 capacity determination unless the opinion is based on independent clinical findings.
16 *See Lester*, 81 F.3d at 831 ("The opinion of a nonexamining physician cannot by
17 itself constitute substantial evidence that justifies the rejection of either an
18 examining physician or a treating physician."); *see also Widmark v. Barnhart*, 454
19 F.3d 1063, 1066 n.2 (9th Cir. 2006) (same). "When an examining physician relies
20 on the same clinical findings as a treating physician, but differs only in his or her
21 conclusions, the conclusions of the examining physician are not 'substantial
22 evidence.'" *Orn v. Astrue*, 495 F.3d 625, 632 (9th Cir. 2007).

23 Dr. To's opinion arose from a five-page report, dated September 1, 2011,
24 which itself was based on an examination of Plaintiff and contained a detailed work
25 up of Plaintiff's medical history and diagnoses. (AR 336-40.) By contrast, the
26 medical consultants whose opinion the ALJ accorded "great weight" completed
27 check-the-box forms (AR 21, citing to Exhibits 1A, 17F, and 20F) that provide no
28 independent findings, but whose conclusions simply disagree with Dr. To's. On

1 this record, the Court finds that the ALJ’s conclusory statement that Dr. To’s
2 opinion is less consistent with the record is not a specific and legitimate reason to
3 reject Dr. To’s opinion. The ALJ’s belief that Dr. To’s opinion was not supported
4 by the physical examination findings and other objective medical evidence does not
5 remedy this problem. An ALJ “is not allowed to use his own medical judgment in
6 lieu of that of a medical expert.” *Winters v. Barnhart*, 2003 WL 22384784, at *6
7 (N.D.Cal. Oct. 15, 2003).

8 The Commissioner defends the decision in three ways. First, relying on
9 *Saelee v. Chater*, 94 F.3d 520, 522 (9th Cir. 1996), the Commissioner argues that
10 the ALJ’s primary reliance on the medical consultants’ opinions was proper. In
11 *Saelee*, however, the medical consultant’s opinion was corroborated by the opinions
12 of other examining as well as consulting physicians, which in turn were based on
13 independent clinical findings. *Saelee*, 94 F.3d at 522.

14 Next, the Commissioner argues that it was appropriate for the ALJ to
15 discount Dr. To’s assessment because it was inconsistent with his own “benign”
16 examination findings. (Deft. Memo. in Support of Answer at 5.) As Plaintiff
17 correctly contends, the ALJ’s assessment of Dr. To’s opinions was legal error. On
18 this record, it appears that the ALJ’s rejection of Dr. To’s opinion and conclusion
19 that Plaintiff could perform medium work were based solely on the ALJ’s own lay
20 interpretation of Plaintiff’s treatment records, which is not sufficient. *Winters*,
21 2003 WL 22384784, at *6.

22 Third and finally, the Commissioner contends that the ALJ correctly found
23 that Dr. To’s opinion was inconsistent with Plaintiff’s various daily activities.
24 (Deft. Memo. in Support of Answer at 5.) The ALJ noted that Plaintiff stated “that
25 he is able to perform light household chores ... and read a little bit.” AR 18. Later,
26 the ALJ noted that:

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1 Despite his impairments, [Plaintiff] has engaged in a somewhat
2 normal level of daily activity.... [Plaintiff] admitted activities
3 of daily living, including caring for his own personal hygiene,
4 preparing simple meals, grocery shopping, running errands,
5 visiting with family and friends, and driving.

6 AR 19 (citation to the record omitted).

7 Plaintiff contends that the foregoing activities (and other activities identified
8 in the parties' briefing) are not inconsistent with Dr. To's opinion. *See* Compl. at 5.
9 Certainly as to the main issue, his lifting and carrying limitations, this Court agrees.

10 The opinion of an examining physician may be discredited when it is clearly
11 inconsistent with a plaintiff's daily activities. *See, e.g., Ghanim v. Colvin*, 763 F.3d
12 1154, 1162 (9th Cir. 2014) (discussing issue in the context of a treating providers'
13 opinion). However, that principle has no application where "a holistic review of the
14 record does not reveal an inconsistency between" the opinion and the activities. *Id.*
15 Plaintiff's admission that he performs light chores, grocery shops, reads, cares for
16 his personal hygiene, prepares meals, runs errands, visits with family and friends,
17 and drives is insufficient to establish that he is *not* disabled because he need not be
18 incapacitated to receive benefits. *See Smolen v. Chater*, 80 F.3d 1273, 1284 n.7
19 (9th Cir. 1996). Nor does the Court find that the activities are inconsistent with Dr.
20 To's "20 and 10" lifting and carrying limitation because none of them demand the
21 type of exertion that would be required to consistently "perform medium work."

22 Accordingly, the Court finds that the ALJ's conclusion that Dr. To's opinion
23 is inconsistent with Plaintiff's "admitted activities of daily living" is not supported
24 by substantial evidence in the record.

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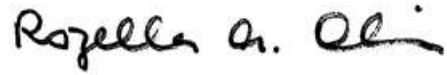
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V. CONCLUSION

For the foregoing reasons, the decision of the Commissioner that Plaintiff is not disabled and therefore is not entitled to benefits is REVERSED and this action is REMANDED for further proceedings in accordance with this decision.

IT IS SO ORDERED.



DATED: October 15, 2015

ROZELLA A. OLIVER
UNITED STATES MAGISTRATE JUDGE

NOTICE

THIS DECISION IS NOT INTENDED FOR PUBLICATION IN WESTLAW, LEXIS/NEXIS, OR ANY OTHER LEGAL DATABASE.