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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

YOLANDA WALKER,  
Plaintiff,  
v.  
CAROLYN W. COLVIN,  
Acting Commissioner of Social Security  
Administration,  
Defendant.

Case No. ED CV 14-2072-SP  
MEMORANDUM OPINION AND  
ORDER

**I.**

**INTRODUCTION**

On October 16, 2014, plaintiff Yolanda Walker filed a complaint against defendant, the Commissioner of the Social Security Administration (“Commissioner”), seeking a review of a denial of supplemental security income (“SSI”). Both plaintiff and defendant have consented to proceed for all purposes before the assigned Magistrate Judge pursuant to 28 U.S.C. § 636(c). The court deems the matter suitable for adjudication without oral argument.

Plaintiff presents three issues for decision: (1) whether the Administrative

1 Law Judge (“ALJ”) applied the correct legal standard when considering the  
2 medical opinions; (2) whether the ALJ properly considered plaintiff’s credibility;  
3 and (3) whether the ALJ’s residual functional capacity determination was  
4 supported by substantial evidence. Plaintiff’s Memorandum in Support of Relief  
5 Requested in Plaintiff’s Complaint (“P. Mem.”) at 2-10; Memorandum in Support  
6 of Defendant’s Answer (“D. Mem.”) at 2.

7 Having carefully studied the parties’ moving and opposing papers, the  
8 Administrative Record (“AR”), and the decision of the ALJ, the court concludes  
9 that, as detailed herein, the ALJ did not err. Consequently, the court affirms the  
10 decision of the Commissioner denying benefits.

## 11 II.

### 12 FACTUAL AND PROCEDURAL BACKGROUND

13 Plaintiff, who was forty-two years old on her alleged disability onset date,  
14 completed one year of college.<sup>1</sup> AR at 70, 198. Plaintiff has no past relevant  
15 work. *Id.* at 22.

16 On May 7, 2010, plaintiff filed an application for disability insurance  
17 benefits (“DIB”) due to allergies, HIV, hypertension, high cholesterol, chronic  
18 pain, high blood pressure, and depression. *See id.* at 71, 177-87. The application  
19 was denied on November 18, 2010. *See id.* at 71.

20 On August 29, 2011, plaintiff filed an application for SSI, alleging an onset  
21 date of August 1, 2006 due to HIV, asthma, high cholesterol, high blood pressure,  
22 and left knee and hip pain. *Id.* at 70. The Commissioner denied plaintiff’s  
23 application initially and upon reconsideration, after which she filed a request for  
24 hearing. *Id.* at 98-102, 106-11, 156.

25 On January 8, 2013, plaintiff, represented by counsel, appeared and testified  
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27 <sup>1</sup> As discussed below, plaintiff provided conflicting statements as to her  
28 education. *See* AR at 37, 198, 456, 466.

1 at a hearing before the ALJ. *Id.* at 29-69. The ALJ also heard testimony from  
2 Aida Worthington, a vocational expert. *Id.* 61-67. On February 14, 2013, the ALJ  
3 denied plaintiff’s claim for benefits. *Id.* at 13-23.

4 Applying the well-known five-step sequential evaluation process, the ALJ  
5 found, at step one, that plaintiff had not engaged in substantial gainful activity  
6 since August 29, 2011, the application date. *Id.* at 15.

7 At step two, the ALJ found plaintiff suffered from the following severe  
8 impairments: human immunodeficiency virus (“HIV”) infection and depression.  
9 *Id.*

10 At step three, the ALJ found plaintiff’s impairments, whether individually  
11 or in combination, did not meet or medically equal one of the listed impairments  
12 set forth in 20 C.F.R. part 404, Subpart P, Appendix 1 (the “Listings”). *Id.* at 16.

13 The ALJ then assessed plaintiff’s residual functional capacity (“RFC”),<sup>2</sup> and  
14 determined that she had the RFC to perform a range of medium work, with the  
15 limitations that plaintiff: could lift/carry fifty pounds occasionally and twenty-five  
16 pounds frequently; could stand/walk/sit for six hours out of an eight-hour workday  
17 with regular breaks; was unlimited with respect to pushing and/or pulling other  
18 than as indicated for lifting/carrying; could frequently perform postural activities;  
19 must avoid concentrated exposure to the extremes of temperature and airborne  
20 irritants; was limited to simple tasks; and could have only occasional interaction  
21 with the public. *Id.* at 17.

22 The ALJ found, at step four, that plaintiff had no past relevant work. *Id.* at  
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24 <sup>2</sup> Residual functional capacity is what a claimant can do despite existing  
25 exertional and nonexertional limitations. *Cooper v. Sullivan*, 880 F.2d 1152,  
26 1155-56 n.5-7 (9th Cir. 1989). “Between steps three and four of the five-step  
27 evaluation, the ALJ must proceed to an intermediate step in which the ALJ  
28 assesses the claimant’s residual functional capacity.” *Massachi v. Astrue*, 486  
F.3d 1149, 1151 n.2 (9th Cir. 2007).

1 22.

2 At step five, the ALJ determined that, based upon plaintiff's age, education,  
3 work experience, and RFC, plaintiff could perform jobs "that exist in significant  
4 numbers in the national economy," including hand packager, bagger, and linen  
5 room attendant. *Id.* at 22-23. Consequently, the ALJ concluded plaintiff did not  
6 suffer from a disability as defined by the Social Security Act ("SSA"). *Id.* at 23.

7 Plaintiff filed a timely request for review of the ALJ's decision, which was  
8 denied by the Appeals Council. *Id.* at 1-3. The ALJ's decision stands as the final  
9 decision of the Commissioner.

### 10 III.

#### 11 STANDARD OF REVIEW

12 This court is empowered to review decisions by the Commissioner to deny  
13 benefits. 42 U.S.C. § 405(g). The findings and decision of the Social Security  
14 Administration must be upheld if they are free of legal error and supported by  
15 substantial evidence. *Mayes v. Massanari*, 276 F.3d 453, 458-59 (9th Cir. 2001)  
16 (as amended). But if the court determines that the ALJ's findings are based on  
17 legal error or are not supported by substantial evidence in the record, the court  
18 may reject the findings and set aside the decision to deny benefits. *Aukland v.*  
19 *Massanari*, 257 F.3d 1033, 1035 (9th Cir. 2001); *Tonapetyan v. Halter*, 242 F.3d  
20 1144, 1147 (9th Cir. 2001).

21 "Substantial evidence is more than a mere scintilla, but less than a  
22 preponderance." *Aukland*, 257 F.3d at 1035. Substantial evidence is such  
23 "relevant evidence which a reasonable person might accept as adequate to support  
24 a conclusion." *Reddick v. Chater*, 157 F.3d 715, 720 (9th Cir. 1998); *Mayes*, 276  
25 F.3d at 459. To determine whether substantial evidence supports the ALJ's  
26 finding, the reviewing court must review the administrative record as a whole,  
27 "weighing both the evidence that supports and the evidence that detracts from the  
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1 ALJ’s conclusion.” *Mayes*, 276 F.3d at 459. The ALJ’s decision “cannot be  
2 affirmed simply by isolating a specific quantum of supporting evidence.”  
3 *Aukland*, 257 F.3d at 1035 (quoting *Sousa v. Callahan*, 143 F.3d 1240, 1243 (9th  
4 Cir. 1998)). If the evidence can reasonably support either affirming or reversing  
5 the ALJ’s decision, the reviewing court “may not substitute its judgment for that  
6 of the ALJ.” *Id.* (quoting *Matney v. Sullivan*, 981 F.2d 1016, 1018 (9th Cir.  
7 1992)).

#### 8 IV.

#### 9 DISCUSSION

##### 10 A. The ALJ Applied the Proper Legal Standard to Considering the 11 Medical Opinions

12 Plaintiff argues the ALJ erred by applying “a reverse hierarchy approach to  
13 the medical evidence.” P. Mem. at 2-5. Specifically, plaintiff argues the ALJ  
14 improperly gave greater weight to the opinions of the consultative examiners than  
15 to the opinions of the treating physicians. *Id.* In addition, plaintiff contends that  
16 the ALJ failed to properly discuss the opinions of the treating physicians, the  
17 ALJ’s reasons for rejecting the opinions of the treating physicians were not  
18 supported by substantial evidence, and the ALJ failed to consider the opinions  
19 provided in a prior application for DIB.<sup>3</sup> *Id.*

20 In determining whether a claimant has a medically determinable  
21 impairment, among the evidence the ALJ considers is medical evidence. 20  
22 C.F.R. § 416.927(b). In evaluating medical opinions, the regulations distinguish  
23 among three types of physicians: (1) treating physicians; (2) examining  
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26 <sup>3</sup> Plaintiff also argues that the ALJ failed to include all of Dr. Unwalla’s  
27 opined limitations in his RFC determination. *See* P. Mem. at 5. Because this  
28 argument is reiterated as a separate claim – the third claim – the court will not  
discuss it here.

1 physicians; and (3) non-examining physicians.<sup>4</sup> 20 C.F.R. § 416.927(c), (e);  
2 *Lester v. Chater*, 81 F.3d 821, 830 (9th Cir. 1996) (as amended). “Generally, a  
3 treating physician’s opinion carries more weight than an examining physician’s,  
4 and an examining physician’s opinion carries more weight than a reviewing  
5 physician’s.” *Holohan v. Massanari*, 246 F.3d 1195, 1202 (9th Cir. 2001); 20  
6 C.F.R. § 416.927(c)(1)-(2). The opinion of the treating physician is generally  
7 given the greatest weight because the treating physician is employed to cure and  
8 has a greater opportunity to understand and observe a claimant. *Smolen v. Chater*,  
9 80 F.3d 1273, 1285 (9th Cir. 1996); *Magallanes v. Bowen*, 881 F.2d 747, 751 (9th  
10 Cir. 1989).

11         Nonetheless, the ALJ is not bound by the opinion of the treating physician.  
12 *Smolen*, 80 F.3d at 1285. If a treating physician’s opinion is uncontradicted, the  
13 ALJ must provide clear and convincing reasons for giving it less weight. *Lester*,  
14 81 F.3d at 830. If the treating physician’s opinion is contradicted by other  
15 opinions, the ALJ must provide specific and legitimate reasons supported by  
16 substantial evidence for rejecting it. *Id.* at 830. Likewise, the ALJ must provide  
17 specific and legitimate reasons supported by substantial evidence in rejecting the  
18 contradicted opinions of examining physicians. *Id.* at 830-31. The opinion of a  
19 non-examining physician, standing alone, cannot constitute substantial evidence.  
20 *Widmark v. Barnhart*, 454 F.3d 1063, 1066 n.2 (9th Cir. 2006); *Morgan v.*  
21 *Comm’r*, 169 F.3d 595, 602 (9th Cir. 1999); *see also Erickson v. Shalala*, 9 F.3d  
22 813, 818 n.7 (9th Cir. 1993).

23         Plaintiff’s argument that the ALJ improperly applied a “reverse hierarchical  
24 approach” by giving greater weight to the opinions of consultative examiners  
25 implies that the ALJ must always give the greatest weight to the opinion of a  
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27         <sup>4</sup> Psychologists are considered acceptable medical sources whose opinions  
28 are accorded the same weight as physicians’. 20 C.F.R. § 416.913(a)(2).

1 treating physician. This argument is without merit. There is no requirement that  
2 the treating physician's opinion must be given the greatest weight. Instead, the  
3 law is clear that although the opinion of a treating physician is generally given the  
4 greatest weight, the ALJ may give an uncontradicted opinion less weight if he or  
5 she can provide clear and convincing reasons, and may reject a contradicted  
6 opinion if he or she can provide specific and legitimate reasons for doing so. *See*  
7 *Lester*, 81 F.3d at 830. The mere fact that the ALJ gave the opinions of the  
8 treating physicians less weight than the opinions of the examining physicians is  
9 not error.

10 Nor is the ALJ required to specifically address the physicians' specialties  
11 and length of treatment relationship. *See* P. Mem. at 3. The ALJ is required to  
12 consider these factors (*see* 20 C.F.R. § 416.927(c)), which the ALJ clearly does in  
13 the decision as he mentions their status as treating physicians. But the ALJ is not  
14 required to specifically discuss the length of the treatment relationship or  
15 specialties.<sup>5</sup> And as discussed below, the treatment notes were brief and did not  
16 contain much information.

17 Thus, unless the ALJ failed to provide legally sufficient reasons supported  
18 by substantial evidence for giving a treating physician's opinion less weight, the  
19 ALJ did not err.

## 20 **1. Treating Physicians**

### 21 ***Dr. Ryan Zane***

22 Dr. Ryan Zane, a preventive medicine specialist, treated plaintiff from  
23 August 30, 2010 through at least the date of the hearing. *See* AR at 580. Dr.  
24 Zane's treatment notes indicated he treated plaintiff's HIV infection but were  
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27 <sup>5</sup> Moreover, neither factor is helpful to plaintiff's arguments. Dr. Zane  
28 offered an opinion regarding plaintiff's mental limitations but is not a psychiatrist.  
Dr. Alfonso only examined plaintiff once before rendering an opinion.

1 sparse in detail. *See, e.g., id.* at 526, 666-68. Dr. Zane’s notes generally included  
2 vitals and reflected that others in his clinic, including a marriage family therapist  
3 (“MFT”), treated plaintiff. *See, e.g., id.* at 680.

4 In an HIV Assessment Form dated May 17, 2012, Dr. Zane noted plaintiff  
5 had no functional limitations with regard to her daily activities. *See id.* at 581. Dr.  
6 Zane opined that plaintiff had a depressed mood, mild impairment with memory  
7 and concentration, and flat affect, as well as suffered from insomnia and  
8 anhedonia. *Id.* Dr. Zane noted that a licensed MFT was providing individual and  
9 group therapy. *Id.*

10 On August 30, 2012, Dr. Zane also completed a Medical Statement  
11 Regarding HIV and AIDS for Social Security Disability Claim. *See id.* at 749-51.  
12 In this opinion, Dr. Zane reported that plaintiff suffered from significant  
13 weakness. *Id.* at 750. Dr. Zane further opined that plaintiff could only: work two  
14 hours a day; stand fifteen minutes at one time; sit thirty minutes at one time; and  
15 lift ten pounds occasionally and five pounds frequently. *Id.* Dr. Zane further  
16 opined that plaintiff was moderately impaired in her ability to remember and carry  
17 out short and simple instructions and interact appropriately with the general public  
18 and markedly impaired in her ability to understand and carry out detailed  
19 instructions, maintain attention and concentration, and ability to work with and get  
20 along with others. *Id.* at 751.

21 ***Dr. Harbans Multani***

22 Dr. Harbans Multani, a psychiatrist, treated plaintiff from February 16, 2012  
23 through May 3, 2012. *See id.* at 573-79, 593. At the last session, Dr. Multani  
24 noted plaintiff was taking all her medication, sleeping well, and had a good  
25 appetite. *Id.* at 593. Dr. Multani stopped treating plaintiff when the Foothill  
26 AIDS Project declined to continue paying for his services. *See id.* at 612.

27 Dr. Multani noted that plaintiff was listless, tearful, and anergic at the  
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1 sessions. *See id.* at 573-79, 593. Based on plaintiff's complaints and his  
2 observations, Dr. Multani diagnosed plaintiff with major depressive disorder,  
3 recurrent, moderate but did not offer an opinion as to her functional limitations.  
4 *See id.*

5 ***Dr. Imelda Alfonso***

6 Dr. Imelda Alfonso, a psychiatrist, treated plaintiff on four occasions from  
7 October 26, 2012 through the January 8, 2013 hearing date. *See id.* at 590, 611,  
8 755-58. During those sessions, Dr. Alfonso observed that plaintiff had a  
9 depressed mood, low energy, constricted affect, and fair judgment. *See id.* at 611,  
10 756-58. Dr. Alfonso also noted that plaintiff denied suicidal ideation. *See id.*

11 In a Medical Statement Concerning Depression for Social Security  
12 Disability Claim,<sup>6</sup> Dr. Alfonso, after having only one session with plaintiff, opined  
13 that plaintiff had anhedonia, appetite disturbance with change in weight, sleep  
14 disturbance, psychomotor agitation, decreased energy, feelings of guilt, difficulty  
15 concentrating, and thoughts of suicide. *Id.* at 590. Dr. Alfonso also opined that  
16 plaintiff would have marked restrictions in activities of daily living, would have  
17 marked difficulties in maintaining social functioning, would have deficiencies of  
18 concentration, and had repeated episodes of deterioration or decompensation. *Id.*

19 **2. Examining Physicians**

20 ***Dr. Ruben Ustaris***

21 Dr. Ruben Ustaris, an internist, examined plaintiff on January 31, 2012. *See*  
22 *id.* at 557-61. Dr. Ustaris observed that plaintiff had a normal gait, mild palpable  
23 tenderness and reduced adduction with mild pain in the left hip, and mild pain in  
24 the left knee at the end of range of flexion, but had otherwise normal findings. *See*  
25 *id.* Based on his examination, Dr. Ustaris opined that plaintiff: could lift/carry

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27 <sup>6</sup> The opinion is undated but must have been completed sometime between  
28 October 26, 2012 and November 5, 2012. *See AR* at 590.

1 fifty pounds occasionally and twenty-five pounds frequently; could stand/walk/sit  
2 six hours out of an eight-hour way with normal breaks; could push, pull, climb,  
3 balance, kneel, crawl, walk on uneven terrain, climb ladders, and work at heights  
4 frequently; and needed to avoid extremes in temperature, dust, odors, fumes, and  
5 other pulmonary irritants. *Id.* at 560-61.

6 ***Dr. Khushro Unwalla***

7 Dr. Khushro Unwalla, a psychiatrist, examined plaintiff on February 2,  
8 2012. *See id.* at 562-66. During the mental status examination, Dr. Unwalla  
9 observed that plaintiff had a sad and depressed mood, constricted affect, linear  
10 thought, and impaired abstract thinking. *Id.* at 564. Dr. Unwalla also observed  
11 that plaintiff had moderate difficulty interacting with the clinic staff and himself,  
12 moderate difficulty maintaining composure and even temperament, mild  
13 difficulties focusing, and moderate difficulties in concentration. *Id.* at 565. Based  
14 on his examination and plaintiff's reported history, Dr. Unwalla diagnosed  
15 plaintiff with depressive disorder, not otherwise specified. *Id.* at 564. From a  
16 functional perspective, Dr. Unwalla opined that plaintiff would have: mild  
17 limitations performing simple and repetitive tasks; and moderate limitations  
18 performing detailed and complex tasks, performing work activities on a consistent  
19 basis without special or additional supervision, completing a normal work day or  
20 week, accepting instructions from supervisors, interacting with coworkers and the  
21 public, and handling the usual stresses and demands of employment. *Id.* at 565.

22 **3. State Agency Physicians**

23 The State Agency physicians – Dr. F. Kalmar, Dr. J. Hartman and Dr. D.  
24 Funkenstein – reviewed plaintiff's treatment records and rendered nearly identical  
25 opinions regarding plaintiff's functional limitations as Dr. Ustaris and Dr.  
26 Unwalla. *See id.* at 74-81, 83-95.

1           **4.     The ALJ’s Decision**

2           In reaching his RFC determination, the ALJ gave significant weight to the  
3 opinions of Dr. Ustaris, Dr. Unwalla, and the State Agency physicians. *Id.* at 20.  
4 The ALJ gave little weight to the opinions of Dr. Alfonso and Dr. Zane, noting  
5 that the opinions were brief, conclusory, inadequately supported by clinical  
6 findings, inconsistent with plaintiff’s daily activities, and not supported by the  
7 treatment records. *Id.* at 21. The ALJ also gave little weight to the medical  
8 opinions submitted in plaintiff’s prior application because they were assessments  
9 of plaintiff’s condition prior to his current application date and were therefore  
10 immaterial. *Id.* The ALJ’s reasons were specific and legitimate and supported by  
11 substantial evidence.

12           First, the ALJ may properly reject a physician’s opinion “if that opinion is  
13 brief, conclusory, and inadequately supported by clinical findings.” *Thomas v.*  
14 *Barnhart*, 278 F.3d 947, 957 (9th Cir. 2002); *see Batson v. Comm’r*, 359 F.3d  
15 1190, 1195 (9th Cir. 2004) (ALJ may discredit treating physicians’ opinions that  
16 are conclusory, brief, and supported by the record as a whole, or by objective  
17 medical findings). Both Dr. Zane’s and Dr. Alfonso’s opinions were simply check  
18 offs in a form document. *See AR* at 590, 749-51; *see also id.* at 580-82. Neither  
19 Dr. Zane nor Dr. Alfonso provided any explanation for their opinions, and  
20 therefore the opinions may be rejected on that basis. *See Crane v. Shalala*, 76  
21 F.3d 251, 253 (9th Cir.1996) (evidence of an impairment in the form of “check-off  
22 reports” may be rejected for lack of explanation of the bases for their conclusions).

23           Second, the ALJ properly determined that Dr. Alfonso’s opinions were  
24 inconsistent with plaintiff’s daily activities. *See Rollins v. Massanari*, 261 F.3d  
25 853, 856 (9th Cir. 2001) (inconsistency between a treating physician’s opinion  
26 and a claimant’s daily activities may be a specific and legitimate reason for  
27 rejecting the opinion). Plaintiff testified that she was able to wash dishes, do  
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1 housework, and do laundry. *See* AR at 56; *see also id.* at 581. Plaintiff also  
2 reported that she cooked, could drive or walk to public transportation, and go  
3 shopping. *See id.* at 563, 581. These activities are inconsistent with Dr. Alfonso's  
4 opinion that plaintiff had marked limitations in her ability to perform daily  
5 activities.<sup>7</sup>

6 Finally, the ALJ correctly noted that Dr. Zane's and Dr. Alfonso's opinions  
7 were not supported by the treatment records and objective medical evidence. *See*  
8 *id.* at 21. Dr. Zane's treatment notes, as well as the treatment notes from others at  
9 his clinics, were bereft of any clinical findings to support Dr. Zane's opined  
10 physical and mental limitations. With regard to physical limitations, Dr. Zane's  
11 treatment notes were simply check marks on a form of his diagnosis and lab work  
12 ordered, with no or little comments. *See, e.g.,* AR at 530-32, 666-68. Even the  
13 other treatment notes from other providers at Dr. Zane's clinic did not contain  
14 clinical findings. *See, e.g., id.* at 522-26. Instead the notes primarily reflected  
15 plaintiff's subjective complaints and the administrative tasks done concerning  
16 plaintiff's disability application. *See, e.g., id.* Nothing in the treatment notes  
17 indicated that plaintiff's HIV status resulted in any significant complications.<sup>8</sup>  
18 Similarly, the treatment notes regarding plaintiff's mental status only contained  
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20 <sup>7</sup> Dr. Alfonso's opinion that plaintiff had thoughts of suicide was also  
21 inconsistent with her treatment notes, which indicated that plaintiff denied suicidal  
22 ideation. *See* AR at 756-58.

23 <sup>8</sup> Plaintiff cites to treatment records from another clinic, but those treatment  
24 records also do not reflect complications from HIV. *See, e.g.,* AR at 496-507.  
25 Moreover, other than a finding that plaintiff has moderate osteoarthritis of the left  
26 knee and a small osteochondroma, the records do not support plaintiff's claim of  
27 degenerative disc disease and neuropathy. *See id.* at 514, 633, 649. Even if  
28 plaintiff had degenerative disc disease and neuropathy and Dr. Zane had reviewed  
the results, those findings still do not support the extreme physical limitations  
opined by Dr. Zane.

1 subjective complaints. *See, e.g., id.* at 523-27.

2 As for Dr. Alfonso, at the time she submitted her opinion, she had only  
3 treated plaintiff on one occasion. *See id.* at 590. Although Dr. Alfonso noted that  
4 plaintiff had a depressed mood and constricted affect, those findings do not  
5 support the marked limitations she opined. Even if the court were to take into  
6 consideration the clinical findings of Dr. Marcia Hudson and Nancy Carota, the  
7 psychiatrist and MFT at Dr. Alfonso’s clinic who conducted the initial  
8 evaluations, there was still insufficient objective evidence to support Dr. Alfonso’s  
9 opinion. Dr. Hudson noted that plaintiff was angry and depressed but her other  
10 clinical findings were within normal limits. *See id.* at 613. Carota observed that  
11 plaintiff was oriented, cooperative, and had fair insight. *See id.* at 617. None of  
12 these findings support marked limitations.<sup>9</sup>

13 The ALJ also rejected the opinions of Dr. Sean To and Dr. Tanya Scurry,  
14 physicians who examined plaintiff and rendered opinions in connection with  
15 plaintiff’s prior application for DIB. *Id.* at 21; *see id.* at 455-59, 465-71. The ALJ  
16 is not required to consider opinions predating the alleged onset of disability. *See*  
17 *Carmickle v. Comm’r*, 533 F.3d 1155, 1165 (9th Cir. 2008) (“Medical opinions  
18 that predate the alleged onset of disability are of limited relevance.”). But here,  
19 although plaintiff only qualified for benefits beginning the month following the  
20 month the application was filed, the opinions were rendered after the alleged onset  
21 of disability and within the twelve months preceding her application. *See* 20  
22 C.F.R. §§ 416.335, 416.912(d)(2). Thus, the question is whether the ALJ is  
23 required to consider an opinion that had already been considered in a prior

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25 <sup>9</sup> Although plaintiff references the subjective symptoms she relayed to Dr.  
26 Hudson and Carota as clinical findings supporting marked limitation, those are not  
27 objective clinical findings. *See* P. Mem. at 3. Further, as discussed *infra*,  
28 plaintiff’s credibility was properly discounted.

1 application. *See Smith v. Colvin*, 2015 WL 5838819, at \*8 (E.D. Wash. Oct. 7,  
2 2015) (finding it was not error to reject an opinion rendered prior to the relevant  
3 period and that had already been considered in a previous application). The court  
4 need not resolve that question here, because even assuming the ALJ was required  
5 to consider the opinions, his failure to do so would be harmless. Dr. To and Dr.  
6 Scurry’s opined limitations were consistent with, or less restrictive than, those of  
7 Dr. Ustaris and Dr. Unwalla, to which the ALJ gave significant weight. *Compare*  
8 AR at 459, 470 *with id.* at 560-61, 565.

9 In sum, the reasons cited by the ALJ for rejecting the opinions of Dr. Zane  
10 and Dr. Alfonso were specific and legitimate. As such, the ALJ did not err by  
11 giving greater weight to the opinions of the consultative examiners and State  
12 Agency physicians than to the opinions of Dr. Zane and Dr. Alfonso.

13 **B. The ALJ Properly Considered Plaintiff’s Credibility**

14 Plaintiff argues that the ALJ failed to make a proper credibility  
15 determination. P. Mem. at 5-7. Specifically, plaintiff contends that the ALJ’s  
16 reasons were not supported by substantial evidence. *Id.*

17 The ALJ must make specific credibility findings, supported by the record.  
18 Social Security Ruling (“SSR”) 96-7p.<sup>10</sup> To determine whether testimony  
19 concerning symptoms is credible, the ALJ engages in a two-step analysis.  
20 *Lingenfelter v. Astrue*, 504 F.3d 1028, 1035-36 (9th Cir. 2007). First, the ALJ  
21 must determine whether a claimant produced objective medical evidence of an  
22 underlying impairment ““which could reasonably be expected to produce the pain

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23  
24 <sup>10</sup> “The Commissioner issues Social Security Rulings to clarify the Act’s  
25 implementing regulations and the agency’s policies. SSRs are binding on all  
26 components of the SSA. SSRs do not have the force of law. However, because  
27 they represent the Commissioner’s interpretation of the agency’s regulations, we  
28 give them some deference. We will not defer to SSRs if they are inconsistent with  
the statute or regulations.” *Holohan*, 246 F.3d at 1203 n.1 (internal citations  
omitted).

1 or other symptoms alleged.” *Id.* at 1036 (quoting *Bunnell v. Sullivan*, 947 F.2d  
2 341, 344 (9th Cir. 1991) (en banc)). Second, if there is no evidence of  
3 malingering, an “ALJ can reject the claimant’s testimony about the severity of her  
4 symptoms only by offering specific, clear and convincing reasons for doing so.”  
5 *Smolen*, 80 F.3d at 1281; *Benton v. Barnhart*, 331 F.3d 1030, 1040 (9th Cir.  
6 2003). The ALJ may consider several factors in weighing a claimant’s credibility,  
7 including: (1) ordinary techniques of credibility evaluation such as a claimant’s  
8 reputation for lying; (2) the failure to seek treatment or follow a prescribed course  
9 of treatment; and (3) a claimant’s daily activities. *Tommasetti v. Astrue*, 533 F.3d  
10 1035, 1039 (9th Cir. 2008); *Bunnell*, 947 F.2d at 346-47.

11 At the first step, the ALJ found plaintiff’s medically determinable  
12 impairments could reasonably be expected to cause the symptoms alleged. AR at  
13 18. At the second step, because the ALJ did not find any evidence of malingering,  
14 the ALJ was required to provide clear and convincing reasons for discounting  
15 plaintiff’s credibility. Here, the ALJ discounted plaintiff’s credibility because:  
16 (1) plaintiff’s activities of daily living were inconsistent with her alleged  
17 symptoms and demonstrated the capacity for work; (2) plaintiff made inconsistent  
18 statements about her drug abuse history; and (3) plaintiff’s alleged symptoms were  
19 inconsistent with the objective medical evidence. *Id.* at 18-19.

20 The ALJ’s first reason for finding plaintiff less credible was that plaintiff’s  
21 activities of daily living were inconsistent with her testimony and they  
22 demonstrated that she had the capacity to work. *See Tommasetti*, 533 F.3d at 1039  
23 (inconsistency between a claimant’s alleged symptoms and her daily activities may  
24 be a clear and convincing reason to find a claimant less credible); *Bunnell*, 947  
25 F.2d at 346-47 (same). At the hearing, plaintiff testified she could only sit about  
26 thirty minutes without pain, could stand about ten to fifteen minutes at a time,  
27 could only walk twice the length of her driveway, had weak grip strength, could  
28

1 only lift a gallon of milk at most, and could not kneel. *See* AR at 53-56.  
2 Regarding her daily activities, plaintiff testified at the hearing and reported to Dr.  
3 Unwalla that she cooked, cleaned, shopped, watched television, washed laundry,  
4 and could attend church for a portion of the time. *See id.* at 53-56, 563. While it  
5 appears from her daily activities that plaintiff may have been exaggerating her  
6 limitations, her activities of daily living were not necessarily inconsistent with  
7 her alleged symptoms. Plaintiff may be able to perform these activities in short  
8 intervals. Moreover, the mere fact that a claimant can engage in limited walking  
9 for exercise does not detract from her credibility as to her overall disability. *See*  
10 *Vertigan v. Halter*, 260 F.3d 1044, 1050 (9th Cir. 2001)). If a claimant is “able to  
11 spend a *substantial* part of [his] day engaged in pursuits involving the  
12 performance of physical functions that are transferable to a work setting, a specific  
13 finding as to this fact may be sufficient to discredit” him. *Id.* at 1049 (emphasis in  
14 original) (citation and quotation marks omitted). But nothing in plaintiff’s  
15 testimony suggests that she spent a substantial part of her day engaging in those  
16 activities. As such, the ALJ’s first reason for finding plaintiff less credible was  
17 not supported by substantial evidence.

18 The ALJ’s second reason for an adverse credibility finding was that plaintiff  
19 made inconsistent statements regarding her history of drug abuse. AR at 18-19;  
20 *see Thomas*, 278 F.3d at 959 (plaintiff’s conflicting statements about her drug and  
21 alcohol usage were a clear and convincing reason for discounting plaintiff’s  
22 credibility). The record clearly reflects that plaintiff has a history of drug and  
23 alcohol abuse. *See, e.g.*, AR at 441, 445, 590, 615. Nevertheless, plaintiff made  
24 inconsistent statements about her drug abuse. Plaintiff admitted to Dr. Scurry that  
25 she abused drugs and alcohol, but then told Dr. To that she did not drink. *Id.* at  
26 456, 466. In connection with the instant application, plaintiff reported to Dr.  
27 Unwalla that she did not have a history of alcohol and drug abuse. *Id.* at 563.

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1 Plaintiff's inconsistent statements about her alcohol and drug abuse was a clear  
2 and convincing reason for finding plaintiff less than credible.<sup>11</sup>

3 Finally, the ALJ cited inconsistency between the objective medical evidence  
4 and plaintiff's alleged symptoms as a basis for discounting her credibility. *Id.* at  
5 18-19. In other words, plaintiff's complaints were not supported by the objective  
6 medical evidence. Specifically, the ALJ noted that plaintiff listed HIV as a reason  
7 for her alleged disability but that the record reflects that plaintiff experienced no  
8 major complications from HIV. *Id.* Indeed, Dr. Ustaris noted that plaintiff's HIV  
9 was asymptomatic and Dr. Zane did not list any HIV-related symptoms. *See id.* at  
10 560, 580; *see also id.* at 532. Plaintiff argues that her 25-pound weight loss in  
11 thirty days and peripheral neuropathy were both complications of her HIV. P.  
12 Mem. at 6. But plaintiff's arguments are not supported by the record. First, there  
13 is no evidence that plaintiff experienced a 25-pound weight loss in thirty days.  
14 During her initial assessment on August 28, 2012, plaintiff reported to Carota that  
15 she had experienced such a weight loss, but other than that statement there is  
16 nothing in the record documenting a sudden weight loss. *See AR* at 614. And to  
17 the contrary, at the January 2013 hearing, plaintiff testified that she gained about  
18 forty pounds in the previous year, not simply that her weight fluctuated by forty  
19 pounds as plaintiff argues. *See id.* at 35; Reply at 4. Similarly, the record does not  
20 indicate that neuropathy was a complication from HIV. While neuropathy may be  
21 a complication of HIV, it may also arise from other causes such as alcoholism and

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22  
23 <sup>11</sup> In addition to the inconsistent statements about her drug abuse, plaintiff also  
24 made inconsistent statements concerning her education and criminal history. In  
25 her application, plaintiff wrote that she completed one year of college, but she  
26 reported to Dr. To that she completed two and half years of college and told Dr.  
27 Scurry and Dr. Unwalla that she completed high school. *See AR* at 198, 456, 466,  
28 563. As for her criminal history, despite her incarceration, plaintiff told Dr.  
Multani that she had never been arrested or incarcerated. *See id.* at 578; *see also*  
*id.* at 563.

1 trauma. The record only contains self reports of neuropathy, and no physician  
2 indicated that it was a complication of HIV. Indeed, in the HIV Assessment  
3 completed by Dr. Zane, he did not list neuropathy as an HIV symptom. *See* AR at  
4 580-83.

5 The ALJ also pointed out that contrary to plaintiff’s testimony that she had  
6 difficulty walking, Dr. Ustaris noted that plaintiff had a normal gait and balance.  
7 Although plaintiff had some lab results to support her pain allegations, there was  
8 no documentation of difficulty walking in the treatment records. *Id.* at 19; *see id.*  
9 at 558. Accordingly, there is substantial evidence supporting the ALJ’s finding  
10 that plaintiff’s complaints were not all supported by the objective medical  
11 evidence.

12 In sum, although one of the reasons cited by the ALJ was not clear and  
13 convincing, the ALJ cited two other clear and convincing reasons supported by  
14 substantial evidence for finding plaintiff less than credible. As such, the ALJ did  
15 not err in discounting plaintiff’s credibility.

16 **C. The ALJ’s RFC Assessment Is Supported by Substantial Evidence**

17 Plaintiff argues that the ALJ’s RFC determination is not supported by  
18 substantial evidence. P. Mem. at 7-10. Specifically, plaintiff contends that the  
19 ALJ failed to consider evidence of her pain, fatigue, and need for supervision.

20 RFC is what one “can still do despite [his or her] limitations.” 20 C.F.R.  
21 § 416.945(a)(1). The Commissioner reaches an RFC determination by reviewing  
22 and considering all of the relevant evidence. *Id.* As discussed above, the ALJ  
23 properly considered the medical evidence. The medical evidence supported the  
24 ALJ’s determination that plaintiff could perform medium work. Plaintiff  
25 complained of pain resulting from injuries that occurred many years prior to the  
26 alleged onset date, and the diagnostic imaging reflected moderate osteoarthritis  
27 of the left knee, osteitis pubis, and a small focal protrusion suggestive of a small  
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1 osteochondroma. *See id.* at 514, 633, 649. But Dr. Ustaris observed that plaintiff  
2 had a normal gait and balance, did not require the use of assistive devices for  
3 ambulation, had mild pain and tenderness in the left hip, and had otherwise normal  
4 findings. *See id.* at 557-61. Moreover, plaintiff complained of pain and fatigue,  
5 but such complaints are subjective and plaintiff’s credibility was properly  
6 discounted.

7 As for plaintiff’s mental limitations, plaintiff argues the ALJ erred because,  
8 despite giving significant weight to Dr. Unwalla, the ALJ only incorporated two of  
9 his opined limitations, to simple repetitive tasks and occasional interaction with  
10 the public. P. Mem. at 8. The ALJ is not required to adopt a physician’s opinion  
11 in its entirety and, in fact, the ALJ expressly stated that he “adopted those specific  
12 restrictions on a function-by-function basis that are best supported by the objective  
13 evidence as a whole.” AR at 21; *see Magallanes*, 881 F.2d at 753. Although Dr.  
14 Unwalla opined that plaintiff would have moderate difficulties performing work  
15 activities without special or additional supervision, the ALJ was not required to  
16 adopt that restriction. The ALJ indicated he found only the limitations to simple  
17 work and limited public contact were supported by the objective evidence as a  
18 whole. AR at 20-21. Plaintiff does not cite any objective evidence to support the  
19 supervision limitation.<sup>12</sup>

20 Moreover, the ALJ’s limitation of plaintiff to simple and repetitive tasks  
21 actually incorporates much of Dr. Unwalla’s opinion. In Dr. Unwalla’s opinion,  
22 he lists the difficulties he observed during the examination, including mild

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23  
24 <sup>12</sup> Plaintiff also argues that the vocational expert testified there would be no  
25 work she could perform if her RFC included the supervision limitations. *See P.*  
26 *Mem.* at 10. Plaintiff is incorrect. The vocational expert testified there would be  
27 no work plaintiff could perform if, beyond the probationary period, a supervisor  
28 was required to monitor plaintiff every hour for ten minutes. AR at 66. Dr.  
*Unwalla’s* opined limitations did not specify additional supervision every hour.  
*See id.* at 565.

