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UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

JAMES R. TARLTON,
Plaintiff,
v.
CAROLYN W. COLVIN,
Commissioner of Social Security,
Defendant.

No. EDCV 14-2220 AGR

MEMORANDUM OPINION AND ORDER

Plaintiff James R. Tarlton filed this action on November 18, 2014. Pursuant to 28 U.S.C. § 636(c), the parties consented to proceed before the magistrate judge. (Dkt. Nos. 11, 12.) On July 23, 2015, the parties filed a Joint Stipulation (“JS”) that addressed the disputed issues. The court has taken the matter under submission without oral argument.

Having reviewed the entire file, the court affirms the decision of the Commissioner.

1 I.

2 **PROCEDURAL BACKGROUND**

3 Tarlton filed an application for supplemental security income and alleged an onset
4 date of June 1, 2009.¹ AR 179-99. The application was denied initially and on
5 reconsideration. AR 83, 97. Tarlton requested a hearing before an ALJ. AR 134. On
6 April 9, 2014, the ALJ conducted a hearing at which Tarlton and a vocational expert
7 testified. AR 36-59. On April 25, 2014, the ALJ issued a decision denying benefits. AR
8 17-29. On August 26, 2014, the Appeals Council denied the request for review. AR 1-
9 6. This action followed.

10 II.

11 **STANDARD OF REVIEW**

12 Pursuant to 42 U.S.C. § 405(g), this court has authority to review the
13 Commissioner’s decision to deny benefits. The decision will be disturbed only if it is not
14 supported by substantial evidence, or if it is based upon the application of improper
15 legal standards. *Moncada v. Chater*, 60 F.3d 521, 523 (9th Cir. 1995) (per curiam);
16 *Drouin v. Sullivan*, 966 F.2d 1255, 1257 (9th Cir. 1992).

17 “Substantial evidence” means “more than a mere scintilla but less than a
18 preponderance – it is such relevant evidence that a reasonable mind might accept as
19 adequate to support the conclusion.” *Moncada*, 60 F.3d at 523. In determining whether
20 substantial evidence exists to support the Commissioner’s decision, the court examines
21 the administrative record as a whole, considering adverse as well as supporting
22 evidence. *Drouin*, 966 F.2d at 1257. When the evidence is susceptible to more than
23 one rational interpretation, the court must defer to the Commissioner’s decision.
24 *Moncada*, 60 F.3d at 523.

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¹ Tarlton was found to be not disabled in a June 26, 2008 Administrative Law Judge
28 (“ALJ”) decision based on a prior application for supplemental security income filed on
May 12, 2006. Administrative Record (“AR”) 64-71.

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III.

DISCUSSION

A. Disability

A person qualifies as disabled, and thereby eligible for such benefits, “only if his physical or mental impairment or impairments are of such severity that he is not only unable to do his previous work but cannot, considering his age, education, and work experience, engage in any other kind of substantial gainful work which exists in the national economy.” *Barnhart v. Thomas*, 540 U.S. 20, 21-22, 124 S. Ct. 376, 157 L. Ed. 2d 333 (2003) (citation and quotation marks omitted).

B. The ALJ’s Findings

The ALJ found that Tarlton met the insured status requirements through September 28, 2012. AR 19. Following the five-step sequential analysis applicable to disability determinations, *Lounsbury v. Barnhart*, 468 F.3d 1111, 1114 (9th Cir. 2006),² the ALJ found that Tarlton had the severe impairments of wedge compression deformity of the lumbar spine, multilevel degenerative disc disease of the lumbar spine, and spondylosis of the lumbar spine. *Id.* His impairments did not meet or equal a listing. AR 23.

The ALJ found that Tarlton had the residual functional capacity (“RFC”) to perform light work. He could lift and/or carry 20 pounds occasionally and 10 pounds frequently; and sit, stand and/or walk for six hours out of an eight-hour workday with customary breaks. He could frequently climb ladders, ropes, scaffolds, ramps, and stairs. He could frequently balance, stoop, kneel, crouch, and crawl. He was limited to

² The five-step sequential analysis examines whether the claimant engaged in substantial gainful activity, whether the claimant’s impairment is severe, whether the impairment meets or equals a listed impairment, whether the claimant is able to do his or her past relevant work, and whether the claimant is able to do any other work. *Lounsbury*, 468 F.3d at 1114.

1 semiskilled work. He was capable of performing past relevant work as a home
2 attendant as actually performed.³ AR 23-29.

3 **C. Step Two of the Sequential Analysis**

4 At step two of the sequential analysis, the claimant bears the burden of
5 demonstrating a severe, medically determinable impairment that meets the duration
6 requirement. 20 C.F.R. § 404.1520(a)(4)(ii); *Bowen v. Yuckert*, 482 U.S. 137, 146 n.5
7 (1987). To satisfy the duration requirement, the severe impairment must have lasted or
8 be expected to last for a continuous period of not less than 12 months. *Id.* at 140.

9 Your impairment must result from anatomical, physiological, or
10 psychological abnormalities which can be shown by medically
11 acceptable clinical and laboratory diagnostic techniques. A
12 physical or mental impairment must be established by medical
13 evidence consisting of signs, symptoms, and laboratory
14 findings, not only by your statement of symptoms.

15 20 C.F.R. § 404.1508; 20 C.F.R. § 416.908. “[T]he impairment must be one that
16 ‘significantly limits your physical or mental ability to do basic work activities.’”⁴ *Yuckert*,
17 482 U.S. at 154 n.11 (quoting 20 C.F.R. § 404.1520(c)); *Smolen*, 80 F.3d at 1290 (“[A]n
18 impairment is not severe if it does not significantly limit [the claimant’s] physical ability to
19 do basic work activities.”) (citation and quotation marks omitted).

21 ³ The ALJ appears to have made a typographical error when he stated that Tarlton
22 was capable of performing past relevant work as “generally” performed, as he correctly
23 cited and relied on the VE’s testimony that a hypothetical person with Tarlton’s RFC
could perform Tarlton’s past relevant work only as “actually” performed. AR 29, 57.

24 ⁴ The ability to do basic work activities includes “[p]hysical functions such as
25 walking, standing, sitting, lifting, pushing, pulling, reaching, carrying, or handling,”
26 “[c]apacities for seeing, hearing, and speaking,” “[u]nderstanding, carrying out, and
27 remembering simple instructions,” “[u]se of judgment,” “[r]esponding appropriately to
supervision, co-workers, and usual work situations,” and “[d]ealing with changes in a
28 routine work setting.” *Yuckert*, 482 U.S. at 168 n.6 (citation and internal quotation
marks omitted); *Smolen v. Chater*, 80 F.3d 1273, 1290 (9th Cir. 1996).

1 “An impairment or combination of impairments may be found ‘not severe *only if*
2 the evidence establishes a slight abnormality that has no more than a minimal effect on
3 an individual’s ability to work.’” *Webb v. Barnhart*, 433 F.3d 683, 686-87 (9th Cir. 2005)
4 (emphasis in original, citation omitted). Step two is “a *de minimis* screening device
5 [used] to dispose of groundless claims” and the ALJ’s finding must be “clearly
6 established by medical evidence.” *Id.* at 687 (citations and internal quotation marks
7 omitted).

8 The ALJ found that Tarlton has medically determinable mental impairments of
9 schizophrenia, borderline intellectual functioning, alcohol dependence and marijuana
10 dependence. The ALJ concluded that these mental impairments, alone or in
11 combination, were nonsevere because they did not cause more than a minimal
12 limitation on his ability to perform basic mental work activities. AR 20. The ALJ found
13 no limitation in activities of daily living and social functioning, mild limitation in
14 concentration, persistence or pace, and no episodes of decompensation. AR 20-21.
15 The ALJ therefore found the mental impairments to be nonsevere. 20 C.F.R. §
16 416.920a(d)(1). The ALJ limited Tarlton to semi-skilled work and found that he could
17 perform his past relevant work of home attendant with a SVP of 3.⁵ AR 23, 29. Semi-
18 skilled work corresponds to a specific vocational preparation (SVP) level of 3-4 in the
19 Dictionary of Occupational Titles (DOT). Social Security Ruling (SSR) 00-4p.⁶

22 ⁵ The ALJ’s finding contains a typographical error. The ALJ correctly noted that the
23 vocational expert testified Tarlton could perform his past relevant work as actually
24 performed. AR 29, 57. The ALJ proceeded to find that Tarlton could perform his past
25 relevant work “as generally performed based on the testimony of the vocational expert.”
AR 29.

26 ⁶ Social Security rulings do not have the force of law. Nevertheless, they “constitute
27 Social Security Administration interpretations of the statute it administers and of its own
28 regulations,” and are given deference “unless they are plainly erroneous or inconsistent
with the Act or regulations.” *Han v. Bowen*, 882 F.2d 1453, 1457 (9th Cir. 1989).

1 The ALJ stated that he did not completely adopt the assessment of any single
2 medical source. AR 28. As the ALJ noted, Tarlton made inconsistent statements and
3 presented inconsistent subjective complaints to the mental health providers. AR 21.

4 **1. Treating Physician's Opinion**

5 Tarlton argues that the ALJ improperly considered the opinion of Dr. Messinger, a
6 treating psychiatrist.

7 An opinion of a treating physician is given more weight than the opinion of
8 non-treating physicians. *Orn v. Astrue*, 495 F.3d 625, 631 (9th Cir. 2007). To reject an
9 uncontradicted opinion of a medically acceptable treating source, an ALJ must state
10 clear and convincing reasons that are supported by substantial evidence. *Bayliss v.*
11 *Barnhart*, 427 F.3d 1211, 1216 (9th Cir. 2005). When a treating physician's opinion is
12 contradicted by another doctor, "the ALJ may not reject this opinion without providing
13 specific and legitimate reasons supported by substantial evidence in the record. This
14 can be done by setting out a detailed and thorough summary of the facts and conflicting
15 clinical evidence, stating his interpretation thereof, and making findings." *Orn*, 495 F.3d
16 at 632 (citations and quotation marks omitted). "When there is conflicting medical
17 evidence, the Secretary must determine credibility and resolve the conflict." *Thomas v.*
18 *Barnhart*, 278 F.3d 947, 956-57 (9th Cir. 2002).

19 According to a report dated August 1, 2013, Dr. Messinger had seen Tarlton
20 since January 10, 2013. Tarlton was diagnosed with Psychotic Disorder, NOS, and was
21 prescribed Paxil, Trazodone, and Risperdal. Tarlton had clearly organized and
22 paranoid thoughts; delusions and auditory psychosis; intact memory; impaired
23 judgment; and had depression, anxiety, isolation, social withdrawal and flattened affect.
24 Tarlton did not have the ability to maintain a sustained level of concentration, sustain
25 repetitive tasks for an extended period, or adapt to new or stressful situations. He could
26 not interact appropriately with strangers. He needed assistance with medications. He
27 could not complete a 40 hour work week without decompensating. AR 330.

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1 The ALJ gave “little weight” to Dr. Messinger’s opinion because it was conclusory,
2 inadequately supported by clinical findings, inconsistent with the objective medical
3 evidence as a whole, and inconsistent with Tarlton’s statements. AR 21. The ALJ
4 correctly noted that the record does not contain any clinical findings to support Dr.
5 Messinger’s one-page opinion. An ALJ may reject a treating physician’s opinion that is
6 conclusory and inadequately supported by clinical findings. *Bray v. Comm’r*, 554 F.3d
7 1219, 1228 (9th Cir. 2009); *Batson v. Comm’r*, 359 F.3d 1190, 1195 (9th Cir. 2004). As
8 the ALJ noted, Dr. Messinger primarily listed Tarlton’s subjective complaints, which the
9 ALJ properly determined to be less than fully credible, a finding that Tarlton does not
10 challenge. AR 21, 26. See *Morgan v. Comm’r*, 169 F.3d 595, 602 (9th Cir. 1999) (ALJ
11 may properly reject treating physician’s opinion based on subjective complaints when
12 ALJ properly discounts claimant’s credibility); see also *Tommasetti v. Astrue*, 533 F.3d
13 1035, 1041 (9th Cir. 2008) (ALJ may discount treating physician’s opinion that rehashes
14 claimant’s own statements).

15 The ALJ could reasonably conclude that Dr. Messinger’s opinion was inconsistent
16 with the medical evidence as a whole. AR 21. While in prison for fraud in July 2011
17 (AR 40-41), Tarlton reported to the Department of Corrections and Rehabilitation a long
18 history of depression, with auditory and visual hallucinations. AR 300. The mental
19 status examination indicated Tarlton was well groomed and fully oriented with normal,
20 clear and coherent speech. Tarlton’s affect was constricted and his mood was
21 “fine”/mildly depressed. Tarlton’s concentration and attention were within normal limits,
22 and he had problems with short term memory. His thought processes and thought
23 content were within normal limits, his insight was limited and his judgment was fair. He
24 reported auditory and visual hallucinations but showed no evidence of delusions,
25 obsessions or magical thinking. AR 301. It appeared that Tarlton was exaggerating his
26 symptoms and providing inconsistent information. AR 300. His Global Assessment of
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1 Functioning (“GAF”) was 58.⁷ He was treated with medication and transferred to
2 CCCMS for care.⁸ AR 300, 302.

3 In July 2012, Tarlton’s mental health annual review indicated mildly impoverished
4 speech and thought processes, but normal orientation, mood, sleep/appetite, cognition,
5 intellectual functioning, concentration, attention and memory. AR 297-98. In August
6 2012, Tarlton asked to resume Remeron to relieve agitation, and denied other
7 psychiatric complaints. His mental status examination indicated he was calm,
8 cooperative, coherent and logical. He reported that he no longer heard voices while on
9 medication. His affect was appropriate, and his insight and judgment were intact. AR
10 289. Tarlton was diagnosed with schizoaffective disorder, depressed type,
11 polysubstance dependence, institutional remission, and antisocial personality disorder
12 features. His GAF was 60. AR 299.

13 The ALJ could reasonably conclude that Tarlton’s testimony was inconsistent with
14 Dr. Messinger’s opinion. Whereas Dr. Messinger reported auditory delusions, Tarlton
15 testified at the hearing (consistent with prison medical records), that he does not hear
16 voices “at all” because he takes his medications.⁹ “It’s been a while” since he heard
17 voices; “I’m not really hearing them, right.” AR 47.

18 To the extent Tarlton argues that Dr. Messinger’s opinion was “entirely
19 consistent” with the opinion of Dr. Unwalla, a consultative examiner, his argument is not
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21 ⁷ A GAF of 51-60 indicates “[m]oderate symptoms (e.g., flat affect and circumstantial
22 speech, occasional panic attacks OR moderate difficulty in social, occupational, or
23 school functioning (e.g., few friends, conflicts with peers or coworkers).” Diagnostic and
24 Statistical Manual of Mental Disorders 34 (4th ed. text rev. 2000).

25 ⁸ Correctional Clinical Case Management System (“CCCMS”) is the lowest level of
26 mental health care for inmates who are stable and functioning, exhibit symptom control
27 or are in partial remission, and usually have a GAF of 50 or above.
28 <http://www.cdcr.ca.gov> (search “CCCMS”) (last visited Oct. 20, 2015).

⁹ Impairments that can be controlled effectively with medication are not considered
disabling. *Warre v. Comm’r*, 439 F.3d 1001, 1006 (9th Cir. 2006).

1 entirely accurate. Unlike Dr. Unwalla, Dr. Messinger found that Tarlton's memory was
2 intact and that he was able to handle his own funds. AR 324, 330.

3 The ALJ articulated specific and legitimate reasons, supported by substantial
4 evidence in the record, for discounting Dr. Messinger's opinion.

5 **2. Examining Physician's Opinion**

6 Tarlton argues that the ALJ failed to properly consider the opinion of Dr. Unwalla,
7 a consultative examining psychiatrist.

8 An examining physician's opinion constitutes substantial evidence when it is
9 based on independent clinical findings. *Orn*, 495 F.3d at 631. When an examining
10 physician's opinion is contradicted, "it may be rejected for 'specific and legitimate
11 reasons that are supported by substantial evidence in the record.'" *Carmickle v.*
12 *Comm'r*, 533 F.3d 1155, 1164 (9th Cir. 2008) (citation omitted).

13 Dr. Unwalla performed a psychiatric evaluation on December 20, 2013. AR 320-
14 24. During the mental status examination, Tarlton was suspicious and guarded,
15 exhibited severe thought blocking, had problems processing information, appeared to
16 be slow to understand and observe, and had some psychomotor retardation. Tarlton's
17 speech was slowed, his mood was described as depressed and his affect was blunted.
18 AR 322. Tarlton reported hearing voices. His family and friends helped with activities
19 of daily living, and he did not perform chores or errands. AR 321-22. He was able to
20 register 3 out of 3 items at 0 minutes, and 0 out of 3 items at 5 minutes. He could not
21 do serial sevens or threes, and was unable to spell any five letter words forward and
22 backward. His insight and judgment were described as "poor." AR 322.

23 Dr. Unwalla diagnosed with schizophrenia, paranoid type and borderline
24 intellectual functioning, and assessed a GAF of 58. Tarlton "continues to hear voices
25 mumbling" and "[i]f he runs out of medications he starts decompensating." AR 323.
26 Tarlton had moderate difficulties in concentration, persistence and pace; maintaining
27 composure and even temperament; and maintaining social functioning. Tarlton was
28 intellectually and psychologically incapable of performing activities of daily living. Dr.

1 Unwalla concluded that Tarlton would have moderate limitations in performing simple
2 and repetitive tasks, performing work activities on a consistent basis without special or
3 additional supervision, and handling the usual stresses of gainful employment. He
4 would have moderate limitations completing a normal workday or work week due to his
5 mental condition, and interacting with supervisors, coworkers or the public. Tarlton
6 could not appropriately handle funds. AR 323-24. Dr. Unwalla assessed marked or
7 extreme limitations in all areas of functioning. AR 325-26. Dr. Unwalla identified severe
8 thought blocking; problems with attention, memory and auditory hallucination; and
9 problems with information processing as factors supporting his assessment. AR 325-
10 26. He stated that Tarlton was unable to drive/follow directions. AR 326.

11 The ALJ gave “little weight” to Dr. Unwalla’s opinion because Dr. Unwalla
12 examined Tarlton only once and did not have the opportunity to review the entire
13 record, including Tarlton’s hearing testimony. The ALJ found that Dr. Unwalla’s opinion
14 was inconsistent with Tarlton’s treatment records, which indicated his psychological
15 symptoms were well controlled with medication, and with Tarlton’s testimony. The ALJ
16 also noted the prior ALJ decision, which discussed malingering and Tarlton’s
17 unreasonably low IQ scores that were found to be invalid. AR 22. The ALJ gave “great
18 weight” to the opinions of the State Agency psychological consultants, who concluded
19 that Tarlton had no mental functional limitations. AR 22, 78-79, 91-92. A
20 non-examining physician’s opinion may serve as substantial evidence when it is
21 supported by other evidence in the record and is consistent with it. *Andrews v. Shalala*,
22 53 F.3d 1035, 1041 (9th Cir. 1995); see also *Thomas*, 278 F.3d at 957.

23 The ALJ erred in discounting Dr. Unwalla’s opinion on the ground that, as an
24 examining physician, he examined Tarlton once. See *Brown v. Colvin*, 2015 WL
25 3823938, at *8 n.9 (C.D. Cal. June 19, 2015) (citing *Henderson v. Astrue*, 634 F. Supp.
26 2d 1182, 1192 (E.D. Wash. 2009) (ALJ erred in discounting examining physician’s
27 opinion based on one examination).

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1 This error is harmless because the ALJ's other reasons for discounting Dr.
2 Unwalla's opinion are supported by substantial evidence. Dr. Unwalla stated that
3 "[t]here were no specific mental health records available for review." AR 320.
4 Substantial evidence supports the ALJ's finding that Dr. Unwalla's opinion was
5 inconsistent with Tarlton's treatment records. As discussed above, Tarlton's mental
6 status examinations indicated generally mild findings. Tarlton's psychological
7 symptoms of hearing voices were well-controlled with medication according to treatment
8 records and Tarlton's testimony. AR 46-47, 289, 297-98, 301, 306, 321.

9 Tarlton contends that the ALJ rejected Dr. Unwalla's opinion based on "extra-
10 record evidence," namely, an ALJ's prior opinion regarding an earlier time period. The
11 prior ALJ decision is part of the record. AR 64-71. In that decision, the ALJ noted that
12 the examining psychologist found that Tarlton's test results were invalid. Not only was
13 Tarlton's Rey 15 II score "suspicious of malingering or dissimulation," but Tarlton's
14 memory performance was significantly lower than an individual with Alzheimer's or
15 Korsakoffs disease and his test scores were much lower than his presentation or history
16 could support. AR 69.

17 Read in context, the ALJ's point was that Dr. Unwalla examined Tarlton without
18 the benefit of seeing Tarlton's inconsistent presentations to mental health providers.
19 Contrary to Tarlton's argument, the inconsistencies were not limited to the time frame of
20 the ALJ's prior opinion. In July 2011, the treatment record noted that Tarlton reported
21 auditory and visual hallucinations but could not provide sufficient information about his
22 symptoms. It appeared that he was "exaggerating" symptoms and providing
23 "inconsistent information." AR 300. In a record submitted to the Appeals Council and
24 made a part of the record (AR 5), there is indication that the clinic refused to give
25 Tarlton narcotic medications after he denied previously picking up medications from the
26 pharmacy and denied that the signature was his. AR 355. The ALJ did not err in
27 discounting Dr. Unwalla's opinion.

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