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**UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA**

**BARBARA SUE RUFFIN,**  
**Plaintiff,**  
**vs.**  
**CAROLYN W. COLVIN, ACTING**  
**COMMISSIONER OF SOCIAL**  
**SECURITY,**  
**Defendant.**

**Case No. CV 14-2611 KES**

**MEMORANDUM OPINION AND  
ORDER**

This matter is before the Court for review of the decision by the Commissioner of Social Security denying Plaintiff’s application for disability benefits. Pursuant to 28 U.S.C. § 636(c), the parties have consented that the case may be handled by the Magistrate Judge. The action arises under 42 U.S.C. § 405(g), which authorizes the Court to enter judgment upon the pleadings and transcript of the Administrative Record (“AR”) before the Commissioner. The parties have filed the Joint Stipulation (“JS”), and the Commissioner has filed the certified AR.

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1           **I.     BACKGROUND.**

2           Plaintiff Barbara Sue Ruffin (“Plaintiff”) filed an application for disability insurance  
3 benefits under Title II of the Social Security Act on October 20, 2011, alleging the onset of  
4 disability on July 18, 2011. AR 24.

5           After the administrative hearing on March 7, 2013 (transcript at AR 39-84), the  
6 Administrative Law Judge (“ALJ”) issued an unfavorable decision on April 12, 2013. AR 21-  
7 34. The ALJ found that Plaintiff suffered from medically determinable severe impairments  
8 consisting of “fibromyalgia, degenerative joint disease of both knees, status post two surgeries  
9 on the left knee and one surgery on the right knee, obesity, major depressive disorder, and post-  
10 traumatic stress disorder.”<sup>1</sup> AR 26. The ALJ assessed Plaintiff as retaining the residual  
11 functional capacity (“RFC”) to perform light work as defined in 20 C.F.R. § 404.1567(b) with  
12 the following additional limitations:

13                     [S]he is limited to occasional postural activities; she must avoid concentrated  
14 exposure to extreme cold and vibration; she is limited to work involving  
15 simple repetitive tasks; and she is limited to work involving no more than  
16 occasional contact with co-workers and the public.

17 AR 28.

18           Up until 2011, Plaintiff worked as a preschool teacher, and she previously worked as a  
19 bank teller and waitress. AR 46-49, 411. The ALJ decided that Plaintiff could no longer perform  
20 her past relevant work. AR 33. The ALJ accepted testimony from a vocational expert (“VE”)  
21 that an individual of Plaintiff’s age, education, work experience and residual functional capacity  
22 could perform the representative jobs of mail clerk, routing clerk and cleaner. AR 34.  
23 Accordingly, the ALJ concluded that Plaintiff was not “disabled” between July 18, 2011, and the  
24 date of the decision. AR 34.

25           **II.     ISSUES PRESENTED.**

26           Plaintiff’s appeal from the ALJ’s adverse decision raises the following two issues:

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28 <sup>1</sup> Psychiatric evaluation notes state that 16 years ago, Plaintiff “witnessed a gang fight and death  
and got robbed at gunpoint.” AR 578.

1 (1) Whether the ALJ erred in granting reduced or no weight to the physical  
2 function assessments of treating physicians Green and McIvor and in resting  
3 his RFC determination exclusively on the contrary assessments of non-  
4 examining review physicians.

5 (2) Whether the finding that Ms. Ruffin's claims are not credible to the extent  
6 alleged is supported by clear and convincing evidence.

7 JS at 6.

8 This appeal is about the severity of Plaintiff's pain caused by her fibromyalgia and knee  
9 surgeries (*i.e.*, left and right knee replacements in 2009 and 2011, respectively). Between January  
10 and July 2012, two doctors reviewed Plaintiff's entire medical record (A. Wong, M.D. at AR 85-  
11 96 and S. Brodsky, D.O. at AR 97-110) while a third examined Plaintiff (A. Cruz, M.D. at AR  
12 439-445) and assessed her functional capacity. All three physicians found Plaintiff retained the  
13 functional capacity to perform light work with some postural limitations, such as avoiding  
14 kneeling, and some environmental limitations, such as avoiding exposure to extreme cold. AR  
15 92-93, 104-06, 444. In contrast, Plaintiff's treating physicians Dr. Green (a family practitioner)  
16 and Dr. McIvor (an orthopedic surgeon) opined that Plaintiff was limited to less than sedentary  
17 work<sup>2</sup> (AR 349-50, 431-32 [Drs. Green and McIvor found Plaintiff only capable of standing or  
18 walking for *less than 1 hour* during a 8-hour work day, sitting for *less than 1 or 2 hours* during  
19 a 8-hour work day, lifting and carrying no more than 5 or 10 pounds even occasionally, needing  
20 to miss work *more than three times* each month, etc.]; AR 492, 607, 609 [both doctors found  
21 Plaintiff incapable of performing full-time work]).

### 22 **III. ISSUE ONE DISCUSSION.**

#### 23 **A. Legal Standard.**

24 Neither party disputes that Drs. Green and McIvor are treating physicians, and that their  
25 opinions concerning Plaintiff's limitations are contradicted by the opinions of Drs. Cruz, Wong

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27 <sup>2</sup> If Plaintiff were found capable of only sedentary work, which requires two hours of standing  
28 and/or walking per day, she would be found presumptively disabled by the Grid rules due to her  
age. JS at 21.

1 and Brodsky. When a treating physician’s opinion is contradicted by other evidence in the record,  
2 the ALJ must provide “specific and legitimate reasons that are supported by substantial evidence”  
3 for rejecting the treating physician’s opinion. Ryan v. Comm’r of Soc. Sec., 528 F.3d 1194, 1198  
4 (9th Cir. 2008). “Substantial evidence” means “such relevant evidence as a reasonable person  
5 might accept as adequate to support a conclusion.” Garrison v. Colvin, 759 F.3d 995, 1009 (9th  
6 Cir. 2014).

7 **B. The ALJ Gave Four Specific and Legitimate Reasons Supported by**  
8 **Substantial Evidence for Rejecting the Opinions of Drs. McIvor and Green.**

9 The ALJ gave four reasons for declining to give “any weight” to the highly restrictive  
10 opinions of Plaintiff’s functional capacity offered by Drs. McIvor and Green. AR 31. Each of  
11 the ALJ’s four reasons is discussed below.

12 1. The Treating Physicians’ Extreme Opinions Lack Supporting Medical  
13 Evidence.

14 First, the ALJ stated, “The extreme limitations asserted by Dr. McIvor and Dr. Green are  
15 not justified by the medical evidence. In particular, there is a lack of objective medical findings  
16 to support a residual functionality for work at the sedentary or lesser level.” AR 31. Typically,  
17 the lack of medical evidence supporting a treating physician’s opinion is a legitimate basis to  
18 reject it. See, e.g., Edlund v. Massanari, 253 F.3d 1152,1157 (9th Cir. 2001) (rejecting treating  
19 physician’s opinion that claimant suffered from a herniated disk where no MRI scan ever showed  
20 a herniated disk); 20 C.F.R. § 404.1527(c)(3) (in determining the weight to give to the opinion  
21 of a treating physician, the ALJ should consider factors such as the degree to which the opinion  
22 is supported by relevant medical evidence).

23 Plaintiff argues that her case is not typical, because (1) Drs. Green and McIvor both based  
24 their opinions of her extreme limitations on their diagnosis of fibromyalgia (JS at 18; AR 429,  
25 492, 513 [Dr. Green consistently lists “fibromyalgia” as first diagnosis]; AR 347-48 [Dr. McIvor  
26 identifies the “precipitating factors” leading to Plaintiff’s pain as only “fibromyalgia?"]) and  
27 (2) fibromyalgia is not amenable to proof by objective medical means, such as the results of MRI  
28 scans or blood tests. JS at 18-19. Defendant rightly points out, however, that Plaintiff is claiming

1 disability based on conditions other than fibromyalgia, such as degenerative joint disease of both  
2 knees. JS at 25. Thus, the ALJ appropriately considered whether there was objective, medical  
3 evidence that any of the conditions claimed by Plaintiff might cause the severe limitations found  
4 by Drs. Green and McIvor.<sup>3</sup>

5 The ALJ's finding that the record lacks such medical evidence is supported by substantial  
6 evidence. In November 2011, Dr. McIvor noted that although Plaintiff's knees were "doing  
7 well," she was still "shooting for full disability due to her fibromyalgia and chronic pain" for  
8 which he had made "no" supporting clinical findings. AR 31, referencing "post-operative  
9 treatment notes" from Dr. McIvor at AR 322, 347. Similarly, Dr. Green noted Plaintiff had "full  
10 range in motion of the extremities, without joint swelling, instability, or muscle atrophy of the  
11 arms or legs." AR 30, referencing AR 461, 468, 493. X-rays from September and October 2012  
12 exhibited only "mild degenerative changes to the spine and minimal joint narrowing in the hands"  
13 with no other bony or joint abnormalities. AR 30, referencing AR 519-20, 528. X-rays of her  
14 post-surgery right knee showed "no abnormality." AR 444. Nerve conduction studies ("NCS")  
15 performed in November 2012 were "normal," except for "[m]ild left ulnar entrapment at elbow  
16 (*i.e.*, left ulnar nerve slowing)," which the examining physician specifically noted "may not even  
17 be clinically significant as far as her widespread complaints." AR 516. Physical examinations  
18 also showed "a lack of extremity edema or joint crepitus, and with the exception of her knees,  
19 [Plaintiff] maintained good mobility in the joints, and required no assistive device to walk." AR  
20 30, referencing AR 283, 360, 442, 495 (good/full range of motion); AR 493, 510, 525, 534, 595  
21 (lack of cyanosis, clubbing, edema or crepitus); AR 443 (requiring no assistive device to  
22 ambulate).

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26 <sup>3</sup> The ALJ needs only one legitimate and specific reason supported by substantial evidence to  
27 reject the severe limitations found by Drs. Green and McIvor. As a result, the Court need not  
28 resolve whether "lack of supporting medical evidence" is a legitimate reason in the context of a  
fibromyalgia claim.

1                   2.     The Treating Physicians' Extreme Opinions Conflict with the Findings of  
2                             Examining Physician Cruz.

3                   Second, the ALJ rejected limitations asserted by Dr. McIvor and Dr. Green as “extreme”  
4 when compared to “the examination findings of record.” AR 31. In other words, the ALJ  
5 determined that the opinions of Dr. McIvor and Dr. Green were inconsistent with the examination  
6 findings of Dr. Cruz. Again, this is a legitimate reason for rejecting a treating physician’s  
7 opinions. Morgan v. Commissioner of the SSA, 169 F.3d 595, 602 (9th Cir. 1999)  
8 (“Inconsistency between [examining] Dr. Grosscup’s and [treating] Dr. Reeves’s conclusions  
9 provided the ALJ additional justification for rejecting Dr. Reeves’s opinion.”); 20 C.F.R.  
10 § 404.1527(c)(4) (“Generally, the more consistent an opinion is with the record as a whole, the  
11 more weight we will give to that opinion.”).

12                   The ALJ’s finding of inconsistency is specific and supported by substantial evidence,  
13 because the ALJ provided valid examples. Cf., McAllister v. Sullivan, 888 F.2d 599, 602 (9th  
14 Cir. 1989) (finding that rejecting the treating physician’s opinion on the grounds that it was  
15 contrary to clinical findings in the record was “broad and vague, failing to specify why the ALJ  
16 felt the treating physician’s opinion was flawed”). Here, the ALJ referenced Dr. Cruz’s findings  
17 that Plaintiff had “normal motor strength” in all of her extremities and could walk without an  
18 assistive device, along with Dr. Green’s finding that Plaintiff lacked the muscle atrophy that one  
19 would expect in a person who spends nearly all of her time lying down. AR 31, referencing AR  
20 441-43, 468. Dr. Cruz even found that Plaintiff could get on and off the examining table without  
21 difficulty. AR 443. Dr. Cruz concluded that Plaintiff could sit, stand or walk for 6 hours during  
22 an 8-hour day. AR 31, referencing AR 444. These findings are inconsistent with the findings of  
23 Drs. Green and McIvor that Plaintiff experiences pain so disabling that she must lie down most  
24 of the time (*i.e.*, Plaintiff can only sit, stand or walk for less than 1 or 2 hours during an 8-hour  
25 day). Similarly, Dr. Green found that Plaintiff was completely restricted from pushing or pulling  
26 or ever lifting more than 5 pounds (AR 432, 435), which is inconsistent with Dr. Cruz’s  
27 observations that Plaintiff’s “range of motion” in her shoulders and wrists was “grossly normal”  
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1 and she had normal strength in her extremities (AR 443) and even Dr. McIvor's opinion which  
2 did not specify any limitations on pushing or pulling (AR 350-51).

3 3. The Treating Physicians' Extreme Opinions Conflict with Plaintiff's  
4 Positive Response to Treatment.

5 Third, the ALJ rejected limitations asserted by Dr. McIvor and Dr. Green as "extreme"  
6 when compared to Plaintiff's "response to treatment." AR 31. The ALJ noted that the "treatment  
7 which has been rendered, to include medications, has been beneficial in alleviating her pain, at  
8 least to some degree." AR 33.

9 Again, this is a legitimate consideration. "[F]avorable responses to treatment can  
10 undermine a claimant's complaints of debilitating pain." De Herrera v. Astrue, 372 Fed. App'x  
11 771, 774 (9th Cir. 2010); see also Budde v. Callahan, 1997 U.S. App. LEXIS 27175, \*3 (9th Cir.  
12 Oct. 1, 1997) (unpub.) (rejecting treating physician's opinion where it was inconsistent with a  
13 report showing "a positive response to treatment.").

14 The ALJ's finding that Plaintiff has responded positively to treatment is supported by  
15 substantial evidence. The ALJ noted that at the hearing, Plaintiff "explained she used  
16 medications for her pain and she described them as helpful." AR 29, referencing AR 58 (Plaintiff  
17 described hydrocodone as "helpful" for her pain, but "it makes me go to sleep"<sup>4</sup> and causes  
18 nausea) and AR 61 (Plaintiff testified nortriptyline and Cymbalta "help"). Plaintiff told Dr.  
19 Green that she did not want to stop the anti-depressant nortriptyline because it was helping. AR  
20 31 referencing AR 493. The ALJ also noted that Dr. Green's own records reflect symptom  
21 improvement with medication (AR 31 referencing AR 465 ["Pain as before, not as bad" and "No  
22 side effects" to medication], AR 473 ["Some slight decrease in pain" and "ibuprofen 800 starting  
23 to bother her stomach does help for pain"]) and that Dr. Green characterized Plaintiff as appearing  
24 "comfortable" at her appointments (AR 31 referencing, *e.g.*, AR 285, 287, 289, 290, 294). The  
25 ALJ also noted that Plaintiff has "not sought or required treatment in a pain clinic." AR 31.  
26 Notes from 2012 treatment at Growth in Action Therapy Services say, "Patient was in good  
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<sup>4</sup> Elsewhere, Plaintiff testified, "I pretty much don't sleep much" because of pain. AR 66.

1 spirits. She discussed that her pain was mild and had fun during the Labor Day holiday with  
2 family.” AR 570. The ALJ also noted that in February 2013, Plaintiff was “reporting moderate  
3 improvement without any adverse side effects to medication.” AR 30 referencing AR 573  
4 (treatment records from Dr. Nallamothu of Inland Psychiatric Medical Group that say,  
5 “Medication Response: Moderate improvement” and “Side Effects/Adverse Reactions:  
6 Denied”). Plaintiff testified that she had visited Dr. Nallamothu five times. AR 62.

7 Plaintiff does not dispute that she has obtained some relief from medication. Plaintiff,  
8 however, contends that such relief has been “partial” and “intermittent” and therefore not  
9 “meaningful.” JS at 17. The ALJ, however, did not find that Plaintiff’s medication regimen  
10 totally and permanently eliminated her pain, but rather that it alleviated her pain sufficiently that  
11 Plaintiff could perform light work with additional restrictions. Thus, even partial and intermittent  
12 pain relief from treatment tends to undercut the opinions of Drs. Green and McIvor that Plaintiff  
13 cannot do even sedentary work.

14 4. The Treating Physicians’ Extreme Opinions Rely on Plaintiff’s Discredited  
15 Subjective Testimony.

16 Fourth and finally, the ALJ rejected the opinions of Drs. Green and McIvor citing as a  
17 reason that they lack “any objective evidence to support restrictions to this degree or extent.” AR  
18 31. This is a reference not just to the lack of supporting *medical* evidence, discussed above (*e.g.*,  
19 MRI scans or blood tests), but also to the lack of *any* objective evidence that would support the  
20 conclusion Plaintiff’s pain is so debilitating, she must spend most of her time lying down (*e.g.*,  
21 personal observations or videos of Plaintiff performing daily activities, the results of exertion  
22 testing, etc.). A treating physician’s opinion of disability “premised to a large extent upon the  
23 claimant’s own accounts of his symptoms and limitations” may be disregarded where those  
24 complaints have been “properly discounted.” Fair v. Bowen, 885 F.2d 597, 605 (9th Cir. 1989),  
25 citing Browner v. Secretary of Health & Human Servs., 839 F.2d 432, 433-34 (9th Cir. 1988)  
26 (ALJ appropriately found that the medical opinions “were not based on clinical or otherwise  
27 reliable evidence, but on [claimant’s] own complaints” and because “[claimant’s] conduct  
28 undermined his credibility, it was reasonable to question the reliability of a physician’s opinion”



1 relying on such complaints); cf., Ryan v. Comm’r of Soc. Sec., 528 F.3d 1194, 1198 (9th Cir.  
2 2008) (psychiatric evaluation was not based entirely on claimant’s subjective complaints where  
3 the doctor included his own observations from clinical visits that supported his opinions, such as  
4 odd mannerisms, rapid speech and agitation).

5 Here, the questionnaires completed by Drs. Green and McIvor do not contain any of their  
6 own observations of Plaintiff trying to accomplish some exertion-related task, but being unable  
7 to do so because of debilitating pain.<sup>5</sup> Instead, both doctors are necessarily relying on Plaintiff’s  
8 own account of the degree of her pain in opining that it is so severe, she cannot sit, walk or stand  
9 for more than 1 or 2 hours each day. Plaintiff’s own testimony that she spends most of her life  
10 lying down was appropriately found less than credible, for the reasons discussed below in  
11 connection with Issue Two. As a result, the ALJ provided yet another “specific, legitimate reason  
12 for rejecting the opinion of a treating physician” such as Drs. Green and McIvor. Fair, 885 F.2d  
13 at 605.

#### 14 **IV. ISSUE TWO DISCUSSION.**

##### 15 **A. Legal Standard.**

16 If a claimant produces evidence that he or she suffers from an ailment that could cause  
17 pain, then the ALJ can reject the claimant’s testimony about the severity of his or her symptoms  
18 “only by offering specific, clear and convincing reasons for doing so.” Light v. Soc. Sec. Admin.,  
19 119 F.3d 789, 792 (9th Cir. 1997). In weighing a claimant’s credibility, the ALJ may consider  
20 his reputation for truthfulness, inconsistencies either in his testimony or between his testimony  
21 and his conduct, his daily activities, his work record, and testimony from physicians and third  
22 parties concerning the nature, severity, and effect of the symptoms of which he complains. Id.  
23 But, because a claimant need not present clinical or diagnostic evidence to support the severity  
24 of his pain, a finding that the claimant lacks credibility cannot be premised wholly on a lack of  
25 medical support for the severity of his pain. Id. (citations omitted). “Excess pain is, by definition,  
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27 <sup>5</sup> Plaintiff’s activities that both doctors would have been able to observe (*e.g.*, driving to  
28 appointments, walking unassisted into the office, getting on and off the examining table, looking  
“alert and comfortable” [AR 63, 443, 285]) are inconsistent with total disability.

1 pain that is unsupported by objective medical findings.” Cotton v. Bowen, 799 F.2d 1403, 1407  
2 (9th Cir. 1986).

3 If the ALJ’s credibility determination, however, relies on a *conflict* between the medical  
4 evidence and the claimant’s subjective testimony, then that is a valid reason for rejecting the  
5 claimant’s credibility. Generally, “conflicts between a claimant’s testimony of subjective  
6 complaints and the objective medical evidence in the record can constitute specific and  
7 substantial reasons that undermine credibility.” Brumley v. Comm’r. of Soc. Sec., 2012 U.S.  
8 Dist. LEXIS 85771, \*20 (E.D. Cal. June 20, 2012), citing Morgan v. Comm’r. of Soc. Sec.  
9 Admin., 169 F.3d 595, 600 (9th Cir. 1999). To rely on a conflict, “the ALJ must identify what  
10 testimony is not credible and what evidence undermines the claimant’s complaints.” Lester v.  
11 Chater, 81 F.3d 821, 834 (9th Cir. 1995).

12 **B. The ALJ Properly Discredited Plaintiff’s Subjective Testimony by Citing**  
13 **Conflicts Between that Testimony and the Medical Evidence.**

14 Here, the ALJ did exactly that. The ALJ “carefully considered the claimant’s allegations  
15 and testimony of chronic, debilitating pain ... precluding the performance of all types of gainful  
16 work.” AR 33. The ALJ determined that her “subjective allegations are not supported by  
17 evidence of record and they *are in conflict with those findings*.” Id. (emph. added). For this  
18 reason, the ALJ concluded that Plaintiff’s “statements concerning the intensity, persistence and  
19 limiting effects of [her] symptoms are not entirely credible ....” AR 29.

20 Specifically, the ALJ noted that “claimant described a relatively inactive lifestyle, and as  
21 having difficulty with virtually every area of functioning, including talking, hearing, seeing,  
22 memory and concentration.” AR 31. This accurately summarizes Plaintiff’s testimony at the  
23 hearing and her Adult Function Report.

24 At the hearing, Plaintiff testified she experienced pain throughout her “whole body” while  
25 trying to work as a preschool teacher. AR 52. Now, she “pretty much stays in [her] room” and  
26 just “sleeps a lot.” AR 54, 61.<sup>6</sup> She spends “at least” 6 hours of each 8-hour day lying in bed or  
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<sup>6</sup> She also testified, “I pretty much don’t sleep much” because of pain. AR 66.

1 on a reclining lounge chair. AR 65. Sometimes for three days at a time, she never leaves her  
2 room even to go to the lounge chair. AR 69. She spends “at least four to five” days every week  
3 “in [her] room all day.”<sup>7</sup> AR 70. She usually stays in her pajamas all day. AR 65. She estimated  
4 that she could only sit or stand for 15 minutes. AR 61. She cannot lift a gallon of milk, because  
5 such exertion causes “too much pain.” AR 60. She does not read because it is too “hard to hold  
6 the book.” AR 63. She cannot fold laundry because that requires “putting [her] arms up.” AR  
7 64. She has “a really hard time writing” because of pain. AR 67.

8 In her Adult Function Report, she reported, “I don’t sleep much. My sleeping pills used  
9 to work, but mostly I wake up in pain all night.” AR 213. She can only walk for 5-10 minutes.  
10 AR 217. She says, “My memory is not too good when in pain too much.” AR 214. Similarly,  
11 she reported, “If I’m in so much pain I think very slow ....” AR 215. In response to a question  
12 asking her to check boxes indicating which of 19 items are affected by her condition, she checked  
13 all 19 boxes, including seeing, talking and hearing. AR 217. She cannot follow a recipe to make  
14 cookies without losing concentration and getting confused. AR 217.

15 The ALJ found that the severity of Plaintiff’s self-reported limitations is inconsistent with  
16 medical observations in the record, providing specific examples. The ALJ noted “despite the  
17 reporting of [Plaintiff] having pervasive and chronic pain, [Plaintiff] showed no muscle atrophy  
18 in the arms or legs.” AR 31, referencing findings of Dr. Green (who noted “no atrophy arms or  
19 legs” [AR 468]) and Dr. Cruz (who noted muscle “strength is 5/5 in all extremities” which is  
20 normal [AR 443]). If Plaintiff were as inactive as she reported (*i.e.*, lying down nearly all the  
21 time), then reasonably, there would be at least some evidence of atrophy of her back or legs or  
22 diminished muscle strength. See, e.g., Osenbrock v. Apfel, 240 F.3d 1157, 1166 (9th Cir. 2001)  
23 (ALJ properly discredited excess pain testimony because “there is no evidence of disuse muscle  
24 atrophy”); Meanel v. Apfel, 172 F.3d 1111, 1114 (9th Cir. 1999) (ALJ properly discredited  
25 testimony that claimant “experienced constant pain that required her to lie in a fetal position all  
26 day” by noting that claimant did not exhibit “muscular atrophy or any other physical signs of an

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28 <sup>7</sup> Elsewhere she estimated that 3 or 4 days each week, she can leave her room and prepare a meal  
requiring minimal exertion, such as microwaving or making a sandwich. AR 64, 214.

1 inactive, totally incapacitated individual”); Cotton v. Astrue, 374 Fed. App’x 769, 770 (9th Cir.  
2 2010) (unpub.) (ALJ properly discredited testimony that chronic fatigue, pain and fibromyalgia  
3 that caused claimant to stay in bed for days, in part, because there was “no objective evidence of  
4 a back disorder, loss of motor strength, diminished reflexes, dermatomal loss of sensation, spasm,  
5 or loss of joint motion”); Stiles v. Astrue, 256 Fed. App’x 994, 997 (9th Cir. 2007) (unpub.) (ALJ  
6 properly discredited excess pain testimony because there was “no evidence of disuse muscle  
7 atrophy or wasting commonly associated with severe pain”); Lasich v. Astrue, 252 Fed. App’x  
8 823, 825 (9th Cir. 2007) (unpub.) (ALJ properly discredited excess pain testimony due to “a lack  
9 of muscle atrophy and weakness” to support claims of “inactivity, chronic fatigue and bedrest”).  
10 The ALJ also noted that typical “manifestations of chronic pain” other than muscle atrophy, such  
11 as “joint swelling, heat or effusion, have also not been apparent on examination.” AR 31,  
12 referencing AR 461, 468 (Dr. Green found “no pedal edema or calf tenderness”) and AR 493  
13 (“no crepitus, heat or effusion” and “no joint swelling around the ankles”).

14 Plaintiff argues that the ALJ was improperly practicing medicine by concluding that  
15 clinical findings of muscle atrophy “must underlie a claim of disabling fibromyalgia.” JS at 39.  
16 Not so. Certainly, a person can have fibromyalgia and not exhibit any muscle atrophy. Estok v.  
17 Apfel, 152 F.3d 636, 640 (7th Cir. 1998) (“[F]ibromyalgia is not always (indeed, not usually)  
18 disabling.”). If, however, a person claims that her fibromyalgia is so severe that it causes her to  
19 spend the most of her life lying down, as Plaintiff testified in this case, then that person should  
20 exhibit some loss of muscle strength and atrophy. Per the above-cited authorities, the  
21 inconsistency between Plaintiff’s testimony and the clinical findings that she does not exhibit  
22 muscle atrophy or other physical manifestations of chronic pain was a valid reason for the ALJ  
23 to discredit her testimony.

24 There are other conflicts between Plaintiff’s testimony and the medical evidence in this  
25 case. Even as to pain, on a scale of 1-10, Dr. Green indicated that her pain ranged between 4 (the  
26 lowest number designated “moderate”) and 9 (“severe”) while Dr. McIvor circled a range from  
27 4-6 (the “moderate” range). AR 431, 349. Both said Plaintiff’s condition would cause her to  
28 experience “good days” and “bad days.” AR 435, 353. In contrast, Plaintiff testified that she

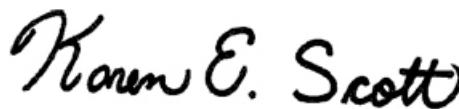
1 does not have any “good days.” AR 70. Her self-reported, extreme limitations on daily activities  
2 are inconsistent with ever spending days in only the “moderate” range of pain.

3 The ALJ also pointed to conflicts between Plaintiff’s testimony and “the mental status  
4 findings as recorded by her own treating source.” AR 32, citing to records from Dr. Nallamothu  
5 of Inland Psychiatric Medical Group. Dr. Nallamothu opined that Plaintiff’s thought process,  
6 memory and judgment were all “intact.” AR 580. The ALJ also noted conflicts between  
7 Plaintiff’s testimony and Dr. Cruz’s evaluation. AR 32. For example, Dr. Cruz observed that  
8 claimant was “in no acute distress,” “able to drive to the clinic” and “able to hear the conversation  
9 across the examining room.” AR 439, 441. Dr. Cruz opined that claimant could lift or carry ten  
10 pounds frequently and stand or walk for 6 hours in an 8-hour day. AR 444. These opinions are  
11 inconsistent with Plaintiff’s testimony that her pain interferes with her concentration and  
12 functioning to such a severe extent that she has trouble hearing, speaking, thinking, remembering  
13 and following simple instructions like a cookie recipe. Thus, the ALJ’s adverse credibility  
14 determination is supported by substantial evidence.

15 **V. CONCLUSION.**

16 Based on the foregoing, IT IS ORDERED THAT judgment shall be entered AFFIRMING  
17 the decision of the Commissioner denying benefits.

18 Dated: October 06, 2015

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21 KAREN E. SCOTT  
22 United States Magistrate Judge  
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