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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA

TANYA CANTERBURY,	)	Case No. EDCV 15-1974-JPR
	)	
Plaintiff,	)	
	)	<b>MEMORANDUM DECISION AND ORDER</b>
v.	)	<b>AFFIRMING COMMISSIONER</b>
	)	
CAROLYN W. COLVIN, Acting	)	
Commissioner of Social	)	
Security,	)	
	)	
Defendant.	)	
	)	

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**I. PROCEEDINGS**

Plaintiff seeks review of the Commissioner's final decision denying her applications for Social Security disability insurance benefits ("DIB") and supplemental security income benefits ("SSI"). The parties consented to the jurisdiction of the undersigned U.S. Magistrate Judge under 28 U.S.C. § 636(c). The matter is before the Court on the parties' Joint Stipulation, filed July 15, 2016, which the Court has taken under submission without oral argument. For the reasons stated below, the Commissioner's decision is affirmed.

1 **II. BACKGROUND**

2 Plaintiff was born in 1971. (Administrative Record ("AR")  
3 163.) She completed either the ninth (AR 408, 423) or 10th grade  
4 (AR 192, 240) and worked in a cafeteria and a deli (AR 192).

5 On March 21, 2012, Plaintiff filed for DIB and SSI, alleging  
6 that she had been unable to work since March 1, 2012 (AR 240),  
7 because of knee and general bone and body pain, a traumatic brain  
8 injury, memory loss, depression, internal abdominal bleeding,  
9 nerve damage in her legs, "arms pull[ing] out of socket all the  
10 time," a lack of stability and balance, a speech impairment,  
11 headaches, and numbness in her hands and arms (AR 191). After  
12 her applications were denied initially and on reconsideration,  
13 she requested a hearing before an Administrative Law Judge. (AR  
14 83-84, 109-110, 128.) A hearing was held on February 21, 2014,  
15 at which Plaintiff, who was represented by counsel, testified, as  
16 did a vocational expert. (AR 31.) In a written decision issued  
17 April 18, 2014, the ALJ found Plaintiff not disabled. (AR 13.)  
18 On April 27, 2014, Plaintiff requested review by the Appeals  
19 Council, which denied the request on July 30, 2015. (AR 1-3,  
20 12.) This action followed.

21 **III. STANDARD OF REVIEW**

22 Under 42 U.S.C. § 405(g), a district court may review the  
23 Commissioner's decision to deny benefits. The ALJ's findings and  
24 decision should be upheld if they are free of legal error and  
25 supported by substantial evidence based on the record as a whole.  
26 See id.; Richardson v. Perales, 402 U.S. 389, 401 (1971); Parra  
27 v. Astrue, 481 F.3d 742, 746 (9th Cir. 2007). Substantial  
28 evidence means such evidence as a reasonable person might accept

1 as adequate to support a conclusion. Richardson, 402 U.S. at  
2 401; Lingenfelter v. Astrue, 504 F.3d 1028, 1035 (9th Cir. 2007).  
3 It is more than a scintilla but less than a preponderance.  
4 Lingenfelter, 504 F.3d at 1035 (citing Robbins v. Soc. Sec.  
5 Admin., 466 F.3d 880, 882 (9th Cir. 2006)). To determine whether  
6 substantial evidence supports a finding, the reviewing court  
7 "must review the administrative record as a whole, weighing both  
8 the evidence that supports and the evidence that detracts from  
9 the Commissioner's conclusion." Reddick v. Chater, 157 F.3d 715,  
10 720 (9th Cir. 1998). "If the evidence can reasonably support  
11 either affirming or reversing," the reviewing court "may not  
12 substitute its judgment" for the Commissioner's. Id. at 720-21.

#### 13 **IV. THE EVALUATION OF DISABILITY**

14 People are "disabled" for purposes of receiving Social  
15 Security benefits if they are unable to engage in any substantial  
16 gainful activity owing to a physical or mental impairment that is  
17 expected to result in death or has lasted, or is expected to  
18 last, for a continuous period of at least 12 months. 42 U.S.C.  
19 § 423(d)(1)(A); Drouin v. Sullivan, 966 F.2d 1255, 1257 (9th Cir.  
20 1992).

##### 21 A. The Five-Step Evaluation Process

22 The ALJ follows a five-step sequential evaluation process to  
23 assess whether a claimant is disabled. 20 C.F.R.  
24 §§ 404.1520(a)(4), 416.920(a)(4); Lester v. Chater, 81 F.3d 821,  
25 828 n.5 (9th Cir. 1995) (as amended Apr. 9, 1996). In the first  
26 step, the Commissioner must determine whether the claimant is  
27 currently engaged in substantial gainful activity; if so, the  
28 claimant is not disabled and the claim must be denied.

1 §§ 404.1520(a)(4)(i), 416.920(a)(4)(i).

2 If the claimant is not engaged in substantial gainful  
3 activity, the second step requires the Commissioner to determine  
4 whether the claimant has a "severe" impairment or combination of  
5 impairments significantly limiting her ability to do basic work  
6 activities; if not, the claimant is not disabled and the claim  
7 must be denied. §§ 404.1520(a)(4)(ii), 416.920(a)(4)(ii).

8 If the claimant has a "severe" impairment or combination of  
9 impairments, the third step requires the Commissioner to  
10 determine whether the impairment or combination of impairments  
11 meets or equals an impairment in the Listing of Impairments  
12 ("Listing") set forth at 20 C.F.R. part 404, subpart P, appendix  
13 1; if so, disability is conclusively presumed.

14 §§ 404.1520(a)(4)(iii), 416.920(a)(4)(iii).

15 If the claimant's impairment or combination of impairments  
16 does not meet or equal an impairment in the Listing, the fourth  
17 step requires the Commissioner to determine whether the claimant  
18 has sufficient RFC to perform her past work; if so, she is not  
19 disabled and the claim must be denied. §§ 404.1520(a)(4)(iv),  
20 416.920(a)(4)(iv). The claimant has the burden of proving she is  
21 unable to perform past relevant work. Drouin, 966 F.2d at 1257.

22 If the claimant meets that burden, a prima facie case of  
23 disability is established. Id. If that happens or if the  
24 claimant has no past relevant work, the Commissioner then bears  
25 the burden of establishing that the claimant is not disabled  
26 because she can perform other substantial gainful work available  
27 in the national economy. §§ 404.1520(a)(4)(v), 416.920(a)(4)(v);  
28 Drouin, 966 F.2d at 1257. That determination comprises the fifth

1 and final step in the sequential analysis. §§ 404.1520(a)(4)(v),  
2 416.920(a)(4)(v); Lester, 81 F.3d at 828 n.5; Drouin, 966 F.2d at  
3 1257.

4 B. The ALJ's Application of the Five-Step Process

5 At step one, the ALJ found that Plaintiff had not engaged in  
6 substantial gainful activity since March 1, 2012, the alleged  
7 onset date. (AR 18.) At step two, he concluded that she had  
8 severe impairments of "bilateral knee osteoarthritis, status post  
9 left total knee replacement; history of traumatic brain injury;  
10 major depressive disorder; generalized anxiety disorder; and  
11 personality disorder." (Id.) At step three, he determined that  
12 her impairments did not meet or equal a listing. (AR 18-19.)

13 At step four, the ALJ found that Plaintiff had the RFC<sup>1</sup> to  
14 perform work at the light level of exertion, except that  
15 she can stand and walk 4 hours during an 8-hour day[;] .  
16 . . occasionally climb ramps and stairs, but never climb  
17 ladders, ropes, and scaffolds[; and] . . . occasionally  
18 balance, stoop, kneel, crouch, and crawl. She is unable  
19 to use the left lower extremity for operation of foot  
20 controls. She can occasionally push pull with the lower  
21 extremities. She should avoid working around unprotected  
22 heights. She can understand, remember, and carry out  
23 simple job instructions, but would be unable to perform  
24 work that would require directing others, abstract  
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26 <sup>1</sup> The residual function capacity, or RFC, is what a claimant  
27 can do despite existing exertional and nonexertional limitations.  
28 §§ 404.1545, 416.945; see Cooper v. Sullivan, 880 F.2d 1152, 1155  
n.5 (9th Cir. 1989).

1 thought, or planning. She can maintain attention and  
2 concentration to perform simple, routine and repetitive  
3 tasks in a work environment free of fast-paced production  
4 requirements[;] . . . have frequent interaction with  
5 coworkers, supervisors, and the general public[;] . . .  
6 [and] work in an environment with occasional changes to  
7 the work setting and occasional work-relate[d decision-  
8 making].

9 (AR 19-20; see AR 57.) The ALJ concluded that Plaintiff could  
10 not perform her past relevant work as a cafeteria or deli worker.  
11 (AR 24.) Based on the VE's testimony, he found that Plaintiff  
12 could perform jobs existing in significant numbers in the  
13 national economy. (AR 24-25.) Accordingly, he found her not  
14 disabled. (AR 25.)

15 **V. DISCUSSION**

16 Plaintiff alleges that the ALJ erred by giving only limited  
17 weight to the opinion of treating doctor Elizabeth Hudler,<sup>2</sup> a  
18 psychiatrist, and by failing to articulate legally sufficient  
19 reasons for finding Plaintiff not credible. (J. Stip. at 4,  
20 15.)<sup>3</sup>

21 A. The ALJ Properly Assessed Plaintiff's Credibility

22 Plaintiff argues that the ALJ failed to provide clear and  
23 convincing reasons for finding her not credible. (J. Stip. at  
24 \_\_\_\_\_

25 <sup>2</sup> Although Plaintiff frames the issue as "[w]hether the ALJ  
26 properly assessed probative medical source opinions" (J. Stip. at  
27 4), the only assessment she takes issue with is that of Dr.  
28 Hudler (see id. at 8-10).

<sup>3</sup> The Court addresses the issues in an order different from  
that followed by the parties.

1 15.) For the reasons discussed below, the ALJ did not err.

2 1. Applicable law

3 An ALJ's assessment of symptom severity and claimant  
4 credibility is entitled to "great weight." See Weetman v.  
5 Sullivan, 877 F.2d 20, 22 (9th Cir. 1989); Nyman v. Heckler, 779  
6 F.2d 528, 531 (9th Cir. 1986). "[T]he ALJ is not required to  
7 believe every allegation of disabling pain, or else disability  
8 benefits would be available for the asking, a result plainly  
9 contrary to" the law. Molina v. Astrue, 674 F.3d 1104, 1112 (9th  
10 Cir. 2012) (citing Fair v. Bowen, 885 F.2d 597, 603 (9th Cir.  
11 1989)).

12 In evaluating a claimant's subjective symptom testimony, the  
13 ALJ engages in a two-step analysis. See Lingenfelter, 504 F.3d  
14 at 1035-36. "First, the ALJ must determine whether the claimant  
15 has presented objective medical evidence of an underlying  
16 impairment [that] could reasonably be expected to produce the  
17 pain or other symptoms alleged." Id. at 1036. If such objective  
18 medical evidence exists, the ALJ may not reject a claimant's  
19 testimony "simply because there is no showing that the impairment  
20 can reasonably produce the degree of symptom alleged." Smolen v.  
21 Chater, 80 F.3d 1273, 1282 (9th Cir. 1996) (emphasis in  
22 original).

23 If the claimant meets the first test, the ALJ may discredit  
24 the claimant's subjective symptom testimony only if he makes  
25 specific findings that support the conclusion. See Berry v.  
26 Astrue, 622 F.3d 1228, 1234 (9th Cir. 2010). Absent a finding or  
27 affirmative evidence of malingering, the ALJ must provide "clear  
28 and convincing" reasons for rejecting the claimant's testimony.

1 Brown-Hunter v. Colvin, 806 F.3d 487, 493 (9th Cir. 2015) (as  
2 amended); Treichler v. Comm'r of Soc. Sec. Admin., 775 F.3d 1090,  
3 1102 (9th Cir. 2014). The ALJ may consider, among other factors,  
4 (1) ordinary techniques of credibility evaluation, such as the  
5 claimant's reputation for lying, prior inconsistent statements,  
6 and other testimony by the claimant that appears less than  
7 candid; (2) unexplained or inadequately explained failure to seek  
8 treatment or to follow a prescribed course of treatment; (3) the  
9 claimant's daily activities; (4) the claimant's work record; and  
10 (5) testimony from physicians and third parties. Rounds v.  
11 Comm'r Soc. Sec. Admin., 807 F.3d 996, 1006 (9th Cir. 2015) (as  
12 amended); Thomas v. Barnhart, 278 F.3d 947, 958-59 (9th Cir.  
13 2002). If the ALJ's credibility finding is supported by  
14 substantial evidence in the record, the reviewing court "may not  
15 engage in second-guessing." Thomas, 278 F.3d at 959.

16 2. Relevant background

17 In a disability report dated April 19, 2012, Plaintiff  
18 stated that she stopped working on April 1, 2008, "[b]ecause of  
19 [her] conditions," which she listed as

20 (1) Pain in [sic] all over body and bad memory; (2)  
21 Subderal [sic] hematoma brain surgery, no memory; (3)  
22 Internal bleeding in abdominal area; (4) Lots of knee  
23 pains, can't walk long periods of time; (5) Nerve damage  
24 in legs; (6) Arms pull out of socket all the time; (7) No  
25 stability, no balance; (8) Depression; (9) Speech  
26 impairment; (10) Constantly bones hurt daily; (11) Lots  
27 of headaches, numbness [in] hands and arms.

28 (AR 191.) In a report dated May 6, 2012, completed by her



1 attorney, Plaintiff claimed that she stopped working on January  
2 1, 2010. (AR 199-200.)

3 In a function report dated February 21, 2013, Plaintiff  
4 complained about her poor memory, knee pain, and "bleeding in the  
5 brain." (AR 222, 230.) She noted that she lived with her uncle.  
6 (AR 222.) She took care of his dog, prepared her own food, did  
7 her own laundry, and washed the dishes. (AR 223-24.) She noted  
8 that pain and worry made it hard for her to fall asleep. (AR  
9 223.) She needed reminders to take her medication. (AR 224.)  
10 She went outside daily and shopped "once a week or two" for about  
11 one or two hours. (AR 225.) She stated that her hobbies, when  
12 her "life was normal," included gardening and cooking, but that  
13 she had not been able to do those activities since her life had  
14 changed. (AR 226.) She visited the library every day and church  
15 once a week. (Id.)

16 She noted that she could not exercise or run and could  
17 barely walk. (AR 227.) Her conditions allegedly affected her  
18 ability to lift, squat, bend, reach, walk, kneel, talk, and climb  
19 stairs. (Id.) She reported that when she tried to lift  
20 something her "arm bones go out of joint." (Id.) Her memory,  
21 concentration, understanding, ability to follow instructions, and  
22 ability to get along with others were also affected. (Id.) She  
23 reported that she could walk only 100 yards before having to rest  
24 for five minutes and could pay attention for only about a minute.  
25 (Id.) She reported that she couldn't follow instructions well  
26 and that spoken instructions needed to be repeated slowly before  
27 she could follow them. (Id.) She noted that she used a cane and  
28 a brace or splint every day. (AR 228.) She ticked the box

1 indicating that she took medications for her conditions and noted  
2 that they did not cause side effects. (AR 229.)

3 In a third-party function report also dated February 21,  
4 2013, Plaintiff's friend Peter Almryde stated that he spent 60  
5 percent of his time with her. (AR 212.) He noted that she was  
6 currently living with him and his family. (Id.) He stated that  
7 she couldn't "walk fast or run or go down stairs but one step at  
8 a time." (Id.) She had a hard time remembering and  
9 comprehending things. (Id.) He noted that "when her arm  
10 pull[ed] out of joint" he had to "pull it forward." (AR 213.)  
11 He stated that she fed and picked up after her uncle's dog.  
12 (Id.) He noted that "sometimes [her] pain [is] so bad, she can't  
13 sleep." (Id.) She prepared her own meals daily and did her own  
14 laundry but needed reminders to take her medication. (AR 214.)  
15 She did not do housework because it was not her house, but she  
16 cleaned up after herself. (AR 215.) He noted that she went  
17 outside every day. (Id.) She shopped for food and hygiene  
18 products once a week, for an "hour or so." (Id.) He noted that  
19 she liked to garden but hardly did it anymore and that she went  
20 out regularly to the library and to visit her daughter. (AR  
21 216.) For the section on how her conditions affected her  
22 abilities, he checked the same boxes Plaintiff had checked but  
23 indicated that her "standing" and "completing tasks" were also  
24 affected. (AR 217.) He also wrote that she didn't walk anymore,  
25 noting that she could walk only 100 yards before needing a five-  
26 minute rest. (Id.) She could pay attention for only about a  
27 minute. (Id.) He also noted that she used a brace or splint,  
28 and possibly an artificial limb (AR 218), and commented that her

1 legs were "extremely bad" (AR 219).

2 In a progress report dated May 23, 2013, Plaintiff was noted  
3 to be in "early remission" from alcohol dependence. (AR 526.)  
4 She was encouraged to participate in an Alcoholics Anonymous  
5 program. (AR 527.) She was in a "more stable, less tearful, and  
6 less anxious mood" and reported "staying clean and sober" and  
7 "attending AA" twice a week. (AR 526.) On June 27, 2013, it was  
8 noted that she was "spending much of her time looking for work."  
9 (AR 524.) She reported that she was "staying sober," but she had  
10 "not gone to AA meetings lately" and denied alcohol cravings.  
11 (Id.) On August 8, 2013, her doctor noted that she "tend[ed] to  
12 evade questions about" her alcohol and drug use. (AR 523.) On  
13 October 7, 2013, she stated that she had been "sober and clean"  
14 for eight to nine months but was no longer involved in AA. (AR  
15 38, 473.) At a January 29, 2014 health-center visit, she  
16 reported that she was not attending AA because of transportation  
17 issues, didn't "have time" for her sponsor anymore, and had had  
18 a substance-abuse relapse three weeks earlier. (AR 519.)

19 At the hearing on February 21, 2014, Plaintiff testified  
20 that she was involved in a car accident in 1994. (AR 39.) She  
21 pointed to that accident as the beginning of her pain and related  
22 psychological issues. (Id.) She testified that she had a "very  
23 bad memory, short-term," and was in "lots of pain all of the  
24 time." (Id.) She confirmed that she worked at a cafeteria in  
25 2007 and 2008, after the accident. (AR 62.) She also worked in  
26 a deli and in various grocery stores. (Id.)

27 She testified that she "couch surf[ed]" among her uncle, her  
28 mother, and a good friend – presumably Almryde, given his

1 testimony that he spent 60 percent of his time with her. (AR  
2 35.) She was responsible for the general upkeep of the place  
3 where she stayed. (Id.) She cleaned, took care of the friend's  
4 grandchildren (ages eight, six, and 10 months), and cooked  
5 dinners and breakfasts. (AR 36.) She testified that she took  
6 the children out of the apartment when she could, to the mailbox  
7 or the swimming pool in the apartment complex. (AR 54.) She  
8 noted that the mother of the baby was often present but that when  
9 Plaintiff was asked to watch the kids she was obligated to say  
10 yes because she was living under their roof. (Id.) She made her  
11 friend's bed. (AR 37.) When the ALJ asked, "[I]s there anything  
12 around the house that you're not able to do?," Plaintiff  
13 responded that she couldn't "take out the trash." (AR 38.)<sup>4</sup>

14 Plaintiff had a left-knee replacement in December 2013. (AR  
15 520.) She testified that she had been looking for work and had  
16 put in 38 job applications before her knee surgery. (AR 40.)  
17 She testified that she got a job, spinning a sign for a pizza  
18 restaurant, that lasted about two weeks. (AR 41, 48.) She noted  
19 that the job "was very hard" and that the shop was now out of  
20 business; it was unclear whether that was why she worked for only  
21 two weeks. (AR 48.) She testified that she stopped looking for  
22 work after her surgery because she could not walk anymore. (AR  
23 47.) She stated that she took gabapentin, Cymbalta, trazodone,  
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27 <sup>4</sup> When Plaintiff applied for benefits, she acknowledged that  
28 she did not need help "in personal care, hygiene or upkeep of a  
home." (AR 164.)

1 and hydroxyzine.<sup>5</sup> (AR 42.) She noted that the Cymbalta had  
2 "helped a lot for the depression" and that the gabapentin was no  
3 longer helping her anxiety but that she had been taking a new  
4 pill, hydroxyzine, for it for about a month. (AR 42, 44.) She  
5 testified that she went to a rehab facility for alcohol addiction  
6 in 2012 for five months (AR 45), last smoked marijuana "a couple  
7 of years" before the hearing (AR 46), and last used  
8 methamphetamine in 2010 or 2011 (id.).

### 9 3. Analysis

10 The ALJ credited some of Plaintiff's subjective complaints,  
11 finding her "partially credible." (AR 21.) He noted that her  
12 "statements concerning the intensity, persistence and limiting  
13 effects of [her] symptoms [were] not entirely credible." (AR  
14 22.) However, "[i]n order to give full benefit to [her]  
15 subjective complaints," the ALJ "adopted the limitations  
16 described in the residual functioning capacity." (AR 24.) Thus,  
17 he found that she could perform "less than a full range of light  
18 work," with limited cumulative hours of standing and walking and  
19 restrictions on climbing and using her left lower extremity for  
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21 <sup>5</sup> Gabapentin is used to treat neuropathy. See Gabapentin,  
22 MedlinePlus, <https://medlineplus.gov/druginfo/meds/a694007.html>  
(last updated July 15, 2011). Cymbalta is the brand name of a  
23 selective serotonin and norepinephrine reuptake inhibitor used to  
treat depression and generalized anxiety disorder. See  
24 Duloxetine, MedlinePlus, <https://medlineplus.gov/druginfo/meds/a604030.html>  
(last updated May 15, 2016). Trazodone is a  
25 serotonin modulator used to treat depression. See Trazodone,  
26 MedlinePlus, <https://medlineplus.gov/druginfo/meds/a681038.html>  
(last updated Nov. 15, 2014). Hydroxyzine is used to relieve  
27 anxiety and tension. See Hydroxyzine, MedlinePlus, [https://](https://medlineplus.gov/druginfo/meds/a682866.html)  
28 [medlineplus.gov/druginfo/meds/a682866.html](https://medlineplus.gov/druginfo/meds/a682866.html) (last updated May 15,  
2016).

1 operating foot controls. (AR 19-20.) To the extent the ALJ  
2 discounted Plaintiff's subjective complaints, he provided clear  
3 and convincing reasons for doing so.

4 The ALJ permissibly found Plaintiff's subjective complaints  
5 only partially credible because the objective medical evidence  
6 did not support them. He noted that Plaintiff reported pain in  
7 her knees (see, e.g., AR 296 (alleging "knee pain"), 520  
8 (alleging pain in left knee)), but her medical records showed  
9 that any knee problems had been addressed and apparently  
10 resolved. (AR 21-22; see, e.g., AR 294 (May 18, 2012: diagnosed  
11 with knee sprain, brace given), 296-97 (June 7, 2012: no  
12 erythema, nontender, strength noted at 5/5, diagnosed as knee  
13 sprain, medication provided), 302 (July 12, 2012: knee strength  
14 5/5 in left knee, diagnosed as patellar tendinitis, prescribed  
15 medication).) The ALJ noted that her December 2, 2013 knee-  
16 replacement surgery "went well and was without complications."  
17 (AR 22.) Her testimony that she had been unable to walk since  
18 her surgery (see, e.g., AR 47) was unsubstantiated by any  
19 evidence in the medical record.<sup>6</sup>

20 The ALJ also noted that she reported various mental  
21 impairments (see, e.g., AR 222 ("My memory is the worst"), 342  
22 (reporting anxiety and depression), 352 (same)), but her medical  
23 records indicated that medication had alleviated these symptoms  
24 (AR 22); indeed, her doctors consistently noted that she  
25 responded well to medication (see, e.g., AR 342 (Aug. 2, 2012:  
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27 <sup>6</sup> Plaintiff has not argued for a closed period of disability  
28 based on her knee pain leading up to her surgery.

1 reported improved mood when taking medications), 389 (Oct. 25,  
2 2012: reported anxiety well controlled and depressed mood  
3 gradually improving), 443 (Feb. 28, 2013: "in more stable, less  
4 tearful, and less anxious mood"), 520 (Oct. 7, 2013: "calmer and  
5 less dramatic than at previous appointments" and "Gabapentin does  
6 seem to be helping her anxiety".) The ALJ was entitled to  
7 consider the lack of objective medical evidence in assessing  
8 Plaintiff's subjective complaints and credibility. See Carmickle  
9 v. Comm'r, Soc. Sec. Admin., 533 F.3d 1155, 1161 (9th Cir. 2008)  
10 ("Contradiction with the medical record is a sufficient basis for  
11 rejecting the claimant's subjective testimony."); Lingenfelter,  
12 504 F.3d at 1040 (in determining credibility, ALJ may consider  
13 "whether the alleged symptoms are consistent with the medical  
14 evidence"); Burch v. Barnhart, 400 F.3d 676, 681 (9th Cir. 2005)  
15 ("Although lack of medical evidence cannot form the sole basis  
16 for discounting pain testimony, it is a factor that the ALJ can  
17 consider in his credibility analysis.").

18 Further, the ALJ permissibly discounted Plaintiff's  
19 subjective complaints because her daily activities were  
20 inconsistent with her allegedly disabling impairments. (AR 21.)  
21 The ALJ read and considered Plaintiff's adult function report, in  
22 which she claimed that her conditions affected her ability to  
23 lift, squat, bend, reach, walk, kneel, talk, climb stairs,  
24 remember, concentrate, understand, follow instructions, and get  
25 along with others. (AR 21, 227.) He took note that her alleged  
26 functional limitations were at odds with her reported daily  
27 activities. (AR 21.) He noted that she "lives with a friend who  
28 she takes care of in return for a place to stay" and "cooked and

1 cleaned and helped him care for his grandkids." (AR 21.) She  
2 testified that she was "totally" responsible for keeping the  
3 house clean. (AR 35.) When asked whether there was anything  
4 around the house that she was not able to do, she stated only  
5 that she could not "take the trash out any more." (AR 38.) In  
6 her function report, she noted that she was able to prepare her  
7 own food, go outside daily, shop, and do daily chores. (AR 224-  
8 25.) An ALJ may properly discount a plaintiff's credibility when  
9 her daily activities are inconsistent with her subjective symptom  
10 testimony. See Molina, 674 F.3d at 1112 (ALJ may discredit  
11 claimant's testimony when "claimant engages in daily activities  
12 inconsistent with the alleged symptoms" (citing Lingenfelter, 504  
13 F.3d at 1040); even some difficulties in daily functioning "may  
14 be grounds for discrediting the claimant's testimony to the  
15 extent that they contradict claims of a totally debilitating  
16 impairment"); Bray v. Comm'r of Soc. Sec. Admin., 554 F.3d 1219,  
17 1227 (9th Cir. 2009) (ALJ properly discounted plaintiff's  
18 credibility when she had "recently worked as a personal caregiver  
19 for two years, and has sought out other employment since then");  
20 Foster v. Astrue, No. EDCV 11-1077-OP, 2012 WL 243253, at \*10  
21 (C.D. Cal. Jan. 23, 2012) (finding that ALJ properly considered  
22 plaintiff's "ability to perform part-time work" when assessing  
23 credibility).

24 The ALJ also took note that Plaintiff recently attempted to  
25 find a job. (AR 22; see also, e.g., AR 524 (looking for job in  
26 June 2013).) Holding oneself out as available for full-time work  
27 can be inconsistent with allegations of disability. See Bray,  
28 554 F.3d at 1227 (fact that claimant has sought employment



1 weighed against credibility of claims of disabling limitations);  
2 Copeland v. Bowen, 861 F.2d 536, 542 (9th Cir. 1988).

3 The ALJ also noted that although Plaintiff alleged various  
4 mental limitations, her treating psychiatrist questioned her  
5 effort. (AR 23.) Dr. Hudler noted that Plaintiff's "extremely  
6 low" mental-exam score was very likely a result not of diminished  
7 ability but rather of "not giving her full effort." (AR 522.)  
8 Indeed, Dr. Hudler remarked that Plaintiff's score was  
9 "inconsistent with someone who basically lives independently."  
10 (Id.) This was a legally sufficient reason for discounting  
11 Plaintiff's credibility. See Thomas, 278 F.3d at 959 (ALJ  
12 properly considered claimant's "self-limiting behaviors" and  
13 "efforts to impede accurate testing" during two physical-capacity  
14 evaluations); Tonapetyan v. Halter, 242 F.3d 1144, 1148 (9th Cir.  
15 2001) (ALJ properly considered claimant's poor effort during  
16 consultative examinations).<sup>7</sup>

17 Finally, the ALJ was permitted to rely on Plaintiff's  
18

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19  
20 <sup>7</sup> Plaintiff argues that Dr. Hudler's statements concerning  
21 Plaintiff's minimal effort should not have been relied on by the  
22 ALJ as detracting from Plaintiff's credibility because "Dr.  
23 Hudler took specific awareness of that finding into account and  
24 rendered her opinions with full knowledge" of it, citing as  
25 support for this proposition Ogin v. Colvin, 608 F. App'x 519  
26 (9th Cir. 2015). (J. Stip. at 23.) But Ogin stands for the  
27 opposite of what Plaintiff claims, holding that "lackluster  
28 effort would be a legitimate reason to discount [the claimant's]  
credibility." 608 F. App'x at 520. The error in Ogin was in  
discounting the doctor's opinion on this basis. Id. Dr.  
Hudler's finding that the "extremely low" score was  
"inconsistent" with Plaintiff's "independent" lifestyle  
demonstrates that she questioned Plaintiff's effort; the ALJ  
permissibly took this into account in assessing Plaintiff's  
credibility.

1 treatment history in discounting her subjective complaints. The  
2 ALJ stated that “[t]he treatment records reveal [Plaintiff]  
3 received routine, conservative and non-emergency treatment since  
4 the alleged onset date.” (AR 22.) He noted that her knee  
5 surgery “went well and was without complications.” (Id.)  
6 Although the need to have surgery “would normally weigh in [her]  
7 favor, it is offset by the fact that the record reflects that the  
8 surgery was generally successful in relieving the symptoms.” (AR  
9 21.) As to her alleged mental impairments, the ALJ noted that  
10 she consistently reported positive responses to medication. (AR  
11 22; see also supra pp. 14-15.) She did well when she attended AA  
12 for her alcohol dependence.<sup>8</sup> (AR 22.) Plaintiff’s successful  
13 conservative, nonemergency treatment was a clear and convincing  
14 reason for discounting her subjective complaints. See SSR 96-7p,  
15 1996 WL 374186, at \*7 (July 2, 1996) (claimant’s statements “may  
16 be less credible if the level or frequency of treatment is  
17 inconsistent with the level of complaints”).

18 In sum, the ALJ provided clear and convincing reasons for  
19 finding Plaintiff only partially credible. Because those  
20 findings were supported by substantial evidence, this Court may  
21 not engage in second-guessing. See Thomas, 278 F.3d at 959.  
22 Plaintiff is not entitled to remand on this ground.

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24 <sup>8</sup> Plaintiff reported being “clean and sober” in May 2013  
25 when she was attending AA twice a week. (AR 526.) She  
26 voluntarily stopped participating in the AA program sometime  
27 around June 2013. (AR 524.) At a January 29, 2014 health-center  
28 visit, she reported that her nonparticipation was because of  
transportation issues, but she also said she didn’t “have time”  
for her sponsor. (AR 519.) She had had a substance-abuse  
relapse three weeks earlier. (Id.)

1           B.    The ALJ Properly Gave Limited Weight to Dr. Hudler's  
2                    Medical-Source Statement

3           Plaintiff argues that the ALJ failed to properly assess a  
4 probative medical-source opinion; specifically, he erred in  
5 giving only limited weight to the opinion of Dr. Hudler, one of  
6 her treating psychiatrists. (J. Stip. at 4, 8.) For the reasons  
7 discussed below, remand is not warranted on this ground.

8                   1.    Applicable law

9           Three types of physicians may offer opinions in Social  
10 Security cases: (1) those who directly treated the claimant, (2)  
11 those who examined but did not treat the claimant, and (3) those  
12 who did neither. Lester, 81 F.3d at 830. A treating physician's  
13 opinion is generally entitled to more weight than an examining  
14 physician's, and an examining physician's opinion is generally  
15 entitled to more weight than a nonexamining physician's. Id.

16           This is so because treating physicians are employed to cure  
17 and have a greater opportunity to know and observe the claimant.  
18 Smolen, 80 F.3d at 1285. If a treating physician's opinion is  
19 well supported by medically acceptable clinical and laboratory  
20 diagnostic techniques and is not inconsistent with the other  
21 substantial evidence in the record, it should be given  
22 controlling weight. §§ 404.1527(c)(2), 416.927(c)(2). If a  
23 treating physician's opinion is not given controlling weight, its  
24 weight is determined by length of the treatment relationship,  
25 frequency of examination, nature and extent of the treatment  
26 relationship, amount of evidence supporting the opinion,  
27 consistency with the record as a whole, the doctor's area of  
28 specialization, and other factors. §§ 404.1527(c)(2)-(6),

1 416.927(c)(2)-(6).

2 When a treating physician's opinion is not contradicted by  
3 other evidence in the record, it may be rejected only for "clear  
4 and convincing" reasons. See Carmickle, 533 F.3d at 1164 (citing  
5 Lester, 81 F.3d at 830-31). When it is contradicted, the ALJ  
6 must provide only "specific and legitimate reasons" for  
7 discounting it. Id. (citing Lester, 81 F.3d at 830-31).  
8 Furthermore, "[t]he ALJ need not accept the opinion of any  
9 physician, including a treating physician, if that opinion is  
10 brief, conclusory, and inadequately supported by clinical  
11 findings." Thomas, 278 F.3d at 957; accord Batson v. Comm'r of  
12 Soc. Sec. Admin., 359 F.3d 1190, 1195 (9th Cir. 2004).

13 2. Relevant background

14 a. *Clinical findings in the record from doctors*  
15 *besides Hudler*

16 Between May and September 2012, Plaintiff visited a health  
17 center for various complaints. (See, e.g., AR 294 (May 18, 2012  
18 visit for "cold symptoms"), 296 (June 7, 2012 visit for "knee  
19 pain"), 298 (June 21, 2012 visit for a well-woman exam), 300  
20 (July 5, 2012 visit for lab results), 302 (July 12, 2012 visit  
21 for knee pain, cough, and sore throat), 304 (Aug. 23, 2012 visit  
22 for urinary issue), 306 (Sept. 20, 2012 visit for "cold symptoms"  
23 and throat pain).) At those visits, her "extremities" were  
24 consistently assessed as normal: no edema, no erythema, and  
25 sensations intact. (AR 294, 296, 304, 306.) During the visits  
26 specifically related to knee pain, her knee strength was assessed  
27 as "5/5" and her knees were noted to be "nontender." (AR 296,  
28 302.)

1           On May 16, 2012, while participating in a residential  
2 rehabilitation program, Plaintiff was assessed at a health center  
3 after "experiencing some withdrawal [symptoms] from [her]  
4 medication." (AR 256.) In the mental-status exam completed  
5 during that visit, Plaintiff was noted to be "depressed" with  
6 "fair" judgment and insight. (AR 262.) She was noted to have  
7 "poor recent" memory. (Id.) In all other categories (level of  
8 consciousness, orientation, appearance, speech, thought process,  
9 behavior, affect, intellect, and motor) she was assessed as  
10 normal or average. (Id.) Another mental-status exam was  
11 completed the next day, and Plaintiff was assessed as "sad" and  
12 "anxious" in her mood, "relevant" and "depressive" in her thought  
13 content, "marginal" in her impulse control, and "limited" in her  
14 judgment and insight. (AR 286-87.) In all other categories she  
15 was assessed as average or normal. (Id.)

16           Plaintiff returned to the health center on June 13, 2012,  
17 reporting that she was "doing well on medications and [was] not  
18 having to use the [t]razodone every night." (AR 277.) Her  
19 memory was "intact" and her insight and judgment were "fair."  
20 (Id.) On June 18, 2012, Plaintiff returned to the health center,  
21 "reporting a good response to [her] current regime [sic]." (AR  
22 276.) She felt her mood was "stable" and her depression was  
23 "well controlled." (Id.) A mental-status examination conducted  
24 on June 29, 2012, at the health center found that Plaintiff had  
25 "soft" speech, a "depressed" mood, poor recent and remote memory,  
26 and "slowed/decreased" motor responses, but her insight and  
27 judgment were "fair." (AR 365.) In a later visit to the health  
28 center, on July 26, 2012, Plaintiff was noted to be "doing well

1 on current regime [sic]." (AR 275.) Her mood was "stable" and  
2 her symptoms were "well controlled." (Id.) In a mental-status  
3 exam on August 2, 2012, Plaintiff was assessed as normal or  
4 average in all categories. (AR 348.)

5 In a mental-status exam on December 6, 2012, after Plaintiff  
6 had left the rehabilitation program, she was assessed as having  
7 "limited" judgment and insight but showed "average" intellect,  
8 "normal" memory, "normal" motor skills, and a "euthymic"<sup>9</sup> mood.  
9 (AR 430.) In a consult on December 2, 2013, just before her  
10 knee-replacement surgery, the doctor noted that Plaintiff had  
11 "[n]o new memory loss or depression" and she "[i]nteracts  
12 normally with others." (AR 476.) On January 29, 2014, her  
13 insight and judgment were reported as "fair" and her affect was  
14 reported as "calm [and] congruent." (AR 519.)

15 b. *Opinions of the state-agency medical*  
16 *consultants*

17 In the Disability Determination Explanation from September  
18 22, 2012, a state-agency medical consultant, psychologist Pamela  
19 Hawkins,<sup>10</sup> indicated that Plaintiff had medically determinable  
20 and severe muscle, ligament, and fascia disorders; affective  
21 disorders; anxiety disorders; and substance-abuse-addiction

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23 <sup>9</sup> "Euthymic" means characterized by joyfulness, mental  
24 peace, and tranquility; it reflects moderation of mood and means  
25 not manic or depressed. Stedman's Medical Dictionary 627 (27th  
26 ed. 2000).

27 <sup>10</sup> Dr. Hawkins's signature line includes a medical-  
28 consultant code of "38," indicating "[p]sychology" (AR 71); see  
Program Operations Manual System (POMS) DI 24501.004, U.S. Soc.  
Sec. Admin. (May 5, 2015), [http://policy.ssa.gov/  
poms.nsf/lnx/0424501004](http://policy.ssa.gov/poms.nsf/lnx/0424501004).

1 disorders. (AR 70.) Dr. Hawkins noted that a lack of  
2 longitudinal evidence existed in the medical records. (AR 71.)  
3 She found "insufficient evidence to adjudicate the claim" because  
4 Plaintiff's medical records were not signed. (Id.)

5 On August 7, 2012, another state-agency medical consultant,  
6 Dr. E.L. Gilpeer, a specialist in internal medicine,<sup>11</sup> assessed  
7 Plaintiff's RFC. (AR 71-72.) Dr. Gilpeer noted that her medical  
8 records showed normal extremities, a full range of motion, no  
9 erythema in the left knee, normal strength of "5/5," and normal  
10 deep-tendon reflexes. (AR 72.) Dr. Gilpeer noted an earlier  
11 assessment of left patellar tendinitis and determined that she  
12 had "no exertional (lifting, carrying, walking, standing,  
13 sitting, pushing, or pulling) or non-exertional (postural,  
14 manipulative, visual, communicative, or environmental)  
15 limitations." (Id.) Dr. Gilpeer's assessment was based on his  
16 review of the independent clinical findings in the record. (AR  
17 72; see, e.g., AR 294 (health-center report showing normal  
18 extremities), 302 (health-center report diagnosing patellar  
19 tendinitis but showing normal strength and reflexes).)

20 On March 5, 2013, in a subsequent review undertaken for  
21 reconsideration of benefits, Dr. L. DeSouza, a general  
22 practitioner,<sup>12</sup> completed a case analysis. (AR 91.) Dr. DeSouza  
23 noted that Plaintiff alleged "pain all over body," a "brain  
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25 <sup>11</sup> Dr. Gilpeer has a specialty code of "19," indicating  
26 "[i]nternal [m]edicine" (AR 83); see POMS DI 24501.004.

27 <sup>12</sup> Dr. DeSouza has a specialty code of "12," indicating  
28 "[f]amily or [g]eneral [p]ractice" (AR 109); see POMS DI  
24501.004.

1 hemorrhage," and "knee pain" but noted that she could do chores,  
2 walk, and shop and that her physical conditions were not severe.  
3 (Id.) Dr. DeSouza's assessment was based on the same independent  
4 clinical findings as those used by Dr. Gilpeer, but he also  
5 reviewed more recent medical evidence. (See, e.g., AR 91 (Dr.  
6 DeSouza's findings that Plaintiff's physical symptoms were "non-  
7 severe" and referring to "9/20/12" medical record), 306 (Sept.  
8 20, 2012 health-center record showing normal extremities).)

9 In the same review, Dr. P.M. Balson<sup>13</sup> found that although  
10 Plaintiff had severe affective disorder, anxiety disorder, and  
11 alcohol- and substance-abuse disorder, she had only mild  
12 restrictions in activities of daily living and in maintaining  
13 social functioning and moderate difficulties in maintaining  
14 concentration, persistence, or pace. (AR 91-92.) Dr. Balson  
15 found that Plaintiff had not experienced any episodes of  
16 decompensation of extended duration. (AR 92.) Dr. Balson also  
17 assessed her RFC, noting that she had limitations in  
18 understanding and memory but was not significantly limited in her  
19 ability to remember locations and worklike procedures or  
20 understand and remember very short and simple instructions. (AR  
21 93.) Dr. Balson found that Plaintiff was moderately limited in  
22 her ability to understand, remember, and carry out detailed  
23 instructions. (AR 94.) Dr. Balson also found that she was  
24 moderately limited in her ability to complete a normal workday  
25

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26 <sup>13</sup> Dr. Balson is apparently a psychiatrist, see Novoa v.  
27 Colvin, No. CV 13-00219-MAN, 2014 WL 3854369, at \*2 (C.D. Cal.  
28 Aug. 6, 2014), although the record in this case does not so  
indicate.



1 and workweek without interruptions from psychologically based  
2 symptoms and perform at a consistent pace without an unreasonable  
3 number and length of rest periods. (Id.) Dr. Balson noted that  
4 Plaintiff "started [treatment] at the end of 2012 for her  
5 substance abuse and mood disorder," a fact reflected in  
6 independent clinical findings in the record. (See, e.g., AR 441  
7 (Dec. 6, 2012 health-center report noting Plaintiff's placement  
8 in substance-abuse rehabilitation center).) Dr. Balson further  
9 opined that Plaintiff had a mood disorder and a "history of  
10 inability to handle significant changes in life such as death in  
11 [the] family" but that she should be able to handle simple,  
12 unskilled work "if she maintains sobriety and remains compliant  
13 with meds." (AR 94.) Dr. Balson relied on the independent  
14 clinical findings in the record in coming to this conclusion.  
15 (Id.; see, e.g., AR 417-41 (Dec. 6, 2012 record with "normal" and  
16 "average" mental-status exam findings, discussion of alcohol-  
17 abuse concerns, and notation of Plaintiff's reports of stable  
18 mood on current medications).)

19 c. *Dr. Hudler*

20 Plaintiff met with Dr. Hudler on January 23, 2013, for a  
21 psychiatric assessment. (AR 403.) Plaintiff reported  
22 "depression, anxiety, panic attacks, and feelings of  
23 worthlessness." (Id.) She met with Dr. Hudler again on February  
24 28, 2013, presenting as "more stable, less tearful, and less  
25 anxious" in her mood. (AR 443.) She visited Dr. Hudler at least  
26 three times after the above state-agency reports were completed,  
27 on May 23, June 27, and August 8, 2013. (AR 467.) During  
28 Plaintiff's August 8 visit, Dr. Hudler noted, she gave Plaintiff

1 a mental-status examination "[d]ue to her memory complaints, and  
2 the mental status paperwork requested by her [attorney]." (AR  
3 522.) Dr. Hudler noted that Plaintiff "scored an extremely low  
4 12/30," which was "inconsistent with someone who basically lives  
5 independently." (Id.) Dr. Hudler opined that "[t]herefore she  
6 was very likely not giving her full effort." (Id.)

7 Dr. Hudler completed a medical-source statement for  
8 Plaintiff's disability claim during the same visit. (AR 467-72.)  
9 Under "clinical findings" she noted that Plaintiff "tends to be  
10 impulsive [and] impatient" and "can be intrusive, [with]  
11 inappropriate behavior at times." (AR 467.) Dr. Hudler gave her  
12 a prognosis of "poor." (Id.) She ticked boxes indicating that  
13 Plaintiff had symptoms of "[i]mpairment in impulse control,"  
14 "[g]eneralized persistent anxiety," "[s]ubstance dependence,"  
15 "[e]motional lability," "[e]asy distractibility," and "[m]emory  
16 impairment - short, intermediate or long term." (AR 468.) She  
17 did not tick the box for "[d]ifficulty thinking or  
18 concentrating." (Id.) In the section asking Dr. Hudler to  
19 provide an opinion "based on [her] examination" of Plaintiff, she  
20 noted that Plaintiff was seriously limited or unable to meet  
21 competitive standards<sup>14</sup> in almost all categories of work-related  
22 skills. (AR 469.) Dr. Hudler noted that she "tends to go off  
23 topic in conversation" and "becomes easily anxious to the point  
24 of feeling overwhelmed [and] incapacitated." (Id.) She also

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26 <sup>14</sup> "Seriously limited" means noticeable difficulty from 11  
27 to 20 percent of the workday or workweek. (AR 469.) "Unable to  
28 meet competitive standards" means noticeable difficulty from 21  
to 40 percent of the workday or workweek. (Id.)

1 noted that Plaintiff was unable to meet competitive standards in  
2 setting realistic goals or making independent plans, and she had  
3 no useful ability to understand, remember, and carry out detailed  
4 instructions or deal with the stress of semiskilled and skilled  
5 work. (AR 470.) Dr. Hudler identified three episodes of  
6 decompensation, each allegedly lasting longer than two weeks:  
7 from April to May 2012, "winter 2012," and from January to  
8 February 2012.<sup>15</sup> (AR 471.) Under the question, "Please describe  
9 any additional reasons not covered above why your patient would  
10 have difficulty working at a regular job on a sustained basis,"  
11 Dr. Hudler wrote: "Patient [did] not appear motivated to  
12 perform/function at her best[;] . . . for example, she had an  
13 abnormally . . . low score on a Mental State Exam on 8/8 due to  
14 lack of effort." (AR 472.)

15 On October 7, 2013, Plaintiff met with Dr. Hudler again, and  
16 Dr. Hudler noted that gabapentin was helping her anxiety but that  
17 she did not regularly take all prescribed doses. (AR 520.) Dr.  
18 Hudler noted that Plaintiff was "calmer and less dramatic than at  
19 previous visits." (Id.)

20 d. *Consulting-physician examinations*

21 Plaintiff was scheduled to be examined by a consulting  
22 internist on June 28 and a consulting psychiatrist on July 5,  
23 2012. (AR 68.) On June 15, 2012, she indicated that she would  
24 not attend the examinations "because she [was] in the [alcohol  
25

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26 <sup>15</sup> The third period of decompensation noted by Dr. Hudler,  
27 from January to February 2012, is before Plaintiff's alleged  
28 onset date of March 1, 2012. "Winter 2012" is ambiguous and may  
be as well.

1 rehabilitation] [p]rogram" and was receiving treatment elsewhere.  
2 (Id.) She did not explain how her participation in the program  
3 prevented her from attending the examinations, particularly given  
4 that she was apparently going to other off-site doctors. (Id.;  
5 see, e.g., AR 355 (June 29, 2012 health-center visit).) The  
6 consulting examinations were canceled. (AR 68.)

### 7 3. Analysis

8 The ALJ accorded "significant weight, but not full weight"  
9 to the opinions of the state-agency medical consultants and  
10 "limited weight" to the opinion of Dr. Hudler.<sup>16</sup> (AR 23.) He  
11 noted that the opinions of the state-agency consultants were  
12 "generally consistent in that they all assess the claimant is  
13 able to perform a range of work at the medium exertional level  
14 with some differences in the degree of specific function-by-  
15 function limitations." (Id.) The ALJ found that the opinions  
16 were all "reasonable and supported by the record as a whole."  
17 (Id.) Rather than relying on one assessment in its entirety, he  
18

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19  
20 <sup>16</sup> There were no opinions from examining state-agency  
21 consultants because Plaintiff canceled those exams. (AR 68.) If  
22 a claimant "do[es] not have a good reason for failing or refusing  
23 to take part in a consultative examination or test," the claimant  
24 may be found not disabled. 20 C.F.R. §§ 404.1518(a), 416.918(a).  
25 If the claimant had "a good reason" for failing to attend, the  
26 agency "will schedule another examination." §§ 404.1518(a),  
27 416.918(a). Plaintiff did not attend her consultative  
28 examinations because she was in an alcohol rehabilitation  
facility, but she never explained how that prevented her from  
attending. (AR 68.) The ALJ did not mention the canceled  
examinations in his decision or base his finding of nondisability  
on Plaintiff's failure to attend; nor does Plaintiff argue that  
the medical record was undeveloped or that the ALJ should have  
sought further medical evidence. Accordingly, the Court does not  
consider the issue.

1 "adopted those specific restrictions on a function-by-function  
2 basis that [were] best supported by the objective evidence as a  
3 whole." (Id.)

4 As an initial matter, Plaintiff incorrectly suggests that  
5 the ALJ was required to provide "clear and convincing" reasons  
6 for discounting Dr. Hudler's opinion. (See J. Stip. at 8.)  
7 Because Dr. Hudler's opinion was contradicted by the opinions of  
8 the state-agency medical consultants and those doctors based  
9 their opinions on clinical findings separate from Dr. Hudler's  
10 (see, e.g., AR 71-72 (Dr. Gilpeer citing health-center  
11 examinations conducted by Dr. Jonathan Baker (see AR 294-95, 302-  
12 03)), 91 (Dr. DeSouza relying on same and additional examination  
13 by Dr. Baker (see AR 306-07)), 94 (Dr. Balson relying on Dec.  
14 2012 health-center assessment by Dr. Bruce Burris (see AR 441))),  
15 the ALJ needed to state only specific and legitimate reasons for  
16 giving Dr. Hudler's opinion limited weight. See Carmickle, 533  
17 F.3d at 1164; Thomas, 278 F.3d at 957 ("The opinions of non-  
18 treating or non-examining physicians may also serve as  
19 substantial evidence when the opinions are consistent with  
20 independent clinical findings or other evidence in the record.")  
21 As discussed below, the ALJ met that standard.

22 The ALJ did not entirely reject Dr. Hudler's opinion;  
23 rather, he gave it "limited weight." (AR 23.) He incorporated  
24 into Plaintiff's RFC limits on "directing others, abstract  
25 thought, [and] planning," limited her to simple job instructions,  
26 and noted that her work environment should be "free of fast-paced  
27 production requirements" (AR 20), all of which were consistent  
28 with Dr. Hudler's opinion that Plaintiff would be unable to

1 understand, remember, or carry out detailed work instructions or  
2 deal with the stress of skilled or semiskilled work (AR 470).  
3 Thus, the ALJ did give Dr. Hudler's opinion some weight. To the  
4 extent the ALJ rejected portions of Dr. Hudler's opinion, he did  
5 so for specific and legitimate reasons.

6 The ALJ permissibly gave limited weight to Dr. Hudler's  
7 opinion because it "depart[ed] substantially from the rest of the  
8 evidence of record." (AR 24.) Indeed, Dr. Hudler opined that  
9 Plaintiff was seriously limited or unable to meet competitive  
10 standards in most areas of mental functioning (AR 469), but the  
11 state-agency consultants found at worst moderate limitations in  
12 only certain categories.<sup>17</sup> (See, e.g., AR 72 (Plaintiff had no  
13 exertional or nonexertional limitations), 92 (Plaintiff "noted to  
14 improve with [medication] and sobriety" and "should be able to do  
15 at least [simple, repetitive] type work if she maintains sobriety  
16 and remains compliant with [treatment]"), 94 (noting no  
17 significant limitations in most areas of functioning).) For  
18 example, Dr. Balson found Plaintiff "moderately limited" in her  
19 ability to "complete a normal workday and workweek without  
20 interruptions from psychologically based symptoms and to perform  
21 at a consistent pace without an unreasonable number and length of  
22 rest periods" and in her ability to understand, remember, and  
23 carry out detailed instructions. (AR 94.) She was "not

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24  
25 <sup>17</sup> Plaintiff has not argued that the ALJ's RFC did not  
26 adequately take into account those moderate limitations to the  
27 extent the ALJ accepted them. See Stubbs-Danielson v. Astrue,  
28 539 F.3d 1169, 1173-74 (9th Cir. 2008) (ALJ's RFC limitation to  
"simple, routine, repetitive" work adequately accounted for  
functional limitations of "slow pace" and "several moderate  
limitations in other mental areas").

1 significantly limited" in the other eight categories of  
2 functioning. (AR 93-94.) The state-agency doctors' opinions  
3 were based on independent clinical findings showing that  
4 throughout the relevant period Plaintiff's mental issues were  
5 adequately controlled with treatment and medication. For  
6 example, Dr. Gilpeer cited health-center records from May 18,  
7 2012 (AR 72), which corroborated the finding that Plaintiff's  
8 symptoms were not severe (see, e.g., AR 294 ("Neurological:  
9 normal, no weakness" and "General: normal, no acute distress")).  
10 Dr. DeSouza relied on the same records and also looked at a more  
11 recent health-center record from September 20, 2012 (AR 94),  
12 which provided further evidence of nonseverity (AR 306). Dr.  
13 Balson reviewed clinical findings from December 2012 (AR 91-94),  
14 which showed improvement and stability on current medications (AR  
15 441). Moreover, Dr. Hudler gave Plaintiff a prognosis of "poor"  
16 on August 8, 2013 (AR 467), but she reported improvement in a  
17 subsequent visit on October 7 (AR 520).

18       Moreover, as the ALJ noted (AR 24), several of Dr. Hudler's  
19 findings, such as that Plaintiff was seriously limited or unable  
20 to meet competitive standards in almost all categories of work-  
21 related skills (AR 470), were not supported by her own or any  
22 other doctor's findings. For example, mental-status examinations  
23 and assessments conducted by other health-center doctors showed  
24 that Plaintiff had normal or average mental functioning and that  
25 her mental symptoms were well controlled by medications. (See,  
26 e.g., AR 262 (on May 16, 2012, noting that Plaintiff had "fair"  
27 judgment and insight and presented as normal or average in all  
28 other assessed categories), 277 (noting on June 13, 2012, that

1 Plaintiff had "intact" memory and "fair" insight and judgment),  
2 276 (noting on June 18, 2012, that Plaintiff was responding well  
3 to current regimen and depression "well controlled"), 348 (noting  
4 on Aug. 2, 2012, that Plaintiff was assessed as normal or average  
5 in all mental-exam categories).) Some of Dr. Hudler's own notes  
6 before her August 8, 2013 assessment reflected the same. (See,  
7 e.g., AR 410 (Dr. Hudler noting on Jan. 23, 2013, that  
8 Plaintiff's judgment and insight were "fair"), 443 (Dr. Hudler  
9 noting on Feb. 28, 2013, that Plaintiff's insight was fair to  
10 good and judgment was good).) Even Dr. Hudler's notes from her  
11 August 8, 2013 assessment were contradictory as to Plaintiff's  
12 symptoms: Dr. Hudler did not check the box for "[d]ifficulty  
13 thinking or concentrating" as one of Plaintiff's symptoms but  
14 then noted that Plaintiff had serious limitations or an inability  
15 to "meet competitive standards" in areas of thinking and  
16 concentration needed for unskilled work. (AR 468-69.)

17 Moreover, although Dr. Hudler opined that Plaintiff had had  
18 three or more episodes of decompensation (AR 471), one and  
19 possibly two of those periods occurred before the alleged onset  
20 date. Finally, Dr. Hudler's most recent assessment, from October  
21 7, 2013, noted that Plaintiff was "calmer and less dramatic than  
22 at previous appointments," had "fair" insight and judgment, was  
23 "alert and oriented," and had "coherent" thought processes. (AR  
24 520-21.) Dr. Hudler recommended that Plaintiff continue with her  
25 medication and return to AA. (AR 521.) The most recent  
26 assessments of Plaintiff's mental functioning in the record, from  
27 December 2013 and January 2014, noted that she had "no new memory  
28 loss or depression" and "interact[ed] normally with others" (AR



1 476) and that her insight and judgment were "fair" and her affect  
2 was "calm [and] congruent" (AR 519).

3 Thus, the ALJ permissibly gave limited weight to Dr.  
4 Hudler's opinion because it was unsupported by her own treatment  
5 notes and departed substantially from the record as a whole. See  
6 §§ 404.1527(c)(3)-(4), 416.927(c)(3)-(4); Valentine v. Comm'r,  
7 Soc. Sec. Admin., 574 F.3d 685, 692-93 (9th Cir. 2009)  
8 (contradiction between treating physician's opinion and his  
9 treatment notes constituted specific and legitimate reason for  
10 rejecting treating physician's opinion); Batson, 359 F.3d at 1195  
11 ("[A]n ALJ may discredit treating physicians' opinions that are  
12 . . . unsupported by the record as a whole . . . or by objective  
13 medical findings[.]").

14 The ALJ also noted that Dr. Hudler "apparently relied quite  
15 heavily on the subjective report of symptoms and limitations  
16 provided by [Plaintiff]" and "seemed to uncritically accept as  
17 true most, if not all, of what [she] reported." (AR 23.)  
18 Indeed, Dr. Hudler's treatment notes reveal that she based her  
19 opinion in large part on Plaintiff's subjective complaints and  
20 self-reported history. (See, e.g., AR 467 (noting that Plaintiff  
21 "reports ongoing anxiety despite treatment"), 522 (noting that  
22 Plaintiff gave "vague answers" to questions and listing  
23 Plaintiff's self-reported symptoms), 526 (noting Plaintiff's  
24 reports that certain drugs were ineffective).) The ALJ noted  
25 that "there exist good reasons for questioning the reliability of  
26 [Plaintiff's] subjective complaints" (AR 23) and found her  
27 "alleged severity of symptoms" to be "less than fully credible"  
28 (AR 24). A treating doctor's reliance on a claimant's incredible

1 subjective complaints is a legally sufficient basis to give that  
2 doctor's opinion limited weight. See, e.g., Tonapetyan, 242 F.3d  
3 at 1149 ("Because the present record supports the ALJ in  
4 discounting [claimant's] credibility . . . he was free to  
5 disregard [treating physician's] opinion, which was premised on  
6 her subjective complaints."); Tommasetti, 533 F.3d at 1041 ("An  
7 ALJ may reject a treating physician's opinion if it is based to a  
8 large extent on a claimant's self-reports that have been properly  
9 discounted as incredible." (citation omitted)); Fair, 885 F.2d at  
10 605 (finding that ALJ properly disregarded physician's opinion  
11 when premised on claimant's subjective complaints, which ALJ had  
12 already discounted).

13 A plaintiff's lack of effort, however, may not be used to  
14 discredit a treating doctor's opinion when that doctor expressly  
15 considered the lack of effort in his or her findings. See Oglin  
16 v. Colvin, 608 F. App'x 519, 520 (9th Cir. 2015) (claimant's  
17 "lackluster effort" not a legitimate reason to discount treating  
18 doctor's conclusions when doctor "expressly took into account  
19 [claimant's] lack of cooperation in formulating his  
20 conclusions"). It is not clear whether the ALJ gave Dr. Hudler's  
21 opinion limited weight based in any part on her acceptance of the  
22 results of Plaintiff's August 8, 2013 mental-status exam despite  
23 her lack of effort. (See AR 23-24.) Because the ALJ gave two  
24 other specific and legitimate reasons for giving limited weight  
25 to Dr. Hudler's opinion, however, any error would be harmless.  
26 See Stout v. Comm'r, Soc. Sec. Admin., 454 F.3d 1050, 1055 (9th  
27 Cir. 2006) (nonprejudicial or irrelevant mistakes harmless);  
28 Donathan v. Astrue, 264 F. App'x 556, 559 (9th Cir. 2008) (when

1 ALJ provided proper, independent reasons to reject treating  
2 physician's opinions, any error ALJ may have made as to other  
3 reasons was harmless and inconsequential).<sup>18</sup>

4 Plaintiff argues that "the opinion of a non-examining  
5 physician cannot by itself constitute substantial evidence that  
6 justifies the rejection of the opinion of either an examining  
7 physician or a treating physician." (J. Stip. at 10.) That is  
8 not true. The state-agency consultants' opinions were "supported  
9 by the record as a whole" (AR 23), which included independent  
10 clinical findings by doctors other than Dr. Hudler that the  
11 state-agency doctors reviewed (see, e.g., AR 71-72 (Dr. Gilpeer  
12 citing health-center medical examinations), 91 (Dr. DeSouza  
13 relying on same and additional examination), 94 (Dr. Balson  
14 relying on Dec. 2012 health-center assessment)). That was  
15 sufficient to constitute substantial evidence. See Thomas, 278  
16 F.3d at 957 ("The opinions of non-treating or non-examining  
17 physicians may also serve as substantial evidence when the  
18 opinions are consistent with independent clinical findings or  
19 other evidence in the record.").

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22 <sup>18</sup> The ALJ also noted "[t]he possibility . . . that a doctor  
23 may express an opinion in an effort to assist a patient with whom  
24 he or she sympathizes for one reason or another" and "that  
25 patients can be quite insistent and demanding in seeking  
26 supportive notes or reports from their physicians, who might  
27 provide such a note in order to satisfy their patient's requests  
28 and avoid unnecessary doctor/patient tension." (AR 23-24.)  
Because the ALJ provided other legally sufficient reasons for  
rejecting Dr. Hudler's opinion, the Court need not decide whether  
this was error. See Stout, 454 F.3d at 1055; Donathan, 264 F.  
App'x at 559.

1 **VI. CONCLUSION**

2 Consistent with the foregoing and under sentence four of 42  
3 U.S.C. § 405(g),<sup>19</sup> IT IS ORDERED that judgment be entered  
4 AFFIRMING the decision of the Commissioner, DENYING Plaintiff's  
5 request for remand, and DISMISSING this action with prejudice.

6  
7 DATED: September 28, 2016

  
8 JEAN ROSENBLUTH  
9 U.S. Magistrate Judge

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<sup>19</sup> That sentence provides: "The [district] court shall have  
27 power to enter, upon the pleadings and transcript of the record,  
28 a judgment affirming, modifying, or reversing the decision of the  
Commissioner of Social Security, with or without remanding the  
cause for a rehearing."