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**UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA**

<b>JOSE Z.,<sup>1</sup></b>	)	<b>NO. EDCV 18-2476-KS</b>
<b>Plaintiff,</b>	)	
<b>v.</b>	)	<b>MEMORANDUM OPINION AND ORDER</b>
<b>ANDREW M. SAUL,<sup>2</sup> Commissioner</b>	)	
<b>of Social Security,</b>	)	
<b>Defendant.</b>	)	
_____	)	

**INTRODUCTION**

Jose Z. (“Plaintiff”) filed a Complaint on November 26, 2018, seeking review of the denial of his applications for Disability Insurance (“DI”) benefits and Supplemental Security Insurance (“SSI”). (Dkt. No. 1.) On January 8, 2019, the parties consented, pursuant to 28 U.S.C. § 636(c), to proceed before the undersigned United States Magistrate Judge. (Dkt. Nos. 11-13.) On December 31, 2019, the parties filed a Joint Stipulation (“Joint Stip.”). (Dkt. No. 27.) Plaintiff seeks an order reversing and remanding the ALJ’s decision for immediate award

<sup>1</sup> Partially redacted in compliance with Federal Rule of Civil Procedure 5.2(c)(B) and the recommendation of the Committee on Court Administration and Case Management of the Judicial Conference of the United States.

<sup>2</sup> The Court notes that Andrew M. Saul is now the Commissioner of the Social Security Administration. Accordingly, pursuant to Rule 25(d) of the Federal Rules of Civil Procedure, the Court orders that the caption be amended to substitute Andrew M. Saul for Nancy A. Berryhill as the defendant in this action.

1 of benefits or, alternatively, for further proceedings. (Joint Stip. at 12-13.) The Commissioner  
2 requests that the ALJ’s decision be affirmed. (*Id.* at 13.) The Court has taken the matter under  
3 submission without oral argument.  
4

### 5 SUMMARY OF PRIOR PROCEEDINGS

6

7 On March 2, 2015, Plaintiff, who was born on June 15, 1969, filed applications for DI  
8 benefits and for SSI. (*See* Administrative Record (“AR”) 185-93; Joint Stip. at 2.) Plaintiff  
9 alleged disability commencing September 30, 2010.<sup>3</sup> (AR 185.) He previously worked as a  
10 construction laborer (DOT<sup>4</sup> 869.687-026) and a material handler (DOT 929.687-030). (AR  
11 60.) After the Commissioner initially denied Plaintiff’s applications and reconsideration (AR  
12 67-84, 87-110), Plaintiff requested a hearing (AR 127-28). Administrative Law Judge Lynn  
13 Ginsberg (the “ALJ”) held a hearing on April 20, 2017. (AR 31.) Plaintiff and a vocational  
14 expert testified. (AR 32-66.) On November 14, 2017, the ALJ issued an unfavorable decision.  
15 (AR 12-26.) On September 26, 2018, the Appeals Council denied Plaintiff’s request for  
16 review. (AR 1-6.)  
17

### 18 SUMMARY OF ADMINISTRATIVE DECISION

19

20 The ALJ found that Plaintiff met the insured status requirements of the Social Security  
21 Act through September 30, 2010. (AR 17.) She found that Plaintiff had not engaged in  
22 substantial gainful activity since the alleged disability onset date. (*Id.*) She determined that  
23 Plaintiff had the following severe impairments: insulin dependent diabetes mellitus; cirrhosis  
24 of the liver; hypertension; asthma; history of alcohol abuse reported in remission; and obesity.  
25

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26 <sup>3</sup> Plaintiff was 41 years old at the alleged disability onset date and 45 on the date he filed his applications for DI and  
27 SSI; thus, on both dates, he met the agency’s definition of a younger person. *See* 20 C.F.R. §§ 404.1563(c), 416.963(c).  
28 He has since become a “person closely approaching advanced age” within the definition set out in the regulations. *See* 20  
C.F.R. §§ 404.1563(d), 416.963(d).

<sup>4</sup> “DOT” refers to the *Dictionary of Occupational Titles*.

1 (*Id.*) After specifically considering listings 3.03, 4.00, 5.00, 5.05, 9.00, and the impairment of  
2 obesity using the criteria for musculoskeletal, respiratory, and cardiovascular impairments  
3 under listings 1.00Q, 3.00I, and 4.00F, the ALJ concluded that Plaintiff did not have an  
4 impairment or combination of impairments that met or medically equaled the severity of an  
5 impairment listed in 20 C.F.R. part 404, subpart P, appendix 1 (20 C.F.R. §§ 416.920(d),  
6 416.925, 416.926). (AR 18.) The ALJ determined that Plaintiff had the residual functional  
7 capacity (“RFC”) to perform light work, with the following limitations:

8  
9 “[He] can lift and/or carry up to 20 pounds occasionally and up to 10 pounds  
10 frequently; he can stand and/or walk for six hours out of an eight-hour workday  
11 with regular breaks; he can sit for six hours out of an eight-hour workday with  
12 regular breaks; he needs a sit/stand option at the work station every 30 minutes,  
13 but would not be off task more than 10% of the workday; he can never climb  
14 ladders, ropes, or scaffolds; he can occasionally climb ramps and stairs, balance,  
15 stoop, kneel, crouch, and crawl; he can have occasional exposure to environmental  
16 irritants, such as fumes, odors, dusts, and gases, and occasional exposure to poorly  
17 ventilated areas; he can have only occasional use of moving, hazardous  
18 machinery; and he can have only occasional exposure to unprotected heights and  
19 work on uneven terrain.”

20  
21 (AR 18-19.)  
22

23 The ALJ found that Plaintiff was unable to perform his past relevant work. (AR 24.)  
24 She then found that considering Plaintiff’s age, education, work experience, and RFC, there  
25 were other jobs that existed in significant numbers in the national economy that Plaintiff could  
26 perform, including the representative occupations of packer (DOT 559.687-074), assembler  
27 (DOT 929.587-010), and inspector (DOT 920.687-194). (AR 25-26.) Accordingly, the ALJ  
28

1 determined that Plaintiff had not been under a disability, as defined in the Social Security Act,  
2 from disability onset date through the date of the ALJ's decision. (AR 26.)  
3

#### 4 STANDARD OF REVIEW

5  
6 This Court reviews the Commissioner's decision to determine whether it is free from  
7 legal error and supported by substantial evidence in the record as a whole. 42 U.S.C. § 405(g);  
8 *Orn v. Astrue*, 495 F.3d 625, 630 (9th Cir. 2007). "Substantial evidence is 'more than a mere  
9 scintilla but less than a preponderance; it is such relevant evidence as a reasonable mind might  
10 accept as adequate to support a conclusion.'" *Gutierrez v. Comm'r of Soc. Sec.*, 740 F.3d 519,  
11 522-23 (9th Cir. 2014) (citation omitted). "Even when the evidence is susceptible to more  
12 than one rational interpretation, [the Court] must uphold the ALJ's findings if they are  
13 supported by inferences reasonably drawn from the record." *Molina v. Astrue*, 674 F.3d 1104,  
14 1110 (9th Cir. 2012).

15  
16 Although this Court cannot substitute its discretion for the Commissioner's, the Court  
17 nonetheless must review the record as a whole, "weighing both the evidence that supports and  
18 the evidence that detracts from the Commissioner's conclusion." *Reddick v. Chater*, 157 F.3d  
19 715, 720 (9th Cir. 1988). "The ALJ is responsible for determining credibility, resolving  
20 conflicts in medical testimony, and for resolving ambiguities." *Andrews v. Shalala*, 53 F.3d  
21 1035, 1039 (9th Cir. 1995). The Court will uphold the Commissioner's decision when the  
22 evidence is susceptible to more than one rational interpretation. *Burch v. Barnhart*, 400 F.3d  
23 676, 679 (9th Cir. 2005). However, the Court may review only the reasons stated by the ALJ  
24 in her decision "and may not affirm the ALJ on a ground upon which he did not rely." *Orn*,  
25 495 F.3d at 630. The Court will not reverse the Commissioner's decision if it is based on  
26 harmless error, which exists if the error is "'inconsequential to the ultimate nondisability  
27 determination,' or if despite the legal error, 'the agency's path may reasonably be discerned.'" *Brown-Hunter v. Colvin*, 806 F.3d 487, 492 (9th Cir. 2015) (citations omitted).  
28

1 **DISCUSSION**

2  
3 There is one issue in dispute: whether substantial evidence supports the ALJ’s RFC  
4 determination. (Joint Stip. at 4.) As discussed below, the ALJ’s RFC assessment is supported  
5 by substantial evidence.  
6

7 **I. Legal Standard**

8  
9 A claimant’s RFC represents the most a claimant can do despite his or her limitations.  
10 20 C.F.R. § 416.945(a)(1); *Reddick*, 157 F.3d at 724; *Smolen v. Chater*, 80 F.3d 1273, 1291  
11 (9th Cir. 1996). The ALJ’s RFC determination “must set out *all* the limitations and restrictions  
12 of the particular claimant.” *Valentine v. Comm’r Soc. Sec. Admin.*, 574 F.3d 685, 690 (9th  
13 Cir. 2009) (emphasis in original). The ALJ is responsible for determining credibility and  
14 resolving conflicts in medical testimony. *Reddick*, 157 F.3d at 722. An ALJ can satisfy the  
15 specific and legitimate reasons standard by “setting out a detailed and thorough summary of  
16 the facts and conflicting clinical evidence, stating his interpretations thereof, and making  
17 findings.” *Orn*, 495 F.3d at 632; *see* 20 C.F.R. § 416.945(a)(3) (stating that Commissioner  
18 will assess RFC “based on all of the relevant medical and other evidence”).

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1 **II. Evidence of Plaintiff's Treatment**<sup>5</sup>

2  
3 **A. Objective Medical Evidence**

4  
5 The record contains no evidence predating Plaintiff's disability onset date and date last  
6 insured, September 30, 2010. The earliest evidence in the record is a November 5, 2010  
7 cardiac stress test, which showed that Plaintiff's exercise stress tolerance was good, implying  
8 a good long term prognosis; and a negative test of myocardial ischemia at the level of exercise  
9 and workload achieved. (AR 334.) The record contains no additional evidence until  
10 December 2011, when Plaintiff presented to the emergency room complaining of abdominal  
11 discomfort and constipation, and seeking medication refills. (AR 328-29.) The examining  
12 doctor noted that Plaintiff was obese and had asthma, for which he was treated with inhalers.<sup>6</sup>  
13 (*Id.*) Plaintiff received a medication refill, but his progress notes from this period were  
14 otherwise unremarkable. (AR 330-33.) In November 2012, Plaintiff again presented to the  
15 emergency room, complaining of recurrent right flank pain (for which he had last been treated  
16 one year earlier). (AR 420-22.) Following examination, Plaintiff was diagnosed with right  
17 flank pain, acute; pyelonephritis, right, acute; hematuria; pyuria; hyperglycemia, diabetes  
18 mellitus, poorly controlled; dehydration; and abdominal pain. (AR 422.) He was discharged  
19 with a prescription for antibiotics and pain medication. (*Id.*)

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22  
23 <sup>5</sup> The record consists of nearly 2000 pages of medical evidence (*see* AR 276-2161), as well as opinion evidence  
24 from state agency consultants contained in Plaintiff's initial disability determination and the decision on reconsideration  
25 (*see* AR 71-98). In the Joint Stipulation, Plaintiff contends that the ALJ fairly and accurately summarized the medical and  
26 non-medical evidence of record, except as specifically noted in the Issues and Contentions section of the Joint Stipulation.  
(Joint Stip. at 4.) Accordingly, only the evidence specifically cited by the ALJ in her decision or by the parties in the Joint  
27 Stipulation is summarized in this Order, as supplemented by any additional discussion the Court deems necessary for a full  
28 and adequate presentation of the relevant evidence in this case.

<sup>6</sup> The record shows that Plaintiff's weight was documented in the medical record from a low of 252 pounds to a  
high of 280 pounds. (*See* AR 322 (June 2013), 473 (March 2014).) At a height of 5'9", Plaintiff body mass index was in  
the range of 37.2 to 41.3, which signifies that Plaintiff was obese within the meaning of the Social Security Clinical  
Guidelines. (*See* AR 22 n.1 (citing Soc. Sec. Reg. 02-1p and discussing definition of "obesity").)

1 A more consistent chronological chain of evidence begins in May 2013, Plaintiff was  
2 treated in the emergency room for hyperglycemia after reported mild nausea and headache.  
3 (AR 415-16) He was treated with medications for nausea and headache, his blood sugar  
4 decreased to a manageable level, and he was discharged. (*Id.*) In June 2013, Plaintiff  
5 presented with right flank pain and was assessed with right perinephric hematoma, rule out  
6 underlying mass versus vascular malformation; anemia, thrombocytopenia with perinephric  
7 hematoma; diabetes; hypertension; and asthma. (AR 390-91.) He was treated with antibiotics  
8 for the perinephric hematoma and discharged in stable condition. (AR 379.) Also in June  
9 2013, chest x-ray results showed no active chest disease. (AR 412.)  
10

11 In July 2013, Plaintiff again presented with complaints of persistent right flank pain.  
12 (AR 313, 315.) A physical examination revealed bilateral lower extremity edema, but no  
13 ulceration, cyanosis, or calf tenderness; and there was no indication of neurological limitations  
14 in Plaintiff's upper and lower extremities. (AR 314-15.) Plaintiff's hypertension was noted  
15 as controlled with medications and a low salt diet. (AR 316.) His medications were continued,  
16 he was instructed to exercise as tolerated and lose weight, and he was referred for cardiac  
17 evaluation. (AR 316-17.) Although findings from the echocardiogram were unremarkable  
18 (AR 311-12), an ultrasound of Plaintiff's abdomen showed hematoma and fluid collection;  
19 consequently, Plaintiff was hospitalized and his abdomen was drained (AR 301).  
20

21 Despite a history of alcohol abuse and cirrhosis, in September 2013, Plaintiff  
22 acknowledged that he still drank a 12-pack case of beer per week. (AR 297.) In October 2013,  
23 he reported being compliant with his diabetes medications, denied hypoglycemic episodes,  
24 and he was noted as having cirrhosis, hypertension, a right renal mass, and diabetes mellitus.  
25 (AR 288-89.) Between March 2014 and January 2015, Plaintiff presented with complaints of  
26 blurred vision, excessive thirst, frequent infections, frequent urination, heartburn, constant  
27 hunger, and increased fatigue. (AR 473, 479, 482.) Although in March 2014, he complained  
28 of burning in his extremities, he denied sweating, headaches, fatigue, nausea, shortness of

1 breath, or irregular heartbeat associated with hypertension. (AR 473.) By January 2015,  
2 Plaintiff reported that he no longer experienced burning in his extremities. (AR 482.) During  
3 this period, Plaintiff was noted as having liver cirrhosis, diabetes, an enlarged spleen,  
4 hyperlipidemia, asthma, lumbago, and benign essential hypertension. (AR 473, 479, 482) He  
5 showed normal respiratory inspection and lung clear to auscultation and percussion. (AR 479.)  
6 Plaintiff was noted as being medication compliant and his prior medications were continued.  
7 (AR 476, 480, 484.) Due to neuropathy, in March 2014, Plaintiff was also prescribed a nerve  
8 pain medication and referred to a podiatric specialist for a foot examination. (AR 476.) In  
9 January 2015, he reported that the medication effectively controlled his neuropathy pain. (AR  
10 482.) He was also referred for an eye examination, but there is no evidence that he followed  
11 up on this referral. (AR 484.)

12  
13 Laboratory results from July 2014 showed that Plaintiff continued to have elevated  
14 blood sugar levels. (AR 486-91.) An ultrasound of Plaintiff's abdomen from the same time  
15 showed an enlarged echogenic liver, most compatible with fatty infiltration. (AR 492.)  
16 Laboratory findings from May 2015 continued to show that Plaintiff's diabetes was poorly  
17 controlled, and Plaintiff's doctor prescribed him insulin. (AR 507.)

18  
19 In September 2015, Plaintiff was noted to be on the same medications for diabetes and  
20 neuropathy. (AR 1332-36.) He denied fatigue, headaches, or chest pain associated with  
21 hypertension. (AR 1332.) An examination of Plaintiff's abdomen produced unremarkable  
22 results. (AR 1334.) In February 2016, an ultrasound of Plaintiff's liver showed unchanged  
23 findings from the July 2014 study (fatty change of the liver), and an ultrasound of Plaintiff's  
24 bilateral legs showed no evidence of bilateral lower extremity DVT. (AR 515-16.) February  
25 2016 echocardiography results also returned with normal findings, indicating no heart issues.  
26 (AR 2120.) Due to an indication of right pleural effusion, Plaintiff was treated with  
27 thoracentesis (*i.e.*, drainage). (AR 521.) In April 2016, findings from a physical examination  
28 showed no evidence of respiratory distress or other issues. (AR 1344.) In May 2016, Plaintiff



1 was noted as being compliant with his diet and medications, and he was continued on the same  
2 course of medications. (AR 1348-51.) He was again treated with thoracentesis due to evidence  
3 of a large right pleural effusion. (AR 1085, 1321.) Diagnostic studies following this procedure  
4 showed decreased right pleural effusion. (AR 1094.) Plaintiff was referred to a  
5 gastrointestinal specialist due to continued evidence of lower extremity swelling caused by  
6 alcoholic cirrhosis of the liver, who treated Plaintiff with diuretic medications. (AR 1350-51.)  
7

8 In July 2016, Plaintiff was admitted to the hospital due to another episode of right  
9 pleural effusion. (AR 675, 777-79.) He was noted as having right hydrothorax secondary to  
10 advanced liver cirrhosis. (AR 711.) Plaintiff underwent another thoracentesis, but laboratory  
11 findings showed no evidence of inflammatory or malignant cells. (AR 784.) During this time,  
12 Plaintiff was also continued on the same medications for his diabetes-related symptoms and  
13 hypertension. (AR 2001.) Upon discharge, Plaintiff ambulated independently and had  
14 retained strength in the upper and lower extremities. (AR 591.) A subsequent study showed  
15 decreased right pleural effusion and no evidence of pneumothorax. (AR 2118.) Plaintiff was  
16 again referred to a gastrointestinal specialist due to cirrhosis. (AR 2056.) Notes from this  
17 period also show that Plaintiff's asthma was being treated with inhalers. (AR 2135.)  
18

19 Days after his discharge, Plaintiff was evaluated by a pulmonologist after returning to  
20 the emergency room with complaints of edema and shortness of breath. (AR 2018.) The  
21 pulmonologist opined that Plaintiff's cirrhosis was the likely cause of his pleural effusion.  
22 (AR 2040.) Plaintiff was continued on the same course of medication. (AR 2041.) Findings  
23 from a September 2016 chest x-ray revealed no evidence of residual pleural effusion. (AR  
24 1968.) In November 2016, Plaintiff was briefly hospitalized and underwent another  
25 thoracentesis due to diagnostic evidence of right pleural effusion. (AR 1802, 1804.) Findings  
26 from a chest x-ray performed after this procedure showed improvement in the condition. (AR  
27 1805; *see also* AR 1738.) An ultrasound of Plaintiff's femoral/popliteal deep venous system  
28 revealed unremarkable results. (AR 1803.) In December 2016, during an appointment for

1 treatment for acute LLE cellulitis, Plaintiff was noted as having no focal neurological deficits.  
2 (AR 1434.) An x-ray of Plaintiff's lower extremities taken at this time continued to show no  
3 significant findings relating to cirrhosis. (AR 1484.)  
4

5 Finally, there is no evidence that Plaintiff experienced any organ damage, history of  
6 stroke, cardiovascular disease, or functional limitations related to his elevated blood pressure;  
7 or residual deficits following his November 2016 hospitalization for cirrhosis-related issues.  
8

### 9 **B. Opinion Evidence**

10  
11 The record shows that in May 2015, Plaintiff was examined in connection with his  
12 disability claim by Vicente R. Bernabe, D.O., a board certified doctor of orthopedics. (AR  
13 494-98.) Plaintiff presented to Dr. Bernabe complaining of lower back pain, which had  
14 persisted for approximately seven years, and for which his only treatment was pain medication.  
15 (AR 494.) Dr. Bernabe did not review Plaintiff's medical record. (AR 494.) A physical  
16 examination revealed normal findings in Plaintiff's cervical spine, shoulders, elbows, wrists,  
17 hands, lumbosacral spine (while noting tenderness to palpation at the thoracolumbar junction),  
18 straight leg test, hips, knees, ankles, and feet. (AR 496-97.) Plaintiff's neurological  
19 examination revealed normal motor strength, cranial nerves, sensory perception, reflexes, and  
20 pulses. (AR 497.) Dr. Bernabe noted that Plaintiff could walk without assistance or difficulty.  
21 (*Id.*) He diagnosed Plaintiff with lumbago (and noted that Plaintiff had previously been  
22 diagnosed with diabetes and hypertension). (AR 495, 497.) Dr. Bernabe concluded that  
23 Plaintiff had no functional restrictions in any areas. (AR 497-98.)  
24

25 Also in May 2015, Plaintiff was evaluated by R. Jacobs, M.D., a state agency medical  
26 consultant, who made findings in connection with Plaintiff's initial disability determination.  
27 (*See* AR 71-75.) Dr. Jacobs reviewed some of Plaintiff's medical records between 2014 and  
28 2015, including Dr. Bernabe's evaluation, and physically examined Plaintiff before his

1 evaluation. (AR 72-73.) He found that Plaintiff had the medically determinable impairments  
2 of a spine disorder, chronic liver disease and cirrhosis, and essential hypertension, but found  
3 that none of these impairments were severe. (AR 73-74.) He found that while Plaintiff's  
4 impairments could reasonably be expected to produce Plaintiff's symptoms, Plaintiff was only  
5 partially credible and his allegations were not substantiated by the objective medical evidence.  
6 (AR 74.) Dr. Jacobs did not assess Plaintiff's RFC. (*Id.*) He concluded that Plaintiff was not  
7 disabled, and stated that the evidence in Plaintiff's medical file was not sufficient to fully  
8 evaluate his claim, but, nonetheless, the available evidence established that Plaintiff's  
9 condition was not disabling on any date through Plaintiff's date last insured. (AR 75.)  
10

11 In July 2015, Plaintiff's disability application was reviewed by Stuart L. Laiken, M.D.,  
12 a state agency medical consultant, in connection with Plaintiff's decision on reconsideration.  
13 (AR 92-98.) Dr. Laiken also reviewed some of the objective evidence between 2014 and 2015,  
14 including Dr. Bernabe's evaluation, and made similar findings as Dr. Jacobs concerning  
15 Plaintiff's medically determinable impairments and credibility; however, he found that  
16 Plaintiff's chronic liver disease and cirrhosis was a severe condition. (AR 92-94.) Dr. Laiken  
17 assessed Plaintiff's RFC: he could occasionally lift and/or carry 20 pounds; he could  
18 frequently lift and/or carry 10 pounds; he could stand/or walk a total of 6 hours in an 8-hour  
19 workday; he could sit for a total of 6 hours in an 8-hour workday; he had no restrictions in his  
20 ability to push and pull; he had postural limitations; he could occasionally climb ramps/stairs,  
21 balance, stoop, kneel, crouch, and crawl; and he could never climb ladders, ropes, or scaffolds.  
22 (AR 94-95.) Plaintiff had no manipulative, visual, or communicative limitations, but he had  
23 environmental limitations in that he should avoid concentrated exposure to hazards  
24 (machinery, heights, etc.). (AR 95-96.) Dr. Laiken found that Plaintiff could not perform his  
25 past relevant work, but found that Plaintiff had the ability to do light work and could perform  
26 some jobs existing in significant number in the national economy. (AR 97 (citing DOT  
27 209.587-010 (addresser), 521.687-086 (nut sorter), 685.687-014 (cuff folder)).) In sum, Dr.  
28 Laiken found that Plaintiff was not disabled. (AR 97-98.)

1 In May 2017, after Plaintiff's April 20, 2017 hearing, the ALJ propounded  
2 interrogatories on impartial medical expert Mona Khater, M.D., a family practice practitioner.  
3 (AR 2140-50.) In June 2017, Dr. Khater reviewed Plaintiff's entire medical record and  
4 completed the interrogatories, making the following findings. (AR 2152-61.) Plaintiff could  
5 lift and carry up to 10 pounds continuously, up to 30 pounds frequently, up to 50 pounds  
6 occasionally, and never up to 100 pounds. (AR 2152.) Without interruption in an eight-hour  
7 workday, Plaintiff could sit for eight hours, stand for one hour, and walk for two hours. (AR  
8 2153.) He could reach, handle, finger, feel, push, pull, operate foot controls, climb stairs,  
9 ramps, ladders, or scaffolds, balance, stoop, kneel, crouch, and crawl frequently. (AR 2154-  
10 55.) As to Plaintiff's environmental limitations, he could never be exposed to unprotected  
11 heights, could frequently move mechanical parts and operate a motion vehicle, and could  
12 occasionally tolerate humidity, wetness, dust, odors, fumes, pulmonary irritants, extreme cold,  
13 extreme heat, and vibrations. (AR 2156.) Dr. Khater opined that Plaintiff had no restrictions  
14 in his activities of daily living. (AR 2157.) She found that Plaintiff's impairments did not  
15 establish any impairment described in the listings, stating that the record showed that  
16 Plaintiff's orthopedic symptoms were normal, but noted that Plaintiff had an endocrine  
17 disorder (uncontrolled diabetes mellitus). (AR 2158.) She concluded that Plaintiff had no  
18 functional limitations. (AR 2159.)

19  
20 **III. The ALJ's Decision**

21  
22 The ALJ found that Plaintiff had the RFC to perform light work, with the following  
23 limitations: "[he] can lift and/or carry up to 20 pounds occasionally and up to 10 pounds  
24 frequently; he can stand and/or walk for six hours out of an eight-hour workday with regular  
25 breaks; he can sit for six hours out of an eight-hour workday with regular breaks; he needs a  
26 sit/stand option at the work station every 30 minutes, but would not be off task more than 10%  
27 of the workday; he can never climb ladders, ropes, or scaffolds; he can occasionally climb  
28 ramps and stairs, balance, stoop, kneel, crouch, and crawl; he can have occasional exposure to

1 environmental irritants, such as fumes, odors, dusts, and gases, and occasional exposure to  
2 poorly ventilated areas; he can have only occasional use of moving, hazardous machinery; and  
3 he can have only occasional exposure to unprotected heights and work on uneven terrain.”  
4 (AR 18-19.) The ALJ made the following findings in support of her assessment.

5  
6 First, the ALJ found that Plaintiff’s medically determinable impairments could  
7 reasonably be expected to cause some of the alleged symptoms, but that Plaintiff’s statements  
8 concerning the intensity, persistence, and limiting effects of these symptoms were not entirely  
9 consistent with the medical evidence. (AR 19-20.) The ALJ noted that there were two periods  
10 at issue in this case: the first ran between September 10, 2010<sup>7</sup> and Plaintiff’s date last insured,  
11 September 30, 2010; the second ran between the date Plaintiff filed an application for SSI  
12 through the date of the ALJ’s decision. (AR 20.) The ALJ noted that she considered Plaintiff’s  
13 complete medical history, including evidence from outside the two periods. (*Id.*) She  
14 concluded that the record evidence post-dating the alleged onset date did not support more  
15 restrictive functional limitations than she assessed, and there was no evidence to support any  
16 disabling functional limitation prior to Plaintiff’s alleged onset date/date last insured. (*Id.*)

17  
18 The ALJ discussed Plaintiff’s medical history, summarized and discussed at length  
19 above. This included his history of treatment for diabetes between 2013 and 2016, discussed  
20 above. (AR 20-21.) She then discussed Plaintiff’s history of hypertension, but noted that there  
21 was no evidence of any end organ damage, history of stroke, cardiovascular disease, or  
22 functional limitations related to Plaintiff’s elevated blood pressures. (AR 21.) She discussed  
23 Plaintiff’s liver cirrhosis and history of alcohol abuse, but determined there was no evidence  
24 indicating residual deficits from this condition. (AR 21-22.) She acknowledged that Plaintiff  
25 had been treated for asthma since childhood, but noted that it was being managed medically

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26  
27 <sup>7</sup> It is unclear how the ALJ derived the September 10, 2010 onset date because the record consistently notes that  
28 Plaintiff’s alleged onset date and his date last insured are the same date: September 30, 2010. Nevertheless, this issue  
need not be resolved because Plaintiff only disputes the ALJ’s RFC assessment during the latter period..

1 and should be amenable to proper control to adherence to recommended medical management  
2 and medication compliance; and there was no evidence that Plaintiff required frequent  
3 inpatient hospitalization due to asthma. (AR 22.) Even so, the ALJ noted that she had  
4 considered Plaintiff's asthma, and environmental restrictions factored into her RFC  
5 assessment. (*Id.*) As to Plaintiff's obesity, the ALJ noted that it was severe and its impact had  
6 been considered in her RFC determination. (*Id.*)  
7

8 The ALJ found that the evidence showed that a conservative course of treatment, when  
9 followed, effectively controlled Plaintiff's diabetes, hypertension, and asthma. (AR 23.) She  
10 acknowledged that Plaintiff had been hospitalized for complications related to cirrhosis, but  
11 the record did not support Plaintiff's allegation that he required periodic drainage of his lungs.  
12 (*Id.*) Although Plaintiff underwent thoracentesis three times in 2016, the condition stabilized  
13 within one year and thus, was not severe within the meaning of the regulations. (*Id.*) The ALJ  
14 concluded that evidence about the duration and frequency of Plaintiff's symptoms did not  
15 support the severity of symptoms that he alleged. (*Id.*) She thereafter concluded that while  
16 Plaintiff suggested that his ability to move was limited, there was no evidence of atrophy. (*Id.*)  
17 Thus, the ALJ found that while Plaintiff experienced some pain, it did not alter his use of his  
18 muscles so severely as to result in atrophy. (*Id.*) The ALJ found that Plaintiff's daily activities,  
19 including caring for his personal hygiene, grocery shopping, and using public transportation,  
20 were also inconsistent with his allegations of disabling functional limitations. (*Id.*)  
21

22 Turning to the opinion evidence, the ALJ determined that there was no evidence that  
23 any treating doctor had placed restrictions on Plaintiff. (*Id.*) The ALJ gave great weight to  
24 the opinions of the state agency medical consultants, finding that their opinions were not  
25 contradicted by evidence in the record and the RFCs they assessed were reasonable and  
26 consistent with the objective medical evidence. (AR 23-24.) The ALJ also acknowledged the  
27 limitations they assessed and took those limitations into consideration, incorporating them  
28 within her own RFC assessment. (AR 24.) The ALJ gave great weight to the opinion of Dr.

1 Bernabe to the extent he opined on Plaintiff's orthopedic limitations because Dr. Bernabe's  
2 opinion was supported by the generally mild orthopedic examination findings and lack of  
3 medical evidence in the record. (*Id.*) However, because Dr. Bernabe did not consider  
4 Plaintiff's other impairments in his opinion, the ALJ gave his opinion less weight because the  
5 record showed that the other impairments would cause additional physical limitations. (*Id.*)  
6 The ALJ declined to give great weight to the opinion of Dr. Khater because her opinion was  
7 internally inconsistent, explaining that the opinions of the stage agency medical consultants  
8 were more consistent with the record. (*Id.*)  
9

10 The ALJ concluded that her RFC assessment was supported by the evidence as a whole,  
11 Plaintiff's subjective complaints were inconsistent with the objective medical evidence, and  
12 the objective evidence did not support the severe symptoms that Plaintiff alleged. (*Id.*)  
13

#### 14 **IV. Analysis**

15

16 Plaintiff argues that the opinion evidence in the record does not constitute "substantial  
17 evidence" on which the ALJ was permitted to rely in making her RFC assessment; and the  
18 ALJ was not qualified to interpret the objective medical evidence in functional terms (and so,  
19 it too does not constitute "substantial evidence" on which the ALJ was permitted to rely).  
20 (Joint Stip. at 5-9.) He also argues that the ALJ failed to develop the record to adduce evidence  
21 that could support her functional assessment. (*Id.* at 9.)  
22

23 As an initial matter, the ALJ gave several specific and legitimate reasons, supported by  
24 substantial evidence, to support her RFC assessment, with which Plaintiff does not take issue.  
25 Notably, the ALJ correctly observed that Plaintiff's course of treatment for his diabetes,  
26 hypertension, and asthma, consisting predominantly of insulin, prescribed medications, and  
27 inhalers, indicated a conservative course of treatment that is not generally not associated with  
28 a disabling impairment. *See Parra v. Astrue*, 481 F.3d 742, 750-51 (9th Cir. 2007) (permitting

1 an ALJ to rely on a conservative course of treatment to discredit claimant's allegations of  
2 disabling symptoms). The ALJ also observed that, although Plaintiff received serious  
3 treatment for his cirrhosis and related issues, including hospitalization and thoracentesis, the  
4 issue was successfully resolved within one year and there was no evidence of any residual  
5 complications; thus, Plaintiff failed to meet the duration requirement for disability. *See* 42  
6 U.S.C. § 423(d)(1)(A); 20 C.F.R. § 404.1509 (requiring an impairment to have lasted or be  
7 expected to last for a continuous period of not less than 12 months for the claimant to be found  
8 disabled). Finally, the ALJ properly considered Plaintiff's activities of daily living in his  
9 analysis and assessed an RFC that was consistent with the activities that Plaintiff testified he  
10 could perform. *See Burch*, 400 F.3d at 681.

11  
12 Plaintiff attempts to undermine the foundation on which the RFC assessment is based  
13 by arguing that discrete elements of that foundation do not, on their own, constitute substantial  
14 evidence to support the assessment. (*See, e.g.*, Joint Stip. at 6-7 (arguing that state agency  
15 consultants' opinions do not rise to level of substantial evidence); *id.* at 7 (arguing that Dr.  
16 Bernabe's opinion does not rise to level of substantial evidence); *id.* at 8-9 (arguing that raw  
17 medical data itself does not constitute substantial evidence on which ALJ was permitted to  
18 rely).) Essentially, Plaintiff tries to convince the Court that because no *individual* medical  
19 opinion or report constitutes substantial evidence to support the RFC determination, the entire  
20 basis of the ALJ's decision crumbles. The Court is not persuaded by this approach.

21  
22 Plaintiff's RFC is an assessment based on the record as a whole. The record consists  
23 of each discrete element woven together to illustrate a unified picture of Plaintiff's condition,  
24 which in turn informs the Commissioner (and the Court) what Plaintiff can and cannot do, and  
25 whether he may be entitled to benefits. While certain opinions or reports in the record may  
26 not support all aspects of RFC, the RFC is an aggregate determination of all of the opinions  
27 and reports, many of which may discuss seemingly unrelated and distinct alleged impairments.  
28 The Court's role in a disability case is "review the administrative record *as a whole*, weighing



1 both the evidence that supports and that which detracts from the ALJ's conclusion." *Andrews*,  
2 53 F.3d at 1039 (emphasis added). Here, the ALJ based her RFC assessment on the opinions  
3 of several doctors, thousands of pages of objective medical records, spanning several years,  
4 and an evaluation of Plaintiff's own subjective statements (with which Plaintiff does not take  
5 issue). (*See* AR 18-24.)  
6

7 Plaintiff first contends that the opinions of the state agency consultants, Drs. Jacobs and  
8 Laiken, do not rise to the level of substantial evidence to support the ALJ's RFC assessment  
9 because neither doctor could review the significant evidence in the record that came into  
10 existence after they gave their opinions in mid-2015. (*Id.* at 6-7.) Plaintiff is incorrect.  
11 "Reports of consultative physicians called in by the Secretary may serve as substantial  
12 evidence." *Andrews*, 53 F.3d at 1040. Indeed, "[t]he analysis and opinion of an expert selected  
13 by the ALJ may be helpful to the ALJ's adjudication." *Magallanes v. Bowen*, 881 F.2d 747,  
14 753 (9th Cir. 1989). Consultative examiners, who evaluate a claimant's condition during the  
15 initial phases of the benefits application process, will never have all of the evidence available  
16 to the ALJ, whose decision is rendered often years later, at which point the claimant will have  
17 amassed additional evidence of his alleged disability. That does not diminish the value of their  
18 opinions, especially where, as here, the examiners reviewed the available evidence predating  
19 their opinions, and the ALJ considered other doctors' opinions and the trove of objective  
20 record evidence of Plaintiff's conditions. *Cf. Bray v. Comm'r of Soc. Sec. Admin.*, 554 F.3d  
21 1219, 1221-22, 1227-28 (9th Cir. 2009) (finding that the ALJ properly relied "in large part"  
22 on the opinion of state agency physician in formulating RFC). Accordingly, the ALJ properly  
23 credited the opinions of the state agency consultants and incorporated Dr. Laiken's opined  
24 limitations in his RFC assessment.  
25

26 Plaintiff contends that Dr. Bernabe's opinion does not rise to the level of substantial  
27 evidence because he did not evaluate all of Plaintiff's impairments. (Joint Stip. at 7.)  
28 However, the ALJ only gave great weight to Dr. Bernabe opinion to the extent he opined about

1 Plaintiff's orthopedic limitations. (AR 24.) The ALJ acknowledged that Dr. Bernabe did not  
2 consider Plaintiff's other impairments and gave the opinion less weight because the other  
3 evidence in the record showed that the impairments from which Plaintiff suffered that Dr.  
4 Bernabe did not consider *would* cause physical limitations. (*Id.*) Thus, while Dr. Bernabe's  
5 opinion alone cannot substantiate the ALJ's entire functional assessment, it contributed to that  
6 assessment. The ALJ properly qualified Dr. Bernabe's opinion, only credited it to the extent  
7 it was consistent with the objective evidence in the record, and explicitly recognized that  
8 Plaintiff had additional impairments that did cause physical limitations.

9  
10 Plaintiff next contends that the ALJ failed to give specific and legitimate reasons for  
11 discounting the opinion of Dr. Khater; she improperly interpreted Dr. Khater's opinion; and  
12 to the extent she believed that Dr. Khater's responses to interrogatories were ambiguous, she  
13 failed to request Dr. Khater's clarification. (Joint Stip. at 7-8.) Plaintiff's arguments  
14 concerning Dr. Khater are also unavailing. First, internal inconsistencies in a doctor's opinion  
15 are a valid, specific, and legitimate reason to accord less weight to that opinion. *See Rollins*  
16 *v. Massanari*, 261 F.3d 853, 856 (9th Cir 2001). Second, the ALJ properly interpreted Dr.  
17 Khater's opinion and found that it was internally inconsistent. In her answers to the ALJ's  
18 interrogatories, Dr. Khater opined that could lift and carry up to 10 pounds continuously, up  
19 to 30 pounds frequently, up to 50 pounds occasionally, and never up to 100 pounds. (AR  
20 2152.) Without interruption in an eight-hour workday, Plaintiff could stand for one hour and  
21 walk for two hours. (AR 2153.) Additionally, Plaintiff could never be exposed to unprotected  
22 heights. (AR 2156.) However, Dr. Khater also concluded that Plaintiff had no functional  
23 limitations. (AR 2159.) Dr. Khater's conclusion is clearly at odds with her finding that  
24 Plaintiff had some restrictions in his abilities to lift, carry, stand, walk, and be exposed to  
25 unprotected heights, however mild. Thus, the ALJ properly interpreted Dr. Khater's opinion  
26 as internally inconsistent. Finally, nothing in the ALJ's decision implies that she believed that  
27 Dr. Khater's opinion was ambiguous, such that her duty to further develop the record would  
28 be triggered. *See Mayes v. Massanari*, 276 F.3d 453, 459-60 (9th Cir. 2001). In fact, the

1 ALJ's decision notes that Dr. Khater clearly answered the interrogatories, but that her answers  
2 were internally inconsistent. (AR 24.) This unambiguous internal inconsistency was a specific  
3 and legitimate reason to discount Dr. Khater's opinion.  
4

5 Finally, Plaintiff contends that the ALJ improperly interpreted the objective medical  
6 evidence in functional terms and should have further developed the record. (Joint Stip. at 8-  
7 9.) "The RFC assessment must be based on all of the relevant evidence in the record, including  
8 the effects of symptoms that are reasonably attributed to a medically determinable  
9 impairment." *Bowser v. Comm'r of Soc. Sec.*, 121 F. App'x 231, 244 (9th Cir. 2005) (citing  
10 Soc. Sec. Reg. 96-8p, 1996 WL 374184 (July 2, 1996)). An RFC assessment must contain  
11 *inter alia*, "a thorough discussion and analysis of the objective medical and other evidence."  
12 *Id.* Here, the ALJ did not, as Plaintiff contends, interpret the objective evidence in functional  
13 terms. Rather, she discussed and analyzed the objective evidence as required by the  
14 regulations, as well as evidence of opinions in the record, Plaintiff's activities of daily living,  
15 and his own subjective statements. Only then did the ALJ lay out Plaintiff's functional  
16 restrictions based on her discussion of the pertinent information in the record. The ALJ also  
17 did not signify that any of the evidence discussed in her opinion was ambiguous, which would  
18 trigger her duty to further develop the record. *See Mayes*, 276 F.3d at 459-60. She was able  
19 to decide Plaintiff's case, including making her RFC finding, based on the evidence already  
20 available to her. The fact that the ALJ ultimately denied Plaintiff's claim does not mean that  
21 the evidence before her was ambiguous.  
22

23 While not every opinion or report supports every limitation (because not every doctor  
24 opined about every condition from which Plaintiff suffered), every limitation the ALJ assessed  
25 in this case finds support in the record evidence. Plaintiff's attempts to undermine parts of  
26 that aggregate assessment are availing. As outlined above, the ALJ's RFC assessment is  
27 supported by substantial evidence. Accordingly, the ALJ's RFC assessment is free of legal  
28 error and must be affirmed.

1 **CONCLUSION**

2  
3 For the reasons stated above, the Court finds that the Commissioner’s decision is  
4 supported by substantial evidence and free from material legal error. Neither reversal of the  
5 ALJ’s decision nor remand is warranted.  
6

7 Accordingly, it is ORDERED that Judgment shall be entered affirming the decision of  
8 the Commissioner of the Social Security Administration.  
9

10 IT IS FURTHER ORDERED that the Clerk of the Court shall serve copies of this  
11 Memorandum Opinion and Order and the Judgment on counsel for Plaintiff and for Defendant.  
12

13 LET JUDGMENT BE ENTERED ACCORDINGLY.  
14

15 DATE: January 28, 2020  
16

17  
18   
19 KAREN L. STEVENSON  
20 UNITED STATES MAGISTRATE JUDGE  
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