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UNITED STATES DISTRICT COURT  
CENTRAL DISTRICT OF CALIFORNIA  
SOUTHERN DIVISION

<p>GENE R. M.,<sup>1</sup></p> <p style="padding-left: 100px;">Plaintiff,</p> <p style="padding-left: 100px;">v.</p> <p>ANDREW SAUL, Commissioner of Social Security,</p> <p style="padding-left: 100px;">Defendant.</p>	<p>)</p> <p>)</p> <p>)</p> <p>)</p> <p>)</p> <p>)</p> <p>)</p> <p>)</p>	<p>Case No. 8:20-cv-00144-JDE</p> <p>MEMORANDUM OPINION AND ORDER</p>
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Plaintiff Gene R. M. (“Plaintiff”) filed a Complaint on January 23, 2020, seeking review of the Commissioner’s denial of his applications for disability insurance benefits (“DIB”) and supplemental security income (“SSI”). The parties filed a Joint Submission (“Jt. Stip.”) regarding the issues in dispute on October 30, 2020. The matter now is ready for decision.

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<sup>1</sup> Plaintiff’s name has been partially redacted in accordance with Fed. R. Civ. P. 5.2(c)(2)(B) and the recommendation of the Committee on Court Administration and Case Management of the Judicial Conference of the United States.

1 I.

2 BACKGROUND

3 Plaintiff protectively filed for DIB and SSI on May 24, 2016, alleging  
4 disability commencing September 1, 2015. AR 18, 34, 171-81. On November 7,  
5 2018, after his applications were denied initially (AR 74-75) and on  
6 reconsideration (AR 104-05), Plaintiff, represented by counsel, appeared and  
7 testified before an Administrative Law Judge (“ALJ”), as did a vocational  
8 expert (“VE”). AR 18, 34-55. On December 4, 2018, the ALJ issued a decision  
9 concluding that Plaintiff was not disabled. AR 18-27. The ALJ found that  
10 Plaintiff had acquired sufficient quarters of coverage to meet the insured status  
11 requirements of the Social Security Act (“SSA”) through December 31, 2017.  
12 AR 18, 29. The ALJ found that Plaintiff had not engaged in substantial gainful  
13 activity since the alleged onset date. AR 20. The ALJ found Plaintiff had the  
14 severe impairment of schizoaffective disorder. AR 20-21. The ALJ also found  
15 Plaintiff did not have an impairment or combination of impairments that met  
16 or medically equaled a listed impairment (AR 21), and he had the residual  
17 functional capacity (“RFC”) to perform (AR 23):

18 [A] full range of work at all exertional levels<sup>2</sup> but with the following  
19 nonexertional limitations: limited to performing simple and routine  
20 tasks; occasional changes in work setting; occasional and superficial  
21 interaction with coworkers; and no interaction with the general  
22 public as part of the job duties.

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23  
24 <sup>2</sup> A finding that a claimant can perform work at all exertional levels  
25 “necessarily includes work at the heavy, medium, light and sedentary levels[.]” Shafer  
26 v. Colvin, 2014 WL 3890321, at \*4 (E.D. Cal. Aug. 4, 2014) (citation omitted);  
27 Salgado v. Astrue, 2011 WL 717251, at \*5 (C.D. Cal. Feb. 22, 2011) (“An individual  
28 capable of performing very heavy work is also capable of performing heavy, medium,  
light and sedentary work[.]”).

1 Based on the VE's testimony, the ALJ found Plaintiff was unable to  
2 perform his past relevant work as a meat clerk. AR 25. The ALJ found that  
3 Plaintiff, at 34 years old on the alleged disability onset date, is defined as a  
4 "younger individual." AR 26. The ALJ also found that he has at least a high  
5 school education<sup>3</sup> and is able to communicate in English. AR 26.

6 The ALJ next found that, because Plaintiff's ability to perform work at all  
7 exertional levels had been compromised by his nonexertional limitations, the  
8 ALJ consulted the testimony of the VE. AR 26. Considering Plaintiff's age,  
9 education, work experience, RFC, and the VE's testimony, the ALJ concluded  
10 Plaintiff was capable of performing jobs that exist in significant numbers in the  
11 national economy, including the medium, unskilled jobs of: hand packager  
12 (DOT 920.587-018) and laborer stores (DOT 922.687-058). AR 27. Thus, the  
13 ALJ concluded Plaintiff was not under a "disability," as defined in the SSA,  
14 from the alleged onset date through the date of the decision. AR 27. Plaintiff's  
15 request for review of the ALJ's decision by the Appeals Council was denied,  
16 making the ALJ's decision the agency's final decision. AR 1-6.

## 17 II.

### 18 LEGAL STANDARDS

#### 19 A. Standard of Review

20 Under 42 U.S.C. § 405(g), this court may review the Commissioner's  
21 decision to deny benefits. The ALJ's findings and decision should be upheld if  
22 they are free from legal error and supported by substantial evidence based on  
23 the record as a whole. Brown-Hunter v. Colvin, 806 F.3d 487, 492 (9th Cir.  
24 2015) (as amended); Parra v. Astrue, 481 F.3d 742, 746 (9th Cir. 2007).  
25 Substantial evidence means such relevant evidence as a reasonable person

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26  
27 <sup>3</sup> Plaintiff did not have any challenges in high school, and he attended three  
28 years of college but did not obtain a bachelor's degree. AR 36, 385.

1 might accept as adequate to support a conclusion. Lingenfelter v. Astrue, 504  
2 F.3d 1028, 1035 (9th Cir. 2007). It is more than a scintilla, but less than a  
3 preponderance. Id. To determine whether substantial evidence supports a  
4 finding, the reviewing court “must review the administrative record as a whole,  
5 weighing both the evidence that supports and the evidence that detracts from  
6 the Commissioner’s conclusion.” Reddick v. Chater, 157 F.3d 715, 720 (9th  
7 Cir. 1998). “If the evidence can reasonably support either affirming or  
8 reversing,” the reviewing court “may not substitute its judgment” for that of  
9 the Commissioner. Id. at 720-21; see also Molina v. Astrue, 674 F.3d 1104,  
10 1111 (9th Cir. 2012) (“Even when the evidence is susceptible to more than one  
11 rational interpretation, [the court] must uphold the ALJ’s findings if they are  
12 supported by inferences reasonably drawn from the record.”), superseded by  
13 regulation on other grounds.

14 Lastly, even if an ALJ errs, the decision will be affirmed where such  
15 error is harmless (Molina, 674 F.3d at 1115), that is, if it is “inconsequential to  
16 the ultimate nondisability determination,” or if “the agency’s path may  
17 reasonably be discerned, even if the agency explains its decision with less than  
18 ideal clarity.” Brown-Hunter, 806 F.3d at 492 (citation omitted).

#### 19 **B. The Five-Step Sequential Evaluation**

20 When the claimant’s case has proceeded to consideration by an ALJ, the  
21 ALJ conducts a five-step sequential evaluation to determine at each step if the  
22 claimant is or is not disabled. See Ford v. Saul, 950 F.3d 1141, 1148-49 (9th  
23 2020); Molina, 674 F.3d at 1110.

24 First, the ALJ considers whether the claimant currently works at a job  
25 that meets the criteria for “substantial gainful activity.” Molina, 674 F.3d at  
26 1110. If not, the ALJ proceeds to a second step to determine whether the  
27 claimant has a “severe” medically determinable physical or mental impairment  
28 or combination of impairments that has lasted for more than twelve months.

1 Id. If so, the ALJ proceeds to a third step to determine whether the claimant’s  
2 impairments render the claimant disabled because they “meet or equal” any of  
3 the “listed impairments” set forth in the Social Security regulations at 20  
4 C.F.R. Part 404, Subpart P, Appendix 1. See Rounds v. Comm’r Soc. Sec.  
5 Admin., 807 F.3d 996, 1001 (9th Cir. 2015). If the claimant’s impairments do  
6 not meet or equal a “listed impairment,” before proceeding to the fourth step  
7 the ALJ assesses the claimant’s RFC, that is, what the claimant can do on a  
8 sustained basis despite the limitations from his impairments. See 20 C.F.R.  
9 §§ 404.1520(a)(4), 416.920(a)(4); Social Security Ruling (“SSR”) 96-8p.

10       After determining the claimant’s RFC, the ALJ proceeds to the fourth  
11 step and determines whether the claimant has the RFC to perform his past  
12 relevant work, either as he “actually” performed it when he worked in the past,  
13 or as that same job is “generally” performed in the national economy. See  
14 Stacy v. Colvin, 825 F.3d 563, 569 (9th Cir. 2016). If the claimant cannot  
15 perform his past relevant work, the ALJ proceeds to a fifth and final step to  
16 determine whether there is any other work, in light of the claimant’s RFC, age,  
17 education, and work experience, that the claimant can perform and that exists  
18 in “significant numbers” in either the national or regional economies. See  
19 Tackett v. Apfel, 180 F.3d 1094, 1100-01 (9th Cir. 1999). If the claimant can  
20 do other work, he is not disabled; but if the claimant cannot do other work and  
21 meets the duration requirement, the claimant is disabled. See id. at 1099.

22       The claimant generally bears the burden at steps one through four to  
23 show he is disabled or meets the requirements to proceed to the next step and  
24 bears the ultimate burden to show he is disabled. See, e.g., Ford, 950 F.3d at  
25 1148; Molina, 674 F.3d at 1110. However, at Step Five, the ALJ has a  
26 “limited” burden of production to identify representative jobs that the claimant  
27 can perform and that exist in “significant” numbers in the economy. See Hill v.  
28 Astrue, 698 F.3d 1153, 1161 (9th Cir. 2012); Tackett, 180 F.3d at 1100.

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**III.**  
**DISCUSSION**

The parties present two disputed issues, reordered as (Jt. Stip. at 4):  
Issue No. 1: Did the ALJ properly consider Plaintiff’s testimony<sup>4</sup>; and  
Issue No. 2: Did the ALJ properly evaluate the opinion evidence of an  
examining psychologist.

**A. Subjective Symptom Testimony**

In Issue No. 1, Plaintiff contends that the ALJ improperly assessed his  
subjective-complaint testimony. Jt. Stip. at 4, 13-23. Specifically, Plaintiff  
contends the ALJ improperly selected portions of the record, failed to observe  
his mental health fluctuated, and improperly discounted his testimony based  
on his daily activities. Id.

**1. Applicable Law**

Where a claimant produces objective medical evidence of an impairment  
that could reasonably be expected to produce the pain or other symptoms  
alleged, absent evidence of malingering, the ALJ must provide ““specific, clear  
and convincing reasons for’ rejecting the claimant’s testimony regarding the

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<sup>4</sup> Before the ALJ’s decision, SSR 16-3p went into effect. See SSR 16-3p, 2016  
WL 1119029 (Mar. 16, 2016). SSR 16-3p provides that “we are eliminating the use of  
the term ‘credibility’ from our sub-regulatory policy, as our regulations do not use this  
term.” Id. Moreover, “[i]n doing so, we clarify that subjective symptom evaluation is  
not an examination of an individual’s character” and requires that the ALJ consider  
all of the evidence in an individual’s record when evaluating the intensity and  
persistence of symptoms. Id.; see also Trevizo v. Berryhill, 871 F.3d 664, 678 n.5 (9th  
Cir. 2017) (as amended). Thus, the adjudicator “will not assess an individual’s overall  
character or truthfulness in the manner typically used during an adversarial court  
litigation. The focus of the evaluation of an individual’s symptoms should not be to  
determine whether he or she is a truthful person.” SSR 16-3p, 2016 WL 1119029, at  
\*10. SSR 16-3p’s elimination of the word “credibility” from the Agency’s subjective-  
symptom evaluation “does not, however, alter the standards by which courts will  
evaluate an ALJ’s reasons for discounting a claimant’s testimony.” Elizabeth B. v.  
Comm’r Soc. Sec., 2020 WL 1041498, at \*3 (W.D. Wash. Mar. 4, 2020).

1 severity” of the symptoms. Treichler v. Comm’r Soc. Sec. Admin., 775 F.3d  
2 1090, 1102 (9th Cir. 2014) (citation omitted); Moisa v. Barnhart, 367 F.3d 882,  
3 885 (9th Cir. 2004). The ALJ’s findings “must be sufficiently specific to allow a  
4 reviewing court to conclude that the [ALJ] rejected [the] claimant’s testimony  
5 on permissible grounds and did not arbitrarily discredit the claimant’s  
6 testimony.” Id. at 885 (citation omitted). But if the ALJ’s assessment of the  
7 claimant’s testimony is reasonable and is supported by substantial evidence, it  
8 is not the Court’s role to “second-guess” it. See Rollins v. Massanari, 261 F.3d  
9 853, 857 (9th Cir. 2001). Finally, the ALJ’s finding may be upheld even if not  
10 all the ALJ’s reasons for rejecting the claimant’s testimony are upheld. See  
11 Batson v. Comm’r Soc. Sec. Admin., 359 F.3d 1190, 1197 (9th Cir. 2004).

## 12 **2. Hearing Testimony**

13 Plaintiff’s testimony at the November 2018 hearing is summarized as  
14 follows. He previously worked in the meat department of a grocery store  
15 packing meat and serving customers. AR 37. Before that, he worked at a toy  
16 warehouse organizing inventory as it came off the trucks. AR 37-39. He also  
17 worked periodically at Macy’s, a dental lab, the airport valet parking, Uber,  
18 and his parents’ sandwich shop cashiering. AR 39-40. For a period of time, he  
19 had an online Amazon business selling about \$100,000 worth of product,  
20 netting \$15,000 to \$20,000, a year. AR 48-49. Currently, to support himself, he  
21 receives food stamps and lives with his parents. AR 40.

22 Plaintiff feels he can no longer work because he “suddenly stopped liking  
23 people.” AR 40. He feels “like they’re possessed by demons.” AR 40. Also, it  
24 takes a while for him to trust people. AR 40-41. He feels that he “can’t look for  
25 a job right now” because, when he has tried other jobs, it “doesn’t work out.”  
26 AR 41. He explained that ever since he went to the hospital in October 2015,  
27 he has not been the same. AR 41. He was using methamphetamine at the time,  
28 but he has “[n]ot really” had a drug problem since. AR 42. The doctor who

1 treated him at the hospital suggested he take part in a paid research study, but  
2 he never called Plaintiff back and “kind of left [Plaintiff] hanging.” AR 43-44.

3 After his hospital visit, Plaintiff saw a therapist in Long Beach, but he  
4 has not seen her in over a year. AR 42-43. He did not like therapy because he  
5 would explain things to one doctor, but then they would switch him to another  
6 doctor, and he would have to explain the same things all over again. AR 43.  
7 He took Loxapine and Wellbutrin but has not taken medication for a couple of  
8 years except for diabetes and his for thyroid. AR 44, 47. Since he stopped  
9 taking mental-health medication, his parents have been “helping a lot,” but he  
10 still feels like there are “some dark forces around.” AR 44-45. His parents  
11 provide food and they reassure him that things are going to get better. AR 45.

12 At his parents’ house, he waters the plants, sweeps, and watches  
13 television. AR 45. He goes the market to shop, but if he sees a lot of cars, he  
14 becomes scared and thinks people are following him. AR 45-46. He can go to  
15 the market when he feels better and is able, but other times he cannot. AR 46.  
16 He is able to go to church, but once while driving to church, his car spun out  
17 on the freeway. AR 46. He drives if his parents force him to, but if it is his own  
18 decision, he has to think about it. AR 46.

19 Sometimes he sees or hears things that are not there. AR 47. When this  
20 happens, he just wants to be left alone. AR 47. He will go to his room and try  
21 to get evil thoughts out of his head. AR 48. It can take a half hour to an hour  
22 before he is ready to come back out of his room and talk to his parents. AR 48.

23 He has not worked since he went to hospital. AR 48. He was operating  
24 his Amazon business at the time, but is unable to do it anymore. AR 48-49.

### 25 **3. Analysis**

26 The ALJ considered Plaintiff’s testimony and other subjective allegations  
27 of disability in the record based on back problems, paranoia, mental illness,  
28 fear of closed spaces, and auditory and visual hallucinations and found the

1 medically determinable impairments could reasonably be expected to cause the  
2 alleged symptoms, but his statements “concerning the intensity, persistence[,]  
3 and limiting effects of [the] symptoms” were not entirely consistent with the  
4 medical evidence and other evidence in the record. AR 23-24. The ALJ found  
5 Plaintiff’s subjective complaints inconsistent with: (1) unremarkable physical  
6 findings; (2) unremarkable mental-health findings; (3) psychological  
7 improvement; (4) repeated denials of symptoms to doctors; (5) inconsistent  
8 testimony about his paranoia; and (6) daily activities. AR 24-25.

9 To start, the Court notes the ALJ did not reject Plaintiff’s testimony in  
10 full, but found it “not entirely” consistent with the record, constrained the RFC  
11 to accommodate nonexertional limitations, and consulted a VE to determine  
12 the extent to which those limitations eroded on the occupational base. AR 23,  
13 26. The RFC limited Plaintiff to occasional and superficial interaction with  
14 coworkers, and no interaction with the general public, taking into account  
15 Plaintiff’s subjective complaints that he does not like people and needs time to  
16 trust them. AR 23, 40-41, 45-46. Those determinations necessarily partially  
17 credited Plaintiff’s subjective complaints and the opinion evidence, as discussed  
18 more fully below. To the extent the ALJ did not further credit aspects of  
19 Plaintiff’s testimony, she provided legally sufficient reasons for doing so.

20 First, the ALJ detailed a number of unremarkable physical findings. AR  
21 21, 23-24. “Although lack of medical evidence cannot form the sole basis for  
22 discounting pain testimony,” it is a factor that the ALJ can consider in her  
23 analysis. Burch v. Barnhart, 400 F.3d 676, 681 (9th Cir. 2005); see also Rollins,  
24 261 F.3d at 857. Plaintiff based his application, in part, on physical ailments.  
25 AR 21, 203 (disability report listing physical conditions such as low thyroid,  
26 “no teeth,” back injury, diabetes, and eye problems). Here, however, he does  
27 not challenge the ALJ’s finding discounting his subjective complaints in part  
28 based on these findings. Jt. Stip. 13-23. These unchallenged, unremarkable,

1 “normal” physical findings are supported by the record.<sup>5</sup> AR 21, 23-24, 403,  
2 414-15, 418-19. Accordingly, ALJ properly considered the inconsistency  
3 between them and Plaintiff’s subjective allegation of disability as one of many  
4 other valid factors supporting the decision. See Burch, 400 F.3d at 681; Jones  
5 v. Comm’r Soc. Sec. Admin., 2012 WL 6184941, at \*5 (D. Or. Dec. 11, 2012)  
6 (ALJ could reasonably reject subjective complaints as unsupported by record  
7 evidence and inconsistent with disability report).

8 Second, the ALJ found that unremarkable psychological findings also  
9 undermined Plaintiff’s complaints. AR 23-24. For example, despite Plaintiff’s  
10 subjective complaints that he does not like and cannot be around people (AR  
11 40-41, 45-46, 203), treating medical providers and the consultative examiner,  
12 clinical psychologist Dr. Sara Hough, largely found Plaintiff was able to  
13 interact appropriately and his mental status was “within normal limits.” AR  
14 385. Among other normal findings, Plaintiff maintained eye contact, had  
15 normal speech and motor activity, had a calm and cooperative demeanor, was  
16 able to answer questions appropriately, and did not show any signs of  
17 agitation, compulsivity, or fearful behavior. AR 23-24, 295, 335, 385; see also  
18 AR 212 (disability report stating Plaintiff was “[m]entally ok and capable  
19 through the telephone conversation”). Similarly, although Plaintiff alleged that  
20 he was unable to focus and fulfill job responsibilities (AR 48-49, 203), his  
21 treating providers and Dr. Hough found largely intact cognitive functioning,  
22 including a normal attention span, normal concentration, normal thought  
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24 <sup>5</sup> The Court may take a plaintiff’s failure to address this aspect of the ALJ’s  
25 reasoning as a waiver of a challenge to that aspect. Greger v. Barnhart, 464 F.3d 968,  
26 973 (9th Cir. 2006) (claimant waived issues not raised before the district court);  
27 Owens v. Colvin, 2014 WL 5602884, at \*4 (C.D. Cal. Nov. 4, 2014) (claimant’s  
28 failure to discuss, or even acknowledge, ALJ’s reliance on certain reasons waived any  
challenge to those aspects of ALJ’s finding).

1 processes, and intact recent and remote memory. AR 23-24, 295, 335 385-86.  
2 The ALJ properly considered the inconsistency between these mental-health  
3 findings and Plaintiff's subjective allegation of disability. See Burch, 400 F.3d  
4 at 681; Rollins, 261 F.3d at 857.

5 Third, the ALJ discussed Plaintiff's mental health improvement. AR 24.  
6 The ALJ explained that Plaintiff did not begin receiving regular mental  
7 healthcare until June 2016. AR 24, 357, 383. After that, he was treated with  
8 medication and psychotherapy, and experienced improvement. AR 24, 359,  
9 362, 366-67, 383. For example, the ALJ started taking medication on June 16,  
10 2016, and by June 30, 2016, he had no perceptual disturbances. AR 24, 359,  
11 362. Also, on August 18, 2016,<sup>6</sup> he reported that bi-monthly therapy sessions  
12 were "going well," medication was helping, and his mood was stable for most  
13 of the day AR 24, 367. In December 2016, he reported that "it helps to talk to  
14 a therapist," and medication "improved his symptoms." AR 24, 383. The ALJ  
15 properly considered this in discounting Plaintiff's subjective complaints. See  
16 Morgan v. Comm'r Soc. Sec., 169 F.3d 595, 599 (9th Cir. 1999) (ALJ properly  
17 discounted claimant's subjective complaints by citing physician's report  
18 indicating that symptoms improved with treatment); Warre v. Comm'r Soc.  
19 Sec. Admin., 439 F.3d 1001, 1006 (9th Cir. 2006) (impairments that can be  
20 controlled with treatment are not disabling).

21 Fourth, the ALJ noted that Plaintiff testified he has auditory and visual  
22 hallucinations, but he denied them to psychiatrists and physicians. AR 24, 47-  
23 48. This is supported by the record. On numerous occasions, Plaintiff either  
24 denied, or did not report, auditory or visual hallucinations in medical providers'  
25 review of his psychiatric condition. AR 361 (Plaintiff "denies ah, vh", referring  
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27 <sup>6</sup> The ALJ's decision contains a typographical error indicating this record was  
28 created in August 2018. See AR 24, 366-67.

1 to auditory hallucinations/visual hallucinations (see Marshall v. Berryhill, 2020  
2 WL 1531358, at \*2 (N.D. Cal. Mar. 31, 2020)), 364 (same), 367 (same), 396,  
3 408, 414. The ALJ properly considered this factor. See Ghanim v. Colvin, 763  
4 F.3d 1154, 1163 (9th Cir. 2014) (in assessing subjective complaints, an ALJ  
5 may consider prior inconsistent statements and testimony by the claimant that  
6 “appears less than candid”); Colter v. Colvin, 554 F. App’x 594, 596 (9th Cir.  
7 2014) (ALJ properly discounted claimant’s testimony in part because her  
8 testimony was undermined by her own admissions).

9 Fifth, the ALJ found that, despite Plaintiff’s allegations of paranoia  
10 around people, he was nonetheless able to attend church. AR 22, 24. As  
11 mentioned, Plaintiff alleged paranoia as part of his application, and testified at  
12 the hearing that when he goes to the market he can become scared if he sees  
13 many cars, and he thinks people are following him. AR 45-46, 202. Yet, he  
14 testified that he was able to go to church. AR 46. The ALJ properly considered  
15 this as an inconsistency in Plaintiff’s own statements regarding the allegedly  
16 disabling condition. See Ghanim, 763 F.3d at 1163; Colter, 554 F. App’x at  
17 596; Lualemaga v. Berryhill, 2018 WL 6619745, at \*10 (C.D. Cal. Dec. 18,  
18 2018) (ALJ properly discounted claimant’s statements as “inconsistent with  
19 other evidence in the record” in part because claimant testified she had  
20 difficulty being around others but was able to attend church); Dellomes v.  
21 Colvin, 2014 WL 6908527, at \*1, \*12 (W.D. Wash. Dec. 8, 2014) (ALJ  
22 properly discounted subjective complaints based on contradictions in  
23 testimony of claimant who alleged depression and said he had not left the  
24 house, but then admitted he goes to church with a neighbor).

25 Seventh, the ALJ separately listed activities of daily living that she  
26 believed were inconsistent with the ability to work. Those included Plaintiff’s  
27 testimony about watering plants, sweeping, watching television, and taking his  
28 medication without help. AR 24. However, the Ninth Circuit has “repeatedly

1 warned that ALJs must be especially cautious in concluding that daily  
2 activities are inconsistent with testimony about pain, because impairments that  
3 would unquestionably preclude work and all the pressures of a workplace  
4 environment will often be consistent with doing more than merely resting in  
5 bed all day.” Garrison v. Colvin, 759 F.3d 995, 1016 (9th Cir. 2014); Vertigan  
6 v. Halter, 260 F.3d 1044, 1050 (9th Cir. 2001) (“This court has repeatedly  
7 asserted that the mere fact that a plaintiff has carried on certain daily activities,  
8 such as grocery shopping, driving a car, or limited walking for exercise, does  
9 not in any way detract from her [testimony] as to her overall disability.”). A  
10 claimant’s daily activities may be grounds for discounting testimony only “if a  
11 claimant is able to spend a substantial part of his day engaged in pursuits  
12 involving the performance of physical functions . . .” Orn v. Astrue, 495 F.3d  
13 625, 639 (9th Cir. 2007); see also Allison v. Astrue, 2010 WL 3767551, at \*10  
14 (W.D. Wash. Sept. 2, 2010) (“[T]he ability to take medication, participate in  
15 physical therapy[,] and attend to one’s personal care, hardly establish an ability  
16 to function effectively in terms of performing work activities.”). The Court  
17 need not decide whether reliance on the activities outlined in the seventh  
18 reason were proper because any alleged error would be harmless considering  
19 the other valid reasons for discounting the testimony. See Reyes v. Berryhill,  
20 716 F. App’x 714, 714 (9th Cir. 2018) (where ALJ provided valid reasons for  
21 discounting claimant’s testimony, “[a]ny error in other reasons provided by the  
22 ALJ was harmless”); Batson, 359 F.3d at 1197; Williams v. Comm’r, Soc. Sec.  
23 Admin., 2018 WL 1709505, at \*3 (D. Or. Apr. 9, 2018) (“Because the ALJ is  
24 only required to provide a single valid reason for rejecting a claimant’s pain  
25 complaints, any one of the ALJ’s reasons would be sufficient to affirm the  
26 overall . . . determination.”).

27 Finally, while Plaintiff contends that the third, fourth, and fifth reasons  
28 proffered by the ALJ’s fail to appreciate that his mental health impairments

1 fluctuated and that his condition makes it “likely” he had “better days and  
2 worse days” (Jt. Stip. at 19-20), to the extent some findings outlined above  
3 conflicted with other findings, they are nonetheless substantial evidence  
4 supporting the ALJ’s decision. See Ford, 950 F.3d at 1156 (“Although  
5 [claimant] argues that the ALJ failed to recognize the inherently variable  
6 nature of mental illness, [t]he court will uphold the ALJ’s conclusion when  
7 the evidence is susceptible to more than one rational interpretation.” (citation  
8 omitted)).

9 The Court finds the ALJ provided sufficiently specific, clear, and  
10 convincing reasons for discounting Plaintiff’s symptom testimony, that is,  
11 unremarkable physical and mental-health findings, psychological  
12 improvement, denial of symptoms, and inconsistent testimony. Those grounds  
13 are sufficient to affirm the ALJ’s decision on the issue.

## 14 **B. Opinion Evidence**

15 In Issue No. 2, Plaintiff contends the ALJ improperly evaluated the  
16 consultative examining opinion of Dr. Hough. Jt. Stip. at 4-10. Specifically,  
17 Plaintiff contends that the ALJ assigned “great weight” to Dr. Hough’s  
18 opinion, but the RFC fails to account for the doctor’s limitations, most  
19 importantly the limitations on Plaintiff’s “ability to maintain attendance and  
20 complete a workday.” Jt. Stip. at 5-6, 8-9.

### 21 **1. Applicable Law**

22 In setting an RFC, an ALJ must consider all relevant evidence, including  
23 medical records, lay evidence, and “the effects of symptoms, including pain,  
24 that are reasonably attributable to the medical condition.” Robbins v. Soc. Sec.  
25 Admin., 466 F.3d 880, 883 (9th Cir. 2006) (citation omitted); 20 C.F.R.  
26 §§ 404.1545(a)(1); 416.945(a)(1). The ALJ must also consider all the medical  
27 opinions “together with the rest of the relevant evidence [on record].” 20  
28 C.F.R. §§ 404.1527(b), 416.927(b).

1           “There are three types of medical opinions in social security cases: those  
2 from treating physicians, examining physicians, and non-examining  
3 physicians.” Valentine v. Comm’r Soc. Sec. Admin., 574 F.3d 685, 692 (9th  
4 Cir. 2009). “As a general rule, more weight should be given to the opinion of a  
5 treating source than to the opinion of doctors who do not treat the claimant.”  
6 Lester v. Chater, 81 F.3d 821, 830 (9th Cir. 1995). “The opinion of an  
7 examining physician is, in turn, entitled to greater weight than the opinion of a  
8 nonexamining physician.” Id. “[T]he ALJ may only reject a treating or  
9 examining physician’s uncontradicted medical opinion based on clear and  
10 convincing reasons” supported by substantial evidence in the record.  
11 Carmickle v. Comm’r Sec. Sec. Admin., 533 F.3d 1155, 1164 (9th Cir. 2008)  
12 (citation omitted). “Where such an opinion is contradicted, however, it may be  
13 rejected for specific and legitimate reasons that are supported by substantial  
14 evidence in the record.” Id. at 1164 (citation omitted).

15           An ALJ is not obligated to discuss “every piece of evidence” when  
16 interpreting the evidence and developing the record. See Howard ex rel. Wolff  
17 v. Barnhart, 341 F.3d 1006, 1012 (9th Cir. 2003) (citation omitted). Similarly,  
18 an ALJ is also not obligated to discuss every word of a doctor’s opinion or  
19 include limitations not actually assessed by the doctor. See Fox v. Berryhill,  
20 2017 WL 3197215, \*5 (C.D. Cal. July 27, 2017); Howard, 341 F.3d at 1012.  
21 Finally, the ALJ is not required to recite “magic words” or “incantations” to  
22 reject an opinion. Magallanes v. Bowen, 881 F.2d 747, 755 (9th Cir. 1989). “A  
23 reviewing court [is] not deprived of [its] faculties for drawing specific and  
24 legitimate inferences from the ALJ’s opinion.” Id.; Towne v. Berryhill, 717 F.  
25 App’x 705, 707 (9th Cir. 2017) (citing Batson, 359 F.3d at 1193 (if the ALJ  
26 provides enough information that the reviewing court can draw reasonable  
27 inferences from the record in support of the ALJ’s findings, then the ALJ’s  
28 findings should be upheld)).

1           **2.    Analysis**

2           In December 2016, Doctor Hough performed a comprehensive mental  
3 examination and evaluation of Plaintiff. AR 382-90. As noted above, Doctor  
4 Hough found that “examination of [Plaintiff’s] mental status was within normal  
5 limits,” and noted that Plaintiff was “able to focus without any challenges” and  
6 “relate to the examiner without any challenges.” AR 385. Doctor Hough  
7 deemed Plaintiff’s prognosis “fair,” and stated his condition “will improve”  
8 with treatment compliance and a sober lifestyle. AR 387.

9           Doctor Hough provided a functional assessment of twelve categories,  
10 finding that Plaintiff was: (1) “Not impaired” in the ability to (a) understand,  
11 remember, and carry out simple one or two-step job task instructions, (b) do  
12 detailed and complex tasks, (c) understand safety rules and regulations and  
13 maintain safety on the job, (d) accept instructions from supervisors, and (e)  
14 perform work activities without special or additional supervision; (2) “Mildly  
15 impaired” in the ability to (a) understand, remember, and carry out simple one  
16 or two-step job instructions over an eight-hour, 40-hour work period without  
17 emotionally decompensating, (b) maintain concentration and attention, (c)  
18 maintain reasonable persistence and pace, (d) associate to day to day work  
19 activities, and (e) maintain regular attendance in the work place and perform  
20 activities on a consistent basis; and (3) “Moderately impaired” in the ability to  
21 (a) do detailed and complex tasks over an eight-hour, 40-hour work week  
22 without emotionally decompensation, and (b) relate to coworkers and the  
23 public in an appropriate manner. AR 387-88.

24           The ALJ conducted a proper assessment of Doctor Hough’s opinion.

25           As mentioned, at step-two, the ALJ found Plaintiff’s schizoaffective  
26 disorder was a severe impairment. AR 20. At step-three the ALJ considered  
27 Plaintiff’s mental impairments under the four functional areas known as the  
28 “paragraph B” criteria and referenced Doctor Hough’s opinion in finding that

1 Plaintiff had only a mild limitation in understanding, remembering, and  
2 applying information. AR 22. The ALJ found Plaintiff had moderate  
3 limitation—referencing Plaintiff’s testimony along with Doctor Hough’s  
4 opinion—interacting with others. AR 22. The ALJ further found Plaintiff had  
5 moderate limitation in concentrating, persisting, or maintaining pace, again  
6 referencing both Plaintiff’s testimony and Doctor Hough’s opinion. AR 22.  
7 Finally, the ALJ found Plaintiff only mildly limited in adapting or managing  
8 oneself, referencing, yet again, both Plaintiff’s testimony and Doctor Hough’s  
9 opinion. AR 22. The ALJ concluded that because Plaintiff’s mental impairment  
10 did not cause at least two “marked” limitations, or one “extreme” limitation,  
11 the “paragraph B” criteria were not satisfied. AR 22.

12 The ALJ then explained: “[t]he limitations identified in the ‘paragraph B’  
13 criteria are not a[n RFC] assessment but are used to rate the severity of mental  
14 impairments at steps 2 and 3 of the sequential evaluation process. The mental  
15 [RFC] assessment used at steps 4 and 5 . . . requires a more detailed  
16 assessment.” AR 22. The ALJ concluded by stating that “the following [RFC]  
17 reflects the degree of limitation the undersigned has found in the ‘paragraph B’  
18 mental function analysis” and then assessed Plaintiff’s RFC. AR 22.

19 As noted above, the ALJ limited Plaintiff in the RFC to “simple and  
20 routine tasks; occasional changes in work setting; occasional and superficial  
21 interaction with coworkers; and no interaction with the general public as part of  
22 the job duties. AR 23. The ALJ considered “all symptoms” in fashioning the  
23 RFC. AR 23. In doing so, the ALJ considered Plaintiff’s subjective statements  
24 and testimony about his mental health, his mental health history and treatment,  
25 and again Doctor Hough’s opinion. AR 23-24. The ALJ noted Doctor Hough’s  
26 discussion of improvement with medication, her normal findings, and  
27 Plaintiff’s fair prognosis with treatment compliance. AR 24. The ALJ also  
28 noted Doctor Hough’s opinion assessed no more than mild limitations in any of

1 the functional areas except for the moderate limitations in interacting with  
2 coworkers and the public. AR 24-25. The ALJ found Doctor Hough’s opinion  
3 well supported by the evidence and assigned it “great weight.” AR 24-25.

4 Plaintiff has failed to show how this exhaustive consideration of Doctor  
5 Hough’s examination and opinion was in error. The ALJ found schizoaffective  
6 disorder to be a severe impairment at step two, assessed Plaintiff’s mental  
7 functioning at step three and acknowledged that the “paragraph B” criteria are  
8 separate findings from the RFC, and then considered all of Plaintiff’s mental  
9 health issues in assessing the RFC. AR 22. While the ALJ did not mention  
10 Doctor Hough’s moderate limitation in Plaintiff’s ability to complete detailed  
11 and complex tasks in her discussion of the RFC assessment (AR 24-25, 387),  
12 she noted that limitation in the “Paragraph B” findings (AR 22) and certainly  
13 accommodated for the limitation by restricting Plaintiff to “simple and routine  
14 tasks.” AR 23. Similarly, the ALJ adequately accommodated Doctor Hough’s  
15 limitations on Plaintiff’s ability to relate to coworkers and the public in an  
16 appropriate manner (AR 387-88) by restricting Plaintiff to only occasional and  
17 superficial interaction with coworkers, and precluding public interaction. AR  
18 23. Accordingly, Plaintiff has not shown the ALJ failed to properly consider his  
19 mental impairments and Doctor Hough’s opinion in assessing the RFC. See,  
20 e.g., Hoopai v. Astrue, 499 F.3d 1071, 1077 (9th Cir. 2007) (explaining the  
21 Ninth Circuit has not “held mild or moderate depression to be a sufficiently  
22 severe non-exertional limitation that significantly limits a claimant’s ability to  
23 do work beyond the exertional limitation.”); Shapiro v. Berryhill, 2020 WL  
24 836830, at \*1, 6 (D. Nev. Feb. 20, 2020) (RFC that included restriction to  
25 simple, non-detailed, non-complex work, with occasional interaction with co-  
26 workers and supervisors but never the public, adequately accounted for the  
27 moderate findings in two paragraph B criteria); Ball v. Colvin, 2015 WL  
28 2345652, at \*3 (C.D. Cal. May 15, 2015) (“As the ALJ found that Plaintiff’s

1 mental impairments were minimal, the ALJ was not required to include them  
2 in Plaintiff's RFC."); Sisco v. Colvin, 2014 WL 2859187, at \*7-8 (N.D. Cal.  
3 June 20, 2014) (ALJ not required to include in RFC assessment mental  
4 impairment that imposed "no significant functional limitations").

5 Plaintiff points to the VE's testimony that one absence per month or  
6 being off-task above 10% of the workday would preclude all work. Jt. Stip. at 6-  
7 8 (citing AR 52-53).<sup>7</sup> However, neither limitation appears in Doctor Hough's  
8 opinion; rather, as Defendant notes (Jt. Stip. at 13), they are limitations simply  
9 posed in the hypothetical. AR 52-53. While Doctor Hough assessed mild  
10 limitations in attendance and performing activities on a consistent basis, and  
11 maintaining reasonable persistence and pace, she did not conclude that Plaintiff  
12 would be absent from work more than once a month or off task for 10% of the  
13 workday. AR 387-88. Moreover, the ALJ did not equate the mild limitations to  
14 absences or an off-task limitation in the hypothetical or the decision, and  
15 counsel, despite having the opportunity, had no questions for the VE and did  
16 not raise the issue before the Agency. AR 53, 250-51; See Howard v. Astrue,  
17 330 F. App'x 128, 130 (9th Cir. 2009) (claimant waived argument that ALJ's  
18 hypotheticals were inadequate where claimant's counsel had opportunity to  
19 pose hypotheticals but did not raise allegedly erroneously omitted limitation).

20 To the extent Plaintiff also contends that the ALJ should have included  
21 other mild limitations in the RFC from Doctor Hough's opinion, he has failed  
22 demonstrate he is entitled to relief. Doctor Hough's finding that Plaintiff's  
23 mental status is "within normal limits," and opinion that he is not limited in  
24 many categories and only mildly to moderately in others, supports the ALJ's  
25 ultimate determination. AR 385, 387-88. Plaintiff has not shown that this

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26  
27 <sup>7</sup> The VE testified that no more than one absence per month or being off task  
28 more than 10% is tolerated in "most" employment." AR 53.

1 opinion, or any other opinion from any doctor, precludes him from all work.  
2 The ALJ's decision is supported by substantial evidence. See, e.g., Matthews v.  
3 Shalala, 10 F.3d 678, 680 (9th Cir. 1993) (substantial evidence supported  
4 finding claimant, although impaired, was not disabled and could perform work  
5 because “[n]one of the doctors who examined [claimant] expressed the opinion  
6 that he was totally disabled”); Reddick, 157 F.3d at 725 (ALJ can satisfy  
7 substantial evidence requirement “by setting out a detailed and thorough  
8 summary of the facts and conflicting clinical evidence, stating his interpretation  
9 thereof, and making findings”); Waldner v. Colvin, 2015 WL 711020, at \*6 (D.  
10 Or. Feb. 18, 2015) (no error in RFC finding that specifically included  
11 limitations tailored to claimant). Even if the ALJ's decision was susceptible to  
12 another interpretation, Plaintiff would not be entitled to relief. See Ford, 950  
13 F.3d at 1156.

14 The Court finds that the ALJ did not err in her assessment of Dr.  
15 Hough's opinion. Accordingly, reversal is not warranted.

16 **IV.**

17 **ORDER**

18 IT THEREFORE IS ORDERED that Judgment be entered affirming  
19 the decision of the Commissioner and dismissing this action with prejudice.  
20

21 Dated: November 20, 2020

22  
23   
24 JOHN D. EARLY  
25 United States Magistrate Judge  
26  
27  
28