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UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA

KIMBERLY MALISSA M.,
Plaintiff,
v.
KILOLO KIJAKAZI, Acting
Commissioner of Social Security,
Defendant.

Case No. 8:23-cv-00326- KES

MEMORANDUM OPINION AND
ORDER

I.
INTRODUCTION

On February 27, 2023, Plaintiff Kimberly Malissa M. (“Plaintiff”) filed a Complaint for review of denial of social security disability benefits. (Dkt. 2.) Plaintiff filed Plaintiff’s Brief (“PB”) under Rule 6 of the Supplemental Rules for Social Security Actions under 42 U.S.C. § 405(g). (Dkt. 10.) Defendant Social Security Administration (“SSA”) filed a responding Commissioner’s Brief (“CB”) under Rule 7. (Dkt. 13.) Plaintiff filed a Reply Brief (“PRB”) on July 12, 2023. (Dkt. 17.)

For the reasons stated below, the Commissioner’s decision denying benefits is AFFIRMED.

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II.

BACKGROUND

Plaintiff was born in January 1991. Administrative Record (“AR”) 236. In 2012 at age twenty-one, she began working in retail customer service at Macy’s. AR 267, 278. She obtained a bachelor’s degree in communications from California State University Fullerton in 2016. AR 33, 259. Between 2017 and 2019, she worked part-time as a home health aide. AR 267-68. By 2021, she was working eight hours per week through In-Home Support Services (“IHSS”) as a caretaker for her cousin with cerebral palsy. AR 35-36, 40.

On June 10, 2020, Plaintiff applied for disability insurance benefits (“DIB”) and supplemental security income (“SSI”) under Titles II and XVI of the Social Security Act, alleging a disability onset date of January 1, 2014, due to chronic migraines, fibromyalgia, and other conditions. AR 22, 64, 236. On November 29, 2021, an Administrative Law Judge (“ALJ”) conducted a telephonic hearing at which Plaintiff, who was represented by counsel, appeared and testified, along with a vocational expert (“VE”). AR 30-45.

On April 14, 2022, the ALJ issued an unfavorable decision. AR 12-29. First, the ALJ determined that Plaintiff’s last date insured (“LDI”) was June 30, 2015, such that Plaintiff needed to establish disability on or before that date to receive DIB benefits.¹ AR 17. While Plaintiff had worked as a home health aide after her alleged onset date, the ALJ found that this work did not rise to the level of substantial gainful activity. AR 17.

¹ DIB Title II benefits provide benefits to insured workers based on their earnings records. Benefits predating their application are potentially available if they establish a disability onset date before their LDI. In contrast, Title XVI SSI benefits are need-based and consider whether claimants were disabled when they applied; no pre-application benefits are available. See Wellington v. Berryhill, 878 F.3d 867, 872.

1 Next, the ALJ determined that Plaintiff suffered from the severe, medically
2 determinable impairments (“MDIs”) of “degenerative disk disease, cervical,
3 thoracic and lumbar spines, status post discectomy and fusion of lumbar spine [in
4 2012]; chronic migraines; chronic nausea, fibromyalgia; sciatica; [and] urethral
5 syndrome.” AR 18. The ALJ found that Plaintiff’s mental MDIs of depression
6 and anxiety disorder were not severe, consistent with the opinions of the State
7 agency mental health consultants. AR 18-19.

8 To determine Plaintiff’s residual functional capacity (“RFC”), the ALJ
9 considered Plaintiff’s testimony about the limiting effects of her symptoms (AR
10 20-21) as well as Plaintiff’s medical records (AR 21-22). The ALJ also considered
11 opinion evidence from State agency medical consultants C. Scott, M.D., and J.
12 Berry, M.D.. AR 22, citing AR 71, 87. The ALJ found that despite her MDIs,
13 Plaintiff had the RFC to perform light work with some limitations on reaching,
14 pushing, and pulling with her left arm, climbing, and doing postural activities. AR
15 19-20.

16 Plaintiff had no past relevant work. AR 22. Based on the RFC findings, the
17 VE’s testimony, and other evidence, the ALJ found that Plaintiff could work as a
18 counter attendant, cafeteria worker, or retail marker. AR 23. The ALJ concluded
19 that Plaintiff was not disabled. AR 24.

20 III.

21 ISSUES PRESENTED

22 Issue One: Whether the ALJ’s RFC findings are supported by substantial
23 evidence. (PB at 2.) Plaintiff contends that the ALJ erroneously concluded that
24 her migraine headaches “are well managed with conservative means” when, in
25 fact, she continued to have debilitating symptoms despite medication. (PB at 5,
26 citing AR 22.) Plaintiff further contends that the ALJ failed to account for “the
27 frequent and disruptive nature of Plaintiff’s migraines by including provisions in
28 the RFC for absenteeism, unscheduled breaks, or off-task behavior.” (PB at 5.)

1 Issue Two: Whether the ALJ erred by failing to discuss and/or discounting
2 the Third-Party Function Report completed by Plaintiff’s boyfriend, Steven Harris,
3 at AR 302-09. (PB at 2, 6.)

4 IV.

5 DISCUSSION

6 **A. ISSUE ONE: Functional Limitations Caused by Plaintiff’s Migraines.**

7 **1. Relevant Evidence.**

8 When asked in 2021 why she was unable to work fulltime, Plaintiff pointed
9 to “chronic nausea, my migraines, my body pain.” AR 36. She testified that she
10 could not keep her eyes open “for long periods of time if I have a migraine.” AR
11 36, 310. Nevertheless, she could do household tasks like caring for her dog,
12 cleaning, gardening, preparing salads, baking, washing laundry, and vacuuming.
13 AR 311-12, 314. She could go out independently, drive a car, shop 3-4 times per
14 week, play video games, and hike. AR 313-14; AR 425 (“hiking for exercise 4-5 x
15 week” in June 2019). She could pay attention “usually as long as I need,” follow
16 written instructions “well,” handles stress “well,” get along with authority figures
17 “well,” and walk 1-2 miles. AR 315-16.

18 Dr. Scott initially reviewed of the available medical evidence in July 2020.
19 AR 71. For purposes of Plaintiff’s DIB application, Dr. Scott found that she had
20 not established the existence of a severe, physical MDI before her LDI. AR 56.
21 For her SSI application, Dr. Scott considered Plaintiff’s condition in and after June
22 2020 and opined that Plaintiff could perform light work with some additional
23 physical limitations. AR 70-71.

24 Plaintiff alleged that her migraines worsened after Dr. Scott’s opinion. AR
25 84. On reconsideration in December 2020, Dr. Berry also found that Plaintiff had
26 not demonstrated a severe, physical MDI prior to her LDI. AR 87. For the SSI
27 claim, Dr. Berry assessed essentially the same RFC as Dr. Scott. AR 92-93.

28 Plaintiff cited the following records as establishing the functional limitations

1 associated with her migraines (PB at 3-6), summarized with context in roughly
2 chronological order below:

3 AR 375, 4 379, 390, 5 394	<p>6 Plaintiff saw Richard Han, M.D., at Friends Medical Group in 7 December 2014. She complained of cold symptoms with nausea, 8 “mild abdominal pain,” and “headache noted.” AR 396. Dr. Han 9 administered a Z-pack. AR 396.</p> <p>10 She returned in January 2015 with a persistent cough. She reported 11 taking “Maxalt for headaches.” AR 394. Dr. Han added propranolol 12 for migraines. AR 394. In February 2015, Plaintiff was “improved 13 with headaches.” Dr. Han wrote “migraines HA stable with meds” 14 and “nausea improved.” AR 392.</p> <p>15 In March 2015, she reported “resolution of headache since on her 16 pills.” AR 390. Her next appointment with Dr. Han was not until 17 August 2015, and the progress notes do not discuss headaches. AR 18 387-89. Similarly, she did not complain of headache pain in 19 October, November, or December 2015. AR 381, 383, 385.</p> <p>20 In February 2016, Plaintiff reported “migraine headaches improved 21 but still present.” Dr. Han “restarted” her “on propranolol.” AR 22 379. Her next appointment about nine months later in November 23 2016 mentions “migraine headaches” with no current symptoms or 24 change in treatment. AR 377.</p> <p>25 In January 2017, she reported “some headaches at times.” Dr. Han 26 to noted, “hx [history] of migraines.” AR 375.</p>
20 AR 1603	<p>21 In 2017-2020, Plaintiff received primary care from Planned 22 Parenthood (“PP”). In September 2017, Plaintiff denied headaches. 23 AR 1605. In November 2017, she reported having “migraines with 24 aura more often” and a cyst in her brain. She was “taking ibuprofen 25 with some relief.” AR 1601. PP ordered an MRI to evaluate the 26 brain cyst. AR 1603.</p>
24 AR 1299	<p>25 In February 2018, Plaintiff had a neurologic consultation with Martin 26 J. Blackman, M.D. She reported a “history of pressure type 27 headaches associated with nausea.” Dr. Blackman reviewed the 28 recent brain MRI, noting the cyst. AR 1298. He assessed, “Migraine without aura, not intractable without status.” He also wrote, “The patient’s headaches are not frequent enough to require preventative measures.” AR 1299.</p>

1 2	AR 426	In October 2018, Plaintiff had gastric sleeve surgery. AR 422. At follow-up appointments in March, June, and August 2019, she did not mention headache pain to her doctors. AR 422-30.
3 4 5 6 7	AR 1462, 1472	In November 2019, Plaintiff told PP that she was “seeing neurologist for migraine management” and “on multiple medications.” AR 1469. PP advised, “If she would like to change nausea medication she should discuss with neurologist.” AR 1472. In December 2019, she did a “primary care medication review” with PP. AR 1460. PP again noted that she was taking medications managed by a neurologist for migraine headache with aura. AR 1462.
8 9 10 11 12 13 14 15 16 17 18 19 20 21	AR 808	In March 2020, Plaintiff reported that she was “on no medications for migraines.” AR 750. A PP examination on March 31, 2020, says nothing about current headache symptoms. AR 814. On April 8, 2020, she again told PP that a neurologist was treating her “migraine with aura” with multiple medications. AR 806, 808. On April 16, 2020, she reported “uncontrolled migraine headaches ... 17 headaches per month. Relieved with medications prescribed by Neuro but in process of working up why migraines are happening.” AR 803. In June 2020, she denied headache. AR 785, 788. Meanwhile, in February 2020, she attended physical therapy (“PT”) to address left shoulder and arm pain after falling while playing with a dog. AR 799. The PT records do not mention headaches. AR 740. Between January and May 2020, she did PT to address urinary symptoms. AR 735, 755. She reported a history of migraines. AR 758. In December 2019, Plaintiff reported to Diabetes Associates Medical Group that she had “a history of migraine headaches but ... in the last 1 month she has had daily headaches.” AR 765. At a later appointment on April 1, 2020, to address an ingrown toenail, Plaintiff did not report any pain other than toe pain. AR 747-48.
22 23 24 25 26	AR 1332, 1333	These are records from two 2020 visits with Usma Nasim, M.D. On July 8, 2020, Plaintiff reported that her “headache frequency/intensity is about the same.” Dr. Nasim’s plan was to refill medications as needed and follow up in 3-4 months. AR 1333. On October 27, 2020, Plaintiff again reported that her “headache frequency/intensity is about the same.” AR 1332. Dr. Nasim’s plan was to “wean off [tramadol] gradually” and “try Maxalt.”
27 28	AR 1377, 1400	In July 2020, Plaintiff asked PP for “advice for disability paperwork due to migraine, fibromyalgia, and depression and anxiety.” She

	<p>complained of headache, and PP noted that she “has routine f/u with neurologist who manages her headaches” AR 1398. PP suggested getting recommendations from her specialists about applying for disability. AR 1400.</p> <p>In October 2020, Plaintiff complained to PP of rib pain. AR 1376. PP noted that migraines were “managed by neuro.” AR 1377.</p>
AR 1666, 1667	<p>Plaintiff visited Dr. Nasim in January 2021. She reported, “Headache frequency/intensity is about the same. About 3 times/week.” AR 1669.</p> <p>In April 2021, she complained of “almost daily” headache and “Botox [administered in February] did not help.” Dr. Nasim continued to prescribe tramadol and provided samples of Ajovy with follow up in 1-2 months. AR 1667.</p> <p>In July 2021, Plaintiff reported “migraine are better with Ajovy.” Dr. Nasim prescribed this drug and instructed Plaintiff to follow up in 3-4 months. AR 1666.</p>

2. Relevant Administrative Proceedings.

The ALJ found that Plaintiff’s migraines were a severe MDI. AR 18. The ALJ first considered the medical evidence pre-dating Plaintiff’s LDI. The ALJ concluded that the 2015 evidence (from Dr. Han summarized above) did not show that Plaintiff’s migraines caused greater functional limitations than those assessed in the RFC. AR 21.

Next, the ALJ considered Plaintiff’s later treating records. After summarizing the medical evidence, the ALJ wrote as follows:

The claimant’s longitudinal treatment record is inconsistent with the alleged severity of her medical conditions and asserted functional limitations. The available objective medical records do not convey a disabling pathology. Considering the claimant’s longitudinal clinical presentation, frequency of treatment, type of and response to treatment, and objective signs and findings, greater limitations than as

1 found herein are not warranted.

2 AR 22. Specific to migraines, the ALJ wrote, “It appears ... migraine headaches
3 are well managed with conservative means.” AR 22.

4 Plaintiff’s counsel did not ask the VE what impact particular levels of
5 absenteeism might have on her employability. AR 44. The ALJ ultimately found
6 that Plaintiff could perform jobs classified as light, unskilled work. AR 23.

7 **3. Analysis of Claimed Error.**

8 First, Plaintiff argues that the evidence does not support the ALJ’s
9 conclusion that her headaches were “well managed” by medication. (PB at 5.) For
10 Plaintiff’s DIB claim (for which the relevant time is before her LDI of June 30,
11 2015), the only medical records show that after complaining of headaches to Dr.
12 Han and receiving medication, her headaches “improved” and became “stable.”
13 AR 392. Dr. Han considered her headaches resolved by March 2015. AR 390.
14 Her later appointment notes do not mention complaints of headache pain. AR 381-
15 85.

16 Looking at later records for Plaintiff’s SSI claim, Plaintiff mentioned
17 occasional headaches to her doctors in 2016 and 2017 (AR 675, 679, 1601), but in
18 February 2018, neurologist Dr. Blackman assessed that her “headaches are not
19 frequent enough to require preventative measures.” AR 1299. Plaintiff cites no
20 later 2018 or 2019 records from any treating neurologist.

21 In 2020 records, PP mainly notes that Plaintiff has a history of migraines for
22 which she received treatment from a neurologist. AR 803, 806, 808. The records
23 of that neurologist, Dr. Nasim, show that Plaintiff either reported no significant
24 changes in her symptoms despite months between appointments with routine
25 medication management (AR 1332-33, 1669) or a spike in symptoms followed by
26 improvement upon taking a new medication (AR 1666-67).

27 The ALJ did not err in concluding that these medical records show that
28 Plaintiff’s headache symptoms were sufficiently well managed to not cause a level

1 of distraction or absenteeism that would prevent fulltime work.

2 Next, Plaintiff argues that the ALJ should have included additional
3 limitations in her RFC, such as an allowance for some level of absenteeism or time
4 spent off-task, or explained why no such limitations were required. (PB at 5.) But
5 the ALJ did explain his reasoning; the ALJ found that Plaintiff’s headache pain,
6 when reported to doctors and treated with medication, improved enough not to
7 cause disabling limitations. This is consistent with the records summarized above
8 and the opinions of Drs. Scott and Berry who both opined that Plaintiff could
9 sustain fulltime light work. AR 71, 87.

10 Plaintiff also argues that upon finding migraines a severe MDI, the ALJ was
11 required to accommodate them somehow in the RFC. (PRB at 1-2.) But again, the
12 ALJ found that Plaintiff’s migraine pain did not limit her functionality to the
13 degree she alleged. The ALJ could reasonably interpret the medical evidence to
14 mean that if Plaintiff consistently followed the recommended treatment, her
15 migraine pain would not regularly cause her to need unscheduled breaks or extra
16 days off work.

17 For all these reasons, the ALJ’s RFC findings have substantial evidentiary
18 support.

19 **B. ISSUE TWO: The ALJ’s Consideration of Lay Testimony.**

20 **1. Relevant Administrative Proceedings.**

21 The ALJ discussed Plaintiff’s Adult Function Report (AR 310-17) but did
22 not discuss the Third-Party Function Report completed by Mr. Harris (AR 302-09).
23 AR 30. The ALJ, however, said twice that his decision was based on “careful
24 consideration of the entire record.” AR 17, 19. The ALJ also said that he found
25 the State agency consultants’ opinions persuasive. AR 22. Those opinions stated
26 repeatedly, “3rd pty [function report]– filled out by her boyfriend, consistent w/ 1st
27 [party function report].” See, e.g., AR 51, 53, 64.

1 **2. Summary of the Parties' Arguments.**

2 Plaintiff makes two argues. First, Plaintiff contends that it was legal error
3 for the ALJ to fail to provide a “germane” reason for rejecting Mr. Harris’s
4 Function Report. (PB at 7.) Second, Plaintiff contends that the ALJ was required
5 to at least mention Mr. Harris’s Function Report to show that he considered it. (PB
6 at 6-8.) Plaintiff further contends that the ALJ’s error was not harmless because
7 Mr. Harris’s “statements and observations support far greater limitations than are
8 found in the ALJ’s RFC determination,” such as mental limitations so extreme that
9 they would prevent Plaintiff from doing even simple work. (PB at 8 (discussing
10 extreme forgetfulness).)

11 Defendant argues that the old rules requiring ALJs to articulate a “germane”
12 reason were superseded by new regulations. (CB at 6.) But even under the old
13 rules, any error was harmless because the ALJ’s reasons for discounting Plaintiff’s
14 testimony would apply equally to Mr. Harris’s Function Report. (CB at 7.)

15 **3. Relevant Law.**

16 Claims filed on or after March 27, 2017, are subject to the SSA’s revised
17 regulations for the evaluation of medical opinion evidence. See Revisions to Rules
18 Regarding the Evaluation of Medical Evidence, 82 Fed. Reg. 5844, 5844 (Jan. 18,
19 2017) (codified at 20 C.F.R. pts. 404 & 416). Under the new regulations, ALJs
20 must “articulate how persuasive” they find “all of the medical opinions from each
21 doctor or other source and explain” how they considered certain factors in reaching
22 their findings. See Woods v. Kijakazi, 32 F.4th 785, 788 (9th Cir. 2022).
23 Specifically, 20 C.F.R. § 404.1520c(a) says that ALJs “will articulate how we
24 considered the medical opinions ... in your claim according to paragraph (b) of this
25 section.” Paragraph (b) directs ALJs to state how persuasive each medical opinion
26 is based on factors listed in paragraph (c). 20 C.F.R. § 404.1520c(b). Paragraph
27 (c) lists several factors that ALJs must consider when evaluating medical source
28 opinions. 20 C.F.R. § 404.1520c(c). The final paragraph then says that ALJs need

1 not articulate in their written decisions whether they found evidence from non-
2 medical sources persuasive or why, as follows:

3 (d) Evidence from nonmedical sources. We are not required to
4 articulate how we considered evidence from nonmedical sources
5 using the requirements in paragraphs (a)-(c) in this section.

6 20 C.F.R. § 404.1520c(d); see also 20 C.F.R. § 416.920c.

7 Per unpublished Ninth Circuit decisions, “It is an open question whether
8 ALJs are still required to consider lay witness evidence under the revised
9 regulations, although *it is clear they are no longer required to articulate it in their*
10 *decisions.*” Fryer v. Kijakazi, No. 21-36004, 2022 U.S. App. LEXIS 35651, at *7
11 n.1 (9th Cir. Dec. 27, 2022) (emphasis added).

12 **4. Analysis.**

13 While the parties disagree about the import of the new regulations, the Court
14 need not resolve their disagreement. Even under the old regulations, any error
15 would be harmless. The relevant question is not whether Mr. Harris described
16 Plaintiff’s abilities as more limited than the RFC. (PB at 8.) Rather, the relevant
17 question is whether Mr. Harris described Plaintiff’s abilities similarly to how
18 Plaintiff described them. An ALJ’s failure to provide reasons for rejecting lay
19 testimony is harmless if it is “inconsequential to the ultimate nondisability
20 determination.” Carmickle v. Comm’r, Soc. Sec. Admin., 533 F.3d 1155, 1162
21 (9th Cir. 2008) (quoting Stout v. Comm’r, Soc. Sec. Admin., 454 F.3d 1050, 1055
22 (9th Cir. 2006)). This standard is met if the lay testimony can be rejected for the
23 same reasons as the claimant’s testimony. Molina v. Astrue, 674 F.3d 1104, 1121
24 (9th Cir. 2012) (“[W]here the ALJ rejects a witness’s testimony without providing
25 germane reasons, but has already provided germane reasons for rejecting similar
26 testimony, we cannot reverse the agency merely because the ALJ did not clearly
27 link his determination to those reasons.”); Valentine v. Astrue, 574 F.3d 685, 694
28 (9th Cir. 2009) (because the ALJ gave valid reasons for rejecting the claimant’s

1 subjective complaints and “because the wife’s testimony was similar to such
2 complaints, it follows that the ALJ also gave germane reasons for rejecting her
3 testimony”).

4 Here, the two Function Reports are worded substantially identically.²
5 Compare AR 302-09 and AR 310-17. The ALJ discounted Plaintiff’s testimony as
6 inconsistent with the medical evidence and her activities. AR 18, 20. Plaintiff did
7 not challenge the ALJ’s reasons on appeal. These same reasons would apply
8 equally to Mr. Harris’s Function Report. Indeed, while Mr. Harris reported that
9 Plaintiff had extreme difficulty with memory, being so forgetful that she would
10 “lose her train of thought and forget what has been said” (PB at 6, citing AR 307),
11 during her period of claimed disability, she was able to obtain a college degree and
12 work in the trusted position of a home health aide.

13 Plaintiff argues that the Court cannot engage in harmless error analysis if the
14 ALJ did not explicitly say that he discounted Mr. Harris’s Function Report for the
15 same reasons as Plaintiff’s. (PRB at 4.) This argument conflicts with the above-
16 cited Ninth Circuit authority. See Molina, 674 F.3d at 1121 (“A reviewing court’s
17 refusal to consider whether the ALJ’s reasoning applies to undiscussed lay witness
18 testimony is contrary not only to our case law holding that errors are harmless if
19 they are inconsequential to the ultimate nondisability determination, but also to the
20 long-settled rule that we will not set aside the denial of a disability claim unless the
21 Secretary’s findings are not supported by substantial evidence *in the record as a*
22 *whole.*”) (citations omitted).

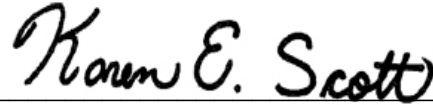
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25 ² When asked what activities she enjoys with others, Plaintiff wrote, “Watch
26 movie. Talk. Video games, kites.” AR 314. The Court initially understood
27 “kites” to refer to a kind of video game or gaming strategy. See [https://en-](https://en-academic.com/dic.nsf/enwiki/730703)
28 [academic.com/dic.nsf/enwiki/730703](https://en-academic.com/dic.nsf/enwiki/730703) (defining kiting). But Mr. Harris said that
Plaintiff enjoys “flying kites.” AR 306.

V.

CONCLUSION

For the reasons stated above, IT IS ORDERED that Judgment be entered
AFFIRMING the decision of the Commissioner denying benefits.

DATED: July 25, 2023



KAREN E. SCOTT

United States Magistrate Judge

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