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IN THE UNITED STATES DISTRICT COURT  
FOR THE EASTERN DISTRICT OF CALIFORNIA

THOMAS GOOLSBY,  
Plaintiff,  
vs.  
M. CARRASCO, et al.,  
Defendants.

Case No. 1:09-cv-01650 JLT (PC)  
ORDER DENYING PLAINTIFF’S MOTION  
FOR PARTIAL SUMMARY JUDGMENT  
(Doc. 22)

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Plaintiff is a state prisoner proceeding pro se with a civil rights action pursuant to 42 U.S.C. § 1983. This action is proceeding on Plaintiff’s claim that Defendant Gonzales failed to provide him adequate out-of-cell exercise time and facilities in violation of the Eighth Amendment. Pending before the Court is Plaintiff’s motion for partial summary judgment on the issue of the adequacy of Plaintiff’s out-of-cell exercise time. Defendant Gonzales has filed an opposition to the motion, and Plaintiff has filed a reply. For the reasons discussed below, the Court **DENIES** the pending motion.

**I. BACKGROUND**

Plaintiff is a state prisoner incarcerated at California Correctional Institution (“CCI”). On September 17, 2009, Plaintiff filed a complaint and initiated this civil rights action. (Doc. 1.) In his complaint, Plaintiff claims that Defendants Gonzales, Carrasco, Schulteis, Gifford, Holland, Mayo, Rousta, and Grannis deprived him of adequate out-of-cell exercise time and facilities in violation of the Eighth Amendment and the Equal Protection Clause of the Fourteenth Amendment. (Id. at 4-7.)

1 Specifically, Plaintiff alleges that he was provided, on average, only 143 minutes of out-of-cell exercise  
2 time every thirteen days and was confined during those periods to a 150 square-foot exercise cage. (Id.  
3 at 4-6.) According to Plaintiff, inmates confined at California State Prison – Corcoran receive 120  
4 minutes of out-cell-exercise every other day and inmates confined at Pelican Bay State Prison receive  
5 60 minutes of out-of-cell exercise every day. (Id. at 7.) Plaintiff alleges that as a result of his deficient  
6 exercise time and CCI’s inadequate exercise facilities, he suffers from muscle atrophy, headaches,  
7 cardiovascular difficulties, and psychological injuries. (Id. at 4.)

8 On December 3, 2009, the Court screened the complaint pursuant to 28 U.S.C. § 1915A and  
9 found that it states only a cognizable Eighth Amendment claim against Defendant Gonzales regarding  
10 the prison’s outdoor exercise policy. (Doc. 7.) The Court therefore ordered Plaintiff to either file an  
11 amended complaint curing the deficiencies identified by the Court regarding his equal protection claim  
12 or notify the Court that he wishes to proceed only on his Eighth Amendment claim against Defendant  
13 Gonzales. (Id.) On December 17, 2009, Plaintiff notified the Court that he wished to proceed only on  
14 his Eighth Amendment claim against Defendant Gonzales. (Doc. 8.)

15 On December 30, 2009, Plaintiff filed a motion for partial summary judgment. (Doc 9.) That  
16 motion, however, was denied without prejudice, because Defendant Gonzales had yet to be served with  
17 the operative complaint. (Doc. 10.) Service of the complaint was subsequently effectuated on  
18 Defendant Gonzales, who, in turn, filed his answer and appeared in this action on March 29, 2010.  
19 (Doc. 17.) Discovery ensued, and on April 20, 2010, Plaintiff filed the pending motion for partial  
20 summary judgment. (Doc. 22.) Defendant Gonzales filed an opposition to the motion on July 20, 2010,  
21 and Plaintiff filed a reply on August 3, 2010. (Docs. 31 & 32.)

## 22 **II. LEGAL STANDARD**

23 Summary judgment is appropriate when “the pleadings, the discovery and disclosure materials  
24 on file, and any affidavits show that there is no genuine issue as to any material fact and that the movant  
25 is entitled to judgment as a matter of law.” Fed. R. Civ. P. 56(c). A party seeking summary judgment  
26 “always bears the initial responsibility of informing the district court of the basis for its motion, and  
27 identifying those portions of the pleadings, depositions, answers to interrogatories, and admissions on  
28 file, together with the affidavits, if any, which it believes demonstrate the absence of a genuine issue of

1 material fact.” Celotex Corp. v. Catrett, 477 U.S. 317, 323 (1986) (internal quotation marks omitted).  
2 Where the movant will have the burden of proof on an issue at trial, it must “affirmatively demonstrate  
3 that no reasonable trier of fact could find other than for the moving party.” Soremekun v. Thrifty  
4 Payless, Inc., 509 F.3d 978, 984 (9th Cir. 2007). “On an issue as to which the nonmoving party will  
5 have the burden of proof, however, the movant can prevail merely by pointing out that there is an  
6 absence of evidence to support the nonmoving party’s case.” Id. (citation omitted).

7 If the movant has sustained its burden, the nonmoving party must “show a genuine issue of  
8 material fact by presenting *affirmative evidence* from which a jury could find in [its] favor.” FTC v.  
9 Stefanchik, 559 F.3d 924, 929 (9th Cir. 2009) (citing Anderson v. Liberty Lobby, Inc., 477 U.S. 242, 257  
10 (1986)) (emphasis in the original). Although the nonmoving party need not establish a material issue  
11 of fact conclusively in its favor, it may not simply rely on “bald assertions or a mere scintilla of evidence  
12 in [its] favor” to withstand summary judgment. Stefanchik, 559 F.3d at 929. “Where the record taken  
13 as a whole could not lead a rational trier of fact to find for the nonmoving party, there is no ‘genuine  
14 issue for trial.’” Matsushita Electric Indus. Co. v. Zenith Radio Corp., 475 U.S. 574, 586 (1986)  
15 (citation omitted).

16 In resolving a summary judgment motion, “the court does not make credibility determinations  
17 or weigh conflicting evidence.” Soremekun, 509 F.3d at 984. Rather, “the evidence of the [nonmoving  
18 party] is to be believed, and all justifiable inferences are to be drawn in [its] favor.” Anderson, 477 U.S.  
19 at 255. See T.W. Electric Service, Inc. v. Pacific Electric Contractors Ass’n, 809 F.2d 626, 630-31 (9th  
20 Cir. 1987). Inferences, however, are not drawn out of the air; it is the nonmoving party’s obligation to  
21 produce a factual predicate from which the inference may justifiably be drawn. Richards v. Nielsen  
22 Freight Lines, 602 F. Supp. 1224, 1244-45 (E.D. Cal. 1985).

### 23 **III. EVIDENTIARY OBJECTIONS**

24 Plaintiff supports his motion for partial summary judgment with the following evidence: yard  
25 logs; Plaintiff’s inmate appeals; declarations by inmates Manuel Castanon, Arellano Everardo, and  
26 Michael Biondino; Plaintiff’s classification chronos; a copy of California Code of Regulations, Title 15,  
27 Section 3343(h); and a declaration by Plaintiff. Defendant raises several objections in his opposition  
28 to the majority of this evidence. The Court addresses each objection below.

1           **A.       Local Rule 260(a)**

2           As an initial matter, Defendant argues that Plaintiff’s motion for partial summary judgment is  
3 procedurally flawed because the motion does not contain a separate statement of undisputed facts as  
4 required by Local Rule 260(a). (Doc. 31 at 7.) Plaintiff, however, has included such a statement in his  
5 motion. (See Doc. 22 at 4-6.) In fact, Defendant references and responds to Plaintiff’s statement of  
6 undisputed facts elsewhere in his opposition. (See Doc. 31-1 at 1-6.) Defendant’s argument regarding  
7 this matter therefore lacks merit.

8           **B.       Yard Logs**

9           Plaintiff attaches to the pending motion several yard logs authored and signed by him. (Doc. 22,  
10 Ex. A.) Plaintiff explains that each time he was permitted to utilize the outdoor exercise yard, he  
11 recorded the time he left and returned to his cell in the log. (Doc. 32 at 6.) Plaintiff offers these logs  
12 as evidence that he never received five or more hours of yard time in any given week. (See Doc. 22 at  
13 10.) Defendant, however, objects to the yard logs, arguing that the logs constitute inadmissible hearsay  
14 which must be excluded under Federal Rules of Evidence 801 and 802. (Doc. 31 at 7-8.)

15           On summary judgment, “a party does not necessarily have to produce evidence in a form that  
16 would be admissible at trial, as long as the party satisfies the requirements of Federal Rules of Civil  
17 Procedure 56.” Block v. City of L.A., 253 F.3d 410, 419 (9th Cir. 2001) (citing Celotex Corp., 477 U.S.  
18 at 324). Rule 56 explicitly permits a party to support a motion for summary judgment with declarations,  
19 so long as they set forth facts based upon personal knowledge. Fed. R. Civ. P. 56(c)(1) & (4). Here,  
20 Plaintiff’s logs chronicling his outdoor yard times are based upon his first-hand knowledge, not hearsay.  
21 As mentioned above, Plaintiff asserts that each time he was permitted to use the outdoor exercise yard,  
22 he recorded the time he left and returned to his cell in the log.<sup>1</sup> Defendant’s objection to Plaintiff’s yard

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23  
24           <sup>1</sup> Plaintiff signed the yard logs, but not under the explicit penalty of perjury as required by 28 U.S.C. § 1746.  
25 Nevertheless, Defendant did not object to the yard logs on this ground. Thus, for the purposes of this motion, the Court treats  
26 the signed yard logs as the equivalent of a properly sworn declaration. Moreover, as this Court recently stated in Clark v.  
27 County of Tulare, 2010 U.S. Dist. LEXIS 121537 (E.D. Cal. Nov. 17, 2010), “At the summary judgment stage, courts focus  
28 on admissibility of the evidence’s content, not its form. Celotex Corp. v. Catrett, 477 U.S. at 324, 106 S.Ct. At 2553  
(opposing party need not “produce evidence in a form that would be admissible at trial in order to avoid summary judgment”)  
... A party must show that the evidence could be rendered in an admissible form at trial. Celotex, 477 U.S. 317, 106 S. Ct.  
2548, 91 L. Ed. 2d 265, decision after remand, Catrett v. Johns-Manville Sales Corp. 826 F.2d 33, 37, 263 U.S. App. D.C.  
399 (D.C. Cir. 1987). Thus, the substance of the evidence must be admissible, but the form of the evidence does not.”  
Clearly, at trial, this evidence could be presented properly through Plaintiff’s own testimony.

1 logs is therefore **OVERRULED**.

2 **C. Declarations of Manuel Castanon, Arellano Everardo, and Michael Biondino,**

3 Plaintiff supports his motion for partial summary judgment with the declarations of three other  
4 inmates confined at CCI. (Doc. 22, Exs. D-F.) The three inmates assert in their respective declarations  
5 that they receive substantially less than five hours of yard time in any given week. (See id.) Defendant,  
6 meanwhile, argues that these declarations should be excluded as evidence because they constitute  
7 inadmissible hearsay and are irrelevant.<sup>2</sup> (Doc. 31 at 8.)

8 Defendant’s hearsay objections to these declarations, like his hearsay objection to the yard logs,  
9 are fundamentally flawed. The substance of the declarations – statements by the declarant regarding the  
10 frequency of yard time he typically receives – is based upon the personal knowledge of the declarant and  
11 is therefore properly before the Court on a motion for summary judgment. Fed. R. Civ. P. 56(c)(1) &  
12 (4). Accordingly, Defendant’s hearsay objections to the declarations of Manuel Castanon, Arellano  
13 Everardo, and Michael Biondino are **OVERRULED**.

14 The declarations are also relevant. Although they do not establish Plaintiff’s actual outdoor  
15 exercise times, the declarations corroborate Plaintiff’s allegation that inmates confined at CCI were not  
16 provided at least five hours of yard time in any given week. In other words, the declarations tend to  
17 make it “more probable” that Plaintiff was deprived of outdoor exercise time for extended periods of  
18 time, a fact that is “of consequence to the determination of [this] action.” Fed. R. Evid. 401.  
19 Defendant’s objections to the declarations of Manuel Castanon, Arellano Everardo, and Michael  
20 Biondino on the basis of relevance are therefore **OVERRULED**.

21 **D. Declaration of Plaintiff**

22 Plaintiff attaches his own declaration to the pending motion for partial summary judgment,  
23 wherein he avers, among other things, that he was confined in the Security Housing Unit (“SHU”) at CCI  
24 for 15.5 months; during that time he received, on average, only 143 minutes of yard time every 13 days;  
25 the individual exercise yard for the SHU consists of a 150 foot wire-mesh cage with a toilet and sink;

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26  
27 <sup>2</sup> Defendant cites Federal Rule of Evidence 403(b). Rule 403, however, does not have a subsection (b). Moreover,  
28 Rule 403 pertains to evidence that is *relevant* but is nevertheless excluded due to its prejudicial or cumulative nature. To the extent that Defendant seeks to exclude evidence that is *irrelevant*, the proper authority is found in Federal Rules of Evidence 401 and 402.

1 he never refused an opportunity to utilize the exercise yard; and access to the yard was important to his  
2 mental and physical health. (Doc. 22, Ex. I.) Defendant, on the other hand, vaguely counters that the  
3 Court “should not consider Plaintiff’s declaration in evaluating a dispute as to a material fact because  
4 it is self-serving.” (Doc. 31 at 8.)

5       Declarations are “oftentimes . . . ‘self serving’ – [a]nd properly so, because otherwise there  
6 would be no point in a party submitting them.” SEC v. Phan, 500 F.3d 895, 909 (9th Cir. 2007)  
7 (quoting United States v. Shumway, 199 F.3d 1093, 1104 (9th Cir. 1999)). “Only in certain instances  
8 – such as when a declaration states only conclusions and not such facts as would be admissible in  
9 evidence – can a court disregard a self serving declaration for purposes of summary judgment.” Phan,  
10 500 F.3d at 909 (citation and internal quotation marks omitted). This is not the case here. Plaintiff’s  
11 declaration sets forth specific facts based upon his personal knowledge. Such information is properly  
12 before the Court on a motion for summary judgment. See Fed. R. Civ. P. 56(c)(1) & (4). Moreover,  
13 Plaintiff’s assertion that he received less than five hours of yard access a week is corroborated, to some  
14 extent, by the declarations of Manuel Castanon, Arellano Everardo, and Michael Biondino. Cf.  
15 Villiarimo v. Aloha Island Air, Inc., 281 F.3d 1054, 1059 n.5 & 1061 (9th Cir. 2002) (noting that  
16 uncorroborated, self-serving declaration insufficient to raise a genuine dispute of material fact on a  
17 motion for summary judgment). Accordingly, Defendant’s vague objection to Plaintiff’s declaration  
18 based upon its self-serving nature is **OVERRULED**.

19 **IV. UNDISPUTED FACTS**

20       Upon review of the evidence submitted by the parties in connection with the pending motion,  
21 the Court deems the following facts undisputed:

- 22       1.     On January 30, 2008, Plaintiff was transferred due to his disciplinary history from  
23             administrative segregation at Richard J. Donovan Correctional Facility (“RJD”) to the  
24             SHU at CCI. (Doc. 22, Ex. G.)
- 25       2.     Plaintiff was confined as a Level IV inmate in the SHU at CCI from January 30, 2008 to  
26             May 23, 2008. (Doc. 31-1, Def.’ Undisputed Facts (“DUF”) #3.)
- 27       3.     From May 23, 2008 to February 10, 2009, Plaintiff was housed at the San Diego County  
28             Jail for court appearances unrelated to this lawsuit. (Doc. 22, Ex. G.)

- 1 4. Plaintiff returned to the SHU at CCI on February 11, 2009, where he remained confined  
2 until at least January 20, 2010. (Doc. 22, Ex. G; Doc. 31-2, Ex. 5.)
- 3 5. In total, Plaintiff was confined in the SHU at CCI for approximately fifteen and one half  
4 months. (Doc. 22, Pl's Undisputed Facts ("PUF") #1.)
- 5 6. The SHU provides the maximum security for inmates whose conduct endangers the  
6 safety of others or the security of the institution; the SHU is considered a "prison within  
7 a prison" where inmates serve time for serious offenses committed while in the custody  
8 of the California Department of Corrections and Rehabilitation ("CDCR"). (Doc. 31-1,  
9 Def.'s Undisputed Facts ("DUF") #2.)
- 10 7. Pursuant to California Code of Regulations, Title 15, Section 3343(h), inmates in  
11 segregated housing such as the SHU are to be provided a minimum of one hour per day,  
12 five days a week, of out-of-cell exercise unless security and safety considerations  
13 preclude such activity. (Doc. 31-1, DUF #1.)
- 14 8. Due to Plaintiff's classification, his out-of-cell exercise in the SHU was limited to the  
15 Individual Exercise Yard ("IEM"), which consisted of individualized, isolated exercise  
16 cages that were reserved for high risk inmates. (Doc. 22, Ex. G; Doc. 31-2, Ex. 5.)
- 17 9. On March 26, 2008, Plaintiff filed an inmate appeal complaining that he was receiving  
18 out-of-cell exercise access only one day a week for two hours. Plaintiff's appeal was  
19 denied at the first level of review, wherein prison officials explained that yard time had  
20 been curtailed because CCI was under institutional lockdown and due to the inclement  
21 weather. (Doc. 22, Ex. B.)
- 22 10. On April 29, 2009, Plaintiff filed another inmate appeal complaining that he was  
23 receiving only two and a half hours of out-of-cell exercise once a week. Plaintiff's  
24 appeal was denied at the second level of review, wherein prison officials noted that every  
25 effort was being made to afford adequate exercise time for inmates requiring IEM access.  
26 However, at that time, the institution was experiencing difficulties in accommodating all  
27 the inmates on IEM status. (Doc. 22, Ex. C.)

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1 **V. DISCUSSION**

2 The Eighth Amendment’s prohibition against cruel and unusual punishment protects prisoners  
3 from inhumane conditions of confinement. Morgan v. Morgensen, 465 F.3d 1041, 1045 (9th Cir. 2006)  
4 (citing Farmer v. Brennan, 511 U.S. 825, 832 (1994)). Prison officials therefore have a constitutional  
5 “duty to ensure that prisoners are provided with adequate shelter, food, clothing, sanitation, medical care,  
6 and personal safety.” Johnson v. Lewis, 217 F.3d 726, 731 (9th Cir. 2000) (citations omitted); see  
7 Kennan v. Hall, 83 F.3d 1083, 1089 (9th Cir. 1996).

8 To establish a violation of this duty, a prisoner must satisfy both an objective and subjective  
9 requirement. See Wilson v. Seiter, 501 U.S. 294, 298 (1991). First, a prisoner must demonstrate an  
10 objectively serious deprivation, one that amounts to a denial of “the minimal civilized measures of life’s  
11 necessities.” Rhodes v. Chapman, 452 U.S. 337, 346 (1981). In determining whether a deprivation is  
12 sufficiently serious, “the circumstances, nature, and duration” of the deprivation must be considered.  
13 Johnson, 217 F.3d at 731. “The more basic the need, the shorter the time it can be withheld.” Hoptowit  
14 v. Ray, 682 F.2d 1237, 1259 (9th Cir. 1982). Second, a prisoner must demonstrate that prison officials  
15 acted with a sufficiently culpable state of mind, one of “deliberate indifference.” Wilson, 501 U.S. at  
16 303; Johnson, 217 F.3d at 733. In this regard, a prison official is liable only if he “knows of and  
17 disregards an excessive risk to inmate health and safety; the official must both be aware of facts from  
18 which the inference could be drawn that a substantial risk of serious harm exists, and he must also draw  
19 the inference.” Farmer, 511 U.S. at 837. Nonetheless, “a factfinder may conclude that a prison official  
20 knew of a substantial risk from the very fact that the risk was obvious.” Id. at 842.

21 **A. Objective Requirement**

22 Plaintiff contends that he was deprived of adequate out-of-cell exercise time. (Doc. 22 at 7.)  
23 Plaintiff cites California Code of Regulations, Title 15, Section 3343(h) and the Ninth Circuit’s decision  
24 in Spain v. Proconier, 600 F.2d 189 (9th Cir. 1979) for the proposition that the Eighth Amendment  
25 requires all inmates to be provided at least five hours of out-of-cell exercise per week. (Id. at 8.) As  
26 evidence that he was afforded less than this, Plaintiff offers yard logs chronicling the amount of yard  
27 time he was provided from March 19, 2009 to December 7, 2009. (Id., Ex. A.) Moreover, Plaintiff  
28 presents declarations from three other inmates confined at CCI affirming that they too receive far less



1 than five hours of out-of-cell exercise per week. (Id., Exs. D-F.)

2 It is well-established that “some form of regular outdoor exercise is extremely important to the  
3 psychological and physical well being of . . . inmates.” Spain, 600 F.2d at 199. Thus, complete denials  
4 of outdoor exercise for extended periods of time constitute objectively serious deprivations in violation  
5 of the Eighth Amendment. See Lopez v. Smith, 203 F.3d 1122, 1132-33 (9th Cir. 2000) (complete  
6 denial of outdoor exercise for six and a half weeks satisfies the Eighth Amendment’s objective  
7 requirement); Toussaint v. Yockey, 722 F.2d 1490, 1493 (9th Cir. 1984) (complete denial of outdoor  
8 exercise for a period of over one year “raised a substantial constitutional question”); Spain, 600 F.2d  
9 189, 199 (complete denial of outdoor exercise for four years constitutes a serious deprivation under the  
10 Eighth Amendment).

11 However, with respect to claims challenging the frequency or duration of an inmate’s outdoor  
12 access, “the Ninth Circuit has not identified a specific minimum amount of weekly exercise that must  
13 be afforded” under the Eighth Amendment. Jayne v. Bosenko, No. 2:08-cv-2767-MSB, 2009 WL  
14 4281995, at \*8 (E.D. Cal. Nov. 23, 2009) (citation omitted). Contrary to Plaintiff’s assertion, the Ninth  
15 Circuit in Spain did not establish a constitutional floor of five hours of outdoor exercise per week for  
16 all inmates. Rather, the Ninth Circuit in Spain held that the district court’s order mandating such, given  
17 the unique circumstances presented by that case, adequately satisfied the demands of the Eighth  
18 Amendment. In doing so, the Ninth Circuit, like other circuits confronting this issue, stopped far-short  
19 of establishing any specific weekly exercise minimum. See Rodgers v. Jabe, 43 F.3d 1082, 1087 (6th  
20 Cir. 1995) (“Although [the Sixth Circuit has] referred to the one hour per day, five days a week mandate  
21 in Spain, [the Sixth Circuit has] stopped far short of endorsing that amount, or indeed *any* amount, as  
22 a constitutional requirement.”) (emphasis in original). Thus, while Plaintiff has demonstrated through  
23 his evidence that he was not afforded five hours of outdoor exercise per week, that does not establish,  
24 in of itself, that Plaintiff suffered an objectively serious deprivation within the meaning of the Eighth  
25 Amendment.

26 Whether an inmate’s claim regarding the frequency or duration of his outdoor exercise arises to  
27 the level of an objectively serious deprivation “depend[s] on the circumstances of each case.” Perkins  
28 v. Kansas Dep’t of Corrections, 165, F.3d 803, 810 n.8 (10th Cir. 1999). Indeed, the determination as

1 to whether an inmate was afforded constitutionally sufficient exercise is highly “fact-specific” and  
2 requires consideration of a multitude of factors. See Davenport v. De Robertis, 844 F.2d 1310, 1315  
3 (7th Cir. 1988). In addition to the frequency and duration of outdoor exercise afforded to the inmate,  
4 the court should consider: “(1) the opportunity to be out of the cell; (2) the availability of recreation  
5 within the cell; (3) the size of the cell; and (4) the duration of confinement.” Wishon v. Gammon, 978  
6 F.2d 446, 449 (8th Cir. 1992) (citations omitted) (forty-five minutes of out-of-cell exercise per week did  
7 not violate Eight Amendment where the inmate had thirty minutes a week to shower, opportunities to  
8 leave his cell for personal telephone calls, and was allowed to receive visitors). Cf. Allen v. Sakai, 48  
9 F.3d 1082, 1088 (9th Cir. 1994) (forty-minutes of outdoor exercise a week was constitutionally  
10 insufficient, especially in light of the fact that plaintiff’s confinement in the SHU was “indefinite and  
11 therefore potentially long-term”).

12 In this case, it is undisputed that Plaintiff was confined in the SHU at CCI for well over a year  
13 and therefore endured the alleged unconstitutional condition of confinement for an extended period of  
14 time. (Doc. 22, PUF #1.) Plaintiff also asserts in his complaint that his cell was merely 96 square-feet  
15 and that out-of-cell yard time was his only opportunity for social interaction in an otherwise solitary  
16 living state. (Doc. 1 at 4, 6.) However, of key importance, Plaintiff has failed to establish exactly how  
17 much out-of-cell exercise time he was provided on average at CCI. In his complaint and pending  
18 motion, Plaintiff asserts that he was afforded only 143 minutes every thirteen days, which equates to 77  
19 minutes a week. (Doc. 1 at 4; Doc. 22 at 10, Ex. I.) In contrast, Plaintiff’s yard logs from March 19,  
20 2009 through December 7, 2009 reveal that Plaintiff was provided, on average, over 102 minutes per  
21 week.<sup>3</sup> (Doc. 22, Ex. A.) Furthermore, in Plaintiff’s inmate grievance, dated April 29, 2009, he reports  
22 that the inmates were receiving 150 minutes a week. (Id., Ex. C “602 Supplement”).

23 The declarations of Manuel Castanon, Arellano Everardo, and Michael Biondino fail to clarify  
24 the record in this regard. Although relevant, the declarations of these inmates do not affirmatively  
25 establish how much exercise Plaintiff was afforded. Inmate Castanon asserts that he has been confined  
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27 <sup>3</sup> Plaintiff’s yard logs cover his out-of-cell exercise times from March 19, 2009 through December 7, 2009, a span  
28 of 264 days. During that time frame, Plaintiff recorded 3,869 minutes of yard time, mostly in the form of two hour blocks  
every seven to ten days. The raw average derived from those numbers is 102.59 minutes per week (3,869 minutes / 264 days  
X 7 days/week).

1 in the SHU at CCI since 2008 and has only been provided on average six hours of yard time a month.  
2 (Doc. 22, Ex. D.) Inmate Everardo declares that he has been confined at CCI since March 3, 2009 and  
3 receives only two and a half hours of exercise every ten to seventeen days. (Id., Ex. E.) Inmate  
4 Biondino states that he has been confined at CCI for approximately nine months and receives about two  
5 and a half hours of exercise every two weeks. (Id., Ex. F.) The vagueness and variance between the  
6 ranges provided by the inmates demonstrate the inappropriateness of any attempt by the Court to  
7 extrapolate Plaintiff’s own yard times from these declarations.

8 The factual inconsistencies regarding Plaintiff’s weekly outdoor exercise times are material to  
9 this action. In Pierce v. County of Orange, 526 F.3d 1190 (9th Cir. 2008), the Ninth Circuit was  
10 confronted with a similar outdoor exercise claim involving pretrial detainees confined in Orange  
11 County.<sup>4</sup> The pretrial detainees, like Plaintiff, were confined in their cells for twenty-two hours or more  
12 each day, and the average duration of pretrial detention typically lasted anywhere from 110 to 312 days.  
13 See id. at 1212. Under these circumstances, the Ninth Circuit held that 90 minutes of weekly outdoor  
14 exercise “[did] not give meaningful protection to this basic human necessity” and therefore constituted  
15 a violation of the Eighth Amendment. Id. As a remedy, the Ninth Circuit upheld the lower court’s order  
16 which required inmates to be permitted exercise “at least twice each week for a total of not less than 2  
17 hours per week[.]” Id. at 1213. The Ninth Circuit found the remedy to be “narrowly drawn” and  
18 sufficient under those circumstances to correct the constitutional violation. Id.

19 Applying the general parameters provided by the Ninth Circuit in Pierce to this case, the Court  
20 is at a complete loss as to which of Plaintiff’s weekly averages to use for comparison. If the Court relied  
21 on the assertions in Plaintiff’s complaint and pending motion, the Court would be inclined to conclude,  
22 consistent with Pierce, that 77 minutes of outdoor exercise per week is insufficient under the Eighth  
23 Amendment. If, however, the Court relied on the yard logs which Plaintiff himself provides as evidence,  
24 the Court would hesitate to find that 102 minutes of out-of-cell yard time per week is an objectively  
25 serious deprivation. Finally, were the Court to rely on Plaintiff’s inmate appeal, the Court would be  
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27 <sup>4</sup> Claims by pretrial detainees arise under the Fourteenth Amendment Due Process Clause, not the Eighth  
28 Amendment. Bell v. Wolfish, 441 U.S. 520, 535 n.16 (1979). Nonetheless, because the rights of pretrial detainees under  
the Fourteenth Amendment are comparable to prisoners’ rights under the Eighth Amendment, the same standards are applied.  
Frost v. Agnos, 152 F.3d 1124, 1128 (9th Cir. 1998).

1 reluctant to find that 150 minutes of outdoor exercise per week constitutes a deprivation of “the minimal  
2 civilized measures of life’s necessities.” Rhodes, 452 U.S. at 346.

3 The Court does not mean to suggest that Plaintiff must provide evidence based upon  
4 mathematical precision as to the amount of exercise time he was afforded per week in order to ultimately  
5 prevail on the merits of his claim. That would belittle the seriousness of his allegations, as well as the  
6 protection afforded under the Eighth Amendment. However, by failing to provide the Court with a  
7 specific calculation supported by the evidence, Plaintiff has failed to meet his initial burden on summary  
8 judgment of demonstrating the absence of a genuine issue of material fact.

9 **B. Subjective Requirement**

10 Even assuming Plaintiff met his initial burden and satisfied the objective component of his  
11 Eighth Amendment claim, Plaintiff must still demonstrate, beyond controversy, that Defendant acted  
12 with deliberate indifference to prevail on summary judgment. “Showing ‘deliberate indifference’  
13 involves a two-part inquiry.” Thomas v. Ponder, 611 F.3d 1144, 1150 (9th Cir. 2010). First, the inmate  
14 must show that the prison official was aware of a “substantial risk of serious harm” to the inmate’s  
15 health or safety. Id. (citing Farmer, 511 U.S. at 837). Second, the inmate must show that the prison  
16 official had no “reasonable” justification for the alleged deprivation. Id.

17 Plaintiff has established that Defendant was aware of the limitations on Plaintiff’s out-of-cell  
18 exercise and the risks it posed to Plaintiff’s health. Plaintiff submitted several inmate appeals to prison  
19 officials regarding the inadequacy of his out-of-cell exercise. (Doc. 22, Exs. B & C.) On each occasion,  
20 prison officials, including those directly below Defendant, responded that they were well-aware of the  
21 situation, but for various reasons, would not provide Plaintiff with more frequent yard access. (See id.,  
22 Exs. B & C.) Prison officials also assured Plaintiff that additional IEM modules had been ordered and  
23 would possibly be installed in the near future. (Id., Ex. C.) Under these circumstances, the Court finds  
24 it difficult to believe that Defendant was ignorant of such a longstanding, pervasive, and well-  
25 documented issue. See Thomas, 611 F.3d at 1152 (“[A] prison warden is deemed to have the general  
26 knowledge that is expected, at a minimum, of an individual performing the functions of that job.”).  
27 Furthermore, because the Ninth Circuit has stressed for over thirty years that regular outdoor exercise  
28 is extremely important to the well-being of inmates, see Spain, 600 F.2d at 199, the Court concludes that

1 it was obvious to Defendant that the alleged deprivations in out-of-cell exercise posed a substantial risk  
2 to Plaintiff's health. See Thomas, 611 F.3d at 1152.

3 As to whether Defendant had a reasonable justification for limiting Plaintiff's out-of-cell  
4 exercise, Plaintiff argues that "the reality of the situation is that . . . Defendant Gonzales [simply] refuses  
5 to allocate funds to build enough module (cages) to give inmates on IEM there [sic] constitutional  
6 minimums." (Doc. 32 at 8.) Plaintiff dismisses any notion that security or safety concerns necessitated  
7 restrictions on yard access, especially since IEM cages, in Plaintiff's view, eliminated any risk of danger  
8 to inmates and staff. (Id. at 8.) Moreover, Plaintiff contends that the SHU is a super-max facility already  
9 subject to the strictest security measures. (Id. at 3.)

10 Defendant counters and provides evidence that on three occasions, the security and safety of the  
11 institution required the modification of Plaintiff's out-of-cell exercise privileges.<sup>5</sup> (Doc. 31 at 11.) First,  
12 from January 25, 2008 to March 19, 2008, Plaintiff's SHU unit was placed on program modification due  
13 to an attempted murder. (Doc. 31-2, Ex. 1.) Second, from April 3, 2008 to March 3, 2009, Plaintiff's  
14 SHU unit was placed on program modification due to another attempted murder. (Id.) Third, from May  
15 12, 2009 to May 28, 2009, Plaintiff's SHU unit was placed on program modification due to the  
16 possession of a weapon by an inmate and a death. (Id., Ex. 2.) According to Defendant, Plaintiff was  
17 deprived of a total of 148 days of out-of-cell exercise due to prison lockdowns.

18 The Ninth Circuit has made clear that "prison officials have a right and a duty to take the  
19 necessary steps to reestablish order in a prison when such order is lost." Norwood v. Vance, 591 F.3d  
20 1062, 1069 (9th Cir. 2010) (quoting Hoptowit, 682 F.2d at 1259). When a prison lockdown is initiated  
21 in response to a genuine security or safety emergency, prison officials may temporarily curtail inmates'  
22 outdoor exercise access without running afoul of the Eighth Amendment. See Hayward v. Procnier,  
23 629 F.2d 599, 603 (9th Cir. 1980); Spain, 600 F.2d at 199 (regular outdoor exercise must be provided  
24 "unless inclement weather, unusual circumstances, or disciplinary needs ma[k]e that impossible").  
25 "Such decisions are not to be judged with the benefit of hindsight . . . but whether prison officials  
26 reasonably believed they would be effective in stopping . . . violence." Norwood, 591 F.3d at 1069.

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27  
28 <sup>5</sup> Defendant does not clearly explain what is meant by program "modification." It appears to mean the complete  
or near complete curtailment of inmate exercise privileges due to a housing unit's lockdown status.

1 Prison officials are to be afforded “wide-ranging deference” regarding these matters. Id. (quoting Bell  
2 v. Wolfish, 441 U.S. 520, 547 (1979)). Accordingly, drawing all inferences from the evidence presented  
3 in favor of the non-moving party, the Court finds that there is a genuine dispute of material fact as to  
4 whether the prison lockdowns constituted reasonable justification for depriving Plaintiff of out-of-cell  
5 exercise from January 25, 2008 to March 19, 2008; from April 3, 2008 to May 28, 2008; and from May  
6 12, 2009 to May 28, 2009. The precise circumstances surrounding these lockdowns and whether the  
7 restrictions on out-of-cell exercise bore a reasonable relationship to legitimate attempts at easing security  
8 emergencies are issues to be resolved by the factfinder.

9 Defendant’s remaining justifications for curtailing Plaintiff’s out-of-cell exercise are far less  
10 persuasive. Defendant argues that Plaintiff’s own disciplinary history required his assignment to the  
11 SHU and to IEM status, thereby exposing him to potential exercise restrictions. (Doc. 31 at 12.) Of  
12 particular concern to Defendant, is Plaintiff’s past rules violations involving violence, including an  
13 attempted battery on a peace officer and several incidents of battery on other inmates. (Doc. 31-2, Ex.  
14 5.) However, the Court cannot accept the sweeping proposition that Plaintiff’s assignment to the SHU  
15 and to IEM status, in of itself, justifies a long-term deprivation of out-of-cell exercise. Plaintiff’s Eighth  
16 Amendment right to adequate outdoor exercise was not extinguished upon his entrance into segregated  
17 housing. See Spain, 600 F.2d at 199-200 (inmates in AC, a segregated housing unit, were entitled to  
18 regular outdoor exercise).

19 Nor was Plaintiff’s disciplinary history analogous to that of the inmate in LeMaire v. Maass, 12  
20 F.3d 1444 (9th Cir. 1993). In LeMaire, the Ninth Circuit reversed the district court’s finding that the  
21 deprivation of outdoor exercise for most of a five-year period violated the Eighth Amendment. In  
22 reaching its decision, the Ninth Circuit emphasized that “[t]he record amply demonstrates that . . .  
23 [inmate] LeMaire is a violent and dangerous person with no regard for other human beings.” Id. at  
24 1449. Through his repeated acts of extreme violence against prison officials and other inmates alike,  
25 inmate LeMaire demonstrated that he “posed a grave security risk when outside his cell.” Id. at 1458.  
26 Under those circumstances, the Ninth Circuit held that “as long as [an inmate] engages in violent and  
27 disruptive behavior, prison officials are authorized and indeed required to take appropriate measures to  
28 maintain prison order and discipline[.]” Id. at 1458. That is not the case here. With the exception of

1 two rules violations, Plaintiff remained largely disciplinary free during his fifteen-month tenure in the  
2 SHU. (Doc. 31-2, Ex. 5.) Defendant has presented no evidence that Plaintiff posed such a “grave  
3 security risk” that officials were forced to curtail his out-of-cell exercise time in order to maintain prison  
4 order. LeMaire, 12 F.3d at 1458.

5 Finally, the Court rejects any justification premised on the “reality” that “IEM programming  
6 requires extensive resources” which cannot always be afforded to inmates. (Doc. 31 at 12.) “The cost  
7 or inconvenience of providing adequate facilities is not a defense to the imposition of cruel and unusual  
8 punishment.” Spain, 600 F.2d at 200. Although practical difficulties involved in administering a prison  
9 may *occasionally* justify the deprivation of outdoor exercise, the Ninth Circuit has rejected the argument  
10 that logistical problems can justify long-term, systemic deprivations of outdoor exercise. See Allen, 48  
11 F.3d at 1088. Thus, while sympathetic to the issue of overcrowding and budgetary shortfalls currently  
12 faced by the prison system, the Court cannot accept such as a legitimate excuse for depriving Plaintiff  
13 of adequate outdoor exercise for over fifteen months.

#### 14 **VI. CONCLUSION**

15 Plaintiff has failed to meet his burden to demonstrate the absence of a genuine issue of material  
16 fact. Moreover, Defendant has demonstrated with affirmative evidence that there is a genuine dispute  
17 as to whether security lockdowns justified deprivations in Plaintiff’s out-of-cell exercise from January  
18 25, 2008 to March 19, 2008; from April 3, 2008 to May 28, 2008; and from May 12, 2009 to May 28,  
19 2009. Accordingly, it is **HEREBY ORDERED** that Plaintiff’s April 20, 2010, motion for partial  
20 summary judgment (Doc. 22) is **DENIED**.

21  
22 IT IS SO ORDERED.

23 Dated: February 3, 2011

24 /s/ Jennifer L. Thurston  
25 UNITED STATES MAGISTRATE JUDGE  
26  
27  
28