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UNITED STATES DISTRICT COURT

EASTERN DISTRICT OF CALIFORNIA

GRACIELA SALINAS,)	1:10cv02095 AWI DLB
)	
Plaintiff,)	FINDINGS AND RECOMMENDATIONS
)	REGARDING PLAINTIFF’S
v.)	SOCIAL SECURITY COMPLAINT
)	
MICHAEL J. ASTRUE, Commissioner)	
of Social Security,)	
)	
Defendant.)	

BACKGROUND

Plaintiff GRACIELA SALINAS (“Plaintiff”) seeks judicial review of a final decision of the Commissioner of Social Security (“Commissioner”) denying her application for supplemental security income pursuant to Title XVI of the Social Security Act. The matter is currently before the Court on the parties’ briefs, which were submitted, without oral argument, to the Magistrate Judge for Findings and Recommendations to the District Court.

FACTS AND PRIOR PROCEEDINGS¹

Plaintiff filed her application on July 10, 2008, alleging disability since August 15, 2006, due to stage III breast cancer, depression, right arm pain and right-sided upper body numbness. AR 95-104, 127-133. After her application was denied initially and on reconsideration, Plaintiff

¹ References to the Administrative Record will be designated as “AR,” followed by the appropriate page number.

1 requested a hearing before an Administrative Law Judge (“ALJ”). AR 46, 66-70, 74. ALJ
2 Sharon Madsen held a hearing on April 6, 2010, and issued a decision denying benefits on May
3 28, 2010. AR 22-30, 496, 518. The Appeals Council denied review on September 10, 2010. AR
4 6-8.

5 Hearing Testimony

6 ALJ Madsen held a hearing on April 6, 2010, in Fresno, California. Plaintiff appeared
7 with her attorney, Gina Fazio. Vocational expert (“VE”) Thomas Dachelet also appeared and
8 testified. AR 496.

9 Plaintiff testified that she was born in 1957. AR 500. She is married and lives with her
10 husband and their 20 year old son. Plaintiff’s husband is not working, but is looking for a job.
11 AR 501-502. Plaintiff completed the eighth grade. She has a driver’s license and is able to
12 drive. AR 502.

13 Plaintiff explained that she has problems taking care of her personal needs, such as taking
14 a bath. She can’t use her arms for some things and doesn’t perform many household chores. She
15 can wash some dishes and microwave food. AR 502-503. Plaintiff sometimes goes shopping
16 and regularly goes to church. She has a two year-old grandchild but does not care for the child.
17 AR 503. During a typical day, Plaintiff spends the day resting. She doesn’t always watch
18 television and does not read or listen to music. AR 503.

19 Plaintiff last worked in 2003 and was laid off after a few months. AR 505.

20 Plaintiff had breast cancer but has not had a reoccurrence. AR 505. She has numbness
21 and pain in her right arm, as well as numbness in the right side of her upper body. AR 505.
22 Plaintiff wears a stocking on her right arm all the time, though she still has problems with
23 swelling. Plaintiff does home exercises but they do not help with the pain and swelling. AR
24 506. Plaintiff cannot reach back with her right arm and cannot use it to lift anything. She also
25 has trouble using the right arm for gripping and grasping. AR 507.

26 Plaintiff also has diabetes, which is under control. She no longer takes medication but
27 checks her blood sugar levels. Plaintiff was no longer taking blood pressure medication. AR
28 507.

1 Plaintiff thought that she could lift five pounds, using both hands. She has no problem
2 with sitting or standing. Walking causes pressure on her right side and she estimated that she
3 could try walking for an hour. AR 508.

4 When questioned by her attorney, Plaintiff testified that she was right-handed. She does
5 not drive very much, maybe 30 minutes a week, and has trouble holding the steering wheel with
6 her right arm. She could hold the wheel for about 30 minutes. Plaintiff has pain in her hands
7 when she puts dishes into the dishwasher. AR 509. Plaintiff mostly uses her left hand to load
8 the dishwasher. She sometimes needs help getting dressed. AR 510.

9 In addition to reaching back, Plaintiff also has trouble reaching up and forward. Plaintiff
10 does not cook because she's scared of burning herself. She does not vacuum or do yard work,
11 and uses her left hand to fold laundry. AR 511. Plaintiff explained that her left hand began
12 hurting about a month ago. She is also having trouble holding onto things. AR 512.

13 Plaintiff went to Behavioral Health for depression about a month ago, after an eight to
14 nine month wait because of insurance issues. AR 512-513. She is planning to go back for
15 treatment. Plaintiff takes medication for depression, which helped "kind of, not very much."
16 Plaintiff's medications make her weaker and she takes 15 minute naps everyday. AR 513.

17 When questioned by the ALJ, Plaintiff explained that she was taking Motrin for her arm
18 pain and that it helps a little bit. AR 514.

19 For the first hypothetical, the ALJ asked the VE to assume a person of Plaintiff's age,
20 education and experience. This person could lift and carry 20 pounds occasionally, 10 pounds
21 frequently, and sit, stand and walk for 6 hours. The VE testified that this person could perform
22 Plaintiff's past work as a file clerk. AR 516.

23 For the second hypothetical, the ALJ asked the VE to add a limitation to occasional
24 overhead and backwards reaching and a prohibition against forceful gripping and grasping. The
25 VE testified that this person could perform unskilled, light work, with a thirty percent erosion.
26 Possible positions included grader, flat work tier and information clerk. AR 516-517.

27 For the third hypothetical, the ALJ asked the VE to assume a person who could lift 20
28 pounds occasionally, 10 pounds frequently, sit, stand and walk for 6 hours and occasionally reach

1 and handle. This person could occasionally perform forceful gripping and grasping and the right
2 arm could be used as a “helper” only. The VE testified that this person could not work. AR 517.

3 Medical Record

4 After a diagnosis of stage III right breast carcinoma, Plaintiff underwent a right modified
5 radical mastectomy and axillary node dissection on October 4, 2006. AR 216-217. On
6 October 30, 2006, Robert W. D’Acquisto, M.D., noted that an October 26, 2006, PET scan and
7 CT scan were negative for metastatic disease. He diagnosed her with aggressive, large right
8 breast cancer with two positive lymph nodes. He recommended that Plaintiff start chemotherapy
9 on November 13, 2006. AR 332, 336-337.

10 Plaintiff returned for follow-up on February 26, 2007. She reported that she was
11 extremely depressed, though she wouldn’t explain why. Dr. D’Acquisto recommended that
12 Plaintiff see the social worker to discuss the issue. AR 280.

13 On March 1, 2007, Dr. D’Acquisto noted that Plaintiff was feeling much better, both
14 physically and psychologically. Plaintiff had completed her chemotherapy and was referred for
15 radiation therapy. AR 275. Her chest port was removed on March 2, 2007, after an infection.
16 AR 276.

17 Plaintiff saw Li Liu, M.D., for a radiation oncology follow-up on July 5, 2007. She had
18 no specific complaints and denied upper extremity swelling or pain. There were no obvious
19 signs of anxiety, agitation or depression and short and long term memory seemed to be intact.
20 There was no evidence of disease. AR 360.

21 Plaintiff was seen in follow-up on August 1, 2007. She was doing extremely well and her
22 only complaint was fatigue. AR 255.

23 On October 5, 2007, Plaintiff began complaining of right arm weakness. She was
24 diagnosed with residual right shoulder/arm weakness. AR 209.

25 On October 24, 2007, Plaintiff returned to Dr. D’Acquisto, who noted that Plaintiff was
26 doing very well and reported that her recent PET scan and mammogram were negative. Other
27 than toenail fungus, her examination was normal. AR 249-251.

1 Plaintiff was seen at Alta Family Health Clinic on January 8, 2008. She complained of
2 right arm pain for the prior three weeks and needed paperwork filled out. Plaintiff reported
3 soreness in the right arm since her mastectomy and an inability to rotate her arm as much as she
4 used to. Plaintiff also reported feeling depressed because of her cancer diagnosis and felt she
5 was mentally unable to work or go back to school. Plaintiff was sad and tearful and had limited
6 range of motion in the right arm. The right arm was also weaker than the left at 4/5. She was
7 diagnosed with depression and right arm pain. AR 409.

8 On January 16, 2008, Plaintiff was seen at Kings River Physical Therapy for an initial
9 evaluation. Plaintiff reported that she began experiencing pain in her right shoulder two weeks
10 ago. She was able to lay on the right side without discomfort and does not wake to pain.
11 Plaintiff had decreased range of motion in the right shoulder, decreased AC joint mobility, mild
12 postural deviations and subjective reports of recent onset of pain. Timothy L. Altomare, P.T.,
13 recommended that Plaintiff undergo three therapy sessions per week for eight weeks. AR 398-
14 399.

15 Plaintiff returned to Dr. Liu on January 17, 2008, for radiation oncology follow-up. She
16 attended physical therapy for her right arm and reported significant improvement in range of
17 motion, though she continued to have numbness in the right arm. On examination, there was no
18 evidence of disease. AR 359.

19 Plaintiff was seen in follow-up on February 29, 2008. Plaintiff complained of difficulty
20 with range of motion of the right arm, and slight swelling in the upper part of the arm. There
21 were no complaints of pain and no signs of recurrent breast cancer. Plaintiff was doing “very
22 well” and was given a prescription for physical therapy to try and improve range of motion in the
23 right arm. AR 244.

24 Plaintiff was discharged from physical therapy on April 28, 2008. She reported
25 improvement in her range of motion and stated that she is performing exercises at home as
26 instructed. On examination, range of motion in the shoulder improved and strength was 5/5.
27 Joint mobility was unremarkable. Plaintiff demonstrated excellent tolerance to the home
28 exercise program. Range of motion had improved with decreased reports of pain. AR 400.

1 Plaintiff returned for follow-up on May 23, 2008, and reported that she was feeling well
2 and that physical therapy helped somewhat. Plaintiff complained of some sadness and daytime
3 crying and stated that she and her husband were out of work. Plaintiff was given samples of
4 Effexor. AR 244.

5 Plaintiff was seen at Alta Family Health Clinic on June 27, 2008, for lab work and
6 completion of Social Security paperwork. Plaintiff was wearing a compression tube/sock on her
7 right arm and was tearful at times. She was instructed to increase her Effexor. AR 201.

8 Also on June 27, 2008, Nurse Practitioner Melvin J. Duech opined that Plaintiff could not
9 work. Her right arm was permanently weak and swollen due to prior cancer surgery and she had
10 temporary major depression. Nurse Duech noted that Plaintiff is receiving medication and
11 counseling in hopes of allowing her to start a training educational program. AR 198.

12 Plaintiff returned to Alta Family Health Clinic on July 8, 2008, and complained of right
13 arm pain since her mastectomy. Plaintiff also complained of depression since her cancer
14 diagnosis and reported that she was mentally unable to work. Plaintiff was sad and tearful. She
15 had limited range of motion in her right arm and her right arm was weaker. AR 204.

16 Plaintiff saw Debra C. Garley, M.D., on August 22, 2008. She had a small amount of
17 lymphedema in the right upper arm and reported weakness in the right hand. Plaintiff also
18 complained of some fatigue and reported that she was not sleeping well at night. Dr. Garley
19 recommended a follow up PET scan given the weakness in her right hand AR 372.

20 Plaintiff underwent a PET/CT scan on September 3, 2008. There was no compelling
21 evidence of recurrent or metastatic breast carcinoma and no new abnormalities when compared
22 to the October 17, 2007, scan. AR 371.

23 On October 27, 2008, Plaintiff saw Shireen R. Damania, M.D., for a psychiatric
24 consultation. Plaintiff complained of depression and lymphedema in the right arm resulting from
25 radiation and chemotherapy. Plaintiff has pain and numbness in the arm and has to wear an
26 elastic sleeve. Plaintiff last worked in a doctor's office in 2002, but was laid off. She lives with
27 her husband, a disabled construction worker, and her two sons. Plaintiff reported becoming
28 increasingly tearful because of her situation and said she is embarrassed when she picks up her

1 food stamps. Plaintiff was taking Effexor, prescribed by her primary care physician, for
2 depression. Plaintiff stated that during the day, she tries to do a little, including cooking a little,
3 watching television and driving to see her family. AR 351-353.

4 On mental status examination, Plaintiff's mood was mildly depressed. She was teary-
5 eyed at times, but smiled appropriately other times. Memory for recent and past recall was intact
6 and her attention span was within normal limits. Plaintiff was of average intelligence and insight
7 and judgment were adequate. AR 353. Dr. Damania diagnosed adjustment disorder with
8 depressed mood and noted that Plaintiff had a moderate level of psychosocial stressors (health
9 concerns and unemployment). Plaintiff had good interpersonal and social skills and there were
10 no difficulties with memory, concentration, persistence or pace. Plaintiff could understand,
11 remember and carry out three and four step job instructions in a work like setting, respond
12 appropriately to coworkers, supervisors and the public, respond appropriately to usual work
13 situations and deal with changes in a routine work setting with normal supervision. AR 354.

14 On October 30, 2008, Plaintiff was seen for a radiation oncology follow-up. Plaintiff
15 complained of mild right chest wall tightness but denied shortness of breath. Plaintiff was not in
16 acute distress and there was no edema in her extremities. Dr. Lui concluded that there was no
17 evidence of disease and instructed Plaintiff to return in six months. AR 357.

18 Also on October 30, 2008, Plaintiff saw Dr. Garley for a cancer follow-up. Plaintiff was
19 doing well, though she had some lymphedema in her right arm. Plaintiff had received physical
20 therapy to show her how to perform massages and was wearing a compression sleeve. She was
21 still taking Effexor and reported good activity and normal appetite. Dr. Garley noted that
22 Plaintiff was doing very well and had no evidence of cancer recurrence. AR 369.

23 On November 10, 2008, Plaintiff saw Rustom F. Damania, M.D., for a physical
24 consultive examination. Plaintiff complained of pain and swelling in her right arm and some
25 parathesias in the right upper portion of the arm. Plaintiff reported that sunlight sometimes
26 aggravates the pain. She also reported diabetes, hyperlipidemia and pain in her left arm based on
27 overuse. Plaintiff stated that she does most household chores but has difficulty with lifting
28 anything heavy with the right arm. AR 375.

1 On examination, Plaintiff was not in any acute distress or discomfort. Coordination and
2 gait were normal. Range of motion of the spine, hips, knees, ankles, elbows, wrist, fingers and
3 thumbs was normal. Range of motion in the left shoulder was normal. Range of motion in the
4 right shoulder was decreased and Plaintiff had difficulty due to pain. The right arm was wrapped
5 from the wrist to the shoulder in a tight Ace bandage. No tenderness or swelling was noted.
6 There was no sensory impairment in the hand. AR 377. Motor strength was 5/5 in both upper
7 and lower extremities and sensation and reflexes were normal. AR 378.

8 Dr. Damania diagnosed status post stage III breast cancer, right arm wrapped due to
9 subjective history of lymphedema but no objective findings, diabetes and hyperlipidemia. He
10 believed that Plaintiff should be able to lift and carry 20 pounds occasionally, 10 pounds
11 frequently, with the left side. With the right side, Plaintiff would be restricted to 10 pounds
12 occasionally and frequently. She would need a tight Ace wrap around the right arm. Plaintiff
13 could stand, walk and sit without restriction. She had no postural limitations or manipulative
14 limitations on the left side. Plaintiff could perform occasional reaching, handling, feeling or
15 grasping with the right arm. AR 378.

16 On April 22, 2009, State Agency physician P. Frye, M.D., completed a Physical Residual
17 Functional Capacity Assessment. Dr. Frye opined that Plaintiff could occasionally lift and carry
18 20 pounds, 10 pounds frequently. Plaintiff could stand and/or walk for 6 hours and could sit for
19 6 hours. Plaintiff could not perform overhead reaching with the right upper extremity, but could
20 occasionally reach in other directions, handle, feel and grasp with the right arm. She could
21 frequently climb ramps and stairs, but could never climb ladders, ropes or scaffolds. Plaintiff
22 could frequently balance, stoop, kneel and crouch, but could never crawl. AR 379-383.

23 On April 30, 2009, Plaintiff began seeing Robin Linscheid, M.D., at United Health
24 Centers. Plaintiff complained of right arm pain and edema in her right arm and was wearing a
25 compression stocking. Plaintiff also complained of mild symptoms of depression, though she
26 was no longer taking Effexor. There was no edema or tenderness to palpation in Plaintiff's right
27 upper extremity, though she had slight limited range of motion with elevation of her right arm
28 and external rotation. Plaintiff could only touch her ear and not the back of her head with the

1 right arm, and internal rotation was also somewhat limited. Sensation was normal and grip
2 strength was 5/5 bilaterally. Dr. Linscheid diagnosed right arm pain likely secondary to
3 mastectomy and chemoradiation. Plaintiff was given amitriptyline to help with the pain and
4 depression. AR 444-445.

5 In May 2009, a State Agency physician completed a Psychiatric Review Technique Form
6 and opined that Plaintiff's mental impairment was not severe. AR 386.

7 Plaintiff returned to Dr. Linscheid on May 22, 2009. She reported that amitriptyline
8 helped her right arm pain and depression, though she was having daytime sleepiness. Her
9 symptoms of depression continued and her husband's health, as well as her financial situation,
10 were continued stressors. Plaintiff was tearful in the room and crying, though she was
11 consolable. Plaintiff wore the compression stocking and there was no edema in the extremities.
12 She had 2+⁺/₄ pulses bilaterally. Dr. Linscheid diagnosed right arm pain secondary to
13 lymphedema and decreased Plaintiff's amitriptyline to help with daytime sleepiness. Plaintiff
14 was also referred to Fresno Behavioral Health for further treatment. Dr. Linscheid also noted
15 that Plaintiff had been denied disability, but that she has a number of medical problems that
16 contribute to her inability to work, including a mental disorder with depression. AR 441.

17 On June 22, 2009, Plaintiff saw Dr. Linscheid in follow-up for depression. Plaintiff
18 reported that she was sleeping better and that her mood was elevated. Plaintiff was able to get
19 out and do things with friends and was not as fatigued and depressed. She continues to be
20 stressed at home, however, because of her disabled husband. Plaintiff's insomnia and pain were
21 improved with amitriptyline and her compression stocking helped her lymphedema. Plaintiff
22 was in no acute distress. Her right upper extremity had no edema, but it was in a compression
23 stocking. Radial pulses were 2+⁺/₄ bilaterally. Dr. Linscheid diagnosed depression, mild and
24 much improved. Plaintiff was instructed to continue her amitriptyline and was given a referral to
25 behavioral health, though Dr. Linscheid believed that Plaintiff was improving and did not need
26 further treatment. Plaintiff was instructed on diet and exercise to keep her blood pressure down.
27 AR 439.

1 Plaintiff saw Doan T. Truong, a social worker at UMHC, on November 21, 2009. She
2 complained of feeling depressed, worried, helpless and hopeless nearly every day for the past
3 three years. Plaintiff's mood was depressed and her affect was congruent. Thoughts were
4 focused, logical and coherent but she was preoccupied with health problems and financial
5 hardship. Memory was fair and judgment and insight were good. Mr. Truong diagnosed major
6 depressive disorder, recurrent, moderate and recommended medication support services. AR
7 486, 489-491.

8 On February 3, 2010, Plaintiff saw Dr. Linscheid. She has had no evidence of active
9 cancer since her diagnosis and treatment. Plaintiff continued to have some pain and occasional
10 lymphedema in the right arm. Plaintiff had a hole in her compression stocking and could not use
11 it, though it was helpful for her pain. Plaintiff was in no acute distress. She was tender to
12 palpation along the right upper arm, though there was no noticeable edema. Dr. Linscheid
13 assessed lymphedema and gave her a prescription for a new compression stocking and
14 amitriptyline to help with pain and sleep. AR 435.

15 Plaintiff began mental health treatment with Jorge Urbina, M.D., on March 19, 2010.
16 Plaintiff was being maintained on amitriptyline and reported depressed mood, crying spells,
17 worthlessness, poor motivation and sleeping problems. She also reported stressors from her
18 medical and financial issues. Plaintiff's mood was depressed and her affect was tearful.
19 Intelligence was average and insight and judgment were normal. Dr. Urbina diagnosed major
20 depressive disorder, recurrent, severe, and instructed Plaintiff to start Zoloft and gradually
21 discontinue amitriptyline. AR 483-484.

22 Also on March 19, 2010, Dr. Urbina completed a form for Fresno County General Relief.
23 Dr. Urbina opined that Plaintiff could not work due to "depressed mood, worthlessness,
24 anhedonia, poor appetite and sleeping patterns and social isolation." The onset date was March
25 19, 2010, and the disability was temporary. Dr. Urbina expected to release Plaintiff for work on
26 September 30, 2010. AR 478-479.

27 On March 29, 2010, Dr. Linscheid completed a Questionnaire and opined that Plaintiff
28 could perform no more than sedentary work. Plaintiff's primary impairment was right arm pain

1 and lymphedema secondary to right breast cancer and treatment. Plaintiff had “exquisite
2 tenderness to palpation” along the right arm and increasing edema with repetitive heavy lifting.
3 Plaintiff could sit for 8 hours and stand and/or walk for 2 hours. She did not need to lie down or
4 elevate her legs, but needed to be able to wear a compression stocking on the right arm during
5 work. Dr. Linscheid stated that she first saw Plaintiff on April 30, 2009, and that she was
6 disabled to this degree at that time. AR 475.

7 Plaintiff returned to Dr. Urbina on April 20, 2010. She reported feeling better with the
8 medication and rated her depression at an 8 out of 10. Plaintiff’s mood was depressed and her
9 affect was restricted. Her intelligence was average and intelligence and insight were normal. Dr.
10 Urbina instructed Plaintiff to increase her Zoloft. AR 482.

11 ALJ’s Findings

12 The ALJ determined that Plaintiff had the severe impairments of status post stage IV²
13 breast cancer, status post right modified radical mastectomy, and right upper extremity
14 lymphedema. AR 24. Despite these impairments, the ALJ determined that Plaintiff retained the
15 residual functional capacity (“RFC”) to lift and carry 20 pounds occasionally, 10 pounds
16 frequently, stand and/or walk for 6 hours, sit for 6 hours and occasionally reach overhead or
17 backwards with the right upper extremity. Plaintiff could not perform any forceful gripping or
18 grasping. AR 26. With this RFC, Plaintiff could not perform her past relevant work but could
19 perform a significant number of positions in the national economy. AR 28-29.

20 SCOPE OF REVIEW

21 Congress has provided a limited scope of judicial review of the Commissioner’s decision
22 to deny benefits under the Act. In reviewing findings of fact with respect to such determinations,
23 the Court must determine whether the decision of the Commissioner is supported by substantial
24 evidence. [42 U.S.C. 405](#) (g). Substantial evidence means “more than a mere scintilla,”
25 [Richardson v. Perales, 402 U.S. 389, 402 \(1971\)](#), but less than a preponderance. [Sorenson v.](#)
26 [Weinberger, 514 F.2d 1112, 1119, n. 10 \(9th Cir. 1975\)](#). It is “such relevant evidence as a
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28 ² The ALJ appears to have mistakenly characterized Plaintiff’s cancer as stage IV.

1 reasonable mind might accept as adequate to support a conclusion.” [Richardson, 402 U.S. at](#)
2 [401](#). The record as a whole must be considered, weighing both the evidence that supports and
3 the evidence that detracts from the Commissioner’s conclusion. [Jones v. Heckler, 760 F.2d 993,](#)
4 [995 \(9th Cir. 1985\)](#). In weighing the evidence and making findings, the Commissioner must
5 apply the proper legal standards. *E.g.*, [Burkhart v. Bowen, 856 F.2d 1335, 1338 \(9th Cir. 1988\)](#).
6 This Court must uphold the Commissioner’s determination that the claimant is not disabled if the
7 Secretary applied the proper legal standards, and if the Commissioner’s findings are supported by
8 substantial evidence. *See* [Sanchez v. Sec’y of Health and Human Serv., 812 F.2d 509, 510 \(9th](#)
9 [Cir. 1987\)](#).

10 REVIEW

11 In order to qualify for benefits, a claimant must establish that he is unable to engage in
12 substantial gainful activity due to a medically determinable physical or mental impairment which
13 has lasted or can be expected to last for a continuous period of not less than 12 months. [42](#)
14 [U.S.C. § 1382c](#) (a)(3)(A). A claimant must show that he has a physical or mental impairment of
15 such severity that he is not only unable to do her previous work, but cannot, considering his age,
16 education, and work experience, engage in any other kind of substantial gainful work which
17 exists in the national economy. [Quang Van Han v. Bowen, 882 F.2d 1453, 1456 \(9th Cir. 1989\)](#).
18 The burden is on the claimant to establish disability. [Terry v. Sullivan, 903 F.2d 1273, 1275 \(9th](#)
19 [Cir. 1990\)](#).

20 In an effort to achieve uniformity of decisions, the Commissioner has promulgated
21 regulations which contain, inter alia, a five-step sequential disability evaluation process. [20](#)
22 [C.F.R. §§ 404.1520](#) (a)-(f), 416.920 (a)-(f). Applying this process in this case, the ALJ found
23 that Plaintiff: (1) had not engaged in substantial gainful activity since the alleged onset of her
24 disability; (2) has an impairment or a combination of impairments that is considered “severe”
25 (status post stage IV breast cancer, status post right modified radical mastectomy, and right upper
26 extremity lymphedema) based on the requirements in the [Regulations \(20 CFR §§ 416.920\(b\)\)](#);
27 (3) does not have an impairment or combination of impairments which meets or equals one of the
28 impairments set forth in Appendix 1, Subpart P, Regulations No. 4; (4) could not perform her

1 past relevant work; but (5) could perform a significant number of jobs in the national economy.
2 AR 24-29.

3 Here, Plaintiff argues that the ALJ (1) improperly analyzed the medical evidence; (2)
4 incorrectly found that her mental impairment was non-severe; and (3) improperly analyzed her
5 subjective testimony.

6 **DISCUSSION**

7 A. Analysis of the Medical Evidence

8 Plaintiff sets forth two arguments concerning the ALJ's treatment of the medical
9 evidence. First, she contends that the ALJ should have recontacted treating sources for medical
10 source statements. Second, she argues that the ALJ improperly rejected certain opinions.

11 The ALJ determined that Plaintiff retained the RFC to lift and carry 20 pounds
12 occasionally, 10 pounds frequently, stand and/or walk for 6 hours, sit for 6 hours and
13 occasionally reach overhead or backwards with the right upper extremity, but with no forceful
14 gripping or grasping. AR 26. In so finding, the ALJ gave little weight to Dr. Linscheid's opinion
15 that Plaintiff could not perform more than sedentary work and could not stand or walk for more
16 than 2 hours. AR 28. The ALJ gave "some weight" to the opinions of consultive examiner Dr.
17 Damania and the State Agency physician, but explained that he did not adopt the restrictions on
18 lifting or overhead reaching with the right arm. AR 28. Ultimately, the ALJ's RFC most closely
19 resembled the opinion of the State Agency physician, Dr. Frye.

20 1. Recontacting Physicians

21 Plaintiff suggests that the ALJ erred by failing to recontact Nurse Practitioner Duech, who
22 on June 27, 2008, opined that Plaintiff could not work because of weakness and swelling in her
23 right arm and temporary major depression. Plaintiff contends that Nurse Duech and Dr.
24 Linscheid should have been recontacted "to obtain clarification." Opening Brief, at 6.

25 Plaintiff does not explain, however, what aspects of their opinions needed clarification.
26 Plaintiff also references the ALJ's "confusion," though she does not further elaborate. Opening
27 Brief, at 6.

1 It is Plaintiff's burden to produce full and complete medical records, not the
2 Commissioner's. [Meanel v. Apfel, 172 F.3d 1111, 1113 \(9th Cir. 1999\)](#). However, when the
3 evidence is ambiguous or "the record is inadequate" to allow for proper evaluation of the
4 evidence, the ALJ has a duty to develop the record. [Tonapetyan v. Halter, 242 F.3d 1144, 1150](#)
5 [\(9th Cir.2001\)](#). The ALJ may discharge this duty in one of several ways, including subpoenaing
6 claimant's doctors, submitting questions to claimant's physicians, continuing the hearing, or
7 keeping the record open after the hearing to allow supplementation of the record. *Id.*

8 Here, rather than finding that Dr. Linscheid's report was inadequate to make a
9 determination regarding Plaintiff's disability, the ALJ simply disagreed with the report.
10 Similarly, Nurse Duech's report is very straightforward- Plaintiff could not work because of
11 problems with her right arm and depression. Accordingly, there was no ambiguity or inadequacy
12 to trigger the ALJ's duty to develop the record.

13 Insofar as Plaintiff argues that the ALJ had a duty to ask Plaintiff's treating sources to
14 submit a medical source statement form pursuant to [20 C.F.R. § 416.913\(b\)\(6\)](#), her argument is
15 without merit. Again, the duty is triggered only where the evidence does not clearly establish the
16 effects of the claimant's impairments on her ability to work. There was no such insufficiency
17 here.

18 2. Analysis of Opinions

19 *Dr. Linscheid, Dr. Damania, Dr. Frye and Nurse Duech*³

20 Plaintiff contends that the ALJ rejected Nurse Duech's opinion without discussing it and
21 improperly rejected the opinions of Dr. Linscheid, Dr. Damania and Dr. Frye. Specifically, she
22 challenges the ALJ's rejection of the right arm limitations.

23 Plaintiff correctly argues that the ALJ did not discuss Nurse Duech's opinion that
24 Plaintiff could not work because of weakness and swelling in her right arm and depression.
25 Defendant suggests that this was not error because a nurse practitioner is an "other source" under
26 the regulations and the ALJ "may" use such evidence. [20 C.F.R. § 404.1513\(d\)\(1\)](#). Yet whether
27

28 ³ Plaintiff also contends that the ALJ improperly rejected the opinion of Dr. Urbina. The Court will address this issue in discussing the severity of Plaintiff's mental impairment.

1 the ALJ needed to discuss the evidence turns not on the classification of the source, but rather on
2 whether the evidence was significant and probative. [Howard ex rel. Wolff v. Barnhart, 341 F.3d](#)
3 [1006, 1012 \(9th Cir.2003\)](#) (noting an ALJ need not discuss “evidence that is neither significant
4 nor probative”). Certainly, an opinion from a treating source that Plaintiff cannot work based on
5 a chronic right arm impairment is significant and probative in light of Plaintiff’s claims.

6 In assessing the remaining opinions, the ALJ adopted the lifting limitations of the State
7 Agency physician, Dr. Frye, over those of both the consultive examiner and the treating source.
8 While Dr. Frye opined that Plaintiff could lift 20 pounds occasionally, 10 pounds frequently,
9 with both arms, Dr. Damania imposed a 10 pound limit with the right arm and Dr. Linscheid
10 imposed a 10 pound limit on both arms.

11 The opinion of a nonexamining physician cannot, by itself, constitute substantial evidence
12 that justifies the rejection of the opinion of either an examining physician or a treating physician.
13 [Pitzer, 908 F.2d at 506 n. 4](#); [Gallant, 753 F.2d at 1456](#). In some cases, however, the ALJ can
14 reject the opinion of a treating or examining physician, based in part on the testimony of a
15 nonexamining medical advisor. E.g., [Magallanes v. Bowen, 881 F.2d 747, 751-55 \(9th](#)
16 [Cir.1989\)](#); [Andrews, 53 F.3d at 1043](#); [Roberts v. Shalala, 66 F.3d 179 \(9th Cir.1995\)](#). For
17 example, in *Magallanes*, the Ninth Circuit explained that in rejecting the opinion of a treating
18 physician, “the ALJ did not rely on [the nonexamining physician's] testimony alone to reject the
19 opinions of Magallanes’s treating physicians...” [Magallanes, 881 F.2d at 752](#) (emphasis in
20 original). Rather, there was an abundance of evidence that supported the ALJ’s decision: the ALJ
21 also relied on laboratory test results, on contrary reports from examining physicians, and on
22 testimony from the claimant that conflicted with her treating physician's opinion. *Id.* at 751-52.

23 Here, the ALJ explained that he rejected Dr. Linscheid’s opinion because it was
24 inconsistent with the overall record and because there was no justification for the limitation on
25 Plaintiff’s ability to stand and walk. In support of the sedentary lifting limit of 10 pounds, Dr.
26 Linscheid listed Plaintiff’s primary impairments as right arm pain and lymphedema secondary to
27 right breast cancer and treatment. Objective findings included “exquisite tenderness to palpation
28 along right arm and increasing edema with repetitive heavy lifting.” AR 475.

1 In rejecting the severity of Plaintiff's lymphedema generally, the ALJ conceded that there
2 were "some complaints of right arm pain and numbness, likely caused by lymphedema." AR 27-
3 28. However, the ALJ stated that the treating doctors generally "don't make examination
4 findings of the right arm, but only report was the claimant says." She continues, "There was no
5 edema noted in any of the medical records and tenderness was only noted one time." AR 28.

6 The ALJ's characterization of the record, however, does not support a rejection of right
7 arm lifting limitations imposed by both the treating physician and consultive examiner. While
8 there was only one notation of swelling, Plaintiff was wearing the compression stocking at
9 almost all of her appointments. Moreover, the ALJ doesn't acknowledge the repeated findings of
10 weakness and decreased range of motion. The record demonstrates an impairment with the right
11 arm and the ALJ's downplay of her symptoms does not constitute substantial evidence to reject
12 the right arm lifting limitations of both the treating and consulting source.

13 The ALJ also relied on this mischaracterization of the medical record in rejecting the
14 broader reaching, handling and feeling limitations imposed by both Dr. Frye and Dr. Damania.
15 The ALJ found these limitations to be "slightly overly restrictive." AR 28. Also, in discussing
16 Dr. Damania's examination, she noted that the examination was "generally normal except some
17 limitation in the claimant's range of motion of the right arm due to pain, but no swelling or
18 tenderness was noted." AR 28. Again, however, Plaintiff was wearing a tightly-wrapped Ace
19 bandage during the examination.

20 Accordingly, given the deference that should be afforded to treating and consultive
21 sources, the ALJ's analysis of the medical record does not constitute substantial evidence to
22 support the rejection of portions of their opinions. Combined with the ALJ's failure to discuss
23 Nurse Practitioner Duech's opinion, the ALJ's analysis of Plaintiff's right arm limitations was
24 not supported by substantial evidence and was not free of legal error.

25 B. Analysis of Plaintiff's Mental Impairment

26 Plaintiff next argues that the ALJ erred in finding that her depression was not a severe
27 mental impairment.
28

1 Plaintiff bears the burden of proving that she is disabled. Meanel v. Apfel, 172 F.3d 1111,
2 1114 (9th Cir. 1999); 20 C.F.R. § 404.1512. A person is disabled if his impairments are severe
3 and meet the durational requirement of twelve months. 20 C.F.R. §§ 404.1505, 404,1520(a). A
4 severe impairment is one that significantly limits the physical or mental ability to perform basic
5 work activities. 20 C.F.R. § 404.1520(c). Examples of basic work activities include carrying out
6 simple instructions, responding appropriately to usual work situations, dealing with changes in a
7 routine work setting, and performing ordinary physical functions like walking and sitting. 20
8 C.F.R. § 404.1521(b).

9 “An impairment ... may be found not severe only if the evidence establishes a slight
10 abnormality that has no more than a minimal effect on an individual’s ability to work.” Webb v.
11 Barnhart, 433 F.3d 683, 686 (9th Cir.2005) (internal quotation omitted). The Commissioner has
12 stated that “[i]f an adjudicator is unable to determine clearly the effect of an impairment or
13 combination of impairments on the individual’s ability to do basic work activities, the sequential
14 evaluation should not end with the not severe evaluation step.” *Id.*; SSR 85-28. Step two, then,
15 is “a de minimis screening device [used] to dispose of groundless claims,” Smolen v. Chater, 80
16 F.3d 1273, 1290 (9th Cir. 1996), and an ALJ may find that a claimant lacks a medically severe
17 impairment or combination of impairments only when his conclusion is “clearly established by
18 medical evidence.” SSR 85-28.

19 Here, the ALJ found that Plaintiff’s depression was not a severe impairment at step two.
20 In making this finding, she found that Plaintiff’s depression “does not cause more than minimal
21 limitation in the claimant’s ability to perform basic mental work activities.” AR 24. For the
22 reasons that follow, substantial evidence does not support this finding.

23 The ALJ states that there are “some references” to Plaintiff’s depression in the record, yet
24 this is also a mischaracterization of the record. Plaintiff began complaining of depression in
25 February 2007, a few months after her mastectomy. AR 280. She improved for a while, but by
26 January 2008, the complaints became consistent and continued through the remainder of the
27 medical record. AR 198, 201, 204, 244, 275, 351-354, 409, 439, 441, 444-445, 475, 482, 486,
28 489-491.

1 The ALJ next describes Plaintiff’s mental health treatment as “minimal” and states that
2 she was prescribed Effexor for a time but by April 2009, had been off it for “many months.” AR
3 352. Plaintiff’s consistent complaints of depression, and her use of at least three medications in
4 attempts to alleviate her symptoms, cannot be said to be “minimal.” Although Plaintiff had
5 stopped taking Effexor when she saw Dr. Linscheid in April 2009, she continued having
6 symptoms and was prescribed amitriptyline. AR 445.

7 The ALJ next cites Dr. Linscheid’s June 2009 notation that Plaintiff’s depression was
8 “much improved.” However, although her depression improved in June 2009, by November
9 2009, she began reporting significant symptoms again. AR 486, 489-491. In March 2010,
10 Plaintiff was depressed, tearful and prescribed Zoloft. AR 483-484. By April 2010, she was
11 feeling better on her medications, though her mood remained depressed and her affect restricted.
12 Dr. Urbina increased her Zoloft. AR 481. *See eg., Morgan v. Comm’r, 169 F.3d 595, 605 (9th*
13 *Cir. 1999)* (“[D]epression is a complex and highly idiosyncratic phenomenon that often waxes
14 and wanes, eluding neat description; it would be naive to expect someone suffering from
15 depression and suicidal ideation to remain consistent in the way in which the ALJ demands.”)

16 Next, the ALJ faults Plaintiff for failing to follow up with Dr. Linscheid’s June 2009
17 referral to behavior health. AR 25, 439. The ALJ’s statement is not supported by substantial
18 evidence for at least three reasons. First, Dr. Linscheid noted that although she gave Plaintiff the
19 referral, she believed that Plaintiff was improving and did not need further treatment. It is
20 unclear if this was communicated to Plaintiff. Second, the ALJ acknowledges that Plaintiff did
21 indeed report to behavioral health in November 2009. AR 25, 486-491. Third, during the
22 hearing, Plaintiff explained that there was a significant delay in receiving mental health treatment
23 because of insurance issues. AR 512-513. Therefore, not only are the ALJ’s statements incorrect,
24 they are belied by Plaintiff’s explanations.

25 In analyzing the medical opinions related to Plaintiff’s mental health, the ALJ rejects Dr.
26 Urbina’s opinion that Plaintiff was temporarily disabled for six months as “inconsistent with the
27 medical record and generally vague.” AR 25. Contrary to her characterization, Dr. Urbina’s
28 report is straightforward- from March to September 2010, he expected Plaintiff to be temporarily

1 disabled due to depressed mood, worthlessness, anhedonia, poor appetite and sleeping patterns
2 and social isolation. AR 478-479. Similarly, the ALJ’s description of the opinion as inconsistent
3 is misplaced given her persistent complaints and symptoms, especially where the ALJ erred by
4 failing to address the supporting opinion of Nurse Practitioner Duech.

5 As her reasons were not supported by substantial evidence, the ALJ erred at step two in
6 finding Plaintiff’s depression to be a non-severe impairment. Such an error is harmless if the
7 ALJ continued to consider limitations arising from the non-severe impairment throughout the
8 sequential evaluation process. [Lewis v. Astrue, 498 F.3d 909, 910 \(9th Cir.2007\)](#). Here,
9 however, the ALJ did not discuss Plaintiff’s depression in the remainder of the decision and the
10 Court cannot conclude that the error was harmless.

11 C. Plaintiff’s Subjective Complaints

12 Plaintiff next argues that the ALJ misstated and/or ignored her subjective testimony.

13 In [Orn v. Astrue, 495 F.3d 625, 635 \(9th Cir. 2007\)](#), the Ninth Circuit summarized the
14 pertinent standards for evaluating the sufficiency of an ALJ’s reasoning in rejecting a claimant’s
15 subjective complaints:

16 An ALJ is not “required to believe every allegation of disabling pain” or other
17 non-exertional impairment. See [Fair v. Bowen, 885 F.2d 597, 603 \(9th Cir.1989\)](#).
18 However, to discredit a claimant’s testimony when a medical impairment has been
19 established, the ALJ must provide “specific, cogent reasons for the disbelief.” [Morgan,](#)
20 [169 F.3d at 599](#) (quoting [Lester, 81 F.3d at 834](#)). The ALJ must “cit[e] the reasons why
the [claimant’s] testimony is unpersuasive.” *Id.* Where, as here, the ALJ did not find
“affirmative evidence” that the claimant was a malingerer, those “reasons for rejecting the
claimant’s testimony must be clear and convincing.” *Id.*

21 Social Security Administration rulings specify the proper bases for rejection of a
22 claimant’s testimony. . . An ALJ’s decision to reject a claimant’s testimony cannot be
23 supported by reasons that do not comport with the agency’s rules. See 67 Fed.Reg. at
24 57860 (“Although Social Security Rulings do not have the same force and effect as the
25 statute or regulations, they are binding on all components of the Social Security
26 Administration, ... and are to be relied upon as precedents in adjudicating cases.”); see
27 [Daniels v. Apfel, 154 F.3d 1129, 1131 \(10th Cir.1998\)](#) (concluding that ALJ’s decision at
28 step three of the disability determination was contrary to agency regulations and rulings
and therefore warranted remand). Factors that an ALJ may consider in weighing a
claimant’s credibility include reputation for truthfulness, inconsistencies in testimony or
between testimony and conduct, daily activities, and “unexplained, or inadequately
explained, failure to seek treatment or follow a prescribed course of treatment.” [Fair,](#)
[885 F.2d at 603](#); see also [Thomas, 278 F.3d at 958-59](#).

1 Here, the ALJ rejected Plaintiff's testimony based first on inconsistencies between her
2 testimony and the report of her son. AR 27. The ALJ summarized Plaintiff's testimony
3 regarding her daily activities as follows:

4 She said she has a driver's license and drives and can care for herself mostly, but needs
5 help in the bath. The claimant does dishes, prepares simple meals, shops, and attends
6 church, and visits friends and family. She does not watch television, listen to music, or
7 read, but she does take naps regularly. She said she cannot cook, vacuum, or do yard
8 work, but she does do a little laundry. The claimant said that she uses her left hand to do
9 most things and in the last months she started having pain in her left hand. AR 26.

10 She then set forth "inconsistencies" in Plaintiff's son's September 2008 Function Report.
11 For example, Plaintiff's son, Alex, stated that he and his mother clean the house and feed the
12 animals together. On a daily basis, he stated that Plaintiff prepares food, cleans the house and
13 feeds the animals. AR 27, 161. He reported that Plaintiff spends 5 to 6 hours per day cleaning,
14 sweeping and doing laundry. AR 27, 163. Alex also reported that Plaintiff cares for her
15 husband. AR 27, 162. Alex explained that Plaintiff cooks complete meals daily, for 2 to 3
16 hours, though she is careful not to hurt her arm. AR 27, 163. Plaintiff drives, shops, handles
17 money, reads and watches television daily, and visits or talks on the phone two to three times per
18 week. AR 27, 164-165. The ALJ also recognized Alex's report that he helps Plaintiff move
19 things and that her conditions affect her ability to bend, reach, climb stairs, see, remember,
20 concentrate, understand and use her hands. AR 27, 162, 166.

21 The ALJ gave "significant weight" to Alex's report of Plaintiff's activities of daily living,
22 but did not accept his testimony regarding the "affected" areas because it was not consistent with
23 the record as a whole. AR 27. Plaintiff contends that the ALJ misunderstood Alex's report
24 because it was not necessarily inconsistent with her claims that her condition has worsened and
25 further impacted her activities of daily living. Plaintiff characterizes Alex's report as stating that
26 it took her up to 6 hours to complete housework and that she was not actually working the entire
27 time.

28 The Court agrees that Alex's report does not necessarily undermine Plaintiff's testimony.
For example, when asked "how much time do chores take and how often does he/she do each of
these things," Alex responded, "everyday about 5 to 6 hours." AR 163. As Plaintiff suggests,

1 this implies that it *takes* Plaintiff 5 to 6 hours to complete chores and it is unclear how much
2 Plaintiff attempts to do in this time frame. It is also relevant that Alex's report was completed in
3 September 2008, yet Plaintiff's complaints of pain and findings of decreased range of motion
4 continued into 2010.

5 Alex's report is simply not as inconsistent as the ALJ suggests and is, to some extent,
6 vague. It does not serve as substantial evidence to reject Plaintiff's testimony.

7 The only other reason cited by the ALJ is the alleged inconsistency between Plaintiff's
8 testimony and the medical record. The Court need not examine the analysis further because
9 objective evidence cannot be the sole reason for rejecting a claimant's credibility. [Bunnell v.](#)
10 [Sullivan, 947 F.2d 341, 343 \(9th Cir. 1991\)](#).

11 For these reasons, the ALJ's credibility analysis was not supported by substantial
12 evidence and was not free of legal error.

13 D. Remand

14 Section 405(g) of Title 42 of the United States Code provides: "the court shall have the
15 power to enter, upon the pleadings and transcript of the record, a judgment affirming, modifying,
16 or reversing the decision of the Secretary, with or without remanding the cause for a rehearing."
17 In social security cases, the decision to remand to the Commissioner for further proceedings or
18 simply to award benefits is within the discretion of the court. [McAllister v. Sullivan, 888 F.2d](#)
19 [599, 603 \(9th Cir. 1989\)](#). "If additional proceedings can remedy defects in the original
20 administrative proceedings, a social security case should be remanded. Where, however, a
21 rehearing would simply delay receipt of benefits, reversal and an award of benefits is
22 appropriate." *Id.* (citation omitted); *see also* [Varney v. Secretary of Health & Human Serv., 859](#)
23 [F.2d 1396, 1399 \(9th Cir. 1988\)](#) ("Generally, we direct the award of benefits in cases where no
24 useful purpose would be served by further administrative proceedings, or where the record has
25 been thoroughly developed.").

26 Here, the ALJ erred in her analysis of the medical record, at step two of the sequential
27 evaluation process and in determining Plaintiff's credibility. Further proceedings can remedy
28 these defects. The Court emphasizes that its findings are not a suggestion of disability.

1 **RECOMMENDATION**

2 Based on the foregoing, the Court finds that the ALJ’s decision is not supported by
3 substantial evidence and is not based on proper legal standards. Accordingly, the Court
4 RECOMMENDS that Plaintiff’s appeal from the administrative decision of the Commissioner of
5 Social Security be GRANTED and the case REMANDED for further proceedings. The Court
6 FURTHER RECOMMENDS that JUDGMENT be entered for Plaintiff Graciela Salinas and
7 against Defendant Michael J. Astrue.

8 These Findings and Recommendations will be submitted to the Honorable Anthony W.
9 Ishii pursuant to the provisions of [Title 28 U.S.C. § 636\(b\)\(1\)](#). Within thirty (30) days after being
10 served with these findings and recommendations, the parties may file written objections with the
11 court. The document should be captioned “Objections to Magistrate Judge's Findings
12 and Recommendations.” The parties are advised that failure to file objections within the
13 specified time may waive the right to appeal the District Court's order. [Martinez v. Ylst, 951](#)
14 [F.2d 1153 \(9th Cir. 1991\)](#).

15 IT IS SO ORDERED.

16 Dated: December 6, 2011

17 /s/ Dennis L. Beck
18 UNITED STATES MAGISTRATE JUDGE
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