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5 **UNITED STATES DISTRICT COURT**
6 **EASTERN DISTRICT OF CALIFORNIA**
7

8 DAVID AYALA,

9 Plaintiff

10 v.

11 CAROLYN W. COLVIN, Acting
12 Commissioner of Social Security,

13 Defendant.
14

Case No. 1:11-cv-1910-SMS

ORDER AFFIRMING AGENCY'S DENIAL
OF BENEFITS AND ORDERING
JUDGMENT FOR COMMISSIONER

15 Plaintiff David Ayala, by his attorney, Lars A. Christenson, seeks judicial review of a final
16 decision of the Commissioner of Social Security ("Commissioner") denying his application for
17 disability insurance benefits ("DIB") under Title II of the Social Security Act and for supplemental
18 security income ("SSI") under Title XVI of the Social Security Act (42 U.S.C. § 301 *et seq.*) ("the
19 Act").¹ The matter is currently before the Court on the parties' cross-briefs, which were submitted,
20 without oral argument, to the Honorable Sandra M. Snyder, United States Magistrate Judge.²
21 Following a review of the complete record and applicable law, the Court finds the decision of the
22 Administrative Law Judge ("ALJ") to be supported by substantial evidence in the record as a whole
23 and based upon proper legal standards. Accordingly, this Court affirms the Commissioner's
24 determination.
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26

27 ¹ The DIB and SSI regulations relevant in this case are virtually identical; as such, only the DIB regulations will be cited
28 in the remainder of this opinion. Parallel SSI regulations are found in 20 C.F.R. §§ 416.900-416.999 and correspond with
the last digits of the DIB cite (e.g., 20 C.F.R. § 404.1520 corresponds with 20 C.F.R. § 416.920).

² Both parties consented to the jurisdiction of a United States Magistrate Judge (Docs. 5 & 10).

1 **I. Procedural History**

2 Plaintiff claims he has been disabled since April 12, 2007. On June 19, 2007, he applied for
3 DIB and SSI income. AR 90, 98. The agency denied benefits, and on September 28, 2009, ALJ
4 James P. Berry found Plaintiff not disabled. On February 25, 2010, the Appeals Council remanded
5 for an internal medicine examination and further evaluation of Plaintiff's personality order. On April
6 11, 2011, ALJ Berry conducted the remand hearing. Plaintiff appeared with counsel and testified.
7 Also testifying was Jose L. Chaparro, an impartial vocational expert. In his decision dated May 6,
8 2011, ALJ Berry again denied Plaintiff's application. The Appeals Council denied review September
9 30, 2011. Plaintiff filed a complaint seeking this Court's review on November 16, 2011.

10 **II. Factual Record**

11 **A. Plaintiff's Testimony**

12 Plaintiff was born in 1968 and has a high school education. He lives with his twenty-year-old
13 son in a trailer owned by his parents. He claims disability due to hernia, bipolar disorder, depression
14 and personality disorder. On April 12, 2007, his last day of work, he had a mental breakdown. AR
15 35. Also, in March 2011, a month before the second ALJ hearing, he was held as a suicide risk under
16 California Welfare and Institutions Code § 5150.

17 Plaintiff testified that he has arthritis, unrepairable hernias, hypertension, and weakness in his
18 hands. He has suicidal thoughts, and has trouble getting along with people and going anywhere. He
19 fluctuates a lot between manic episodes and depression, gets nervous and dizzy, and has a hard time
20 remembering things at times. He can focus for 30 minutes and has low energy due to depression. He
21 can lift ten pounds two or three hours out of eight, stand for two hours, walk two blocks, and sit for
22 four hours. He has bad days four times a week in which he mostly lies down and sleeps. On manic
23 days he has racing thoughts and paces rapidly. He needs to rest twice a day for an hour, and sleeps at
24 least one of the hours. His medication makes him tired, but he is better for a while after resting. He
25 used street drugs and alcohol, but has only drank once or twice in the last three years.

26 Regarding activities of daily living, Plaintiff tries to keep his house clean and in order, but
27 needs to rest. He can dress himself, but some days he does not shower or dress. He is on probation
28 for committing assault with a deadly weapon in December 2008. He completed his twice-weekly AA

1 and NA classes and weekly anger management classes in February with no problem. He drives if he
2 needs to. He does no yard work, and cannot push a mower due to weakness in his hands.

3 **B. Medical Record**

4 **1. Psychiatric Consultative Examination by Dr. Barnett (Sept. 2007)**

5 Plaintiff alleges he has been disabled since April 2007. He began seeking mental health
6 treatment in May 2007. On September 7, 2007, Plaintiff saw Michael Barnett, M.D., a board-
7 certified psychiatrist, for a consultative evaluation. AR 338-40. Plaintiff admitted that he has abused
8 alcohol “most of my life.” Plaintiff drank a 12-pack of beer a day until he had a DUI in early 2007,
9 then cut back to a six-pack. He also admitted that because of the DUI, he lost his Class A license and
10 lost his truck driver job on April 6, 2007.

11 Dr. Barnett believed that Plaintiff was probably still abusing alcohol. In general, he did not
12 believe that Plaintiff had mental limitations in performing work-like activities. He gave Plaintiff a
13 current Global Assessment of Functioning (“GAF”) rating of 60, reflecting moderate symptoms
14 bordering on mild.³ He diagnosed alcohol abuse (active and chronic), an unspecified depressive
15 disorder, and personality order. However, until Plaintiff achieved sobriety and went through a
16 substance-abuse treatment program, it would be difficult to make a definitive diagnosis.

17 **2. Psychiatric Treatment—Dr. Saul (Nov. 2007 – April 2008)**

18 On February 14, 2008, Dr. Gilbert Saul performed a psychiatric evaluation. AR 496-500.
19 Plaintiff reported a lifelong history of depression, but no prior psychiatric treatment nor medication
20 until recently. He seemed “unwilling to focus his mind enough to answer basic mental status
21 questions.” He answered “in a vague and inconsistent manner” and was “not at all forthcoming.” He
22 was finished trying to have his hernia fixed and did not want to look for work. Dr. Saul felt that his
23 poor performance on examinations was “mainly due to lack of motivation.” Plaintiff was also an
24 unreliable historian. Plaintiff admitted that he drinks “as much as” a 12-pack of beer each day. He
25 said that “now” he only has an occasional beer. However, Dr. Saul was also aware of Plaintiff’s
26 DUI, and that Plaintiff told a social worker that he drinks “three times a week.” His alcoholism was

27 ³ The Global Assessment of Functioning or “GAF” scale reflects a clinician’s assessment, from 1 to 100, of the
28 individual’s overall level of functioning. *American Psychiatric Association, Diagnostic & Statistical Manual of Mental Disorders* 30 (4th ed. 2000) (“DSM IV”).

1 “much worse than he is willing to admit.” Plaintiff stated that he had dry heaves in the morning,
2 which Dr. Saul believed could be caused by alcohol abuse. AR 496-500. Dr. Saul diagnosed alcohol
3 dependence, moderate major depressive disorder, and early onset dysthymic disorder. His
4 intelligence was probably average. He gave a current GAF rating of 50, reflecting serious symptoms.
5 He started Plaintiff on an antidepressant. AR 499-500.

6 By March 19, 2008, Plaintiff responded positively to Prozac. On April 18, 2008, after
7 Plaintiff described suicidal thoughts, Dr. Saul changed Plaintiff’s diagnosis to recurrent depressive
8 disorder with psychotic features, increased his Prozac, and added Abilify. AR 483. Four days later,
9 Plaintiff was much calmer and more relaxed. He was more reality-oriented and his thought processes
10 were linear and logical, with at least average intelligence. AR 480.

11 **3. Psychiatric Treatment—Dr. Whisenhunt (May 2008 – March 2009)**

12 Arich Whisenhunt, M.D., saw Plaintiff on May 13, 2008. He increased his Prozac and
13 encouraged psychotherapy. He diagnosed depression with psychosis and personality disorder. AR
14 477-78. After receiving a disability form from an insurance company in connection with Plaintiff’s
15 ability to make car payments, Dr. Whisenhunt told Plaintiff he would give him six months of
16 disability, but he expected him to be able to work in the future. AR 470. On October 16, 2008, Dr.
17 Whisenhunt told Plaintiff that he needed to work on getting better rather than feeling sorry for
18 himself, and opined that he was “reluctant to get better, possibly for personal gain.” AR 464. On
19 December 11, 2008, Plaintiff was feeling better, helping his son get into college, and taking his
20 medication. AR 453.

21 On December 31, 2008, Plaintiff was arrested for hitting a man with a bottle at a New Year’s
22 Eve party; as he acknowledged to the ALJ, he had “some champagne” that night. AR 81. On
23 February 5, 2009, Dr. Whisenhunt noted that Plaintiff had “been doing fairly well” despite this
24 arrest. AR 441. On March 26, 2009, Dr. Whisenhunt declined to fill out disability forms at Plaintiff’s
25 request, advised Plaintiff that “he is able to work,” and encouraged him to find a job and problem
26 solve his financial situation. AR 435. Dr. Whisenhunt further opined that “a lot of [Plaintiff’s]
27 problems are due to his personality disorder and malingering tendencies.” AR 436.
28

1 **4. Letter by Dr. Rice; RFC Questionnaire by Dr. Shubhakar (April 2009)**

2 Shortly before Plaintiff's first ALJ hearing on April 29, 2009, he submitted two opinions
3 relevant to his RFC. First, in a letter dated April 9, 2009, Dr. Janice Rice wrote that she "personally
4 [has] known Mr. Ayala for many years and [was] aware that his condition only progressively
5 worsens. Not to mention his continuous problems with several hernias which only further hinders his
6 ability to perform even the smallest of jobs, his ongoing mental problems also prevent him from
7 maintaining any type of gainful employment." AR 425.

8 Second, on April 28, 2009, Plaintiff's physician, Dr. Somwarpet Shubhakar, completed an
9 RFC questionnaire. AR 508-12. In his opinion, Plaintiff had an RFC that was less-than-sedentary.
10 His symptoms would frequently interfere with the attention and concentration needed to complete
11 simple work tasks. He could not do low-stress jobs. He could walk one block without rest, sit and
12 stand for five minutes at a time, and must walk every five minutes for ten minutes at a time; could
13 lift less than ten pounds rarely; and could rarely twist, stoop, crouch, or climb ladders and stairs.

14 **5. Psychiatric Treatment—Dr. Saul, Dr. Lopez, Mr. Monclova (April 2009 –**
15 **May 2010)**

16 In June 2009, Plaintiff asked to change psychiatrists, explaining that he "did not like Dr.
17 Whisenhunt," who said "that he was faking this." AR 547, 559. In July 2009, Plaintiff began
18 treatment with Carmen Lopez, M.D. He reported that he last drank alcohol and used marijuana in
19 2007. Dr. Lopez diagnosed recurrent depression and ruled out bipolar disorder. At his request, she
20 switched his prescription from Seroquel to Cymbalta. AR 554-56. In October 2009, Plaintiff said
21 that Seroquel gave him dizziness but he had no side effects from Cymbalta. AR 547.

22 Plaintiff discontinued treatment with Dr. Lopez and resumed seeing Dr. Saul. At Plaintiff's
23 suggestion, Dr. Saul changed Plaintiff's diagnosis to bipolar disorder and prescribed lithium. AR
24 541-544. Dr. Saul's notes in January, February, March, and May 2010 indicate that Plaintiff's
25 thinking was reality-oriented, his thought process linear and logical, his judgment and insight fairly
26 good, and his intelligence apparently above average. Plaintiff had some very good days and thought
27 the medication was helping. AR 538, 536, 533, 526. His mood grew worse in April and May 2010,
28 when he was preparing to begin his four-month jail term in late May (for the assault committed in

December 2008). AR 527, 530. However, upon release from jail in September 2010, his mood was significantly improved. AR 525.

6. RFC Questionnaire by Mr. Monclova (Oct. 2010)

In September 2010, Plaintiff had a twenty-minute phone conversation with Nabori Monclova, who had been his therapist since April 2009. AR 668. Plaintiff was very happy to be out of jail, and was doing well on his medication while in jail. AR 525. He denied mood symptoms. His appetite and sleep were good. The next day, he told Dr. Lopez that his medicines were giving good benefits and no significant side effects. AR 677.

On October 13, 2010, Plaintiff met with Mr. Monclova for the first time since his release from jail. Plaintiff's mood was "good." He took his medications as prescribed and was doing well on them. He was in good spirits and was happy to be out of jail. He was attending anger management and AA classes for probation. He was busy working around the house, doing some gardening, and running errands for his mother. He denied any mood symptoms or changes in sleeping and eating patterns, and was getting along well with his family. AR 675.

Also on October 13, 2010, Mr. Monclova completed a mental assessment and mental impairment questionnaire for Plaintiff's upcoming ALJ hearing on November 2010. AR 561-71. In the assessment, he checked either "moderate" or "marked" limitations for all twenty areas on the form. In the narrative section, he wrote, "see records." In the mental impairment questionnaire, Mr. Monclova listed the side effects of Plaintiff's medications as dizziness and fatigue, and stated that Plaintiff's medication side effects would cause him to have difficulty working at a regular job on a sustained basis. He indicated an "extreme" restriction in maintaining social function; a "moderate" restriction in maintaining concentration, persistence, or pace; and a "mild" restriction in activities of daily living. He assigned Plaintiff a current GAF score of 68, indicating some mild symptoms or generally functioning pretty well. AR 571.

7. Consultative Examination by Dr. McDonald (Nov. 2010)

Plaintiff's ALJ hearing of November 4, 2010 was postponed to give Plaintiff more time to attend the consultative exams required in the Appeals Council's remand order. AR 58-59. On November 17, he met with Mr. Monclova. His mood was "okay," his affect euthymic. He was stable

1 on his medications. His behavior had “declined significantly” since his last appointment: he had
2 some stress related to his son and had been verbally aggressive with his ex-wife.

3 On November 30, 2010, Mary McDonald, Ph.D., conducted the psychological examination
4 ordered by the Appeals Council. AR 600. His speech was clear, well organized, and coherent. He
5 had no signs of delusion or hallucinations. He was very organized in discussing his background, but
6 suddenly forgetful when asked to name the current or past president or the day of the month. He did
7 not discuss any issues until specifically questioned. He denied using alcohol for the last three to four
8 years, but avoided questions about his substance abuse history. He mentioned having been in jail at
9 least ten times, but was evasive about the reasons why. He reported some difficulty getting along
10 with others. He had a history of assaultive behavior that escalated when under the influence of
11 alcohol, but evaded discussing it.

12 He was minimally cooperative with the intelligence and memory tests. His very low scores
13 were inconsistent with his history of work and seemed inaccurate of his true capabilities. Some
14 elements of his depression appeared related to conflict over having to work. She sensed that he was
15 feigning psychotic symptoms. Dr. McDonald believed he was capable of higher functioning and
16 questioned his motivation. She diagnosed Alcohol Abuse, Probable Alcohol Dependence, Probable
17 Malingering of Psychiatric Symptoms, Adjustment Disorder with Depressed Mood, Borderline
18 Intellectual Functioning or higher, and Antisocial Personality Disorder. She deferred a GAF score
19 due to a lack of truthfulness and cooperation with the evaluation.

20 Dr. McDonald gave Plaintiff a “low average” ability in the areas of understanding and
21 remembering very short and simple instructions; understanding and remembering detailed
22 instructions; carrying out very short and simple instructions; maintaining attention and concentration
23 for extended periods; accepting instructions from supervisors and respond appropriately to criticism;
24 and in his social judgment and awareness of socially appropriate behavior. He had no limitations in
25 his ability to understand, remember, and carry out instructions. He had mild limitations in his ability
26 to interact appropriately with supervisors, coworkers, and the public, and also in his ability to
27 respond appropriately to usual work situations and to changes in a routine work setting. She
28 mentioned that he was okay until he began drinking, then he became aggressive.

1 **8. Plaintiff's Hernia; Consultative Examination by Dr. Buttan (Dec. 2010)**

2 Plaintiff had four surgeries for a recurring hernia, most recently in September 2008. AR 406.
3 On November 12, 2008, the surgeon saw Plaintiff for a follow-up. He observed that Plaintiff had an
4 “excellent recovery” and an “uneventful” postoperative course, and discharged him from his care.
5 AR 406. There is no further evidence of specific treatment of the hernia.

6 In remanding ALJ Berry’s original decision, the Appeals Council ordered an internal
7 medicine examination, noting that the record lacked any objective physical examination and that
8 ALJ Berry had assessed no physical limitations for Plaintiff’s hernia. In December 2010, Vinay
9 Buttan, M.D., a specialist in internal medicine, conducted the examination. AR 618.

10 Plaintiff reported a history of joint pain, a ventral hernia, and a mental condition, and said his
11 hypertension and gastroesophageal reflux disease were controlled with medication. He said he could
12 not sit, stand, or walk for more half an hour to one hour at a time. He complained of comprehension
13 problems and difficulty following commands. The exam showed diffuse tenderness in the epigastric
14 area. Plaintiff had no edema or neurological deficits. He was alert, conscious, and cooperative. His
15 gait was normal, and the range of motion of all joints was normal. His grip strength was 5/5, but he
16 had tenderness in the muscles of his arms and legs. Dr. Buttan diagnosed hypertension, bipolar
17 disorder, gastroesophageal reflux disease, and generalized arthralgias.

18 In light of Plaintiff’s physical and mental conditions, Dr. Buttan found that Plaintiff could
19 occasionally lift and carry up to 20 pounds; sit, stand, and walk for one hour a time; stand and walk
20 for two hours out of eight; sit for four hours out of eight; push and pull occasionally and reach,
21 handle, finger, and feel frequently; operate foot controls with his right foot occasionally; climb,
22 balance, stoop, kneel, crouch, and crawl occasionally; operate a motor vehicle; and work around
23 humidity and pulmonary irritants, and around temperature extremes and vibrations occasionally, but
24 never around unprotected heights and moving mechanical parts. He could not shop, but could
25 perform all other activities of daily living.

26 **9. 5150 Evaluation (March 2011)**

27 In December 2010, Plaintiff told Mr. Monclova he was doing better. He denied mood
28 symptoms or suicide ideation. AR 670. In January 2011, he was doing “well for the most part.” His

1 medicine appeared to be controlling his symptoms. AR 671. In February 2011, Plaintiff told Dr.
2 Whisenhunt that his medicine really seemed to help since he got out of jail. He had no side effects.
3 He had some low days but no major problems recently. His speech was clear and coherent, his
4 thoughts well organized, and his judgment and insight fair. He had no suicide ideation.

5 On March 5, 2011, approximately one month before the ALJ hearing, Plaintiff was admitted
6 on a 5150 hold after his sister reported that she saw him with pills and a soda in his hand. AR 652,
7 687. Plaintiff said he felt suicidal. He said that three months prior, he drove his truck into a pole to
8 kill himself. The admitting physician described Plaintiff as calm and cooperative with no signs of
9 distress, with a GAF of 25. At discharge on March 8, 2011, he had a GAF of 40, alert and oriented
10 cognitive functioning, good concentration, good memory, goal-directed thought process, and fair
11 judgment and insight. AR 652-53, 679-80.

12 **D. Testimony of Vocational Expert**

13 The vocational expert, Mr. Chaparro, testified that Plaintiff had prior work as a tractor trailer
14 truck driver (medium, 4), heavy truck driver (medium, 4), and stores laborer (heavy as performed,
15 2).⁴ According to Mr. Chaparro, a person with Plaintiff's vocational profile would not be disabled if
16 he had a combination of severe impairments; could lift and carry 50 pounds occasionally and 25
17 pounds frequently; could stand, walk, and sit for two hours each in an eight-hour workday; could
18 perform simple, repetitive tasks; could maintain attention as well concentration, persistence and
19 pace; could relate well and interact with others; could adapt to usual changes in work settings; and
20 could adhere to safety rules. Such a person could perform Plaintiff's past work as stores laborer, only
21 at strength rating of "medium." In addition, he could perform representative occupations such as
22 bagger (medium, unskilled—23,000 jobs in California, 165,000 nationally), automobile detailer
23 (medium, unskilled—10,000 in California, 71,700 nationally), or hospital cleaner (medium,
24 unskilled—8,000 in California, 75,000 nationally).

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27 ⁴ Each job title is followed by a strength rating and a Specific Vocational Preparation number in parentheses. The
28 strength rating captures the physical demands and frequency of certain basic activities. The frequency may be "never,"
"occasional" (up to one-third of the workday), "frequent" (from one-third to two-thirds), or "constant" (two-thirds or
more). The Specific Vocational Preparation ranks, from one to nine, the time required to learn facility in the job. See
Dictionary of Occupational Titles (4th ed.1991) Appendix C.

1 Mr. Chaparro also considered other hypotheticals. These were not material to the ALJ's
2 decision, as the ALJ found that Plaintiff's RFC met or exceeded the first hypothetical.

3 **III. The ALJ's Decision**

4 The ALJ found that Plaintiff had not met his burden under the Act to show that he was
5 disabled. Pursuant to 42 U.S.C. § 1382c(a)(3)(A), to be disabled, a claimant must be unable to
6 engage in substantial gainful activity because of a medically determinable physical or mental
7 impairment which has lasted or can be expected to last for a continuous period of not less than
8 twelve months. In explaining his decision, the ALJ followed the five-step sequential analysis as
9 required under 20 C.F.R. §§ 404.1520 (a)-(f):

10 Step one: Is the claimant engaging in substantial gainful activity? If so, the
11 claimant is found not disabled. If not, proceed to step two.

12 Step two: Does the claimant have a "severe" impairment? If so, proceed to step
13 three. If not, then a finding of not disabled is appropriate.

14 Step three: Does the claimant's impairment or combination of impairments meet
15 or equal an impairment listed in 20 C.F.R., Pt. 404, Subpt. P, App. 1?
16 If so, the claimant is automatically determined disabled. If not,
17 proceed to step four.

18 Step four: Is the claimant capable of performing his past work? If so, the
19 claimant is not disabled. If not, proceed to step five.

20 Step five: Does the claimant have the residual functional capacity to perform any
21 other work? If so, the claimant is not disabled. If not, the claimant is
22 disabled.

23 *Lester v. Chater*, 81 F.3d 821, 828 n. 5 (9th Cir. 1995).

24 At Step One, ALJ Berry found that Plaintiff had not engaged in substantial gainful activity
25 since April 12, 2007, the alleged onset date of the disability. At Step Two, Plaintiff had three severe
26 medically determinable impairments: hernia, bipolar disorder or depression, and personality
27 disorder. Two other impairments—a transient ischemic attack and arthritis—were not severe. AR 13.

28 At Step Three, Plaintiff's mental impairments, considered singly or in combination, did not
meet or equal the listings for affective disorders (12.04) or for personality disorders (12.08). Both
listings require at least two of the following four "paragraph B" criteria: marked restriction of

1 activities of daily living; marked difficulties in maintaining social functioning; marked difficulties in
2 maintaining concentration, persistence, or pace; or repeated episodes of decompensation. Because
3 his impairments satisfied none of these criteria—and because he also did not satisfy the “Paragraph
4 C” criterion for affective disorders—he was not disabled at Step Three.

5 At Step Four, the ALJ found that Plaintiff was not disabled. He could lift and carry 50
6 pounds occasionally and 25 pounds frequently, and stand, walk, or sit for six hours in an eight-hour
7 workday. Mentally, he could perform simple, repetitive tasks; maintain attention, concentration,
8 persistence, and pace; relate to and interact with others; and adapt to usual changes in work setting
9 and adhere to safety rules. As this RFC met or exceeded Mr. Chaparro’s first hypothetical, Plaintiff
10 could perform his past work as a stores laborer (medium, 2).

11 **IV. Discussion**

12 **A. Scope of Review**

13 Congress has provided a limited scope of judicial review of the Commissioner’s decision to
14 deny benefits under the Act. This Court must uphold the decision if the ALJ applied the proper legal
15 standards and made findings supported by substantial evidence. *See Sanchez v. Secretary of Health*
16 *and Human Services*, 812 F.2d 509, 510 (9th Cir. 1987). Substantial evidence is “such relevant
17 evidence as a reasonable mind might accept as adequate to support a conclusion.” *Richardson v.*
18 *Perales*, 402 U.S. 389, 401 (1971). It is “more than a mere scintilla” (*Richardson v. Perales*, 402
19 U.S. 389, 402 (1971)), but less than a preponderance. *Sorenson v. Weinberger*, 514 F.2d 1112, 1119
20 n. 10 (9th Cir. 1975). The record as a whole must be considered, weighing both the evidence that
21 supports and the evidence that detracts from the Commissioner’s decision. *Jones v. Heckler*, 760
22 F.2d 993, 995 (9th Cir. 1985). If the evidence can reasonably support either affirming or reversing
23 the Secretary’s conclusion, the Court may not substitute its judgment for that of the Secretary.
24 *Gomez v. Chater*, 74 F.3d 967, 970 (9th Cir.1996).

25 **B. The ALJ Properly Assessed Plaintiff’s Credibility**

26 Plaintiff claims that the ALJ did not state adequate reasons to find his symptoms not credible.
27 When considering symptom evidence, the ALJ must first determine whether the record establishes
28 an impairment that could reasonably give rise to the reported symptoms. *See* SSR 96-7p; 20 C.F.R.

1 §§ 404.1529; *Smolen v. Chater*, 80 F.3d 1273, 1281 (9th Cir.1996). Here, the ALJ found that
2 Plaintiff's symptoms could be produced by his hernia, bipolar disorder or depression, and
3 personality disorder. He was therefore required to evaluate the intensity, persistence, and limiting
4 effects of the symptoms to determine the extent to which they limit functioning. To find a claimant not
5 credible, the ALJ must either make a finding of malingering based on affirmative evidence, or must
6 make specific findings as to credibility supported by clear and convincing reasons. *Robbins v. Soc.*
7 *Sec. Admin.*, 466 F.3d 880, 883 (9th Cir. 2006); *see also Schow v. Astrue*, 272 F. App'x 647, 654
8 (9th Cir. 2008).

9 The ALJ properly concluded Plaintiff was not fully credible, for two independent reasons.
10 First, the ALJ made a finding of malingering based on affirmative evidence. At the ALJ hearing in
11 April 2011, Plaintiff testified he left his job as a truck driver because he could not take it any more
12 mentally; however, in September 2007, three months after he lost his job, he told Dr. Barnett that
13 could no longer work because he was convicted of a DUI and lost his Class A driver's license. *See,*
14 *e.g., Berry v. Astrue*, 622 F.3d 1228, 1234 (9th Cir. 2010) (affirmative evidence of malingering
15 included the discrepancy between claimant's allegations of disability dating from his last day of
16 work and his admission that he left his job because his employer went out of business). Dr.
17 McDonald believed that Plaintiff was feigning low intelligence and psychotic symptoms, and Dr.
18 Whisenhunt noted Plaintiff's "malingering tendencies" and spurned Plaintiff's request to be found
19 disabled. The ALJ also did not credit Plaintiff's 5150 commitment in March 2011. This occurred at
20 the tail end of a series of positive mental health sessions, and one month prior to Plaintiff's next ALJ
21 hearing, suggesting that it was contrived. Plaintiff claimed to have driven his truck into a pole to kill
22 himself, but there is no evidence in the record of this event, including in progress notes from his
23 therapy for the preceding months.

24 Aside from this finding of malingering, the ALJ also had clear and convincing reasons for
25 doubting Plaintiff's credibility. Here, Plaintiff's testimony conflicted with the record as a whole. *See*
26 *Burch v. Barnhart*, 400 F.3d 676, 680 (9th Cir. 2005) ("In determining credibility, an ALJ may
27 engage in ordinary techniques of credibility evaluation, such as considering claimant's reputation for
28 truthfulness and inconsistencies in claimant's testimony."). Although Plaintiff complained of fatigue

1 from his hernias, his past surgery revealed excellent recovery. *See Bray v. Astrue*, 554 F.3d 1219,
2 1227 (9th Cir. 2009) (“ALJ made specific findings in support of his decision to discount [the
3 claimant’s] testimony,” including that her “statements at her hearing do not comport with objective
4 evidence in her medical record”). Similarly, Dr. Saul attributed some of Plaintiff’s symptoms to his
5 alcohol abuse. Plaintiff claimed he had not used alcohol more than once or twice in the last three
6 years, but he was arrested for a fight that occurred while he was drinking in February 2009. His
7 depression seemed to be situational and not chronic; it grew worse when he was preparing to go to
8 jail, and improved when he got out. The inconsistencies surrounding Plaintiff’s 5150 commitment
9 also cast doubt on his credibility. *See Bunnell v. Sullivan*, 947 F.2d 341, 346 (9th Cir. 1991)
10 (inconsistent statements are one factor that can be used in determining a plaintiff’s credibility).
11 Plaintiff believes that he must be found credible simply because he sought treatment. While
12 Plaintiff’s longitudinal record seeking treatment lends some support to his symptoms, the treatment
13 itself is of little value when Plaintiff is “reluctant to get better, possibly for personal gain,” as opined
14 by treating psychiatrist Dr. Whisenhunt. The remainder of Plaintiff’s challenge to the ALJ’s
15 credibility finding is based on opinions that, as discussed below, the ALJ properly discounted. *See,*
16 *e.g., Batson v. Comm’r of Soc. Sec.*, 359 F.3d 1190, 1197 (9th Cir. 2004) (in determining RFC, the
17 “ALJ was not required to incorporate evidence from the opinions of [the claimant’s] treating
18 physicians, which were permissibly discounted”).

19 **C. The ALJ Properly Assessed the Opinion Evidence**

20 Plaintiff also claims that the ALJ did not state adequate reasons for rejecting the opinions of
21 Dr. Shubhakar, Dr. Buttan, and Mr. Monclova. “The ALJ must set out in the record his reasoning
22 and the evidentiary support for his interpretation of the medical evidence.” *Lester*, 81 F.3d at 832.
23 An ALJ may not substitute his own judgment for a physician’s opinion without relying on other
24 medical evidence or authority in the record. *Boiles v. Barnhart*, 395 F.3d 421, 425 (7th Cir. 2005);
25 *Clifford v. Apfel*, 227 F.3d 863, 870 (7th Cir. 2000). He must set forth his own interpretations and
26 explain why they, rather than those of the doctors, are correct. *Embrey v. Bowen*, 849 F.2d 418, 421-
27 22 (9th Cir. 1988).

1 **1. Dr. Shubhakar**

2 Dr. Shubhakar opined that Plaintiff had a less-than-sedentary RFC due to his physical and
3 mental impairments. Dr. Shubhakar was a treating physician whose opinions were contradicted by
4 those of another treating physician (Dr. Whisenhunt, a specialist in mental health). To reject the
5 opinion of an treating or examining doctor in favor of that of another treating or examining doctor,
6 the ALJ must provide “specific and legitimate reasons” supported by substantial evidence in the
7 record. *Orn v. Astrue*, 495 F.3d 625 (9th Cir. 2007). The weight that the ALJ gives to a medical
8 source is based in part on the nature of the source’s treatment relationship with the claimant and on
9 whether he has examined the claimant. 20 C.F.R. § 404.1527. Other factors to consider are the
10 opinion’s supportability (i.e. explanatory power in terms of evidence, particularly medical signs and
11 symptoms); its consistency with the record as a whole; and whether the medical source is a specialist
12 in the area of his opinion. 20 C.F.R. § 404.1527.

13 Here, the ALJ provided “specific and legitimate reasons” supported by substantial evidence
14 in the record for rejecting Dr. Shubhakar’s opinion. The ALJ referred to the opinion of Dr.
15 Whisenhunt, who opined that Plaintiff was “reluctant to get better, possibly for personal gain,” and
16 believed that “a lot of [Plaintiff’s] problems are due to his personality disorder and malingering
17 tendencies.” Dr. Whisenhunt specifically declined to complete a disability form at Plaintiff’s request,
18 feeling that Plaintiff could work and was not trying to find it. The ALJ found that Plaintiff’s
19 malingering cast doubt on Dr. Shubhakar’s assessment. *See Morgan v. Comm’r of the Soc. Sec.*
20 *Admin.*, 169 F.3d 595, 602 (9th Cir.1999) (“A physician’s opinion of disability ‘premised to a large
21 extent upon the claimant’s own accounts of his symptoms and limitations’ may be disregarded where
22 those complaints have been ‘properly discounted’”) (quoting *Fair v. Bowen*, 885 F.2d 597, 605 (9th
23 Cir.1989)). The ALJ also observed that Plaintiff’s latest hernia repair had apparently been
24 successful. Also, Plaintiff’s daily activities contradicted Dr. Shubhakar’s characterization of his
25 limits. Plaintiff refers to the letter from Dr. Rice as support for Dr. Shubhakar’s opinion. However,
26 the ALJ found her opinion unreliable. There was no evidence that Dr. Rice was a medical doctor or
27 had medical knowledge of Plaintiff’s conditions. Just as the ALJ was justified in giving little weight
28 to her opinion, he was justified in giving it little weight as support for Dr. Shubhakar’s opinion.

1 **2. Dr. Buttan**

2 Dr. Buttan did a consultative examination of Plaintiff. The ALJ rejected this opinion.
3 Because Dr. Buttan was an “accepted medical source” in an examining role, the ALJ had the same
4 burden in rejecting this opinion as he had in rejecting Dr. Shubhakar’s opinion: in order to favor the
5 opinion of another examining doctor, he had to provide “specific and legitimate reasons” supported
6 by substantial evidence in the record.

7 The ALJ met this burden. He found that Dr. Buttan’s opinion was based on Plaintiff’s
8 subjective complaints and inconsistent with the opinions of Dr. McDonald and Dr. Whisenhunt, as
9 well as with Dr. Buttan’s own findings on examination. Dr. Buttan assessed limitations based on
10 Plaintiff’s subjective complaints of leg pain, but these complaints were inconsistent with his full
11 range of motion of all joints and no prior history of muscle tenderness. Dr. Buttan also diagnosed
12 arthralgias without any basis in the medical record. In stating how long Plaintiff can sit, stand, or
13 walk, Dr. Buttan used the number that Plaintiff provided during the consultation, which implicates
14 Plaintiff’s own problematic credibility.

15 Dr. Buttan also attributed several of Plaintiff’s limitations to his mental condition. The ALJ
16 gave less weight to Dr. Buttan’s findings on this basis, noting that Dr. Buttan is not a mental health
17 specialist. Plaintiff challenges this consideration, but the regulations make clear that the opinion of
18 doctor who specializes in the relevant field is entitled to greater weight. 20 C.F.R. § 404.1527(d)(5);
19 *Molina v. Astrue*, 674 F.3d 1104, 1112 (9th Cir. 2012). Given the wealth of opinions from mental
20 health specialists in the record, the ALJ was entitled to discount Dr. Buttan’s non-specialist opinion
21 as to how Plaintiff’s mental impairment affected his functioning.

22 **3. Mr. Monclova**

23 Mr. Monclova opined that Plaintiff had many mental limitations. The ALJ rejected this
24 opinion. As a marriage and family therapist, Mr. Monclova was a treating medical source, but only
25 an “other source” and not an “acceptable medical source” as defined in the regulations. SSR 06-3p;
26 20 C.F.R. § 404.1527(c). In rejecting an “other source” such as Mr. Monclova, the ALJ generally
27 need only explain the weight that he gave to the source’s opinion. SSR 06-3p. The fact that a
28 medical opinion is not from an “acceptable medical source” is a factor that may justify giving that

1 opinion lesser weight than an opinion from an “acceptable medical source.” *Id.* However, depending
2 on the facts, such an opinion may outweigh the opinion of even a treating source. *Id.*

3 The ALJ explained that he gave little weight to Mr. Monclova’s opinion because it was
4 inconsistent with treatment records. Indeed Mr. Monclova’s opinion was inconsistent with the
5 progress note that he recorded very day that he wrote his opinion. Due to Plaintiff’s time in jail, Mr.
6 Monclova had not seen Plaintiff in four months. In his opinion, Mr. Monclova opined that Plaintiff
7 had an “extreme” limitation in social functioning. But the progress note indicated that Plaintiff had
8 been going to classes, working around the house, and helping his mother. Plaintiff described his
9 mood as “good,” and his affect was good. He was in good spirits, with no change in mood
10 symptoms, and he was getting along well with his family. Similarly, the opinion stated that
11 Plaintiff’s medication side effects would cause him difficulty working at a regular job. But previous
12 records show that the dizziness that Plaintiff experienced from Seroquel went away when he
13 switched to Cymbalta in July 2009, and Mr. Monclova’s progress note stated that Plaintiff was doing
14 well on his medications. Mr. Monclova’s opinion was also internally inconsistent: Plaintiff was
15 “markedly” limited in his ability to carry out short and simple instructions, but only “moderately”
16 limited in his ability to carry out detailed instructions. Also, Plaintiff’s current GAF score was 68.
17 This is in a range that indicates “some mild symptoms ... but generally functioning pretty well,”
18 DSM-IV at 34, and is inconsistent with the many “marked” limitations and one “extreme” limitation
19 that Mr. Monclova identified.

20 **V. Conclusion**

21 The ALJ’s conclusions were supported by substantial credible evidence. Accordingly, this
22 Court hereby AFFIRMS the agency’s determination to deny Plaintiff disability benefits. The Clerk
23 of Court is directed to enter judgment for Defendant Carolyn W. Colvin, Acting Commissioner of
24 Social Security.

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26 IT IS SO ORDERED.

27 Dated: March 19, 2013

/s/ Sandra M. Snyder
UNITED STATES MAGISTRATE JUDGE

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