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2 The First Amended Complaint is now before this Court for screening. This Court finds  
3 that, despite receiving the applicable standards previously, Plaintiff fails and is unable to state a  
4 cognizable Eighth Amendment claim against Dr. You for deliberate indifference to his serious  
5 medical needs. Thus, this action should be DISMISSED.

6 **B. Screening Requirement**

7 The Court is required to screen complaints brought by prisoners seeking relief against a  
8 governmental entity or officer or employee of a governmental entity. 28 U.S.C. § 1915A(a). The  
9 Court must dismiss a complaint or portion thereof if the prisoner has raised claims that are legally  
10 frivolous, malicious, fail to state a claim upon which relief may be granted, or that seek monetary  
11 relief from a defendant who is immune from such relief. 28 U.S.C. § 1915A(b)(1),(2); 28 U.S.C.  
12 § 1915(e)(2)(B)(i)-(iii). If an action is dismissed on one of these three bases, a strike is imposed  
13 per 28 U.S.C. § 1915(g). An inmate who has had three or more prior actions or appeals dismissed  
14 as frivolous, malicious, or for failure to state a claim upon which relief may be granted, and has  
15 not alleged imminent danger of serious physical injury does not qualify to proceed *in forma*  
16 *pauperis*. See 28 U.S.C. § 1915(g); *Richey v. Dahne*, 807 F.3d 1201, 1208 (9th Cir. 2015).

17 Section 1983 “provides a cause of action for the deprivation of any rights, privileges, or  
18 immunities secured by the Constitution and laws of the United States.” *Wilder v. Virginia Hosp.*  
19 *Ass’n*, 496 U.S. 498, 508 (1990) (quoting 42 U.S.C. § 1983). Section 1983 is not itself a source  
20 of substantive rights, but merely provides a method for vindicating federal rights conferred  
21 elsewhere. *Graham v. Connor*, 490 U.S. 386, 393-94 (1989).

22 To state a claim under § 1983, a plaintiff must allege two essential elements: (1) that a  
23 right secured by the Constitution or laws of the United States was violated and (2) that the alleged  
24 violation was committed by a person acting under the color of state law. See *West v. Atkins*, 487  
25 U.S. 42, 48 (1988); *Ketchum v. Alameda Cnty.*, 811 F.2d 1243, 1245 (9th Cir. 1987). A  
26 complaint will be dismissed if it lacks a cognizable legal theory or fails to allege sufficient facts  
27 under a cognizable legal theory. See *Balistreri v. Pacifica Police Department*, 901 F.2d 696, 699  
28 (9th Cir. 1990). “Notwithstanding any filing fee, or any portion thereof, that may have been paid,

1 the court shall dismiss the case at any time if the court determines that . . . the action or appeal . . .  
2 fails to state a claim upon which relief may be granted.” 28 U.S.C. § 1915(e)(2)(B)(ii).

3 **C. Summary of the First Amended Complaint**

4 Plaintiff names Dr. You as the only defendant in this action and seeks monetary damages.  
5 Plaintiff alleges that, when he was transferred from RJD to CSP-Cor, Dr. You examined him and  
6 revoked a comprehensive accommodation chrono (“ACA”) for soft-soled shoes and for lower-  
7 tier/lower-bunk housing, that issued at RJD. Plaintiff alleges that because of this, correctional  
8 staff did not allow him to go to the dining hall and medical lines.

9 As noted above, Plaintiff was previously given the applicable standards for the claims  
10 asserted in this action and informed of deficiencies in his factual allegations. Despite this, the  
11 First Amended Complaint suffers from the same defects as the original Complaint. Further, as  
12 discussed in detail below, Plaintiff attached exhibits to the First Amended Complaint that  
13 contradict his allegations. Therefore, it appears that Plaintiff is unable to state a cognizable claim  
14 and so as not to encourage fabrication, this action should be dismissed.

15 **D. Pleading Requirements**

16 **1. Federal Rule of Civil Procedure 8(a)**

17 “Rule 8(a)’s simplified pleading standard applies to all civil actions, with limited  
18 exceptions,” none of which applies to section 1983 actions. *Swierkiewicz v. Sorema N. A.*, 534  
19 U.S. 506, 512 (2002); Fed. R. Civ. Pro. 8(a). A complaint must contain “a short and plain  
20 statement of the claim showing that the pleader is entitled to relief . . . .” Fed. R. Civ. Pro. 8(a).  
21 “Such a statement must simply give the defendant fair notice of what the plaintiff’s claim is and  
22 the grounds upon which it rests.” *Swierkiewicz*, 534 U.S. at 512.

23 Detailed factual allegations are not required, but “[t]hreadbare recitals of the elements of a  
24 cause of action, supported by mere conclusory statements, do not suffice.” *Ashcroft v. Iqbal*, 556  
25 U.S. 662, 678 (2009), quoting *Bell Atlantic Corp. v. Twombly*, 550 U.S. 544, 555 (2007).  
26 Plaintiff must set forth “sufficient factual matter, accepted as true, to ‘state a claim that is  
27 plausible on its face.’” *Iqbal*, 556 U.S. at 678, quoting *Twombly*, 550 U.S. at 555. Factual  
28 allegations are accepted as true, but legal conclusions are not. *Iqbal*. at 678; *see also Moss v. U.S.*

1 *Secret Service*, 572 F.3d 962, 969 (9th Cir. 2009); *Twombly*, 550 U.S. at 556-557.

2 While “plaintiffs [now] face a higher burden of pleadings facts . . .,” *Al-Kidd v. Ashcroft*,  
3 580 F.3d 949, 977 (9th Cir. 2009), the pleadings of *pro se* prisoners are still construed liberally  
4 and are afforded the benefit of any doubt. *Hebbe v. Pliler*, 627 F.3d 338, 342 (9th Cir. 2010).  
5 However, “the liberal pleading standard . . . applies only to a plaintiff’s factual allegations,”  
6 *Neitze v. Williams*, 490 U.S. 319, 330 n.9 (1989), “a liberal interpretation of a civil rights  
7 complaint may not supply essential elements of the claim that were not initially pled,” *Bruns v.*  
8 *Nat’l Credit Union Admin.*, 122 F.3d 1251, 1257 (9th Cir. 1997) quoting *Ivey v. Bd. of Regents*,  
9 673 F.2d 266, 268 (9th Cir. 1982), and courts are not required to indulge unwarranted inferences,  
10 *Doe I v. Wal-Mart Stores, Inc.*, 572 F.3d 677, 681 (9th Cir. 2009) (internal quotation marks and  
11 citation omitted). The “sheer possibility that a defendant has acted unlawfully” is not sufficient,  
12 and “facts that are ‘merely consistent with’ a defendant’s liability” fall short of satisfying the  
13 plausibility standard. *Iqbal*, 556 U.S. at 678; *Moss*, 572 F.3d at 969.

14 **E. Deliberate Indifference to Serious Medical Needs**

15 Prison officials violate the Eighth Amendment if they are “deliberate[ly] indifferen[t] to [a  
16 prisoner’s] serious medical needs.” *Estelle v. Gamble*, 429 U.S. 97, 104 (1976). “A medical need  
17 is serious if failure to treat it will result in “significant injury or the unnecessary and wanton  
18 infliction of pain.”” *Peralta v. Dillard*, 744 F.3d 1076, 1081-82 (2014) (quoting *Jett v. Penner*,  
19 439 F.3d 1091, 1096 (9th Cir.2006) (quoting *McGuckin v. Smith*, 974 F.2d 1050, 1059 (9th  
20 Cir.1992), overruled on other grounds by *WMX Techs., Inc. v. Miller*, 104 F.3d 1133 (9th  
21 Cir.1997) (en banc))

22 To maintain an Eighth Amendment claim based on medical care in prison, a plaintiff must  
23 first “show a serious medical need by demonstrating that failure to treat a prisoner’s condition  
24 could result in further significant injury or the unnecessary and wanton infliction of pain. Second,  
25 the plaintiff must show the defendants’ response to the need was deliberately indifferent.”  
26 *Wilhelm v. Rotman*, 680 F.3d 1113, 1122 (9th Cir. 2012) (quoting *Jett*, 439 F.3d at 1096  
27 (quotation marks omitted)).

1 As to the first prong, indications of a serious medical need “include the existence of an  
2 injury that a reasonable doctor or patient would find important and worthy of comment or  
3 treatment; the presence of a medical condition that significantly affects an individual’s daily  
4 activities; or the existence of chronic and substantial pain.” *Colwell v. Bannister*, 763 F.3d 1060,  
5 1066 (9th Cir. 2014) (citation and internal quotation marks omitted); *accord Wilhelm*, 680 F.3d at  
6 1122; *Lopez v. Smith*, 203 F.3d 1122, 1131 (9th Cir. 2000). For screening purposes, Plaintiff’s  
7 alleged epilepsy and paralysis/disfunction of his leg/foot from his gun-shot wounds are accepted  
8 as serious medical needs.

9 As to the second prong, deliberate indifference is “a state of mind more blameworthy than  
10 negligence” and “requires ‘more than ordinary lack of due care for the prisoner’s interests or  
11 safety.’ ” *Farmer v. Brennan*, 511 U.S. 825, 835 (1994) (quoting *Whitley*, 475 U.S. at 319).  
12 Deliberate indifference is shown where a prison official “knows that inmates face a substantial  
13 risk of serious harm and disregards that risk by failing to take reasonable measures to abate it.”  
14 *Id.*, at 847. In medical cases, this requires showing: (a) a purposeful act or failure to respond to a  
15 prisoner’s pain or possible medical need and (b) harm caused by the indifference. *Wilhelm*, 680  
16 F.3d at 1122 (quoting *Jett*, 439 F.3d at 1096). “A prisoner need not show his harm was  
17 substantial; however, such would provide additional support for the inmate’s claim that the  
18 defendant was deliberately indifferent to his needs.” *Jett*, 439 F.3d at 1096, citing *McGuckin*, 974  
19 F.2d at 1060.

20 Deliberate indifference is a high legal standard. *Toguchi v. Chung*, 391 F.3d 1051, 1060  
21 (9th Cir.2004). “Under this standard, the prison official must not only ‘be aware of the facts from  
22 which the inference could be drawn that a substantial risk of serious harm exists,’ but that person  
23 ‘must also draw the inference.’ ” *Id.* at 1057 (quoting *Farmer*, 511 U.S. at 837). “‘If a prison  
24 official should have been aware of the risk, but was not, then the official has not violated the  
25 Eighth Amendment, no matter how severe the risk.’ ” *Id.* (quoting *Gibson v. County of Washoe,*  
26 *Nevada*, 290 F.3d 1175, 1188 (9th Cir. 2002)).

27 Plaintiff alleges that doctors at RJD issued an ACA for him to have lower-tier/lower-bunk  
28 housing because of his epilepsy and for him to have soft-soled shoes because of his leg/foot

1 disfunction. Plaintiff alleges that Dr. You examined him at CSP-Cor and revoked that ACA.  
2 When Plaintiff challenged that action, Dr. You allegedly told Plaintiff that custody staff didn't  
3 allow him to issue ACAs for lower-tier/lower-bunks and wouldn't allow Plaintiff to wear soft-  
4 soled shoes even if Dr. You issued an ACA for them. (Doc. 19, p. 4.)

5 Plaintiff's exhibits show that upon examining Plaintiff, Dr. You issued a new ACA when  
6 he examined Plaintiff for Plaintiff to be permanently housed in a ground floor single-cell, noting  
7 Plaintiff had both at that time. (Doc. 19, p. 21.) Ground floor single-cell inmates receive  
8 accommodations a lower-tier/lower-bunk cell and do not have a cellmate. Without dispute, this  
9 ACA provided Plaintiff accommodations that are better suited for an inmate with significant  
10 medical issues. In any event, clearly, Dr. You believed that this ACA was appropriate.

11 This exhibit demonstrates that Dr. You was not deliberately indifferent to Plaintiff's risk  
12 of falling from heights because of his seizure disorder. Additionally, while Dr. You's ACA  
13 discontinued Plaintiff's "PIA" shoes, it ordered that Plaintiff receive insoles on a permanent basis.  
14 (*Id.*) This does not show deliberate indifference to Plaintiff's leg/foot disability by Dr. You.  
15 When coupled with the allegations of the complaint, it demonstrates that Dr. You believed this  
16 ACA would best address Plaintiff's leg/foot ailment. Though Dr. You ordered a different  
17 accommodation for Plaintiff's leg/foot disability than was ordered in Plaintiff's earlier ACA,  
18 Plaintiff states no allegations to find that Dr. You was aware that using insoles instead of orthotic  
19 shoes would subject Plaintiff to a serious risk based on his condition. Merely changing orthotic  
20 devices does not show deliberate indifference.

21 Further, Plaintiff's allegations that Dr. You revoked the ACA Plaintiff received at RJD  
22 and by inference left him without any accommodations for his serious medical needs need not be  
23 accepted as true since they are directly contradicted by his exhibit. "[A]llegations that contradict  
24 exhibits attached to the Complaint . . ." need not be accepted as true. *Daniels-Hall v. Nat'l Educ.*  
25 *Ass'n*, 629 F.3d 992, 998 (9th Cir. 2010) citing *Manzarek v. St. Paul Fire & Marine Ins. Co.*, 519  
26 F.3d 1025, 1031 (9th Cir. 2008); *Sprewell v. Golden State Warriors*, 266 F.3d 979, 988 (9th Cir.  
27 2001).

28 Even if Plaintiff's allegations could be accepted as true, at most, they merely show his

1 disagreement with Dr. You's medical opinion of the best accommodation for Plaintiff's medical  
2 needs. A difference of opinion over what constitutes proper treatment does not rise to the level of  
3 an Eighth Amendment violation. *See Estelle*, 429 U.S. at 105-06; *Hamby v. Hammond*, 821 F.3d  
4 1085, 1092 (9th Cir. 2016) (citation omitted); *see also Allison v. Prison Health Services, Inc.*,  
5 2009 WL 205228, at \*8 (D. Idaho Jan. 28, 2009) (finding that Plaintiff's assertion that a different  
6 orthotic device would provide better treatment was insufficient to support an Eighth Amendment  
7 claim); *see also Diaz v. Vasquez*, No. 1:12-CV-00732-GBC PC, 2012 WL 5471803, at \*2 (E.D.  
8 Cal. Nov. 9, 2012) (finding transfer prison's invalidation of inmate's previous medical chrono for  
9 soft-soled shoes failed to state an Eighth Amendment claim pursuant to 28 U.S.C. § 1915(e)(2)  
10 and § 1915A). For these reasons, Plaintiff does not and indeed cannot state a cognizable Eighth  
11 Amendment claim against Dr. You for deliberate indifference to his serious medical needs.

### 12 CONCLUSION

13 Plaintiff's First Amended Complaint fails to state a cognizable claim against Dr. You.  
14 Given that the First Amended Complaint suffers from the substantially similar defects to those in  
15 Plaintiff's original Complaint, it appears futile to allow further amendment. This is particularly  
16 so given the evidence contained in the the ACA Dr. You issued. Plaintiff should not be granted  
17 leave to amend as the defects in his pleading are not capable of being cured through amendment.  
18 *Akhtar v. Mesa*, 698 F.3d 1202, 1212-13 (9th Cir. 2012).

19 Accordingly, the Court **RECOMMENDS** that this entire action be dismissed with  
20 prejudice. The Clerk of the Court is directed to assign a district judge to the action.

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1           These Findings and Recommendations will be submitted to the United States District  
2 Judge assigned to the case, pursuant to the provisions of Title 28 U.S.C. § 636(b)(1). **Within 21**  
3 **days** after being served with these Findings and Recommendations, Plaintiff may file written  
4 objections with the Court. The document should be captioned “Objections to Magistrate Judge’s  
5 Findings and Recommendations.” Plaintiff is advised that failure to file objections within the  
6 specified time may result in the waiver of rights on appeal. *Wilkerson v. Wheeler*, 772 F.3d 834,  
7 839 (9th Cir. Nov. 18, 2014) (citing *Baxter v. Sullivan*, 923 F.2d 1391, 1394 (9th Cir. 1991)).

8  
9 IT IS SO ORDERED.

10 Dated: **October 31, 2018**

**/s/ Jennifer L. Thurston**  
UNITED STATES MAGISTRATE JUDGE