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IN THE UNITED STATES DISTRICT COURT
FOR THE EASTERN DISTRICT OF CALIFORNIA

RALPH COLEMAN, et al.,

Plaintiffs,

No. 2:-90-cv-0520-LKK-JFM (PC)

vs.

ARNOLD SCHWARZENEGGER,
et al.,

Defendants.

ORDER

_____ /
Pursuant to an order of this court filed April 14, 2010, on September 27, 2010, the special master filed a report and recommendations on defendants' review of their suicide prevention policies, practices and procedures. The report contains five recommendations for orders by this court. By order filed October 5, 2010, the parties were granted a period of thirty days in which to file and serve responses to the special master's report and recommendations and fifteen days thereafter in which to reply to any responses filed. On November 4, 2010, defendants filed an objection to one of the special master's recommendations. Plaintiffs interposed no objections to any of the recommendations. On November 18, 2010, plaintiffs filed a reply to defendants' objections. On the same day, this court issued an order adopting in full the recommendations to which no objections had been interposed. The special master's remaining recommendation is addressed in this order.

1 The special master’s fourth recommendation is that defendants be directed to
2 “submit a plan to furnish suicide-resistant beds in their mental health crisis bed (MHCB) units
3 for any at-risk inmates who would otherwise not be provided with a bed while in an MHCB
4 unit.” Special Master’s Report on Defendants’ Review of Suicide Prevention Policies, Practices,
5 and Procedures, filed September 27, 2010 (hereafter Report), at 38. The special master’s
6 recommendation is based on the following findings in his report:

7 Plaintiffs request that suicide-resistant beds be furnished for
8 MHCB units, and that those units at San Quentin State Prison and
9 California Medical Facility which have such beds should make use
10 of them. [Citation omitted.] This is an important concern that
11 plaintiffs have raised previously with defendants, but which
12 remains unresolved. There have been informal reports that in the
13 absence of suicide-resistant beds in some MHCB units, suicidal
14 patients are not provided with any beds at all. It is my
15 understanding that CDCR’s decision thus far not to provide
16 suicide-resistant beds is based solely on cost, which I also
17 understand is not prohibitively expensive.

18 My experts advise me that the failure to provide suicide-
19 resistant beds, and the practice of requiring suicidal MHCB
20 patients to sleep on the floor, creates a needlessly harsh
21 environment that does not serve therapeutic purposes. This
22 practice, along with other punitive-type practices, may even
23 contribute to an inmate’s decision not to report thoughts of self-
24 harm to staff. I have been advised that the default practice in an
25 MHCB unit should be to provide a suicide-resistant bed unless
26 clinically contraindicated.

Report, at 33.

 Defendants object to this recommendation on two grounds. First, they contend
providing only mattresses in MHCB units does not violate the Eighth Amendment. Second,
defendants contend that an order to furnish a plan for providing suicide-resistant beds to at-risk
inmates who would not otherwise be provided a bed contravenes the requirements of 18 U.S.C. §
3626(a)(1)(A) because it is “not narrowly drawn, extends further than necessary to correct the
constitutional violation, and is not the least intrusive means necessary to correct the violation
were one to exist.” *Id.* at 3.

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1 In their objection, defendants define the question before the court as “whether the
2 Eighth Amendment has been violated, or is being violated, by the failure to provide suicide
3 resistant beds for what the Program Guide contemplates as short, at most ten-day stays in the
4 MHCBs.” Objection, at 5.¹ Defendants misperceive the constitutional duty at issue.

5 The question at bar is whether defendants are in compliance with their obligations
6 under the Eighth Amendment concerning suicide prevention in their prison system. The Eighth
7 Amendment requires “a basic program to identify, treat, and supervise inmates at risk for
8 suicide.” Coleman v. Wilson, 912 F.Supp. 1282, 1298 n. 10 (E.D.Cal. 1995) (citing Balla v.
9 Idaho State Board of Corrections, 595 F.Supp. 1558, 1577 (D.Idaho 1984). The longstanding
10 problem of inmate suicides in the California Department of Corrections and Rehabilitation
11 (CDCR) is well-documented in the record. See Brown v. Plata, 131 S.Ct. 1910, 1924 (2011)
12 (“[i]n 2006, the suicide rate in California’s prisons was nearly 80% higher than the national
13 average for prison populations; and a court-appointed Special Master found that 72.1% of
14 suicides involved ‘some measure of inadequate assessment, treatment, or intervention, and were
15 therefore most probably foreseeable and/or preventable.’”) The recommendation currently
16 before the court, and the report on which it is based, are made pursuant to an April 14, 2010
17 order in which the court surveyed years of recommendations from the special master concerning
18 deficiencies in defendants’ suicide prevention system. In the same order, the court noted as
19 “deeply troubling” “[t]he increase in both the inmate suicide rate and the percentage of suicide
20 cases with ‘at least some degree of inadequacy in assessment, treatment, or intervention’” and
21 found that “[t]he fundamental task at hand is for defendants to take all steps necessary to reduce

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24 ¹ Defendants have installed suicide resistant beds in two MHCB units, one at San
25 Quentin State Prison and one at California Medical Facility. Declaration of Jane Kahn in
26 Support of Special Master’s Recommendation that Defendants Submit a Plan to Furnish Suicide-
Resistant Beds in Their Mental Health Crisis Bed Units to Reduce High Rate of Suicide, filed
November 18, 2010 (Kahn Declaration), at ¶ 3.

1 both the inmate suicide rate and the inadequacies in assessment, treatment and intervention found
2 in an unacceptably high percentage of completed suicides.” Order filed April 14, 2010 at 6-7.²

3 The special master has identified the provision of suicide resistant beds in MHCB
4 units as one of the necessary steps. His recommendation is grounded in the constitutional
5 requirement to provide a system for identification and treatment of inmates at risk for suicide.
6 Specifically, as noted above he reports that his experts have advised that the absence of beds, and
7 the practice of requiring suicidal inmates to sleep on the floor “creates a needlessly harsh
8 environment that does not serve therapeutic purposes.” Report at 33. He further reports that the
9 absence of beds may hinder identification of suicidal inmates in that it “may even contribute to
10 an inmate’s decision not to report thoughts of self-harm to staff.” *Id.* Given these
11 considerations, he reports, “the default practice in an MHCB should be to provide a suicide-
12 resistant bed unless clinically contraindicated.” *Id.*

13 In support of their objection, defendants rely on three circuit court decisions,
14 including one from the United States Court of Appeals for the Ninth Circuit, all of which affirm
15 decisions to place suicidal inmates in cells without bedding. All of the cases cited by defendants
16 stand for the proposition that the federal constitution is not violated by reasonable decisions
17 made and actions taken to protect the health and safety of inmates. In Anderson v. County of
18 Kern, 45 F.3d 1310 (9th Cir. 1995), the United States Court of Appeals for the Ninth Circuit
19

20 ² In a report on completed suicides filed May 16, 2011, the special master’s expert
21 reported that the suicide rate in CDCR prisons in 2008 “was a continuation of the CDCR’s
22 patterns of exceeding the national prison suicide rate” and that “[i]n 78.4 percent of the suicide
23 cases in 2008, there was at least some degree of inadequacy in assessment, treatment, or
24 intervention....” Report on Suicides Completed in the California Department of Corrections and
25 Rehabilitation in Calendar Years 2008 and 2009, filed May 16, 2011, at 9. In 2009, the rate of
26 suicides dropped to the lowest annual suicide rate since 2004 and was below the national average
for the first time in the same period. *Id.* at 5, 14. However, “in 84 percent of the suicide cases in
2009, there was at least some degree of inadequacy in assessment, treatment, or intervention,
which represented an increase from the rate of inadequacy” for 2008. *Id.* at 14. The average rate
of inmate suicide in the CDCR for the period from 2005 through 2009 was 21.8 suicides/100,000
inmates, compared to the average rate of 16.2 suicides/100,000 inmates for the period from 1999
through 2004. *Id.*

1 affirmed a district court decision not to enjoin county the County of Kern from ever using a
2 padded cell, called a safety cell, to temporarily confine violent or suicidal prisoners so they could
3 not hurt themselves. The court’s decision was based on findings of “ample testimony that some
4 prisoners become so violent and such a danger to themselves that temporary placement in a
5 safety cell was needed in order to deprive the prisoners of all means of harming themselves” and
6 “sufficient evidence to support the district court’s factual finding that the safety cell was used to
7 control violent inmates, and that the inmates were confined to the safety cell only for short
8 periods of time.” Id. See also Williams v. Delo, 49 F.3d 442, 446 (8th Cir. 1995) (prison
9 officials were entitled to qualified immunity from liability on an Eighth Amendment claim
10 brought by an individual prisoner who had been placed in a strip cell without clothing or bedding
11 for four days; there is “no absolute Eighth Amendment right not to be put in a cell without
12 clothes or bedding” and no evidence that the plaintiff in that case had suffered any injuries or that
13 his health had been impaired); McMahon v. Beard, 583 F.2d 172 (5th Cir. 1978) (no
14 constitutional violation in a case brought by a pretrial detainee who, after attempting suicide by
15 hanging himself with strips made from sheets, was confined for up to three months in a cell
16 without a mattress, sheets, or blankets; evidence showed that the decision to house the plaintiff
17 under these conditions was made to protect the plaintiff, not to punish him, and that the housing
18 properly continued as long as plaintiff remained suicidal).

19 The special master’s recommendation incorporates the principle for which these
20 cases stand: that a suicidal inmate may be removed to a cell without a bed or bedding if such
21 placement is necessary to secure the inmate’s health or safety. However, none of the cases
22 supports defendants’ position that under the circumstances of this case failing, as a matter of

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1 policy and practice, to have beds available in MHCB units for suicidal inmates satisfies the
2 Eighth Amendment.³

3 Defendants also contend that the recommended order does not meet the need-
4 narrowness-intrusiveness requirements of the Prison Litigation Reform Act, 18 U.S.C. §
5 3626(a)(1)(A) because it is not the “least intrusive” means to correct the Eighth Amendment
6 violation at issue. In their objection, defendants state that “mandating suicide resistant beds is
7 not necessary because the clinician is currently managing the treatment of individual patients.”
8 Objection at 7. Apparently defendants’ view is that clinical management of suicidal inmates is
9 the least intrusive remedy and nothing further is required. This argument misses the mark.
10 Currently, it appears that clinicians managing the treatment of suicidal inmates in all MHCB
11 units except those at San Quentin and CMF do not have the option of placing those inmates in
12 any bed at all, let alone a suicide resistant bed. More to the point, the special master has
13 recommended development of a plan to provide suicide resistant beds in MHCB units. In
14 developing that plan, defendants can and should rely on the clinical judgment of those who are
15 involved in the difficult and delicate task of managing suicidal inmates in crisis beds. Nothing in
16 the special master’s recommendation precludes or discourages such reliance.

17 Finally, defendants contend that requiring them to develop a plan to provide
18 suicide resistant beds for at-risk inmates in MHCB units would “effectively declare portions” of
19 a state regulation unconstitutional. Objection at 6. Defendants make no cogent argument as to
20 how or why adopting the special master’s recommendation would work this result.⁴

21
22 ³ Evidence before the court shows that most suicidal inmates placed in MHCBs are
23 required to sleep on the floor, either directly on the concrete or with, at most, “a thin mattress, a
24 blanket and a suicide smock.” Kahn Declaration at ¶ 3.

25 ⁴ Defendants cite to Cal. Code Reg. tit 22, § 79829(a), which provides:

26 (a) A clean, comfortable bed with a mattress, pillow, blankets, bed
linen and provisions for the storage of personal items shall be
provided for each licensed bed. All furnishings will be in good
repair and suitable for special inmate-patient needs.

1 As the United States Court of Appeals for the Ninth Circuit has recently noted
2 [i]n many cases it would not be possible for a district court to
3 produce meaningful need-narrowness-intrusiveness findings
4 concerning each isolated provision of a remedial order. Prospective
5 relief for institutions as complex as prisons is a necessarily
6 aggregate endeavor, composed of multiple elements that work
7 together to redress violations of the law. This is all the more true
8 when relief must be narrow and minimally intrusive: courts often
9 must order defendants to make changes in several different areas of
10 policy and procedure in order to avoid interjecting themselves too
11 far into any one particular area of prison administration. In such
12 circumstances, the necessity of any individual provision cannot be
13 evaluated in isolation. What is important, and what the PLRA
14 requires, is a finding that the set of reforms being ordered-the
15 “relief”-corrects the violations of prisoners' rights with the minimal
16 impact possible on defendants’ discretion over their policies and
17 procedures.

18 Armstrong v. Schwarzenegger, 622 F.3d 1058, 1070-71 (9th Cir. 2010). “Intrusiveness is a
19 particularly difficult issue for defendants to argue” where, as here, what is required is the
20 development and promulgation of a plan. Id. at 1071.

21 As both the court and the special master have repeatedly found, defendants must
22 take all steps necessary to reduce both the number of inmate suicides and the inadequacies in
23 assessment, treatment and intervention found in an unacceptably high percentage of completed
24 suicides. The special master’s recommendation that one of those steps is the development of a
25 plan to provide suicide resistant beds to suicidal inmates in crisis units unless such beds are
26 clinically contraindicated is fully supported by the record, and defendants’ objection to the
recommendation is without merit.

Accordingly, IT IS HEREBY ORDERED that:


23 Cal. Code Reg. tit 22, § 79829(a). To put it mildly, defendants’ citation to this regulation does
24 not help their position. While the court’s duty in this case extends only to enforcement of federal
25 constitutional requirements, and not to state regulations, the cited regulation would appear to
26 support entirely the special master’s recommendation. That is, the regulation suggests that beds
are to be provided in every licensed inmate-patient room, and such beds are to be “*suitable for
special inmate-patient needs.*” If a suicidal inmate is placed in a licensed bed, the availability at
least of a suicide-resistant bed would seem to be required by the regulation.

1 1. The fourth recommendation in the special master's September 27, 2010 Report
2 is adopted in full;

3 2. Within sixty days from the date of this order defendants shall file with the
4 court and submit to the special master a plan to furnish suicide-resistant beds in their MHCBS for
5 any at-risk inmates who would otherwise not be provided with a bed while in an MHCB unit;
6 and

7 3. Within thirty days thereafter the special master shall report to the court on the
8 adequacy of defendants' plan.

9 DATED: July 21, 2011.

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13 LAWRENCE K. KARLTON
14 SENIOR JUDGE
15 UNITED STATES DISTRICT COURT
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