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8 IN THE UNITED STATES DISTRICT COURT  
9 FOR THE EASTERN DISTRICT OF CALIFORNIA

10 ALYSSIA BROWN,

11 Plaintiff,

No. 2:08-cv-1689 JAM JFM

12 vs.

13 CALIFORNIA DEPARTMENT  
14 OF CORRECTIONS,

15 Defendant.

ORDER

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17 Presently calendared for hearing on September 10, 2009 is defendant's August 3,  
18 2009 motion to compel a Rule 35 examination of plaintiff. Pursuant to Local Rule 78-230(h),  
19 the court has determined that the matter will be submitted on the papers without oral argument.  
20 Upon review of the motion and the documents in support and opposition, and good cause  
21 appearing therefor, THE COURT MAKES THE FOLLOWING FINDINGS:

22 Plaintiff alleges discrimination, retaliation and failure to prevent discrimination  
23 and retaliation in violation of Title VII and the Fair Employment and Housing Act. Plaintiff  
24 contends that as a result of the alleged discrimination and retaliation, she suffers from Post  
25 Traumatic Stress Disorder ("PTSD"), depression, anxiety, panic attacks, and has been unable to  
26 work since February 2007.

1 Plaintiff has conceded that she has placed her mental condition in controversy.  
2 (Jt. Stmt. at 2.) Plaintiff also concedes that defendant is entitled to have an expert perform a  
3 mental exam pursuant to Fed. R. Civ. P. 35.<sup>1</sup>

4 The issue here is the scope of the Fed. R. Civ. P. 35 examination. Defendant  
5 seeks an order compelling plaintiff to submit to psychological testing and a psychiatric  
6 examination. However, plaintiff contends the examination should be limited to the nature, extent  
7 and causes of plaintiff's emotional distress.

8 A court order for a physical or mental examination must also be based on a  
9 showing of 'good cause.' Fed. R. Civ. P. 35(a). 'Good cause' generally requires a showing of  
10 specific facts justifying discovery -- i.e., allegations showing the need for the information sought  
11 and lack of means for obtaining it elsewhere. Schlagenhauf v. Holder, 379 U.S. 104, 114-122  
12 (1964); and see Marroni v. Matey, 82 F.R.D. 371, 372 (E.D. Penn. 1979).

13 Plaintiff has placed her mental condition in controversy. Plaintiff contends she  
14 suffered such severe emotional distress that she was placed on medical leave effective February  
15 1, 2007. (Complt. ¶ 8.) In her deposition, plaintiff claims she was placed on medical leave  
16 because she was having panic attacks. (Pl.'s Depo. at 429-32.) Plaintiff was then sent to  
17 outpatient treatment for three to four months. (Id. at 434-36.) Plaintiff contends she was  
18 diagnosed with PTSD, panic attacks, anxiety, depression, ulcers and irritable bowel syndrome,  
19 which she claims are all caused by employees of defendant. (Id. at 437-40.) Plaintiff states she  
20 is taking six different medications for PTSD. (Id. at 22-27.) Plaintiff contends she has not been  
21 able to work since February 2, 2007, and that none of her medical providers have indicated that  
22 she can return to work. (Id. at 49, 53.)

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25 <sup>1</sup> Plaintiff has been examined by psychiatrist Dr. Tahami in connection with her workers  
26 compensation claim. Defendant confirmed that Dr. Tahami performed the Beck Depression  
Inventory test, and was willing to stipulate that the Beck Depression Inventory not be repeated.

1 Plaintiff has been diagnosed with many different mental disorders, including  
2 PTSD, Major Depressive Disorder, panic attacks, Generalized Anxiety Disorder, and Mood  
3 Disorder NOS. (Dr. Pickel Decl. ¶ 5.) The psychological tests sought will provide objective  
4 information about plaintiff's psychological functioning that will, in turn, assist defendant's  
5 psychiatric expert, Dr. Pickel, to develop hypotheses and analyze information obtained from the  
6 clinical interview and records review. (Hausman Decl. ¶ 6.)

7 Moreover, the fact that petitioner is being treated for various mental disorders  
8 suggests multiple causation for her emotional distress may exist. Defendant should be allowed to  
9 determine whether plaintiff's emotional state may have been effected by something other than  
10 defendant's alleged actions. "For each item of damages . . . the plaintiff must show that the  
11 damage was proximately caused by the defendant's unlawful conduct. In turn, the [defendant] is  
12 entitled to show that other factors contributed to the plaintiff's damages." Doe v. City of Chula  
13 Vista, 196 F.R.D. at 568 (S.D.Cal. 1999) (citations omitted). Thus, it would be inappropriate to  
14 limit the time frame or the scope of the exam in the manner suggested by plaintiff.

15 Good cause appearing, defendant's amended motion to compel a Rule 35  
16 examination of plaintiff will be partially granted, subject to the limits set forth below.

17 In accordance with the above, IT IS HEREBY ORDERED that:

- 18 1. The hearing date of September 10, 2009 is vacated.
- 19 2. Defendant's August 13, 2009 amended motion to compel Rule 35 testing and  
20 examination of plaintiff (#14) is partially granted, subject to the following limitations.
- 21 3. The Beck Depression Inventory shall not be repeated.
- 22 4. The testing shall include the Wechsler Adult Intelligence Scale III or N, the  
23 Minnesota Multiphasic Personality Inventory 2, and the Rochester Inkblot Test. The tests will be  
24 administered by Dr. Sheryl Hausman at 1300 I Street, Sacramento, California. Plaintiff and  
25 defendant's retained psychological expert, Dr. Hausman, will be present. No others may be  
26 present during the testing. The testing will occur on September 15, 2009, beginning at 9:00 a.m.,

1 with an hour for lunch from 12 noon until 1:00 p.m. The testing shall not exceed four hours in  
2 duration.

3 5. Plaintiff shall submit to a psychiatric examination ("examination") conducted  
4 by Dr. Stuart M. Pickel. The examination will take place at 1300 I Street, Sacramento,  
5 California. Plaintiff and defendant's retained psychiatric expert, Dr. Pickel, will be present. No  
6 others may be present during the testing. The examination will occur on September 18, 2009,  
7 beginning at 9:00 a.m., with an hour for lunch from 12 noon until 1:00 p.m. The examination  
8 shall not exceed four hours in duration.

9 6. The scope of Dr. Pickel's examination can consist of taking a history of  
10 plaintiff's present psychiatric complaints, including subjective psychological symptoms and  
11 objective signs, as well as inquiring into causal factors. This will include a history of the changes  
12 over time in plaintiff's psychological and/or emotional signs or symptoms since the onset of any  
13 psychological and/or emotional distress reportedly connected to the alleged incident(s) at the  
14 California Department of Corrections and Rehabilitation (CDCR), including the extent to which  
15 any psychological and/or emotional signs or symptoms interfere with plaintiff's functioning.

16 Dr. Pickel may also gather information about plaintiff's usual daily schedule as of  
17 the time of the evaluation, any psychiatric treatment plaintiff is receiving, and her current level of  
18 functioning to gather information regarding any psychiatric disability. In addition, Dr. Pickel  
19 may inquire into any past history of emotional distress and psychological symptoms and signs,  
20 including any similarity or contribution to plaintiff's current claim of emotional distress,  
21 psychological symptoms and signs, and psychiatric impairment and/or disability, if any. Dr.  
22 Pickel may also ask plaintiff about any past psychiatric, psychological and/or mental health  
23 treatment to determine the effectiveness of such treatment and whether she had any residual  
24 emotional distress, psychological symptoms and signs, and psychiatric impairment and/or  
25 disability, if any.

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1 The scope of the examination may also include inquiries into plaintiff's family,  
2 marital and significant romantic relationship histories; history of accidents and injuries; disability  
3 and unemployment benefits; legal, occupational, educational, and past personal history; as well  
4 as into any financial problems, living and economic situations; sexual and medical histories; and  
5 drug and alcohol histories.

6 7. Plaintiff is permitted to audiotape the instructions for each test as well as the  
7 interview portion of the psychiatric examination. Said audiotape may be transcribed.

8 8. Defendant CDCR is responsible for the costs of conducting the testing and  
9 examination.

10 DATED: September 1, 2009.

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13 UNITED STATES MAGISTRATE JUDGE

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