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**IN THE UNITED STATES DISTRICT COURT  
FOR THE EASTERN DISTRICT OF CALIFORNIA**

DWAYNE EICHLER,  
Plaintiff,

No. CIV S-09-1032-MCE-CMK-P

vs.

FINDINGS AND RECOMMENDATIONS

J. TILTON, et al.,  
Defendants.

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Plaintiff, a state prisoner proceeding pro se, brings this civil rights action pursuant to 42 U.S.C. § 1983. Pending before the court is plaintiff’s amended complaint (Doc. 15).

The court is required to screen complaints brought by prisoners seeking relief against a governmental entity or officer or employee of a governmental entity. See 28 U.S.C. § 1915A(a). The court must dismiss a complaint or portion thereof if it: (1) is frivolous or malicious; (2) fails to state a claim upon which relief can be granted; or (3) seeks monetary relief from a defendant who is immune from such relief. See 28 U.S.C. § 1915A(b)(1), (2). Moreover, the Federal Rules of Civil Procedure require that complaints contain a “short and plain statement of the claim showing that the pleader is entitled to relief.” Fed. R. Civ. P. 8(a)(2). This means that claims must be stated simply, concisely, and directly. See *McHenry v. Renne*, 84 F.3d 1172,

1 1177 (9th Cir. 1996) (referring to Fed. R. Civ. P. 8(e)(1)). These rules are satisfied if the  
2 complaint gives the defendant fair notice of the plaintiff's claim and the grounds upon which it  
3 rests. See Kimes v. Stone, 84 F.3d 1121, 1129 (9th Cir. 1996). Because a plaintiff must allege  
4 with at least some degree of particularity overt acts by specific defendants which support the  
5 claims, vague and conclusory allegations fail to satisfy this standard. Additionally, it is  
6 impossible for the court to conduct the screening required by law when the allegations are vague  
7 and conclusory.

8 Plaintiff's original complaint was dismissed, with leave to amend, for failure to  
9 state his claims clearly and concisely, pursuant to Rule 8, as well as for failure to state a  
10 cognizable claim. Plaintiff was informed, in detail, of Rule 8's requirements and the need to  
11 allege an actual connection or link between the actions of the named defendants and the alleged  
12 constitutional deprivations. He was also informed as to what is required to state a claim for, *inter*  
13 *alia*, denial of medical treatment, and violation of his freedom of religion rights.

#### 14 15 **I. PLAINTIFF'S ALLEGATIONS**

16 In his amended complaint, plaintiff continues to make somewhat vague and  
17 general allegations about the lack of medical treatment he has received. For instance, he claims  
18 he sought medical care for severe stomach pains and rectal spasms, for which did not receive any  
19 treatment for more than 18 months, until he was sent to Manteca Hospital. However, plaintiff  
20 fails to identify who denied him such treatment. (See Am. Comp., Doc. 15, at 16). He also  
21 claims he was denied follow up medical treatment, as ordered by Dr. Tran. He again fails to state  
22 who denied him the treatment. (See id. at 185). Plaintiff's complaint states he has had on going  
23 medical deprivation dating back to 1989, covering two separate terms of incarceration. He also  
24 alleges he had a broken nose and blocked nasal passage which have not been fixed, but again  
25 fails to state who was responsible for such treatment. (See id. at 21). Those few instances he  
26 does identify individuals, his claims against those defendants are unclear.

1 Plaintiff also continues to allege he has been denied the ability to practice his  
2 religious beliefs. He states he is an anthroposophist, and has been denied the ability to practice  
3 his religious beliefs. (See id. at 22). However, he fails to state how he was so denied, such as  
4 how he was prevented from his religious practices. His statements that he was denied “religious  
5 supplies, sanctuaries, scheduling for religious duties and rights” is inadequate. Plaintiff was also  
6 previously fully informed as to what is required to state a claim for violation of his right to  
7 practice his religious beliefs. He has again failed to do so adequately.

8 Finally, plaintiff apparently claims other alleged violations by the defendants,  
9 such as failure to provide for his safety, negligence, and overcrowding. However, he again fails  
10 to identify who violated his rights, and how.

## 11 12 II. DISCUSSION

13 Plaintiff was previously informed, in detail, how his complaint was inadequate  
14 and what was required to adequately state a claim. As to his medical claims, plaintiff was  
15 informed:

16 The treatment a prisoner receives in prison and the  
17 conditions under which the prisoner is confined are subject to  
18 scrutiny under the Eighth Amendment, which prohibits cruel and  
19 unusual punishment. See Helling v. McKinney, 509 U.S. 25, 31  
20 (1993); Farmer v. Brennan, 511 U.S. 825, 832 (1994). The Eighth  
21 Amendment “embodies broad and idealistic concepts of dignity,  
22 civilized standards, humanity, and decency.” Estelle v. Gamble,  
23 429 U.S. 97, 102 (1976). Conditions of confinement may,  
24 however, be harsh and restrictive. See Rhodes v. Chapman, 452  
25 U.S. 337, 347 (1981). Nonetheless, prison officials must provide  
26 prisoners with “food, clothing, shelter, sanitation, medical care,  
and personal safety.” Toussaint v. McCarthy, 801 F.2d 1080, 1107  
(9th Cir. 1986). A prison official violates the Eighth Amendment  
only when two requirements are met: (1) objectively, the official’s  
act or omission must be so serious such that it results in the denial  
of the minimal civilized measure of life’s necessities; and (2)  
subjectively, the prison official must have acted unnecessarily and  
wantonly for the purpose of inflicting harm. See Farmer, 511 U.S.  
at 834. Thus, to violate the Eighth Amendment, a prison official  
must have a “sufficiently culpable mind.” See id.

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1 Deliberate indifference to a prisoner's serious illness or  
2 injury, or risks of serious injury or illness, gives rise to a claim  
3 under the Eighth Amendment. See Estelle, 429 U.S. at 105; see  
4 also Farmer, 511 U.S. at 837. This applies to physical as well as  
5 dental and mental health needs. See Hoptowit v. Ray, 682 F.2d  
6 1237, 1253 (9th Cir. 1982). An injury or illness is sufficiently  
7 serious if the failure to treat a prisoner's condition could result in  
8 further significant injury or the "unnecessary and wanton infliction  
9 of pain." McGuckin v. Smith, 974 F.2d 1050, 1059 (9th Cir.  
10 1992); see also Doty v. County of Lassen, 37 F.3d 540, 546 (9th  
11 Cir. 1994). Factors indicating seriousness are: (1) whether a  
12 reasonable doctor would think that the condition is worthy of  
13 comment; (2) whether the condition significantly impacts the  
14 prisoner's daily activities; and (3) whether the condition is chronic  
15 and accompanied by substantial pain. See Lopez v. Smith, 203  
16 F.3d 1122, 1131-32 (9th Cir. 2000) (en banc).

17 The requirement of deliberate indifference is less stringent  
18 in medical needs cases than in other Eighth Amendment contexts  
19 because the responsibility to provide inmates with medical care  
20 does not generally conflict with competing penological concerns.  
21 See McGuckin, 974 F.2d at 1060. Thus, deference need not be  
22 given to the judgment of prison officials as to decisions concerning  
23 medical needs. See Hunt v. Dental Dep't, 865 F.2d 198, 200 (9th  
24 Cir. 1989). The complete denial of medical attention may  
25 constitute deliberate indifference. See Toussaint, 801 F.2d at 1111.  
26 Delay in providing medical treatment, or interference with medical  
treatment, may also constitute deliberate indifference. See Lopez,  
203 F.3d at 1131. Where delay is alleged, however, the prisoner  
must also demonstrate that the delay led to further injury. See  
McGuckin, 974 F.2d at 1060.

Negligence in diagnosing or treating a medical condition  
does not, however, give rise to a claim under the Eighth  
Amendment. See Estelle, 429 U.S. at 106. Moreover, a difference  
of opinion between the prisoner and medical providers concerning  
the appropriate course of treatment does not give rise to an Eighth  
Amendment claim. See Jackson v. McIntosh, 90 F.3d 330, 332  
(9th Cir. 1996).

To the extent Plaintiff is claiming denial of medical  
treatment, Plaintiff's claims are mostly vague and conclusory.  
While he claims he was denied medication and denied treatment as  
well as follow up visits, he fails to state who denied him  
medication, what medication he was denied, and who denied him  
treatment.

As to plaintiff's religious claims, he was informed:

The United States Supreme Court has held that prisoners  
retain their First Amendment rights, including the right to free  
exercise of religion. See O'Lone v. Estate of Shabazz, 482 U.S.  
342, 348 (1987); see also Pell v. Procunier, 417 U.S. 817, 822  
(1974). Thus, for example, prisoners have a right to be provided

1 with food sufficient to sustain them in good health and which  
2 satisfies the dietary laws of their religion. See McElyea v. Babbit,  
3 833 F.2d 196, 198 (9th Cir. 1987). In addition, prison officials are  
4 required to provide prisoners facilities where they can worship and  
5 access to clergy or spiritual leaders. See Glittlemacker v. Prasse,  
6 428 F.2d 1, 4 (3rd Cir. 1970). Officials are not, however, required  
7 to supply clergy at state expense. See id. Inmates also must be  
8 given a “reasonable opportunity” to pursue their faith comparable  
9 to that afforded fellow prisoners who adhere to conventional  
10 religious precepts. See Cruz v. Beto, 405 U.S. 319, 322 (1972).

11 However, the court has also recognized that limitations on a  
12 prisoner’s free exercise rights arise from both the fact of  
13 incarceration and valid penological objectives. See McElyea, 833  
14 F.2d at 197. For instance, under the First Amendment, the  
15 penological interest in a simplified food service has been held  
16 sufficient to allow a prison to provide orthodox Jewish inmates  
17 with a pork-free diet instead of a completely kosher diet. See Ward  
18 v. Walsh, 1 F.3d 873, 877-79 (9th Cir. 1993). Similarly, prison  
19 officials have a legitimate penological interest in getting inmates to  
20 their work and educational assignments. See Mayweathers v.  
21 Newland, 258 F.3d 930, 38 (9th Cir. 2001) (analyzing Muslim  
22 inmates’ First Amendment challenge to prison work rule).

23 In addition, Congress enacted the Religious Land Use and  
24 Institutionalized Persons Act (“RLUIPA”) in 2000. See Guru  
25 Nanak Sikh Soc. of Yuba City v. County of Sutter, 456 F.3d 978,  
26 985 (9th Cir. 2006) (citing City of Boerne v. P.F. Flores, 521 U.S.  
507 (1997)). Under RLUIPA, prison officials are prohibited from  
imposing “substantial burdens” on religious exercise unless there  
exists a compelling governmental interest and the burden is the  
least restrictive means of satisfying that interest. See id. at 986.  
RLUIPA has been upheld by the Supreme Court, which held that  
RLUIPA’s “institutionalized-persons provision was compatible  
with the Court’s Establishment Clause jurisprudence and  
concluded that RLUIPA ‘alleviates exceptional government-  
created burdens on private religious exercise.’” Warsoldier v.  
Woodford, 418 F.3d 989, 994 (9th Cir. 2005) (quoting Cutter v.  
Wilkinson, 544 U.S. 709, 720 (2005)).

It is not clear whether a prisoner must specifically raise  
RLUIPA in order to have his claim analyzed under the statute’s  
heightened standard. Compare Alvarez v. Hill, 518 F.3d 1152,  
1157 (9th Cir. 2008) (“factual allegations establishing a ‘plausible’  
entitlement to relief under RLUIPA, . . . satisfied the minimal  
notice pleading requirements of Rule 8 of the Federal Rules of  
Civil Procedure.”), with Henderson v. Terhune, 379 F.3d 709, 715  
n.1 (9th Cir. 2004) (declining to express any opinion about whether  
plaintiff could prevail under RLUIPA because plaintiff brought his  
claim under the First Amendment only). Therefore, it is possible  
for a prisoner’s complaint to raise both a First Amendment claim  
and a RLUIPA claim based on the same factual allegations. In  
other words, even if the plaintiff does not specifically invoke the  
heightened protections of RLUIPA, he may nonetheless be entitled

1 to them. Under Henderson, however, the plaintiff's claim may be  
2 limited to the less stringent Turner "reasonableness test" if the  
3 plaintiff specifically brings the claim under the First Amendment  
4 only.

5 Under both the First Amendment and RLUIPA, the  
6 prisoner bears the initial burden of establishing that the defendants  
7 substantially burdened the practice of his religion by preventing  
8 him from engaging in conduct mandated by his faith. See Freeman  
9 v. Arpaio, 125 F.3d 732, 736 (9th Cir. 1997) (analyzing claim  
10 under First Amendment); see also Warsoldier, 418 F.3d at 994-95  
11 (analyzing claim under RLUIPA). While RLUIPA does not define  
12 what constitutes a "substantial burden," pre-RLUIPA cases are  
13 instructive. See id. at 995 (discussing cases defining "substantial  
14 burden" in the First Amendment context). To show a substantial  
15 burden on the practice of religion, the prisoner must demonstrate  
16 that prison officials' conduct "burdens the adherent's practice of  
17 his or her religion by pressuring him or her to commit an act  
18 forbidden by the religion or by preventing him or her from  
19 engaging in conduct or having a religious experience which the  
20 faith mandates." Graham v. Commissioner, 822 F.2d 844, 850-51  
21 (9th Cir. 1987). The burden must be more than a mere  
22 inconvenience. See id. at 851.

23 Plaintiff's claims that his religious rights are being denied  
24 is unclear. It appears that he is claiming his rights are being  
25 violated by prison officials not allowing him to practice yoga. In  
26 order for Plaintiff to show his rights have been violated, at a  
minimum, he will be required to show that his religious beliefs are  
sincerely held and that they are religious in nature. See Callahan v.  
Woods, 658 F.2d 679, 683 (9th Cir. 1981). If Plaintiff is going to  
amend his complaint to attempt to state a claim regarding his  
freedom of religion rights, he will be required to clearly state what  
rights he believes have been violated and how the defendants are  
substantially burdening the practice of his religion.

18 Finally, plaintiff was informed of the need to adequately link his claims to the  
19 individual defendants:

20 Plaintiff's complaint is inadequate in that it fails to adequately link  
21 the proper defendants to his claims. To state a claim under 42  
22 U.S.C. § 1983, the plaintiff must allege an actual connection or  
23 link between the actions of the named defendants and the alleged  
24 deprivations. See Monell v. Dep't of Social Servs., 436 U.S. 658  
25 (1978); Rizzo v. Goode, 423 U.S. 362 (1976). "A person  
26 'subjects' another to the deprivation of a constitutional right,  
within the meaning of § 1983, if he does an affirmative act,  
participates in another's affirmative acts, or omits to perform an act  
which he is legally required to do that causes the deprivation of  
which complaint is made." Johnson v. Duffy, 588 F.2d 740, 743  
(9th Cir. 1978). Vague and conclusory allegations concerning the  
involvement of official personnel in civil rights violations are not

1 sufficient. See Ivey v. Board of Regents, 673 F.2d 266, 268 (9th  
2 Cir. 1982). Rather, the plaintiff must set forth specific facts as to  
3 each individual defendant's causal role in the alleged constitutional  
4 deprivation. See Leer v. Murphy, 844 F.2d 628, 634 (9th Cir.  
5 1988).

6 Supervisory personnel are generally not liable under § 1983  
7 for the actions of their employees. See Taylor v. List, 880 F.2d  
8 1040, 1045 (9th Cir. 1989) (holding that there is no respondeat  
9 superior liability under § 1983). A supervisor is only liable for the  
10 constitutional violations of subordinates if the supervisor  
11 participated in or directed the violations. See id. The Supreme  
12 Court has rejected the notion that a supervisory defendant can be  
13 liable based on knowledge and acquiescence in a subordinate's  
14 unconstitutional conduct because government officials, regardless  
15 of their title, can only be held liable under § 1983 for his or her  
16 own conduct and not the conduct of others. See Ashcroft v. Iqbal,  
17 129 S. Ct. 1937, 1949 (2009). When a defendant holds a  
18 supervisory position, the causal link between such defendant and  
19 the claimed constitutional violation must be specifically alleged.  
20 See Fayle v. Stapley, 607 F.2d 858, 862 (9th Cir. 1979); Mosher v.  
21 Saalfeld, 589 F.2d 438, 441 (9th Cir. 1978). Vague and conclusory  
22 allegations concerning the involvement of supervisory personnel in  
23 civil rights violations are not sufficient. See Ivey v. Board of  
24 Regents, 673 F.2d 266, 268 (9th Cir. 1982). "[A] plaintiff must  
25 plead that each Government-official defendant, through the  
26 official's own individual actions, has violated the constitution."  
Iqbal, 129 S. Ct. at 1948.

Plaintiff has named several supervisory personnel as  
defendants in his complaint, including the Director and Secretary  
of the California Department of Corrections and Rehabilitation, as  
well as the Warden. There is no indication in his complaint that  
any of the supervisory personnel were directly involved in any  
violation raised in his complaint. An action will only be allowed to  
proceed against supervisory defendants who were specifically,  
personally involved in the alleged constitutional violations.

(Order, Doc. 12).

Plaintiff has failed to correct the inadequacies previously identified. His amended  
complaint still fails to adequately set forth a claim for violation of his constitutional rights either  
related to his medical care or his religious freedom, or any other constitutional right. While his  
amended complaint is more understandable, he fails to clearly set forth his claims identifying  
who violated his constitutional rights, and how. Throughout his amended complaint, he  
generally refers to groups of defendants, such as medical providers, mental health staff, wardens  
or CDC staff in general. He then claims these groups of defendants violated his rights by using

1 conclusory and vague allegations. He does not clearly identify who violated his rights, and in  
2 what way each individual defendant has done so. Even where he does state a specific  
3 defendant's name, his allegations are too vague and insufficient to support his claims.  
4

### 5 **III. CONCLUSION**

6 Plaintiff was provided an opportunity to file an amended complaint which  
7 adequately set forth his claims. He was informed as to what was required in order to adequately  
8 state a claim, and the requirement to set forth his claims related to each defendant. He failed to  
9 do so in his amended complaint. It appears that plaintiff is either unable or unwilling to cure the  
10 defects in his complaint. As such, further leave to amend should not be granted prior to the  
11 dismissal of the entire action. See Lopez v. Smith, 203 F.3d 1122, 1126, 1131 (9th Cir. 2000)  
12 (en banc).

13 Based on the foregoing, the undersigned recommends that plaintiff's amended  
14 complaint be dismissed for failure to state a claim, and this action be closed.

15 These findings and recommendations are submitted to the United States District  
16 Judge assigned to the case, pursuant to the provisions of 28 U.S.C. § 636(b)(1). Within 14 days  
17 after being served with these findings and recommendations, any party may file written  
18 objections with the court. Responses to objections shall be filed within 14 days after service of  
19 objections. Failure to file objections within the specified time may waive the right to appeal.  
20 See Martinez v. Ylst, 951 F.2d 1153 (9th Cir. 1991).

21  
22 DATED: April 14, 2011

23   
24 **CRAIG M. KELLISON**  
25 UNITED STATES MAGISTRATE JUDGE  
26