

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28

UNITED STATES DISTRICT COURT  
EASTERN DISTRICT OF CALIFORNIA

-----oo0oo-----

JENNIFER LUKAS and JOYCE                      NO. CIV. 2:09-2423 WBS-DAD  
WATTERS,

ORDER

Plaintiffs,

v.

UNITED BEHAVIORAL HEALTH AND  
IBM MEDICAL AND DENTAL  
EMPLOYEE WELFARE BENEFIT  
PLANS,

Defendants.

\_\_\_\_\_ /

-----oo0oo-----

After a bench trial in this action on March 10, 2011,  
the court issued a memorandum constituting its findings of fact  
and conclusions of law, (Docket No. 57), and then entered  
judgment in favor of defendants, United Behavioral Health ("UBH")  
and Dental Employee Welfare Benefit Plans ("Plan"), (Docket No.

1 58). Plaintiffs appealed the judgment. (Docket No. 61.) The  
2 Ninth Circuit Court of Appeals reversed the judgment, holding  
3 that defendants were obligated to award benefits to plaintiffs  
4 for Lukas's residential treatment for an eating disorder and co-  
5 morbid conditions at Alta Mira Treatment Center ("Alta Mira").  
6 (Mem. at 6 (Docket No. 68).) The Ninth Circuit remanded with  
7 instructions to the district court to direct an award of benefits  
8 to plaintiffs and to conduct any further proceedings consistent  
9 with its order. (Id.) It also transferred consideration of  
10 plaintiffs' motion for attorney fees to the district court.  
11 (Docket No. 69.)

12 One of the programs offered by the Plan is IBM Managed  
13 Mental Health Care Program ("MMHC"). (Administrative Record  
14 ("AR") 00242.) Plaintiffs are enrolled in IBM PPO Plus, and Alta  
15 Mira is an out-of-network provider. The Plan provides that  
16 "[e]ligibility for coverage of dependents, health care providers,  
17 facilities and treatments and supplies is determined solely by  
18 the provisions of the Plan." (AR 00301, 00772.) Under the MMHC  
19 portion of the Plan, payment of benefits for out-of-network  
20 mental health inpatient care is covered at fifty percent of the  
21 usual and prevailing rate, after payment of a \$250 deductible has  
22 been made, for up to thirty days. (AR 00245, 00247, 00712,  
23 00717.) One-and-a-half residential days equals one inpatient  
24 day. (AR 00405.)

25 "ERISA generally preempts common law theories of  
26 contract law." Cinelli v. Sec. Pac. Corp., 61 F.3d 1437, 1444  
27 (9th Cir. 1995); see DeVoll v. Burdick Painting, Inc., 35 F.3d  
28 408, 412 (9th Cir. 1994) (noting that "[t]he Ninth Circuit has

1 held that ERISA preempts common law theories of breach of  
2 contract implied in fact, promissory estoppel, estoppel by  
3 conduct, fraud and deceit, and breach of contract" and declining  
4 to imply federal promissory estoppel remedy for claims regarding  
5 an ERISA plan (internal quotation marks and citation omitted)).  
6 "Because 29 U.S.C. § 1102 provides that '[e]very employee benefit  
7 plan shall be established and maintained pursuant to a written  
8 instrument,' courts have [also] held that oral agreements or  
9 modifications cannot be used to contradict or supersede the  
10 written terms of an ERISA plan." Richardson v. Pension Plan of  
11 Bethlehem Steel Corp., 112 F.3d 982, 986 n.2 (9th Cir. 1997); see  
12 Parker v. BankAmerica Corp., 50 F.3d 757, 769 (9th Cir. 1995)  
13 ("[U]nder ERISA, a party cannot maintain a claim for equitable  
14 estoppel if recovery would contradict the written provisions of  
15 the plan.").

16           The Ninth Circuit has allowed exceptions where the  
17 application of general contract principles is not inconsistent  
18 with ERISA's purpose, such as with federal equitable estoppel.  
19 Cinelli, 61 F.3d at 1444. But, "consistent with the ERISA's  
20 strong preference for the written plan, we do not allow an  
21 estoppel claim to lie where it would contradict the written terms  
22 of the plan." Id. In adopting this rule, the Ninth Circuit  
23 approved the reasoning of the Fifth Circuit in Rodrique v. W. &  
24 S. Life Ins. Co., 948 F.2d 969, 971 (5th Cir. 1991), that the  
25 ERISA writing requirement protects a plan's actuarial soundness  
26 by precluding plan administrators from contracting to pay  
27 benefits to persons not entitled to them under the express terms  
28 of the plan. Greany v. W. Farm Bureau Life Ins. Co., 973 F.2d

1 812, 822 (9th Cir. 1992).

2 Plaintiffs ask the court to depart from the plain  
3 language of the Plan and award benefits for Lukas's stay at Alta  
4 Mira at the rate for in-network providers, which for mental  
5 health care is unlimited after a \$250 deductible.<sup>1</sup> (See AR  
6 00245-46, 00711.) Plaintiffs offer several theories why they  
7 should receive benefits at this higher rate. First, they contend  
8 that defendants did not impose any of the plan-mandated benefit  
9 restrictions and paid one-hundred percent of the cost of Lukas's  
10 treatment at Sober Living by the Sea ("Sober Living"), an out-of-  
11 network provider of residential mental health care. Second, they  
12 claim that UBH told them that it could arrange for an  
13 "accommodation"--or contract with an out-of-network provider--  
14 with Alta Mira, as it did with Sober Living. Third, plaintiffs  
15 contend that Watters, Lukas's mother, was informed by multiple  
16 representatives of defendants that inpatient mental health  
17 benefits "are unlimited" (but that the location and length of  
18 treatment depend on clinical review) and that she was shown a  
19 plan summary comparison charts indicating that benefits were not  
20 limited to thirty days.

21 Of paramount importance, plaintiffs do not address  
22 ERISA's preemption of common law contract doctrine and offer no  
23 theory allowing the court to deviate from the plain language of  
24

---

25 <sup>1</sup> "Lukas" in any citation references the bates stamps on  
26 documents produced by plaintiffs during the litigation. The  
documents were filed under seal on December 23, 2010. (Docket No  
35.)

27 The daily rate paid by plaintiffs for Lukas's stay at  
28 Alta Mira was \$570. (Lukas 7.) Defendants did not argue that  
this rate is not the "usual and prevailing rate" for the  
treatment Lukas received.

1 the Plan.  Secondarily, as defendants point out, plaintiffs cite  
2 nothing in the administrative record to support their contention  
3 that defendants paid for Sober Living in full.  In contrast, the  
4 record indicates that Sober Living may have accepted a fee less  
5 than the amount charged for its services.<sup>2</sup>  (AR 01410, 01412,  
6 01415.)  The UBH documentation which plaintiffs indicate reveals  
7 that they were told that inpatient mental health benefits "are  
8 unlimited" is perhaps the most troubling: it could be read to  
9 suggest that inpatient mental health benefits provided by non-  
10 network providers are unlimited.  (See AR 01347.)  However, the  
11 documentation is unclear whether the case manager made that  
12 statement regarding in-network providers, non-network providers,  
13 or failed to make a distinction.  Moreover, this conversation  
14 occurred while Lukas was at Sober Living; it was not in relation  
15 to her stay at Alta Mira.  (Id.)

16           Plaintiffs identify two additional references to  
17 accommodation in the record.<sup>3</sup>  On October 12, 2007, the UBH case  
18 manager told Watters that Casa Palmera was not an in-network  
19 provider, but noted that there had been accommodations in the  
20 past.  (AR 01383.)  However, the entry immediately proceeding it,  
21 for October 11, 2007, states that Watters was aware of the out-

---

22           <sup>2</sup> Defendants also note that some of the bills from Sober  
23 Living were disallowed because they were not authorized by UBH.  
24 (AR 01415-16.)

25           <sup>3</sup> Several other references to accommodation or a contract  
26 identified by plaintiffs are in handwritten notes not in the  
27 administrative record.  There is no indication as to who made the  
28 notes and, for the reasons explained below, the court may not  
consider evidence outside of the administrative record in  
deciding the award of benefits.  Regardless, they do not reveal  
any statements by defendants that Lukas's stay at Alta Mira would  
be covered at the in-network rate.

1 of-network benefit and that if such benefits are to be accessed,  
2 notification would have to come first. (Id.) On October 23,  
3 2007, the notes indicate that the case manager and Watters  
4 discussed the accommodation process and benefit availability, but  
5 the case manager explained that benefits were contingent on  
6 medical necessity and an assessment report from the receiving  
7 facility. (AR 01385.)

8           Other evidence in the record contradicts plaintiffs'  
9 claim that they understood Lukas's treatment at Alta Mira would  
10 be covered at the in-network provider rate. The entry on October  
11 24, 2007, reports that Lukas was scheduled to be admitted to Alta  
12 Mira on October 28 and that Watters was aware that the out-of-  
13 network benefit would apply. On October 29, the case manager  
14 told Watters that because Alta Mira is out-of-network, Lukas's  
15 "case" would be closed and UBH would no longer be managing her  
16 benefits. (AR 01386.) UBH sent plaintiffs a letter on November  
17 11, 2007, confirming that UBH would not authorize services at the  
18 in-network benefit level and that reimbursement would be  
19 considered according to the non-network benefit level. (AR  
20 00966.)

21           Even if plaintiffs had advanced a theory to allow the  
22 court to disregard the Plan's plain language and defendants fully  
23 covered the cost of Lukas's stay at Sober Living, the record does  
24 not show defendants ever indicated to plaintiffs that unlimited  
25 mental health benefits would be available for Lukas's stay at  
26 Alta Mira or that they promised to make an accommodation for her  
27 stay there. At the most, the evidence in the record reveals  
28 several discussions of the accommodation process. It does not

1 establish that defendants indicated that care from an out-of-  
2 network provider would not be limited as set forth in the Plan.

3 Defendants object to the court's consideration of  
4 additional evidence offered by plaintiffs that is outside the  
5 administrative record. Generally, a court may not consider such  
6 evidence when reviewing a claim to recover benefits under the  
7 terms of an ERISA plan. Banuelos v. Constr. Laborers' Trust  
8 Funds for S. Cal., 382 F.3d 897, 904 (9th Cir. 2004). The two  
9 exceptions to this rule are when a court determines whether a  
10 plan administrator's decision was affected by a conflict of  
11 interest and when the standard of administrative review is de  
12 novo. Id. Plaintiffs do not ask the court to consider this  
13 extrinsic evidence for the purposes of determining that there is  
14 a conflict of interest and the standard of review in this action  
15 is abuse of discretion. (See Mem. at 2 (noting that parties  
16 agree that district court correctly applied abuse of discretion  
17 standard).) Courts have also allowed the consideration of  
18 extrinsic evidence when construing ambiguous plan provisions.  
19 McDaniel v. Chevron Corp., 203 F.3d 1099, 1114 n.10 (9th Cir.  
20 2000). But there is no evidence here--and plaintiffs have not  
21 argued--that any provision of the Plan is ambiguous.

22 Even considering the evidence plaintiffs point to--two  
23 benefit summary charts--it does not suggest that defendants told  
24 plaintiffs that they would be entitled to benefits exceeding the  
25 limitations in the Plan for out-of-network providers. The  
26 benefits summary charts indicate that benefits for out-of-network  
27 providers are limited to thirty days. (See Lukas 62-64.) There  
28 is no discrepancy between the Plan documents and these summaries.

1 Thus, while it is true that "[c]ourts will generally bind ERISA  
2 defendants to the more employee-favorable of two conflicting  
3 documents-even if one is erroneous," Banuelos, 382 F.3d at 904,  
4 there are no conflicting documents in this case.

5           Although plaintiffs did not bring a claim for equitable  
6 estoppel, the court nonetheless addresses the theory. The  
7 requirements of a federal estoppel claim relating to an ERISA  
8 plan are a material misrepresentation, reasonable and detrimental  
9 reliance upon the representation, extraordinary circumstances,  
10 that the provisions of the plan at issue were ambiguous such that  
11 reasonable persons could disagree as to their meaning or effect,  
12 and finally, that representations were made involving an oral  
13 interpretation of the plan. Renfro v. Funky Door Long Term  
14 Disability Plan, 686 F.3d 1044, 1054 (9th Cir. 2012); Pisciotta  
15 v. Teledyne Indus., Inc., 91 F.3d 1326, 1331 (9th Cir. 1996).

16           Plaintiffs cannot meet these requirements. First, as  
17 explained above, there is no convincing evidence that defendants  
18 stated that benefits for Lukas's stay at Alta Mira, an out-of-  
19 network provider, would not be limited as set forth in the Plan  
20 or that they promised that an accommodation would be provided.  
21 Second, plaintiffs identified no ambiguity in the Plan. As  
22 explained above, the plan summary charts produced by plaintiffs  
23 track the benefit restrictions in the Plan for non-network  
24 providers and do not create any ambiguity. Third, plaintiffs  
25 point to no extraordinary circumstances. Finally, "[a] plaintiff  
26 cannot avail himself of a federal ERISA estoppel claim based upon  
27 statements of a plan employee which would enlarge his rights  
28 against the plan beyond what he could recover under the



1 unambiguous language of the plan itself." Greany v. W. Farm  
2 Bureau Life Ins. Co., 973 F.2d 812, 822 (9th Cir. 1992). Here,  
3 plaintiffs' request for repayment of benefits as if Alta Mira  
4 were an in-network provider would contradict the plain language  
5 of the Plan. Any request for benefits based on an estoppel  
6 theory therefore fails.

7 IT IS THEREFORE ORDERED that plaintiffs be awarded  
8 benefits for Lukas's stay at Alta Mira at fifty percent of the  
9 usual and prevailing rate for forty-five days for a total of  
10 \$12,825.00 (( $\$570.00/2$ ) X 45). Plaintiffs shall follow the  
11 procedures set forth in Local Rule 293 for recovering their  
12 attorney fees. Any request for prejudgment interest on the award  
13 of benefits is to be determined on plaintiffs' application for  
14 attorney fees.

15 DATED: March 15, 2013

16  
17 

18 WILLIAM B. SHUBB  
19 UNITED STATES DISTRICT JUDGE  
20  
21  
22  
23  
24  
25  
26  
27  
28