

1 For the reasons set forth below, the undersigned will recommend that the defendants'
2 motion for summary judgment be granted in part.

3 Liberally construed, plaintiff's complaint also pleads a retaliation claim against Nurse
4 Cox. On review, the court will also recommend that summary judgment be entered sua sponte for
5 Nurse Cox on this claim.

6 **I. Plaintiff's Allegations**

7 In his complaint, plaintiff alleges that the following events occurred while he was
8 incarcerated at California State Prison-Sacramento ("CSP-Sac"). (ECF No. 1.)

9 Between June 7, 2010, and August 2010, plaintiff repeatedly informed Dr. Sahota that he
10 was suffering from pain and either a cyst or lump on his back, but Dr. Sahota refused to provide
11 plaintiff with pain medication. Plaintiff finally underwent surgery at San Joaquin General
12 Hospital ("SJGH") but only after several months' delay caused by defendants Dr. Nangalama, Dr.
13 Sahota, Dr. Dhillon, and Deems.

14 From April 7, 2011, to June of 2011, plaintiff was denied adequate post-surgical medical
15 care. As a result, plaintiff was twice taken to the emergency room. Dr. Nangalama, Nurse Cox,
16 Deems, Dr. Dhillon, and Nurse Teachot denied plaintiff daily bandage changes. Defendants also
17 failed to provide post-operative care for plaintiff's "continued excessive bleeding and increased
18 pain." SJGH ordered that, thirty minutes prior to dressing changes, plaintiff receive Vicodin, but
19 Drs. Nangalama and Dhillon interfered with this treatment by denying plaintiff the prescribed
20 pain medication. According to plaintiff, he suffered extreme pain during his dressing changes
21 because he was denied Vicodin. The surgical wound on plaintiff's back did not heal correctly
22 because of the inadequate medical care he received.

23 Nurse Cox retaliated against plaintiff because he complained to his mother that he was
24 receiving inadequate medical care, and his mother would then complain to Nurse Cox.

25 Dr. Nangalama ordered various medicines for plaintiff, which exposed plaintiff to a risk of
26 cancer. Plaintiff continued to bleed and suffer pain around the surgery site until August of 2011.

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1 **II. Relevant Procedural Background**

2 Plaintiff commenced this action on April 25, 2012. (ECF No. 1.) On March 21, 2013, the
3 court screened the complaint and deemed service appropriate on defendants Nangalama, Cox,
4 Deems, Dhillon, Sahota, and Teachout, as well as subsequently-dismissed defendant Y. Fields.
5 (ECF No. 10.) On July 19, 2013, defendants filed a motion to dismiss, which was denied on
6 February 12, 2014, upon the adoption of the then-assigned magistrate judge’s findings and
7 recommendations. (ECF Nos. 20, 31, 34.)

8 After defendants filed an answer, a discovery and scheduling order (“DSO”) issued that
9 was later amended to set deadlines of December 15, 2014, for conducting discovery and March 5,
10 2015, for filing pretrial motions. (ECF Nos. 35, 39.)

11 On September 15, 2015, the previously-assigned magistrate judge found sufficient
12 justification for the appointment of counsel. (ECF No. 51.) Accordingly, on April 4, 2017, the
13 undersigned appointed counsel in this matter for the limited purpose of conducting discovery and
14 filing or opposing dispositive motions. (ECF No. 55.) Due to this appointment, the DSO was
15 modified once more, with discovery due by October 4, 2017, and dispositive motions due by
16 December 8, 2017. (ECF No. 56.)

17 On December 8, 2017, defendants filed the instant motion for summary judgment. (ECF
18 No. 62.) Plaintiff filed an opposition (ECF No. 77), and defendants filed a reply.¹ (ECF Nos. 79-
19 80). This matter is fully briefed and ready for disposition.

20 **III. Legal Standard for Summary Judgment**

21 Summary judgment is appropriate when it is demonstrated that the standard set forth in
22 Federal Rule of Civil Procedure 56 is met. “The court shall grant summary judgment if the
23 movant shows that there is no genuine dispute as to any material fact and the movant is entitled to
24 judgment as a matter of law.” Fed. R. Civ. P. 56(a).

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27 ¹ A stipulation has been filed to extend the deadline for defendants to file their reply. (ECF No.
28 78.) This stipulation will be adopted, and the defendants’ June 8, 2018, reply will be deemed
timely filed.

1 Under summary judgment practice, the moving party always bears
2 the initial responsibility of informing the district court of the basis
3 for its motion, and identifying those portions of “the pleadings,
4 depositions, answers to interrogatories, and admissions on file,
5 together with the affidavits, if any,” which it believes demonstrate
6 the absence of a genuine issue of material fact.

7 Celotex Corp. v. Catrett, 477 U.S. 317, 323 (1986) (quoting then-numbered Fed. R. Civ. P.
8 56(c)). “Where the nonmoving party bears the burden of proof at trial, the moving party need
9 only prove that there is an absence of evidence to support the non-moving party’s case.” Nursing
10 Home Pension Fund, Local 144 v. Oracle Corp. (In re Oracle Corp. Sec. Litig.), 627 F.3d 376,
11 387 (9th Cir. 2010) (citing Celotex Corp., 477 U.S. at 325); see also Fed. R. Civ. P. 56 advisory
12 committee’s notes to 2010 amendments (recognizing that “a party who does not have the trial
13 burden of production may rely on a showing that a party who does have the trial burden cannot
14 produce admissible evidence to carry its burden as to the fact”). Indeed, summary judgment
15 should be entered, after adequate time for discovery and upon motion, against a party who fails to
16 make a showing sufficient to establish the existence of an element essential to that party’s case,
17 and on which that party will bear the burden of proof at trial. Celotex Corp., 477 U.S. at 322.
18 “[A] complete failure of proof concerning an essential element of the nonmoving party’s case
19 necessarily renders all other facts immaterial.” Id. at 323.

20 Consequently, if the moving party meets its initial responsibility, the burden then shifts to
21 the opposing party to establish that a genuine issue as to any material fact actually exists. See
22 Matsushita Elec. Indus. Co. v. Zenith Radio Corp., 475 U.S. 574, 586 (1986). In attempting to
23 establish the existence of such a factual dispute, the opposing party may not rely upon the
24 allegations or denials of its pleadings, but is required to tender evidence of specific facts in the
25 form of affidavits, and/or admissible discovery material in support of its contention that such a
26 dispute exists. See Fed. R. Civ. P. 56(c); Matsushita, 475 U.S. at 586 n.11. The opposing party
27 must demonstrate that the fact in contention is material, i.e., a fact that might affect the outcome
28 of the suit under the governing law, see Anderson v. Liberty Lobby, Inc., 477 U.S. 242, 248
(1986); T.W. Elec. Serv., Inc. v. Pacific Elec. Contractors Ass’n, 809 F.2d 626, 630 (9th Cir.
1987), and that the dispute is genuine, i.e., the evidence is such that a reasonable jury could return

1 a verdict for the nonmoving party, see Wool v. Tandem Computers, Inc., 818 F.2d 1433, 1436
2 (9th Cir. 1987), overruled in part on other grounds, Hollinger v. Titan Capital Corp., 914 F.2d
3 1564, 1575 (9th Cir. 1990).

4 In the endeavor to establish the existence of a factual dispute, the opposing party need not
5 establish a material issue of fact conclusively in its favor. It is sufficient that “the claimed factual
6 dispute be shown to require a jury or judge to resolve the parties’ differing versions of the truth at
7 trial.” T.W. Elec. Serv., 809 F.2d at 630. Thus, the “purpose of summary judgment is to ‘pierce
8 the pleadings and to assess the proof in order to see whether there is a genuine need for trial.’”
9 Matsushita, 475 U.S. at 587 (quoting Fed. R. Civ. P. 56(e) advisory committee’s note on 1963
10 amendments).

11 In resolving a summary judgment motion, the court examines the pleadings, depositions,
12 answers to interrogatories, and admissions on file, together with the affidavits, if any. Fed. R.
13 Civ. P. 56(c). The evidence of the opposing party is to be believed. See Anderson, 477 U.S. at
14 255. All reasonable inferences that may be drawn from the facts placed before the court must be
15 drawn in favor of the opposing party. See Matsushita, 475 U.S. at 587; Walls v. Central Costa
16 County Transit Authority, 653 F.3d 963, 966 (9th Cir. 2011). Nevertheless, inferences are not
17 drawn out of the air, and it is the opposing party’s obligation to produce a factual predicate from
18 which the inference may be drawn. See Richards v. Nielsen Freight Lines, 602 F. Supp. 1224,
19 1244-45 (E.D. Cal. 1985), aff’d, 810 F.2d 898, 902 (9th Cir. 1987). Finally, to demonstrate a
20 genuine issue, the opposing party “must do more than simply show that there is some
21 metaphysical doubt as to the material facts. . . . Where the record taken as a whole could
22 not lead a rational trier of fact to find for the nonmoving party, there is no ‘genuine issue for
23 trial.’” Matsushita, 475 U.S. at 586 (citation omitted).

24 **IV. Undisputed Facts**

25 At all relevant times, plaintiff was a state inmate housed at CSP-Sac. Compl. (ECF No. 1)
26 at 3 § IV. The alleged acts at issue occurred between June 7, 2010, and June 2011. Id. at 6 ¶ 6.

27 Plaintiff arrived at CSP-Sac on May 20, 2010, and first complained of a knot and
28 tenderness in his back on or around June 23, 2010. Decl. of F. Carter in Supp. of Defs.’ Mot.

1 Summ. J. (ECF No. 62-10 at 3-4). Non-party Dr. V.M. Duc examined plaintiff soon thereafter
2 and noted a painful cystic lesion on his thoracic spine. Id. (ECF No. 62-10 at 4). Plaintiff received
3 an MRI on July 2, 2010, and underwent surgery for an upper back lipoma on April 7, 2011.² Id.
4 (ECF No. 62-10 at 7); Decl. of Dr. Dena Gu in Supp. of Defs.’ Mot. Summ. J. (ECF No. 62-11)
5 Exs. C-D. Plaintiff’s claims in this case relate to medical care he received both before and after
6 this surgery.

7 **1. Plaintiff’s Medical Care**

8 **a. Pre-Surgery Care**

9 Dr. Nangalama, employed at CSP-Sac as a staff physician, first examined plaintiff on
10 August 31, 2010. Carter Decl. (ECF No. 62-10 at 13); Decl. of A. Nangalama in Supp. of Defs.’
11 Mot. Summ. J. (ECF No. 62-6) ¶¶ 2-3, 6. On examination, Dr. Nangalama noted the lipoma,
12 which he deemed benign and which, under prison rules and guidelines, generally does not require
13 treatment. However, since plaintiff complained of localized pain at the site of the lipoma, Dr.
14 Nangalama referred plaintiff for routine surgery to remove it. He also prescribed plaintiff Tylenol
15 3, Ibuprofen, and aspirin for pain.

16 Also on August 31, 2010, Dr. Nangalama submitted a Physician’s Request for Services
17 (“RFS”) referring plaintiff for routine general surgery to remove the “growing tumor on upper
18 back along vertebral column.” Carter Decl. (ECF No. 62-10 at 14); Nangalama Decl. ¶¶ 7-8. This
19 request marked the surgery as “routine” since Dr. Nangalama believed that a lipoma is not itself a
20 serious medical condition and since plaintiff had been prescribed sufficient pain medication to
21 manage the pain associated with it.

22 Defendant Dr. Sahota, the CSP-Sac Chief Physician and Surgeon, reviewed the RFS
23 submitted by Dr. Nangalama on August 31, 2010. Decl. of P. Sahota in Supp. of Defs.’ Mot.
24 Summ. J. (ECF No. 62-7) ¶¶ 1, 17. Dr. Sahota’s job duties are largely administrative. Sahota
25 Decl. ¶ 2. While she sometimes treats inmates, she has never treated plaintiff. Id. ¶¶ 2, 10. As part
26 of her duties, Dr. Sahota reviews RFS forms submitted by treating physicians. Id. ¶ 3. Per the

27 ² A lipoma is a slow-growing fatty lump most often situated between the skin and the underlying
28 muscle layer. Decl. of K. Dhillon in Supp. of Defs.’ Mot. Summ. J. (ECF No. 62-5) ¶ 8.

1 RFS submission process, a physician completes the form; marks it as Emergent, Urgent, or
2 Routine; and submits it to the Utilization Management Nurse (“UM Nurse”). Id. ¶ 4. The UM
3 Nurse logs it into a computer and sends the RFS to Dr. Sahota for review. Id. Dr. Sahota then
4 reviews it to determine the medical necessity and appropriateness of the request. Id. If it includes
5 the relevant information, Dr. Sahota approves it and sends it to the specialty clinic staff or
6 personnel for scheduling. Id. If the RFS is unclear, Dr. Sahota refers it to the Medical
7 Authorization Review Committee (“MARC”) for review. Id. Upon receipt, the MARC will
8 convene, review the RFS, and either approve or deny it. Id. During this meeting, Dr. Sahota or the
9 designated physician will record the MARC’s decision and sign it on behalf of the MARC. Id.

10 On review of Dr. Nangalama’s August 31, 2010, RFS, Dr. Sahota referred it to the
11 MARC. Carter Decl. (ECF No. 62-10 at 14); Sahota Decl. ¶ 17. The MARC denied this request
12 on September 2, 2010, because it lacked sufficient information for the reviewer to assess if the
13 requested treatment was medically necessary or appropriate. Dr. Sahota noted the denial on the
14 RFS and signed it on behalf of the MARC. Dr. Nangalama was instructed to re-examine plaintiff
15 and resubmit the RFS.

16 Dr. Nangalama re-examined plaintiff on September 29, 2010, and resubmitted the RFS
17 with more detailed information. Carter Decl. (ECF No. 62-10 at 21); Nangalama Decl. ¶ 12. That
18 same day, Dr. Nangalama prescribed alternative pain medication, methadone, to be taken twice
19 daily; methadone is an opiate used to treat moderate to severe pain. Id. Dr. Nangalama’s revised
20 RFS was approved by Dr. Sahota on October 8, 2010. Sahota Decl. ¶ 18.

21 On October 28, 2010, plaintiff was seen at SJGH by Dr. Christopher Richardson, who
22 ordered a CT scan of his chest to rule out sarcoma (malignant soft tissue tumor). Gu Decl. ¶ 5,
23 Ex. B.

24 On November 12, 2010, Dr. Nangalama examined plaintiff and, based on Dr.
25 Richardson’s orders, submitted a RFS for a CT scan. Carter Decl. (ECF No. 62-10 at 24-25);
26 Nangalama Decl. ¶ 15. He also ordered that plaintiff’s pain medication be renewed considering
27 plaintiff’s continued complaints of pain. Id. Dr. Sahota approved the RFS for the CT scan on
28 November 22, 2010. Carter Decl. (ECF No. 62-10 at 25); Sahota Decl. ¶ 19.

1 Neither Dr. Sahota nor Dr. Nangalama was responsible for making the appointment for
2 the CT scan, neither made the appointment, and in fact neither could make the appointment.
3 Sahota Decl. ¶¶ 5, 20; Nangalama Decl. ¶ 13. Scheduling is handled by the designated specialty
4 clinic staff or personnel. Sahota Decl. ¶ 5.

5 On November 23, 2010, Dr. Nangalama saw plaintiff at the clinic for a medication review
6 / refill. Carter Decl. (ECF No. 62-10 at 30); Nangalama Decl. ¶ 18. His notes indicate the
7 presence of the abnormal back lump, the referral for a CT scan, and the need to follow up with
8 SJGH regarding surgery.

9 Dr. Nangalama next saw plaintiff on December 22, 2010, for a medication review / refill.
10 Carter Decl. (ECF No. 62-10 at 33); Nangalama Decl. ¶ 19. Plaintiff complained at this
11 appointment that his back pain was getting worse, but he denied any weakness or numbness. An
12 examination noted that the lump was stable and without any acute changes. Dr. Nangalama
13 renewed plaintiff's prescription for methadone and aspirin, and plaintiff continued to be
14 prescribed Ibuprofen.

15 On January 19, 2011, plaintiff received a CT scan of the thoracic spine at an outside
16 facility. Carter Decl. (ECF No. 62-10 at 37).

17 On February 22, 2011, plaintiff was examined by Dr. Nangalama. Carter Decl. (ECF No.
18 62-10 at 40); Nangalama Decl. ¶ 21. Dr. Nangalama again referred to the "palpable painful lump"
19 in plaintiff's back and submitted another RFS for general surgery, noting that the procedure had
20 been approved in late-2010.

21 On March 11, 2011, Dr. Dhillon, employed at CSP-Sac as a physician/surgeon, examined
22 plaintiff for a routine blood pressure check. Decl. of K. Dhillon in Supp. of Defs.' Mot. Summ. J.
23 (ECF No. 62-5) ¶¶ 2, 7; Carter Decl. (ECF No. 62-10 at 44). Dr. Dhillon discussed plaintiff's CT
24 scan results with him and noted that he was scheduled for surgery.

25 On March 18, 2011, plaintiff was seen at SJGH and was scheduled for an outpatient
26 surgery for April 7, 2011. Gu Decl. Ex. C.

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1 site, and that plaintiff no longer take antibiotics because there was no infection to treat. Id. She
2 did not order narcotics at this appointment because she did not see signs of insufficient post-
3 operative care by the prison. Id. ¶ 23.

4 On April 29, 2011, Dr. Nangalama examined plaintiff and the wound on his back, again
5 noting that it was “healing well.” Carter Decl. (ECF No. 60-9 at 58-59). The wound dressing has
6 been twice daily, which he then ordered changed to once daily with packing. He also continued
7 Clindamycin, an antibiotic. Plaintiff accuses Dr. Nangalama of prescribing the antibiotics even
8 though they are cancer-causing, a medical claim he attributes to Dr. Gu. See Pl.’s Dep. at
9 108:24—109:6; see also Carter Decl. (ECF No. 62-10 at 89-93). Dr. Gu denies that she ever said
10 this to plaintiff since it is not true that the antibiotics cause cancer. Gu Decl. ¶ 21.

11 Dr. Dhillon next examined plaintiff on May 4, 2011, for a follow-up visit. Carter Decl.
12 (ECF No. 62-10 at 60); Dhillon Decl. ¶ 10. At this appointment, plaintiff stated, and an
13 examination confirmed, that the surgical site was tender. There was no drainage, so Dr. Dhillon
14 ordered that his current regimen of daily dressing and packing changes be continued. She made a
15 notation that plaintiff was scheduled for a follow-up visit at SJGH.

16 On May 6, 2011, plaintiff returned to SJGH where he was again seen by Dr. Gu. Gu Decl.
17 ¶ 24, Ex. G. Her medical notes reveal that plaintiff was only receiving packing of the wound
18 every other day instead of twice a day, and that despite her previous orders, he was still being
19 prescribed antibiotics. She ordered that his dressing be changed 1-2 times a day because the
20 wound was seeping fluid (not blood), that the antibiotics be stopped, that he receive Vicodin
21 before dressing changes, and lastly that he be provided yogurt until his diarrhea resolves. Dr. Gu
22 ordered the Vicodin because plaintiff complained that the Toradol was not relieving his pain.

23 Based on Dr. Gu’s orders, Dr. Dhillon issued a physician’s order on May 6, 2011, for
24 plaintiff’s dressing to be changed and wound packed two times per day for two weeks. Carter
25 Decl. ECF No. 62-10 at 63); Dhillon Decl. ¶ 11. She also ordered the discontinuation of
26 plaintiff’s antibiotics. Id.

27 On May 11, 2011, Dr. Dhillon examined plaintiff for a follow-up at the clinic. Carter
28 Decl. (ECF No. 62-10 at 64-67); Dhillon Decl. ¶ 12. At that time, plaintiff complained of having

1 diarrhea for over a month, which Dr. Dhillon found surprising since he had not mentioned it at all
2 during his several medical appointments. In any event, Dr. Dhillon ordered lab tests to determine
3 the cause and recommended that plaintiff drink fluids. Plaintiff also complained that he had not
4 been prescribed yogurt as recommended by Dr. Gu. Although there was no clear indication for
5 yogurt to be prescribed, Dr. Dhillon agreed to discuss the issue with the MARC.

6 Lastly, plaintiff complained that he was not being provided Vicodin as recommended by
7 Dr. Gu. Dr. Dhillon informed plaintiff that she could not provide Vicodin per institutional rules,
8 but she could prescribe Tylenol 3. Plaintiff refused the alternative because it made him
9 constipated, a common side-effect that Dr. Dhillon said could be easily treated. Plaintiff again
10 refused the Tylenol 3 and said that he would rely on methadone instead, for which he already had
11 a prescription. On examination, Dr. Dhillon noted that the “[w]ound looks intact, clean” with
12 “[n]o signs of infection.” She also wrote: “The nurse who changed his dressing is the same nurse
13 who has been doing his dressing frequently. She also confirmed that his wound has been healing
14 as beautifully as anticipated.”

15 On May 11, 2011, Dr. Dhillon submitted a RFS for plaintiff to be sent to SJGH for a two-
16 week follow-up wound care appointment. Carter Decl. (ECF No. 62-10 at 70); Dhillon Decl. ¶ 13.
17 She also met with Dr. Sahota to discuss plaintiff’s request for yogurt to treat his diarrhea. Carter
18 Decl. (ECF No. 62-10 at 69); Dhillon Decl. ¶ 14; Sahota Decl. ¶ 21. On review of plaintiff’s
19 clinical and lab evaluations, Dr. Dhillon and Dr. Sahota both agreed that there was no medical
20 indication for yogurt. Id.

21 On May 12, 2011, Dr. Nangalama also submitted a RFS for follow-up care at SJGH.
22 Carter Decl. (ECF No. 62-10 at 72); Nangalama Decl. ¶ 29. Dr. Sahota forwarded this RFS to the
23 MARC for review. Sahota Decl. ¶ 23. The MARC discussed plaintiff’s case and treatment and
24 determined that there was no further need for a follow-up appointment at SJGH. Id. They thus
25 denied Dr. Nangalama’s RFS that same day.³ Carter Decl. (ECF No. 62-10 at 72).

27 ³ Dr. Dhillon’s identical RFS for follow-up care from May 11, 2011, shows that it was approved
28 on May 29, 2011, Carter Decl. (ECF No. 62-10 at 70), but Dr. Dhillon did not pursue the matter
in light of the May 12, 2011, denial of Dr. Nangalama’s RFS. Dhillon Decl. ¶ 13 n.1.

1 On May 13, 2011, Dr. Dhillon dictated a Medical Progress Note following the MARC's
2 denial of Dr. Nangalama's RFS the previous day:

3 The patient is a 31-year-old African American male who had a
4 lipoma removed from his upper thoracic spine and he developed
5 some wound complications after the surgery. It was brought to our
6 attention by supporting staff that the patient was not strictly
7 following postoperative care instructions. For instance, the patient
8 was asked to avoid sleeping on his back postoperatively. The nursing
9 staff observed that the patient was not following those instructions
10 and there was some suspicions that he may have manipulated his
11 wound as well. Either way, the patient was sent out for wound
12 complications and he had a seroma drained from the wound. The
13 patient was getting appropriate pain control and dressing changes
14 daily. The patient was seen at San Joaquin General Hospital on
15 05/06/2011 and they asked for a two week followup there and
16 yesterday, before submitting the Referral for Services (RFS) for two
17 week followup and the presence of all the doctors and the Chief
18 Physician and Surgeon in the Medication Administration Record
19 (MAC) Committee, his case was discussed and it was deemed that
20 there is no compelling indication for him to be sent for a two week
21 followup at San Joaquin General Hospital since the wound is healing
22 beautifully as anticipated and we will continue to monitor his care
23 locally in our facility. He will be getting dressing changes daily.

24 Carter Decl. (ECF No. 62-10 at 71).

25 On June 13, 2011, Dr. Nangalama examined plaintiff and deemed his wound to be "quite
26 healed now" with "[n]o sign of drainage, no redness, no swelling." Carter Decl. (ECF No. 62-10
27 at 73-74); Nangalama Decl. ¶ 31. The wound was labeled "now resolved." Id.

28 **i. Nurse Cox**

Nurse Cox was employed at CSP-Sac as a Licensed Vocational Nurse. Decl. of G. Cox in
Supp. of Defs.' Mot. Summ. J. (ECF No. 62-3). Following the April 7, 2011, surgery, Nurse Cox
changed plaintiff's wound dressings and packed his wound on the following days: April 14, April
21, April 27-28, May 1-4, May 25-28, and June 1-4.⁴ Carter Decl. (ECF No. 62-10 at 78-83); Cox
Decl. ¶ 8.

During his deposition, plaintiff identified three instances in which Nurse Cox allegedly
violated his constitutional rights:

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⁴ Plaintiff disputes the accuracy of the time logs, but submits no evidence to rebut them. Pl.'s
Dep. at 106:20—107:8.

- 1 • The first incident occurred “after Dena Gu’s order to [change the dressing] more
2 frequently.” Pl.’s Dep. at 100:15-20. (Presumably, plaintiff is referring to Dr. Gu’s
3 May 6, 2011, order for dressing changes to occur 1-2 times daily and for pain
4 medication to be provided 30 minutes before the dressing change. See Gu Decl. Ex.
5 F.) At this interaction with Nurse Cox, plaintiff asked for his medication before the
6 dressing change. Id. at 100:21-22. Nurse Cox allegedly responded, “I don’t have time
7 for that. Either you’re going to get it done now or not.” Id. at 101:1-10. Plaintiff
8 endured the wound change without pain medication. See id.
- 9 • During the second incident, Nurse Cox gave plaintiff the option of having his dressing
10 changed after waiting for “a little while.” Pl.’s Dep. at 89:11-17. When plaintiff
11 declined to wait, Nurse Cox allegedly said, “Well, if you don’t want to stay and wait,
12 don’t bother coming back.” Id.
- 13 • During the third incident, plaintiff again asked for medication before the wound
14 change, but Nurse Cox said, “I am not going to do that. I’m not going to keep having
15 this conversation with you. You either get your wound changed or you’re not.” Pl.’s
16 Dep. at 102:1-14. Nurse Cox then declined to change plaintiff’s wound dressing. Id. at
17 102:15-16.

18 Plaintiff would complain to his mother regarding his medical care, and she would in turn
19 contact CSP-Sac staff. Pl.’s Dep. at 98:25—99:20. After plaintiff’s mom’s “diligent” calling,
20 plaintiff asserts that Nurse Cox would retaliate by denying him medication and/or treating
21 plaintiff unprofessionally. Nurse Cox denies these allegations.

22 ii. Nurse Teachout

23 Defendant C. Teachout was employed at CSP-Sac as a Licensed Vocational Nurse. Decl.
24 of C. Teachout in Supp. of Defs.’ Mot. Summ. J. (ECF No. 62-8) ¶ 2. Nurse Teachout does not
25 remember providing any care to plaintiff from April to June 2011, and there are no medical
26 records from this period signed by Nurse Teachout that would suggest her involvement or
27 presence in plaintiff’s care. See id. ¶ 5.

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1 Plaintiff contends that Nurse Teachout changed his dressing on an unspecified date
2 without provided medically-ordered Vicodin. See Pl.’s Dep. at 88:7-24. On another occasion,
3 Nurse Teachout told plaintiff that she would do a dressing change but that he would need to wait
4 30 minutes outside in a stand-up cage, which plaintiff declined. Id. at 89:9-23.

5 **V. Motion for Summary Judgment for Failure to Exhaust Administrative Remedies**

6 **A. Legal Standard**

7 The Prison Litigation Reform Act of 1995 (“PLRA”), 42 U.S.C. § 1997e(a), requires a
8 prisoner challenging prison conditions to exhaust available administrative remedies before filing
9 suit. McKinney v. Carey, 311 F.3d 1198, 1199 (9th Cir. 2002); 42 U.S.C. § 1997e(a) (“No action
10 shall be brought with respect to prison conditions under section 1983 of this title, or any other
11 Federal law, by a prisoner confined in any jail, prison, or other correctional facility until such
12 administrative remedies as are available are exhausted.”). Exhaustion is a precondition to suit;
13 exhaustion during the pendency of the litigation is insufficient. McKinney, 311 F.3d at 1199-
14 1200. This requirement promotes the PLRA’s goal of efficiency by: “(1) ‘giv[ing] prisoners an
15 effective incentive to make full use of the prison grievance process’; (2) reducing prisoner suits as
16 some prisoners are ‘persuaded by the proceedings not to file an action in federal court’; and (3)
17 improving the quality of any remaining prisoner suits ‘because proper exhaustion often results in
18 the creation of an administrative record that is helpful to the court.’” Nunez v. Duncan, 591 F.3d
19 1217, 1226 (9th Cir. 2010) (quoting Woodford v. Ngo, 548 U.S. 81, 94-95 (2006)).

20 “Proper exhaustion demands compliance with an agency’s deadlines and other critical
21 procedural rules.” Woodford, 548 U.S. at 90. These rules are defined by the prison grievance
22 process itself, not by the PLRA. Jones v. Bock, 549 U.S. 199, 218 (2007). “[A] prisoner must
23 ‘complete the administrative review process in accordance with the applicable procedural rules,
24 including deadlines, as a precondition to bringing suit in federal court.’” Harvey v. Jordan, 605
25 F.3d 681, 683 (9th Cir. 2010) (quoting Marella v. Terhune, 568 F.3d 1024, 1027 (9th Cir. 2009)).
26 In California, a grievance must be timely appealed through the third level of review to complete
27 the administrative review process. Harvey, 605 F.3d at 683; Cal. Code Regs. tit. 15, § 3084.1(b).

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1 The State of California provides its inmates and parolees the right to administratively
2 appeal “any policy, decision, action, condition, or omission by the department or its staff that the
3 inmate or parolee can demonstrate as having a material adverse effect upon his or her health,
4 safety, or welfare.” Cal. Code Regs. tit. 15, § 3084.1(a). In order to exhaust available
5 administrative remedies, a prisoner must proceed through three formal levels of appeal and
6 receive a decision from the Secretary of the CDCR or his designee. Id. § 3084.1(b),
7 § 3084.7(d)(3).

8 The amount of detail in an administrative grievance necessary to properly exhaust a claim
9 is determined by the prison’s applicable grievance procedures. Jones, 549 U.S. at 218; see also
10 Sapp v. Kimbrell, 623 F.3d 813, 824 (9th Cir. 2010) (“To provide adequate notice, the prisoner
11 need only provide the level of detail required by the prison’s regulations”). California prisoners
12 are required to lodge their administrative complaint on a CDCR-602 form (or a CDCR-602 HC
13 form for a health-care matter). The level of specificity required in the appeal is described in a
14 regulation:

15 The inmate or parolee shall list all staff member(s) involved and shall
16 describe their involvement in the issue. To assist in the identification
17 of staff members, the inmate or parolee shall include the staff
18 member’s last name, first initial, title or position, if known, and the
19 dates of the staff member’s involvement in the issue under appeal. If
20 the inmate or parolee does not have the requested identifying
21 information about the staff member(s), he or she shall provide any
22 other available information that would assist the appeals coordinator
23 in making a reasonable attempt to identify the staff member(s) in
24 question. [¶] The inmate or parolee shall state all facts known and
25 available to him/her regarding the issue being appealed at the time of
26 submitting the Inmate/Parolee Appeal form, and if needed, the
27 Inmate/Parolee Appeal Form Attachment.

28 Cal. Code Regs. tit. 15, § 3084.2(a)(3-4).⁵

5 California prison regulations governing inmate grievances were revised on January 28, 2011. Cal. Code Regs. tit. 15, § 3084.7. Several Ninth Circuit cases refer to California prisoners’ grievance procedures as not specifying the level of detail necessary and instead requiring only that the grievance “describe the problem and the action requested.” See Wilkerson v. Wheeler, 772 F.3d 834, 839 (9th Cir. 2014) (quoting Cal. Code Regs. tit. 15, § 3084.2); Sapp, 623 F.3d at 824 (“California regulations require only that an inmate ‘describe the problem and the action requested.’ Cal. Code Regs. tit. 15, § 3084.2(a)’); Griffin v. Arpaio, 557 F.3d 1117, 1120 (9th Cir. 2009) (when prison or jail’s procedures do not specify the requisite level of detail, “a grievance suffices if it alerts the prison to the nature of the wrong for which redress is sought”).

1 An inmate has thirty calendar days to submit his or her appeal from the occurrence of the
2 event or decision being appealed, or “upon first having knowledge of the action or decision being
3 appealed.” Cal. Code Regs. tit. 15, § 3084.8(b).

4 However, the Ninth Circuit has held that “a prisoner exhausts such administrative
5 remedies as are available . . . under the PLRA despite failing to comply with a procedural rule if
6 prison officials ignore the procedural problem and render a decision on the merits of the
7 grievance at each available step of the administrative process.” Reyes v. Smith, 810 F.3d 654,
8 658 (9th Cir. 2016); see also Franklin v. Foulk, 2017 WL 784894, at *4-5 (E.D. Cal. Mar. 1,
9 2017); Franklin v. Lewis, 2016 WL 4761081, at *6 (N.D. Cal. Sept. 13, 2016).

10 Thus, a prisoner’s failure to list all staff members involved in an incident in his inmate
11 grievance, or to fully describe the involvement of staff members in the incident, will not
12 necessarily preclude his exhaustion of administrative remedies. Reyes, 810 F.3d at 658; Foulk,
13 2017 WL 784894, at *4 (“[T]he court in Reyes found that even though the plaintiff’s grievance
14 failed to name two physicians on the prison’s three-person pain committee, prison officials were
15 put on notice of the nature of the wrong alleged in the suit -- that the plaintiff was wrongfully
16 denied pain medication.”); Lewis, 2016 WL 4761081, at *6 (“[T]o the extent Defendants argue
17 that Plaintiff failed to comply with a procedural requirement by not naming Defendants in [his
18 appeal], this deficiency is not necessarily fatal to Plaintiff’s claim pursuant to Reyes”); Grigsby v.
19 Munguia, 2016 WL 900197, at *11-12 (E.D. Cal. Mar. 9, 2016) (appeal pursued through all three
20 levels of review challenged the excessive force incident, and prison officials aware of defendant
21 Baker’s involvement); see also Bulkin v. Ochoa, 2016 WL 1267265, at *1-2 (E.D. Cal. Mar. 31,
22 2016) (declined to dismiss reckless endangerment claims based on failure to name two defendants
23 in appeal because prison officials addressed the claim on the merits, were alerted to the problem,
24 knew the actors involved, and were given an opportunity to rectify the alleged wrong); see also
25 McClure v. Chen, 246 F. Supp. 3d 1286, 1292-94 (E.D. Cal. Mar. 28, 2017) (claim that prison

26 _____
27 Such cases are distinguishable because they did not address the regulation as it existed at the time
28 of the events complained of in plaintiff’s complaint. Whatever the former requirements may have
been, in California since January 28, 2011, the operative regulation set forth above requires
specificity in administrative appeals.

1 officials failed to provide adequate medical attention for an eye injury suffered after falling from
2 his bunk, the same as raised in his federal complaint and pursued until the appeals were granted,
3 was sufficient to exhaust remedies).

4 Nonetheless, for administrative remedies to be exhausted by California prisoners as to
5 defendants who were not identified in the inmate grievance, there must be a “sufficient
6 connection” between the claim in the appeal and the unidentified defendants such that prison
7 officials can be said to have had “notice of the alleged deprivation” and an “opportunity to
8 resolve it.” Reyes, 810 F.3d at 959 (finding that plaintiff had satisfied PLRA exhaustion
9 requirements as to two prison doctors despite not having identified them in his inmate appeals
10 because there was a sufficient connection between plaintiff’s appeal based on inadequate pain
11 management, and the doctors, who served on the prison committee that had denied plaintiff
12 medication); McClure, 246 F.Supp 3d at 1293-94 (remedies exhausted even though doctors not
13 named in appeal; prison was placed on notice)).

14 An inmate must exhaust available remedies, but is not required to exhaust unavailable
15 remedies. Albino v. Baca, 747 F.3d 1162, 1171 (9th Cir. 2014) (*en banc*). “To be available, a
16 remedy must be available ‘as a practical matter’; it must be ‘capable of use; at hand.’” Id.
17 (quoting Brown v. Valoff, 422 F.3d 926, 936-37 (9th Cir. 2005)). “Accordingly, an inmate is
18 required to exhaust those, but only those, grievance procedures that are ‘capable of use’ to obtain
19 ‘some relief for the action complained of.’” Ross v. Blake, 136 S. Ct. 1850, 1858 (2016) (quoting
20 Booth v. Churner, 532 U.S. 731, 738 (2001)).

21 Failure to exhaust under the PLRA is “an affirmative defense the defendant must plead
22 and prove.” Jones, 549 U.S. at 204. It is the defendant’s burden to prove that there was an
23 available administrative remedy, and that the prisoner failed to exhaust that remedy. Albino, 747
24 F.3d at 1172. “Once the defendant has carried that burden, the prisoner has the burden of
25 production. That is, the burden shifts to the prisoner to come forward with evidence showing that
26 there is something in his particular case that made the existing and generally available
27 administrative remedies effectively unavailable to him.” Id. If the court concludes that the
28 prisoner failed to exhaust available administrative remedies, the proper remedy is dismissal

1 without prejudice. See Jones, 549 U.S. at 223-24; Lira v. Herrera, 427 F.3d 1164, 1175-76 (9th
2 Cir. 2005).

3 **B. Plaintiff's Administrative Grievances**

4 **1. Appeal Log No. SAC-10-10-11910**

5 On July 28, 2010, plaintiff submitted a health care inmate grievance, Appeal Log No.
6 SAC-10-10-11910 ("Appeal 11910"), complaining that he had not yet been seen by anyone after
7 a July 2, 2010, x-ray of his spine. Decl. of Pl. in Opp'n to Defs.' Mot. Summ. J. Ex. B (ECF No.
8 77-3 at 16-25). He sought a referral to an outside specialist to determine the severity of his injury,
9 the removal of the "Sac 4 yard doctor" for "allowing [plaintiff] to endure pain without
10 medication," monetary compensation, a medical examination, and a prescription for pain
11 medication. Plaintiff does not identify any individual by name in this appeal.

12 Plaintiff's grievance was granted in part at the first level of review on September 1, 2010.
13 Pl.'s Decl. Ex. B (ECF No. 77-3 at 19-20.) Dr. Nangalama interviewed plaintiff on August 31,
14 2010, referred him to general surgery, and prescribed Ibuprofen and Tylenol 3 for pain. Plaintiff's
15 appeal was denied as to the remaining requests.

16 Plaintiff appealed this decision on September 10, 2010, claiming that the pain medication
17 was ineffective and that he needs to be referred to someone with "higher authority to take control
18 of this situation." Pl.'s Decl. Ex. B (ECF No. 77-3 at 18).

19 Plaintiff's grievance was partially granted at the second level of review by defendant A.
20 Deems on September 16, 2010. Pl.'s Decl. Ex. B (ECF No. 77-3 at 21-22). Defendant Deems was
21 employed at CSP-Sac as the Chief Executive Officer where he was responsible for healthcare
22 services of inmates and where he reviewed their appeals concerning healthcare matters.⁶ Decl. of
23 A. Deems in Supp. of Defs.' Mot. Summ. J. (ECF No. 62-4) ¶¶ 1-2. Deems is not a medical
24 provider and has no training or licensing to practice medicine.⁷ Id. ¶ 4. Deems has never spoken

25 ⁶ Plaintiff's claim appears to be premised on a misunderstanding of Deems's role at CSP-Sac,
26 which plaintiff believes to be the warden. See Pl.'s Dep. at 82:12-15, 84:24-25.

27 ⁷ Plaintiff disputes this fact with citation to § 91040.3 of the California Department of Corrections
28 and Rehabilitation's Operations Manual, which provides: "The CMO or other physician director
shall be responsible for all health care services at each facility." Deems, however, is the Chief

1 with plaintiff; never treated plaintiff; was never involved in diagnosing or treating plaintiff's
2 back; was never involved in refusing to provide pain medication; and was never involved in
3 scheduling back surgery. Id. ¶¶ 5-9. Deems was also not involved in plaintiff's bandage changes
4 or in responding to plaintiff's complaints of pain. Id. ¶¶ 17-18.

5 Deems's sole involvement in plaintiff's care is through the second level responses to
6 plaintiff's healthcare appeals. Id. ¶ 3. In that role, Deems ensured that all requested actions have
7 been addressed, that any follow-up actions from the first level of review had been completed, and
8 that there was no deviation from policy and procedure. Id. As the second level reviewer, Deems
9 relied on the medical determination of the clinician or surgeon who researched and reviewed the
10 inmate's medical records. Id.

11 As a part of the review process at the second level of review, non-party Dr. Duc reviewed
12 plaintiff's medical file and noted that plaintiff was recently seen by Dr. Nangalama, who
13 prescribed pain medication, that the x-ray of plaintiff's spine was not conclusive, and that
14 plaintiff had a return appointment scheduled for September 24, 2010, where he would be
15 reevaluated for further work-up and treatment as indicated. Pl.'s Decl. Ex. B (ECF No. 77-3 at
16 21-22). Dr. Vuc determined that the pain medication was sufficient to treat plaintiff's pain. Id.
17 Relying on Dr. Vuc's assessment, Deems partially granted plaintiff's grievance at the second
18 level of review. Id.

19 Plaintiff appealed this decision on September 23, 2010, claiming that he remains in a lot
20 of pain without relief from the Tylenol 3. Pl.'s Decl. Ex. B (ECF No. 77-3 at 18). He also claimed
21 that his medical file was missing.

22 Plaintiff's grievance was denied at the third level of review on February 23, 2011. Pl.'s
23 Decl. Ex. B (ECF No. 77-3 at 23-25); Deems Decl. ¶ 25. Plaintiff's claim that his medical file
24 was missing was unsupported since the Director's Level of Review was able to review his
25 medical records in considering his appeal.

26 ///

27 _____
28 Executive Office, not the Chief *Medical* Officer. In any event, this provision of the Operations
Manual does not create a dispute as to whether Deems is a medical provider.

1 Additionally, the reviewer noted that plaintiff's treatment plan was medically necessary as
2 supported by the diagnostic information and judgment of the treating physician.

3 **2. Appeal Log No. SAC HC 11013970**

4 On April 28, 2011, plaintiff submitted a health care inmate grievance, Appeal Log No.
5 SAC HC 11013970 ("Appeal 13970"), complaining as follows:

6 [Illegible] issue is post surgical treatment by CDCR staff members
7 resulting in negligence / deliberate indifference to my serious
8 medical needs. My request(s) are based on "allegations [illegible]:

- 9 - Extreme pain and suffering 2 days after surgery
- 10 - Visible signs of "wound infection" spotted by Drs. Dhillon /
11 Nangalama
- 12 - New medication: Clindamycin HCL 150 mg caps up pills Torridol
- 13 - Abnormal swelling of wound requiring trip to emergency room
- 14 - Aspiration of blood performed + re-stitching of wound
- 15 - C/O Fields refused to make certain I received "necessary care"
- 16 - Nurse Cox refused to provide necessary dressing change of wound
- 17 - Resulting in "man down" emergency situation (bleeding & pain)
- 18 - Cox (Nurse) attempted to "throw away bloody shirt – evidence"
- 19 - Cox made "retaliative [sic] remark" during crisis that she did not
20 appreciate my mother calling prison to inquire about my care and
21 making complaints." Cox also debated whether my dressing should
22 be changed – twice daily – as ordered by doctor.

23 My requests are necessary to eliminate having to "beg & demand"
24 ordered medical care in a "timely manner" (without attitude)" and
25 for "operating surgeon" to evaluate his surgery results and my
26 condition.

27 Pl.'s Decl. Ex. C (ECF No. 77-3 at 27-33). Accompanying this appeal was a declaration signed by
28 inmate Nathaniel Dixon, who claims to have witnessed institutional staff, including Nurse Cox,
fail to timely respond to plaintiff's bleeding wound on April 20, 2011. By way of relief, plaintiff
sought a referral to the SJGH operating surgeon to assess the wound and update his treatment
plan. He also sought an order reprimanding Fields and Nurse Cox for deliberately failing to
provide prompt medical attention.

1 Plaintiff's grievance was partially granted at the first level of review on June 15, 2011, by
2 a non-party medical provider. See Deems Decl. Ex. B (ECF No. 62-4 at 22-23). The response
3 indicated that plaintiff was seen by the surgeon on April 7, 2011 and May 6, 2011, and that he
4 was seen by his treating physician on May 4, 2011 and May 11, 2011. It also indicated that Nurse
5 Cox would provide plaintiff with "prompt medical attention," but that any issues regarding
6 employee disciplinary matters are confidential and will not be disclosed in the appeals process.

7 Plaintiff appealed this decision on June 8, 2011, to exhaust his administrative remedies.
8 Pl.'s Decl. Ex. C (ECF No. 77-3 at 29-30.)

9 Plaintiff's grievance was partially granted at the second level of review by defendant
10 Deems on July 18, 2011. Pl.'s Decl. Ex. C (ECF No. 77-3 at 34); Deems Decl. ¶ 30. Dr. Duc
11 again reviewed plaintiff's medical file and noted the that May 6, 2011, follow-up appointment
12 with the surgeon at SJGH included an antibiotics prescription and an order for twice-daily
13 dressing change. It was also noted that plaintiff was seen at the institution clinic on May 11, 2011,
14 and that Dr. Nangalama noted a healed surgical wound on June 13, 2011. Per Dr. Duc, plaintiff
15 could consider himself safe as related to his surgical wound.

16 Plaintiff appealed this decision on June 21, 2011. Pl.'s Decl. Ex. C (ECF No. 77-3 at 30.)

17 Plaintiff's grievance was then denied at the Director's Level of Review on January 27,
18 2012. Pl.'s Decl. Ex. C (ECF No. 77-3 at 36-38.) The decision affirmed the lower level decisions
19 and further indicated that plaintiff was again seen on July 22, 2011, by his primary care physician,
20 who noted that plaintiff's "old surgical wound on back well healed."

21 **C. Analysis**

22 First, Defendants move for summary judgment because plaintiff failed to exhaust his
23 administrative remedies since neither of the two healthcare-related grievances make any mention
24 of inadequate care by any of the defendants other than Nurse Cox. Plaintiff counters that the
25 grievances are sufficient to exhaust his administrative remedies since they put the institution on
26 notice of his claims and since the parties involved in his care could easily be identified through
27 the investigation into his claims.

28 ////

1 **1. Appeal 11910**

2 In Appeal 11910, filed on July 28, 2010, plaintiff complained that he had not yet been
3 seen by a doctor following his July 2010 back x-ray and that he was forced “to endure pain
4 without medication” by an unidentified “Sac 4 yard doctor.” Defendants argue that this grievance
5 is insufficient to exhaust plaintiff’s administrative remedies because (1) plaintiff does not identify
6 any individuals by name, as required pursuant to Cal. Code Regs. tit. 15, § 3084.2(a)(3), and (2)
7 this grievance cannot possibly refer to any of the defendants since their allegedly unconstitutional
8 conduct post-dates the filing of the grievance.

9 Plaintiff rightly points out that his failure to list all staff members involved in his inmate
10 grievance, or to fully describe the involvement of staff members in the incident, does not
11 necessarily preclude his exhaustion of administrative remedies. Reyes, 810 F.3d at 658. He does
12 not, however, explain how Appeal 11910, filed in July 2010, exhausts his remedies as to Nurse
13 Cox or Nurse Teachout, who allegedly violated plaintiff’s constitutional rights after the April
14 2011 surgery, two months after this grievance was denied at the director’s level of review. As for
15 Dr. Dhillon, while she did treat plaintiff before the filing of Appeal 11910, plaintiff testified at his
16 deposition that he has no claim against her relating to the care she provided before the April 7,
17 2011, surgery. See Pl.’s Dep. at 94:17-19 (ECF No. 62-9 at 42).

18 Defendants have thus carried their burden to show that Appeal 11910 fails to exhaust
19 plaintiff’s administrative remedies as to Nurse Cox, Nurse Teachout, or Dr. Dhillon. In turn,
20 plaintiff failed to meet his burden to come forward with evidence showing that there is something
21 in his case that made the administrative remedies effectively unavailable to him. Accordingly, the
22 undersigned agrees with defendants that Appeal 11910 does not serve to exhaust plaintiff’s
23 administrative remedies as to these two nurse defendants or Dr. Dhillon.

24 On the other hand, Dr. Nangalama, Dr. Sahota, and Deems each participated in one form
25 or another in the institutional review of Appeal 11910 and had an opportunity to right the wrong
26 alleged by plaintiff: Dr. Nangalama interviewed plaintiff at the first level of review, Dr. Sahota
27 participated in reviewing Dr. Nangalama’s RFS, and Deems granted in part the grievance at the
28 second level of review. Their participation is sufficient to have exhausted plaintiff’s

1 administrative remedies as to them. See Gonzalez v. Ahmed, 67 F. Supp. 3d 1145, 1153-54 (N.D.
2 Cal. Sept. 9, 2014). See also Jett v. Penner, 439 F.3d 1091, 1096, 1098 (9th Cir. 2006) (“As
3 prison administrators, Dr. Peterson and [Warden] Cheryl Pliler are liable for deliberate
4 indifference when they knowingly fail to respond to an inmate's requests for help.”).

5 **2. Appeal 13970**

6 Turning now to Appeal 13970, filed on April 28, 2011, defendants argue that it cannot
7 serve to exhaust plaintiff’s claims as to any defendant other than Nurse Cox because none of the
8 allegations made therein were sufficient to put the institution on notice of the allegations in
9 plaintiff’s complaint. In other words, there are no allegations regarding delays in scheduling the
10 lipoma surgery, the inadequacy of pain medication, the inadequate bandage changes by anyone
11 other than Nurse Cox, or any reference to cancer-causing medication purportedly ordered by Dr.
12 Nangalama. In fact, plaintiff specifically limited his allegations to post-surgical care and, in that
13 regard, sought “to eliminate having to beg and demand ordered medical care in a timely manner
14 (without attitude)” In his opposition, plaintiff argues that Appeal 13970 exhausts his
15 administrative remedies in that it refers to his post-surgery treatment and specifically names
16 Nurse Cox and “CDCR staff members.”

17 As plaintiff acknowledges, Appeal 13970 refers solely to post-surgical care, and therefore
18 any claims pre-dating April 7, 2011, and not covered by Appeal 11910 must be dismissed since
19 this appeal cannot serve to have exhausted them. This includes plaintiff’s claim that defendants
20 Deems, Nangalama, Sahota, and Dhillon delayed the scheduling of his surgery and failed to
21 provide adequate pain relief before the surgery.

22 The question now is whether plaintiff’s passing reference to “CDCR staff members”
23 encompasses his claims against all defendants who provided post-operative care. The undersigned
24 finds that it does not. The near entirety of the grievance and the inmate-witness declaration
25 accompanying it concern Nurse Cox and Correctional Officer Fields’s provision of post-operative
26 care, specifically that which resulted in emergency treatment at SJGH. There is simply nothing in
27 the remainder of the grievance other than the conclusory reference to “CDCR staff members” that
28 would put the institution on notice of the nature of plaintiff’s claims in this suit, including that Dr.

1 Dhillon and Dr. Nangalama allegedly denied him Vicodin as ordered by Dr. Gu; that Nurse
2 Teachout denied him pain medication before the bandage changes; that Dr. Nangalama, Dr.
3 Dhillon, Nurse Teachout, and Deems denied plaintiff bandage changes; or that Dr. Nangalama
4 prescribed plaintiff antibiotics that purportedly cause cancer.

5 As noted, the grievance focuses almost entirely on Nurse Cox’s allegedly inadequate and
6 unprofessional provision of medical care despite doctors’ orders, it includes an eye witness
7 statement addressing Nurse Cox’s provision of care, and it is this defendant’s provision of care
8 that was addressed at all levels of review. It also apparently resulted in an employee disciplinary
9 review as to Nurse Cox, which is related to one of plaintiff’s two requests for relief in that
10 grievance (a reprimand of Nurse Cox). Insofar as the reviewers noted that plaintiff had been seen
11 by doctors, these references are in response to plaintiff’s second request that he be seen by his
12 operating surgeon.

13 While the foregoing suggests that plaintiff exhausted his remedies as to Nurse Cox,
14 plaintiff has identified only three interactions where Nurse Cox is alleged to have violated his
15 constitutional rights, each of which occurred after he filed this grievance. Appeal 13970, by virtue
16 of its timing, is therefore not predicated on any of these interactions.

17 Nonetheless, assuming a “continuing violation” theory, this grievance may be able to
18 exhaust plaintiff’s claim, but only partially. In the interactions identified by plaintiff, Nurse Cox
19 is alleged to have (1) denied dressing changes, (2) denied pain medication prior to the dressing
20 changes, and/or (3) retaliated against plaintiff for his mother’s calls. But in Appeal 13970,
21 plaintiff complained only that “Nurse Cox refused to provide necessary dressing change of
22 wound,” that “Cox also debated whether my dressing should be changed – twice daily – as
23 ordered by doctor,” and that “Cox made ‘retaliative remark’ ... that ‘she did not appreciate my
24 mother calling....’”

25 In other words, Appeal 13970 does not include any claim that Nurse Cox denied any pain
26 medication. It thus failed to “provide enough information ... to allow prison officials to take
27 appropriate responsive measures.” Griffin v. Arpaio, 557 F.3d 1117, 1121 (9th Cir. 2009) (citing
28 Johnson v. Testman, 380 F.3d 691, 607 (2d Cir. 2004)). For this reason, the undersigned also

1 finds that plaintiff failed to exhaust his administrative remedies as to his claim that Nurse Cox
2 denied him pain medication.

3 Based on the foregoing, the undersigned finds that the defendants have met their burden of
4 demonstrating that there were available administrative remedies and that plaintiff did not exhaust
5 them in Appeal 13970 as to any defendant other than Nurse Cox or Deems. As to Nurse Cox,
6 plaintiff only exhausted his claims that she denied dressing changes and that she retaliated against
7 plaintiff for his mother's calls to the prison.

8 **VI. Motion for Summary Judgment**

9 Having concluded that plaintiff failed to exhaust his administrative remedies as to some
10 defendants and/or some claims, the court now considers defendants' motion for summary
11 judgment on the ground that there does not exist a dispute of material fact as to any of the
12 remaining defendants on plaintiff's Eighth Amendment claim.

13 **A. Eighth Amendment Deliberate Indifference**

14 "The treatment a prisoner receives in prison and the conditions under which he is confined
15 are subject to scrutiny under the Eighth Amendment." Farmer v. Brennan, 511 U.S. 825, 832
16 (1994) (citing Helling v. McKinney, 509 U.S. 25, 31 (1993)). To establish a violation of the
17 Eighth Amendment, the prisoner must "show that the officials acted with deliberate indifference
18 to threat of serious harm or injury to an inmate." Labatad v. Corrections Corp. of America, 714
19 F.3d 1155, 1160 (9th Cir. 2013) (citing Gibson v. County of Washoe, 290 F.3d 1175, 1187 (9th
20 Cir. 2002).

21 The deliberate indifference standard involves both an objective and a subjective prong.
22 First, the alleged deprivation must be, in objective terms, "sufficiently serious." Farmer at 834.
23 Indications of a serious medical need "include the existence of an injury that a reasonable doctor
24 or patient would find important and worthy of comment or treatment; the presence of a medical
25 condition that significantly affects an individual's daily activities; or the existence of chronic and
26 substantial pain." Colwell v. Bannister, 763 F.3d 1060, 1066 (9th Cir. 2014) (citation and internal
27 quotation marks omitted); accord Wilhelm, 680 F.3d at 1122; Lopez v. Smith, 203 F.3d 1122,
28 1131 (9th Cir. 2000).

1 Second, subjectively, the prison official must “know of and disregard an excessive risk to
2 inmate health or safety.” Id. at 837; Anderson v. County of Kern, 45 F.3d 1310, 1313 (9th Cir.
3 1995). A prison official must “be aware of facts from which the inference could be drawn that a
4 substantial risk of serious harm exists, and . . . must also draw the inference.” Farmer, 511 U.S. at
5 837. Liability may follow only if a prison official “knows that inmates face a substantial risk of
6 serious harm and disregards that risk by failing to take reasonable measures to abate it.” Id. at
7 847.

8 The question under the Eighth Amendment is whether prison officials, acting with
9 deliberate indifference, exposed a prisoner to a sufficiently substantial “risk of serious damage to
10 his future health” Farmer, 511 U.S. at 843 (citing Helling, 509 U.S. at 35). The Supreme
11 Court has explained that “deliberate indifference entails something more than mere negligence . .
12 . [but] something less than acts or omissions for the very purpose of causing harm or with the
13 knowledge that harm will result.” Id. at 835. The Court defined this “deliberate indifference”
14 standard as equal to “recklessness,” in which “a person disregards a risk of harm of which he is
15 aware.” Id. at 836-37.

16 Deliberate indifference is a high legal standard. Toguchi v. Chung, 391 F.3d 1051, 1060
17 (9th Cir.2004). “Under this standard, the prison official must not only ‘be aware of the facts from
18 which the inference could be drawn that a substantial risk of serious harm exists,’ but that person
19 ‘must also draw the inference.’” Id. at 1057 (quoting Farmer, 511 U.S. at 837). “‘If a prison
20 official should have been aware of the risk, but was not, then the official has not violated the
21 Eighth Amendment, no matter how severe the risk.’” Id. (quoting Gibson, 290 F.3d at 1188).

22 **B. Analysis**

23 **1. Dr. Nangalama**

24 The court limits its analysis of Dr. Nangalama’s involvement in plaintiff’s medical care to
25 that conduct occurring in response to Appeal 11910, when this defendant had an opportunity to
26 respond to plaintiff’s complaints. As for Dr. Nangalam’s other conduct, Dr. Nangalama was not
27 involved in plaintiff’s care before the filing of Appeal 11910, and as set forth supra, any
28 involvement after this appeal has not been administratively exhausted.

1 There is no dispute of material fact as to Dr. Nangalama's role in responding to Appeal
2 11910: He examined plaintiff on August 31, 2010, at the first level of review, and he made note
3 of the lipoma on plaintiff's back, which, though generally considered benign, was causing
4 plaintiff localized pain. Because of the pain, Dr. Nangalama prescribed Tylenol 3, Ibuprofen, and
5 aspirin, and he submitted a RFS referring plaintiff for routine surgery to remove the lipoma.
6 When the RFS was denied for lack of sufficient detail, Dr. Nangalama re-examined plaintiff and
7 re-submitted the RFS.

8 These facts demonstrate that Dr. Nangalama responded immediately to plaintiff's lipoma
9 and complaints of pain by prescribing pain medication and referring him for surgery. While it is
10 true that Dr. Nangalama's re-submitted RFS for surgery was granted in October 2010, several
11 months before plaintiff's actual surgery, there is nothing in the record to suggest that this delay is
12 attributable to Dr. Nangalama. Rather, the evidence highlights that Dr. Nangalama had no control
13 over the scheduling of the lipoma surgery.

14 Because no reasonable juror could find deliberate indifference on these facts, the
15 undersigned will recommend that summary judgment be entered for Dr. Nangalama.

16 **2. Dr. Sahota**

17 As with Dr. Nangalama, the court limits its analysis of Dr. Sahota's involvement in
18 plaintiff's medical care to that related to Appeal 11910. In that context, Dr. Sahota forwarded Dr.
19 Nangalama's August 31, 2010, RFS to the MARC, which denied it for incomplete information.
20 Dr. Sahota noted the denial, signed it on behalf of the MARC, and directed Dr. Nangalama to re-
21 examine plaintiff and resubmit the RFS. When Dr. Nangalama did so on September 29, 2010, Dr.
22 Sahota approved the re-submitted RFS. Like Dr. Nangalama, the evidence demonstrates that this
23 defendant had no control over the scheduling of the surgery. Instead, scheduling was handled by
24 the designated specialty clinic staff or personnel, which in this case was SJGH.

25 While plaintiff claimed in his pleading that he informed Dr. Sahota before Appeal 11910
26 of his pain, see Compl. ¶ 25, he submits no evidence to support this contention. To the contrary,
27 the undisputed facts establish that plaintiff has never met Dr. Sahota, has never spoken to her, and
28 has never been treated by her. Insofar as he relies on a theory of supervisory liability, the facts

1 before the court are insufficient to impose liability on this defendant.

2 Again, because no reasonable juror could find deliberate indifference on these facts,
3 summary judgment should be entered for Dr. Sahota.

4 **3. Deems**

5 Defendant Deems’s involvement in plaintiff’s care is limited to his second level review of
6 Appeal 11910 and Appeal 13970 where he ensured that all requested actions have been
7 addressed, that any follow-up actions from the first level of review had been completed, and that
8 there was no deviation from policy and procedure. In both appeals at issue here, Deems, who is
9 not a medical provider and has no training or licensing to practice medicine, relied on Dr. Duc’s
10 assessment following a review of plaintiff’s medical records.

11 It is true that an official who is not medically trained will not be shielded from liability for
12 deliberate indifference if “a reasonable person would likely determine [the medical treatment] to
13 be inferior.” Snow v. McDaniel, 681 F.3d 978, 986 (9th Cir. 2012); see also McGee v. Adams,
14 721 F.3d 474, 483 (7th Cir. 2013) (stating that non-medical personnel may rely on medical
15 opinions of health care professionals unless “they have a reason to believe (or actual knowledge)
16 that prison doctors or their assistants are mistreating (or not treating) a prisoner.”) (internal
17 quotation marks omitted).

18 Here, there are no facts from which a reasonable juror could infer that plaintiff was
19 receiving substandard care that was not being addressed on appeal or that, if he was, this
20 information was relayed to or otherwise known by Deems. Absent those facts, summary judgment
21 must be entered for defendant Deems.

22 **4. Nurse Cox**

23 The court turns last to plaintiff’s surviving claims against Nurse Cox. Broadly speaking,
24 plaintiff accuses Nurse Cox of “acting cruelly” towards him, of failing to change his wound, and
25 of failing to change it the requisite number of times per day. As for specifics, plaintiff does not
26 remember and has not been able to determine on what days Nurse Cox allegedly acted with
27 deliberate indifference.

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1 Based on the record before the court, it is evident that plaintiff's claims arose after the
2 May 6, 2011, appointment with Dr. Gu at SJGH. See Pl.'s Dep. at 100:15-20. At the first and
3 third interactions identified by plaintiff, Nurse Cox allegedly denied him pain medication before
4 the wound changes. As discussed supra, though, plaintiff failed to exhaust his claim as to the
5 denial of pain medication.

6 At the second and third interactions, Nurse Cox is alleged to have denied plaintiff a
7 wound change. The undisputed facts, however, reveal that plaintiff himself declined the wound
8 change at the second interaction after deciding that he did not want to wait "a little while." No
9 reasonable juror would find deliberate indifference on these facts. Assuming Nurse Cox did
10 indeed deny a wound change at the third interaction, plaintiff has not submitted any evidence of
11 injury attributable to it. See Jett, 439 F.3d at 1096. To the contrary, this conduct post-dates
12 plaintiff's emergency visits to SJGH, suggesting no more emergency care was needed, and the
13 record reveals that the wound was deemed healed by Dr. Nangalama and Dr. Duc as of June 13,
14 2011.

15 As for plaintiff's claim that Nurse Cox did not change his wound often enough, he has
16 admitted that Nurse Cox changed his wound daily even though he would have preferred "twice a
17 day, if not more." See Pl.'s Dep. at 96:9—97:7. Since Dr. Gu's orders specified only that the
18 wound be changed "1-2 times a day," Gu Decl. Ex. F (ECF No. 62-11 at 38) (emphasis added),
19 Nurse Cox's bandage changes were clearly within the recommended number of daily wound
20 changes and therefore do not constitute deliberate indifference.

21 Plaintiff also takes issue with Nurse Cox's professionalism. However, "an institutional
22 employee's verbal harassment or idle threats to an inmate, even if they cause an inmate fear,
23 anxiety, or discomfort, do not constitute an invasion of any identified liberty interest." McClellan
24 v. Bassett, 2006 WL 2079371 (D. Va. 2006).

25 For these reasons, summary judgment should be entered for Nurse Cox.

26 In light of the recommendation that all defendants are entitled to summary judgment, the
27 undersigned declines to consider defendants' alternative argument that they are entitled to
28 qualified immunity.

1 **VII. Summary Judgment Pursuant to Federal Rule of Civil Procedure 56(f)**

2 The undersigned considers finally plaintiff's claim, liberally construed, that Nurse Cox
3 retaliated against him. This claim is not encompassed in the defendants' moving papers.

4 Pursuant to Federal Rule of Civil Procedure 56(f),

5 (f) Judgment Independent of the Motion. After giving notice and a
6 reasonable time to respond, the court may:

7 (1) grant summary judgment for a nonmovant;

8 (2) grant the motion on grounds not raised by a party; or

9 (3) consider summary judgment on its own after identifying for
10 the parties material facts that may not be genuinely in dispute.

11 "District courts unquestionably possess the power to enter summary judgment sua sponte, even
12 on the eve of trial." Norse v. City of Santa Cruz, 629 F.3d 966, 971 (9th Cir. 2010) (footnote
13 omitted). "However, the procedural rules governing Rule 56 apply regardless of whether the
14 district court is acting in response to a party's motion, or sua sponte." Norse, 629 F.3d at 971
15 (citing Routman v. Automatic Data Processing, Inc., 873 F.2d 970, 971 (6th Cir. 1989); Ind. Port
16 Comm'n v. Bethlehem Steel Corp., 702 F.2d 107, 111 (7th Cir. 1983)).

17 "Reasonable notice implies adequate time to develop the facts on which the litigant will
18 depend to oppose summary judgment." Norse, 629 F.3d at 972 (quoting Portsmouth Square, Inc.
19 v. S'holders Protective Comm., 770 F.2d 866, 869 (9th Cir. 1985)). However, it is well settled that
20 a "district court may grant summary judgment without notice if the losing party has had a full and
21 fair opportunity to ventilate the issues involved in the motion." In re Harris Pine Mills v. Mitchell,
22 44 F.3d 1431, 1439 (9th Cir. 1995) (quoting United States v. Grayson, 879 F.2d 620, 625 (9th Cir.
23 1989)).

24 A viable claim of retaliation in violation of the First Amendment consists of five
25 elements: "(1) an assertion that a state actor took some adverse action against an inmate (2)
26 because of (3) that prisoner's protected conduct, and that such action (4) chilled the inmate's
27 exercise of his First Amendment rights, and (5) the action did not reasonably advance a legitimate
28 correctional goal." Rhodes v. Robinson, 408 F.3d 559, 567 (9th Cir. 2005); accord Watison v.

1 Cartier, 668 F.3d 1108, 1114 (9th Cir. 2012); Brodheim v. Cry, 584 F.3d 1262, 169 (9th Cir.
2 2009).

3 As noted, plaintiff accuses Nurse Cox of retaliating against him for complaining to his
4 mother about medical care. These complaints, however, are not constitutionally protected conduct
5 because not every type of speech is protected. See Quezada v. Herrera, 2012 WL 1076130, at *4
6 (E.D. Cal. Mar. 29, 2012) (complaining that inmates had to wear hairnets not protected speech),
7 aff'd, 520 F. App'x 559 (9th Cir. 2013); Thomas v. MCSO, 2009 WL 1311992, at *3 (D. Ariz.
8 May 12, 2009) (calling an officer a derogatory name is not protected conduct); Ruiz v. Cal. Dept.
9 of Corr., 2008 WL 1827637, at *2 (C.D. Cal. Apr. 22, 2008) (prisoner's comments expressing
10 dissatisfaction about matters of personal concern to inmate was not a matter of public concern
11 protected by the Free Speech Clause); Whitfield v. Snyder, 263 F. App'x 518 (7th Cir. 2008)
12 (prisoner's complaint about prison job involved matters of personal, rather than public, concern
13 and did not qualify as protected speech).

14 But even if the complaints were protected, plaintiff has not shown or even alleged that
15 Nurse Cox's conduct chilled his communications with his mother. To the contrary, plaintiff has
16 described his mother's calls as "diligent" and said that Nurse Cox spoke to his mother on
17 "several" occasions, suggesting that plaintiff continued to complain to her. Judgment should thus
18 be entered sua sponte on this claim as a matter of law.

19 **VIII. Conclusion**

20 Accordingly, IT IS HEREBY ORDERED that the parties' May 24, 2018, stipulation (ECF
21 No. 78) is adopted, and the defendants' June 8, 2018, replies (ECF Nos. 79-80) are deemed timely
22 filed; and

23 IT IS HEREBY RECOMMENDED that

24 1. Defendants' motion for summary judgment (ECF No. 62) be GRANTED IN PART as
25 follows:

26 a. Granted as to defendants Dr. Dhillon, Nurse Teachout, and Nurse Cox (partial
27 claim) for plaintiff's failure to exhaust administrative remedies; and

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b. Granted as to defendants Dr. Nangalama, Dr. Sahota, Deems, and Nurse Cox for the lack of a genuine dispute of material fact as to whether any was deliberately indifferent to plaintiff's medical needs;

- 2. Summary judgment be entered sua sponte on plaintiff's retaliation claim against Nurse Cox; and
- 3. This action be closed.

These findings and recommendations are submitted to the United States District Judge assigned to the case, pursuant to the provisions of 28 U.S.C. § 636(b)(1). Within fourteen days after being served with these findings and recommendations, plaintiff may file written objections with the court. The document should be captioned "Objections to Magistrate Judge's Findings and Recommendations." Any response to the objections shall be filed and served within fourteen days after service of the objections. Plaintiff is advised that failure to file objections within the specified time may waive the right to appeal the District Court's order. Martinez v. Ylst, 951 F.2d 1153 (9th Cir. 1991).

Dated: August 24, 2018


DEBORAH BARNES
UNITED STATES MAGISTRATE JUDGE

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