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UNITED STATES DISTRICT COURT
FOR THE EASTERN DISTRICT OF CALIFORNIA

OBIE L. CRISP, III,
Plaintiff,
v.
G. WILLIAMS, et al.,
Defendants.

No. 2:14-cv-2827 JAM CKD P

FINDINGS AND RECOMMENDATIONS

Plaintiff is a California prisoner proceeding pro se and in forma pauperis with an action for violation of civil rights under 42 U.S.C. § 1983. On March 12, 2015, the court dismissed plaintiff’s original complaint with leave to file an amended complaint. Plaintiff has now filed an amended complaint.

The court is required to screen complaints brought by prisoners seeking relief against a governmental entity or officer or employee of a governmental entity. 28 U.S.C. § 1915A(a). The court must dismiss a complaint or portion thereof if the prisoner has raised claims that are legally “frivolous or malicious,” that fail to state a claim upon which relief may be granted, or that seek monetary relief from a defendant who is immune from such relief. 28 U.S.C. § 1915A(b)(1),(2).

A claim is legally frivolous when it lacks an arguable basis either in law or in fact. Neitzke v. Williams, 490 U.S. 319, 325 (1989); Franklin v. Murphy, 745 F.2d 1221, 1227-28 (9th Cir. 1984). The court may, therefore, dismiss a claim as frivolous where it is based on an

1 indisputably meritless legal theory or where the factual contentions are clearly baseless. Neitzke,
2 490 U.S. at 327. The critical inquiry is whether a constitutional claim, however inartfully
3 pleaded, has an arguable legal and factual basis. See Jackson v. Arizona, 885 F.2d 639, 640 (9th
4 Cir. 1989); Franklin, 745 F.2d at 1227.

5 In order to avoid dismissal for failure to state a claim a complaint must contain more than
6 “naked assertions,” “labels and conclusions” or “a formulaic recitation of the elements of a cause
7 of action.” Bell Atlantic Corp. v. Twombly, 550 U.S. 544, 555-557 (2007). In other words,
8 “[t]hreadbare recitals of the elements of a cause of action, supported by mere conclusory
9 statements do not suffice.” Ashcroft v. Iqbal, 129 S. Ct. 1937, 1949 (2009). Furthermore, a claim
10 upon which the court can grant relief has facial plausibility. Twombly, 550 U.S. at 570. “A
11 claim has facial plausibility when the plaintiff pleads factual content that allows the court to draw
12 the reasonable inference that the defendant is liable for the misconduct alleged.” Iqbal, 129 S. Ct.
13 at 1949. When considering whether a complaint states a claim upon which relief can be granted,
14 the court must accept the allegations as true, Erickson v. Pardus, 127 S. Ct. 2197, 2200 (2007),
15 and construe the complaint in the light most favorable to the plaintiff, see Scheuer v. Rhodes, 416
16 U.S. 232, 236 (1974).

17 The court has conducted the required screening with respect to plaintiff’s amended
18 complaint and finds that plaintiff fails to state a claim upon which relief can be granted. As he
19 did in his original complaint, plaintiff asserts he is “morbidly obese” (5’ 7” & 500 pounds) and
20 has not received adequate assistance at the California Health Care Facility to lose weight.
21 Plaintiff does not allege he cannot reduce his caloric intake in a safe manner by dieting, nor that
22 he cannot engage in exercise on his own. Plaintiff’s claim is essentially that he should be allowed
23 to use physical therapy equipment at his prison to help him lose weight and that staff should be
24 required to assist him with his training as he will then be able to maximize “caloric expenditure.”¹
25 However, failing to provide plaintiff with exercise equipment and / or something akin to a
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27 ¹ While plaintiff asserts he suffers from various limitations as a result of his being overweight,
28 like being confined to a wheelchair, he does not seek physical therapy with respect to those issues
nor point to facts indicating it would be appropriate.

1 personal trainer does not amount to “cruel and unusual punishment” under the Eighth
2 Amendment, see Spain v. Proconier, 600 F.2d 189, 199 (9th Cir. 1979) (opportunity for outdoor
3 exercise one hour each day satisfies the Eighth Amendment) nor amount to a violation under any
4 other federal law. While plaintiff alleges that he has been “discriminated” against by prison
5 officials, he fails to point to facts suggesting other inmates have access to exercise programs (not
6 physical therapy for specific injuries) that plaintiff does not.

7 For these reasons, the court will recommend that plaintiff’s first amended complaint be
8 dismissed. Because plaintiff has already been given one opportunity to amend his claims, and
9 still fails to state a claim upon which relief can be granted, granting plaintiff leave to amend again
10 would be futile.

11 In accordance with the above, IT IS HEREBY recommended that:

- 12 1. Plaintiff’s amended complaint be dismissed; and
- 13 2. This case be closed.

14 These findings and recommendations are submitted to the United States District Judge
15 assigned to the case, pursuant to the provisions of 28 U.S.C. § 636(b)(1). Within fourteen days
16 after being served with these findings and recommendations, plaintiff may file written objections
17 with the court. The document should be captioned “Objections to Magistrate Judge’s Findings
18 and Recommendations.” Plaintiff is advised that failure to file objections within the specified
19 time may waive the right to appeal the District Court’s order. Martinez v. Ylst, 951 F.2d 1153
20 (9th Cir. 1991).

21 Dated: August 27, 2015

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23 _____
24 CAROLYN K. DELANEY
25 UNITED STATES MAGISTRATE JUDGE