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UNITED STATES DISTRICT COURT  
FOR THE EASTERN DISTRICT OF CALIFORNIA

JOHN LLOYD HOUSTON,  
Plaintiff,  
v.  
RIO CONSUMNES CORRECTIONAL  
FACILITY, et al.,  
Defendants.

No. 2: 15-cv-2055 WBS KJN P

ORDER AND FINDINGS AND  
RECOMMENDATIONS

I. Introduction

Plaintiff is a state prisoner, proceeding without counsel, with a civil rights action pursuant to 42 U.S.C. § 1983. Pending before the court are plaintiff’s motion to re-open discovery (ECF No. 58), plaintiff’s motion to amend (ECF No. 59), and defendant Sacramento County’s motion for summary judgment (ECF No. 52.) Defendant moves for summary judgment on the grounds that plaintiff failed to exhaust administrative remedies and on the merits of plaintiff’s claims.

For the reasons stated herein, plaintiff’s motion to re-open discovery is denied. The undersigned recommends that plaintiff’s motion to amend be granted in part and denied in part, and that defendant’s motion for summary judgment be granted.

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1 II. Motion to Amend and Motion to Re-Open Discovery

2 A. Motion to Re-Open Discovery

3 This action proceeds on the amended complaint filed October 26, 2015, as to defendant  
4 Sacramento County. (ECF No 7.) Plaintiff alleges that while he was housed at the Sacramento  
5 County Jail, he did not receive prescription drug treatment for hepatitis C pursuant to an official  
6 county policy not to test, treat or cure hepatitis C. In the pending summary judgment motion,  
7 defendant states that at his deposition, plaintiff clarified that he is claiming that defendant had an  
8 official policy to treat hepatitis C, but did not follow it. (ECF No. 52-2 at 2.) In his opposition to  
9 defendant's summary judgment motion, plaintiff agrees that he is suing defendant on this theory.  
10 (ECF No. 65 at 12.) The parties agree that defendant's official policy for treating inmates with  
11 hepatitis C is called "Policy 1741."

12 In the pending motion to re-open discovery, plaintiff argues that defendant misled plaintiff  
13 concerning the official policy for hepatitis C treatment for over one year. (ECF No. 58 at 1.)  
14 Plaintiff argues that he was always told "by defendant that it was their policy not to treat hepatitis  
15 C...plaintiff only found out through internal affairs the truth that they have a policy to treat  
16 [hepatitis C] in early October 2016." (Id.) Plaintiff seeks additional time to conduct discovery  
17 regarding this policy.

18 Modification of a scheduling order requires a showing of good cause, Fed. R. Civ. P.  
19 16(b), and good case requires a showing of due diligence. Johnson v. Mammoth Recreations,  
20 Inc., 975 F.2d 604, 609 (9th Cir. 1992). To establish good cause, the party seeking the  
21 modification of a scheduling order must generally show that even with the exercise of due  
22 diligence, they cannot meet the requirement of the order. Id.

23 Pursuant to the June 1, 2016 discovery and scheduling order, the discovery deadline was  
24 October 7, 2016. (ECF No. 31.) Plaintiff filed the pending motion to re-open discovery on  
25 December 28, 2016. Plaintiff seeks to reopen discovery based on information he learned in early  
26 October 2016. Plaintiff does not explain why he waited almost three months, after learning about  
27 defendant's policy to treat hepatitis C, to request additional time to conduct discovery. For this  
28 reason, the undersigned finds that plaintiff has not shown due diligence.

1           Moreover, to succeed on either theory, i.e. that defendant had an official policy to treat  
2 hepatitis C but failed to follow it, or defendant had an official policy not treat to treat hepatitis C,  
3 plaintiff must demonstrate that he qualified for the prescription drug treatment. As discussed  
4 herein, plaintiff has not met this burden. For this additional reason, plaintiff has not demonstrated  
5 good cause to re-open discovery.

6           For the reasons discussed above, plaintiff’s motion to re-open discovery is denied.

7           B. Motion to Amend

8           On December 28, 2016, plaintiff filed a motion for leave to file a second amended  
9 complaint and proposed second amended complaint. (ECF Nos. 55, 59.) On January 11, 2017,  
10 defendant filed an opposition to the motion to amend. (ECF No. 64.)

11           Motions to amend are governed by Rule 15(a) of the Federal Rules of Civil Procedure.  
12 Rule 15(a) provides that the Court “should freely give leave [to amend] when justice so requires.”  
13 Fed. R. Civ. P. 15(a)(2). In the Ninth Circuit, Rule 15(a) is applied with “extreme liberality.”  
14 Eminence Capital, LLC v. Aspeon, Inc., 316 F.3d 1048, 1051 (9th Cir. 2003).

15           Nevertheless, the court retains discretion to grant or deny a motion for leave to amend.  
16 Leadsinger, Inc. v. BMG Music Pub., 512 F.3d 522, 532 (9th Cir. 2008). The court considers five  
17 factors when assessing the propriety of a motion for leave to amend: (1) bad faith, (2) undue  
18 delay, (3) prejudice to the opposing party, (4) futility of amendment, and (5) whether the plaintiff  
19 has previously amended his complaint. Allen v. City of Beverly Hills, 911 F.2d 367, 373 (9th  
20 Cir. 1990). The court “need not apply all five factors” when two factors sufficiently persuade the  
21 court to deny the motion. Id.

22           The proposed second amended complaint names as defendants Sacramento County and  
23 County Health Services (“CHS”). (ECF No. 55 at 1.) Plaintiff alleges that a nurse and Dr.  
24 Padilla told him that it was CHS policy not to treat hepatitis C. Plaintiff alleges that Dr. Padilla  
25 told him that it was cheaper to let him die. (Id. at 2.) Plaintiff alleges that his hepatitis C required  
26 medical treatment. (Id. at 3-4.) Plaintiff alleges that defendants, “against administrative policy  
27 have accepted and adopted a common practice” to deny plaintiff prescription drug treatment for  
28 hepatitis C. (Id. at 4.)

1 At the outset, the undersigned agrees with defendant that CHS is not a proper defendant.  
2 According to defendant, CHS is a non-independent subsidiary of Sacramento County. Under  
3 § 1983, a “person” may be sued for the deprivation of federal rights, and municipalities or other  
4 governmental bodies may be sued as a “person.” Monell v. Dept. of Soc. Servs., 436 U.S. 658,  
5 690 (1978). An agency or department of a municipal entity is not a proper defendant under  
6 Section 1983. Vance v. County of Santa Clara, 928 F.Supp. 993, 996 (N.D. Cal. 1996). Rather,  
7 the county itself is the proper defendant. Accordingly, CHS is not a proper defendant.

8 With respect to defendant Sacramento County, plaintiff’s proposed amendment appears  
9 consistent with the legal theory addressed in defendant’s summary judgment motion, as clarified  
10 by plaintiff’s deposition testimony, i.e., defendant had a policy to provide prescription drug  
11 treatment for inmates with hepatitis C, but failed to follow it. In the opposition to the pending  
12 motion, defendant states that “plaintiff’s claims concerning the treatment he was provided for his  
13 hepatitis C have been fully addressed in the summary judgment motion and plaintiff’s motion to  
14 amend should be denied as futile because no new claims are raised.” (ECF No. 64 at 6.)

15 The undersigned agrees that a motion for leave to amend is futile if it can be defeated on a  
16 motion for summary judgment. Gabrielson v. Montgomery Ward & Co., 785 F.2d 762, 766 (9th  
17 Cir. 1986). However, plaintiff is attempting to amend his complaint to include the legal theory  
18 addressed in defendant’s summary judgment motion. Allowing plaintiff to amend his complaint  
19 to conform to the theory addressed in the summary judgment motion is not futile.

20 Defendant also argues that it would be prejudiced were the court to grant the motion to  
21 amend because it would require defendant to conduct additional discovery, although defendant  
22 does not specifically identify this discovery. Because defendant’s summary judgment motion is  
23 based on the theory raised in the proposed second amended complaint, it is difficult to determine  
24 what additional discovery would be required.

25 Balancing all of the factors set forth above, the undersigned finds that plaintiff should be  
26 allowed to file a proposed second amended complaint as to his claims against defendant  
27 Sacramento County that are consistent with the claims addressed in the pending summary  
28 judgment motion. Plaintiff’s motion to amend to name CHS as a defendant should be denied as

1 well as any claims inconsistent with those addressed in the summary judgment motion.

2 Accordingly, for the reasons discussed above, the undersigned recommends that plaintiff's  
3 motion to amend be granted in part and denied in part.

4 III. Motion for Summary Judgment

5 A. Legal Standard for Summary Judgment

6 Summary judgment is appropriate when it is demonstrated that the standard set forth in  
7 Federal Rule of Civil procedure 56 is met. "The court shall grant summary judgment if the  
8 movant shows that there is no genuine dispute as to any material fact and the movant is entitled to  
9 judgment as a matter of law." Fed. R. Civ. P. 56(a).

10 Under summary judgment practice, the moving party always bears  
11 the initial responsibility of informing the district court of the basis  
12 for its motion, and identifying those portions of "the pleadings,  
13 depositions, answers to interrogatories, and admissions on file,  
together with the affidavits, if any," which it believes demonstrate  
the absence of a genuine issue of material fact.

14 Celotex Corp. v. Catrett, 477 U.S. 317, 323 (1986) (quoting then-numbered Fed. R. Civ. P.  
15 56(c)).

16 "Where the nonmoving party bears the burden of proof at trial, the moving party need  
17 only prove that there is an absence of evidence to support the non-moving party's case." Nursing  
18 Home Pension Fund, Local 144 v. Oracle Corp. (In re Oracle Corp. Sec. Litig.), 627 F.3d 376,  
19 387 (9th Cir. 2010) (citing Celotex Corp., 477 U.S. at 325); see also Fed. R. Civ. P. 56 advisory  
20 committee's notes to 2010 amendments (recognizing that "a party who does not have the trial  
21 burden of production may rely on a showing that a party who does have the trial burden cannot  
22 produce admissible evidence to carry its burden as to the fact"). Indeed, summary judgment  
23 should be entered, after adequate time for discovery and upon motion, against a party who fails to  
24 make a showing sufficient to establish the existence of an element essential to that party's case,  
25 and on which that party will bear the burden of proof at trial. Celotex Corp., 477 U.S. at 322.  
26 "[A] complete failure of proof concerning an essential element of the nonmoving party's case  
27 necessarily renders all other facts immaterial." Id. at 323.

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1           Consequently, if the moving party meets its initial responsibility, the burden then shifts to  
2 the opposing party to establish that a genuine issue as to any material fact actually exists. See  
3 Matsushita Elec. Indus. Co. v. Zenith Radio Corp., 475 U.S. 574, 586 (1986). In attempting to  
4 establish the existence of such a factual dispute, the opposing party may not rely upon the  
5 allegations or denials of its pleadings, but is required to tender evidence of specific facts in the  
6 form of affidavits, and/or admissible discovery material in support of its contention that such a  
7 dispute exists. See Fed. R. Civ. P. 56(c); Matsushita, 475 U.S. at 586 n.11. The opposing party  
8 must demonstrate that the fact in contention is material, i.e., a fact that might affect the outcome  
9 of the suit under the governing law, see Anderson v. Liberty Lobby, Inc., 477 U.S. 242, 248  
10 (1986); T.W. Elec. Serv., Inc. v. Pacific Elec. Contractors Ass’n, 809 F.2d 626, 630 (9th Cir.  
11 1987), and that the dispute is genuine, i.e., the evidence is such that a reasonable jury could return  
12 a verdict for the nonmoving party, see Wool v. Tandem Computers, Inc., 818 F.2d 1433, 1436  
13 (9th Cir. 1987), overruled in part on other grounds, Hollinger v. Titan Capital Corp., 914 F.2d  
14 1564, 1575 (9th Cir. 1990).

15           In the endeavor to establish the existence of a factual dispute, the opposing party need not  
16 establish a material issue of fact conclusively in its favor. It is sufficient that “the claimed factual  
17 dispute be shown to require a jury or judge to resolve the parties’ differing versions of the truth at  
18 trial.” T.W. Elec. Serv., 809 F.2d at 630. Thus, the “purpose of summary judgment is to ‘pierce  
19 the pleadings and to assess the proof in order to see whether there is a genuine need for trial.’”  
20 Matsushita, 475 U.S. at 587 (quoting Fed. R. Civ. P. 56(e) advisory committee’s note on 1963  
21 amendments).

22           In resolving a summary judgment motion, the court examines the pleadings, depositions,  
23 answers to interrogatories, and admissions on file, together with the affidavits, if any. Fed. R.  
24 Civ. P. 56(c). The evidence of the opposing party is to be believed. See Anderson, 477 U.S. at  
25 255. All reasonable inferences that may be drawn from the facts placed before the court must be  
26 drawn in favor of the opposing party. See Matsushita, 475 U.S. at 587. Nevertheless, inferences  
27 are not drawn out of the air, and it is the opposing party’s obligation to produce a factual  
28 predicate from which the inference may be drawn. See Richards v. Nielsen Freight Lines, 602 F.

1 Supp. 1224, 1244-45 (E.D. Cal. 1985), aff'd, 810 F.2d 898, 902 (9th Cir. 1987). Finally, to  
2 demonstrate a genuine issue, the opposing party “must do more than simply show that there is  
3 some metaphysical doubt as to the material facts. . . . Where the record taken as a whole could  
4 not lead a rational trier of fact to find for the nonmoving party, there is no ‘genuine issue for  
5 trial.’” Matsushita, 475 U.S. at 586 (citation omitted).

6 By contemporaneous notice provided on August 16, 2013(ECF No. 22), plaintiff was  
7 advised of the requirements for opposing a motion brought pursuant to Rule 56 of the Federal  
8 Rules of Civil Procedure. See Rand v. Rowland, 154 F.3d 952, 957 (9th Cir. 1998) (*en banc*);  
9 Klinge v. Eikenberry, 849 F.2d 409 (9th Cir. 1988).

10 B. Discussion re: Merits

11 1. Legal Standard

12 “A prison official’s ‘deliberate indifference’ to a substantial risk of serious harm to an  
13 inmate violates the Eighth Amendment.” Farmer v. Brennan, 511 U.S. 825, 828 (1994).  
14 “Although the Fourteenth Amendment's Due Process Clause, rather than the Eighth  
15 Amendment’s protection against cruel and unusual punishment, applies to pretrial detainees...we  
16 apply the same standards in both cases.” Simmons v. Navajo County, Ariz., 609 F.3d 1011, 1017  
17 (9th Cir. 2010) (citation omitted).

18 In the Ninth Circuit, the test for deliberate indifference consists of  
19 two parts. First, the plaintiff must show a ‘serious medical need’ by  
20 demonstrating that ‘failure to treat a prisoner's condition could  
21 result in further significant injury or the unnecessary and wanton  
22 infliction of pain.’ Second, the plaintiff must show the defendant's  
23 response to the need was deliberately indifferent.

24 Jett v. Penner, 439 F.3d 1091, 1096 (9th Cir. 2006) (citations omitted).

25 The legal standard for liability for defendant Sacramento County follows herein.

26 “In Monell v. Department of Social Services, 436 U.S. 658 (1978), the Supreme Court held that a  
27 municipality may not be held liable for a § 1983 violation under a theory of respondeat superior  
28 for the actions of its subordinates.” Castro v. County of Los Angeles, 833 F.3d 1060, 1073 (9th  
Cir. 2016). In this regard, “[a] government entity may not be held liable under 42 U.S.C. § 1983,  
unless a policy, practice, or custom of the entity can be shown to be a moving force behind a

1 violation of constitutional rights.” Dougherty v. City of Covina, 654 F.3d 892, 900 (9th Cir.  
2 2011) (citing Monell, 436 U.S. at 694).

3 2. Dispute Regarding Policy 1741

4 As discussed above, defendant’s policy for treating inmates with hepatitis C is Policy  
5 1741. Plaintiff submitted a request for a copy of this policy directly to the Sacramento Sheriff’s  
6 Department, which plaintiff refers to as “internal affairs.” (See ECF No. 47.) In response to this  
7 request, the Sacramento County Sheriff’s Department, i.e., “internal affairs,” provided plaintiff  
8 with an older version of Policy 1741. (See ECF Nos. 60, 62.) The policy plaintiff received from  
9 “internal affairs” was in effect from approximately 2007 until September 2015. (ECF No. 62-1 at  
10 2.)

11 Plaintiff was housed at the Sacramento County Jail from June 2015 to June 2016. As  
12 discussed herein, the newer version of Policy 1741 was in effect at the time plaintiff sought  
13 treatment for hepatitis C. In the opposition to the pending motion, plaintiff argues that he  
14 qualified for prescription drug treatment under the older version of Policy 1741.

15 Under either version of Policy 1741, plaintiff must show that his failure to receive  
16 prescription drug treatment violated the Fourteenth Amendment. As discussed herein, plaintiff  
17 has not met this burden. In determining the standard of care for prescription drug treatment, the  
18 undersigned herein discusses the differences between the older and newer versions of Policy  
19 1741. The other differences between the two policies are not relevant to plaintiff’s claim.  
20 However, in footnotes, the undersigned addresses some of the differences raised by plaintiff in his  
21 opposition to the pending motion.

22 3. Undisputed Facts

23 *Undisputed Facts Regarding Policy 1741*

24 County of Sacramento Correctional Health Services (“CHS”) has in place an express  
25 policy that provides for medically appropriate evaluation and treatment of inmate-patients with  
26 hepatitis C.<sup>1</sup> (ECF No. 52-2 at 2.) County of Sacramento CHS treatment protocol for hepatitis C

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27 <sup>1</sup> As discussed above, plaintiff does not dispute that this policy exists. (ECF No. 65 at 13.)  
28 Instead, plaintiff disputes that he was provided treatment pursuant to this policy. (Id.)



1 is titled Administrative Policy Number 1741 (“Policy 1741”). (Id.) Policy 1741 defines  
2 treatment protocols for patients with hepatitis C in County of Sacramento detention facilities.

3 (Id.)

4 Policy 1741 provides that inmate-patients requesting treatment for their hepatitis C will be  
5 evaluated and an appropriate plan of care developed for them on a case by case basis. (ECF No.  
6 52-2 at 2; ECF No. 65 at 13-14.) If an inmate-patient was already receiving hepatitis C treatment  
7 prior to incarceration from a private provider or other government facility, their treatment will be  
8 confirmed and then resumed by County of Sacramento CHS. (ECF No. 52-2 at 2; ECF No. 65 at  
9 14.)

10 Pursuant to Policy 1741, inmate-patients that have been diagnosed with hepatitis C will be  
11 assessed using the defined screening tools after six months of incarceration. (ECF No. 52-2 at 2;  
12 ECF No. 65 at 14.) The purpose of the six month in-custody waiting period is that CHS medical  
13 professionals need to acquire an accurate baseline of an inmate’s liver function in the absence of  
14 recent use of drugs or alcohol in order to properly assess the progress of the patient’s hepatitis C  
15 disease. (ECF No. 52-2 at 2-3; ECF No. 65 at 14.)

16 Policy 1741 provides that an inmate-patient must meet the following criteria prior to  
17 initiating diagnostic testing to evaluate whether they are a candidate for treatment: 1) Be alcohol  
18 and drug free for a minimum of 6 months, and be willing to participate in regular drug testing; 2)  
19 Have at least 12 months of incarceration time remaining at the time of initial screening to allow  
20 for secondary screening, review by a specialist, treatment plan development, and completion of  
21 treatment;<sup>2</sup> 3) Must be compliant with testing and treatment. A past history of medications or lab

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23 <sup>2</sup> Plaintiff disputes that Policy 1741 states that an inmate-patient must have at least 12 months of  
24 incarceration remaining at the time of initial screening to allow for completion of treatment.  
25 (ECF No. 65 at 15.) Plaintiff claims that the policy provides for partial treatment under certain  
26 circumstances, i.e, the ability to complete treatment while housed at the jail is not required for  
27 treatment. (Id.) The older version of Policy 1741 plaintiff received in response to his “Internal  
28 Affairs” request does state that patients may receive partial treatment under certain circumstances.  
(ECF No. 47 at 13.) The later policy, in effect at the time of plaintiff’s incarceration at the  
Sacramento County Jail, does not provide for partial treatment. (ECF No. 52-5.) Instead, the new  
policy states that to receive hepatitis treatment, patient-inmates must have at least 12 months of  
incarceration remaining to allow for completion of treatment. (Id. at 14.)

1 refusals may bar the patient inmate from participating in treatment. Refusing medications or labs  
2 during treatment will result in review and possible termination of treatment; 4) Must be willing to  
3 submit to a liver biopsy. The best predictor of the rate of disease progression is a liver biopsy; 5)  
4 Must not have a history of previously completed or failed hepatitis C treatments; and 6) Females  
5 must not be pregnant and be willing and able to practice birth control. (ECF No. 52-5 at 3; ECF  
6 No. 65 at 15.)

7 After it is determined that the patient-inmate meets the requirements, various assessments  
8 will be completed to evaluate the baseline status of the inmate-patient's hepatitis C. (ECF No.  
9 52-2 at 3; ECF No. 65 at 16.) The assessments used to determine whether an individual is a  
10 candidate for hepatitis C treatment includes: review of their medical history; a full physical  
11 exam; complete set of vitals; lab tests including blood serum chemistry, virology panel, and  
12 urinalysis. (ECF No. 52-3 at 3; ECF No. 65 at 16.) The assessments are completed every six  
13 months to follow the progression of the disease and to determine if treatment is needed.<sup>3</sup> (ECF  
14 No. 52-3 at 3.)

15 Under Policy 1741, once the assessments are completed, the results are reviewed by  
16 County of Sacramento CHS medical staff and a medical determination is made for that particular  
17 inmate's case to determine whether the inmate-patient is a candidate for treatment based on the  
18 progression of their disease.<sup>4</sup> (ECF No. 52-2 at 3-4.) Based on the opinion of the reviewing

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19 <sup>3</sup> Plaintiff disputes that the assessments occur every six months. (ECF No. 65 at 16.) Plaintiff  
20 argues that the policy provides that patients who are not eligible for treatment will be followed  
21 regularly every three to six months and informed of their current status. (Id.) The older policy,  
22 provided to plaintiff in response to his "internal affairs" request, provided that patients who are  
23 not eligible for interferon treatment would be followed regularly every three to six months and  
24 informed of their current status. (ECF No. 47 at 13.) The newer policy, in effect at the time of  
25 plaintiff's incarceration in the Sacramento County jail, provides that inmates will be assessed  
26 every six months to follow the progression of the disease and to determine if treatment is needed.  
27 (ECF No. 52-5 at 15.)

28 <sup>4</sup> Plaintiff disputes that medical staff evaluate the results of the assessments in order to determine  
whether treatment is warranted. (ECF No. 65 at 17.) Plaintiff argues that Policy 1741 provides  
that medical staff are to evaluate the patient's health factors and lab results in accordance with the  
criteria established by the National Institute of Health ("NIH"). (Id.) Plaintiff argues that the  
policy does not state that eligibility for treatment is based on the opinion of reviewing medical  
staff. (Id.) As discussed in more detail herein, the older policy, provided to plaintiff in response

1 medical staff it is then determined whether the inmate-patient should only be monitored, whether  
2 the inmate-patient's assessment is to proceed to the next evaluative step in staging the disease and  
3 undergo a liver biopsy to determine the appropriate treatment, or whether treatment should be  
4 initiated immediately. (*Id.* at 3.)

5 *Undisputed Facts Regarding Plaintiff's Care at the Sacramento County Jail*

6 Records from plaintiff's previous incarcerations indicate that he was diagnosed with  
7 hepatitis C in December of 2011. (ECF No. 52-2 at 4; ECF No. 65 at 18.)

8 Plaintiff entered the custody of defendant Sacramento County on June 25, 2015, as a  
9 pretrial detainee. (ECF No. 52-2 at 2; ECF No. 65 at 12.) Plaintiff was transferred to North Kern  
10 State Prison ("NKSP") on June 26, 2016. (ECF No. 52-2 at 2; ECF No. 65 at 12.) Plaintiff had  
11 not been receiving treatment for hepatitis C prior to entering the custody of defendant Sacramento  
12 County. (ECF No. 52-2 at 2; ECF No. 65 at 12.) Plaintiff engaged in intravenous drug use of  
13 methamphetamine prior to entering the custody of defendant Sacramento County. (ECF No. 52-2  
14 at 2; ECF No. 65 at 13.)

15 On September 29, 2016, plaintiff's blood and urine were collected and tested for hepatitis  
16 C. (ECF No. 52-5 at 4; ECF No. 65 at 57 (plaintiff's medical records).) On January 5, 2016, in  
17 accordance with Policy 1741, plaintiff had his blood drawn by lab technicians for the assessments  
18 to be performed. (ECF No. 52-2 at 6; ECF No. 65 at 22.)

19 Plaintiff's lab results were received on January 12, 2016, and demonstrated, in part, the  
20 following relevant values with respect to Hepatitis C: GGT 32 (normal), AST 38 (normal), ALT  
21 55 (slightly elevated), platelet count 251, HCV RNA quantitative 13848631 (indicates presence  
22 of hepatitis C). (ECF No. 52-2 at 6; ECF No. 65 at 22-23.) On or around January 21, 2016, Dr.  
23 Nugent, the CHS Medical Director, decided that plaintiff did not qualify for prescription drug

24  
25 to his "internal affairs" request, provided that inmate patients would be treated with interferon and  
26 ribavirin according to the eligibility criteria established by the NIH and under the consultative  
27 care of a gastroenterologist. (ECF No. 47 at 13.) The newer policy, in effect at the time of  
28 plaintiff's incarceration at the Sacramento County jail, does not mention the NIH guidelines.  
(ECF No. 52-5 at 14-16.) The newer policy sets forth the criteria for evaluating an inmate  
patient's eligibility for treatment. (*Id.*) According to the CHS Medical Director, Dr. Nugent, this  
evaluation is made by CHS medical staff. (ECF No. 52-5.)

1 treatment for his hepatitis C.<sup>5</sup> (ECF No. 52-2 at 6.) As discussed herein, plaintiff disputes  
2 whether Dr. Nugent correctly found that he did not qualify for prescription drug treatment.

3 In accordance with Policy 1741, plaintiff had follow-up lab assessments approximately six  
4 months later on June 6, 2016. (ECF No. 52-2 at 6; ECF No. 65 at 26.) Dr. Nugent decided that  
5 plaintiff did not qualify for prescription drug treatment. (ECF No. 52-5 at 6; ECF No. 65 at 26.)  
6 As discussed herein, plaintiff disputes whether Dr. Nugent correctly found that he did not qualify  
7 for prescription drug treatment.

8 On June 24, 2016, plaintiff transferred to the custody of the California Department of  
9 Corrections and Rehabilitation. (ECF No. 52-2 at 7; ECF No. 65 at 26-27.)

10 4. Analysis—Deliberate Indifference

11 Defendant Sacramento County moves for summary judgment on the grounds that  
12 plaintiff's failure to receive prescription drug treatment did not constitute deliberate indifference.

13 *Standard for Determining Eligibility for Prescription Drug Treatment*

14 At the outset, the undersigned clarifies the standard for determining eligibility for  
15 prescription drug treatment.

16 Policy 1741 states, in relevant part,

17 Hepatitis C (HCV) is a chronic disease. It usually takes several  
18 decades to progress to a life threatening state. Many persons who  
19 are infected have no symptoms and do not progress to end stage  
liver disease or liver cancer. The patient continues to test positive  
for HCV while having stable liver function.

20 Not every patient with HCV needs to be treated. Only 10-20% of  
21 patients with HCV progress to severe disease and only 1% to 5%  
22 will die from complications of liver disease. The need to treat is  
23 based on a number of factors including, the patient's use of alcohol  
and drugs, their willingness to be compliant with treatment, their  
current health, and the progression of the disease.

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24  
25 <sup>5</sup> Plaintiff argues that when Dr. Nugent reviewed his record, FNP Jim Holt had already reviewed  
26 the records on January 12, 2016, and decided that plaintiff did not require treatment. The medical  
27 records indicate that FNP Holt reviewed the results of plaintiff's blood tests on January 12, 2016,  
28 and wrote: "PLAN: no action taken." (ECF No. 52-5 at 30.) The records reflect that plaintiff  
sought administrative review of FNP Holt's decision to take no action. (Id. at 29.) It appears  
that Dr. Nugent's review of plaintiff's lab results was part of the administrative review of FNP  
Holt's decision to take no action. (Id.)

1 (ECF No. 52-5 at 13.)

2 Policy 1741 lists three factors to consider when evaluating an inmate-patient's eligibility  
3 for prescription drug treatment: drug and alcohol use, current health, and the progression of the  
4 disease. In January 2016 and June 2016, Dr. Nugent found that plaintiff did not qualify for  
5 prescription drug treatment based on consideration of these three factors. (ECF No. 52-2 at 6.)  
6 As discussed herein, Dr. Austria considered the same factors in evaluating plaintiff's eligibility  
7 for prescription drug treatment following his transfer to CDCR custody in June 2016. (ECF No.  
8 52-6 at 7-8.)

9 The undersigned observes that while defendant does not directly address whether the three  
10 factors for evaluating eligibility for prescription drug treatment contained in Policy 1741 meet  
11 constitutional standards, in his declaration Dr. Nugent states that, in his opinion, plaintiff's  
12 treatment for hepatitis C was within the acceptable medical standards of care and skill in the  
13 community. (ECF No. 52-5 at 9-10.)

14 In his opposition, plaintiff argues that the older version of Policy 1741 sets a different  
15 standard for determining eligibility for prescription drug treatment. Plaintiff argues that the older  
16 version of Policy 1741 provides that inmate-patients receive prescription drug treatment  
17 according to eligibility criteria established by the National Institute for Health ("NIH") and under  
18 the consultative care of a gastroenterologist. (See ECF No. 65 at 47.) Plaintiff appears to argue  
19 that he was entitled to prescription drug treatment based on the NIH standards. However,  
20 plaintiff does not describe the NIH standards or offer any evidence demonstrating that these  
21 standards are different from those considered by Dr. Nugent and Dr. Austria. Plaintiff offers no  
22 expert evidence that the factors considered by Dr. Nugent were not within the standard of care.

23 Based on the declarations of experts Dr. Nugent and Dr. Austria, the undersigned finds  
24 that Dr. Nugent's consideration of plaintiff's prior drug use, current health and progression of the  
25 disease in determining his eligibility for prescription drug treatment was within the standard of  
26 care. Accordingly, application of these three factors to determine plaintiff's eligibility was proper  
27 and did not violate plaintiff's Fourteenth Amendment rights. See Acinelli v. Torres, 2015 WL  
28 4380772 at \*4 (C.D. Cal. 2015) ("The Eighth Amendment does not require optimal medical care

1 or even medical care that comports with the community standard of care.”). The issue is whether  
2 Dr. Nugent correctly considered these factors in finding that plaintiff did not qualify for  
3 prescription drug treatment.

4 *Declarations of Dr. Nugent and Dr. Austria Regarding Plaintiff’s Eligibility for*  
5 *Prescription Drug Treatment*

6 In his declaration, Dr. Nugent discusses his decisions finding plaintiff ineligible for  
7 prescription drug treatment in January 2016 and June 2016:

8 7. Hepatitis C is a chronic disease where in a majority of cases it  
9 takes several decades before it poses tangible harm to the patient’s  
10 liver. Most individuals who are infected with the hepatitis C virus  
11 exhibit no symptoms of liver disease or liver cancer and maintain  
12 stable liver function. The need to treat an inmate-patient’s hepatitis  
13 C is based on a number of factors, including the patient’s use of  
14 alcohol and drugs, their willingness to be compliance with  
15 treatment, their current health, and the progression of the disease.

16 \*\*\*\*

17 25. Mr. Houston’s lab results were received on January 12, 2016  
18 and demonstrated the following relevant values with respect to his  
19 hepatitis C: GGT 32 (normal), AST 38 (normal), ALT (slightly  
20 elevated), platelet count 251, HCV RNA quantitative 13848631  
21 (indicates presence of hepatitis C virus)...

22 26. Mr. Houston’s medical file was forwarded to me on January  
23 21, 2016 for review and an individualized medical assessment to be  
24 made concerning the appropriate course of treatment for Mr.  
25 Houston’s hepatitis C...

26 27. At that time I personally reviewed Mr. Houston’s medical  
27 history and available records, physical examinations in file, and  
28 laboratory assessments with respect to his hepatitis C. In my  
medical opinion, Mr. Houston’s hepatitis C did not medically  
indicate a need for prescription drug treatment because his physical  
exams showed him to be asymptomatic, his history indicates he is  
inclined to use intravenous drugs, and importantly, his lab results  
were not demonstrable of any liver failure and that he had no  
impairment in liver function. Pursuant to Policy 1741, an  
individualized determination was made by me based on my  
professional medical opinion that the best course of treatment  
concerning Mr. Houston’s hepatitis C would be regular monitoring  
and assessment at 6 month intervals.

29 28. In accordance with Policy 1741, Mr. Houston had follow up  
lab assessment approximately 6 months later, on June 6, 2016. I  
personally reviewed the lab values, which in my professional  
opinion did not indicate that Mr. Houston was experiencing  
abnormal liver function. Therefore, pursuant to Policy 1741, I

1 determined that the proper course of treatment for Mr. Houston was  
2 that his hepatitis C continue to be monitored...

3 29. Mr. Houston was shortly thereafter discharged from the care of  
4 County of Sacramento CHS and transferred to the custody of the  
5 California Department of Corrections June 24, 2016. Thus  
6 concluding our care for Mr. Houston...

7 30. Mr. Houston was provided medically appropriate care and  
8 treatment with respect to his hepatitis C pursuant to Policy 1741.  
9 He was admitted to the County of Sacramento in June 2015, and per  
10 Policy 1741, underwent physical examinations and laboratory  
11 assessments after six months of incarceration to ensure he was drug  
12 and alcohol free given his history of IV drug use. Mr. Houston's  
13 hepatitis C assessment labs were performed in accordance to Policy  
14 1741 provisions, being done after 6 months of incarceration. His  
15 medical history, available medical records, and laboratory  
16 assessments were then personally evaluated by me, the Medical  
17 Director of CHS, and an individualized determination was made  
18 with respect to the best course of care and treatment for Mr.  
19 Houston based on the progression of his disease. Mr. Houston was  
20 asymptomatic and his laboratory assessments indicated unimpaired  
21 liver function, therefore in my professional medical opinion and in  
22 accordance with Policy 1741 it was determined that the best course  
23 of treatment for Mr. Houston's hepatitis C was that it be monitored  
24 at regular six month intervals. Prior to Mr. Houston being  
25 transferred to the California Department of Corrections and  
26 Rehabilitation, he underwent his six month interval assessment on  
27 June 6, 2016 ..., and the results continued to demonstrate he had  
28 normal liver function. In light of Mr. Houston being asymptomatic  
and having unimpaired liver function, it is not medically advisable  
to subject him to the harmful adverse side effects of prescription  
drug treatment for hepatitis C which include but are not limited to  
fever, chills, nausea, vomiting, fatigue, muscle pain and weakness,  
hair loss, diarrhea and depression. If my profession medical  
opinion, monitoring was the most appropriate medically acceptable  
course of treatment for Mr. Houston's hepatitis C.

20 (ECF No. 52-5 at 3-9.)

21 Defendant also argues that plaintiff's failure to receive prescription drug treatment for  
22 hepatitis C after his transfer to CDCR custody in June 2016 supports the finding that plaintiff did  
23 not qualify for hepatitis drug treatment while housed at the Sacramento County Jail. In support of  
24 this argument, defendant submitted the declaration of Dr. Austria, a doctor working at North Kern  
25 State Prison ("NKSP"). (ECF No. 52-6.)

26 Dr. Austria states that on June 30, 2016, plaintiff underwent lab studies so that Dr. Austria  
27 could evaluate and determine the level of care for his hepatitis C. (Id. at 5.) The lab studies  
28 included a hepatitis panel, complete blood count and comprehensive metabolic panels. (Id.)

1 Using the results of the June 30, 2016 lab results, Dr. Austria assessed the severity of plaintiff's  
2 hepatitis C to determine the appropriate level of care for him based on CDCR's Hepatitis  
3 Treatment Policy. (Id.)

4 To assess plaintiff's hepatitis C, Dr. Austria calculated plaintiff's Fibrosis-4 ("FIB-4")  
5 score. (Id. at 5-6.) FIB-4 is a clinically proven non-invasive measure based on several laboratory  
6 test indicators to estimate the amount of fibrosis (scarring in the liver) caused by hepatitis C. (Id.  
7 at 6.) Use of the FIB-4 calculations to assess the level of fibrosis in a patient's liver is a widely  
8 used and medically acceptable measure to gauge liver damage in the first instance, prior to a liver  
9 biopsy, given the potential for sampling errors and morbidity in conducting an invasive biopsy  
10 procedure. (Id.)

11 Plaintiff's June 30, 2016 lab results showed that he had an AST level of 31, Platelet Count  
12 of 257, ALT level of 56, and he was 37 years old. (Id.) Using plaintiff's values, his FIB-4 score  
13 was calculated as 0.60. (Id.) Using CDCR's Hepatitis Treatment Policy, plaintiff's FIB-4 score  
14 was demonstrative of low-stage fibrosis, and the appropriate recommendation for treatment for  
15 plaintiff's hepatitis C was to defer treatment, and to clinically reassess him annually. (Id. at 7.)  
16 For plaintiff to be considered for the next step in evaluating whether he is a candidate for  
17 prescription drug treatment for his hepatitis C, his FIB-4 score must be equal to or greater than  
18 1.45. (Id. at 7.)

19 Dr. Austria also states that in his professional medical opinion, based on plaintiff's  
20 physical examination, lab studies and medical history including admitted IV drug use as recent as  
21 May 2015, plaintiff is not a candidate for prescription drug treatment for his hepatitis C. (Id.)  
22 Use of illicit drugs is an absolute contraindication to prescription drug hepatitis C treatment, and  
23 is one of the primary exclusion criteria. (Id.) More importantly, plaintiff's lab studies and  
24 physical examinations did not indicate the presence of any symptoms of hepatitis C or liver  
25 failure, and is often the case with many individuals with hepatitis C, a majority of them do not  
26 require any prescription drug treatment because it can be decades for the hepatitis C virus to pose  
27 tangible harm to the patient's liver. (Id. at 7-8.) The side effects of the prescription drug  
28 treatment protocols for hepatitis C are severe and can include, but not be limited to fever, chills,



1 nausea, vomiting, fatigue, muscle pain and weakness, hair loss, diarrhea and depression. (Id. at  
2 8.) In plaintiff's case, it is medically appropriate that his condition be monitored annually in  
3 accordance with CDCR's hepatitis C treatment policy, and not that he be subjected to the severe  
4 adverse side effects of prescription drug treatment when he is not experiencing any symptoms of  
5 hepatitis C or liver failure. (Id.)

6 *Lab Results*

7 Citing Dr. Nugent's declaration, quoted above, defendant argues that plaintiff's lab work  
8 in January 2016 and June 2016 demonstrated that he did not qualify for prescription drug  
9 treatment for his hepatitis C. Defendant argues that Dr. Austria's finding that plaintiff did not  
10 qualify for prescription drug treatment based on his lab work following his transfer to CDCR  
11 custody in June 2016 supports this finding.

12 In his opposition, plaintiff argues that his January 2016 and June 2016 lab work  
13 demonstrated that he qualified for prescription drug treatment.

14 In particular, plaintiff argues that the results of his January 2016 lab work for Albumin,  
15 Bilirubin, Platelets, Hemoglobin, Neutrophils and Creatine Levels demonstrated that he qualified  
16 for prescription drug treatment. (See ECF No. 65 at 53-54.) Plaintiff cites the older version of  
17 Policy 1741 which provided that prescription drug treatment was accepted for patients with  
18 abnormal ALT values, Albumin > 3.5 g/d, Bilirubin < 1.5 g/d (men), and Creatinine > 1.5 mg.d.  
19 (ECF No. 65.) The undersigned observes that the newer version of Policy 1741 also lists these  
20 factors, i.e. Creatinine, Albumin, Bilirubin, Hemoglobin and Neutrophils, as relevant in  
21 determining whether inmate-patients qualify for prescription drug treatment. (ECF No. 52-5 at  
22 15.)

23 Plaintiff also argues that the results of his June 2016 blood work, reviewed by Dr. Nugent,  
24 demonstrate that he qualified for prescription drug treatment.

25 While Dr. Nugent did not specifically mention all of the test results listed in the January  
26 2016 report, the undersigned does not read Dr. Nugent's declaration as stating that only the  
27 results of the January 2016 tests he specifically mentioned, i.e., GGT, AST, ALT, platelet count  
28 and HCV RNA, demonstrated that plaintiff did not qualify for prescription drug treatment. In his

1 declaration, Dr. Nugent goes on to state that he reviewed the “laboratory assessments,” which the  
2 undersigned reasonably infers to mean that Dr. Nugent reviewed the entire results of plaintiff’s  
3 January 2016 lab work. In other words, it is not reasonable to infer that Dr. Nugent’s failure to  
4 specifically discuss the result of every test meant that those tests not discussed in his declaration  
5 indicated that plaintiff qualified for prescription drug treatment.

6 The undersigned further finds that Dr. Nugent’s statement that he reviewed the “lab  
7 values” for plaintiff’s June 2016 blood work means that he reviewed all of the relevant lab work.

8 The undersigned also finds that plaintiff’s interpretation of the results of his January 2016  
9 and June 2016 lab results is not admissible. As a layperson, plaintiff is not qualified to offer an  
10 interpretation of his medical records. See Fed. Rule of Evidence 701. An expert witness is  
11 required to interpret these medical records. See Fed. Rule of Evid. 702.<sup>6</sup> For these reasons, the  
12 undersigned finds that plaintiff’s layperson opinion regarding the results of his January and June  
13 2016 blood work is not admissible evidence regarding the results of these tests.

14 In his opposition, plaintiff also disputes defendant’s evidence that Dr. Austria found  
15 plaintiff ineligible for prescription drug treatment following his transfer to CDCR in June 2016.  
16 Plaintiff argues that Dr. Austria was not qualified to render an opinion regarding his need for  
17 prescription drug treatment because at the time of this evaluation, plaintiff was housed at a CDCR  
18 reception center. Plaintiff cites the CDCR Hepatitis Treatment Policy which states that hepatitis  
19 C “evaluation and treatment is generally not initiated in reception centers.” (ECF No. 52-6 at 30.)

20 \_\_\_\_\_  
21 <sup>6</sup> In the reply, defendant argues that the lab results plaintiff cites in his opposition are normal:

22 In fact, the lab values show that Plaintiff’s ALT was only slightly elevated (55, reference  
23 range 9-46), Albumin was normal (44, reference range 36-51), Bilirubin was normal (4,  
24 reference range 2-1.2), Platelet Count normal (251, reference range 140-400),  
25 Hemoglobin normal (143, reference range 132-171), Neutrophils normal, and Creatinine  
26 normal (106, reference 60-135). Dr. Nugent assessed these lab results as well as the rest  
27 of plaintiff’s medical records and determined that plaintiff’s findings were not  
28 demonstrable of any liver failure and that he had no impairment of liver function.

(ECF No. 66-1 at 4.)

Although defendant provides no expert evidence to support this argument, it appears that  
defendant’s characterization of the results discussed above is correct. (See ECF No. 65 at 53-54.)

1 As noted by defendant in the reply, the CDCR Hepatitis C Policy does not state that a  
2 physician in a reception center cannot provide evaluations and treatment for hepatitis C. In  
3 addition, as noted by defendant, Dr. Austria's expert declaration demonstrates that plaintiff was  
4 not a candidate for prescription drug treatment based, in part, on his lab studies. The undersigned  
5 agrees that Dr. Austria's declaration is evidence that plaintiff's hepatitis C lab results continued to  
6 demonstrate that he did not qualify for prescription drug treatment following his transfer to  
7 CDCR in June 2016.

8 Defendant's expert evidence demonstrates that plaintiff's lab work showed that he did not  
9 qualify for prescription drug treatment. For the reasons discussed above, the undersigned finds  
10 that plaintiff has not met his burden of opposing defendant's expert evidence regarding this issue.

#### 11 *Intravenous Drug Use*

12 As discussed above, Dr. Nugent properly considered plaintiff's drug use in evaluating  
13 plaintiff's eligibility for prescription drug treatment. Plaintiff does not dispute that he used  
14 intravenous drugs, even as recently as April 2015. Accordingly, the undersigned finds that it is  
15 undisputed that Dr. Nugent properly found that plaintiff's history of intravenous drug use was a  
16 factor demonstrating that he did not qualify for prescription drug treatment.

#### 17 *Physical Exams*

18 As discussed above, Dr. Nugent found that plaintiff did not qualify for prescription drug  
19 treatment because he was asymptomatic. As discussed herein, plaintiff somewhat disputes  
20 defendant's evidence regarding his alleged symptoms.

21 The undersigned first observes that Dr. Nugent does not directly describe the symptoms of  
22 hepatitis C. However, in his declaration, Dr. Austria describes them as including abdominal pain,  
23 fatigue, nausea and vomiting. (ECF No. 52-6 at 4.) Plaintiff does not dispute that these are  
24 symptoms of hepatitis C.

25 Plaintiff does not dispute that on September 28, 2015, he was seen by CHS medical staff  
26 and requested to be tested for hepatitis C. (ECF No. 52-2 at 4; ECF No. 52-5 at 39; ECF No. 52-  
27 65 at 18.) Plaintiff does not dispute that he denied any symptoms of hepatitis C. (ECF No. 52-2  
28 at 4; ECF No. 52-5; ECF No. 65 at 18.) Plaintiff does not dispute that the medical records from

1 this appointment reflect that his vital signs were stable, his respiration even, his lungs were clear,  
2 his temperature was normal (98.2) and his blood pressure was 110/73. (ECF No. 52-2 at 4; ECF  
3 No. 52-5 at 39; ECF No. 18 at 104.)

4 It is undisputed that plaintiff was seen by medical staff on October 20, 2015, for  
5 complaints of a skin rash and on October 24, 2015, concerning clogged ears. (ECF No. 52-2 at 5;  
6 ECF No. 52-5 at 37; ECF No. 65 at 19.)

7 It is undisputed that on October 25, 2015, plaintiff was seen by medical staff due to  
8 complaints of weakness, headache, fever, upset stomach, sore joints, no interest in food, yellow  
9 skin, dark urine, and pain in his right side. (ECF No. 52-2 at 5; ECF No. 52-5 at 37; ECF No. 65  
10 at 19-20.) The medical records from that date indicate that plaintiff was seen on “priority flex  
11 sick call.” (ECF No. 52-5 at 37.) The records state that plaintiff told the nurse, “I have hep c, I  
12 heard there is a new treatment that is curing it, I am requesting for the treatment at this time...The  
13 symptoms are what you get if you have hep C.” (ECF No. 52-5 at 37.) Plaintiff does not deny  
14 making these statements. (ECF No. 65 at 20.)

15 The medical records from that date state that plaintiff sought medical treatment that day so  
16 that the prescription drug treatment would be approved. (ECF No. 52-5 at 37.) The nurse who  
17 saw plaintiff wrote that he had no acute symptoms and she advised him to sign up for sick call  
18 and that he was scheduled to see the doctor for the same reason. (Id.) Plaintiff claims that the  
19 nurse did not examine him for the symptoms he alleges to have suffered from. (ECF No. 65 at  
20 20.)

21 In his opposition, plaintiff claims that on February 17, 2016, and March 20, 2016, he  
22 requested medical care for symptoms associated with hepatitis C but was denied adequate  
23 medical care. (ECF No. 65 at 29-30.) The medical records from February 17, 2016, attached to  
24 plaintiff’s opposition, state that plaintiff had a stuffy nose with chills and sore joints. (Id. at 82.)  
25 Plaintiff’s temperature was 96.6. (Id.) The nurse who saw plaintiff that day diagnosed plaintiff  
26 with “possible common cold,” prescribed Claritin and Tylenol, and directed him to drink more  
27 fluids. (Id.)

28 ///

1 The medical records from March 20, 2016, attached to plaintiff's opposition, state that  
2 plaintiff complained of dizziness, nausea/vomiting, stomach pain and shaking in both hands. (Id.)  
3 Plaintiff's temperature on that date was 101. (Id.) The records state that plaintiff was "sent to  
4 mhu for observation, but mhu nurse said that back wall was full. And he was sent to RBF single  
5 cell for observation. PT encouraged to drink water." (Id.)

6 The records above do not demonstrate that plaintiff suffered from symptoms caused by  
7 hepatitis C. The records demonstrate that plaintiff's complaints of symptoms related to hepatitis  
8 C could either not be verified or else were caused by other illnesses. Plaintiff has not presented  
9 sufficient evidence to refute Dr. Nugent's opinion that, with respect to hepatitis C, he was  
10 asymptomatic.

11 The undersigned also observes that plaintiff has not demonstrated that he suffered from  
12 symptoms related to hepatitis C following his transfer to CDCR in June 2016. Plaintiff does not  
13 dispute that on June 28, 2016, at 9:15 a.m., he was evaluated by Nurse Practitioner Meda. (ECF  
14 No. 52-5 at 8; ECF No. 65 at 32-33.) Plaintiff does not dispute that during this examination, he  
15 had no abdominal pain, fatigue, nausea or vomiting. (ECF No. 52-2 at 8; ECF No. 64 at 32-33.)  
16 Plaintiff does not dispute that he had no symptoms of hepatitis C or liver failure during this  
17 examination. (ECF No. 52-2 at 8-9; ECF No. 64 at 32-33.)

18 It is undisputed that on June 28, 2016, at approximately 9:30 p.m., plaintiff told medical  
19 staff that he had diarrhea, nausea and vomiting, with no chest pain or shortness of breath. (ECF  
20 No. 52-2 at 9; ECF No. 65 at 34, 87.) The medical record states that plaintiff complained of  
21 abdominal pain. (ECF No. 65 at 87.) The medical records also state that plaintiff's abdomen was  
22 "soft, tender to palpation." (Id.) Plaintiff has a temperature of 102.7. (Id.) The records state that  
23 plaintiff was given IV fluids, acetaphinomen and Pepto Bismol. (Id.) At approximately 11:20  
24 p.m., plaintiff asked to leave. (Id.) Plaintiff reported that he felt hunger pains. (Id.) Plaintiff was  
25 told he had to stay a bit longer. (Id.) Plaintiff was released at around midnight and encouraged to  
26 drink fluids. (Id.) Plaintiff was advised to notify staff if his condition worsened. (Id.)

27 Plaintiff has provided no evidence that the symptoms that he suffered on June 28, 2016,  
28 did not improve. The undersigned does not find that plaintiff has shown that the symptoms he

1 suffered on the night of June 28, 2016, were related to hepatitis C. Plaintiff has also provided no  
2 evidence that he suffered from symptoms that could be related to hepatitis C after June 28, 2016.

3 For the reasons discussed above, the undersigned finds that plaintiff has not presented  
4 sufficient evidence to create a dispute regarding whether his hepatitis C was symptomatic.  
5 Accordingly, based on the undisputed evidence presented by defendant, the undersigned finds  
6 that plaintiff's hepatitis C was asymptomatic while he was housed at the Sacramento County Jail.

7 *Conclusion*

8 Defendant has presented undisputed evidence that plaintiff did not qualify for prescription  
9 drug treatment for his hepatitis C while housed at the Sacramento County Jail because of his  
10 history of intravenous drug use, he was asymptomatic and, most importantly, because his lab  
11 results were not demonstrable of liver failure or impairment of any liver function. Because  
12 plaintiff did not face a substantial risk of serious harm if he did not receive prescription drug  
13 treatment for hepatitis C while housed at the Sacramento County Jail, he has not demonstrated  
14 that his failure to receive this treatment constituted deliberate indifference. See *Toguchi v.*  
15 *Chung*, 391 F.3d 1051, 1057 (9th Cir. 2004). In support of this finding, the undersigned observes  
16 that plaintiff has presented no evidence that he received prescription drug treatment for hepatitis  
17 C following his release from the Sacramento County Jail in June 2016.

18 Finally, in his opposition, plaintiff alleges that on October 29, 2015, Dr. Padilla, employed  
19 at the Sacramento County Jail, told plaintiff that the county's policy was not to treat him because  
20 it costs too much and that it was cheaper to let him die. (ECF No. 65 at 21.) Plaintiff argues that  
21 the alleged statements by Dr. Padilla show that defendant Sacramento County had a policy to  
22 treat hepatitis C but failed to follow it.

23 Even if Dr. Padilla made these statements to plaintiff, the evidence demonstrates that  
24 plaintiff did not receive prescription drug treatment because it was not medically warranted.  
25 Because plaintiff's failure to receive prescription drug treatment did not violate his constitutional  
26 right to adequate medical care, Dr. Padilla's alleged statements are not material.

27 For the reasons discussed above, the undersigned finds that plaintiff's failure to receive  
28 prescription drug treatment while housed at the Sacramento County Jail from June 2015 to June

1 2016 did not violate plaintiff's Fourteenth Amendment right to adequate medical care. Defendant  
2 Sacramento County should be granted summary judgment on this ground.

3 5. Analysis: Constitutionality of Policy 1741

4 Defendant moves for summary judgment on grounds that Policy 1741 did not cause  
5 plaintiff to receive inadequate medical care. As discussed above, plaintiff does not challenge the  
6 constitutionality of Policy 1741. Instead, plaintiff argues that defendant has a policy or practice  
7 of failing to follow Policy 1741. To succeed on this claim, plaintiff must demonstrate that his  
8 failure to receive prescription drug treatment violated his constitutional rights. Because, for the  
9 reasons discussed above, plaintiff's failure to receive prescription drug treatment was not  
10 unconstitutional, the undersigned need not further discuss whether defendant had a policy or  
11 practice of failing to follow Policy 1741.

12 C. Failure to Exhaust Administrative Remedies

13 1. Legal Standard

14 The Prison Litigation Reform Act ("PLRA") provides that "[n]o action shall be  
15 brought with respect to prison conditions under section 1983 . . . , or any other Federal law, by a  
16 prisoner confined in any jail, prison, or other correctional facility until such administrative  
17 remedies as are available are exhausted." 42 U.S.C. § 1997e(a). "[T]he PLRA's exhaustion  
18 requirement applies to all inmate suits about prison life, whether they involve general  
19 circumstances or particular episodes, and whether they allege excessive force or some other  
20 wrong." Porter v. Nussle, 534 U.S. 516, 532 (2002).

21 Prisoners are required to exhaust the available administrative remedies prior to filing suit.  
22 Jones v. Bock, 549 U.S. 199, 211 (2007); McKinney v. Carey, 311 F.3d 1198, 1199-1201 (9th  
23 Cir. 2002).

24 Proper exhaustion of available remedies is mandatory, Booth v. Churner, 532 U.S. 731,  
25 741 (2001), and "[p]roper exhaustion demands compliance with an agency's deadlines and other  
26 critical procedural rules[.]" Woodford v. Ngo, 548 U.S. 81, 90 (2006). The Supreme Court has  
27 also cautioned against reading futility or other exceptions into the statutory exhaustion  
28 requirement. See Booth, 532 U.S. at 741 n.6. Moreover, because proper exhaustion is necessary,

1 a prisoner cannot satisfy the PLRA exhaustion requirement by filing an untimely or otherwise  
2 procedurally defective administrative grievance or appeal. See Woodford, 548 U.S. at 90-93.  
3 “[T]o properly exhaust administrative remedies prisoners ‘must complete the administrative  
4 review process in accordance with the applicable procedural rules,’ [] - rules that are defined not  
5 by the PLRA, but by the prison grievance process itself.” Jones v. Bock, 549 U.S. 199, 218  
6 (2007) (quoting Woodford, 548 U.S. at 88).

7 Failure to exhaust is “an affirmative defense the defendant must plead and prove.” Bock,  
8 549 U.S. at 204, 216. In Albino, the Ninth Circuit agreed with the underlying panel’s decision<sup>7</sup>  
9 “that the burdens outlined in Hilao v. Estate of Marcos, 103 F.3d 767, 778 n.5 (9th Cir. 1996),  
10 should provide the template for the burdens here.” Albino v. Baca, 747 F.3d 1162, 1172 (9th Cir.  
11 2014) (en banc). A defendant need only show “that there was an available administrative remedy,  
12 and that the prisoner did not exhaust that available remedy.” Albino, 747 F.3d at 1172. Once the  
13 defense meets its burden, the burden shifts to the plaintiff to show that the administrative  
14 remedies were unavailable. See Albino, 697 F.3d at 1030-31.

## 15 2. Analysis

16 Defendant argues that plaintiff failed to exhaust administrative remedies because he did  
17 not file a grievance until after he filed this action, i.e., he failed to exhaust administrative  
18 remedies prior to filing this action. The background to this argument follows herein.

19 Plaintiff’s original complaint is court file stamped September 30, 2015. (ECF No. 1).  
20 This complaint does not contain a proof of service in order for the court to determine when it was  
21 filed pursuant to the mailbox rule, although it was signed by plaintiff on September 26, 2015. (Id.  
22 at 4.) In the original complaint, plaintiff alleged that he suffered from hepatitis C and  
23 schizophrenia. (Id. at 3.) In relevant part, plaintiff alleged that he was informed that he would  
24 not receive treatment for hepatitis C because the policy was not to treat this disease. (Id. at 3.)

25 ///

26 <sup>7</sup> See Albino v. Baca, 697 F.3d 1023, 1031 (9th Cir. 2012). The three judge panel noted that “[a]  
27 defendant’s burden of establishing an inmate’s failure to exhaust is very low.” Id. at 1031.  
28 Relevant evidence includes statutes, regulations, and other official directives that explain the  
scope of the administrative review process. Id. at 1032.



1 On October 16, 2015, the undersigned dismissed the original complaint with leave to  
2 amend because plaintiff had not named a proper defendant. (ECF No. 5.) Plaintiff's amended  
3 complaint is court file stamped October 26, 2015. (ECF No. 7.) Like the original complaint, the  
4 amended complaint does not contain a proof of service for the court to determine when it was  
5 filed pursuant to the mailbox rule. The amended complaint named Sacramento County as a  
6 defendant. (Id.) Plaintiff alleged that he did not receive treatment for hepatitis C while housed at  
7 the Sacramento County Jail. (Id.) On October 30, 2015, the undersigned ordered service of the  
8 amended complaint on defendant Sacramento County. (ECF No. 8.)

9 Defendant argues, and plaintiff does not dispute, that he submitted his first administrative  
10 grievance regarding hepatitis C on September 30, 2015. (ECF No. 52-2 at 8; ECF No. 65 at 31;  
11 ECF No. 52-7 at 4.) According to defendant, this grievance was received by healthcare staff for  
12 review on October 1, 2015. (ECF No. 52-7 at 4.) On October 5, 2015, the healthcare coordinator  
13 issued a written response to the grievance. (Id.) Defendant argues that plaintiff did not submit a  
14 written appeal of the October 5, 2015 response to the facility commander, as the October 5, 2015  
15 response advised. (Id.) Instead, defendant argues, plaintiff submitted another grievance  
16 regarding hepatitis C on October 24, 2015. (Id.)

17 In his opposition, plaintiff argues that he exhausted his administrative remedies before  
18 filing his amended complaint on October 26, 2015. (ECF No. 65 at 3.) Plaintiff alleges that after  
19 receiving the October 5, 2015 response from the healthcare coordinator, he submitted an appeal to  
20 the watch commander. (Id.) Plaintiff argues that he received no response to this appeal. (Id.)

21 As discussed above, prisoners are required to exhaust the available administrative  
22 remedies prior to filing suit. Jones v. Bock, 549 U.S. 199, 211 (2007); McKinney v. Carey, 311  
23 F.3d 1198, 1199-1201 (9th Cir. 2002). Plaintiff filed his first administrative grievance regarding  
24 hepatitis C on the day his original complaint was filed in the court. For that reason, plaintiff  
25 failed to exhaust his administrative remedies prior to filing this action.<sup>8</sup>

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26 <sup>8</sup> Because plaintiff filed this action before even receiving the response to his first level grievance  
27 from the health care coordinator, the undersigned need not consider whether the watch  
28 commander's alleged failure to respond to plaintiff's administrative appeal exhausted plaintiff's  
administrative remedies. See Ross v. Blake, 136 S. Ct. 1850, 1856 (2016) (administrative

1           While plaintiff argues that he exhausted administrative remedies after he filed an amended  
2 complaint, a complaint may be amended to add *new* claims so long as the administrative remedies  
3 for the new claims are exhausted prior to amendment. Cano v. Taylor, 739 F.3d 1214, 1220–21  
4 (9th Cir. 2014) (new claims added to a lawsuit via amendment that are exhausted prior to the  
5 amendment comply with the exhaustion requirement); Rhodes v. Robinson, 621 F.3d 1002, 1007  
6 (9th Cir. 2010) (new claims asserted in an amended complaint are to be considered by the court  
7 so long as administrative remedies with respect to those new claims are exhausted before the  
8 amended complaint is tendered to the court for filing). Plaintiff’s amended complaint did not  
9 raise new claims. In both the original and amended complaints, plaintiff alleged that he was  
10 denied treatment for hepatitis C. Therefore, plaintiff’s administrative remedies had to be  
11 exhausted before he filed the original complaint.

12           For the reasons discussed above, defendant’s motion for summary judgment on the  
13 grounds that plaintiff failed to exhaust administrative remedies should be granted.

14           Accordingly, IT IS HEREBY ORDERED that plaintiff’s motion to reopen discovery  
15 (ECF No. 58) is denied;

16           IT IS HEREBY RECOMMENDED that:

17           1. Plaintiff’s motion to amend (ECF No. 59) be granted with respect to the claims against  
18 defendant Sacramento County that are consistent with those addressed in the pending summary  
19 judgment motion; plaintiff’s motion to amend should be denied in all other respects;

20           2. Defendant’s motion for summary judgment (ECF No. 52) be granted.

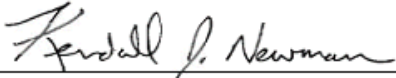
21           These findings and recommendations are submitted to the United States District Judge  
22 assigned to the case, pursuant to the provisions of 28 U.S.C. § 636(b)(1). Within fourteen days  
23 after being served with these findings and recommendations, any party may file written  
24 objections with the court and serve a copy on all parties. Such a document should be captioned  
25 “Objections to Magistrate Judge’s Findings and Recommendations.” Any response to the  
26 objections shall be filed and served within fourteen days after service of the objections. The

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27 exhaustion may not be required when “prison administrators thwart inmates from taking  
28 advantage of a grievance process...).

1 parties are advised that failure to file objections within the specified time may waive the right to  
2 appeal the District Court's order. Martinez v. Ylst, 951 F.2d 1153 (9th Cir. 1991).

3 Dated: July 11, 2017

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6 KENDALL J. NEWMAN  
7 UNITED STATES MAGISTRATE JUDGE

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