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UNITED STATES DISTRICT COURT  
EASTERN DISTRICT OF CALIFORNIA

PATRICIA FOX, O.D.,  
Plaintiff,  
v.  
VISION SERVICE PLAN; DOES 1-  
10, inclusive,  
Defendant.

No. 2:16-cv-2456-JAM-DB

**ORDER GRANTING PLAINTIFF'S  
MOTION FOR PRELIMINARY  
INJUNCTION**

Plaintiff Patricia Fox, O.D. ("Fox") filed suit in state court to prevent Defendant Vision Service Plan ("VSP") from enforcing its audit against Fox "due to the failure to provide Fox with a lawful dispute resolution mechanism." Compl. ¶¶ 40, 41, ECF No. 1-1. VSP removed the case to federal court. ECF No. 1. Fox filed a motion for preliminary injunction, ECF No. 16, which VSP opposed, ECF No. 18. The Court held a hearing on Fox's motion for preliminary injunction on February 7, 2017. ECF No. 21. The Court ordered simultaneous supplemental briefing. Id. Each party filed a brief, ECF Nos. 22, 23, which the Court has considered. The Court issued a minute order on February 9, 2017 granting Fox's motion for preliminary injunction. ECF No. 24.

1 The Court gave VSP the opportunity to file a supplemental brief  
2 on a case Fox cited only in her reply. Id. The Court has  
3 considered VSP's supplemental brief on that issue. This Order  
4 sets forth in greater detail the bases for the Court's decision  
5 to grant Fox's motion for preliminary injunction.

6  
7 I. FACTUAL ALLEGATIONS AND PROCEDURAL BACKGROUND

8 Fox, a Massachusetts licensed optometrist, "was a contracted  
9 doctor" with VSP. Compl. ¶ 1. VSP, a non-profit California  
10 corporation with its principal place of business in Rancho  
11 Cordova, California, provides vision insurance plans to millions  
12 of people in the United States. Compl. ¶ 2; Answer ¶ 2, ECF No.  
13 15.

14 Fox renewed her contract, the Network Doctor Agreement  
15 ("NDA"), with VSP in August 2015. Compl. ¶ 13. The NDA states:

16 11. Fair Hearing Procedure/Binding Arbitration

17 a. Fair Hearing. In the event of a dispute as to  
18 VSP's imposition of any applicable disciplinary  
19 action against Network Doctor ["ND"],  
20 [ND] . . . may appeal such action in accordance  
21 with the provisions and requirements, including  
22 the payment of fees and costs, set forth in the  
23 VSP Peer Review Plan and Fair Hearing Policy  
24 ["FHP"], as may be amended or replaced from  
25 time to time, and incorporated herein by  
26 reference . . .

27 b. Binding Arbitration. If the above process does  
28 not resolve the dispute, then, unless expressly  
disallowed by state law, any party may request  
final determination and resolution of the  
matter by mandatory binding arbitration . . .

26 NDA at 15, Fox Decl. Exh. 1, ECF No. 16-2.

27 The NDA states that it incorporates the FHP by reference,  
28 NDA at 15, but VSP did not attach the FHP, a separate twenty-page

1 document to the NDA, see Fox Decl. ¶ 5, Exh. 3 ("FHP"), ECF No.  
2 16-2. The FHP, but not the NDA, indicates how a provider can  
3 obtain the FHP. Id.

4 In May 2016, VSP audited Fox and sent her a letter with the  
5 results. Wasykiw Decl., Exh. E ("Audit Letter"). In the  
6 letter, VSP demanded "repayment of improper claims submitted to  
7 VSP" and repayment for the cost of the audit. Audit Letter at 2.  
8 The letter required Fox to pay \$444,147 in "restitution" and  
9 terminated Fox's NDA. Id. at 2-3.

10 On June 6, 2016, Fox "timely requested a hearing through the  
11 VSP dispute resolution process." Compl. ¶ 35. VSP set  
12 arbitration for November 4, 2016. Id. VSP rescheduled that  
13 hearing to February 10, 2017. 10/26/2016 Stipulation at 2, ECF  
14 No. 12. The Court enjoined VSP from holding the February 10  
15 dispute resolution hearing, and this Order sets forth the Court's  
16 reasons for granting Fox's motion for a preliminary injunction.

## 17 18 II. OPINION

### 19 A. Legal Standard

20 A court may award a preliminary injunction—an "extraordinary  
21 remedy"—only "upon a clear showing that the plaintiff is entitled  
22 to such relief." Winter v. Nat. Res. Def. Counsel, Inc., 555  
23 U.S. 7, 22 (2008). To obtain a preliminary injunction, a  
24 plaintiff must show: (1) she will likely succeed on the merits,  
25 (2) she will suffer irreparable harm without preliminary relief,  
26 (3) the balance of equities tips in her favor, and (4) an  
27 injunction is in the public interest. Boardman v. Pac. Seafood  
28 Grp., 822 F.3d 1011, 1020 (9th Cir. 2016) (quoting Winter, 555

1 U.S. at 20). Issuance of an injunction does not absolutely  
2 require a likelihood of success on the merits. All. for the Wild  
3 Rockies v. Cottrell, 632 F.3d 1127, 1131-32 (9th Cir. 2011).  
4 "Rather, serious questions going to the merits and a hardship  
5 balance that tips sharply toward the plaintiff can support  
6 issuance of an injunction, assuming the other two elements of the  
7 Winter test are also met." Drakes Bay Oyster Co. v. Jewell, 747  
8 F.3d 1073, 1085 (9th Cir. 2014) (internal quotation marks  
9 omitted).

10 Fox argues the Court should grant her motion for preliminary  
11 injunction to preserve the status quo "until the Court determines  
12 if the dispute resolution process is legal and enforceable."  
13 Mot. at 2.

14 B. Analysis

15 1. Likelihood of Success on the Merits

16 Fox contends she can likely prove that VSP's dispute  
17 resolution process is unenforceable for two reasons: (1) it  
18 violates California Code of Regulations § 1300.71.38; and (2) it  
19 is unconscionable. Mot. at 2.

20 a. Violation of § 1300.71.38

21 California Health and Safety Code § 1367 states that "[a]ll  
22 contracts with providers shall contain provisions requiring a  
23 fast, fair, and cost-effective dispute resolution mechanism  
24 under which providers may submit disputes to the plan." Cal.  
25 Health & Safety Code § 1367(h)(1).

26 The California Code of Regulations implements § 1367.  
27 Section 1300.71.38 of the regulations further defines the phrase  
28 "fast, fair, and cost-effective dispute resolution mechanism,"

1 explaining that “[a]rbitration shall not be deemed a provider  
2 dispute or a provider dispute resolution mechanism.” Cal. Code  
3 Regs. tit. 28, § 1300.71.38.

4 The Federal Arbitration Act (“FAA”) conflicts with  
5 § 1300.71.38’s ban on using arbitration as a dispute resolution  
6 mechanism. The FAA states that an arbitration provision in a  
7 contract “shall be valid, irrevocable, and enforceable, save  
8 upon such grounds as exist at law or in equity for the  
9 revocation of any contract.” 9 U.S.C. § 2. The FAA preempts  
10 contrary state law, so a court cannot apply “any state statute  
11 that invalidates an arbitration agreement.” Ferguson v.  
12 Corinthian Colleges, Inc., 733 F.3d 928, 932 (9th Cir. 2013).

13 Fox concedes that the FAA preempts § 1300.71.38, but she argues  
14 the McCarran-Ferguson Act (“McCarran-Ferguson”) “reverse-  
15 preempts” § 1300.71.38. Mot. at 7.

16 VSP contends § 1300.71.38 does not invalidate the FHP for  
17 three reasons: (1) § 1300.71.38 does not apply; (2) the FHP does  
18 not violate § 1300.71.38; and (3) McCarran-Ferguson does not  
19 reverse-preempt § 1300.71.38. Opp’n at 1.

20 i. Whether § 1300.71.38 Applies

21 VSP argues § 1300.71.38 does not apply to its dispute with  
22 Fox because “§ 1300.71.38 only applies to a defined subspecies  
23 of ‘provider disputes.’” Opp’n at 5. Section 1300.71.38(a)(1)  
24 defines “Contracted Provider Dispute” as

25 a contracted provider’s written notice to the plan  
26 . . . challenging, appealing or requesting  
27 reconsideration of a claim . . . that has been denied,  
28 adjusted or contested or seeking resolution of a  
billing determination or other contract  
dispute . . . or disputing a request for reimbursement  
of an overpayment of a claim.

1 Cal. Code Regs. Tit. 28, § 1300.71.38(a)(1).

2 VSP argues “[t]he definition of ‘provider dispute’ does not  
3 include appeal of an adverse action taken or discipline imposed  
4 as a result of a fraud investigation.” Opp’n at 5. VSP adds  
5 that “the FHP expressly clarifies that the FHP does not apply to  
6 the very disputes Section 1300.71.38 applies to, for which a  
7 separate ‘fair, fast, and cost-effective resolution mechanism’  
8 has been established.” Id. The FHP does indeed indicate that  
9 it “does not apply to ordinary provider Claim Disputes.” FHP at  
10 2.

11 Fox replies that California law defines “Contracted  
12 Provider Dispute,” not VSP. Reply at 1. Fox argues that the  
13 fact that VSP’s demand for reimbursement followed a “fraud  
14 investigation” does not make § 1300.71.38 inapplicable because  
15 the definition of “Contracted Provider Dispute” “says nothing  
16 about the nature of the investigation that led to the dispute.”  
17 Id.

18 Fox has demonstrated a likelihood of success on this issue.  
19 First, the facts of this case track the plain language of the  
20 definition of a “Contracted Provider Dispute”: Fox, a  
21 “contracted provider,” sent “written notice” to VSP “seeking  
22 resolution” of VSP’s demand to pay VSP over \$400,000 in  
23 restitution. Fox Decl. ¶¶ 2, 9, 12.

24 Second, VSP provides no case law to support its argument  
25 that the fact that the dispute arose from a fraud investigation  
26 makes § 1300.71.38 inapplicable. VSP also fails to cite any  
27 authority to support the argument that the FHP falls outside  
28 § 1300.71.38’s purview because the FHP states that it does not

1 apply to "ordinary dispute claims." For these reasons, the  
2 Court concludes that Fox will likely succeed in showing that  
3 § 1300.71.38 applies to this dispute between the parties.

4 ii. Whether the FHP Violates § 1300.71.38

5 VSP next argues that, even if § 1300.71.38 applies, the FHP  
6 does not violate the regulation. Opp'n at 6. VSP contends that  
7 the first step in the FHP cannot violate § 1300.71.38 because it  
8 is not arbitration. Id. VSP relies on Cheng-Canindin v.  
9 Renaissance Hotel Associates, 50 Cal. App. 4th 676 (1996), which  
10 states "a dispute resolution procedure is not an arbitration  
11 unless there is a third party decision maker, a final and  
12 binding decision, and a mechanism to assure a minimum level of  
13 impartiality with respect to the rendering of that decision."  
14 Opp'n at 6 (quoting Cheng, 50 Cal. App. 4th at 687-88). VSP  
15 maintains that "[t]he fact that the hearing procedure is non-  
16 binding and subject to review is dispositive of the fact that  
17 the hearing procedure is not arbitration, and thus does not fall  
18 within the ambit of Section 1300.71.38." Id.

19 Fox responds that the Ninth Circuit has held that  
20 "arbitration need not be binding to fall within the scope of the  
21 [FAA]". Reply at 3 (quoting Wolsey, Ltd. v. Foodmaker, Inc.,  
22 144 F.3d 1205, 1209 (9th Cir. 1998)). The Court finds that VSP's  
23 argument that the FHP's first step is not arbitration because it  
24 is non-binding fails because it contradicts the Ninth Circuit's  
25 statement in Wolsey.

26 iii. Whether McCarran-Ferguson Reverse-  
27 Preempts § 1300.71.38

28 McCarran-Ferguson states that "[n]o Act of Congress shall

1 be construed to invalidate, impair, or supersede any law enacted  
2 by any State for the purpose of regulating the business of  
3 insurance, or which imposes a fee or tax upon such business,  
4 unless such Act specifically relates to the business of  
5 insurance." 15 U.S.C. § 1012(b). The FAA does not  
6 "specifically relate[] to the business of insurance." See Smith  
7 v. PacificCare Behavioral Health of California, Inc., 93 Cal.  
8 App. 4th 139, 149 (2001). The Court must therefore determine  
9 whether California enacted § 1300.71.38 "for the purpose of  
10 regulating the business of insurance."

11 Fox argues that § 1300.71.38 regulates the "business of  
12 insurance" because it "regulates a core promise made by the plan  
13 to the insured in the insurance contract: the promise to pay a  
14 contracted provider directly on behalf of the insured." Mot. at  
15 12. Fox contends that "[e]ven if it does not 'directly'  
16 regulate the relationship between the insurer and the insured,  
17 it surely does so indirectly . . . because the insurer-provider  
18 contract is a core promise made by the insurer to its insureds."  
19 Id. Fox also argues that "a state law regulating the claims  
20 payment practices ultimately, even if indirectly, furthers  
21 significantly the interests of VSP's members by ensuring that  
22 the doctors the members go to are paid fairly, and as a result  
23 will become and will remain contracted with VSP as in-network  
24 providers." Id. at 13.

25 VSP argues that McCarran-Ferguson does not reverse-preempt  
26 § 1300.71.38 because McCarran-Ferguson focuses on "the  
27 relationship between the insurer and its policyholders," not the  
28 relationship between the insurer and the provider. Opp'n at 7.



1 VSP contends that “[h]ere, just as in Royal Drug and Pireno, the  
2 FHP at issue . . . has nothing to do with the relationship  
3 between the insurer and the insured, but rather is between the  
4 insurer and medical providers.” Id. at 10.

5 Fox responds that Royal Drug and Pireno dealt only with  
6 McCarran-Ferguson’s second clause. Reply at 4. The Supreme  
7 Court has recognized the distinction between the first and  
8 second clauses of the McCarran-Ferguson Act and clarified that  
9 Royal Drug and Pireno dealt with only the second. The Court in  
10 U.S. Dep’t of Treasury v. Fabe, 508 U.S. 491 (1993) stated:

11 Both Royal Drug and Pireno . . . involved the scope of  
12 the antitrust immunity located in the *second* clause of  
13 § 2(b). We deal here with the *first* clause, which is  
14 not so narrowly circumscribed. The language of § 2(b)  
15 is unambiguous: The first clause commits laws “enacted  
16 . . . for the purpose of regulating the business of  
17 insurance” to the States, while the second clause  
18 exempts only “the business of insurance” itself from  
19 the antitrust laws. To equate laws “enacted . . . for  
20 the purpose of regulating the business of insurance”  
21 with the “business of insurance” itself . . . would be  
22 to read words out of the statute. This we refuse to  
23 do.

18 Fabe, 508 U.S. at 504.

19 VSP’s reliance on Royal Drug and Pireno is misplaced given  
20 the Supreme Court’s statement in Fabe. Additionally, Fox can  
21 likely show that even if § 1300.71.38 does not directly regulate  
22 the relationship between the insurer and policyholders, it  
23 indirectly regulates that relationship because the insurer’s  
24 relationship with the provider is integral to the insurer’s  
25 relationship with its policyholders.

26 The Court therefore finds that Fox can likely prove that  
27 McCarran-Ferguson reverse-preempts § 1300.71.38 and therefore she  
28 is likely to succeed on the merits of her first argument that

1 VSP's dispute resolution process is illegal because it violates  
2 this state regulation.

3  
4 b. Unconscionability

5 "Like other contracts, [an arbitration agreement] may be  
6 invalidated by generally applicable contract defenses such as  
7 fraud, duress, or unconscionability." Rent-A-Center, W., Inc.,  
8 v. Jackson, 561 U.S. 63, 68 (2010) (internal quotation marks  
9 omitted). "[T]he party opposing arbitration bears the burden of  
10 proving by a preponderance of the evidence any defense, such as  
11 unconscionability." Serafin v. Balco Prop. Ltd., LLC, 235 Cal.  
12 App. 4th 165, 172 (2015). To prove that an agreement is  
13 unconscionable, a litigant must show procedural *and* substantive  
14 unconscionability. Id. at 178. "Both, however, need not be  
15 present to the same degree." Id. Courts apply "a sliding scale  
16 . . . so that the more substantively oppressive the contract  
17 term, the less evidence of procedural unconscionability is  
18 required to come to the conclusion that the term is  
19 unenforceable, and vice versa." Id. (internal quotation marks  
20 omitted).

21 i. Procedural Unconscionability

22 "Procedural unconscionability concerns the manner in which  
23 the contract was negotiated and the circumstances of the party at  
24 the time." Ferguson v. Countrywide Credit Indus., Inc., 298 F.3d  
25 778, 783 (9th Cir. 2002) (internal quotation marks omitted).  
26 "Procedural unconscionability requires either of two factors:  
27 oppression or surprise." Net Global Mktg., Inc. v. Dialtone,  
28 Inc., 217 Fed. Appx. 598, 601 (9th Cir. 2007). "Oppression

1 arises from an inequality in bargaining power which results in no  
2 real negotiation and an absence of meaningful choice." Id.  
3 "Surprise" arises when "the allegedly unconscionable provision is  
4 hidden within a prolix printed form." Von Nothdurft v. Steck,  
5 227 Cal. App. 4th 524, 535 (2014). Fox claims that both factors-  
6 oppression and surprise-are present in VSP's FHP. Mot. at 16.

7 In determining oppression, courts consider whether the  
8 stronger party drafted the contract and whether the weaker party  
9 could negotiate the contract. Pokorny v. Quixtar, Inc., 601  
10 F.3d 987, 996 (9th Cir. 2010). "[A] contract is procedurally  
11 unconscionable under California law if it is 'a standardized  
12 contract, drafted by the party of superior bargaining strength,  
13 that relegates to the subscribing party only the opportunity to  
14 adhere to the contract or reject it.'" Id. "Although adhesion  
15 contracts often are procedurally oppressive, this is not always  
16 the case." Morris v. Redwood Empire Bancorp, 128 Cal. App. 4th  
17 1305, 1320 (2005). Additionally, the Ninth Circuit has recently  
18 stated that "the adhesive nature of a contract, without more,  
19 would give rise to a low degree of procedural unconscionability  
20 at most." Poublon v. C.H. Robinson Co., 2017 WL 461099, at \*5  
21 (9th Cir. Feb. 3, 2017). So, a court must also "question  
22 whether there are other indications of oppression or surprise"  
23 that create procedural unconscionability. Id.

24 Fox first argues that the FHP is oppressive because "[t]here  
25 is *no negotiation* in this contract—it is drafted by VSP, mailed  
26 to the doctor, she is told to sign it and return it, or lose her  
27 VSP status." Mot. at 16 (emphasis in original). Fox contends  
28 that "[s]he ha[d] *no meaningful choice* but to do as VSP

1 instruct[ed] or lose her VSP contract, and potentially her  
2 livelihood given the overwhelming size of VSP and the number of  
3 people they insure, including about 40-50% of the patients in Dr.  
4 Fox's practice." Id. (emphasis in original).

5 VSP responds that "at least as early as 2010, each of  
6 Plaintiff's three successive NDAs clearly explained, with a bold  
7 heading, the two-step FHP at issue." Opp'n at 2. VSP also  
8 argues that the NDA is not an adhesion contract because Fox had  
9 "ample time to review the NDA . . . and could have, but did not,  
10 obtain a copy of the FHP prior to signing the NDA." Id. at 16.  
11 VSP emphasizes that Fox's "claim that she did not have the  
12 opportunity to negotiate is pure speculation, because she did not  
13 even try," and other doctors have proposed changes to the NDA.  
14 Id.

15 VSP provides no authority supporting its claim that a  
16 contract is not unconscionable if a party has previously seen or  
17 signed a similar contract. Additionally, VSP provides no  
18 evidence of any other doctors who have negotiated with VSP  
19 concerning the terms of the NDA or FHP or whether VSP has ever  
20 accepted any proposed changes to the NDA or FHP. Also, Fox could  
21 not simply reject VSP's contract because VSP dominates the vision  
22 insurance market. If Fox had rejected VSP's contract, she would  
23 have lost the 40-50% of her customers that VSP insured. The  
24 NDA's "take-it-or-leave-it" nature makes it at least somewhat  
25 procedurally unconscionable, but that alone does not render the  
26 dispute resolution provision in the NDA unenforceable. Poublon,  
27 2017 WL 461099, at \*5. The Court therefore turns its focus to  
28 whether the NDA or FHP contains additional oppression or

1 surprise.

2       The Ninth Circuit has held that an arbitration agreement  
3 contained surprise when the plaintiff "did not sign the  
4 arbitration agreement (it was incorporated by reference)."  
5 Newton v. Am. Debt Servs., Inc., 549 F. App'x 692, 694 (9th Cir.  
6 2013); see also Pokorny, 601 F.3d at 997 (finding an arbitration  
7 agreement procedurally unconscionable in part because the  
8 defendant "failed to attach a copy of the Rules of Conduct,  
9 containing the full description of the non-binding conciliation  
10 and binding arbitration processes, to the registration forms  
11 containing the Agreement to Arbitrate"). The Pokorny court  
12 reasoned the plaintiffs "were not even given a fair opportunity  
13 to review the full nature and extent of the non-binding  
14 conciliation and binding arbitration processes to which they  
15 would be bound before they signed the registration agreements."  
16 Pokorny, 601 F.3d at 997. Additionally, a California court found  
17 procedural unconscionability where the defendant "merely  
18 referenc[ed] the . . . arbitration rules, and [did] not attach[]  
19 those rules to the contract for the customer to review. The  
20 customer [had] to go to another source to find out the full  
21 import of what she [wa]s about to sign." Harper v. Ultimo, 113  
22 Cal. App. 4th 1402, 1406 (2003).

23       Fox argues that the FHP is a "single-spaced 16-page legal  
24 contract, likely lawyer-prepared, and provided to an optometrist  
25 with no business or legal education whatsoever." Mot. at 16.  
26 Fox contends that the NDA does not draw attention to the  
27 arbitration provision or require the provider to initial it. Id.  
28 Fox also contends that "the failure to provide or attach the fair

1 hearing procedure" to the NDA constitutes surprise. Reply at 10.

2 Like the plaintiffs in Harper and Pokorny, Fox did not have  
3 a "fair opportunity" to review the FHP before signing the NDA  
4 because VSP did not attach the FHP to the NDA. Additionally,  
5 although the Ninth Circuit found in Poublon that the employment  
6 contract that incorporated an arbitration provision by reference  
7 but did not attach a copy was not procedurally unconscionable,  
8 the NDA differs from the contract in Poublon because there the  
9 contract indicated that the arbitration procedure was available  
10 on the company's intranet. Poublon, 2017 WL 461009, at \*1. VSP  
11 instructs providers such as Fox how to obtain the FHP only in the  
12 FHP itself—the NDA, however, contains no instructions on how to  
13 obtain the FHP.

14 The Court finds that Fox has sufficiently demonstrated a  
15 likelihood of success on the merits of her procedural  
16 unconscionability argument. The Court, therefore, next addresses  
17 the parties' arguments regarding the substantive  
18 unconscionability of the FHP.

19 ii. Substantive Unconscionability

20 Substantive unconscionability focuses on the results and  
21 outcomes of contracts. Armendariz v. Found. Health Psychcare  
22 Servs., Inc., 24 Cal. 4th 83, 114 (2000). A contract is  
23 substantively unconscionable if it creates "overly harsh" or  
24 "one-sided" results. Id. "[M]utuality is the 'paramount'  
25 consideration when assessing substantive unconscionability."  
26 Pokorny, 601 F.3d at 997.

27 Fox argues several FHP provisions render the contract  
28 substantively unconscionable.

1           **Pre-Appeal Informal Discussion:** The FHP states:

2           Within ten (10) days of receipt of a Notice from VSP,  
3           ND shall contact VSP at the number stated in the  
4           Notice to discuss the findings and allegations set  
5           forth in the Notice in a good faith effort to resolve  
6           the dispute without the need for a Hearing. If the  
7           parties are unable to reach a resolution of the  
8           dispute, ND may then request a Hearing.

9           FHP at 5.

10           Fox argues “[t]his process is just like” the process in  
11           Nyulassy v. Lockheed Martin Corp., 120 Cal. App. 4th 1267  
12           (2004). In Nyulassy, the court held that an employment  
13           agreement requiring an employee “to submit to discussions with  
14           his supervisors in advance of, and as a condition precedent to,  
15           having his dispute resolved through binding arbitration” was  
16           substantively unconscionable. Id. at 1282. The court stated:

17           [w]hile on its face, this provision may present a  
18           laudable mechanism for resolving employment disputes  
19           informally, it connotes a less benign goal. Given the  
20           unilateral nature of the arbitration agreement,  
21           requiring plaintiff to submit to an employer-  
22           controlled dispute resolution mechanism (i.e., one  
23           without a neutral mediator) suggests that defendant  
24           would receive a “free peek” at plaintiff's case,  
25           thereby obtaining an advantage if and when plaintiff  
26           were to later demand arbitration.

27           Id. at 1282-83.

28           The Pokorny court also analyzed an arbitration agreement  
29           requiring an individual to engage in “Informal and Formal  
30           Conciliation prior to arbitration.” Pokorny, 601 F.3d at 998.  
31           The court stated that “the non-binding conciliation process  
32           amounts to little more than an exploratory evidentiary hearing  
33           for [the defendant].” Id. at 999.

34           VSP argues that its initial discussion is mutual because  
35           the doctor also gets a “free peek” into VSP’s claims. Opp’n at

1 18. VSP also contends that its pre-appeal requirement differs  
2 from the procedure in Nyulassy, which required the employee to  
3 “resolve [his] [dispute] through discussions within successive  
4 levels of my supervisory chain of command, until the [dispute]  
5 [w]as resolved.” Id. (quoting Nyulassy, 120 Cal. App. 4th at  
6 1273 n.4). Although VSP’s pre-appeal discussion requirement  
7 indeed differs from the requirement in Nyulassy, the Nyulassy  
8 court’s concern over that provision exists here too: Fox must  
9 “submit to an employer-controlled dispute resolution mechanism  
10 . . . without a neutral mediator.” Nyulassy, 120 Cal. App. 4th  
11 at 1283. Like the provisions in Pokorny and Nyulassy, the FHP  
12 *requires* the pre-appeal meeting before beginning the next step  
13 in the appeal process. And the pre-appeal provision’s language  
14 does not support VSP’s argument that the informal meeting is  
15 mutual—nothing in the FHP requires VSP to provide any  
16 information to the ND.

17 The Court finds Fox’s arguments on her claim that the pre-  
18 appeal informal discussion requirement is substantively  
19 unconscionable more persuasive than VSP’s, although the Court  
20 recognizes that this case is at a very early stage of the  
21 litigation and all the evidence with respect to this issue has  
22 yet to be presented by the parties.

23 **Confidentiality Provision:** The FHP contains a  
24 confidentiality provision that states:

25 All facts, records, data and information acquired in  
26 preparation for a Hearing or during the course of a  
27 Hearing or Arbitration hereunder shall be used and  
28 maintained in strict confidence and shall not be  
disclosed to any third parties, but may be used by the  
parties to the extent necessary to carry out the  
purposes of any final action(s), decision(s), and/or



1 awards rendered. This confidential information shall  
2 be subject to subpoena or discovery as may be required  
3 by law. These confidentiality provisions shall survive  
4 final actions, decisions, awards and termination of  
5 the NDA.

6 FHP at 1.

7 Relying on Ting v. AT&T, 319 F.3d 1126 (9th Cir. 2003) and  
8 Ingalls v. Spotify USA, Inc., 2016 WL 6679561, at \*1 (Nov. 14,  
9 2016 N.D. Cal), Fox argues the FHP's confidentiality requirement  
10 also renders the FHP substantively unconscionable. Mot. at 20.

11 Ting states:

12 Although facially neutral, confidentiality provisions  
13 usually favor companies over individuals. . . AT&T has  
14 placed itself in a far superior legal posture by  
15 ensuring that none of its potential opponents have  
16 access to precedent while, at the same time, AT&T  
17 accumulates a wealth of knowledge on how to negotiate  
18 the terms of its own unilaterally crafted contract.  
19 Further, the unavailability of arbitral decisions may  
20 prevent potential plaintiffs from obtaining the  
21 information needed to build a case of intentional  
22 misconduct or unlawful discrimination against AT&T.  
23 For these reasons, we hold that the district court did  
24 not err in finding the secrecy provision  
25 unconscionable.

26 Ting, 319 F.3d at 1151-52. Ingalls also found that a  
27 confidentiality provision in an arbitration contract contributed  
28 to the agreement's unconscionability. Ingalls, 2016 WL 6679561,  
at \*7. Ingalls emphasized that "it [wa]s the pervasiveness of  
unconscionability, not any one source of it" that rendered the  
agreement unconscionable. Ingalls, 2016 WL 6679561, at \*6.

The Pokorny court also found a confidentiality provision  
substantively unconscionable because "while handicapping the  
Plaintiffs' ability to investigate their claims and engage in  
meaningful discovery, the confidentiality provision does nothing

1 to prevent [the defendant] from using its continuous involvement  
2 in the [dispute resolution] process to accumulate a 'wealth of  
3 knowledge' on how to arbitrate future claims." Pokorny, 601  
4 F.3d at 1002 (quoting Ting, 319 F.3d at 1152).

5 As pointed out by VSP, the Ninth Circuit has recently  
6 called Pokorny and Ting into question regarding their analyses  
7 of confidentiality provisions. VSP Second Supp. Brief at 2-3,  
8 ECF No. 26. In Poublon, the Ninth Circuit stated that Pokorny  
9 and Ting "did not rely on California law." Poublon, 2017 WL  
10 461099, at \*9. Post Pokorny and Ting, a California appellate  
11 court decided Sanchez v. CarMax Auto Superstores Cal. LLC, 224  
12 Cal. App. 4th 398 (2014). In Sanchez, the Court found "nothing  
13 unreasonable or prejudicial" about "a secrecy provision with  
14 respect to the parties themselves." Sanchez, 224 Cal. App. 4th  
15 at 408. The Ninth Circuit decision in Poublon (which was post  
16 Sanchez) emphasized that "[n]ow that we have available data  
17 establishing what state law is regarding a closely similar  
18 confidentiality provision, we are bound to apply it, even though  
19 the state rule may have departed from prior decisions of federal  
20 courts." Poublon, 2017 WL 461099, at \*9 (internal quotation  
21 marks omitted).

22 The confidentiality provisions in Poublon and Sanchez  
23 included an exception to the confidentiality requirement, if the  
24 "parties agree[d] otherwise." Poublon, 2017 WL 461099, at \*7;  
25 Sanchez, 224 Cal. App. 4th at 408. VSP's confidentiality  
26 provision however does not provide such an exception. Also, the  
27 FHP confidentiality provision "survives final actions . . . and  
28 termination of the NDA." Simply put, the scope of the

1 confidentiality provision in the FHP exceeds the scope of the  
2 confidentiality provisions in Poublon and Sanchez.

3 VSP argues that Ting and Ingalls do not apply because the  
4 confidentiality provision here does not present the same  
5 problems as those provisions in Ingalls and Ting because "[e]ach  
6 dispute is specific to the actions of the doctor, not a repeat  
7 challenge to the same contractual provision." Opp'n at 20. But  
8 VSP's argument ignores the fact that VSP might discipline  
9 doctors across the country for the same actions. With the  
10 confidentiality provision in place, Fox does not have access to  
11 any information or any precedents set in cases involving other  
12 doctors who have gone through the same dispute resolution  
13 process. VSP, on the other hand, participates in all dispute  
14 resolution proceedings with providers and therefore has access  
15 to information and precedents set in other hearings. This is  
16 precisely the concern the Ninth Circuit expressed in Pokorny.  
17 Poublon and Sanchez do not undermine those concerns because they  
18 addressed narrower confidentiality provisions than the one here.  
19 Thus VSP's reliance on these two post Pokorny cases is not  
20 enough to overcome Fox's arguments concerning the  
21 unconscionability of this confidentiality provision.

22 **Settlement Provision:** Fox's third argument in support of  
23 her substantive unconscionability claim focuses on the FHP  
24 settlement provision which provides:

25 After requesting Arbitration but before selection of  
26 an Arbitrator, Claimant shall propose final and  
27 binding terms of settlement ("Settlement Proposal") to  
28 the other party ("Respondent"). Respondent shall  
accept or reject the Settlement Proposal. If the  
Settlement Proposal is accepted by Respondent, the

1 parties shall proceed to execute the terms of the  
2 settlement, forthwith. If the settlement terms cannot  
3 be performed in three (3) days of acceptance, the  
4 parties shall reduce the settlement to a writing and  
5 sign the settlement agreement. If Respondent rejects  
6 the Settlement Proposal, the case shall proceed to  
7 Arbitration. If Claimant obtains an arbitration award  
8 at Arbitration that is greater than the Settlement  
9 Proposal, the Claimant shall be deemed the prevailing  
10 party for purposes of an award of arbitration costs,  
11 plus an award of attorneys' fees, which fees shall not  
12 exceed \$15,000. (California Civil Code Section 1717  
13 shall not apply for purposes of determining the  
14 prevailing party.) If the Arbitrator's Award at  
15 Arbitration is less than the Settlement Proposal,  
16 Respondent shall be deemed the prevailing party for  
17 purposes of an award of arbitration costs, plus an  
18 award of attorneys' fees, which fees shall not exceed  
19 \$15,000. If Claimant fails or refuses to make a  
20 Settlement Proposal pursuant to this Section, Claimant  
21 shall be deemed to have waived his/her/its right to  
22 recovery of any attorney fees or arbitration costs  
23 regardless of the terms contained in the NDA or the  
24 fact that the Arbitration Award awards Claimant  
25 greater relief than Respondent.

26 FHP at 13-14.

27 Fox argues that because VSP is a "vastly more powerful  
28 entity financially, and has its own in-house litigation  
attorneys, it incurs no actual out-of-pocket legal expenses in  
arbitration." Mot. at 21. Fox further contends that "[t]he  
doctor, on the other hand, incurs actual attorneys' fees, and is  
limited in the amount of those fees she can recover even if she  
prevails completely." Id. Fox argues that "[t]his procedure is  
not only a complete surprise, but profoundly favors VSP and  
works, along with the seriously inconvenient forum, to chill and  
create a disincentive for any provider to challenge a fair  
hearing award through arbitration." Id.

A court may find a fee-shifting provision in an arbitration  
agreement substantively unconscionable if it creates the "risk  
of [plaintiffs] incurring greater costs than they would bear if

1 they were to litigate their claims in federal court." Pokorny,  
2 601 F.3d at 1004. The FHP requires a provider to submit a  
3 "Settlement Proposal" before proceeding to arbitration. FHP at  
4 13. If the provider does not, she waives her "right to recovery  
5 of any attorney fees or arbitration costs" regardless of the  
6 arbitration's outcome. Id. at 14. Also, even if Fox "wins" at  
7 arbitration and receives an award from VSP, she would still have  
8 to pay VSP's arbitration fees and costs if the arbitration award  
9 did not exceed any settlement offered by VSP. These rules would  
10 not apply if Fox could simply litigate her claim in court. The  
11 settlement provision, like the fee-shifting provision in  
12 Pokorny, exposes Fox to an increased risk of bearing greater  
13 costs than if she brought the claim in court, therefore rendering  
14 the provision substantively unconscionable.

15 Fox argues that the FHP is substantively unconscionable for  
16 at least four more reasons. The Court need not address these  
17 reasons because, for purposes of her motion for a preliminary  
18 injunction, Fox has shown that she is likely to prevail on the  
19 issue of whether the FHP is substantively unconscionable. The  
20 Court emphasizes however that its Order herein is not a final  
21 decision on the merits of any claim at issue in this case.  
22 Rather, the Court has simply concluded at this early stage of  
23 the litigation that Fox has satisfied her likelihood of success  
24 burden on this issue.

### 25 iii. Severability

26 "Under California law, a court has discretion to either  
27 sever an unconscionable provision from an agreement, or refuse  
28 to enforce the agreement in its entirety." Pokorny, 603 F.3d at

1 1005. "In exercising this discretion, courts look to whether  
2 the central purpose of the contract is tainted with illegality  
3 or the illegality is collateral to its main purpose." Id.  
4 (internal quotation marks omitted). A court may refuse to sever  
5 unconscionable portions of an arbitration agreement if the  
6 agreement is "simply too tainted to be saved through minor  
7 adjustments." Id.

8 VSP argues the Court should sever any unconscionable  
9 provisions and enforce the rest of the FHP. Opp'n at 21. Fox  
10 can likely show the pre-appeal informal discussion, the  
11 confidentiality, and the settlement provisions are  
12 unconscionable. Fox also likely can prove that  
13 unconscionability permeates this agreement, so much so that  
14 severing certain clauses would not cure the illegality. The  
15 Court finds that the offending provisions are likely not  
16 severable and denies VSP's request.

## 17 2. Irreparable Harm

18 Litigants "may not obtain a preliminary injunction unless  
19 they can show that irreparable harm is likely to result in the  
20 absence of the injunction." Cottrell, 632 F.3d at 1135. "A  
21 plaintiff must do more than merely allege imminent harm  
22 sufficient to establish standing; a plaintiff must *demonstrate*  
23 immediate threatened injury as a prerequisite to preliminary  
24 injunctive relief." Caribbean Marine Serv. Co., Inc. v.  
25 Baldrige, 844 F.2d 668 (9th Cir. 1988). "[M]onetary injury is  
26 not normally considered irreparable." L.A. Mem'l Coliseum  
27 Comm'n v. Nat'l Football League, 634 F.2d 1197, 1202 (9th Cir.  
28 1980).

1 Fox argues that "California law promises and requires, a  
2 'fair, fast and cost-effective' process for resolving these  
3 kinds of disputes, and it singles out arbitration as being  
4 prohibited, because it is not a fast or cost-effective way to  
5 resolve provider billing disputes." Mot. at 3.

6 Courts disagree on "whether being subjected to incur the  
7 expense associated with an otherwise non-arbitrable dispute  
8 constitutes 'irreparable injury' in and of itself, or whether  
9 the party opposing the arbitration must demonstrate that it will  
10 suffer unrecoverable economic damages." Morgan Stanley & Co.,  
11 LLC v. Couch, 134 F. Supp. 3d 1215, 1235 (E.D. Cal. 2015). The  
12 Ninth Circuit has indicated, however, that "irreparable injury  
13 presumptively . . . exist[s] if a party is required to expend  
14 resources participating in an arbitration in which it has no  
15 duty to participate." Id. (citing LAWI/CSA Consolidators, Inc.  
16 v. Wholesale & Retail Food Distrib., Teamsters Local 63, 849  
17 F.2d 1236, 1241 n. 3 (9th Cir. 1988)). Another California  
18 district court has found irreparable harm in requiring an  
19 individual to engage in a likely unenforceable arbitration  
20 agreement, stating that "a party should not be required to incur  
21 the legal expense of opposing or seeking to vacate an  
22 arbitration award that should never have been rendered in the  
23 first place." World Grp. Sec. v. Tiu, 2003 WL 26119461, at \*7  
24 (C.D. Cal. Jul. 22, 2003). Additionally, as to an action taken  
25 by VSP that likely violated a Kentucky law, a federal court  
26 stated the provider "has a right to the benefits of statutory  
27 compliance . . . [i]njunctive relief is an appropriate remedy  
28 where one clearly threatens to violate the provisions of a state

1 statute." Dr. Mark Lynn & Assocs. PLLC v. Vision Serv. Plan  
2 Ins. Co., 2005 WL 2739160, at \*2 (W.D. Ky. Oct. 21, 2005).

3 Based on these authorities, the Court finds that Plaintiff  
4 has established that she will suffer irreparable harm if she  
5 must participate in a dispute resolution process which the Court  
6 may later find illegal.

7 3. Balance of Equities

8 Fox argues that "while [she] faces the substantial  
9 inconvenience and expense of traveling across the U.S. and  
10 preparing for a hearing that may well be illegal, and which  
11 California does not want her to engage in, VSP faces no harm by  
12 delaying the hearing until it is determined if VSP's process is  
13 legal and enforceable." Mot. at 23.

14 VSP argues that the balance of equities tips in VSP's favor  
15 because "[i]ssuance of a preliminary injunction in this case is  
16 nearly certain to inhibit VSP's ability to engage in the  
17 mandatory dispute resolution process that has been approved by  
18 the California Department of Managed Health Care, and that to  
19 which VSP's Network Doctors have agreed." Opp'n at 24.

20 Fox makes the stronger argument here because by granting  
21 the preliminary injunction, the Court only temporarily prevents  
22 the dispute resolution process from proceeding while the Court  
23 determines the legality of that process. Granting an injunction  
24 will not harm VSP: VSP will still have the opportunity to  
25 implement its dispute resolution process if the Court finds that  
26 process legal. But if the Court denies the motion for  
27 preliminary injunction, Fox will have to expend considerable  
28 time and resources to engage in a potentially illegal dispute



1 resolution process.

2 4. Public Interest

3 When an injunction's reach is "narrow, limited only to the  
4 parties, and has no impact on non-parties, the public interest  
5 will be at most a neutral factor in the analysis rather than one  
6 that favors granting or denying the preliminary injunction."  
7 Stormans, Inc. v. Selecky, 586 F.3d 1109, 1138-39 (9th Cir.  
8 2009) (citations omitted). "If, however, the impact of an  
9 injunction reaches beyond the parties, carrying with it a  
10 potential for public consequences, the public interest will be  
11 relevant to whether the district court grants the preliminary  
12 injunction." Id.

13 Fox argues that the public interest element is neutral  
14 because this case involves a private dispute between Dr. Fox and  
15 VSP. Mot. at 23. Yet, to the extent this case involves the  
16 public interest, Fox argues that participation in the dispute  
17 resolution process will preclude her from treating her patients  
18 for several days. Id.

19 VSP argues that "issuance of an injunction will likely  
20 disrupt the ADR mechanism developed for disputes about the  
21 imposition of discipline [and] likely result in increased costs  
22 to policyholders as VSP, a not-for-profit entity, faces  
23 increased litigation costs which it must pass on to its  
24 insureds." Opp'n at 25.

25 The Court finds the public interest element to be neutral  
26 because an injunction in this dispute between VSP and Fox will  
27 not likely have the drastic effects VSP suggests.

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5. Bond

Fox argues that the Court should not require a bond because VSP will not suffer any monetary injury if the Court enjoins the dispute resolution hearing. Mot. at 25. VSP has not requested a bond, and the Court does not require a bond for this injunction.

III. ORDER

For the reasons set forth above, the Court GRANTS Fox's motion for preliminary injunction.

IT IS SO ORDERED.

Dated: February 23, 2017



JOHN A. MENDEZ,  
UNITED STATES DISTRICT JUDGE