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UNITED STATES DISTRICT COURT
FOR THE EASTERN DISTRICT OF CALIFORNIA

JOSE O. ARTEAGA,
Plaintiff,
v.
D. BAUGHMAN, et al.,
Defendants.

No. 2:17-cv-0528 KJN P

ORDER

Plaintiff is a state prisoner, proceeding without counsel. Plaintiff seeks relief pursuant to 42 U.S.C. § 1983, and is proceeding in forma pauperis. This proceeding was referred to this court pursuant to 28 U.S.C. § 636(b)(1) and Local Rule 302. Plaintiff consented to proceed before the undersigned for all purposes. See 28 U.S.C. § 636(c).

On March 15, 2017, plaintiff’s complaint was screened, plaintiff was directed to provide documents for service of process on Dr. Saltanian, and the Supervising Deputy Attorney General was directed to respond to plaintiff’s motion for preliminary injunctive relief. On March 28, 2017, plaintiff filed an amended complaint. On April 3, 2017, the Supervising Deputy Attorney General filed a response. On April 28, 2017, plaintiff filed a motion for appointment of counsel. The court addresses each filing below.

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1 I. Plaintiff's Amended Complaint

2 The court is required to screen complaints brought by prisoners seeking relief against a
3 governmental entity or officer or employee of a governmental entity. 28 U.S.C. § 1915A(a). The
4 court must dismiss a complaint or portion thereof if the prisoner has raised claims that are legally
5 “frivolous or malicious,” that fail to state a claim upon which relief may be granted, or that seek
6 monetary relief from a defendant who is immune from such relief. 28 U.S.C. § 1915A(b)(1), (2).

7 A claim is legally frivolous when it lacks an arguable basis either in law or in fact.
8 Neitzke v. Williams, 490 U.S. 319, 325 (1989); Franklin v. Murphy, 745 F.2d 1221, 1227-28 (9th
9 Cir. 1984). The court may, therefore, dismiss a claim as frivolous where it is based on an
10 indisputably meritless legal theory or where the factual contentions are clearly baseless. Neitzke,
11 490 U.S. at 327. The critical inquiry is whether a constitutional claim, however inartfully
12 pleaded, has an arguable legal and factual basis. See Jackson v. Arizona, 885 F.2d 639, 640 (9th
13 Cir. 1989); Franklin, 745 F.2d at 1227.

14 A complaint, or portion thereof, should only be dismissed for failure to state a claim upon
15 which relief may be granted if it appears beyond doubt that plaintiff can prove no set of facts in
16 support of the claim or claims that would entitle him to relief. Hishon v. King & Spalding, 467
17 U.S. 69, 73 (1984) (citing Conley v. Gibson, 355 U.S. 41, 45-46 (1957)); Palmer v. Roosevelt
18 Lake Log Owners Ass'n, 651 F.2d 1289, 1294 (9th Cir. 1981). In reviewing a complaint under
19 this standard, the court must accept as true the allegations of the complaint in question, Hosp.
20 Bldg. Co. v. Rex Hosp. Trustees, 425 U.S. 738, 740 (1976), construe the pleading in the light
21 most favorable to the plaintiff, and resolve all doubts in the plaintiff's favor, Jenkins v.
22 McKeithen, 395 U.S. 411, 421 (1969).

23 Plaintiff's amended complaint is not complete in itself. Rather, plaintiff refers the reader
24 to plaintiff's “statement of facts in affidavit, declaration with preliminary injunction and T.R.O.”
25 (ECF No. 10 at 3.) The court cannot refer to a prior pleading in order to make plaintiff's
26 amended complaint complete. Local Rule 220 requires that an amended complaint be complete
27 in itself without reference to any prior pleading. This requirement is because, as a general rule,
28 an amended complaint supersedes the original complaint. See Loux v. Rhay, 375 F.2d 55, 57 (9th

1 Cir. 1967).

2 Moreover, as discussed below, plaintiff's original complaint, as well as his amended
3 complaint, make clear on the face of the pleadings that plaintiff did not exhaust his administrative
4 remedies prior to filing the instant action. (ECF Nos. 1 at 5, 7; 10 at 3.)

5 A. Legal Standard re Exhaustion

6 The Prison Litigation Reform Act of 1995 ("PLRA") amended 42 U.S.C. § 1997e to
7 provide that "[n]o action shall be brought with respect to prison conditions under [42 U.S.C.
8 § 1983], or any other Federal law, by a prisoner confined in any jail, prison, or other correctional
9 facility until such administrative remedies as are available are exhausted." 42 U.S.C. § 1997e(a).
10 Exhaustion in prisoner cases covered by § 1997e(a) is mandatory. Porter v. Nussle, 534 U.S. 516,
11 524 (2002).

12 Compliance with the exhaustion requirement is mandatory for any type of relief sought.
13 Booth v. Churner, 532 U.S. 731, 739, 741 (2001) (holding that prisoners must exhaust their
14 administrative remedies regardless of the relief they seek, i.e., whether injunctive relief or money
15 damages, even though the latter is unavailable pursuant to the administrative grievance process);
16 accord Jones v. Bock, 549 U.S. 199, 211 (2007) ("There is no question that exhaustion is
17 mandatory under the PLRA and that unexhausted claims cannot be brought in court."); see also
18 Panaro v. City of North Las Vegas, 432 F.3d 949, 954 (9th Cir. 2005) (The PLRA "represents a
19 Congressional judgment that the federal courts may not consider a prisoner's civil rights claim
20 when a remedy was not sought first in an available administrative grievance procedure.").

21 As noted above, the PLRA requires proper exhaustion of administrative remedies.
22 Woodford v. Ngo, 548 U.S. 81, 83-84 (2006). "Proper exhaustion demands compliance with an
23 agency's deadlines and other critical procedural rules because no adjudicative system can
24 function effectively without imposing some orderly structure on the course of its proceedings."
25 Id. at 90-91. Thus, compliance with grievance procedures is required by the PLRA to properly
26 exhaust. Id. The PLRA's exhaustion requirement cannot be satisfied "by filing an untimely or
27 otherwise procedurally defective administrative grievance or appeal." Id. at 83-84. When the
28 rules of the prison or jail do not dictate the requisite level of detail for proper review, a prisoner's

1 complaint “suffices if it alerts the prison to the nature of the wrong for which redress is sought.”
2 Griffin v. Arpaio, 557 F.3d 1117, 1120 (9th Cir. 2009). This requirement is so because the
3 primary purpose of a prison’s administrative review system is to “notify the prison of a problem
4 and to facilitate its resolution.” Griffin, 557 F.3d at 1120.

5 Non-exhaustion under § 1997e(a) is an affirmative defense. Bock, 549 U.S. at 204, 216.
6 However, where it is clear that a plaintiff has not first exhausted his administrative remedies,
7 courts may dismiss such claims *sua sponte*. See id. at 199, 214-16 (exhaustion is an affirmative
8 defense and *sua sponte* dismissal for failure to exhaust administrative remedies under the PLRA
9 is only appropriate if, taking the prisoner’s factual allegations as true, the complaint establishes
10 the failure to exhaust); see also Salas v. Tillman, 162 Fed. Appx. 918 (11th Cir. 2006), cert.
11 denied, 549 U.S. 835 (2006) (district court’s *sua sponte* dismissal of state prisoner’s civil rights
12 claims for failure to exhaust was not abuse of discretion; prisoner did not dispute that he timely
13 failed to pursue his administrative remedies, and a continuance would not permit exhaustion
14 because any grievance would now be untimely).

15 B. Discussion

16 The face of plaintiff’s amended complaint makes clear that plaintiff is in the process of
17 exhausting his administrative remedies as to his claims against Dr. Saltanian. In his amended
18 complaint, plaintiff conceded that there are administrative remedies available at his institution,
19 but in response to the question “Did you appeal your request for relief on Claim 1,” plaintiff
20 answered No. (ECF No. 10 at 3.) Plaintiff did not state he had filed a request for relief to the
21 highest level, but responded to the statement, “If you did not submit or appeal a request for
22 administrative relief at any level, briefly explain why you did not,” plaintiff wrote: “I’ve filed (2)
23 administrative grievances. Also see brief,” apparently referring to his original pleading. (ECF
24 No. 10 at 3.)

25 In his original complaint, signed March 9, 2017, plaintiff noted that Dr. Saltanian stopped
26 plaintiff’s prescription for Gabapentin on February 1, 2017, and plaintiff filed a grievance
27 concerning the deprivation on February 1, 2017. (ECF No. 1 at 4-5.) Under the heading,
28 “Exhaustion of Administrative Remedies,” plaintiff wrote: “Plaintiff[’s] claims [have] been

1 exhausted at the highest level? Yes or No” and plaintiff circled No. (ECF No. 1 at 5.) Plaintiff
2 stated he “is making efforts to exhaust in good faith, “ but because he faces serious injury, he
3 requested injunctive relief “while the court waits for them to exhaust grievance procedures.”
4 (ECF No. 1 at 6.) In his declaration, plaintiff states he filed two different grievances, but faces a
5 “lengthy waiting process” in the administrative appeal process. (ECF No. 1 at 7.)

6 Plaintiff’s statements, taken together, make clear that plaintiff did not exhaust his
7 administrative remedies prior to filing the instant action. An action must be dismissed unless the
8 prisoner exhausted his available administrative remedies before he filed suit, even if the prisoner
9 fully exhausts while the suit is pending. McKinney v. Carey, 311 F.3d 1198, 1199 (9th Cir.
10 2002). Therefore, this action must be dismissed without prejudice based on plaintiff’s failure to
11 exhaust his administrative remedies before filing the instant action.¹

12 II. Motion for Preliminary Injunctive Relief

13 Plaintiff seeks an order requiring Dr. Saltanian to renew plaintiff’s prescription for
14 Gabapentin, 1200 mg three times a day, for plaintiff’s seizure disorder. Plaintiff avers he has
15 been successfully prescribed Gabapentin for the seizure disorder for the last 13 years.

16 A. Legal Standards: Injunctive Relief

17 Preliminary injunctive relief pursuant to Federal Rule of Civil Procedure 65 is appropriate
18 when the movant demonstrates that “he is likely to succeed on the merits [of the underlying
19 action], that he is likely to suffer irreparable harm in the absence of preliminary relief, that the
20 balance of equities tips in his favor, and that an injunction is in the public interest.” Winter v.
21 Natural Resources Defense Council, 555 U.S. 7, 20 (2008); see also Stormans, Inc. v. Selecky,
22 586 F.3d 1109, 1127 (9th Cir. 2009) (quoting Winter). Injunctive relief “is an extraordinary
23 remedy, never awarded as of right.” Winter, 555 U.S. at 24. The principal purpose of preliminary
24 injunctive relief is to preserve the court’s power to render a meaningful decision on the merits of

25 ¹ In the response by the Supervising Deputy Attorney General, Dr. Feinberg declared that
26 plaintiff had filed at least three inmate appeals concerning the discontinuance of Gabapentin or
27 plaintiff’s treatment by Dr. Saltanian. (ECF No. 11-1 at 3.) Dr. Feinberg declared that although a
28 second level response was issued on March 22, 2017, none of the three appeals had been
exhausted through the third level of review. (Id.) Once plaintiff has exhausted his administrative
appeal through the third level of review, he may file his complaint in federal court.

1 the case, see 11A Charles Alan Wright & Arthur R. Miller, Federal Practice and Procedure,
2 § 2947 (2d ed. 2010), that is, to preserve the status quo pending a determination on the merits,
3 Sierra Forest Legacy v. Rey, 577 F.3d 1015, 1023 (9th Cir. 2009). The standards governing the
4 issuance of temporary restraining orders are “substantially identical” to those governing the
5 issuance of preliminary injunctions. Stuhlbarg Intern. Sales Co., Inc. v. John D. Brushy and Co.,
6 Inc., 240 F.3d 832, 839 n.7 (9th Cir. 2001); Am. Trucking Ass’n, Inc. v. City of Los Angeles, 559
7 F.3d 1046, 1052 (9th Cir. 2009).

8 The propriety of a request for injunctive relief hinges on a significant threat of irreparable
9 injury that must be imminent in nature. Caribbean Marine Serv. Co. v. Baldrige, 844 F.2d 668,
10 674 (9th Cir. 1988). Speculative injury does not constitute irreparable harm. See id.; Goldie’s
11 Bookstore, Inc. v. Superior Court, 739 F.2d 466, 472 (9th Cir. 1984). A presently existing actual
12 threat must be shown, although the injury need not be certain to occur. Zenith Radio Corp. v.
13 Hazeltine Research, Inc., 395 U.S. 100, 130-31 (1969); FDIC v. Garner, 125 F.3d 1272, 1279-80
14 (9th Cir. 1997), cert. denied, 523 U.S. 1020 (1998). An injunction against individuals not parties
15 to the action is strongly disfavored. Zenith Radio, 395 U.S. at 112.

16 In cases brought by prisoners involving conditions of confinement, any preliminary
17 injunction “must be narrowly drawn, extend no further than necessary to correct the harm the
18 court finds requires preliminary relief, and be the least intrusive means necessary to correct the
19 harm.” 18 U.S.C. § 3626(a)(2).

20 B. Legal Standards: Inadequate Medical Care Claim

21 The government has an “obligation to provide medical care to those whom it is punishing
22 by incarceration.” Estelle v. Gamble, 429 U.S. 97, 103 (1976). Deliberate indifference to serious
23 medical needs constitutes unnecessary and wanton infliction of pain, which is proscribed by the
24 Eighth Amendment. Estelle, 429 U.S. at 104. To succeed on an Eighth Amendment claim
25 predicated on the denial of medical care, a plaintiff must establish that he had a serious medical
26 need and that the defendant’s response to that need was deliberately indifferent. Jett v. Penner,
27 439 F.3d 1091, 1096 (9th Cir. 2006); see also Estelle, 429 U.S. at 106. A serious medical need
28 exists if the failure to treat the condition could result in further significant injury or the

1 unnecessary and wanton infliction of pain. Jett, 439 F.3d at 1096. Deliberate indifference may
2 be shown by the denial, delay, or intentional interference with medical treatment, or by the way in
3 which medical care is provided. Hutchinson v. United States, 838 F.2d 390, 394 (9th Cir. 1988).

4 To act with deliberate indifference, a prison official must both be aware of facts from
5 which the inference could be drawn that a substantial risk of serious harm exists, and he must also
6 draw the inference. Farmer v. Brennan, 511 U.S. 825, 837 (1994). Thus, a defendant is liable if
7 he knows that plaintiff faces “a substantial risk of serious harm and disregards that risk by failing
8 to take reasonable measures to abate it.” Id. at 847. A physician need not fail to treat an inmate
9 altogether in order to violate that inmate’s Eighth Amendment rights. Ortiz v. City of Imperial,
10 884 F.2d 1312, 1314 (9th Cir. 1989) (per curiam). A failure to competently treat a serious
11 medical condition, even if some treatment is prescribed, may constitute deliberate indifference in
12 a particular case. Id.

13 It is important to differentiate common law negligence claims of malpractice from claims
14 predicated on violations of the Eighth Amendment’s prohibition of cruel and unusual punishment.
15 In asserting the latter, “[m]ere ‘indifference,’ ‘negligence,’ or ‘medical malpractice’ will not
16 support this cause of action.” Broughton v. Cutter Laboratories, 622 F.2d 458, 460 (9th Cir.
17 1980) (citing Estelle, 429 U.S. at 105-06); see also Toguchi v. Chung, 391 F.3d 1051, 1057 (9th
18 Cir. 2004). A difference of opinion between medical professionals concerning the appropriate
19 course of treatment generally does not amount to deliberate indifference to serious medical needs.
20 Toguchi, 391 F.3d at 1058; Sanchez v. Vild, 891 F.2d 240, 242 (9th Cir. 1989). Also, “a
21 difference of opinion between a prisoner-patient and prison medical authorities regarding
22 treatment does not give rise to a [§]1983 claim.” Franklin v. Oregon, 662 F.2d 1337, 1344 (9th
23 Cir. 1981). To establish that such a difference of opinion amounted to deliberate indifference, the
24 prisoner “must show that the course of treatment the doctors chose was medically unacceptable
25 under the circumstances” and “that they chose this course in conscious disregard of an excessive
26 risk to [the prisoner’s] health.” See Jackson v. McIntosh, 90 F.3d 330, 332 (9th Cir. 1996).

27 C. Dr. Feinberg’s Declaration

28 In response to the court’s order, the Supervising Deputy Attorney General provided the

1 declaration of Dr. B. Feinberg, a physician and surgeon employed as Chief Medical Consultant by
2 the California Correctional Health Care Services (“CCHCS”). (ECF No. 11-1.) Dr. Feinberg
3 declares that plaintiff has been and is currently prescribed Dilantin (Phenytoin), a common
4 medication used to treat generalized seizure disorders, and that his dose of Dilantin was recently
5 increased. (ECF No. 11-1 at 2.) Dr. Feinberg declares that Gabapentin is not appropriate for
6 plaintiff, and that Dilantin is appropriately prescribed. Dr. Feinberg explains that Gabapentin is
7 FDA approved for the treatment of partial seizures and postherpetic neuralgia, and that there is
8 insufficient evidence to support its use for generalized tonic clonic seizures, the diagnosis
9 plaintiff has received. (ECF No. 11-1 at 2.) Moreover, Dr. Feinberg declares that “there has been
10 a growing body of evidence that gabapentinoids carry an increasingly recognized risk of
11 dependence, abuse and misuse. (Id.)

12 In addition, Dr. Feinberg declares that plaintiff is regularly seen by his doctor and is
13 actively monitored by the medical team, including on January 31, 2017, February 1, 2017,
14 February 2, 2017, and February 6, 2017. (ECF No. 11-1 at 3.) Doctor’s notes reflect plaintiff’s
15 “observable signs and symptoms were not consistent with seizures, and alternative diagnoses are
16 being considered.” (Id.) In addition, he declares that “the CCHCS is planning to have Mr.
17 Arteaga assessed by a Neurologist for any further diagnostic or treatment recommendation.”
18 (Id.)² Dr. Feinberg opined that there “is no indication in the medical record that the doctors or
19 medical team have been indifferent to Mr. Arteaga’s health or medical care.” (Id.)

20 D. Discussion

21 Here, in light of Dr. Feinberg’s declaration, plaintiff fails to demonstrate that he is likely
22 to suffer irreparable harm in the absence of preliminary injunctive relief. Indeed, plaintiff’s
23 prescription for Dilantin has been increased, alternative diagnoses are being considered, and an
24 assessment by a neurologist has been ordered (ECF No. 12 at 2).

25 Moreover, plaintiff has not demonstrated a likelihood of success on the merits of his
26 claim. Plaintiff must show that the challenged course of treatment was medically unacceptable

27 ² In plaintiff’s motion for appointment of counsel, he confirms an appointment with a seizure
28 disorder expert, a neurologist, has been ordered. (ECF No. 12 at 2.)

1 under the circumstances and chosen in conscious disregard of an excessive risk to plaintiff's
2 health. Jackson, 90 F.3d at 332. The difference of opinion between medical professionals or a
3 prisoner and physician regarding treatment does not establish deliberate indifference. Here, Dr.
4 Feinberg provides legitimate reasons for discontinuing the prescription to Gabapentin based on
5 plaintiff's diagnosis and medical evidence concerning gabapentinoids. Plaintiff has not rebutted
6 this expert evidence that plaintiff is receiving adequate medical care.

7 Finally, because this action must be dismissed based on plaintiff's failure to first exhaust
8 his administrative remedies, plaintiff cannot succeed on the merits of his claims in this action.

9 For all of these reasons, plaintiff's motion for injunctive relief is denied.

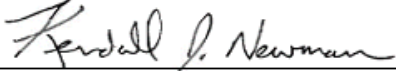
10 **III. Request for Appointment of Counsel**

11 In light of the dismissal of this action, appointment of counsel at this juncture is not
12 appropriate.

13 In accordance with the above, IT IS HEREBY ORDERED that:

- 14 1. Plaintiff's motion for preliminary injunctive relief (ECF No. 1) is denied;
- 15 2. Plaintiff's motion for appointment of counsel (ECF No. 12) is denied; and
- 16 3. This action is dismissed without prejudice.

17 Dated: June 12, 2017

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19 _____
20 KENDALL J. NEWMAN
21 UNITED STATES MAGISTRATE JUDGE

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