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IN THE UNITED STATES DISTRICT COURT  
FOR THE NORTHERN DISTRICT OF CALIFORNIA

PAMELA LEE,

No. C 09-02176 SI

Plaintiff,

**ORDER GRANTING IN PART  
DEFENDANTS' MOTION FOR  
SUMMARY JUDGMENT AND DENYING  
PLAINTIFF'S MOTION FOR SUMMARY  
JUDGMENT**

v.

KAISER FOUNDATION HEALTH PLAN  
LONG TERM DISABILITY PLAN,

Defendant.

\_\_\_\_\_  
METROPOLITAN LIFE INSURANCE  
COMPANY,

Real Party in Interest.

\_\_\_\_\_

Currently before the Court are the parties' cross motions for summary judgment. As discussed below, the Court GRANTS in part the motion by defendant Kaiser Foundation Health Plan and real party in interest Metropolitan Life Insurance Company (collectively "defendants" or "MetLife"), and DENIES plaintiff's motion for summary judgment.

**BACKGROUND**

Plaintiff was a recruiting coordinator at Kaiser Foundation Health Plan, Inc. Administrative Record ("AR") 2332. She suffered from "acute stress/depression," for which she was treated in May 2003. AR 769. Plaintiff also suffered two workplace injuries. In June 2004, she slipped and fell in the lobby of the building where she worked. AR 2241. She was diagnosed with "cervical spine strain,

1 bilateral trapezius strain” as well as “right knee strain/contusion, bilateral wrist strain.” AR 774. She  
2 complained of headaches, ringing in the left ear, left side pain, right arm pain, as well as pain in both  
3 legs, both wrists, and both ankles. AR 782. At the end of June 2004, she was complaining that her left  
4 hand digits were numb, that she had continuing headaches, loss of balance, and loss of sense of  
5 direction. AR 790. She complained that the left side of her body was weak and that she could not  
6 remember things that she knew that she should know. AR 790. She was diagnosed with left wrist sprain  
7 and possible tendinitis, and her physician noted that she was improving more slowly than expected. AR  
8 791. She worked for one week during August, but otherwise was on total temporary disability until  
9 October 15, 2004. AR 2241.

10 Plaintiff was injured again on October 27, 2004, when she was hit by a door. AR 2241. Plaintiff  
11 stopped working on February 28, 2005, and submitted a claim for disability benefits in August 2005.  
12 AR 2331–33. She did not complete required documentation for her claim right away. AR 2329. In  
13 October 2005, she sent an employee statement in support of her claim. She identified February 28, 2005  
14 as her last day of work, stated that she was disabled as of June 4, 2005, and explained that she could not  
15 work due to “repetition/pain/stress/depression/memory problems.” AR 2323. In December, MetLife  
16 received an attending physician’s statement. AR 2320–22. The physician had advised plaintiff to return  
17 to work as of October 18, 2005. AR 2321. Three days after receiving the physician statement, on  
18 December 8, 2005, MetLife informed plaintiff that it could not make a claim determination if she did  
19 not file additional requested documentation. AR 2319.<sup>1</sup>

20 Both parties agree that in November 2006 plaintiff was fired from Kaiser, having been accused  
21 of “blowing up” at a coworker. *See* Plaintiff’s Motion at 18; MetLife Reply at 11. On April 12, 2007,  
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23 <sup>1</sup> The AR shows that plaintiff was working or released back for work at various points in 2005  
24 and 2006. *See, e.g.*, AR 2255 (plaintiff on modified duty on August 10, 2005); AR 2251 (treating  
25 physician released plaintiff to work as of October 3, 2005); AR 2321 (advised to return to work on  
26 October 18, 2005); AR 2238 (after being out of work for a week, on February 16, 2006 physician  
27 considered plaintiff able to work and notes plaintiff wanted to return to work); AR 2151 (on November  
28 9, 2006, plaintiff was on return to modified work status, but noting that plaintiff was recently fired); AR  
2149 (on November 22, 2006 physician noted plaintiff was on return to modified work status). Plaintiff  
recognizes that the record has “a lot of return to work/modified work attempts, but no coherent list of  
when Ms. Lee was working and not working.” Plaintiff’s Motion at 13 fn. 8. Despite this recognition,  
plaintiff did not provide the Court with a list of – or at least her version of – the periods when she was  
at work, at work with modified conditions, or off work due to limitations from 2004 through 2007.

1 plaintiff had cervical fusion surgery. AR 2095. Plaintiff reopened her claim in August 2007. AR 199.  
2 She informed MetLife that she had been fired from Kaiser and was currently receiving worker's  
3 compensation. AR 198–99. She submitted some supporting documentation. AR 2303–17; 2287–2300;  
4 2225–82.

5 On November 21, 2007, MetLife denied her claim, explaining that plaintiff's medical records  
6 did not establish that she was disabled under the Plan. AR 2219–24. Plaintiff submitted additional  
7 documentation. AR 2197–2200, 2206–18. On January 15, 2008, MetLife again sent plaintiff a letter  
8 saying that her claim was being denied. AR 2094–96. In that letter, MetLife stated: "Disability is  
9 supported from April 12, 2007, the date of the cervical fusion, through September 11, 2007." AR 2095.  
10 However, still using plaintiff's originally-identified February 28, 2005 date as plaintiff's last day of  
11 work, MetLife explained that this period of disability "began after [plaintiff's] eligibility for LTD  
12 insurance ended as [she was] previously off work for over two years." *Id.*

13 On July 10, 2008, plaintiff appealed and sent over 1500 pages of supporting documentation. AR  
14 631–2093. MetLife retained three independent physician consultants ("IPCs") to provide medical  
15 opinions as to plaintiff's restrictions and limitations. One of the IPCs, Dr. Topper, concluded that  
16 plaintiff suffered some physical limitations on her ability to work between March 1, 2005 and April 12,  
17 2007. He found that she would have been totally disabled for the two month following her surgery, until  
18 June 12, 2007, and that her radicular symptoms were completely resolved following the surgery. AR  
19 599–601. The second IPC, Dr. Murphy, concluded that psychiatric records supported a conclusion that  
20 plaintiff suffered from psychiatric impairment from February 28, 2005 onward. A third IPC, Dr.  
21 Schroeder, agreed. AR 442–50.

22 Ultimately, MetLife determined that plaintiff was disabled by a psychiatric condition and not  
23 unable to work due to a continuous physical impairment. AR 424, 429. Under the terms of the plan,  
24 this entitled plaintiff to 24 months of benefits and no more. MetLife then conducted a separate  
25 employability analysis, to see if plaintiff could qualify for ongoing benefits after the 24 month period  
26 based on physical impairments. She would have needed to be unable to perform any occupation, not  
27 merely her own. The analysis identified four suitable occupations in addition to plaintiff's own  
28 occupation. AR 428–29.

1 On February 9, 2009, MetLife informed plaintiff of its conclusions: that she was disabled as of  
2 March 1, 2005 due to a psychiatric condition, which meant that she would receive LTD benefits from  
3 August 27, 2005 (the end of the Elimination Period) until August 27, 2007. AR 424–30. But she was  
4 not physically disabled. Although in a previous letter, MetLife had stated that disability was supported  
5 “from April 12, 2007, the date of the cervical fusion, through September 11, 2007,” AR 2095, it now  
6 determined that the cervical fusion disability lasted only through June 12, 2007 and that plaintiff could  
7 not recover any additional benefits. AR 426.

8 Plaintiff filed this lawsuit, asking for review of MetLife’s denial of benefits. She argues that her  
9 chronic depression and the two injuries she sustained *combined* to produce “co-morbid physical  
10 impairments, including post-concussion syndrome, cervical disc degeneration including C5-6  
11 radiculopathy (for which she underwent [a spinal] fusion), chronic and disabling headaches (either post-  
12 concussive or cervicogenic in nature), and chronic neck, back and shoulder pain.” Plaintiff’s Motion  
13 at 2. Thus, she is not disabled only because of a psychiatric condition and the 24-month limitation of  
14 benefits does not apply.

15 MetLife has moved for summary judgment, arguing that its decisions should be affirmed under  
16 the abuse of discretion standard and arguing that summary judgment should be entered on MetLife’s  
17 counterclaim seeking repayment of benefit overpayments made to plaintiff in light of her workers  
18 compensation payments.

## 20 DISCUSSION

### 21 I. Standard of review

22 The threshold issue is whether the Court should review the decision to deny further benefits *de*  
23 *novo* or under the abuse of discretion standard.<sup>2</sup> The Court reviews benefits denials *de novo* “unless the  
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25 <sup>2</sup> Plaintiff has filed a motion for summary judgment, but argues that the standard of review is  
26 *de novo*. *De novo* review on ERISA benefits claims is typically conducted as a bench trial under Rule  
27 52. *See, e.g., Lafferty v. Providence Health Plans*, 706 F. Supp. 2d 1104, 1109 (D. Or. 2010) (“Under  
28 Rule 52, the court conducts what is essentially a bench trial on the record, evaluating the persuasiveness  
of conflicting testimony and deciding which is more likely true.”). Defendant and MetLife state that  
they have filed their motion under Rule 52, but ask the court to affirm that the denial of benefits was not  
an abuse of discretion. “When the decision to grant or deny [ERISA] benefits is reviewed for abuse of

1 benefit plan gives the administrator or fiduciary discretionary authority to determine eligibility for  
2 benefits”; if the plan does grant such discretionary authority, the Court reviews the administrator’s  
3 decision for abuse of discretion. *See Firestone Tire & Rubber Co. v. Bruch*, 489 U.S. 101, 115 (1989);  
4 *Salomaa v. Honda Long Term Disability Plan*, 637 F.3d 958, 965 (9th Cir. 2011). Under the abuse of  
5 discretion standard, a decision is not “arbitrary and capricious,” unless it is “not grounded on any  
6 reasonable basis.” *Id.* (as amended by *Salomaa v. Honda Long Term Disability Plan*, 2011 U.S. App.  
7 LEXIS 10890 (May 26, 2011) (quoting *Horan v. Kaiser Steel Retirement Plan*, 947 F.2d 1412, 1417  
8 (9th Cir. 1991)).

9 However, where the administrator of the benefits plan has a conflict of interest, the abuse of  
10 discretion review is further modified and the Court must review the benefits decision “skeptically.” A  
11 conflict of interest arises where:

12 the same entity makes the coverage decisions and pays for the benefits. This dual role always  
13 creates a conflict of interest, [citing *Metro. Life Ins. Co. v. Glenn*, 554 U.S. 105, 108 (2008)],  
14 but it is “more important . . . where circumstances suggest a higher likelihood that it affected the  
15 benefits decision.” [*Glenn*, 554 U.S. at 117]. The conflict is less important when the  
16 administrator took “active steps to reduce potential bias and to promote accuracy,” *id.*, such as  
17 employing a “neutral, independent review process,” or segregating employees who make  
18 coverage decisions from those who deal with the company’s finances. [*Abatie v. Alta Health & Life Ins. Co.*, 458 F.3d 955, 969 n.7 (9th Cir. 2006) (en banc).] The conflict is given more  
19 weight if there is a “history of biased claims administration.” *Glenn*, 554 U.S. at 117. Our  
20 review of the administrator’s decision is also tempered by skepticism if the administrator gave  
21 inconsistent reasons for a denial, failed to provide full review of a claim, or failed to follow  
22 proper procedures in denying the claim. (citations omitted).

23 *Harlick v. Blue Shield*, 2011 U.S. App. LEXIS 17844, \*12-13 (9th Cir. Aug. 26, 2011).

24 The “skeptical” abuse of discretion standard has been explained by the Ninth Circuit as follows:

25 [W]e consider whether application of a correct legal standard was “(1) illogical, (2) implausible,  
26 or (3) without support in inferences that may be drawn from the facts in the record.” [quoting  
27 *United States v. Hinkson*, 585 F.3d 1247, 1262 (9th Cir. 2009)]. That standard makes sense in  
28 the ERISA context, so we apply it, with the qualification that a higher degree of skepticism is  
appropriate where the administrator has a conflict of interest.

29 *Salomaa*, 637 F.3d at 967.

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discretion, a motion for summary judgment is merely the conduit to bring the legal question before the district court and the usual tests of summary judgment, such as whether a genuine dispute of material fact exists, do not apply.” *Bendixen v. Standard Ins. Co.*, 185 F.3d 939, 942 (9th Cir. 1999), overruled on other grounds in *Abatie v. Alta Health & Life Ins. Co.*, 458 F.3d 955, 966-69 (9th Cir. 2006) (en banc)); *Hughes v. Unumprovident Corp.*, No. C 07-4088 PJH, 2008 WL 4452140, \* 4 (N.D. Cal. 2008). The Court, therefore, will determine what standard of review applies. If abuse of discretion applies, the Court will treat the parties’ motions as ones for summary judgment under Rule 56.

1           **A.       Discretion is Conferred on MetLife**

2           Here, the Administrative Record contains a Certificate of Insurance (“COI”, AR 1–34)<sup>3</sup>, a  
3 Summary Plan Description (“SPD”) (AR 44–194), and a Plan document (“Welfare Benefits Plan” or  
4 “WBP,” AR 538–50).<sup>4</sup> The WBP provides that the Plan fiduciary “shall have full and complete  
5 discretionary authority with respect to its responsibilities under the Plan . . . . All actions,  
6 interpretations, and decisions of a Named Fiduciary or a delegate thereof shall be conclusive and binding  
7 on all persons and shall be given the maximum possible deference allowed by law.” AR 544. Similarly,  
8 the “additional information section” attached to the Certificate of Insurance states that:

9           [i]n carrying out their respective responsibilities under the Plan, the Plan Administrator and other Plan  
10 fiduciaries shall have discretionary authority to interpret the terms of the Plan and to determine  
11 eligibility for and entitlement to Plan benefits in accordance with the terms of the Plan. Any  
interpretation or determination made pursuant to such discretionary authority shall be given full force  
and effect, unless it can be shown that the interpretation or determination was arbitrary and capricious.

12 AR 41; *see also* AR 34 (“This is the end of the certificate. The following is additional information.”).  
13 Both parties admit that the Summary Plan Description is silent as to discretion.<sup>5</sup>

14           Following oral argument, the parties submitted supplemental briefing and evidence regarding the  
15 standard of review. As part of its submission, defendant filed a “Supplemental Declaration of Joanne  
16 Carroll re Documents Applicable to Long Term Disability Benefits.” Docket No. 79. In her  
17 supplemental declaration Ms. Carroll explains that plaintiff’s long-term disability benefits were provided  
18 under the Kaiser Permanente Flexible Benefits Plan (“Flexible Benefits Plan” or “FBP”), and supplement

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20           <sup>3</sup> In her opening brief, plaintiff recognized that the Certificate of Insurance is logged at AR 1.  
21 In her reply brief and opposition to MetLife’s cross motion, however, plaintiff argues that the record  
22 does not demonstrate what the document that starts at AR 1 actually is. On AR 2, however, the  
23 document clearly states that it is a Certificate of Insurance. The Supplemental Carroll Declaration  
makes it clear that the document at AR 1 - 34 is an amended exhibit to the MetLife group policy that  
provided LTD coverage to plaintiff and that document includes the COI applicable to Ms. Lee’s claim.  
Supp. Carroll Decl. ¶ 17 & Ex.K.

24           <sup>4</sup> In her opening brief, plaintiff recognized that the WBP at AR 538 is the Plan at issue. In her  
25 reply brief and opposition to the cross motion, however, plaintiff argues that the WBP is only an  
26 umbrella plan and it does not provide the LTD benefits at issue. In light of this argument, the Court  
allowed the parties to submit additional briefing and evidence regarding what plans and documents are  
at issue in this case.

27           <sup>5</sup> In her supplemental declaration, Ms. Carroll admits that defendant produced the incorrect SPD  
28 in the administrative record and attaches the correct one at Exhibit M. Plaintiff does not argue that the  
correct SPD attempts to withdraw discretion provided in the WBP and COI. Instead, the newly  
produced SPD is, like the one in the AR, silent on the issue of discretion.

1 and amendments which made the FBP applicable to plaintiff’s work unit. *See* Supp. Carroll Decl., ¶¶3-6  
2 and Exs. A-D thereto. Carroll also states that when an employee selects benefits under the FBP the  
3 employee “thereby” becomes a participant in the “umbrella” Kaiser Permanents Welfare Benefits Plan.  
4 *Id.*, ¶¶ 9-11 & Exs. E-G thereto. The Welfare Benefits Plan is the Plan produced at AR 538-50 and, as  
5 discussed above, confers discretion for determining eligibility on the Plan administrator. *See* AR at 544.

6 In addition to Carroll’s assertion that employees selecting benefits under the Flexible Benefits  
7 Plan “thereby” become participants in the Welfare Benefits Plan – and covered by the discretion provided  
8 by the WBP – the appendices to the WBP support MetLife’s argument. Specifically, Appendix A at AR  
9 550 to the WBP lists the “benefit programs” that are part of the Plan and includes “Metropolitan Life  
10 Insurance Company Contract #95910, 95911.” Carroll’s supplemental declaration attaches the MetLife  
11 policy insuring group long term disability, and the group policy number, as amended, is “95910-G.”  
12 Carroll Decl., 14-15 & Exs.I-J; *see also id.*, Exs. K-L (the original and amended “Your Employee Benefit  
13 Plan Kaiser Foundation Health Plan, Inc., Long Term Disability Benefits,” document incorporating the  
14 certificates of insurance). This evidence establishes that plaintiff’s LTD benefits are covered by the  
15 WBP.

16 Plaintiff’s main response is that nothing in the record – other than Ms. Carroll’s declaration –  
17 supports tying plaintiff’s LTD benefits under Flexible Benefits Plan to the discretion provided in the  
18 Welfare Benefits Plan. However, as noted above, the Appendix to the Welfare Benefits Plan at AR 550  
19 lists the MetLife policy number providing the LTD benefits. Those benefits were offered under the  
20 “cafeteria-style” Flexible Benefits Plan, but the FBP is itself included under the umbrella of the WBP.  
21 Plaintiff also challenges Ms. Carroll’s declaration and the authenticity of the documents she submits in  
22 order to argue that the WBP’s express discretion should not apply to plaintiff’s claim. *See* Plaintiff’s  
23 Supp. Reply Re Standard of Review (Docket No. 80) at 9-13. However, the authenticity of the records  
24 at issue – including the determinative the WBP and the COI which were produced in the administrative  
25 record – is sufficiently established by Ms. Carroll’s declarations made in her capacity as a  
26 Benefits/Consultant who was involved with the creation of the WBP and familiar with Kaiser’s employee

27  
28

1 benefit plans.<sup>6</sup> See Carroll Decl., ¶ 1; Supp. Carroll Decl., ¶ 1; see also Fed. Rule of Evid. 902(11).

2 The Court also notes that the certificate of insurance supports giving discretion to MetLife as  
3 claims administrator. As noted above, the document containing the certificate effective as of December  
4 1, 2004, provides in its “additional information” section that discretion is provided to the administrator  
5 to determine eligibility. AR 41. Plaintiff attempts to undermine this fact by arguing that the discretion  
6 language is not in the certificate of insurance itself – which ends at AR 34 – and notes that the prior  
7 certificate of insurance, see Carroll Decl., Ex K, provided for discretion on the face of the certificate.  
8 *Id.*, pg. ii. The Court agrees that, standing alone, the certificate of insurance document would not be  
9 enough to confer discretion on MetLife, but finds it is consistent with and supports the provision of  
10 discretion granted in the Welfare Benefits Plan.<sup>7</sup>

11 Additionally, the Court concludes that the SPD and the Flexible Benefits Plan’s silence does not  
12 create a conflict with the Welfare Benefits Plan and Certificate of Insurance. In the Ninth Circuit, where  
13 the terms of different plan documents are in conflict, the document granting the most protection to the  
14 insured governs. See *Bergt v. Retirement Plan for Pilots Employed by MarkAir, Inc.*, 293 F.3d 1139,  
15 1145 (9th Cir. 2002). This rule applies when documents are affirmatively in conflict, not necessarily  
16 when one document is silent. See *Lafferty v. Providence Health Plans*, 706 F. Supp. 2d 1104, 1111 (D.  
17 Or. 2010) (“The Ninth Circuit, and the majority of other jurisdictions which have considered this issue,

18 \_\_\_\_\_  
19 <sup>6</sup> Plaintiff also challenges the authenticity of the Appendices attached at AR 500 to the Welfare  
20 Benefits Plan, noting that Appendices A and B first appear at AR 549 and are blank, but then  
21 subsequently appear filled out at AR 550 without an internal page number or date on the page. See  
22 Plaintiff’s Supp. Reply at 11. The WBP and all of its appendices were produced as part of  
administrative record. The document was clearly central to defendant’s position regarding discretion  
and plaintiff had the opportunity to explore issues concerning the initial blank appendix page and the  
subsequently completed appendix page at AR 550. Having failed to do so, she cannot now attempt to  
defeat summary judgment on this ground.

23 <sup>7</sup> Plaintiff also argues that because the California Insurance Commissioner withdrew approval  
24 of similar discretionary language in certificates in 2004, the Court should disregard that language.  
25 Plaintiff, however, does not demonstrate that the California Insurance Commissioner’s decisions are  
26 binding in the ERISA context. See, e.g., *Saffon v. Wells Fargo*, 522 F.3d 863 (9th Cir. 2008)  
27 (questioning whether federal law permitted states to nullify an ERISA plan’s grant of discretionary  
28 authority). Moreover the Court notes that the language is included only in the “additional information”  
section of the certificate and standing alone would not confer discretion. As it is not relying on  
plaintiff’s evidence regarding the Commissioner’s actions, the Court need not consider MetLife’s  
objections to that evidence. Similarly, the Court has not relied on the other evidence MetLife objects  
to in the Padway Declarations, and therefore overrules defendants’ other objections. Docket Nos. 60,  
75.



1 have concluded that silence in the SPD regarding language contained within the plan is not necessarily  
2 a conflict.”), *reversed on other grounds*, 2011 U.S. App. LEXIS 11682 (9th Cir. Or. June 7, 2011); *Daic*  
3 *v. Metro. Life Ins. Co.*, 458 F. Supp. 2d 1167, 1173 & n.5 (D. Hawaii 2006) (“The Plaintiff has cited no  
4 statute or caselaw that requires particular language to be in a particular place in the ERISA plan.”); *cf.*  
5 *Atwood v. Newmont Gold Co. Inc.*, 45 F.3d 1317, 1321 (9th Cir. 1995) (silence regarding discretion in  
6 an SPD is acceptable, since the summary is required only “to describe accurately the circumstances or  
7 actions which could affect an employee’s eligibility for benefits”), *overruled on other grounds by Abatie*,  
8 458 F.3d at 966.

9 Plaintiff points to language in the SPD that she believes makes the SPD’s silence regarding  
10 discretion into an actual conflict with the terms of the other Plan documents. The SPD states that a  
11 disability claimant must provide Kaiser with “medical documentation certifying [her] disability”; then  
12 it provides that MetLife has the right to require evidence that the claimant has applied for other benefits  
13 for which she is eligible. AR 183. Plaintiff argues that this is an express limitation on MetLife’s role  
14 — that *all* she had to do was provide certain required documents and that MetLife may not deny benefits  
15 merely because it disagrees with the medical documentation. Plaintiff does not explain who has the right  
16 to determine whether the medical documentation actually certifies a qualifying disability, however, and  
17 it is not obvious from the SPD that MetLife does not have that discretion. While the statement in the  
18 SPD would not be enough to lead the Court to grant abuse of discretion review on its own, it certainly  
19 does not conflict with the terms of the WBP and COI.

20 Finally, plaintiff argues that the standard of review in this case is controlled by *Grosz-Salomon*  
21 *v. Paul Revere Life Ins. Co.*, 237 F.3d 1154 (9th Cir. 2001). In that case, the claims administrator  
22 attempted to confer discretion upon itself by issuing a revised SPD granting discretion where the  
23 underlying Plan did not provide discretion. The Ninth Circuit rejected that attempt, noting that because  
24 the Plan contained an integration clause the SPD could not alter a substantive provision of the Plan, *e.g.*,  
25 providing no discretion to the claims administrator. *Id.* at 1161. The Court also held that even absent  
26 the integration clause, the SPD could not confer discretion upon the administrator where the SPD was  
27 not adopted in conformance to the Plan’s requirements (as in that case, the plan required that any  
28 amendments be signed by both parties, but the SPD was issued and signed only by the administrator).

1 *Id.* Here, however, the WBP provides discretion. The WBP includes within its umbrella the provision  
2 of LTD benefits under the FBP and MetLife contract. *See* AR 550. The additional information attached  
3 to the COI also provides discretion. The SPD and the FBP are both silent on discretion. *Grosz-Salomon*,  
4 therefore, is inapposite as MetLife is not unilaterally attempting to provide itself with discretion through  
5 subsequent amendments to Plan documents.

6 For the foregoing reasons, the Court concludes that the relevant Plan documents at issue confer  
7 discretion on MetLife as the claims administrator to determine eligibility for benefits. As such, this  
8 Court’s review is for abuse of discretion.

9  
10 **B. Conflict of Interest**

11 Having determined abuse of discretion is the standard, the Court must next determine if it applies  
12 that standard skeptically in light of a conflict of interest. As MetLife is the entity that makes coverage  
13 decisions and pays for the benefits, a conflict exists. *Harlick v. Blue Shield*, 2011 U.S. App. LEXIS  
14 17844, \*12. This conflict is given less weight if the administrator undertook a neutral, independent  
15 review process. *Id.* at \*12-13. The conflict is given more weight if there is a history of biased claims  
16 administration, if the administrator gave inconsistent reasons for a denial, if the administrator failed to  
17 provide a full review of a claim, or failed to follow proper procedures in denying the claim. *Id.*, at \*13;  
18 *see also Glenn*, 554 U.S. 118.

19 Plaintiff makes two arguments in support of her contention that MetLife’s review was biased and  
20 should be heavily scrutinized. First, plaintiff argues that MetLife has not affirmatively shown that its  
21 claim administrative process is fair and neutral. Second, in her reply plaintiff argues that the reports of  
22 two of the MetLife IPCs – Dr. Topper and Dr. Murphy – show that they are biased in favor of denying  
23 claims. The Court rejects both of these arguments for the reasons discussed below.

24  
25 **i. Claims Administration Process**

26 Plaintiff first argues that 29 C.F.R. § 2560.503-1(b)(5) requires MetLife to have “administrative  
27 processes and safeguards designed to ensure and to verify that benefit claim determinations are made in  
28 accordance with governing plan documents and that, where appropriate, the plan provisions have been

1 applied consistently with respect to similarly situated claimants”; (2) that 29 C.F.R. § 2560.503-1(m)(8)  
2 makes clear that documentation of these processes and safeguards is “relevant” to the claim; (3) that 29  
3 C.F.R. § 2560.503-1(h)(2)(iii) requires such documentation be produced upon the request of the  
4 beneficiary following an adverse benefit determination; and (4) that 29 C.F.R. § 2560.503-1(h)(2) makes  
5 clear that MetLife’s failure to produce documents regarding its internal claims processing procedures  
6 means that the “claims procedures will not be deemed to provide a claimant with a reasonable  
7 opportunity for a full and fair review.” MetLife responds that these regulations apply to *plans* not to  
8 third-party claim administrators (such as MetLife), and that all of the Plan’s claims procedures were  
9 disclosed to plaintiff. The Court agrees with MetLife’s understanding of 29 C.F.R. § 2560.503-1(b)(5),  
10 which is clearly directed at “[e]very employee benefit plan.” Therefore, plaintiff’s argument fails.<sup>8</sup>

11 Second, plaintiff points to MetLife’s failure to disclose its quality control protocol and the  
12 procedures by which MetLife ensures that its claim reviewers decide claims accurately. Motion at 6; *see*  
13 *also* Docket No 48 at 5 (granting plaintiff’s motion to compel MetLife to produce documents re quality  
14 control). Plaintiff argues that because MetLife has produced nothing in response to this Court’s order  
15 granting plaintiff’s motion to compel (MetLife asserted no responsive documents existed), MetLife has  
16 failed to show it maintains reasonable claim procedures. Motion at 6 (citing *Montour v. Hartford Life*  
17 *& Accident Ins. Co.*, 588 F.3d 623, 634 (9th Cir. 2009)). However, there is nothing in the administrative  
18 record itself that discloses that plaintiff did not receive a fair review or that MetLife otherwise maintains  
19 unreasonable claims procedures. *But see Montour*, 588 F.3d at 633-35 (fact that defendant failed to  
20 present extrinsic evidence regarding efforts to ensure an accurate claims process, where significant  
21 evidence in the record established bias in that process, was factor against deference to administrator’s

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22  
23 <sup>8</sup> Relatedly, plaintiff also asserts that MetLife’s failure to disclose under 29 C.F.R. §  
24 2560.503-1(m)(8) the Reed Review Guidelines relied on by Dr. Topper prevents MetLife from arguing  
25 that it has demonstrated that its claims procedures are fair. MetLife argues that the Guidelines are “not  
26 a MetLife document” and “not part of the administrative record” and thus did not need to be disclosed.  
27 The Court finds that the Guidelines are one document removed from what was in the administrative  
28 record. That is to say, MetLife considered the report of Doctor Topper (and, in fact, agreed with all of  
its conclusions), and Dr. Topper in turn relied on the Guidelines “to support [his] final opinion.” AR  
604. The Court suspects that Dr. Topper also relied on his medical training, including textbooks he read  
in medical school, and also perhaps treatises that he consulted while reviewing plaintiff’s case. Whether  
or not the regulations would consider the guidelines to be a “relevant” document that should have been  
disclosed, the Court is unwilling to find on the basis of MetLife’s decision not to disclose this document,  
that the claims *procedures* in this case failed to provide plaintiff with a full and fair review.

1 decision).<sup>9</sup>

2 The administrative record undisputedly shows that plaintiff filed an original claim (in August  
3 2005), but she failed to provide information necessary to substantiate her claim. Plaintiff sought to and  
4 MetLife allowed her to reopen her claim in August 2007, following her cervical fusion surgery. MetLife  
5 reviewed the claim and, after denying it, considered plaintiff's appeal. MetLife considered the 1,500  
6 pages of additional documents she submitted in support of her appeal and hired the three IPCs to review  
7 her claim. MetLife shared the IPC reports with plaintiff's physicians for their response, as well as her  
8 attorney, and concluded that plaintiff had been disabled by her mental condition but not disabled pursuant  
9 to a physical disability. The claim procedures implemented by MetLife in reviewing plaintiff's claim  
10 do not appear to be unreasonable.<sup>10</sup>

11  
12 **ii. Bias of Dr. Topper and Dr. Murphy**

13 In her reply, plaintiff raises the additional argument that MetLife abused its structural conflict by  
14 employing biased consultants, specifically Drs. Topper and Murphy. *See* Plaintiff's Reply at 12-16. The  
15 bias of these consultants is established, plaintiff argues, by the fact that in the 25 Dr. Topper reports  
16 produced by MetLife, Dr. Topper agreed with a treating physician that a claimant was disabled only once  
17 and Dr. Topper earns approximately \$500,000 a year from MetLife. Plaintiff's Reply at 14. For Dr.

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<sup>9</sup> Plaintiff also complains that MetLife has refused to produce the instructions it provides to its  
20 IPCs, despite being ordered by the Court to do so. *See* Reply at 13-14. Plaintiff argues that the Court  
21 should assume those standards are unreasonable and/or lead to biased decisions. *Id.* The Court did  
22 order MetLife to produce documents reflecting the standards to be applied by its reviewers in assessing  
23 specific disability claims. *See* July 14, 2010 Order at 3-4, Docket No. 48. MetLife admits it has not  
24 produced these documents, because the parties could not agree to a stipulated protective order. *See*  
25 MetLife Motion at 14, n.6. If MetLife was in violation of this Court's order due to its failure to disclose  
26 the documents and seek entry of a protective order, it was Plaintiff's burden to raise this issue to the  
27 Court (*e.g.*, through a formal request for issue preclusion sanctions, a Rule 56(f) motion, etc.). Plaintiff  
28 has failed to do so. The Court, therefore, will not assume the non-disclosed documents support plaintiff.

<sup>10</sup> Plaintiff challenges some of the decisions reached by the IPCs who reviewed plaintiff's  
records and discussed her claims with her treating physicians, arguing that the IPCs failed to adequately  
address the diagnoses of her treating physicians. *See, e.g.*, Motion at 21-23. However, these arguments  
go to the merits of the Court's review of the administrator's decision and do not establish that anyone  
at MetLife took an "advocacy" position or otherwise exhibited bias that would call into question the  
reasonableness of MetLife's review of plaintiff's claim. *But see Montour*, 588 F.3d at 634 (noting nurse  
working for administrator advocated for physicians to agree with administrator's decision to deny  
benefits).

1 Murphy, plaintiff argues that his bias is demonstrated because plaintiff estimates that Dr. Murphy earns  
2 almost \$400,000 annually from MetLife. *Id.*, at 15-16. With respect to the conclusions reached by Dr.  
3 Topper in his review of other claimants' files, MetLife disputes plaintiff's analysis and contends that Dr.  
4 Topper concluded in fifteen reports that claimants had no restrictions/limitations; eight reports showed  
5 restrictions/limitations but those would not preclude work; and two reports found claimants could not  
6 work. More fundamentally, MetLife argues there is nothing in these reports that shows bias, because  
7 each report is based on the specific facts and evidence of the individual case. In the absence of plaintiff's  
8 citation to case law or statutory support that would allow the Court to view *only* the statistics regarding  
9 Dr. Topper's conclusions in 25 reports, ignoring the facts underlying those reports, to reach a  
10 determination that his reports demonstrate bias, the Court agrees with defendants.

11 Moreover, the fact that plaintiff has assumed<sup>11</sup> that Doctors Topper and Murphy earn substantial  
12 amounts of money from MetLife annually for their review of MetLife claims, does not automatically  
13 establish bias. Plaintiff cites no ERISA benefits case on this point, much less a case where the fact that  
14 an IPC who reviewed a claimant's file earned significant income from the benefits administrator was  
15 sufficient by itself to establish bias. *Cf. Magera v. Lincoln Nat'l Life Ins. Co.*, 2009 U.S. Dist. LEXIS  
16 106440 (M.D. Pa. Nov. 16, 2009) (where reviewers received compensation regardless of the conclusion  
17 reached in their reports, possibility for any potential conflict in the review process was lowered). The  
18 Court recognizes that having significant and repeat business with one benefits administrator could – in  
19 conjunction with other evidence of structural bias in the process or actual bias in an individual case – call  
20 into question the neutrality of an IPC, but plaintiff has not made that showing here.

21 In sum, the Court will review the administrator's decision with skepticism in light of MetLife's  
22 structural conflict, but in the absence of evidence of inadequate claims procedures or a history of biased  
23 claim decisions, that conflict is given less weight.

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27 <sup>11</sup> Plaintiff takes the number of reports produced to her for a discrete period of time, as well as  
28 the amount charged by the doctors for completing specific reports, and extrapolates them to annualized  
figures. *See* Plaintiff's Reply at 14-15.

1 **II. Determination of Eligibility by MetLife**

2 According to the terms of the Plan, “Monthly Benefits are limited to 24 months during your  
3 lifetime if you are Disabled due to a Mental or Nervous Disorder or Disease, unless the Disability results  
4 from: . . . schizophrenia . . . bipolar disorder . . . dementia; or . . . organic brain disease.” AR 27.  
5 “Mental or Nervous Disorder or Disease” is defined as “a medical condition of sufficient severity to meet  
6 the diagnostic criteria established in the current Diagnostic And Statistical Manual of Mental Disorders  
7 [“DSM”].” *Id.*, 28. Plaintiff argues that: (1) the limitation is ambiguous, because it does not clearly  
8 specify how to address a disability that is only partly due to a mental or nervous disorder; (2) that the  
9 limitation cannot, therefore, be applied if the disability is only partly due to a mental or nervous disorder;  
10 and (3) therefore, that MetLife’s determination that her monthly benefits were limited to 24 months was  
11 arbitrary and capricious. She cites as her primary support a case in which the Ninth Circuit reversed a  
12 denial of benefits under the arbitrary and capricious standard because the term “mental disorders” was  
13 ambiguous. *Patterson v. Hughes Aircraft Co.*, 11 F.3d 948 (9th Cir. 1993). As such, the Court applied  
14 the doctrine of *contra proferentem* to construe the plan in favor of the insured, and remanded for a  
15 determination of whether the plaintiff’s physical condition (headaches) contributed to his disability, or  
16 was a cause or symptom of his depression, in either case entitling him to coverage notwithstanding the  
17 “mental disorder” limitation. *Id.*, at 950. Plaintiff also relies on *Schwartz v. Metro. Life Ins. Co.*, 463  
18 F. Supp. 2d 971, 985-86 (D. Ariz. 2006). There the Court found that the term “mental illness” was  
19 ambiguously defined as a “mental, emotional or nervous condition of any kind,” and since the Plan did  
20 not specify whether a condition classified as “mental” is determined by looking to the cause or to the  
21 symptoms, the Court construed the term in favor of the insured to cover a disability that arguably resulted  
22 from the combined impact of physical and mental conditions. *Id.*

23 MetLife argues that *Patterson* and *Schwartz* are inapposite here because the term “Mental or  
24 Nervous Disorder or Disease” is expressly defined as a condition sufficient to meet the diagnostic criteria  
25 in the DSM. AR 28. As such, MetLife argues that *contra proferentem* does not apply and its decision  
26 here – finding that plaintiff is only disabled in light of her mental condition and that benefits for that  
27 condition were limited to 24 months – should be upheld. *See Simonia v. Hartford Ins. Co.*, 606 F. Supp.  
28 2d 1091 (C.D. Cal. 2009) (finding “mental disorder” defined by DSM not ambiguous and refusing to

1 apply a *contra proferentem* analysis, even where plaintiff contended his mental disorder was caused by  
2 physical ailments); *affirmed by Simonia v. Glendale Nissan/Infiniti Disability Plan*, 378 Fed. Appx. 725  
3 (9th Cir. 2010).<sup>12</sup> Met Life also argues that *Patterson* is not relevant because in *Patterson* the plaintiff  
4 was disabled because of headaches—a physical condition—and the court was concerned by the  
5 determination that headaches caused by mental health problems clearly fall within the mental health  
6 limitation. Here, the disability *was* a mental health problem (depression) – which predated her physical  
7 conditions – and there was no testimony that her physical conditions were disabling in and of  
8 themselves.<sup>13</sup>

9 The Court agrees with MetLife and finds *Patterson* and *Schwartz* distinguishable because the Plan  
10 here provides a precise definition of what constitutes a mental disease or condition. AR 28. Plaintiff’s  
11 attempt to avoid this result by arguing that her disabling condition is the result of the combined impact  
12 of her mental and physical conditions is, therefore, unavailing. On this point, plaintiff also rests a great  
13 deal of weight on the fact that Dr. Kirkjian diagnosed plaintiff as having “mood disorder with mixed  
14 features of depression and anxiety secondary to cumulative medical condition, code 283.93.” AR 633.  
15 Plaintiff argues that this DSM diagnosis demonstrates that Ms. Lee’s depression was exacerbated by her  
16 chronic pain. Plaintiff’s Motion at 20. However, the fact that Ms. Lee was diagnosed with a mental  
17 disorder under the DSM standards simply serves to bring that diagnosis within the express terms of the  
18 Plan’s mental disease exclusion.

19 Finally, reviewing the evidence in the administrative record under the somewhat skeptical abuse  
20 of discretion standard required, the Court finds that MetLife’s determination should be upheld. As noted  
21 above, MetLife had ample evidence – from plaintiff’s treating physicians and the IPCs – to conclude she  
22

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23 <sup>12</sup> Plaintiff also cites to *Schwartz* where the Court, in conducting a *de novo* review, relied on the  
24 testimony of a MetLife employee that a mental condition limitation in the plan at issue was not applied  
25 to claimants who were disabled by both mental and physical conditions, though neither alone is  
26 disabling. *Id.*, at 985. This discussion is inapposite not only because of the abuse of discretion review  
in this case, but also as the mental condition limitation at issue in *Schwartz* is not similar to the one at  
issue here. *See id.*, at 973-74.

27 <sup>13</sup> Plaintiff repeatedly asserts that her physical symptoms, such as chronic pain and post-  
28 concussive syndrome “both operate to impair her independently of her depression.” Plaintiff’s Motion  
at 10. However, plaintiff cites no evidence in the AR to support that contention or, more importantly,  
demonstrate that plaintiff was unable to work because of her physical symptoms.

1 was disabled and unable to work as a result of her mental condition. Plaintiff does not dispute that she  
2 was thereby entitled to the 24 months of LTD benefits that MetLife paid her. MetLife also was acting  
3 reasonably within its discretion in concluding that plaintiff’s physical limitations were not so disabling  
4 that they prevented plaintiff from working in “any occupation.” While the record has substantial  
5 evidence that plaintiff suffered from significant physical ailments following her 2004 accidents, including  
6 headaches, post-concussive syndrome and cervical pain which led to her April 2007 surgery (assuming  
7 the necessity of that operation was related to the injuries she sustained in 2004) – there is no evidence,  
8 even from plaintiff’s own treating physicians, that she was disabled and unable to work given those  
9 physical ailments. *See* AR502-03 (treating physician Kurkjian noted in November 2008 that plaintiff’s  
10 inability to work on consistent basis was “a result of the widely recognized symptoms of depression.”).  
11 The closest plaintiff comes to evidence of physical conditions causing her to be unable to work is the  
12 December 10, 2008 opinion of Dr. Behravan which notes that while plaintiff suffers from depression  
13 “equally important factors keeping Ms. Lee from work are the combination of her chronic pain syndrome  
14 and headaches and [mild] post-concussion syndrome.” AR 488-89. The doctor asserts that these  
15 conditions provide plaintiff with “some” unspecified restrictions on her ability to work, and that her  
16 depression provides her with “additional restrictions.” AR 489. This, however, does not establish that  
17 plaintiff could not work because of her physical conditions.

18 Viewing the decision under the somewhat skeptical abuse of discretion standard, the Court finds  
19 sufficient evidence to uphold MetLife’s decision to limit plaintiff’s benefits to 24 months under the  
20 mental impairment limitation and its conclusion that plaintiff is not unable to work as a result of her  
21 physical conditions.

22  
23 **III. Summary Judgment on MetLife’s Counterclaim**

24 MetLife also moves for summary judgment, arguing that it is entitled to reimbursement for  
25 overpayments in the amount of \$9,015.09 to offset workers compensation benefits paid during the same  
26 period. AR 283–84. Plaintiff opposes judgment on the counterclaim, arguing and submitting evidence  
27 in the form of a MetLife “explanation of benefits letter” that MetLife already reduced the amount of  
28 benefits it paid plaintiff in light of the workers compensation payments. *See* Declaration of Pamela Lee



1 & Ex. 1 (Docket No. 71).<sup>14</sup>


2 The Court finds there is a disputed issue of material fact on MetLife's counterclaim precluding  
3 summary judgment.<sup>15</sup> The April 23, 2009 MetLife letter in the administrative record does not adequately  
4 explain how the additional overpayment amount was calculated. See AR 283-84. The April 7, 2009  
5 letter received by Ms. Lee, in contrast, explains the figures MetLife calculated for her "monthly benefit  
6 amount," "gross payment," the "excess workers comp" adjustment, and the "net payment." Without  
7 additional information from MetLife to support its counterclaim, e.g., a declaration explaining why  
8 additional deductions were necessary and how those deductions were calculated, summary judgment is  
9 not appropriate.

10  
11 **CONCLUSION**

12 For the foregoing reasons and for good cause shown, the Court hereby GRANTS in part  
13 defendant and real party in interest's motion for summary judgment and DENIES plaintiff's cross-motion  
14 for summary judgment.

15  
16 **IT IS SO ORDERED.**

17 Dated: September 19, 2011

18   
19 \_\_\_\_\_  
20 SUSAN ILLSTON  
21 United States District Judge

22  
23  
24 \_\_\_\_\_  
25 <sup>14</sup> MetLife objects to plaintiff's declaration and her exhibit on the grounds that Ms. Lee is not  
26 competent to testify about how MetLife calculates monthly benefits and she cannot authenticate the  
27 document. The Court OVERRULES MetLife's objection.

28 <sup>15</sup> Neither party addresses the standard of review the Court should apply to this aspect of  
MetLife's determination. To the extent abuse of discretion applies, the Court finds that the  
administrator's decision is not reasonably supported by the administrative record, as Ms. Lee was not  
provided with an adequate explanation of how MetLife decided to further reduce her award to  
compensate for alleged overpayments.