

EXHIBIT H

all available plans

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Based on the information you gave us, these are all the plans available to you.

Choose up to three plans for a detailed comparison.

sort by: price deductible copayment max.

\$162	Shield Savings 5200 (HSA Compatible Plan)				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$5,200	\$5,200	Generic & Brand	\$0 after ded
\$162	Vital Shield 2900				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,900	\$5,900	Generic only	\$40 (first 2)
\$177	Shield Savings 3500 (HSA Compatible Plan)				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$3,500	\$5,000	Generic & Brand	\$0 after ded
\$192	Vital Shield 900				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$900	\$4,900	Generic only	\$40 (first 2)
\$196	Vital Shield Plus 2900 Generic Rx				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,900	\$4,900	Generic only	\$30 (first 5)
\$226	Vital Shield Plus 900 Generic Rx				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$900	\$3,900	Generic only	\$30 (first 5)
\$226	Shield Savings 4000 (HSA Compatible Plan)				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$4,000	\$4,000	Generic & Brand	\$0 after ded
\$248	Vital Shield Plus 2900				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,900	\$4,900	Generic & Brand	\$30 (first 5)
\$251	Shield Spectrum PPO Plan 5000				

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$5,000	\$7,000	Generic & Brand	\$35 after ded

\$255 Balance Plan 2500

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,500	\$7,500	Generic & Brand	\$30

\$265 Vital Shield Plus 400 Generic Rx

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$400	\$2,900	Generic only	\$30 (first 5)

\$266 Shield Savings 1800 (HSA Compatible Plan)

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$1,800	\$5,800	Generic & Brand	\$35 after ded

\$275 Essential Plan 4500

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$4,500	\$4,500	Generic only	\$40 (first 3)

\$284 Vital Shield Plus 900

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$900	\$3,900	Generic & Brand	\$30 (first 5)

\$330 Vital Shield Plus 400

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$400	\$2,900	Generic & Brand	\$30 (first 5)

\$330 Active Start Plan 35 Generic Rx

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$0	\$7,500	Generic only	\$35

\$335 Essential Plan 3000

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$3,000	\$3,000	Generic only	\$40 (first 3)

\$340 Balance Plan 1700

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$1,700	\$6,500	Generic & Brand	\$30

\$352 Balance Plan 1000

	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>

	PPO	\$1,000	\$5,500	Generic & Brand	\$30
\$367	Essential Plan 1750				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$1,750	\$1,750	Generic only	\$40 (first 3)
\$379	Shield Savings 2400 (HSA Compatible Plan)				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,400	\$4,000	Generic & Brand	\$35 after ded
\$418	Active Start Plan 35				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$0	\$7,500	Generic & Brand	\$35
\$429	Shield Spectrum PPO Plan 2000				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$2,000	\$7,000	Generic & Brand	\$45
\$448	Active Start Plan 25 Generic Rx				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$0	\$6,000	Generic only	\$25
\$506	Active Start Plan 25				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$0	\$6,000	Generic & Brand	\$25
\$638	Shield Spectrum PPO Plan 1500				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$1,500	\$6,000	Generic & Brand	\$40
\$681	Shield Spectrum PPO Plan 750				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	PPO	\$750	\$4,750	Generic & Brand	\$35
\$725	Access+ Value HMO				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	HMO	\$2,000	\$4,000	Generic & Brand	\$35
\$917	Access+ HMO				
	<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
	HMO	\$2,000	\$3,000	Generic & Brand	\$20
	Shield Spectrum PPO Plan 500				

\$970

<u>Plan type</u>	<u>Deductible</u>	<u>Copayment max.</u>	<u>Prescriptions</u>	<u>Office visits</u>
PPO	\$500	\$4,000	Generic & Brand	\$30

This information is intended as a brief comparison of some of the benefits of the various Blue Shield plans and shows copay/coinsurance amounts you will pay for services received from preferred providers only. You should review the Combined Summary of Benefits or the Evidence of Coverage/Certificate of Insurance and Plan Contract/Policy for a more complete description of the benefits, terms and conditions and limitations of the health plans.

Rates shown are Blue Shield's "Tier 1" rates, and are offered to individuals and families in good health. Other rates may apply depending on underwriting determination. Rates are subject to change.

Active Start Plans, Balance Plans, Essential Plans, Vital Shield Plans, Vital Shield Plus Plans, Shield Spectrum PPO 5000, Shield Savings Plan 1800/3500/3600/4000/5200/8000 are underwritten by Blue Shield of California Life & Health Insurance Company (Blue Shield Life).