

Do you need help representing yourself in a federal court case?



Legal Help Center

450 Golden Gate Avenue, 15th Floor, Room 2796
San Francisco, CA 94102

If you are representing yourself (or are thinking about filing a case) in the San Francisco or Oakland divisions of the United States District Court for the Northern District of California, you may speak with a lawyer at the Legal Help Center. **There is no fee for this service.** The lawyer can give you:

- information and help you understand the federal court processes and procedures that you need to follow;
- explanations of court orders and other paperwork;
- answers to your legal questions; and
- referrals to appropriate legal, social, and government services.

Help is provided **by appointment only**. To make an appointment please call (415) 782-9000, extension 8657.

If you do not speak English or have difficulty with English, please bring someone to your appointment who can translate for you. We can not provide a translator.

If you seek help from the Center, you will still represent yourself. The lawyer at the Center can not be your lawyer.

To obtain Legal Help Center forms, court forms and other information, please visit the court's web page for people representing themselves in federal court:

<https://ecf.cand.uscourts.gov/cand/ProSe/home.htm>