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NOT FOR CITATION  
IN THE UNITED STATES DISTRICT COURT  
FOR THE NORTHERN DISTRICT OF CALIFORNIA

ANDREW E. ARMSTRONG,	)	No. C 07-00680 JF (PR)
	)	
Plaintiff,	)	ORDER GRANTING MOTION FOR
	)	SUMMARY JUDGMENT
vs.	)	
	)	
TIMOTHY FRIEDERICHS, et al.,	)	
	)	
Defendants.	)	(Docket No. 33)

Plaintiff, a California prisoner proceeding pro se, filed the instant civil rights action pursuant to 42 U.S.C. § 1983 against Correctional Training Facility personnel. The Court found cognizable Plaintiff’s claims that Defendants violated his Eighth Amendment rights by: (1) acting with deliberate indifference to his safety based upon the existing prison conditions; and (2) acting with deliberate indifference to his serious medical needs, and ordered service on Defendants B. Curry, Dr .T. Friederichs and Dr. H. Aung. On September 22, 2009, the Court granted Defendant Curry’s motion to dismiss claim 1, and set a briefing schedule for the remaining medical claims against Defendants Friederichs and Aung. Defendants filed a motion for summary judgment on the grounds that there is no genuine issue as to any material fact, and in the alternative, that they are

1 entitled to qualified immunity. (Docket No. 33.) Plaintiff filed opposition to Defendants'  
2 summary judgment motion, and Defendants filed a reply. After reviewing the complaint  
3 and all submitted papers, the Court concludes that Defendants are entitled to summary  
4 judgment and will GRANT Defendants' motion.

## 6 DISCUSSION

### 7 I. Standard of Review

8 Summary judgment is proper where the pleadings, discovery and affidavits show  
9 that there is 'no genuine issue as to any material fact and [that] the moving party is  
10 entitled to judgment as a matter of law.' Fed. R. Civ. P. 56(c). A court will grant  
11 summary judgment "against a party who fails to make a showing sufficient to establish  
12 the existence of an element essential to that party's case, and on which that party will bear  
13 the burden of proof at trial . . . since a complete failure of proof concerning an essential  
14 element of the nonmoving party's case necessarily renders all other facts immaterial."  
15 Celotex Corp. v. Catrett, 477 U.S. 317, 322-23 (1986). A fact is material if it might affect  
16 the outcome of the lawsuit under governing law, and a dispute about such a material fact  
17 is genuine "if the evidence is such that a reasonable jury could return a verdict for the  
18 nonmoving party." Anderson v. Liberty Lobby, Inc., 477 U.S. 242, 248 (1986).

19 Generally, the moving party bears the initial burden of identifying those portions  
20 of the record which demonstrate the absence of a genuine issue of material fact. See  
21 Celotex Corp., 477 U.S. at 323. Where the moving party will have the burden of proof on  
22 an issue at trial, it must affirmatively demonstrate that no reasonable trier of fact could  
23 find other than for the moving party. But on an issue for which the opposing party will  
24 have the burden of proof at trial, the moving party need only point out "that there is an  
25 absence of evidence to support the nonmoving party's case." Id. at 325. If the evidence  
26 in opposition to the motion is merely colorable, or is not significantly probative, summary  
27 judgment may be granted. See Liberty Lobby, 477 U.S. at 249-50.

28 The burden then shifts to the nonmoving party to "go beyond the pleadings and by

1 her own affidavits, or by the ‘depositions, answers to interrogatories, and admissions on  
2 file,’ designate ‘specific facts showing that there is a genuine issue for trial.’” Celotex  
3 Corp., 477 U.S. at 324 (citations omitted). If the nonmoving party fails to make this  
4 showing, “the moving party is entitled to judgment as a matter of law.” Id. at 323.

5 The court’s function on a summary judgment motion is not to make credibility  
6 determinations or weigh conflicting evidence with respect to a disputed material fact. See  
7 T.W. Elec. Serv., Inc. v. Pacific Elec. Contractors Ass’n, 809 F.2d 626, 630 (9th Cir.  
8 1987). The evidence must be viewed in the light most favorable to the nonmoving party,  
9 and the inferences to be drawn from the facts must be viewed in a light most favorable to  
10 the nonmoving party. See id. at 631. It is not the task of the district court to scour the  
11 record in search of a genuine issue of triable fact. Keenan v. Allan, 91 F.3d 1275, 1279  
12 (9th Cir. 1996). The nonmoving party has the burden of identifying with reasonable  
13 particularity the evidence that precludes summary judgment. Id. If the nonmoving party  
14 fails to do so, the district court may grant summary judgment in favor of the moving  
15 party. See id.; see, e.g., Carmen v. San Francisco Unified Sch. Dist., 237 F.3d 1026,  
16 1028-29 (9th Cir. 2001).

## 17 **II. Legal Claims and Analysis**

18 Plaintiff alleges that he suffered a slip and fall in the shower on October 14, 2005,  
19 which rendered him unconscious for a few minutes and resulted in injuries to his head,  
20 neck and back. (Compl. 3.) Plaintiff claims that he was not seen by a doctor until several  
21 months later. (Id. at 4.) When he did finally see a doctor, Plaintiff alleges that Defendant  
22 Friederichs merely examined his back, touched his chest twice, and then concluded that  
23 Plaintiff was “alright.” (Id.) Plaintiff claims that because he was still experiencing pain  
24 and dizziness due to the fall, he therefore requested an MRI and to be seen by an outside  
25 specialist. However, Defendant Friederichs denied the request for an MRI, diagnosing  
26 that the symptoms were possibly due to scoliosis, and instead ordered X-rays. (Id.)  
27 Plaintiff alleges that he was later interviewed by Defendant Dr. Aung on January 23,  
28 2006, who after a “look and a touch” stated that Plaintiff was “fine.” (Id.) Plaintiff

1 alleges that when he told Defendant Aung that he was experiencing a “shock” feeling  
2 throughout his entire body, Defendant Aung “acknowledged that this was due to the  
3 severity of the fall but, [] did not want to hear, nor was he concern[ed] with any of  
4 [Plaintiff’s] ailments.” (Id.) Plaintiff alleges that Defendant Aung stated that he would  
5 only address the X-ray requests. (Id.) Plaintiff claims that his medical condition has  
6 deteriorated to the point where he is in constant pain and that he still experiences  
7 “shocks” throughout his body while nothing has been done to remedy the problem. (Id. at  
8 5.) The Court found that Plaintiff’s allegations, liberally construed, stated cognizable  
9 claims that Defendants violated his Eighth Amendment rights by acting with deliberate  
10 indifference to his serious medical needs.

11 Deliberate indifference to serious medical needs violates the Eighth Amendment’s  
12 proscription against cruel and unusual punishment. See Estelle v. Gamble, 429 U.S. 97,  
13 104 (1976); McGuckin v. Smith, 974 F.2d 1050, 1059 (9th Cir. 1992), overruled on other  
14 grounds, WMX Technologies, Inc. v. Miller, 104 F.3d 1133, 1136 (9th Cir. 1997) (en  
15 banc); Jones v. Johnson, 781 F.2d 769, 771 (9th Cir. 1986). A determination of  
16 “deliberate indifference” involves an examination of two elements: the seriousness of the  
17 prisoner’s medical need and the nature of the defendant’s response to that need. See  
18 McGuckin, 974 F.2d at 1059.

19 A “serious” medical need exists if the failure to treat a prisoner’s condition could  
20 result in further significant injury or the “unnecessary and wanton infliction of pain.”  
21 McGuckin, 974 F.2d at 1059 (citing Estelle, 429 U.S. at 104). The existence of an injury  
22 that a reasonable doctor or patient would find important and worthy of comment or  
23 treatment; the presence of a medical condition that significantly affects an individual’s  
24 daily activities; or the existence of chronic and substantial pain are examples of  
25 indications that a prisoner has a “serious” need for medical treatment. Id. at 1059-60  
26 (citing Wood v. Housewright, 900 F.2d 1332, 1337-41 (9th Cir. 1990)).

27 A prison official is deliberately indifferent if he knows that a prisoner faces a  
28 substantial risk of serious harm and disregards that risk by failing to take reasonable steps

1 to abate it. Farmer v. Brennan, 511 U.S. 825, 837 (1994). The prison official must not  
2 only “be aware of facts from which the inference could be drawn that a substantial risk of  
3 serious harm exists,” but he “must also draw the inference.” Id. If a prison official  
4 should have been aware of the risk, but was not, then the official has not violated the  
5 Eighth Amendment, no matter how severe the risk. Gibson v. County of Washoe, 290  
6 F.3d 1175, 1188 (9th Cir. 2002).

7 In order for deliberate indifference to be established, therefore, there must be a  
8 purposeful act or failure to act on the part of the defendant and resulting harm. See  
9 McGuckin, 974 F.2d at 1060; Shapley v. Nevada Bd. of State Prison Comm'rs, 766 F.2d  
10 404, 407 (9th Cir. 1985). A finding that the defendant's activities resulted in “substantial”  
11 harm to the prisoner is not necessary, however. Neither a finding that a defendant's  
12 actions are egregious nor that they resulted in significant injury to a prisoner is required to  
13 establish a violation of the prisoner's federal constitutional rights, McGuckin, 974 F.2d at  
14 1060, 1061 (citing Hudson v. McMillian, 503 U.S. 1, 7-10 (1992) (rejecting “significant  
15 injury” requirement and noting that Constitution is violated “whether or not significant  
16 injury is evident”)), but the existence of serious harm tends to support an inmate’s  
17 deliberate indifference claims, Jett v. Penner, 439 F.3d 1091, 1096 (9th Cir. 2006) (citing  
18 McGuckin, 974 at 1060).

19 A claim of medical malpractice or negligence is insufficient to make out a  
20 violation of the Eighth Amendment. See Toguchi v. Chung, 391 F.3d 1051, 1060-61 (9th  
21 Cir. 2004); Hallett v. Morgan, 296 F.3d 732, 744 (9th Cir. 2002); Franklin v. Oregon,  
22 662 F.2d 1337, 1344 (9th Cir. 1981); see, e.g., Frost v. Agnos, 152 F.3d 1124, 1130 (9th  
23 Cir. 1998) (finding no merit in claims stemming from alleged delays in administering pain  
24 medication, treating broken nose and providing replacement crutch, because claims did  
25 not amount to more than negligence); McGuckin, 974 F.2d at 1059 (mere negligence in  
26 diagnosing or treating a medical condition, without more, does not violate a prisoner’s 8th  
27 Amendment rights); O’Loughlin v. Doe, 920 F.2d 614, 617 (9th Cir. 1990) (repeatedly  
28 failing to satisfy requests for aspirins and antacids to alleviate headaches, nausea and

1 pains is not constitutional violation; isolated occurrences of neglect may constitute  
2 grounds for medical malpractice but do not rise to level of unnecessary and wanton  
3 infliction of pain); Anthony v. Dowdle, 853 F.2d 741, 743 (9th Cir. 1988) (no more than  
4 negligence stated where prison warden and work supervisor failed to provide prompt and  
5 sufficient medical care).

6 1. Claim against Defendant Dr. T. Friederichs

7 The following facts are not in dispute unless otherwise indicated. Plaintiff's claim  
8 against Defendant Friederichs is based solely on the medical examination that took place  
9 on December 1, 2005. (Compl. 4; Pl.'s Depo. 53:24-25, 54:1-4) (Docket No. 36).

10 According to Plaintiff's medical records, he fell and hit his head in the prison showers on  
11 October 14, 2005. (Friederichs Decl. at 2; Attach. MR 071.) Plaintiff submitted a written  
12 request three days later to the CTF medical clinic, stating that since his fall in the shower,  
13 he was experiencing "bad headaches," that his neck and back were very sore, and that his  
14 chest was "sensitive to the touch." (Id.) The medical staff responded to what they  
15 assessed to be a non-emergency situation by scheduling a doctor's appointment for  
16 Plaintiff on the next available date, which was December 1, 2005. (Id. at 3.)

17 On December 1, 2005, the medical staff weighed Plaintiff and recorded the  
18 following four vital signs: 1) body temperature, 2) pulse rate, 3) respiration rate, and 4)  
19 blood pressure. (Id.; Attach. MR 071.) The results were found to be normal for someone  
20 of Plaintiff's size and age. (Id.) Then Plaintiff was examined by Defendant Dr.  
21 Friederichs, who was a staff physician and surgeon at CTF since 1998. (Friederichs Decl.  
22 at 2.) Defendant Friederichs has been board certified in family medicine by the American  
23 Board of Family Medicine since 1979, and has examined and treated thousands of  
24 patients with head-related injuries, back and neck problems, neurological deficiencies,  
25 muscle strain, headaches, pains and soreness, among other things. (Id.) When he saw  
26 Plaintiff on December 1, 2005, Defendant Friederichs applied and recorded the  
27 examination under the "SOAP" format used by medical professionals to record the  
28 following: subjective observations, objective observations, an assessment (diagnosis), and

1 a treatment plan. (Id. at 3.) Defendant Friederichs' subjective observation notes  
2 indicated that Plaintiff informed him that he had lost consciousness for one or two  
3 minutes in October 2005, when he fell and hit his head in the showers, and that he had  
4 headaches and back pain. (Id.; Attach. MR 072.) Plaintiff's subjective statements were  
5 clinically significant because the first twenty-four hours after a head injury or loss of  
6 consciousness are the most critical time period. (Id. at 4.) A patient who was  
7 unconscious for more than two minutes would typically be admitted to a hospital for a 24-  
8 hour observation period, and if necessary, a CT scan. (Id.) In Plaintiff's case, it does not  
9 appear that he was unconscious long enough to warrant hospitalization.

10 Although Plaintiff claims that he complained of dizziness as well as pain from the  
11 incident, (Compl. 4), no other subjective observations were noted during the examination,  
12 such as interference with memory, judgment, reflexes, speech, balance and coordination,  
13 to indicate to Defendant Friederichs that Plaintiff was suffering from a serious head  
14 injury. Rather, Defendant Friederichs noted that Plaintiff's neurological system was  
15 "intact," which means generally that Plaintiff's cognitive and motor skills were  
16 functioning fine. (Friederichs Decl. at 4.) Defendant Friederichs states that since he  
17 examined Plaintiff almost seven weeks after the purported head injury, any head  
18 concussion would have "undoubtedly resolved itself." (Id.) Furthermore, Plaintiff  
19 displayed none of the symptoms during the examination to indicate that he was still  
20 suffering a concussion, such as interference with memory, judgment, reflexes, speech,  
21 balance and coordination. (Id.)

22 Defendant Friederichs states that in light of Plaintiff's statements and the passage  
23 of time since the purported head injury, he would have looked for objective symptoms  
24 consistent with a delayed subdural hematoma, a blood clot that forms between the skull  
25 and the brain, such as bruises around eyes and ears. (Id.) Depending on the severity of  
26 the injury, patients may also experience the following symptoms: confusion, loss of  
27 consciousness, blurred vision, severe headaches, vomiting, memory loss, slurred speech,  
28 difficulty walking, weakness or loss of sensation on one half of the body, seizures, change

1 in skin color, behavioral changes, and blood or clear fluid draining from the ears o nose,  
2 among others. (Id.) In Plaintiff’s case, Defendant Friederichs found that there were not  
3 enough symptoms to diagnose subdural hematoma or any other serious head injury, which  
4 would have warranted a referral to a specialist or the local hospital for further evaluation  
5 and testing. (Id. at 5.)

6 In response to Plaintiff’s complaints of soreness and based on his description,  
7 Defendant Friederichs examined Plaintiff’s back and chest and diagnosed him with  
8 having “neck (right trapezius) and back (right latissimus dorsi) muscle strain.” (Id.;  
9 Attach. MR 066.) Defendant Friederichs also observed a prominent right rib hump on  
10 Plaintiff’s back, which indicated scoliosis (curvature of the spine). (Id.; Attach. MR 072.)  
11 Defendant Friederichs noted “possible scoliosis” in his notes for the medical staff to  
12 monitor the condition at future medical appointments, and ordered X-rays of Plaintiff’s  
13 chest and spine to confirm his preliminary diagnosis and to uncover any hidden problems.  
14 (Id.; Attach. MR 066.) The X-ray results for Plaintiff’s upper (thoracic) and lower  
15 (lumbar) back regions and neck (cervical) came back normal. The only abnormality was  
16 in certain areas of Plaintiff’s neck spine, *i.e.*, the C3-4, C4-5 area, which showed  
17 “spondylosis with diminished disc height and spurring.”<sup>1</sup> (Id. at 6; Attach. MR 222.)

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19 <sup>1</sup> Defendant Friederichs describes the nature of spondylosis and treatment in his  
20 declaration, which Plaintiff does not dispute: “Cervical spondylosis is a common  
21 degenerative condition that is generally referred to as age-related wear and tear affecting  
22 the joints in a person’s neck. Aging causes the bones and cartilage in the backbone and  
23 neck region to gradually deteriorate and sometimes form bone spurs (irregular bony  
24 outgrowths). These changes occur in everyone’s spine. Patients with cervical spondylosis  
25 may sometimes experience, among other things, stiffness, pain, unsteady gait, abnormal  
26 reflexes, and tingly or pinprick sensations (sometimes described as “shocks”) in their  
27 hands and legs, which are caused by nerve compression and lack of blood flow. Still,  
28 many people with signs of cervical spondylosis on X-rays manage to escape the  
associated symptoms. Treatment for spondylosis is usually conservative in nature and  
commonly treated by nonsteroidal anti-inflammatory drugs (e.g., ibuprofen), physical  
modalities (e.g., therapeutic interventions that use physical methods like heat, cold,  
massage, or exercise to relieve pain), and lifestyle modifications (e.g., avoid high-impact  
or strenuous activities).” (Friederichs Decl. at 6.)



1 Plaintiff's X-rays also confirmed Defendant Friederichs' preliminary scoliosis diagnosis,  
2 although in a moderate state. (Id.; Attach. MR 220.) According to Defendant  
3 Friederichs, the cause of scoliosis is relatively unknown, and in most cases does not cause  
4 back pain. (Id. at 6.) Based on his training and experience, Defendant Friederichs did not  
5 believe that the fall in the shower caused the moderate scoliosis in Plaintiff's case. (Id.)  
6 Defendant Friederichs informed Plaintiff about the nature of scoliosis and the need for  
7 future monitoring. He also prescribed 600 mg of Motrin (ibuprofen) for thirty days for  
8 Plaintiff's complaints of pain, soreness and tenderness. (Id. at 6-7.)

9 Defendant Friederichs argues that he did not exhibit deliberate indifference to  
10 Plaintiff's medical needs, let alone a serious one, during the December 1, 2005  
11 examination, and is entitled to judgment as a matter of law. (Defs.' Mot. at 18.) In  
12 support of the motion for summary judgment, Defendant Friederichs has submitted a  
13 personal declaration and copies of Plaintiff's medical records documenting the medical  
14 treatment Plaintiff received from Defendant Friederichs on December 1, 2005. Plaintiff  
15 does not dispute the evidence contained in the medical records provided by Defendant.  
16 Rather, Plaintiff's sole complaint is that Defendant Friederichs denied his requests for an  
17 MRI and a referral to an outside specialist. (Compl. 4.) However, Defendant Friederichs  
18 asserts that he had no concrete reason to recommend an MRI because Plaintiff presented  
19 no neurological deficiencies or other symptoms not adequately covered by the physical  
20 examination and the X-rays. (Friederichs Decl. at 7.) In opposition, Plaintiff merely  
21 repeats his claims from the complaint and asserts that Defendant Friederichs denied his  
22 requests for an MRI and an outside specialist and "would only set an appointment for x-  
23 rays." (Oppo. at 5.)

24 It is clear that the facts alleged by Plaintiff, if true, do not amount to deliberate  
25 indifference to serious medical needs by Defendant Friederichs. As discussed above, the  
26 medical records submitted by Defendant Friederichs show that Defendant Friederichs  
27 examined Plaintiff as scheduled on December 1, 2005, to treat the pains he complained  
28 of, *i.e.*, headaches, neck and back pains, and chest soreness. See supra at 6-8. Defendant

1 Friederichs was able to reasonably rule out a concussion and subdural hematoma based  
2 on subjective and objective observations. Id. at 6-7. Defendant Friederichs addressed  
3 Plaintiff's complaints regarding his back and chest pains and ordered X-rays, which  
4 confirmed that Plaintiff was suffering from spondylosis, a common degenerative  
5 condition that is generally referred to as age-related wear and tear affecting the neck  
6 joints, and moderate scoliosis. Id. at 7. Furthermore, Defendant Friederichs prescribed  
7 medication for Plaintiff's complaints of pain, soreness and tenderness and did not  
8 disregard them. Id. at 8. Rather, Plaintiff's claim that Defendant Friederichs denied his  
9 request for an MRI and a referral to an outside specialist states a difference in opinion in  
10 the treatment he received. However, "[a] difference of opinion between a prisoner-patient  
11 and prison medical authorities regarding treatment does not give rise to a § 1983 claim."  
12 Franklin v. Oregon, 662 F.2d 1337, 1344 (9th Cir. 1981). Similarly, a showing of nothing  
13 more than a difference of medical opinion as to the need to pursue one course of  
14 treatment over another is insufficient, as a matter of law, to establish deliberate  
15 indifference, see Toguchi, 391 F.3d at 1058, 1059-60; Sanchez v. Vild, 891 F.2d 240, 242  
16 (9th Cir. 1989); Mayfield v. Craven, 433 F.2d 873, 874 (9th Cir. 1970). Furthermore,  
17 there is no indication that Defendant Friederichs knew that Plaintiff faced a substantial  
18 risk of serious harm and disregarded that risk by failing to take reasonable steps to abate  
19 it. See Farmer, 511 U.S. at 837. Or, put differently, there is no indication that the course  
20 of treatment Defendant Friederichs chose was medically unacceptable under the  
21 circumstances and that he chose this course in conscious disregard of an excessive risk to  
22 Plaintiff's health. See Toguchi, 391 F3d at 1058; Jackson 90 F3d at 332. The fact that  
23 Plaintiff was able to play basketball just a day after the examination, and continued  
24 thereafter to do so on a regular basis, (Pl.'s Depo. 8:19-25, 9:1-13), indicates that he was  
25 not in a concussive state or suffering a damaged neurological system which Defendant  
26 Friederichs failed to treat. In opposition, Plaintiff has failed, by "go[ing] beyond the  
27 pleadings and by [his] own affidavits, or by the 'depositions, answers to interrogatories,  
28 and admissions on file,'" to "designate 'specific facts to show that there is a genuine issue

1 for trial” with respect to his medical claim against Defendant Friederichs. Celotex Corp.,  
2 477 U.S. at 324. Accordingly, Defendant Friederichs is entitled to summary judgment on  
3 this claim. Id. at 323.

4 2. Claim against Defendant Dr. Aung

5 The following facts are not in dispute unless otherwise indicated. Plaintiff’s claim  
6 against Defendant Aung is based solely on the medical examination that occurred on  
7 January 23, 2006. (Compl. 4-5; Pl.’s Depo. 32:1-15.) On December 26, 2005, Plaintiff  
8 requested to know the results of the X-rays from Dr. Friederichs’ examination, and  
9 complained of sharp pain in his upper back and a stiff neck. (Aung Decl. at 2; Attach.  
10 MR 151, 219-22.) The medical staff scheduled an appointment for January 23, 2006. (Id.  
11 at 3; Attach. MR 067.)

12 On January 23, 2006, the staff weighed Plaintiff and monitored his body  
13 temperature, pulse rate, respiration rate and blood pressure. (Id.) The results were found  
14 to be normal for someone of Plaintiff’s size and age. (Id.) Then Plaintiff was examined  
15 at the CTF’s satellite medical clinic, North Unit, by Defendant Dr. Aung, who was a staff  
16 physician and surgeon at CTF at the time. (Id. at 2-3; Attach. MR 067-68.) Prior to his  
17 retirement from CTF in 2009, Defendant Aung had practiced medicine for almost twenty  
18 years, and examined and treated thousands of patients with head-related injuries, back and  
19 neck problems; neurological deficiencies; muscle strain; headaches; pains and soreness,  
20 among other things. (Id. at 2.) At the start of the examination, Defendant Aung informed  
21 Plaintiff that his X-ray report was not in his medical chart. (Id. at 3.) To avoid any delay  
22 in Plaintiff’s diagnosis and treatment by rescheduling the visit, Defendant Aung called the  
23 radiology department at CTF’s central medical facility which faxed a copy of the X-ray  
24 report to him. (Id.) Defendant Aung discussed the findings with Plaintiff based on the X-  
25 ray reports, which showed moderate scoliosis and spondylosis as stated in Defendant  
26 Friederichs’ declaration. (Id.) Defendant Aung then proceeded with an examination  
27 based on the “SOAP” format, i.e., subjective, objective, assessment, and plan, which is  
28 identical to the steps followed by Defendant Friederichs. See supra at 6. Defendant

1 Aung states that Plaintiff informed him that: “1) he fell in the prison showers three to four  
2 months prior; 2) that he had back pain for an unspecified period of time (“months”); 3)  
3 that the pain site was the right shoulder-blade area; 4) that he had no weakness or  
4 numbness; and 5) that he was employed as a yard-crew member.” (Id.; Attach. MR 068.)  
5 Plaintiff claims in the complaint that he told Defendant Aung of a “shock” feeling that he  
6 was experiencing throughout his entire body, and that Defendant Aung “acknowledged  
7 that this was due to the severity of the fall, but he did not want to hear, nor was he  
8 concern[ed] with any of [Plaintiff’s] ailments.” (Compl. 4.) Plaintiff alleges that  
9 Defendant Aung replied that ““Doctor(s) doesn’t [*sic*] know everything,”” and that he was  
10 only going to address what was on Plaintiff’s medical request. (Id.) Defendant Aung  
11 argues that the medical notes do not reflect any complaint of “shock” feeling by Plaintiff  
12 at the January 23rd examination. (Aung Decl. at 5; Attach. MR 068.) Defendant Aung  
13 asserts that even assuming Plaintiff reported neck and head injuries and shocks during the  
14 examination, the recorded objective and subjective symptoms reflected no serious or  
15 lingering effects from the October 2005 fall in the shower. (Id.) Defendant Aung asserts  
16 that Plaintiff made no indication of weakness or numbness, two essential factors to help  
17 diagnose internal damage. (Id. at 5; Attach. MR 068.) Plaintiff also stated that he was  
18 yard-crew member, which entails intensive physical labor and requires excellent physical  
19 health. (Id.) Defendant Aung argues that a person with spinal, brain, neck, or nerve  
20 damage would not be able to perform such physical labor. (Id.) Defendant Aung noted  
21 that Plaintiff did not have a stiff neck and that he had no fever, which negated preliminary  
22 meningitis diagnosis (an infection of the fluid that surrounds the brain and the spinal  
23 cord). (Id. at 6.) Defendant Aung states that the “lack of a fever is significant because  
24 such a fever is a risk factor for infection.” (Id.)

25         When Plaintiff complained of pain in his right shoulder-blade (inner scapular),  
26 Defendant Aung narrowed his diagnosis toward a condition affecting the body, *e.g.*,  
27 overuse or overstretching of a muscle causing myalgia (muscle pain). (Id.) During the  
28 examination, Defendant Aung observed the following: Plaintiff stood, sat, and walked

1 normally; Plaintiff had a full range of motor skills, including a normal deep-tendon reflex,  
2 a strong bilateral hang drip, and normal bilateral upper extremities; Plaintiff presented no  
3 symptom indicating any muscle loss; and when Plaintiff's right shoulder-blade area was  
4 pressed, Plaintiff reacted with or presented no pain, swelling, or redness. (Id.)  
5 Defendant Aung found that the X-ray findings, combined with the physical examination,  
6 did not provide any concrete need for further testing. Defendant Aung diagnosed Plaintiff  
7 with "possible myalgia" in the shoulder-blade area. (Id.) As a precautionary measure,  
8 Defendant Aung ordered an X-ray of Plaintiff' shoulder-blade area to confirm his  
9 preliminary diagnosis, to scan for any bone fracture in that area, and to uncover any  
10 unobservable problems. (Id.; Attach. MR 150.) The X-ray results came back normal,  
11 showing no dislocation between the shoulders and arms and no bone abnormality in the  
12 areas. (Id. at 6-7; Attach. MR 218.) Defendant prescribed 650 mg of Tylenol  
13 (acetaminophen) for thirty days to relieve Plaintiff's complaints of pain. (Id. at 7.)  
14 Defendant Aung explained to Plaintiff that he was prescribing acetaminophen rather than  
15 ibuprofen because long-term use of the latter could cause kidney and liver failure,  
16 stomach bleeding, and edema, among other things. (Id.) Plaintiff agreed to the transition  
17 to acetaminophen. (Id.) Defendant Aung instructed Plaintiff to avoid strenuous exercise  
18 and sports to allow the body to heal itself and to alleviate any problems associated with  
19 aging or pain . (Id. at 8.)

20 Plaintiff alleges that he had to raise his voice to an "abnormal level" when he told  
21 Defendant Aung about the "shock" feelings he was experiencing since the fall. (Compl.  
22 5.) Plaintiff claims that Defendant Aung's response to this complaint was to take him off  
23 ibuprofen and put him on Tylenol and set an appointment for another round of X-rays.  
24 (Id.) Plaintiff was clearly not satisfied with the course of treatment prescribed by  
25 Defendant Aung, *i.e.*, the refusal to order an MRI. However, similar to his claim against  
26 Defendant Friederichs, Plaintiff's disagreement with Defendant Aung's course of  
27 treatment does not give rise to a § 1983 claim, see Franklin, 662 F.2d at 1344, and a  
28 showing of nothing more than a difference of medical opinion as to the need to pursue

1 one course of treatment over another is insufficient, as a matter of law, to establish  
2 deliberate indifference, see Toguchi, 391 F.3d at 1058, 1059-60. Based on Defendant  
3 Aung's declaration and the medical records submitted in support thereof, it is clear that  
4 Defendant Aung addressed the concerns stated in Plaintiff's medical request, *i.e.*, to know  
5 the results of his previous X-rays and for treatment of his upper back pain and stiff neck.  
6 (Aung Decl. at 7; Attach. MR 067.) Assuming that Plaintiff also complained of "shock"  
7 feelings during the examination which Defendant Aung allegedly acknowledged but  
8 failed to record, there is no indication that Defendant Aung knew, based on the "shock"  
9 feelings, that Plaintiff faced a substantial risk of serious harm and disregarded that risk by  
10 failing to take reasonable steps to abate it, see Farmer, 511 U.S. at 837. Nor can it be said  
11 that the course of treatment Defendant Aung chose was medically unacceptable under the  
12 circumstances and that he chose this course in conscious disregard of an excessive risk to  
13 Plaintiff's health. See Toguchi, 391 F3d at 1058; Jackson 90 F3d at 332. Based on  
14 subjective and objective observations, Defendant Aung reasonably concluded that  
15 Plaintiff was not suffering from late complications from his slip-and-fall in the shower:  
16 Plaintiff's vital signs were normal; he appeared healthy and muscular; his motor skills and  
17 upper extremities were functioning fine; his neurological system was intact; and he had  
18 no numbness, weakness, muscle loss, swelling, tenderness, or fever. (Aung Decl. at 8.)  
19 Without any symptoms to indicate a serious, systematic problem, Defendant Aung had no  
20 concrete medical reason to order an MRI despite Plaintiff's preference and opinion. In  
21 opposition, Plaintiff has failed to show that there is a genuine issue for trial. Celotex  
22 Corp., 477 U.S. at 324. Accordingly, Plaintiff's claim fails as a matter of law and  
23 summary judgment is GRANTED to Defendant Aung on Plaintiff's Eighth Amendment  
24 claim. Id. at 323.

25         Having reviewed the pleadings and all submitted papers on this matter, the Court  
26 finds that Plaintiff's allegations do not establish that Defendants acted with deliberate  
27 indifference to Plaintiff's serious medical needs in violation of the Eighth Amendment.  
28 Accordingly, Defendants are entitled to judgment on these claims as a matter of law. See

1 Celotex Corp., 477 U.S. at 323.<sup>2</sup>

2  
3 **CONCLUSION**

4 For the foregoing reasons, Defendants Friederichs and Aung's motion for  
5 summary judgment (Docket No. 33) is GRANTED.

6 This order terminates Docket No. 33.

7 IT IS SO ORDERED.

8 DATED: 5/19/10

9   
10 JEREMY FOGEL  
11 United States District Judge

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28 <sup>2</sup> Because the Court finds that no constitutional violation occurred, it is not  
necessary to reach Defendants' qualified immunity argument.

UNITED STATES DISTRICT COURT  
FOR THE  
NORTHERN DISTRICT OF CALIFORNIA

ANDREW ARMSTRONG,  
Plaintiff,

Case Number: CV07-00680 JF

**CERTIFICATE OF SERVICE**

v.

TIMOTHY FRIEDERICHS, et al.,  
Defendants.

\_\_\_\_\_/

I, the undersigned, hereby certify that I am an employee in the Office of the Clerk, U.S. District Court, Northern District of California.

That on 5/26/10, I SERVED a true and correct copy(ies) of the attached, by placing said copy(ies) in a postage paid envelope addressed to the person(s) hereinafter listed, by depositing said envelope in the U.S. Mail, or by placing said copy(ies) into an inter-office delivery receptacle located in the Clerk's office.

Andrew Emil Armstrong H-44225  
Correctional Training Facility  
PO Box 689  
E-135  
Soledad, CA 93960-0689

Dated: 5/26/10

Richard W. Wieking, Clerk