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UNITED STATES DISTRICT COURT  
SOUTHERN DISTRICT OF CALIFORNIA

CATHERINE SELLERS,

Plaintiff,

v.

MICHAEL J. ASTRUE, Commissioner of  
Social Security Administration,

Defendant.

Civil No. 08cv1584-L (CAB)

**REPORT AND RECOMMENDATION  
TO:**

- 1) GRANT PLAINTIFF'S MOTION  
FOR SUMMARY JUDGMENT  
[Doc. No. 11];**
- 2) DENY DEFENDANT'S CROSS-  
MOTION FOR SUMMARY  
JUDGMENT  
[Doc. No. 14]; and,**
- 3) REMAND FOR AN AWARD OF  
BENEFITS**

**I. Introduction**

Plaintiff Catherine Sellers brings this action pursuant to 405(g)<sup>1</sup>, to obtain judicial review of a final decision of the Commissioner of Social Security ("Commissioner") denying her application for Social Security Disability Insurance Benefits ("SSDI") under Title II of the Social Security Act ("Act"), 42 U.S.C. §§ 401, et seq. Plaintiff has filed a motion for summary judgment. In that motion, Plaintiff argues she should have been found "disabled" under the Act and that the Appeals

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<sup>1</sup> 42 U.S.C. § 405(g) provides:

Any individual, after any final decision of the Commissioner of Social Security made after a hearing to which he was a party . . . may obtain a review of such decision by a civil action . . . brought in the district court of the United States. . . . The court shall have power to enter, upon the pleadings and transcript of the record, a judgment affirming, modifying or reversing the decision of the Commissioner of Social Security, with or without remanding the cause for a rehearing. The findings of the Commissioner . . . as to any fact, if supported by substantial evidence, shall be conclusive.

1 Council's decision adopting Administrative Law Judge ("ALJ") Larry Parker's decision of February  
2 12, 2008, denying her benefits should be reversed because the ALJ's decision is not supported by  
3 substantial evidence and is based on legal error. The Commissioner has filed a cross-motion for  
4 summary judgment. In that motion, the Commissioner argues the ALJ's decision is supported by  
5 substantial evidence and is not based on legal error.

6 Pursuant to Southern District of California Local Civil Rule 7.1(d)(1), the Court finds these  
7 motions may be decided on the papers and that no oral argument is necessary. After careful  
8 consideration of the papers, the administrative record, and the applicable law, this Court  
9 recommends the Commissioner's decision adopting the ALJ's decision be **REVERSED**, Plaintiff's  
10 motion for summary judgment be **GRANTED**, the Commissioner's cross-motion for summary  
11 judgment be **DENIED**, and the case be **REMANDED** for an award of benefits.

## 12 II. Procedural History

13 Plaintiff applied for SSDI benefits on July 29, 2005. (Administrative Record ("AR") at 167.)  
14 Plaintiff alleged disability as of January 1, 2005 due to degenerative joint disease with bone loss,  
15 morbid obesity and missing cartilage and ligament in her left knee. (*Id.*) On October 4, 2005, the  
16 Social Security Administration ("Administration") determined Plaintiff was not disabled and denied  
17 her benefits. (AR at 113-17.) Plaintiff requested reconsideration of her application, and the  
18 Administration denied benefits again after reconsideration. (AR at 119.) On April 28, 2006,  
19 Plaintiff requested an administrative hearing before an ALJ. (AR at 124.)

20 On December 19, 2006, the ALJ conducted a hearing to consider the merits of Plaintiff's  
21 application. (AR at 80-100.) This hearing resulted in her application being denied by the ALJ in a  
22 written decision dated January 24, 2007. (AR at 106-12.) Plaintiff disagreed with the ALJ's  
23 decision, and on March 23, 2007, she requested an Appeals Council Review of the decision. (AR at  
24 148-52.) On April 27, 2007, the Appeals Council remanded the case to the ALJ with specific  
25 instructions on further developing the record. (AR at 153-54.) The ALJ held another hearing on  
26 February 12, 2008 and took additional testimony on Plaintiff's alleged disability. (AR at 34-77.)  
27 The ALJ then issued another written opinion on February 28, 2008, in which he again concluded  
28 Plaintiff was not disabled under the Act. (AR at 12-20.) Plaintiff again disagreed with the ALJ's

1 decision and requested an Appeals Council Review of the decision. On June 25, 2008, the Appeals  
2 Council found there was no basis for granting Plaintiff's request for review and affirmed the ALJ's  
3 decision, which became the final decision of the Commissioner. (AR at 5-7.)

4 On August 28, 2008, after having exhausted all administrative remedies, Plaintiff initiated  
5 this action challenging the proceedings in connection with the Commissioner adopting the ALJ's  
6 decision. [Doc. No. 1.] On December 22, 2008, the Commissioner filed an answer to Plaintiff's  
7 complaint. [Doc. No. 7.] On December 29, 2008, District Judge M. James Lorenz referred all  
8 matters in this action to Magistrate Judge Cathy Ann Bencivengo for a report and recommendation.  
9 [Doc. No. 9.] On February 23, 2009, Plaintiff filed her motion for summary judgment, requesting  
10 that the Court reverse the ALJ's decision and remand for payment of benefits. [Doc. No. 11.] On  
11 March 30, 2009, Defendant filed his cross-motion for summary judgment, requesting that the ALJ's  
12 decision be affirmed. [Doc. No. 14.]

13 It appears that Plaintiff reapplied for benefits on November 24, 2008, and her application was  
14 granted at the initial level on February 23, 2009. Therefore, the period at issue in this case is a  
15 closed period of benefits from January 1, 2005 to November 23, 2008. (*See* Pl.'s Opp'n to Def.'s  
16 Cross-Mot. for Summ. J. [Doc. No. 17].)

### 17 **III. Factual Background**

#### 18 **A. The First Administrative Hearing**

##### 19 **1. Plaintiff's testimony**

20 Plaintiff was born on October 3, 1962. (AR at 81.) At the December 19, 2006, hearing before  
21 the ALJ, Plaintiff testified that she last worked on January 10, 2005 as a pharmacy manager. (AR at  
22 90.) She testified that she was unable to work, because she had fears of everything, including  
23 people, food, medication and germs. (AR at 85.) She said she had issues with perfectionism,  
24 symmetry and cleanliness. (*Id.*) She also testified that she did not like being around people and she  
25 feared being judged. (AR at 86.) She said she felt nervous or anxious all the time and often had  
26 mood swings. (*Id.*) She often had trouble sleeping and sometimes thought about suicide. (AR at  
27 87.) She also testified that she did not have any friends. (*Id.*) She said she could stay focused for  
28 about 15 minutes at a time. (AR at 88.) Plaintiff testified that because of her obsessive-compulsive

1 disorder, she would sometimes take 10 hours to clean the kitchen and would not stop until she was  
2 done. (AR at 88-89.) She testified that she saw Dr. Alonso for her problems, and she had been  
3 taking Prozac for five years, but the Prozac made her tired and lethargic. (AR at 89.)

4 When asked about her physical problems, she said she had degenerative joint disease, which  
5 was very painful. (AR at 89.) She testified that she could stand about five minutes at a time. She  
6 could walk less than a block before she had to stop and rest. (*Id.*) She believed she could lift and  
7 carry about 20 pounds. (AR at 90.) She said that she was prescribed a brace and a cane for walking,  
8 but she used a walker rather than a cane. (*Id.*) Plaintiff testified that she did not go shopping or cook  
9 food, because of issues of contamination and cleanliness. (AR at 91.) She also did not have any  
10 hobbies aside from smoking and drinking coffee. She saw her future as simply “waiting to die.”  
11 (*Id.*) Plaintiff testified that she did drive to see her doctor. (AR at 94.) She saw Dr. Alonzo once  
12 every three weeks, and her therapist, Thomas DeWildt, twice a month. (AR at 95.)

## 13 **2. Medical evidence presented**

### 14 **a. Margarita Alonso, M.D.**

15 The record contains progress notes from Plaintiff’s visits to Pyscare from late 2005 to late  
16 2006. Sometimes Plaintiff saw Thomas DeWildt, LCSW; occasionally, she saw Margarita Alonso,  
17 M.D.; and on other occasions, the notes do not indicate who saw her on that particular visit. Dr.  
18 Alonso completed a Psychiatric Review Form on December 16, 2005, reporting that Plaintiff had  
19 obsessive compulsive disorder and a panic disorder/social phobia with a global assessment  
20 functioning scale score of 45.<sup>2</sup> (AR at 228.) Notes from Plaintiff’s initial visit with Dr. Alonso,  
21 dated December 2, 2005, indicate that she reported no suicidal or homicidal ideation, but was  
22 positive for obsessive thoughts and positive for suspiciousness. (AR at 233-34.) Dr. Alonso  
23 completed another psychiatric review form on December 7, 2006. (AR at 324-27.) She indicated  
24 that Plaintiff had marked restriction of daily living; marked difficulties in maintaining social

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26 <sup>2</sup> A Global Assessment of Functioning score is the clinician’s judgment of the individual’s  
27 overall level of functioning. It is rated with respect only to psychological, social, and occupational  
28 functioning, without regard to impairments in functioning due to physical or environmental limitations.  
See American Psychiatric Association, *Diagnostic and Statistical Manual of Mental Disorders*, 32 (4th  
ed. 2000) (“DSM IV”). A GAF of 41-50 denotes “[s]erious symptoms (*e.g.*, suicidal ideation, severe  
obsessional rituals, frequent shoplifting)” or “any serious impairment in social, occupational, or school  
functioning (*e.g.*, no friends, unable to keep a job).” DSM IV at 32-34.

1 functioning; moderate difficulties in maintaining concentration, persistence or pace; and four or  
2 more episodes of decompensation. (AR at 324-27.) Dr. Alonso assessed Plaintiff with a GAF of  
3 55.<sup>3</sup> Dr. Alonso was prescribing Prozac at the time.

4 **b. Harold Konia, M.D.**

5 Plaintiff saw Dr. Konia on September 5, 2005, for a psychiatric consultative evaluation. (AR  
6 at 236-38.) Dr. Konia considered Plaintiff a reliable informant. She reported having degenerative  
7 joint disease and had started experiencing pain two years prior. Her primary care physician was  
8 treating her with Motrin. She also reported having panic attacks as a child and obsessive-compulsive  
9 symptoms since age 14. (AR at 236.) She said she had her symptoms under control until three years  
10 earlier, when she experienced a lot of stress at work. Dr. Konia noted that a psychiatrist had  
11 diagnosed her with a depressive disorder and obsessive-compulsive disorder and started her on  
12 Prozac 40 mg. Plaintiff said the medication helped to keep her OCD under control. She said she  
13 took a medical leave of absence from work, but when she returned four months later, she was  
14 informed that she had been terminated. She found another job, but also had “problems” there as  
15 well. She was no longer in counseling, but said she was depressed and did not like to leave the  
16 house. (*Id.*) Dr. Konia’s impressions were: Axis I: mood disorder due to degenerative joint disease;  
17 Axis II: obsessive-compulsive traits, by history; Axis III: degenerative joint disease and  
18 hypothyroidism, by history. (AR at 238.) Dr. Konia found her mood to be mildly depressed, her  
19 cognitive functions intact, and he did not believe she had a mental disorder that would significantly  
20 interfere with her ability to perform simple, repetitive work-tasks. (AR at 237.) He found her to  
21 have a GAF of 65.<sup>4</sup> (AR at 238.)

22 **c. Sidney Bolter, M.D.**

23 Dr. Sidney Bolter testified at the December 19, 2006, hearing as a medical expert. (AR at  
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25 <sup>3</sup> A GAF of 51-60 denotes “[m]oderate symptoms (*e.g.*, flat affect and circumstantial speech,  
26 occasional panic attacks)” or “moderate difficulty in social, occupational, or school functioning (*e.g.*,  
few friends, conflicts with peers or co-workers).” DSM IV at 32-34.

27 <sup>4</sup> A GAF of 61-70 denotes “[s]ome mild symptoms (*e.g.*, depressed mood or mild insomnia)”  
28 or “some difficulty in social, occupational, or school functioning (*e.g.*, occasional truancy, or theft within  
the household), but generally functioning pretty well, has some meaningful interpersonal relationships.”  
DSM IV at 32-34.

1 82.) Dr. Bolter had reviewed the record and concluded that Plaintiff had depression NOS, 12.04  
2 other, and an anxiety disorder NOS, 12.06 other. (AR at 84.) He also believed there was a possible  
3 personality disorder with obsessive-compulsive traits, 12.08. (AR at 84-85.) He concluded that  
4 Plaintiff had moderate limitations in activity, marked limitations in social functioning, and mild  
5 limitations in repetitive tasks. He believed she could work in a non-public setting, with minimal  
6 contact with peers and supervisors. (AR at 85.)

### 7 **3. Other evidence presented**

#### 8 **a. Thomas DeWildt, LCSW**

9 Progress notes from Psycare, Inc. indicate that Plaintiff saw Thomas DeWildt, a social  
10 worker, two to three times a month between November 2005 and September 2006. (AR at 295-314.)  
11 During this almost one year period, Plaintiff often reported feeling depressed, stressed, agitated and  
12 isolated.

#### 13 **b. Marlice Siegel, mother**

14 On September 1, 2005, Plaintiff's mother, Marlice Siegel, completed a third party function  
15 report on Plaintiff's behalf. (AR at 193-200.) Ms. Siegel reported that Plaintiff sat on a stool to take  
16 a shower, comb her hair and feed herself. She reported that Plaintiff had trouble bending down to  
17 put on her shoes, shave her legs and wipe herself. (AR at 194.) She stated that Plaintiff could  
18 prepare sandwiches and frozen dinners, and she could do the laundry, because those were all chores  
19 that did not require a lot of standing. (AR at 195-96.) She indicated that Plaintiff could drive a car  
20 and occasionally took her dogs for a ride. (AR at 196.) She also reported that Plaintiff was able to  
21 pay bills, count change, handle a savings account and use a checkbook. (*Id.*) She reported that  
22 Plaintiff watched TV, worked on the computer, did puzzles and socialized with friends by telephone.  
23 (AR at 197.)

### 24 **4. Mental residual functional capacity assessment**

25 In September 2005, Robert B. Paxton, M.D. reviewed the medical records and conducted a  
26 mental residual functional capacity assessment of Plaintiff. (AR at 239-52.) Dr. Paxton believed  
27 Plaintiff had an affective disorder, but the condition was not severe or was not expected to last 12  
28 months. (AR at 239.) The doctor believed Plaintiff was only mildly limited in her restriction of

1 activities of daily living, maintaining social functions, and maintaining concentration, persistence or  
2 pace. (AR at 249.)

3 On January 25, 2006, Emanuel H. Rosen, M.D. also reviewed the medical records and  
4 conducted a mental residual functional capacity assessment of Plaintiff. (AR at 278-80.) Dr. Rosen  
5 believed Plaintiff was not significantly limited in most areas having to do with understanding and  
6 memory; sustained concentration and persistence; social interaction; and adaptation. (*Id.*) The only  
7 areas in which the doctor believed Plaintiff was moderately limited was in her ability to understand  
8 and remember detailed instructions (AR at 278), her ability to carry out detailed instructions (*id.*),  
9 and her ability to interact appropriately with the general public (AR at 279). The doctor believed  
10 Plaintiff retained understanding and memory to perform one and two step repetitive work tasks. (AR  
11 at 280.) He believed Plaintiff had adequate pace and persistence to sustain one- and two-step  
12 repetitive tasks for a normal workday and work week. He believed Plaintiff could relate in an  
13 appropriate socially effective manner with coworkers and supervisors, but not with the general  
14 public. He believed she could adapt appropriately to a variety of work setting situations and  
15 changes. (*Id.*)

#### 16 **5. Physical residual functional capacity assessment**

17 On September 26, 2005, John Meek, M.D. reviewed the medical records and conducted a  
18 Physical Residual Functional Capacity Assessment of Plaintiff. (AR at 255-63.) Dr. Meek  
19 concluded that Plaintiff could occasionally lift and/or carry 20 pounds, frequently lift and/or carry 10  
20 pounds, stand and/or walk about six hours in an eight-hour workday, and sit for six hours in an eight-  
21 hour workday. (AR at 256.) He believed Plaintiff had unlimited ability to push and/or pull. (*Id.*)  
22 As far as postural limitations were concerned, Dr. Meek believed Plaintiff could occasionally climb,  
23 balance, stoop, kneel, crouch and crawl. (AR at 257.) The doctor concluded that Plaintiff had no  
24 visual, communicative, environmental or manipulative limitations. (AR at 258-60.)

25 On February 3, 2006, Diane Rose, M.D. also reviewed the medical records and conducted a  
26 Physical Residual Functional Capacity Assessment of Plaintiff. (AR at 282-89.) Dr. Rose diagnosed  
27 Plaintiff with knee pain and morbid obesity. She concluded that Plaintiff could occasionally lift  
28 and/or carry 10 pounds, frequently lift and/or carry 10 pounds, stand and/or walk about two hours in

1 an eight-hour workday, and sit for six hours in an eight-hour workday. (AR at 283.) She believed  
2 Plaintiff had unlimited ability to push and/or pull. (*Id.*) As far as postural limitations were  
3 concerned, Dr. Rose believed Plaintiff could occasionally climb, stoop, kneel, crouch and crawl, but  
4 she could never balance. (AR at 284.) The doctor concluded that Plaintiff had no visual,  
5 communicative, environmental or manipulative limitations, except for reaching overhead, which she  
6 believed Plaintiff could only perform occasionally. (AR at 284-86.) Dr. Rose also believed Plaintiff  
7 should avoid hazards, such as machinery and heights; walking on uneven terrain; and working at  
8 unprotected heights. (AR at 286.)

### 9 **6. Vocational evidence presented**

10 Nelly Katsell testified at the administrative hearing as a vocational expert. (AR at 96-99.)  
11 Ms. Katsell indicated that Plaintiff's past work experience as a pharmacy clerk, food service  
12 manager and retail store supervisor were all light exertional level jobs. (AR at 97.) Plaintiff also  
13 worked in an office as a bookkeeper, which was a sedentary exertional level. (*Id.*) Based upon Dr.  
14 Bolter's assessment of Plaintiff's mental abilities, Ms. Katsell did not believe Plaintiff would be able  
15 to perform any of her past work. (AR at 98.)

16 The ALJ presented a hypothetical of a person with the following limitations: a 44-year-old  
17 person with at least 12 years of education or more, at the sedentary level; could lift 10 pounds  
18 occasionally; less than 10 frequently; could stand or walk two out of eight hours in an eight-hour  
19 workday; sitting the rest of the time; never on a ladder, rope, scaffold, all other postures occasional;  
20 avoid concentrated exposure to unprotected heights and avoid walking on uneven terrain. In  
21 addition, the person would have the non-exertional limitations Dr. Bolter listed: activities moderate;  
22 social marked; concentration, persistence and pace mild; simple repetitive tasks; and non-public  
23 limited contact with peers and supervisors. (AR at 98.) Ms. Katsell found that, given those  
24 limitations, Plaintiff would be unable to return to any of her previous work. However, there was  
25 other work available for such a person, such as a cutter/paster and a lens inserter. (*Id.*)

### 26 **7. ALJ's findings**

27 After a discussion of the evidence in the record, the ALJ determined that Plaintiff was not  
28 entitled to SSDI benefits. (AR at 106-12.) In making his determination, the ALJ decided that



1 Plaintiff's medically determinable impairments could reasonably be expected to produce the alleged  
2 symptoms, but that Plaintiff's statements concerning the intensity, persistence and limiting effects of  
3 those symptoms were not entirely credible. (AR at 110.) He provided several reasons for this  
4 conclusion, including: 1) the absence of objective evidence in the record, such as laboratory findings,  
5 progress notes and treatment notes from the last 12 continuous months; 2) Dr. Konia believed  
6 Plaintiff did not have a mental disorder that would significantly interfere with her ability to perform  
7 simple, repetitive work-tasks; 3) records indicate that Plaintiff's depression was not as bad in  
8 November 2006 and December 2006, when she was doing volunteer work; and, 4) state agency  
9 consultants determined that Plaintiff could perform sedentary work activity and had sufficient  
10 understanding and memory to perform one and two step repetitive tasks. (*Id.*)

11 The ALJ determined that Plaintiff was unable to perform any past relevant work. (AR at  
12 110.) However, the ALJ determined that given her age, education, work experience and residual  
13 functional capacity, there were jobs that existed in significant numbers in the national economy that  
14 she could perform. (AR at 111.) Based on the vocational expert's testimony, the ALJ determined  
15 that Plaintiff could make a successful adjustment to other work that exists in significant numbers in  
16 the national economy. (AR at 112.) Specifically, the ALJ determined that Plaintiff could perform  
17 unskilled, sedentary level work such as cutter/paster and lens inserter, all occupations available in the  
18 regional and national economy. (AR at 111.) Therefore, Plaintiff was not eligible for SSDI benefits.  
19 (AR at 112.)

#### 20 **B. Remand from the Appeals Council**

21 Plaintiff requested review of the ALJ's decision from the Appeals Council, and on April 27,  
22 2007, the Appeals Council granted review and remanded the case to the ALJ for further development  
23 of the record and a new decision. (AR at 153-54.) The Appeals Council found that the record  
24 included a medical opinion by Plaintiff's treating psychiatrist, Dr. Alonso, that Plaintiff had marked  
25 limitations in the ability to perform a number of significant, work-related activities. (AR at 153.)  
26 The medical expert had testified at the administrative hearing that Dr. Alonso's opinion was not  
27 supported by appropriate progress notes or objective testing. The Appeals Council determined that  
28 Dr. Alonso should be re-contacted for additional documentation, if any, to support her opinion. In

1 addition, the Appeals Council found that the ALJ's decision did not contain an adequate evaluation  
2 of Plaintiff's subjective complaints. While the ALJ looked at the medical evidence, the Appeals  
3 Council found that he had not sufficiently addressed the non-medical criteria for evaluating  
4 subjective complaints, particularly Plaintiff's current daily activities. In addition, the ALJ had not  
5 addressed a lay statement from Plaintiff's mother about Plaintiff's symptoms, behavior and  
6 activities. (*Id.*)

### 7 **C. The Second Administrative Hearing**

8 As a result of the remand from the Appeals Council, the ALJ held a second administrative  
9 hearing on February 12, 2008. (AR at 34-77.)

#### 10 **1. Plaintiff's testimony**

11 Plaintiff testified again at the February 12, 2008, hearing and stated that she was unable to  
12 work, because she had extreme panic attacks, was not able to leave her room most of the time, was  
13 depressed most of the time, cried a lot, had trouble doing daily tasks, had a lot of OCD issues and  
14 was afraid of people. (AR at 39.) She testified that she often slept during the day and stayed awake  
15 at night, because she felt safer at night when it was quiet and dark. (AR at 40.) She stated that she  
16 did not watch TV, read or do puzzles anymore. (*Id.*) She said that she got panic attacks when she  
17 had to leave the house. She sweated, got hot and cold, and her heart would beat very fast. (AR at  
18 41.) To prepare herself for the administrative hearing, she said that she spent three or four days in  
19 "self-talk," telling herself that she was going to be okay. She said she did the same thing before  
20 doctor's appointments, but sometimes she was still not able to go and would have to miss the  
21 appointment. (*Id.*)

22 She stated she did not leave the house for any other purpose than to go to her doctor's  
23 appointments or the administrative hearing. (AR at 42.) She said she did not go shopping, have any  
24 friends or do anything with other people. (*Id.*) She said she felt "stupid and inferior" when she was  
25 around other people, and she did not want them to see that her hands were dried out and ask her  
26 questions about how often she washed her hands. (AR at 43.) She said she had a lot of fear of food  
27 contamination, so it took her a long time to prepare food, because she had to sterilize her kitchen  
28 first. (AR at 43-44.) If some food had already been opened before she touched it, she could not eat

1 it. (AR at 43.) She said she could only take her Prozac and thyroid medication, but could not take  
2 her cholesterol medication, high blood pressure medication, pain medication or other psychiatric  
3 medication prescribed to her. (AR at 44.) She said sometimes the process of taking medication  
4 would take her all day, because she could not swallow it or it would get stuck in her throat and it  
5 would burn. (AR at 45.) She said she had been dealing with these issues since she was 14, but it got  
6 really, really bad around 2001, when “a lot of bad things happened to me.” (*Id.*) She said she was  
7 able to work in the past, because she spent a lot of time hiding her problems, such as the fact that she  
8 could not spell, but things got to a point where she could not hide anymore. (AR at 45-46.)

## 9 **2. Medical evidence presented**

### 10 **a. Margarita Alonso, M.D.**

11 Dr. Alonso submitted additional treatment records dated from January 18, 2007 to January  
12 17, 2008. (AR 359-73.) During this time period, it appears Plaintiff saw Dr. Alonso about once a  
13 month. The treatment notes detail depression, isolation and OCD behavior related to food and  
14 contamination. On January 17, 2008, Dr. Alonso completed a psychiatric review form, reporting that  
15 Plaintiff had bipolar disorder, depression and obsessive compulsive disorder and hypothyroidism.  
16 (AR at 366.) She assessed Plaintiff’s current GAF at 50. She also reported that Plaintiff’s condition  
17 interfered with her medication compliance. (AR at 367.) She anticipated that Plaintiff would be  
18 absent from work more than three times a month due to her medical condition. (AR at 368.)

### 19 **b. Jaga Nath Glassman, M.D.**

20 Dr. Glassman interviewed Plaintiff on September 25, 2007 and conducted a psychiatric  
21 disability evaluation. (AR at 332-37.) During the interview, Plaintiff reported having OCD due to  
22 her obsession with germs and contamination. (AR at 333.) At times, she would wash her hands 15  
23 times an hour. She would often stay up at night and clean for 8-12 hours, because she could not  
24 stop. (*Id.*) Her panic attacks were mostly due to her fears about germs and contamination. She  
25 avoided going out of the house, and she feared swallowing her pills, because she worried that they  
26 were contaminated. Plaintiff reported that her grooming was not that good, and she could go three  
27 weeks without a shower or brushing her teeth, because she did not have the energy to do it. (AR at  
28 334.)

1 Dr. Glassman observed that despite Plaintiff having reported longstanding symptoms of  
2 OCD, anxiety and mood lability since the age of 14, she was able to work up until she lost her job in  
3 January 2005. (AR at 336.) Dr. Glassman also observed that Plaintiff showed no significant mental  
4 status findings during the examination, except a dramatic flair and a clear adoption of a sick/victim  
5 role. Dr. Glassman sensed that Plaintiff exaggerated and put in poor effort on the cognitive tests he  
6 performed on her. (*Id.*) He believed she was capable of behaving in a socially-appropriate manner,  
7 could get along adequately with others, could adopt to some degree of changes and stresses in a  
8 workplace setting, could follow simple and complex instructions and could maintain concentration,  
9 persistence and pace for simple, repetitive tasks. (AR at 337.)

10 **c. Sidney Bolter, M.D.**

11 Dr. Bolter testified again at the February 12, 2008 administrative hearing. He noted that the  
12 newly-submitted treatment notes were not very detailed. (AR at 53.) A number of the mental status  
13 examinations were “check-offs” and were inadequate, because they were conclusory. (AR at 54.)  
14 He did not find a description of a truly depressed patient in the treatment notes. (*Id.*) He believed  
15 the adequate mental status evaluations were completed by Dr. Konia and Dr. Glassman. (AR at 57.)  
16 Dr. Bolter noted that the newest records indicated that Plaintiff had improvement in her symptoms.  
17 He also noted that Plaintiff was only seen about once a month, and a patient as ill as Plaintiff  
18 claimed to be would be seen more often. (*Id.*)

19 **3. Other evidence presented**

20 **a. Thomas DeWildt, LCSW**

21 Mr. DeWildt submitted treatment notes from October 26, 2006 to June 25, 2007. (AR 347-  
22 57.) During this time period, Plaintiff saw Mr. DeWildt about once a month. In a letter dated July  
23 26, 2007, Mr. DeWildt reported that he had been working with Plaintiff on and off since November  
24 2001. (AR 339-40.) He believed that she was an “enigma in many ways.” Although she came  
25 across as sounding rational and capable, Mr. DeWildt believed Plaintiff was in reality quite mentally  
26 ill with multiple diagnoses. (AR at 339.) First, Mr. DeWildt believed Plaintiff to have bipolar I,  
27 mixed episodes diagnosis. When she was manic, she would take on too many responsibilities.  
28 During her depression stages, she isolated herself in her bedroom for days or weeks at a time. Mr.

1 DeWildt also believed Plaintiff to have severe obsessive-compulsive disorder. As a result, she had  
2 bizarre rituals related to food due to her fear of contamination, she did not take her medication, and  
3 she had to take liquid Prozac. (*Id.*) Mr. DeWildt also reported that Plaintiff had been diagnosed  
4 with panic disorder with agoraphobia. Mr. DeWildt believed Plaintiff's judgment and perceptions  
5 were impaired such that she was unable to seek or hold employment. He reported that psychotherapy  
6 had not resulted in any kind of successful breakthrough of her symptoms.

#### 7 **4. Vocational evidence presented**

8 Nelly Katsell testified again at the second administrative hearing as a vocational expert. (AR  
9 at 71-76.) The ALJ first asked Ms. Katsell, if she took Plaintiff's testimony as true, whether Plaintiff  
10 would be able to perform her past relevant work. Ms. Katsell indicated that she would not. The ALJ  
11 then asked whether she would be able to perform work at any exertional level, and Ms. Katsell again  
12 responded that she would not. (AR at 71.)

13 The ALJ then presented the following hypothetical: an individual of approximately 45 years  
14 of age with at least 12 years of education, at the sedentary exertional level. (AR at 72.) In addition,  
15 the hypothetical assumed the non-exertional mental limitations that Dr. Bolter espoused: moderate  
16 activities of daily living, moderate as to social, and mild as to concentration, persistence and pace.  
17 (*Id.*) Ms. Katsell indicated that such a person would not be able to perform Plaintiff's past relevant  
18 work experience, but there were jobs available that the person could perform. (AR at 73.) Examples  
19 of such jobs were addresser (2,800 regionally, 200,000 nationally); polisher, eyeglass frames (1,000  
20 regionally, 300,000 nationally); and lens inserter (1,500 regionally, 500,000 nationally). (AR at 73-  
21 74.)

22 Plaintiff's attorney then asked Ms. Katsell if, as Dr. Alonso believed, Plaintiff would miss  
23 more than three days of work a month, due to obsessive-compulsive behavior, whether she would be  
24 able to do any work. Ms. Katsell responded that she could miss one day of work a month, but more  
25 than that, she would not be able to do any work. (AR at 76.)

#### 26 **5. ALJ's findings**

27 Following the second administrative hearing, the ALJ issued a second opinion in which he  
28 again found that Plaintiff was not disabled under the Act. (AR at 12-20.) The ALJ found that

1 Plaintiff had not engaged in substantial gainful activity since January 1, 2005. (AR at 14.) Then, he  
2 found that Plaintiff had the following severe impairments: degenerative joint disease, chronic  
3 depression and morbid obesity.<sup>5</sup> (*Id.*) Despite Plaintiff's various impairments, the ALJ found that  
4 these impairments, alone or in combination, did not meet or equal an impairment listed in the  
5 regulations. (AR at 15.) The ALJ reasoned that no physician had opined that Plaintiff's condition  
6 met or equaled any listing, and the state agency physicians opined that they did not. The ALJ found  
7 that Plaintiff had the following limitations: moderate restriction of activities of daily living; marked  
8 difficulties in maintaining social functioning; mild difficulties in maintaining concentration,  
9 persistence or pace; and no evidence of episodes of decompensation. The ALJ determined that  
10 Plaintiff retained the residual functional capacity to perform the job duties of unskilled, sedentary  
11 level work activity, involving simple repetitive tasks with no public contact and minimum contact  
12 with supervisors and co-workers. (*Id.*)

13 In making his decision, the ALJ found the functional limitations set out by Dr. Alonso were  
14 not credible, because Plaintiff was not compliant with her psychiatric medications. (AR at 16.)  
15 Plaintiff herself admitted to taking only Prozac but not the other psychiatric medications given to  
16 her. As a result, her depression was exacerbated by her non-compliance. The ALJ found the  
17 decision to take Prozac and not other medications was a conscious election on Plaintiff's part. In  
18 reviewing the report from Plaintiff's mother, the ALJ found that it did not establish that Plaintiff was  
19 disabled. (*Id.*)

20 As for Plaintiff's subjective testimony, the ALJ found that her statements regarding the  
21 intensity, persistence and limiting effects of these symptoms was not entirely credible. He gave a  
22 number of reasons for his conclusion: 1) the record was absent objective evidence, specifically,  
23 clinical signs and laboratory findings, progress notes and treatment notes to establish a severe  
24 impairment lasting or expected to last 12 continuous months; 2) Dr. Konia believed Plaintiff did not  
25 have a mental disorder that would significantly interfere with her ability to perform simple, repetitive  
26

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27 <sup>5</sup> In his first opinion, the ALJ concluded that Plaintiff had the following severe impairments:  
28 degenerative joint disease, hypertension, major depression, panic disorder with agoraphobia, obsessive-  
compulsive disorder, and a bipolar disorder. (AR at 108.) It is unclear why the ALJ's conclusions about  
Plaintiff's impairments changed so drastically.

1 work tasks; 3) the records indicated that Plaintiff's depressed mood was not as bad on November 9,  
2 2006, and on December 7, 2006, Plaintiff reported that she was doing volunteer work; 4) recent  
3 medical records from Dr. Alonso reported that Plaintiff had improved as a result of taking her  
4 medication; 5) on January 17, 2008, Dr. Alonso reported that Plaintiff was not taking some of her  
5 psychiatric medications, which exacerbated her depression; 6) Dr. Bolter testified that the claimant's  
6 depression resulted in moderate restriction of activities of daily living; moderate difficulties in  
7 maintaining social functioning; mild difficulties in maintaining concentration, persistence or pace;  
8 and no evidence of episodes of decompensation; 7) on a functional report, Plaintiff indicated she was  
9 able to take care of her personal care, dress and feed herself, prepare food, do laundry, take care of  
10 her pets and drive a car. She said she could pay bills, use a checking account and handle a savings  
11 account. She also indicated she watched TV, talked on the phone with friends, worked on the  
12 computer, and did puzzles. (AR at 17-18.)

13 The ALJ determined that Plaintiff retained the residual functional capacity to perform  
14 unskilled, sedentary level occupations available in the regional and national economy, such as a  
15 cutter/paster (2,000 regionally, 750,000 nationally); polisher, eyeglass frames (1,000 regionally,  
16 300,000 nationally); and lens inserter (2,500 regionally, 1.3 million nationally). (AR at 19.)  
17 Because Plaintiff could perform and sustain work in jobs existing in significant numbers in the  
18 national economy, the ALJ concluded Plaintiff was not "disabled" within the meaning of the Act.  
19 (AR at 19.)

#### 20 IV. Discussion

##### 21 A. Legal Standard

22 The Social Security Act authorizes payment of SSDI benefits to individuals who have an  
23 "inability to engage in any substantial gainful activity by reason of any medically determinable  
24 physical or mental impairment which can be expected to result in death or which has lasted or can be  
25 expected to last for a continuous period of not less than 12 months." 42 U.S.C. § 423(d)(1)(A). The  
26 disabling impairment must be so severe that the claimant is not only unable to do her previous work,  
27 but, considering age, education, and work experience, cannot engage in any kind of substantial  
28 gainful work that exists in the national economy. 42 U.S.C. § 423(d)(2)(A).

1           The Commissioner makes this assessment by a five-step analysis. First, the Commissioner  
2 determines whether a claimant is engaged in “substantial gainful activity.” If so, the claimant is not  
3 disabled. 20 C.F.R. § 404.1520(b). Second, the Commissioner determines whether the claimant has  
4 a “severe impairment or combination of impairments” that significantly limits the claimant’s  
5 physical or mental ability to do basic work activities. If not, the claimant is not disabled. 20 C.F.R.  
6 § 404.1520(c). Third, the medical evidence of the claimant’s impairment is compared to a list of  
7 impairments that are presumed severe enough to preclude work; if the claimant’s impairment meets  
8 or equals one of the listed impairments, benefits are awarded. 20 C.F.R. § 404.1520(d). Fourth, if  
9 the impairment meets or equals one of the listed impairments, the Commission determines whether  
10 the claimant can do his past relevant work. If the claimant can do his past work, benefits are denied.  
11 20 C.F.R. § 404.1520(e). If the claimant cannot perform her past relevant work, the burden shifts to  
12 the Commissioner. In step five, the Commissioner must establish that the claimant can perform  
13 other work. 20 C.F.R. § 404.1520(f). If the Commissioner meets this burden and proves that the  
14 claimant is able to perform other work that exists in the national economy, then benefits are denied.

15           Sections 405(g) and 421(d) of the Social Security Act allow unsuccessful applicants to seek  
16 judicial review of a final agency decision of the Commissioner. 42 U.S.C. §§ 405(g), 421(d). The  
17 scope of judicial review is limited, however, and the Commissioner’s denial of benefits “will be  
18 disturbed only if it is not supported by substantial evidence or is based on legal error.” *Brawner v.*  
19 *Sec’y of Health & Human Servs.*, 839 F.2d 432, 433 (9th Cir. 1988) (citing *Green v. Heckler*, 803  
20 F.2d 528, 529 (9th Cir. 1986)).

21           Substantial evidence means “more than a mere scintilla” but less than a preponderance.  
22 *Sandqathe v. Chater*, 108 F.3d 978, 980 (9th Cir. 1997). “[I]t is such relevant evidence as a  
23 reasonable mind might accept as adequate to support a conclusion.” *Id.* (quoting *Andrews v.*  
24 *Shalala*, 53 F.3d 1035, 1039 (9th Cir. 1995)). The court must consider the record as a whole,  
25 weighing both the evidence that supports and detracts from the Commissioner’s conclusions.  
26 *Desrosiers v. Sec’y of Health & Human Servs.*, 846 F.2d 573, 576 (9th Cir. 1988). If the evidence  
27 supports more than one rational interpretation, the court must uphold the ALJ’s decision. *Allen v.*  
28 *Heckler*, 749 F.2d 577, 579 (9th Cir. 1984). When the evidence is inconclusive, “questions of



1 credibility and resolution of conflicts in the testimony are functions solely of the Secretary.” *Sample*  
2 *v. Schweiker*, 694 F.2d 639, 642 (9th Cir. 1982).

3 The ALJ has a special duty in social security cases to fully and fairly develop the record in  
4 order to make an informed decision on a claimant’s entitlement to disability benefits. *DeLorme v.*  
5 *Sullivan*, 924 F.2d 841, 849 (9th Cir. 1991). Because disability hearings are not adversarial in  
6 nature, the ALJ must “inform himself about the facts relevant to his decision,” even if the claimant is  
7 represented by counsel. *Id.* (quoting *Heckler v. Campbell*, 461 U.S. 458, 471 n.1 (1983)).

8 Even if the reviewing court finds that substantial evidence supports the ALJ’s conclusions,  
9 the court must set aside the decision if the ALJ failed to apply the proper legal standards in weighing  
10 the evidence and reaching his or her decision. *Benitez v. Califano*, 573 F.2d 653, 655 (9th Cir.  
11 1978). Section 405(g) permits a court to enter a judgment affirming, modifying, or reversing the  
12 Commissioner’s decision. 42 U.S.C. § 405(g). The reviewing court may also remand the matter to  
13 the Commissioner for further proceedings. *Id.*

## 14 **B. Plaintiff’s Claim**

15 Plaintiff asserts two grounds for reversal of the ALJ’s decision. First, she asserts that the  
16 ALJ failed to provide specific and legitimate reasons for rejecting her treating psychiatrist’s opinion.  
17 Second, she argues that the ALJ’s decision is not supported by substantial evidence. Based upon  
18 these two grounds, Plaintiff contends that the Court can now find her disabled and award benefits.  
19 The Court considers each of Plaintiff’s arguments below.

### 20 **1. ALJ’s rejection of Dr. Alonso’s opinion**

21 Plaintiff argues that the ALJ failed to provide specific and legitimate reasons for rejecting the  
22 opinion of Dr. Margarita Alonso, Plaintiff’s treating psychiatrist. (Pl.’s Mem. 18.) Plaintiff argues  
23 that Dr. Alonso treated her for more than two years, with treatment notes and psychiatric review  
24 forms in the record, and prescribed various psychiatric medications for Plaintiff’s condition. (*Id.* at  
25 19.) Plaintiff contends that Dr. Alonso consistently reported that Plaintiff had marked difficulties  
26 with daily living and social functioning, but the ALJ rejected Dr. Alonso’s opinions without specific  
27 and legitimate reasons.

28 The Ninth Circuit distinguishes among the opinions of three types of physicians: (1) those

1 who treat the claimant (treating physicians); (2) those who examine but do not treat the claimant  
2 (examining physicians); and (3) those who neither examine nor treat the claimant (nonexamining  
3 physicians). *Lester v. Chater*, 81 F.3d 821, 830 (9th Cir. 1995). The ALJ must give the medical  
4 opinion of a treating physician “special weight,” because a treating physician “is employed to cure  
5 and has a greater opportunity to know and observe the patient as an individual.” *Andrews*, 53 F.3d at  
6 1041 (citation omitted); *Rodriguez v. Bowen*, 876 F.2d 759, 761 (9th Cir.1989). However, the  
7 treating physician’s opinion on the ultimate issue of disability is not necessarily conclusive. *Matney*  
8 *v. Sullivan*, 981 F.2d 1016, 1019 (9th Cir. 1992). The ALJ may disregard the treating physician’s  
9 opinion if the ALJ sets forth “specific, legitimate reasons . . . based on substantial evidence.”  
10 *Rodriguez*, 876 F.2d at 762. The ALJ can meet this burden of substantial evidence by “providing a  
11 detailed summary of the facts and conflicting clinical evidence, along with a reasoned interpretation  
12 thereof.” *Id.* Finally, the ALJ need not accept an opinion of a treating physician if it is  
13 “conclusionary and brief and unsupported by clinical findings.” *Matney*, 981 F.2d at 1019.

14 Here, the record indicates that Plaintiff had been going to Psycare, Inc. from at least late 2005  
15 to early 2008. During the period between September 2006 and January 2008, treatment notes  
16 indicate Plaintiff saw Dr. Alonso about once a month. (AR at 358-73.) Dr. Alonso was the doctor  
17 who prescribed Prozac and other psychiatric medications to Plaintiff. Dr. Alonso diagnosed Plaintiff  
18 with bipolar disorder, currently depressed; and obsessive compulsive disorder, severe. (AR at 364.)  
19 The treatment notes indicate that Plaintiff had trouble swallowing pills, so she continued to have  
20 depression and only had mild improvements of her OCD symptoms. (*Id.*) Throughout the treatment  
21 notes, Dr. Alonso noted impaired functioning in the areas of occupation, social and familial. As late  
22 as January 2008, Dr. Alonso noted a marked limitation in activities of daily living; maintaining  
23 social functioning; and maintaining concentration, persistence or pace. (AR at 369.) She believed  
24 that Plaintiff’s impairment had lasted or could be expected to last at least 12 months. (AR at 368.)  
25 The ALJ provided two reasons for rejecting Dr. Alonso’s opinion: 1) Dr. Alonso did not provide  
26 mental status evaluations or objective evidence to support her findings; and 2) Plaintiff was non-  
27 compliant with taking her medications. (AR at 16.) The Court finds neither of these reasons to be  
28 specific, legitimate reasons supported by substantial evidence.

1           The first reason the ALJ gave for rejecting Dr. Alonso’s opinion was that Dr. Alonso did not  
2 provide any objective evidence to support her findings. During the second administrative hearing,  
3 Dr. Bolter, the medical expert, noted that Dr. Alonso’s treatment notes were not very detailed. (AR  
4 at 53.) He and the ALJ spent a great deal of time criticizing them for being “check-offs.” However,  
5 in addition to providing numbers (1, 2, or 3) to mark the severity of Plaintiff’s symptoms during each  
6 visit, Dr. Alonso also made many handwritten notes. On September 14, 2006, she noted that  
7 Plaintiff isolated herself, worried about everything, slept during the day, and said she had no suicidal  
8 ideations “not this week.” (AR at 358.) On January 18, 2007, Dr. Alonso noted that Plaintiff was  
9 feeling depressed, stayed in her room and had panic attacks daily, which were triggered by washing  
10 her hands. (AR at 359.) On April 5, 2007, Dr. Alonso noted that Plaintiff was dealing with her sick  
11 mother, washed her clothes twice a day and sterilized her utensils. Dr. Alonso also made a note that  
12 she was considering increasing Plaintiff’s Prozac. (AR at 361.) On May 17, 2007, Dr. Alonso noted  
13 that Plaintiff described her moods as a “roller coaster,” she had panic attacks everyday, and she was  
14 so irritable, she often yelled at people. (AR at 362.) On June 25, 2007, Dr. Alonso noted that  
15 Plaintiff’s OCD was worse, that she had some stressors in her life, because her brother had been  
16 hospitalized. She also noted that the severity of many of Plaintiff’s symptoms had increased to  
17 moderate or severe. (AR at 363.)

18           On July 2, 2007, Dr. Alonso put together a handwritten summary of Plaintiff’s treatment,  
19 describing in detail Plaintiff’s depression and OCD, which interfered with her functioning at all  
20 levels. (AR at 364.) She diagnosed Plaintiff as having bipolar disorder and severe obsessive  
21 compulsive disorder. Her treatment plan for Plaintiff was to continue with therapy and management  
22 of her medication, although Dr. Alonso noted that her OCD symptoms interfered with her taking her  
23 medication. (*Id.*) On January 17, 2008, Dr. Alonso completed a Psychiatric Review Form, which  
24 contained some “check-boxes” but also contained areas for her to make comments. (AR at 366-69.)  
25 She marked boxes to indicate that Plaintiff had feelings of guilt/worthlessness, had difficulty  
26 thinking or concentrating, had oddities of thought, was emotionally withdrawn or isolated, and had  
27 severe obsessions or compulsions. (AR at 366.) Her handwritten notes report that Plaintiff suffered  
28 from severe bipolar depression and OCD, two conditions that prevented her from functioning

1 adequately in the home and at work. (AR at 367.) She also reported that Plaintiff’s condition  
2 interfered with her medication compliance, because she had an obsession with swallowing pills, and  
3 could not take mood stabilizers for that reason. (*Id.*) She believed that Plaintiff’s condition would  
4 cause her to miss work more than three times a month. (AR at 368.) She explained that Plaintiff’s  
5 OCD behavior caused her to go through daily rituals that could take many hours of the day. (*Id.*)

6         The ALJ’s conclusion that Dr. Alonso did not provide mental status evaluations or objective  
7 evidence to support her findings is not supported by the evidence in the record. “Courts have  
8 recognized that a psychiatric impairment is not as readily amenable to substantiation by objective  
9 laboratory testing as is a medical impairment and that consequently, the diagnostic techniques  
10 employed in the field of psychiatry may be somewhat less tangible than those in the field of  
11 medicine.” *Lebus v. Harris*, 526 F.Supp. 56, 60 (N.D. Cal. 1981) (citations omitted). “Mental  
12 disorders cannot be ascertained and verified as are most physical illnesses, for the mind cannot be  
13 probed by mechanical devices in order to obtain objective clinical manifestations of mental illness.  
14 A strict reading of the statutory requirement that an impairment be ‘demonstrable by medically  
15 acceptable clinical and laboratory diagnostic techniques’ is inappropriate in the context of mental  
16 illnesses.” *See Hartman v. Bowen*, 636 F. Supp. 129, 132 (N.D. Cal. 1986) (citations omitted).  
17 Rather, when mental illness is part of a disability claim, “clinical and laboratory data may consist of  
18 the diagnoses and observations of professionals trained in the field of psychopathology. The report  
19 of a psychiatrist should not be rejected simply because of the relative imprecision of the psychiatric  
20 methodology or the absence of substantial documentation, unless there are other reasons to question  
21 the diagnostic technique.” *See Christensen v. Bowen*, 633 F.Supp. 1214, 1220-21 (N.D. Cal. 1986)  
22 (citation omitted); *see also Hartman*, 636 F. Supp. at 132; *Day v. Weinberger*, 522 F.2d 1154, 1156  
23 (9th Cir. 1975) (“[d]isability may be proved by medically-acceptable clinical diagnoses, as well as by  
24 objective laboratory findings”); *Montijo v. Sec’y of Health & Human Servs.*, 729 F.2d 599, 601 (9th  
25 Cir. 1984) (while objective diagnoses and observations are the most important parts of the  
26 physicians’ reports, the ALJ’s reliance on the inability of the physicians to support their findings  
27 with objective laboratory findings does not constitute a legally sufficient reason for rejecting their  
28 conclusions) (citing *Day*, 522 F.2d at 1156-57); *Embrey v. Bowen*, 849 F.2d 418, 421-23 (9th Cir.

1 1988) (merely to state that a medical opinion is not supported by enough objective findings “does not  
2 achieve the level of specificity our prior cases have required, even when the objective factors are  
3 listed seriatim.”).

4 Here, the record contains not only check-boxes but also handwritten notes made by Dr.  
5 Alonso. As a trained professional, she assessed Plaintiff’s mental status during each visit and made  
6 notes where necessary of her observations. Where disability due to mental impairment is involved,  
7 the need for longitudinal evidence is vital. 20 C.F.R. part 404, subpart P, app. 1, § 12.00(D)(2).  
8 According to the Psycare, Inc. records, Plaintiff was visiting Pyscare as early as 2001. (AR at 341.)  
9 She returned on November 14, 2005. (*Id.*) While the treatment notes from November 2005 to June  
10 2007 indicate that she was seen primarily by Thomas DeWildt, a social worker, Mr. DeWildt  
11 referred her to Dr. Alonso in September 2006. From the period September 2006 to January 2008, it  
12 appears, she saw Dr. Alonso about once a month. During this period of treatment, the treating  
13 physician, Dr. Alonso, had the benefit of observing, assessing, and treating Plaintiff at regular  
14 intervals. Dr. Alonso prescribed Prozac and other psychiatric medications, and at one point  
15 considered increasing her treatment of Prozac. The treatment notes from Psycare provide a  
16 longitudinal assessment of Plaintiff’s psychiatric condition. The ALJ’s conclusion that Dr. Alonso’s  
17 opinion was not supported by any objective medical evidence oversimplifies and discounts the value  
18 of the longitudinal history provided by the totality of the treatment records. This Court finds that the  
19 treatment records amply support Dr. Alonso’s opinion. Therefore, the ALJ committed legal error by  
20 not taking Dr. Alonso’s opinion into account.

21 The ALJ’s second reason for rejecting Dr. Alonso’s opinion was that Plaintiff was non-  
22 compliant with taking her medication. (AR at 16.) The ALJ determined that Plaintiff knew if she  
23 did not take her thyroid medication, it would exacerbate her depression, and her decision to take the  
24 Prozac but not the thyroid medication was a “conscious election” on Plaintiff’s part. The ALJ  
25 concluded that the functional limitations set out by Dr. Alonso were “not credible due to the  
26 claimant’s noncompliance taking all of her psychiatric medications.” (*Id.*) This is also not a specific  
27 and legitimate reason supported by substantial evidence, because the evidence in the record indicates  
28 that Plaintiff’s failure to take her medications were a result of her OCD, not a “conscious election.”

1 Dr. Alonso noted numerous times in her treating notes that Plaintiff had difficulties swallowing her  
2 medication due to her obsession with the pills being contaminated. For this reason, Dr. Alonso  
3 prescribed a liquid Prozac, which Plaintiff was able to take.

4 An ALJ may find that a claimant’s refusal of a recommended course of treatment, or her  
5 failure to take a prescribed medication that would alleviate the alleged disabling symptoms, supports  
6 finding a claimant not credible. 20 CFR § 404.1530(a) (“In order to get benefits, you must follow  
7 treatment prescribed by your physician if this treatment can restore your ability to work.”); 20 CFR  
8 404.1530(b) (If you do not follow the prescribed treatment without a good reason, we will not find  
9 you disabled.”); *see also Smolen v. Chater*, 80 F.3d 1273, 1284 (9th Cir. 1996) (ALJ may consider a  
10 claimant’s compliance with her prescribed treatment in assessing the severity of a claimant’s  
11 symptoms); *Lewis v. Apfel*, 236 F.3d 503, 513-14 (9th Cir. 2001) (ALJ properly rejected a treating  
12 physician’s letter that the claimant’s seizures had not been fully controlled where other evidence in  
13 the record suggested that the claimant had not consistently complied with his treatment regime). In  
14 evaluating a claimant’s reasons for failing to follow prescribed treatment, the ALJ must consider  
15 (among other things) the claimant’s physical and mental limitations. *See* 20 C.F.R. § 404.1530(c).

16 Here, Plaintiff testified that she had trouble swallowing pills due to her obsession with them  
17 being contaminated. (AR at 44.) Plaintiff’s testimony is also supported by Dr. Alonso’s treating  
18 notes. *See Brashears v. Apfel*, 73 F. Supp. 2d 648, 652 (W.D. La. 1999) (remanding where evidence  
19 from mental health provider show plaintiff’s non-compliance may be beyond her control); *see also*  
20 *Sharp v. Bowen*, 705 F. Supp. 1111, 1123-24 (W.D. Pa. 1989) (diabetic who injected insulin into his  
21 pillow and ate junk food rather than prescribed diet did so because of severe personality disorder,  
22 providing justifiable cause for non-compliance). “The ‘reasonable man’ standard . . . is clearly not  
23 applicable to [mentally ill claimants]. . . . To deny this person benefits . . . because he is not acting  
24 under a ‘reasonable fear’ mocks the idea of disability based on mental impairments.” *Benedict v.*  
25 *Heckler*, 593 F. Supp. 755, 761 (E.D.N.Y. 1984). The ALJ did not explain why Plaintiff’s mental  
26 condition was not “a good reason” within the meaning of the regulations. He simply concluded that  
27 failure to take her medication was a “conscious election,” and such conclusion is not supported by  
28 the substantial evidence and was based on legal error.

1           **2. Substantial evidence to support the ALJ’s decision**

2           Plaintiff also argues that the ALJ’s decision is not supported by substantial evidence. (Pl.’s  
3 Mem. 22.) Plaintiff contends that the ALJ: 1) failed to clearly identify evidentiary support for his  
4 ultimate conclusions; 2) failed to evaluate the opinions of Plaintiff’s therapist, Thomas DeWildt; and  
5 3) relied on vocational evidence that was inconsistent with the functional limitations he adopted.  
6 (Pl.’s Mem. 22.)

7           Substantial evidence means more than a scintilla, but less than a preponderance; it is  
8 evidence that a reasonable person might accept as adequate to support a conclusion. *Lingenfelter v.*  
9 *Astrue*, 504 F.3d 1028, 1035 (9th Cir. 2007) (citing *Robbins v. Soc. Sec. Admin.*, 466 F.3d 880, 882  
10 (9th Cir. 2006)). To determine whether substantial evidence supports a finding, the reviewing court  
11 “must review the administrative record as a whole, weighing both the evidence that supports and the  
12 evidence that detracts from the Commissioner’s conclusion.” *Reddick v. Chater*, 157 F.3d 715, 720  
13 (9th Cir. 1996). “If the evidence can support either affirming or reversing the ALJ’s conclusion,” the  
14 reviewing court “may not substitute its judgment for that of the ALJ.” *Robbins*, 466 F.3d at 882.  
15 Even if the reviewing court determines that the ALJ’s conclusions are supported by substantial  
16 evidence, the court must set aside the decision if the ALJ failed to apply the proper legal standards in  
17 weighing the evidence in reaching his decision. *Batson v. Comm’r Soc. Sec. Admin.*, 359 F.3d 1190,  
18 1193 (9th Cir. 2004).

19           In this case, the ALJ cites to the opinion of Dr. Bolter, the medical expert, in reaching his  
20 conclusion that Plaintiff was not disabled under the Act. (AR at 17.) Dr. Bolter testified at the first  
21 administrative hearing that Plaintiff had depression, an anxiety disorder and possibly a personality  
22 disorder with obsessive-compulsive traits. (AR at 84-85.) He concluded that Plaintiff had moderate  
23 limitations in activity, marked limitations in social functioning and mild limitations in repetitive  
24 tasks. He believed she should work in a non-public setting, with minimal contact with peers and  
25 supervisors. (AR at 85.) At the second administrative hearing, he testified that the newly submitted  
26 treatment notes were inadequate, because they were “check-offs.” Dr. Bolter also noted, however,  
27 that he could not consider any of Plaintiff’s testimony or the opinion of Plaintiff’s therapist, Thomas  
28 DeWildt, in reaching his conclusions. (AR at 52.) The ALJ also considered the opinions of state

1 agency medical consultants, who reviewed the evidence in the record and then completed forms on  
2 what they believed to be Plaintiff's physical and mental limitations. (AR at 17.) Finally, the ALJ  
3 considered the opinion of Dr. Konia, a doctor who met with Plaintiff on September 5, 2005, and  
4 conducted a psychiatric consultative evaluation. Specifically, the ALJ relied on Dr. Konia's opinion  
5 that Plaintiff did not have a mental disorder that would significantly interfere with her ability to  
6 perform simple, repetitive tasks. (*Id.*)

7 The ALJ, however, failed to consider the opinion of Dr. Glassman who met with Plaintiff on  
8 September 25, 2007 and conducted a psychiatric disability evaluation. (AR at 332-37.) Dr.  
9 Glassman's Axis I diagnoses were obsessive-compulsive; panic disorder, with phobic avoidance;  
10 mood disorder, not otherwise specified; pain disorder with medical and psychological factors. (AR  
11 at 336.) As discussed above, the ALJ also failed to consider the opinion of Plaintiff's treating  
12 physician, Dr. Alonso. Further, the ALJ failed to consider the opinion of Plaintiff's therapist,  
13 Thomas DeWildt, LCSW. The ALJ does not discuss Mr. DeWildt's treatment notes or opinion at all  
14 in his written opinion, but there was some discussion at the second administrative hearing that Mr.  
15 DeWildt was a non-acceptable medical source. (AR at 52-53.)

16 In a disability proceeding, the ALJ must consider the opinions of acceptable medical sources.  
17 20 C.F.R. §§ 404.1527(d). Acceptable medical sources include licensed physicians and  
18 psychologists.<sup>6</sup> 20 C.F.R. §§ 404.1513(a). In addition to evidence from acceptable medical sources,  
19 the ALJ may also use evidence from "other sources" including nurse practitioners, physicians'  
20 assistants, therapists, teachers, social workers, spouses and other non-medical sources. 20 C.F.R. §§  
21 404.1513(d). Social Security Ruling 06-3p summarizes regulations providing that only an  
22 acceptable medical source can: (1) establish the existence of a medically determinable impairment;  
23 (2) provide a medical opinion; and (3) be considered a treating source. Evidence from other sources  
24 can be used to determine the severity of an impairment and how it affects the ability to work. S.S.R.  
25 06-3p; 20 C.F.R. §§ 404.1513(d). In evaluating the evidence, the ALJ should give more weight to  
26 the opinion of an acceptable medical source than that of an "other source." 20 C.F.R. §§ 404.1527;

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27  
28 <sup>6</sup> Other acceptable medical sources are licensed podiatrists and optometrists and qualified  
speech-language pathologists, in their respective areas of specialty only. 20 C.F.R. §§ 404.1513(a).



1 *Gomez v. Chater*, 74 F.3d 967, 970-71 (9th Cir. 1996). However, the ALJ is required to “consider  
2 observations by non-medical sources as to how an impairment affects a claimant’s ability to work.”  
3 *Sprague v. Bowen*, 812 F.2d 1226, 1232 (9th Cir. 1987). An ALJ must give reasons “germane” to  
4 “other source” testimony before discounting it. *Dodrill v. Shalala*, 12 F.3d 915 (9th Cir. 1993).

5 In this instance, the ALJ gave no reason for not considering Mr. DeWildt’s treatment notes or  
6 opinions. Treatment notes indicate that Plaintiff saw Mr. DeWildt for therapy two to three times a  
7 month between November 2005 to June 2007. (AR at 295-357.) During her therapy with Mr.  
8 DeWildt, she often reported feeling stressed and depressed. In May 2006, Mr. DeWildt noted that  
9 Plaintiff had trouble swallowing her thyroid medication, that it took about an hour to take it. (AR at  
10 305.) Mr. DeWildt also noted that Plaintiff had concerns that her family believed she was stupid.  
11 (*Id.*) In June 2006, she reported that she could not go back to a job, because she could not tolerate  
12 another failure. (AR at 308.) In June 2006, Mr. DeWildt also noted that Plaintiff continued to be  
13 depressed and had severe self-reproach and self-hate. (AR at 307.) In July 2006, she reported  
14 feeling better and was doing political volunteer work and took on two dogs to care for. (AR at 309-  
15 10.) In September 2006, she reported that she was again feeling depression and anxiety. (AR at  
16 314.) In October 2006, she reported going to the library to help kids with their homework, until a  
17 mother criticized her, which made her want to quit. (AR at 347.) In March 2007, Mr. DeWildt again  
18 noted Plaintiff’s profound OCD and her struggles with agoraphobia. (AR at 353.) She had fears of  
19 contamination and had to sterilize everything before she started cooking. (*Id.*)

20 In a letter dated July 26, 2007, Mr. DeWildt reported that he had been working with Plaintiff  
21 on and off since November 2001. (AR 339-40.) He believed that she was an “enigma in many  
22 ways.” Although she came across as sounding rational and capable, Mr. DeWildt believed Plaintiff  
23 was in reality quite mentally ill with multiple diagnoses. (AR at 339.) First, Mr. DeWildt believed  
24 Plaintiff to have bipolar I, mixed episodes diagnosis. When she was manic, she participated in  
25 political causes but then would crash under the weight of the responsibilities she took on. During  
26 her depression stages, she isolated herself in her bedroom for days, sometimes weeks at a time. Mr.  
27 DeWildt also believed Plaintiff to have severe obsessive-compulsive disorder. She had bizarre  
28 rituals related to food due to her fear of contamination. She did not take many of her medications

1 because of this. She also has to take a liquid Prozac, because she could not swallow the capsule  
2 form. (*Id.*) Mr. DeWildt also reported that Plaintiff had been diagnosed with panic disorder with  
3 agoraphobia. When she was not manic, she isolated in her home and was unable to perform simple  
4 household tasks. Mr. DeWildt believed Plaintiff's judgment and perceptions were impaired such  
5 that she was unable to seek or hold employment. He reported that psychotherapy had not resulted in  
6 any kind of successful breakthrough of her symptoms.

7 The ALJ gives no reason for why he did not consider the opinion of a therapist who worked  
8 with Plaintiff over at least a one and a half year period. While Mr. DeWildt was not a medical  
9 source, his opinion was still relevant in determining the severity of Plaintiff's condition and how her  
10 condition affected her ability to work. Mr. DeWildt's treatment notes reflect periods of extreme  
11 depression and periods of manic activity on Plaintiff's part. The ALJ, in his opinion, noted that  
12 Plaintiff had periods where she reported that her depressed mood was not as bad and that she was  
13 doing volunteer work. (AR at 110.) Mr. DeWildt's notes, however, provide insight into the fact that  
14 those periods could have been manic periods, in which Plaintiff took on too many responsibilities  
15 and when would crash under the weight of those responsibilities. Therefore, those periods when  
16 things were "not as bad" could very well have been part of her illness.

17 The ALJ gives no reasoning for why he did not take Mr. DeWildt's treatment notes and  
18 opinions into account and yet took into account the opinions of the state agency medical consultants  
19 and the medical expert, none of whom ever spoke with Plaintiff or evaluated her. In reviewing the  
20 administrative record as a whole, weighing both the evidence that supports and the evidence that  
21 detracts from the ALJ's conclusions, the Court finds that the ALJ's decision is not supported by  
22 substantial evidence. By discounting the opinions of her treating physician, an examining physician  
23 and a therapist, all of whom had more contact with Plaintiff than the consulting physicians, the ALJ  
24 committed legal error and ignored a substantial portion of the evidence in the record.<sup>7</sup>

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26 <sup>7</sup> Plaintiff also argues that the ALJ relied on vocational evidence that was inconsistent with the  
27 functional limitations he adopted. (Pl.'s Mem. 22.) Specifically, Plaintiff contends that the ALJ found,  
28 among other limitations, that Plaintiff had *marked* difficulties in maintaining social function. However,  
the hypothetical presented to the vocational expert cited *moderate* difficulties in social functioning, and  
the vocational expert based her opinions on a *moderate* limitation rather than a *marked* limitation. The  
Court does not discuss this issue in detail, because it recommends reversal based on other grounds. The

1           **3. Remand for award of benefits**

2           Remand for further administrative proceedings is appropriate if enhancement of the record  
3 would be useful. *Benecke v. Barnhart*, 379 F.3d 587 (9th Cir. 2004), citing *Harman v. Apfel*, 211  
4 F.3d 1172, 1178 (9th Cir. 2000). Conversely, where the record has been developed fully and further  
5 administrative proceedings would serve no useful purpose, the district court should remand for an  
6 immediate award of benefits. *Benecke*, 379 F.3d at 593 (citing *Smolen*, 80 F.3d at 1292). More  
7 specifically, the district court should credit evidence that was rejected during the administrative  
8 process and remand for an immediate award of benefits if: 1) the ALJ failed to provide legally  
9 sufficient reasons for rejecting the evidence; 2) there are no outstanding issues that must be resolved  
10 before a determination of disability can be made; and 3) it is clear from the record that the ALJ  
11 would be required to find the claimant disabled were such evidence credited. *Benecke*, 379 F.3d at  
12 593 (citing *Harman*, 211 F.3d at 1178).

13           In this case, the Court finds that the *Harman* test is satisfied. The ALJ did not provide legally  
14 sufficient reasons for rejecting the opinions of Dr. Alonso, Plaintiff’s treating physician; Dr.  
15 Glassman, an examining physician; and Thomas DeWildt, a therapist. Dr. Alonso and Mr.  
16 DeWildt’s treatment notes explain the occasional periods where Plaintiff showed some improvement  
17 or took on volunteer work. Further, the treatment notes and evaluations indicate that Plaintiff’s  
18 failure to take her medication was a result of her mental condition. Dr. Alonso believed that Plaintiff  
19 would have to miss more than three days a month of work due to her mental condition. At the  
20 second administrative hearing, the vocational expert testified that if this were the case, Plaintiff  
21 would not be able to do any work. (AR at 76.) Therefore, it is clear from the record that the ALJ  
22 would be required to find Plaintiff disabled if he had properly credited Dr. Alonso’s and Mr.  
23 DeWildt’s opinions.

24           In *Winans v. Bowen*, 853 F.2d 643, 647 (9th Cir. 1988), the Ninth Circuit found that

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26 Court notes, however, that at the first administrative hearing, the ALJ’s hypothetical to the vocational  
27 expert did cite a *marked*, and not *moderate*, limitation in social function, and the vocational expert  
28 indicated that Plaintiff could perform work as a cutter/paster and lens inserter. (AR at 111.) These were  
two jobs that the ALJ listed in his opinion that Plaintiff could perform. (AR at 19.) It does not appear  
that the *marked*, versus *moderate*, difficulty in social functioning had much of an impact on the  
vocational expert’s opinion.

1 substantial evidence did not support the Secretary's findings because the ALJ did not provide  
2 specific reasons for disbelieving the treating physician. Rather than remanding for further  
3 proceedings, the Ninth Circuit accepted the treating physician's opinion and ordered the payment of  
4 benefits. *Id.* In *Sprague*, 812 F.2d at 1230-32, the Ninth Circuit awarded benefits, because no  
5 legitimate reasons were given for disregarding the physician's opinion and the Secretary's decision  
6 was not supported by substantial evidence. Similarly, in *Pitzer v. Sullivan*, 908 F.2d 502, 506 (9th  
7 Cir. 1990), the Ninth Circuit awarded benefits when the Secretary did not provide legitimate reasons  
8 for disregarding the opinion of the treating physician and when there was "no legitimate conflicting  
9 testimony." Accordingly, this Court finds that a remand for an award of benefits is proper in this  
10 instance.

#### 11 V. Conclusion

12 After a thorough review of the record and the papers submitted and based on the reasons set  
13 forth above, this Court finds the ALJ's decision that Plaintiff could sustain jobs that constitute  
14 substantial gainful activity and that exist in significant numbers in the regional and national  
15 economies was not supported by substantial evidence in the record and was based on legal error.  
16 Accordingly, this Court recommends Plaintiff's motion for summary judgment be **GRANTED** and  
17 the Commissioner's cross-motion for summary judgment be **DENIED**. This Court further  
18 recommends that this case be **REMANDED** for an award of benefits.

19 This Report and Recommendation is submitted to the United States District Judge assigned  
20 to this case pursuant to 28 U.S.C. § 636(b)(1). Any party may file written objections with the Court  
21 and serve a copy on all parties on or before **February 23, 2010**. The document should be captioned  
22 "Objections to Report and Recommendation." Any reply to the objections shall be filed and served  
23 on or before **March 2, 2010**.

24 **IT IS SO ORDERED.**

25 DATED: February 9, 2010

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27   
28 **CATHY ANN BENCIVENGO**  
United States Magistrate Judge