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**UNITED STATES DISTRICT COURT  
SOUTHERN DISTRICT OF CALIFORNIA**

HOWARD YOUNG,  
CDCR #F-44590,  
  
Plaintiff,  
  
vs.  
  
LARRY SMALLS, et al.,  
  
Defendants.

Civil No. 09-2545 DMS (JMA)

**ORDER DISMISSING THIRD  
AMENDED COMPLAINT FOR  
FAILING TO STATE A CLAIM  
PURSUANT TO 28 U.S.C.  
§§ 1915(e)(2) & 1915A(b)**

I.

**PROCEDURAL HISTORY**

On November 10, 2009, Howard Young (“Plaintiff”), a state prisoner currently incarcerated at Kern Valley State Prison located in Delano, California, and proceeding in pro se, filed a civil rights Complaint pursuant to 42 U.S.C. § 1983. The Court issued an Order on January 19, 2010 dismissing Plaintiff’s Complaint for failing to state a claim pursuant to 28 U.S.C. §§ 1915(e)(2)(B) & 1915A(b). The Plaintiff was notified of the deficiencies of pleading and provided an opportunity to file a First Amended Complaint. However, on that same day, Plaintiff filed his First Amended Complaint [Doc. No. 12].



1 not initially pled.” *Ivey v. Board of Regents of the University of Alaska*, 673 F.2d 266, 268 (9th  
2 Cir. 1982). “Vague and conclusory allegations of official participation in civil rights violations  
3 are not sufficient to withstand a motion to dismiss.” *Id.*

4 **A. 42 U.S.C. § 1983 Liability**

5 Section 1983 imposes two essential proof requirements upon a claimant: (1) that a person  
6 acting under color of state law committed the conduct at issue, and (2) that the conduct deprived  
7 the claimant of some right, privilege, or immunity protected by the Constitution or laws of the  
8 United States. *See* 42 U.S.C. § 1983; *Nelson v. Campbell*, 541 U.S. 637, 124 S. Ct. 2117, 2122  
9 (2004); *Haygood v. Younger*, 769 F.2d 1350, 1354 (9th Cir. 1985) (en banc).

10 1. First Amendment and RLUIPA claims

11 In this Third Amended Complaint, Plaintiff alleges that his First Amendment rights and  
12 rights under the Religious Land Use and Institutionalized Persons Act (“RLUIPA”) have been  
13 violated because prison officials refuse to provide him with a kosher diet. (*See* TAC at 5.)  
14 Plaintiff claims that instead he has been provided with a “religious vegetarian diet” which is  
15 unsanitary and fails to provide him with adequate nutrition. (*Id.*)

16 As to either Plaintiff’s First Amendment or RLUIPA claims, he fails to allege facts  
17 sufficient to state a claim. “The right to exercise religious practices and beliefs does not  
18 terminate at the prison door.” *McElyea v. Babbitt*, 833 F.2d 196, 197 (9th Cir. 1987) (per  
19 curiam). In order to implicate the Free Exercise Clause of the First Amendment, the Plaintiff  
20 must show that their belief is “sincerely held” and “rooted in religious belief.” *See Shakur v.*  
21 *Schiro*, 514 F.3d 878, 884 (citing *Malik v. Brown*, 16 F.3d 330, 333 (9th Cir. 1994)).

22 In addition to First Amendment protections, the Religious Land Use and Institutionalized  
23 Persons Act (“RLUIPA”), 42 U.S.C. § 2000cc-1 *et. seq.*, provides:

24 No government shall impose a *substantial burden on the religious exercise*  
25 of a person residing in or confined to an institution . . . even if the burden results  
26 from a rule of general applicability, unless the government demonstrates that  
27 imposition of the burden on that person – [¶] (1) is in furtherance of a *compelling*  
28 *governmental interest*; and [¶] (2) is the *least restrictive means* of furthering that  
29 compelling governmental interest.

42 U.S.C. § 2000cc-1(a) (emphasis added); *see also San Jose Christian College v. Morgan Hill*,

1 360 F.3d 1024, 1033-34 (9th Cir. 2004) (“RLUIPA ‘replaces the void provisions of RFRA’ . . .  
2 and prohibits the government from imposing ‘substantial burdens’ on ‘religious exercise’ unless  
3 there exists a compelling governmental interest and the burden is the least restrictive means of  
4 satisfying the governmental interest.”).

5 RLUIPA defines religious exercise to include “any exercise of religion, whether or not  
6 compelled by, or central to, a system of religious belief.” 42 U.S.C. § 2000cc-5(7)(A); *San Jose*  
7 *Christian College*, 360 F.3d at 1034. The party alleging a RLUIPA violation carries the initial  
8 burden of demonstrating that a governmental practice constitutes a substantial burden on his  
9 religious exercise. *See* 42 U.S.C. §§ 2000cc-1(a); 2000cc-2(b) (“[T]he plaintiff shall bear the  
10 burden of persuasion on whether the law (including a regulation) or government practice that is  
11 challenged by the claim substantially burdens the plaintiff’s exercise of religion.”).

12 Here, Plaintiff’s Third Amended Complaint is devoid of any allegation that his request  
13 for a vegetarian or kosher meal is tied to any religious belief. Instead, Plaintiff appears to claim  
14 that the amount of food is, at times, insufficient and he would prefer a kosher meal because he  
15 believes it is more sanitary. *See* TAC at 5. Thus, Plaintiff has alleged no facts on which to base  
16 either a First Amendment or RLUIPA claim.

## 17 2. Fourteenth Amendment restitution claim

18 Plaintiff alleges that prison officials are wrongfully garnishing money from deposits made  
19 by family members to pay towards his restitution. Specifically, Plaintiff claims that he was  
20 subjected to a “direct order” restitution which takes precedence over a “restitution fine.”  
21 *See* TAC at 6. As such, Plaintiff claims that only a percentage of his earnings, rather than  
22 deposits from family, can be taken to satisfy the “direct order” restitution and Plaintiff cites to  
23 Section 3097(g) from Title 15 in support of this argument. Section 3097(g) states, in part,  
24 “[w]hen an inmate owes both a restitution fine and a direct order of restitution from a sentencing  
25 court, the department shall collect the direct order(s) of restitution first.” *See* CAL. CODE REGS.  
26 TIT. 15, § 3097(g). However, the remainder of § 3097 very clearly states that the money to be  
27 paid towards a “direct order” restitution or restitution fine can come from both an inmates  
28 earnings or monies deposited in an inmate’s trust account. *See* CAL. CODE REGS. TIT. 15,

1 §§ 3097(a) - (f).

2       There is no legal or statutory authority that supports Plaintiff's claim that prison officials  
3 can only garnish money he receives from inmate wages. Both case law and statutory law  
4 provide for prison officials to have the ability to garnish money from an inmate's trust account  
5 that comes from any source. Plaintiff is correct that initially, California Penal Code § 2085.5  
6 only provided for garnishment of inmate wages but this code section was amended in 1992 to  
7 also allow for garnishments of other types of deposits into an inmate's trust account.  
8 *See Quarles v. Kane*, 482 F.3d 1154, 1155 (9th Cir. 2007). As Plaintiff notes in his Third  
9 Amended Complaint, he was sentenced and subjected to a restitution order in 1996, four years  
10 after the code section had been amended. *See* TAC at 6. Accordingly, Plaintiff's Fourteenth  
11 Amendment due process claims relating to his restitution order and inmate trust account are  
12 dismissed for failing to state a claim upon which relief may be granted and without leave to  
13 amend.

14               3.       Eighth Amendment outdoor exercise and inadequate medical care claims

15       Plaintiff alleges that he was denied outdoor exercise from June 1, 2009 to March 3, 2010  
16 in violation of his Eighth Amendment rights. *See* TAC at 7. "Whatever rights one may lose at  
17 the prison gates, ... the full protections of the eighth amendment most certainly remain in force.  
18 The whole point of the amendment is to protect persons convicted of crimes." *Spain v.*  
19 *Procurier*, 600 F.2d 189, 193-94 (9th Cir. 1979) (citation omitted). The Eighth Amendment,  
20 however, is not a basis for broad prison reform. It requires neither that prisons be comfortable  
21 nor that they provide every amenity that one might find desirable. *Rhodes v. Chapman*, 452 U.S.  
22 337, 347, 349 (1981); *Hoptowit v. Ray*, 682 F.2d 1237, 1246 (9th Cir. 1981). Rather, the Eighth  
23 Amendment proscribes the "unnecessary and wanton infliction of pain," which includes those  
24 sanctions that are "so totally without penological justification that it results in the gratuitous  
25 infliction of suffering." *Gregg v. Georgia*, 428 U.S. 153, 173, 183 (1976); *see also Farmer v.*  
26 *Brennan*, 511 U.S. 825, 834 (1994); *Rhodes*, 452 U.S. at 347. This includes not only physical  
27 torture, but any punishment incompatible with "the evolving standards of decency that mark the  
28 progress of a maturing society." *Trop v. Dulles*, 356 U.S. 86, 101 (1958); *see also Estelle v.*

1 *Gamble*, 429 U.S. 97, 102 (1976).

2 To assert an Eighth Amendment claim for deprivation of humane conditions of  
3 confinement, a prisoner must satisfy two requirements: one objective and one subjective.  
4 *Farmer*, 511 U.S. at 834; *Allen v. Sakai*, 48 F.3d 1082, 1087 (9th Cir. 1994). “Under the  
5 objective requirement, the prison official’s acts or omissions must deprive an inmate of the  
6 minimal civilized measure of life’s necessities.” *Id.* This objective component is satisfied so  
7 long as the institution “furnishes sentenced prisoners with adequate food, clothing, shelter,  
8 sanitation, medical care, and personal safety.” *Hoptowit v. Ray*, 682 F.2d 1237, 1246 (9th Cir.  
9 1982); *Farmer*, 511 U.S. at 833; *Wright v. Rushen*, 642 f.2d 1129, 1132-33 (9th Cir. 1981).

10 The subjective requirement, relating to the defendants’ state of mind, requires “deliberate  
11 indifference.” *Allen*, 48 F.3d at 1087. “Deliberate indifference” exists when a prison official  
12 “knows of and disregards an excessive risk to inmate health and safety; the official must be both  
13 aware of facts from which the inference could be drawn that a substantial risk of serious harm  
14 exists, and he must also draw the inference.” *Farmer*, 511 U.S. at 835. Finally, the Court must  
15 analyze each claimed violation in light of these requirements, for Eighth Amendment violations  
16 may not be based on the “totality of conditions” at a prison. *Hoptowit*, 682 F.2d at 246-47;  
17 *Wright*, 642 F.2d at 1132.

18 In *Spain*, the court stated that “regular outdoor exercise is extremely important to the  
19 psychological and physical well being of the inmates.” *Spain*, 600 F.2d at 199. While a  
20 temporary denial of outdoor exercise would not necessarily rise to the level of a constitutional  
21 violation, Plaintiff’s allegations of a several month denial of outdoor exercise may meet the  
22 objective requirement for stating an Eighth Amendment claim. *See Lopez v.*, 203 F.3d at 1122  
23 (complete denial of outdoor recreation for six and one half weeks was sufficient to satisfy the  
24 objective requirement). However, Plaintiff must also allege that Defendants acted with  
25 “deliberate indifference to an excessive risk to inmate health.” *Farmer*, 511 U.S. at 837.  
26 Plaintiff has failed to allege that any of the named Defendants acted with “deliberate  
27 indifference.” In fact, Plaintiff makes no reference to any specific Defendant with regard to this  
28 Eighth Amendment claim. *See TAC* at 7. Thus, if Plaintiff chooses to file an Amended

1 Complaint, he must specifically identify those Defendants whom he claims acted with  
2 “deliberate indifference” to his Eighth Amendment right.

3 Plaintiff also seeks to hold Defendant Magill liable for violation of his Eighth  
4 Amendment rights on the grounds that Defendant Magill provided inadequate medical care.  
5 Plaintiff alleges that he was seen by Defendant Magill on July 21, 2009 for a “growing rash on  
6 both legs.” TAC at 10. Defendant Magill allegedly determined that the rash was not “urgent”.  
7 *Id.* A few months later, on October 8, 2009, Plaintiff was diagnosed with a staph infection and  
8 provided medication. *Id.*

9 In order to assert a claim for inadequate medical care, Plaintiff must allege facts which  
10 are sufficient to show that each person sued was “deliberately indifferent to his serious medical  
11 needs.” *Helling v. McKinney*, 509 U.S. 25, 32 (1993); *Estelle*, 429 U.S. at 106.. Prison officials  
12 must purposefully ignore or fail to respond to Plaintiff’s pain or medical needs. *Estelle*, 429 U.S.  
13 at 105-06.

14 Thus, to state a claim, Plaintiff must allege facts sufficient to show both: (1) an  
15 objectively “serious” medical need, i.e., one that a reasonable doctor would think worthy of  
16 comment, one which significantly affects his daily activities, or one which is chronic and  
17 accompanied by substantial pain, *see Doty v. County of Lassen*, 37 F.3d 540, 546 (9th Cir. 1994);  
18 and (2) a subjective, and “sufficiently culpable” state of mind on the part of each individual  
19 Defendant. *See Wilson v. Seiter*, 501 U.S. 294, 302 (1991). In other words, Plaintiff must plead  
20 facts that show that Defendants knew of his “serious” need for medical attention and that each  
21 one nevertheless disregarded his need despite the excessive risk posed to his health. *See Farmer*,  
22 511 U.S. at 837.

23 The indifference to medical needs also must be substantial; inadequate treatment due to  
24 malpractice, or even gross negligence, does not amount to a constitutional violation. *Estelle*, 429  
25 U.S. at 106; *Wood v. Housewright*, 900 F.2d 1332, 1334 (9th Cir. 1990). Here, Plaintiff claims  
26 that Defendant Magill did not diagnose him with a more serious infection and instead, Defendant  
27 Magill simply indicated that his condition was a “routine” skin condition. *See* TAC at 10. A  
28 mere difference of opinion between an inmate and prison medical personnel regarding

1 appropriate medical diagnosis and treatment are not enough to establish a deliberate indifference  
2 claim. *Sanchez v. Vild*, 891 F.2d 240, 242 (9th Cir. 1989).

3 Accordingly, Plaintiff's Eighth Amendment claims for lack of outdoor exercise and  
4 failure to provide adequate medical care are dismissed for failing to state a claim upon which  
5 relief may be granted.

#### 6 4. Retaliation claims

7 Plaintiff claims that various Defendants were retaliating against him when Plaintiff was  
8 brought up on disciplinary charges and sentenced to the "SHU"<sup>1</sup>. To state a retaliation claim,  
9 Plaintiff must allege facts sufficient to show that: (1) he was retaliated against for exercising his  
10 constitutional rights, (2) the alleged retaliatory action "does not advance legitimate penological  
11 goals, such as preserving institutional order and discipline," *Barnett v. Centoni*, 31 F.3d 813,  
12 815-16 (9th Cir. 1994) (per curiam), and (3) the defendants' actions harmed him.<sup>2</sup> *See Rhodes*  
13 *v. Robinson*, 380 F.3d 1183, 1131 (9th Cir. 2004) ("Our cases, in short, are clear that any  
14 retribution visited upon a prisoner due to his decision to engage in protected conduct is sufficient  
15 to ground a claim of unlawful First Amendment retaliation--whether such detriment "chills" the  
16 plaintiff's exercise of his First Amendment rights or not."); *see also Resnick*, 213 F.3d at 449;  
17 *Hines v. Gomez*, 108 F.3d 265, 269 (9th Cir. 1997).

18 Here, Plaintiff has failed to allege that Defendants' actions failed to "advance legitimate  
19 penological goals," *Barnett*, 31 F.3d at 815-16, that he was harmed as a result of exercising his  
20 First Amendment rights, *Rhodes*, 380 F.3d at 1131, or has been otherwise 'chilled' in relation  
21 to the exercise of his rights. *Resnick*, 213 F.3d at 449; *Hines*, 108 F.3d at 269. Therefore, the  
22 Court must also sua sponte dismiss Plaintiff's retaliation claims for failing to state a claim upon  
23 which relief can be granted.

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24  
25 <sup>1</sup> The "SHU" is an acronym for the "Secured Housing Unit."

26 <sup>2</sup> "[A] retaliation claim may assert an injury *no more tangible* than a chilling effect on First  
27 Amendment rights." *Gomez v. Vernon*, 255 F.3d 1118, 1127 (9th Cir.2001) (emphasis original).  
28 "Without alleging a chilling effect, a retaliation claim without allegation of other harm is not  
actionable." *Id.* Thus, while many plaintiffs alleging retaliation can show harm by pointing to the  
"chilling effect" such acts may have had on the exercise of their First Amendment rights, "harms  
entirely independent from a chilling effect can ground retaliation claims." *Rhodes*, 380 F.3d at 1131.



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2 5. Property claims

3 Plaintiff further claims that prison officials “wrongfully denied” him his “personal  
4 property of which over \$200.00 went missing.” TAC at 11. Where a prisoner alleges the  
5 deprivation of a liberty or property interest caused by the unauthorized negligent or intentional  
6 action of a prison official, the prisoner cannot state a constitutional claim where the state  
7 provides an adequate post-deprivation remedy. *See Zinermon v. Burch*, 494 U.S. 113, 129-32  
8 (1990); *Hudson v. Palmer*, 468 U.S. 517, 533 (1984). The California Tort Claims Act (“CTCA”)  
9 provides an adequate post-deprivation state remedy for the random and unauthorized taking of  
10 property. *Barnett v. Centoni*, 31 F.3d 813, 816-17 (9th Cir. 1994). Here, Plaintiff has an  
11 adequate state post-deprivation remedy and his claims relating to the taking of his property are  
12 not cognizable in this § 1983 action, and must be dismissed without leave to amend.

13 Thus, Plaintiff’s Third Amended Complaint must be dismissed for failing to state a claim  
14 upon which section 1983 relief may be granted. *See* 28 U.S.C. §§ 1915(e)(2)(b)(ii);  
15 1915A(b)(1). The Court will provide Plaintiff with one final opportunity to amend his pleading  
16 in light of the standards set forth above. *See Lopez*, 203 F.3d at 1130-31.

17  
18 III.

19 **CONCLUSION AND ORDER**

20 Good cause appearing therefor, **IT IS HEREBY ORDERED** that:

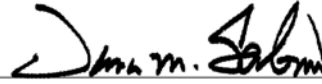
21 1. Plaintiff’s Third Amended Complaint is **DISMISSED** without prejudice pursuant  
22 to 28 U.S.C. §§ 1915(e)(2)(b) and 1915A(b). However, Plaintiff is **GRANTED** forty five (45)  
23 days leave from the date this Order is “Filed” in which to file a Fourth Amended Complaint  
24 which cures all the deficiencies of pleading noted above. Plaintiff’s Amended Complaint must  
25 be complete in itself without reference to the superseded pleading. *See* S.D. Cal. Civ. L. R. 15.1.  
26 Defendants not named and all claims not re-alleged in the Amended Complaint will be deemed  
27 to have been waived. *See King v. Atiyeh*, 814 F.2d 565, 567 (9th Cir. 1987). Further, if  
28 Plaintiff’s Amended Complaint fails to state a claim upon which relief may be granted, it may

1 be dismissed without further leave to amend and may hereafter be counted as a “strike” under  
2 28 U.S.C. § 1915(g). *See McHenry v. Renne*, 84 F.3d 1172, 1177-79 (9th Cir. 1996).

3 2. The Clerk of Court is directed to mail a court approved § 1983 form to Plaintiff.

4 **IT IS SO ORDERED.**

5 DATED: July 19, 2010



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7 HON. DANA M. SABRAW  
8 United States District Judge  
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