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**UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF CALIFORNIA**

JAMES HELDT,

Plaintiff,

v.

THE GUARDIAN LIFE
INSURANCE COMPANY OF
AMERICA,

Defendant.

Case No. 16-cv-00885-BAS-NLS
**ORDER DENYING
DEFENDANT’S MOTION TO
DISMISS**

[ECF No. 33]

Plaintiff James Heldt filed his First Amended Complaint (“FAC”) alleging (1) a violation of California’s Confidentiality of Medical Information Act (“CMIA”), Cal. Civ. Code §§ 56-56.37; (2) negligence; and (3) invasion of privacy. (FAC ¶¶ 22–49, ECF No. 25.) In response, Defendant The Guardian Life Insurance Company of America filed a motion to dismiss. (Mot., ECF No. 33.) Plaintiff opposes the Motion. (Opp’n, ECF No. 34.)

The Court finds Defendant’s Motion suitable for determination on the papers submitted and without oral argument. *See* Fed. R. Civ. P. 78(b); Civ. L.R. 7.1(d)(1). For the following reasons, the Court **DENIES** Defendant’s Motion to Dismiss.

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1 **I. BACKGROUND¹**

2 “Plaintiff obtained health care services through Defendant’s health care
3 service plan from on or about 2008.” (FAC ¶ 24.) As part of a disability claim,
4 Plaintiff alleges he submitted confidential information to Defendant, “including his
5 name, personal information, social security number, age, address, and health
6 information.” (*Id.* ¶ 13.) Plaintiff claims he did not authorize Defendant to disclose
7 his private medical information. (*Id.*)

8 “Defendant hired a private investigator to conduct a 1-2 day surveillance of
9 Plaintiff.” (FAC ¶ 16.) Defendant’s file allegedly “contains a surveillance report and
10 surveillance video purportedly of Plaintiff prepared in April 2015 by the private
11 investigator hired by [Defendant].” (*Id.*) This report allegedly contains a description
12 of Plaintiff’s medical diagnosis and other medical information. (*Id.*)

13 Plaintiff alleges Shaunte W. Austin, a Disability Management Coordinator
14 with Select Medical Corporation, contacted him. (FAC ¶¶ 8, 17.) Ms. Austin
15 allegedly informed Plaintiff that Defendant had requested Select Medical perform a
16 functional capacity evaluation on Plaintiff. (*Id.* ¶ 17.) Select Physical Therapy, a
17 division of Select Medical Corporation located in San Diego, California, was to
18 conduct the evaluation. (*Id.* ¶¶ 8, 17.) During the telephone call, Plaintiff claims Ms.
19 Austin asked him “personal medical questions that [Ms. Austin] represented” were
20 part of a questionnaire for the functional capacity evaluation. (*Id.* ¶ 17.) Additionally,
21 he alleges Ms. Austin requested he “send confidential medical documentation as to
22 his condition” to Select Medical. (*Id.*) Plaintiff alleges he requested an
23 accommodation for the evaluation on account of his disability, and Ms. Austin
24 represented that she was working with Defendant and had the authority to facilitate
25 Plaintiff’s request. (*Id.*) Plaintiff alleges he “had an expectation he was working with
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28 ¹ All facts are taken from the FAC. For this Motion, the Court assumes all facts alleged in
the FAC are true. *See, e.g., Cahill v. Liberty Mut. Ins. Co.*, 80 F.3d 336, 337–38 (9th Cir. 1996).

1 [Defendant] and was not revealing private information to a party with no duty to
2 protect such information.” (*Id.*)

3 Thereafter, Ms. Austin allegedly forwarded two emails from Plaintiff to one
4 of Defendant’s employees, Kimberly Stauder, “a Vocational Rehabilitation
5 Specialist on the Professional Resources Team in the Group Life, Absence, and
6 Disability Management Solutions Department for Defendant.” (FAC ¶¶ 7, 18.) Ms.
7 Stauder allegedly forwarded the emails to two employees, Michael Corcoran and
8 Chad Heffelfinger. (*Id.* ¶ 18.) Plaintiff asserts the emails “contain[ed] medical
9 information and a discussion of a phone call from Ms. Austin to Plaintiff during
10 which medical information was requested.” (*Id.*)

11 In addition, Plaintiff alleges one of Defendant’s employees sent Select
12 Physical Therapy the aforementioned surveillance report on Plaintiff. (FAC ¶ 19.)
13 The report “contain[ed] a diagnosis description and other medical information.” (*Id.*)
14 Plaintiff also alleges he is not the “individual in the surveillance video.” (*Id.*)

15 Plaintiff alleges he “reported to Defendant the unauthorized release of
16 Plaintiff’s confidential medical and personal information to [Ms. Austin] and Select
17 Physical Therapy.” (FAC ¶ 20.) Plaintiff contends “Defendant did nothing” in
18 response to Plaintiff’s report. (*Id.*) Following Plaintiff’s report of the unauthorized
19 release, Plaintiff alleges “Defendant wrongfully terminated Plaintiff’s policy”
20 instead of conducting an investigation. (*Id.* ¶ 21.)

21 Based on the foregoing, Plaintiff brings claims against Defendant for (1)
22 violation of the CMIA; (2) negligence; and (3) invasion of privacy. (FAC ¶¶ 22–49.)

23 Defendant moves to dismiss Plaintiff’s first and second causes of action for
24 violation of the CMIA and negligence. (Mot. 1:2–5.) First, Defendant argues
25 Plaintiff’s CMIA claim is defective because the CMIA does not apply to insurance
26 companies. (*Id.* 3–6.) Second, Defendant argues Plaintiff’s negligence claim fails
27 because Defendant does not owe Plaintiff a duty of care and this claim is conflict
28 preempted by ERISA. (*Id.* 7.)

1 **II. LEGAL STANDARD**

2 A motion to dismiss pursuant to 12(b)(6) of the Federal Rules of Civil
3 Procedure tests the legal sufficiency of the claims asserted in the complaint. Fed. R.
4 Civ. P. 12(b)(6); *Navarro v. Block*, 250 F.3d 729, 732 (9th Cir. 2001). The court
5 must accept all factual allegations pleaded in the complaint as true and must construe
6 them and draw all reasonable inferences from them in favor of the non-moving party.
7 *Cahill*, 80 F.3d at 337–38. To avoid a Rule 12(b)(6) dismissal, a complaint need not
8 contain detailed factual allegations; rather, it must plead “enough facts to state a
9 claim to relief that is plausible on its face.” *Bell Atl. Corp. v. Twombly*, 550 U.S.
10 544, 570 (2007). “A claim has facial plausibility when the plaintiff pleads factual
11 content that allows the court to draw the reasonable inference that the defendant is
12 liable for the misconduct alleged.” *Ashcroft v. Iqbal*, 556 U.S. 662, 678 (2009)
13 (citing *Twombly*, 550 U.S. at 556). “Where a complaint pleads facts that are ‘merely
14 consistent with’ a defendant’s liability, it ‘stops short of the line between possibility
15 and plausibility of entitlement to relief.’” *Id.* (quoting *Twombly*, 550 U.S. at 557).

16 “[A] plaintiff’s obligation to provide the ‘grounds’ of his ‘entitle[ment] to
17 relief’ requires more than labels and conclusions, and a formulaic recitation of the
18 elements of a cause of action will not do.” *Twombly*, 550 U.S. at 555 (alteration in
19 original) (quoting *Papasan v. Allain*, 478 U.S. 265, 286 (1986)). A court need not
20 accept “legal conclusions” as true. *Iqbal*, 556 U.S. at 678. Despite the deference the
21 court must pay to the plaintiff’s allegations, it is not proper for the court to assume
22 that “the [plaintiff] can prove facts that it has not alleged or that the defendants have
23 violated the . . . law[] in ways that have not been alleged.” *Assoc. Gen. Contractors*
24 *of Cal., Inc. v. Cal. State Council of Carpenters*, 459 U.S. 519, 526 (1983).

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1 **III. DISCUSSION**

2 **A. California’s Confidentiality of Medical Information Act**

3 Defendant moves to dismiss Plaintiff’s first claim on the grounds that the
4 CMIA does not apply to it because Defendant is an insurance company. (Mot. 1:6–
5 8.) Plaintiff argues that the CMIA applies because Defendant provided him with a
6 health care service plan. (Opp’n 5:14–16.)

7 The CMIA prohibits health care providers, health care service plans, and
8 contractors from disclosing confidential medical information without authorization.
9 Cal. Civ. Code § 56.10. A health care provider “does not include insurance
10 institutions as defined in subdivision (k) of Section 791.02 of the Insurance Code.”
11 *Id.* § 56.05(m). A health care service plan is “any entity regulated pursuant to the
12 Knox-Keene Health Care Service Plan Act of 1975.” *Id.* § 56.05(g). The definition
13 of an insurance institution explicitly excludes health care service plans governed by
14 the Knox-Keene Act. Cal. Ins. Code. § 791.02(k) (explaining that an insurance
15 institution “shall not include agents, insurance-support organizations, or health care
16 service plans regulated pursuant to the Knox-Keene Health Care Service Plan Act”).

17 Based on the above definitions, Defendant argues that Plaintiff makes “bogus
18 contention[s]” and “adventures into fiction” in his claim that Defendant provided
19 him with a health care service plan. (Reply 4:12–14, 20; *see also* Mot. 4:25–5:4.)
20 The Court acknowledges Defendant’s argument that by definition the CMIA may
21 not encompass an insurance institution in this context. However, the Court is not
22 convinced that this issue can be resolved at the motion to dismiss phase in light of
23 Plaintiff’s allegations.

24 Plaintiff’s FAC contains factual allegations to support his argument that the
25 CMIA applies to Defendant. (Opp’n 5:19–20.) For example, Plaintiff alleges that he
26 “obtained health care services through Defendant’s health care service plan from on
27 or about 2008,” (FAC ¶ 24), and that Plaintiff “was a patient who obtained health
28 care services provided by Defendant,” (*id.* ¶ 23). Thus, Plaintiff argues Defendant

1 falls under the CMIA because it “offered plans which arrange for the provision of
2 health care services [including] Dental and Vision options, which meet the
3 qualifications for basic health care services.” (Opp’n 5:14–18.)

4 Because the Court must accept all allegations as true at the motion to dismiss
5 phase, the Court finds that Plaintiff has alleged sufficient facts to invoke the CMIA.
6 If Defendant believes it can establish that Plaintiff’s allegations are “fiction,” then
7 Defendant’s solution is to challenge Plaintiff’s allegations with a motion for
8 summary judgment or at trial. Accordingly, the Court denies Defendant’s Motion to
9 Dismiss Plaintiff’s CMIA claim.

10 11 **B. Negligence**

12 Defendant makes two arguments for dismissal of Plaintiff’s negligence claim.
13 First, Defendant argues it does not owe a duty of care to Plaintiff. Second, in the
14 event that Defendant does owe a duty of care to Plaintiff, Defendant argues
15 Plaintiff’s claim is conflict preempted by ERISA.

16 **1. Duty of Reasonable Care**

17 Plaintiff alleges Defendant was negligent in safeguarding his private medical
18 information. (FAC ¶¶ 35–42.) Plaintiff accordingly argues Defendant owed him an
19 independent duty to exercise due care. (Opp’n 8:26–27.) Defendant disagrees,
20 arguing that there is no legal duty for Plaintiff to base his claim upon as a matter of
21 law. (Mot. 7:1–28.)

22 In order to state a claim for negligence, the plaintiff must allege that: (1) the
23 defendant owed him a duty to exercise due care; (2) defendant breached that duty;
24 (3) causation; and (4) damages. *See Merrill v. Navegar, Inc.*, 26 Cal. 4th 465, 477
25 (2001). The duty of care “may be imposed by law, be assumed by the defendant, or
26 exist by virtue of a special relationship.” *Potter v. Firestone Tire & Rubber Co.*, 6
27 Cal. 4th 965, 985 (1993) (citation omitted). “All persons are required to use ordinary
28 care to prevent others [from] being injured as the result of their conduct.” *Rowland*

1 v. *Christian*, 69 Cal. 2d 108, 112 (1968), *superseded by statute on other grounds as*
2 *stated in Calvillo-Silva v. Home Grocery*, 19 Cal. 4th 714, 722 (1998) (citations
3 omitted). Courts rely on the following factors to determine whether a party owes
4 another a duty of reasonable care:

5 [T]he foreseeability of harm to the plaintiff, the degree of certainty that
6 the plaintiff suffered injury, the closeness of the connection between
7 the defendant's conduct and the injury suffered, the moral blame
8 attached to the defendant's conduct, the policy of preventing future
9 harm, the extent of the burden to the defendant and consequences to the
10 community of imposing a duty to exercise care with resulting liability
11 for breach, and the availability, cost, and prevalence of insurance for
12 the risk involved.

13 *Id.* at 113 (citations omitted). These factors may be used to establish a defendant's
14 duty to protect private information. *See Castillo v. Seagate Tech., LLC*, No. 16-cv-
15 01958-RS, 2016 WL 9280242, at *2–3 (N.D. Cal. Sept. 14, 2016) (stating “the
16 *Rowland* factors compel the conclusion [the defendant] was duty-bound to take
17 reasonable steps to protect all personal identifying information it obtained from its
18 employees”).

19 Applying the *Rowland* factors, the Court finds that Plaintiff has stated
20 sufficient facts to establish a plausible claim that Defendant owed him a duty of
21 reasonable care to safeguard Plaintiff's private medical information.² It is both
22 foreseeable and certain that Plaintiff would suffer harm as a result of Defendant
23 allegedly disseminating his private medical information. Furthermore, Plaintiff
24 alleges Defendant was responsible for the dissemination of his private medical
25 information. Assuming it is true that Defendant released Plaintiff's medical
26 information without his consent, there is a close enough connection between
27 Defendant's conduct and Plaintiff's injury. Thus, at this stage, it is plausible that

28 ² Because Plaintiff has alleged sufficient facts to establish a duty of care under the *Rowland*
factors, the Court does not address Plaintiff's competing theory establishing a duty of care through
a contractual relationship. The Court also does not address the possibility of negligence per se via
a statutory duty found in the CMIA.

1 Plaintiff can prove a duty of care under the *Rowland* factors, but the Court
2 acknowledges that at a later stage, further facts may reveal the *Rowland* factors are
3 not satisfied and Defendant owed Plaintiff no duty of care.³

4 **2. Conflict Preemption**

5 Having found Plaintiff has stated a plausible claim that Defendant owed him
6 a duty to exercise reasonable care in handling Plaintiff's private medical
7 information, the Court addresses conflict preemption of Plaintiff's claim. *See Retail*
8 *Prop. Tr. v. United Bhd. of Carpenters & Joiners of Am.*, 768 F.3d 938, 949 (9th Cir.
9 2014). Conflict preemption under ERISA arises from section 514(a) of the statute.
10 *Marin Gen. Hosp. v. Modesto & Empire Traction Co.*, 581 F.3d 941, 944–45. This
11 provision is “one of the broadest preemption clauses ever enacted by Congress.”
12 *Joanou v. Coca-Cola Co.*, 26 F.3d 96, 99 (9th Cir. 1994). It provides that ERISA
13 “shall supersede any and all State laws insofar as they may now or hereafter relate
14 to any employee benefit plan” 29 U.S.C. § 1144(a). “The Supreme Court has
15 criticized the ‘unhelpful text’ of this ERISA preemption provision,” *Paulsen v. CNF*
16 *Inc.*, 559 F.3d 1061, 1081 (9th Cir. 2009) (quoting *Cal. Div. of Labor Standards*

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18 ³ To demonstrate Plaintiff's negligence claim fails, Defendant requests the Court take
19 judicial notice of authorizations that (i) Plaintiff purportedly signed and (ii) allowed Defendant to
20 release his medical information. (Request for Judicial Notice Ex. C, ECF No. 33-2.) Although these
21 authorizations may be key to disproving Plaintiff's claim, the Court is unpersuaded by Defendant's
22 argument that it may consider them on a motion to dismiss. Defendant argues judicial notice of
23 these authorizations is proper because “their validity cannot be disputed.” However, that is not the
24 complete standard. Under Federal Rule of Evidence 201, the Court may take judicial notice of facts
25 not subject to reasonable dispute because they “can be accurately and readily determined from
26 sources whose accuracy cannot reasonably be questioned.” Fed. R. Evid. 201(b)(2). Defendant does
27 not explain why its records of authorization forms between private parties is a source “whose
28 accuracy cannot reasonably be questioned.” *See id.* Hence, the Court denies this request.

24 The more appropriate mechanism to apply to Defendant's request is the doctrine of
25 incorporation by reference, which has been adapted to this context. “Although generally the scope
26 of review on a motion to dismiss for failure to state a claim is limited to the Complaint, a court may
27 consider evidence on which the ‘complaint ‘necessarily relies’ if: (1) the complaint refers to the
28 document; (2) the document is central to the plaintiff's claim; and (3) no party questions the
authenticity of the copy attached to the 12(b)(6) motion.” *Daniels-Hall v. Nat'l Educ. Ass'n*, 629
F.3d 992, 998 (9th Cir. 2010) (citation omitted). Plaintiff's FAC does not mention or refer to the
authorizations Defendant seeks to rely upon. Thus, even under this doctrine, the Court concludes
considering Plaintiff's authorizations at the motion to dismiss phase is not warranted.

1 *Enft v. Dillingham Constr., N.A.*, 519 U.S. 316, 324 (1997)), and the Ninth Circuit
2 has “similarly remarked that the ‘relate to’ language has been the source of great
3 confusion and multiple and slightly differing analyses,” *id.* (citing *Abraham v.*
4 *Norcal Waste Sys., Inc.*, 265 F.3d 811, 819 (9th Cir. 2001), *abrogated on other*
5 *grounds by Fossen v. Blue Cross & Blue Shield of Mont., Inc.*, 660 F.3d 1102 (9th
6 Cir. 2011)). That said, “the Supreme Court has instructed that a law relates to an
7 employee benefit plan if it has either a ‘connection with’ or ‘reference to’ such a
8 plan. This is a two-part inquiry.” *Id.* at 1081–82 (citing *Ingersoll-Rand Co. v.*
9 *McClendon*, 498 U.S. 133, 139 (1990); *Dillingham Constr.*, 519 U.S. at 324).

10 **a. Reference to an ERISA Plan**

11 The first part of this inquiry is whether the state law has a “reference to” an
12 employee benefit plan. *Paulsen*, 559 F.3d at 1082. “To determine whether a law has
13 a forbidden ‘reference to’ ERISA plans,” the court considers “whether (1) the law
14 ‘acts immediately and exclusively upon ERISA plans,’ or (2) ‘the existence of
15 ERISA plans is essential to the law’s operation.’” *Id.* (quoting *Golden Gate Rest.*
16 *Ass’n v. City & Cty. of S.F.*, 546 F.3d 639, 657 (9th Cir. 2008)).

17 Plaintiff’s claim does not satisfy this first option for conflict preemption
18 because it is not based on a state law that references an ERISA plan. California tort
19 law does not “act[] immediately and exclusively upon ERISA plans.” *See*
20 *Dillingham*, 519 U.S. at 325. Furthermore, it is not essential to California tort law
21 that an ERISA plan exist. *See, e.g., Abraham*, 265 F.3d at 820 (holding the “reference
22 to” prong of the first inquiry does not preempt a state negligence claim because the
23 “state law certainly does not act immediately and exclusively on an ERISA plan, nor
24 is such a plan essential to the operation of the law”). Therefore, Plaintiff’s negligence
25 claim does not have a “reference to” an employee benefit plan. *See Paulsen*, 559
26 F.3d at 1082.

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1 However, “[t]he fact that the conduct at issue allegedly occurred ‘in the course
2 of [] administration of the plan’ does not create a relationship sufficient to warrant
3 preemption.” *Dishman v. UNUM Life Ins. Co. of Am.*, 269 F.3d 974, 984 (9th Cir.
4 2001). “[P]re-emption does not occur . . . if the state law has only a tenuous, remote,
5 or peripheral connection with covered plans, as is the case with many laws of general
6 applicability.” *Id.* (citing *N.Y. State Conference of Blue Cross & Blue Shield Plans*
7 *v. Travelers Ins. Co.*, 514 U.S. 645, 661 (1995)). This is because “the objective of
8 Congress in crafting Section 1144(a) was not to provide ERISA administrators with
9 blanket immunity from garden variety torts which only peripherally impact daily
10 plan administration.” *Id.*

11 Constrained to the factual allegations contained in Plaintiff’s FAC, the Court
12 cannot conclude that Defendant’s conflict preemption defense applies as a matter of
13 law based on a “connection with” an ERISA plan. As in *Dishman*, preempting
14 Plaintiff’s negligence claim based on only the allegations in the FAC would grant
15 Defendant “immunity from garden variety torts which only peripherally impact daily
16 plan administration.” *See* 269 F.3d at 984. Plaintiff is not seeking plan benefits or
17 damages resulting from Defendant’s denial of benefits through the negligence claim.
18 Rather, Plaintiff is seeking damages related to the alleged release of his private
19 medical information, independent of the ERISA plan that Defendant issued to
20 Plaintiff. *See id.* at 983 (explaining ERISA preemption is less likely when a “tort
21 claim does not depend on or derive from [a] claim for benefits in any meaningful
22 way” and a Plaintiff is “not seeking to obtain through a tort remedy that which he
23 could not obtain through ERISA”). At a later stage, Defendant may establish its
24 conflict preemption defense by introducing facts that demonstrate an impermissible
25 “connection with” an ERISA plan. But any such facts are not before the Court on
26 this Motion, and the Court therefore concludes Plaintiff’s allegations do not show
27 his claim is conflict preempted as a matter of law.

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1 In sum, the Court is unconvinced by Defendant's two grounds for seeking
2 dismissal of Plaintiff's negligence claim. Plaintiff states sufficient facts to allege
3 Defendant owed him a duty of care. Further, Plaintiff's allegations do not establish
4 Defendant's conflict preemption defense applies. Thus, the Court denies
5 Defendant's request to dismiss Plaintiff's negligence claim.

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7 **IV. CONCLUSION**

8 For the foregoing reasons, the Court **DENIES** Defendant's Motion to Dismiss
9 (ECF No. 33) Plaintiff's claims for (i) violation of California's Confidentiality of
10 Medical Information Act and (ii) negligence.

11 **IT IS SO ORDERED.**

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13 **DATED: November 8, 2017**


Hon. Cynthia Bashant
United States District Judge

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