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8 UNITED STATES DISTRICT COURT
9 SOUTHERN DISTRICT OF CALIFORNIA
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11 LOUIS WILLIAMS,
12 Plaintiff,
13 v.
14 NANCY A. BERRYHILL, Acting
15 Commissioner of Social Security,
16 Defendant.
17

Case No.: 17CV226-AJB(JMA)

REPORT & RECOMMENDATION

18
19 Plaintiff Louis Williams ("Plaintiff") seeks judicial review of Defendant Acting
20 Social Security Commissioner Nancy A. Berryhill's ("Defendant") determination
21 that he is not entitled to disability insurance benefits ("DIB"). The parties have
22 filed cross-motions for summary judgment. For the reasons set forth below, the
23 Court recommends Plaintiff's motion for summary judgment be DENIED and
24 Defendant's cross-motion for summary judgment be GRANTED.

25 **I. BACKGROUND**

26 Plaintiff was born on February 23, 1968. (Admin. R. at 34.) He completed
27 "some college." (Id.) His last job was as a production floor laborer with Trendes
28 Corporation. (Id.) He described that job as being "extreme physical work," which

1 included driving a truck, operating a fork lift, working a manufacture assembly
2 line and heavy lifting (estimating the weight to be over 200 pounds). (Id. at 34-35.
3 He last worked in 2009, when he was laid off. (Id. at 35.) He testified at the time,
4 his employer had been trying to terminate him because his depression was
5 negatively affecting his job performance. (Id.) He has not worked since that time.
6 (Id. at 160.)

7 In his application for DIB, filed on August 1, 2012, Plaintiff alleged a
8 disability onset date of August 1, 2009, due to depression, fibromyalgia, and
9 chronic pain. (Id. at 143, 145.) Plaintiff's applications were denied initially on July
10 22, 2013, and upon reconsideration on December 3, 2013. (Id. at 86-90; 94-99.)
11 On January 8, 2014, Plaintiff requested an administrative hearing. (Id. at 100-01.)
12 A hearing was conducted on September 10, 2015, by Administrative Law Judge
13 ("ALJ") Keith Dietterle, who determined on October 16, 2015, that Plaintiff was
14 not disabled. (Id. at 11-25.) Plaintiff requested a review of the ALJ's decision; the
15 Appeals Council for the Social Security Administration ("SSA") denied Plaintiff's
16 request for review on December 2, 2016. (Id. at 1-5.) Plaintiff then commenced
17 this action pursuant to 42 U.S.C. § 405(g).

18 **II. MEDICAL EVIDENCE**

19 **A. Treating Physicians**

20 The medical evidence establishes Plaintiff received ongoing and regular
21 treatment for depression and chronic back pain from locations from 2011 through
22 2015 at the Family Health Centers of San Diego's Chase Avenue and Logan
23 Heights locations. Treatment notes of a visit he made on December 9, 2011
24 indicate he had a several year history of back pain and "muscle spasms"
25 diffusely, including arms and legs. (Id. at 249-250.) The pain in his lower back,
26 with radiation to shoulders, was estimated to be a 7-10 on a scale of 1-10. With
27 medication, he reported the pain improved to a 3-4 out of 10. Plaintiff used

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1 Tylenol, Ibuprofen, Flexiril and, about once a week when the pain was severe,
2 Percocet. (Id.) He also took Prozac once a day for depression. (Id.)

3 On May 10, 2012, Plaintiff was seen by Kelly Hagerich, M.D. at the Chase
4 Avenue facility. (Id. at 316-317.) The purpose of his visit was to request
5 medication refills because he had lost all his medication in a house fire and to
6 request a disability form be completed. Dr. Hagerich observed he should have
7 run out of medication much earlier. When asked, Plaintiff was "not able to provide
8 a clear reason as to why he thinks he is disabled, besides 'back spasms.'" Plaintiff
9 then became angry when Dr. Hagerich told him that she did not have
10 "enough information to fill out his disability form" and scheduled an appointment
11 with Christopher J. Gordon, M.D., a physician with the Chase Ave. facility who
12 treated Plaintiff on a regular basis, for the next day. (Id.)

13 When Dr. Gordon saw Plaintiff on May 11, 2012, Plaintiff again reported
14 back pain in his lower back with radiation to his upper back and neck, and in the
15 past five years, also radiating to both arms. (Id. at 245-248 and 372-374.) Plaintiff
16 reported that repetitive activities and "gripping" worsened his symptoms and
17 described the pain as an 8 of 10 without medication and as a 4 with medication.
18 He coped with the pain on a daily basis, but only took Percocet once every 2
19 weeks. He continued to take Prozac for depression, but reported his energy was
20 low. Dr. Gordon noted during the physical exam Plaintiff displayed full motor and
21 sensory abilities with no evidence of loss of sensation, weakness, or other
22 problem in any extremity or spinal area. (Id.)

23 The following month, Plaintiff was seen by Dr. Gordon again, at which time
24 he requested to be tested for fibromyalgia. (Id. at 242-244.) He reported "sharp
25 pain" on an intermittent basis in his lower back that was exacerbated by kneeling
26 down and reaching. He also complained of muscle spasms and numbness in his
27 upper arms and said his symptoms had worsened. He reported that Percocet
28 helped, but said he only took it when the pain was exacerbated. He had not

1 taken Baclofen. He had started a physical therapy regimen and asked if going to
2 the gym would create an issue with his application for disability benefits. His
3 physical exam showed that he had full strength in all of his extremities. (Id.)

4 During 2012, Dr. Gordon twice referred Plaintiff for imaging, including x-
5 rays and MRIs, of his thoracic and cervical spine. (Id. at 400-404.) The x-rays
6 showed mild multilevel degenerative disc disease in the thoracolumbar junction
7 and upper lumbar spine at L1-L2. (Id. at 403-404.) The MRI of his cervical spine
8 indicated Plaintiff had straightening of the normal cervical lordosis with multilevel
9 cervical spondylosis, but no central spinal stenosis. Probable impingement of
10 multiple exiting nerve roots was detected, as well as a large syrinx within the
11 cervical spinal cord at the T1 and T2 levels. (Id.) The MRI of his thoracic spine
12 showed a broad-based disc bulge at T3-T4 with mild spondylosis. (Id. at 400-
13 402.)

14 When Dr. Gordon saw Plaintiff on September 18, 2012, Plaintiff rated his
15 chronic mid and upper back pain as a 7-8 out of 10 and reported that nothing
16 alleviated it. (Id. 303-305.) He also reported that when his back spasmed, he
17 experienced numbness and weakness in one or the other arm, lasting 5 minutes.
18 He had stopped attending physical therapy because “depression symptoms
19 kicked in, (and he) had no motivation to go.” The physical exam showed
20 tenderness to palpation to the upper thoracic paraspinal muscles on the right
21 side and that Plaintiff retained full strength in all upper extremities including
22 flexion, extension, and grip. (Id.)

23 On September 27, 2012, Camellia Clark, M.D. saw Plaintiff for a follow up
24 mental status exam. (Id. at 361-362.) At that time he reported he had not filled his
25 Trazodone prescription (for sleep) due to the expense. He reported he was tired,
26 was still in “lots of pain” and was angry about the inadequacies of social services,
27 including medical coverage. Dr. Clark explained that Plaintiff’s tiredness was
28 unlikely to improve without quality sleep and encouraged him to take the

1 Trazodone. She observed Plaintiff was cooperative with a good thought process
2 and appropriate judgment and insight. He had fair attention and concentration
3 with an irritable and depressed mood and showed normal thought content with
4 no suicidal or homicidal ideations and no auditory or visual hallucinations. (Id.)

5 On November 8, 2012, Plaintiff was assessed by Licensed Clinical Social
6 Worker Charissa Ruud, of the Chase Avenue facility, for moderate depressive
7 disorder. (Id. at 264-268.) He reported he had experienced depression symptoms
8 since his 20s. He suffered from domestic violence, child abuse and sexual abuse
9 as a child and had recently seen his house burn down, along with all his
10 possessions. LCSW Ruud noted Plaintiff had a depressed mood most days,
11 anhedonia, weight loss of 10-15 pounds without effort, sleep difficulties, fatigue,
12 low energy, psychomotor retardation, feelings of guilt and low self-esteem,
13 diminished concentration, and difficulty managing his anger. He reported that
14 day his pain was a 5 to 8 out of 10. He was taking Prozac and Gabapentin, but
15 still had not filled the Trazodone prescription. (Id.)

16 Plaintiff's mental status exam showed that he was well orientated and
17 had normal thought process and thought content. (Id. at 267.) Ruud noted he had
18 an average intellect with a depressed mood and an inability to concentrate, and
19 demonstrated age appropriate judgment and insight. (Id.) When asked to identify
20 his strengths, Plaintiff responded he was "personable, analytical and a thinker."
21 (Id. at 268.)

22 On March 4, 2013, Plaintiff again underwent MRIs of his thoracic and
23 cervical spine which showed little interval change and documented extensive
24 syringohydromyelia extending from approximately the C7-T1 level to the T6-T7
25 levels. The MRI of the cervical spine showed little interval change, large
26 cervicothoracic syrinx, multilevel mild spondylosis, no central canal stenosis, and
27 multilevel uncovertebral arthrosis and facet arthropathy with multilevel foraminal
28 stenosis distribution. (Id. at 285-288.)

1 Thereafter, he was referred by Dr. Gordon to neurosurgeon Tyrone Hardy,
2 M.D., who reviewed the MRI results and then saw Plaintiff on April 11, 2013. (Id.
3 at 280-284.) Plaintiff reported to Dr. Hardy that he had seen a number of
4 physicians in the past and on many occasions his symptoms were dismissed,
5 possibly as psychosomatic. He complained of some intermittent difficulty with
6 walking, but reported his symptoms were mainly located in his hands and arms,
7 were greater on the left side than the right, and were slowly worsening. At this
8 time he was taking Oxycodone for pain management. Dr. Hardy performed a
9 motor and sensory examination of Plaintiff's upper extremities that showed some
10 minimal weakness of pronation and supination bilaterally of the hands, but
11 otherwise Plaintiff had full motor and sensory abilities with no evidence of loss of
12 sensation, weakness, or other problem in any extremity or spinal area. (Id.)

13 Dr. Hardy's assessment of Plaintiff was that he primarily had a pain
14 syndrome intermittently with some tingling dysesthesias and Lhermitte-type
15 phenomenon as a result of syringomyelia of the cervical thoracic spinal cord. He
16 informed Plaintiff the treatment approach would be a drainage-type of procedure
17 which carries "significant risk and poor long-term prognosis." He advised Plaintiff
18 to defer having any surgical intervention and be treated symptomatically for his
19 pain problem with regular visits. Plaintiff was also cautioned to limit any kind of
20 traumatic activity that could worsen his condition. (Id. at 282.)

21 When he next saw Dr. Gordon, on June 18, 2013, Plaintiff rated his pain at
22 an 8 to 9 out of 10, and explained he had decided to wait on surgery due to Dr.
23 Hardy's prognosis. (Id. at 295-296; 351-352.) He had not filled the prescription for
24 Gabapentin and asked for an Oxycodone prescription, which he had received
25 during a recent hospitalization and he said "made him feel rest." (Id.)

26 Plaintiff was seen by Dr. Gordon twice more that year. During both visits he
27 reported his pain had worsened to a 10 without medication, and improved to a 5-
28 7 of 10 with medication (Vicodin) or on a good day. (Id. at 338, 348.) He reported

1 he tried taking Gabapentin, but stopped because it elevated his heart rate. (Id. at
2 348.) He reported his pain affected his ability to perform both active and inactive
3 daily living activities, but with medication he was able to get a good night of rest
4 and be more mobile during the day. (Id. at 338, 348.) He also reported he was
5 taking steps to obtain a disabled person placard from the DMV. (Id. at 338)

6 On November 8, 2013, Joe Sepulveda, M.D. conducted a psychiatric
7 evaluation of Plaintiff. (Id. at 341-343.) Plaintiff informed Dr. Sepulveda that
8 medications he had tried in the past had not completely resolved his symptoms
9 of depression. He reported experiencing anhedonia, hypersomnia, poor
10 concentration, lack of pleasure, poor energy, and “chronic poorly controlled
11 musculoskeletal and neuropathic pain.” The mental status exam showed Plaintiff
12 had appropriate judgment and insight with a good memory. It also showed he
13 had an appropriate fund of general knowledge and appropriate attention span
14 and ability to concentrate. (Id.)

15 Dr. Sepulveda linked Plaintiff’s inability to obtain complete relief of his
16 depressive symptoms through medication with his uncontrolled chronic pain,
17 opining “given chronic poorly controlled pain it is very likely that despite
18 psychotropic interventions that [Plaintiff] will continue to have residual symptoms
19 of poor mood.” (Id. at 343.) He increased Plaintiff’s dosage of Prozac and
20 strongly recommended Plaintiff undergo “ongoing therapy for depression and for
21 development of relaxation and coping mechanisms for depressive symptoms due
22 to chronic pain.” (Id.)

23 In 2014, Plaintiff began receiving treatment at the Logan Heights Family
24 Health Center because he was homeless and did not have transportation to get
25 to the Chase Avenue location. (Id. at 426.) On June 4, 2014, he saw Tania
26 Media, M.D. in order to refill his medications. He reported he had been out of his
27 medication, including his pain medication, for a couple of months. He was not
28 depressed and was observed to be “happy and comfortable,” but he rated his

1 pain at a 9 out of 10. (Id.) His prescriptions for his anti-depression and
2 hypertension medications were refilled, but his prescription for the pain reliever
3 Norco was not. (Id. at 427.)

4 On July 8, 2014, he followed up with Ebrahim Mohamedy M.D. for pain
5 management and hypertension. (Id. at 424.) Plaintiff reported that Norco alone
6 did not alleviate his back pain. He had visited a pain specialist, but refused to
7 refill his prescription for pain medication. He rated his pain that day as a 6 of 10.
8 (Id.) When he returned to the Logan Heights facility on September 10, 2014, he
9 indicated he didn't want to return to the Chase location because he had concerns
10 about "how Dr. Gordon has been documenting [his] problems." (Id. at 419.) He
11 was referred for a pain management consultation. (Id. at 420.)

12 On November 12, 2014, Plaintiff returned to the Logan Heights facility,
13 where he was seen by Tsuh-Yin Chen, M.D. (Id. at 416-418.) Dr. Chen reported
14 that Plaintiff demanded pain medication be dispensed to him immediately
15 because he was in "a lot of pain." When Dr. Chen offered to refill his NSAIDS and
16 explained that he needed to see the pain management specialist for pain
17 medication, he began yelling "I need somebody who is competent and can give
18 me my pain medicine!" When Plaintiff refused to calm down, Dr. Chen requested
19 the Associate Director join her in the exam room because she felt frightened by
20 Plaintiff. The Associate Director then informed Plaintiff that Family Health
21 Centers of San Diego could no longer treat Plaintiff for his pain because he had
22 gone to outside providers for narcotics. Plaintiff denied going anywhere else, but
23 indicated he understood he was being discharged from pain management at
24 Family Health Centers of San Diego and requested a refill of NSAIDS while he
25 was waiting to see the pain management specialist. (Id.) Plaintiff continued to be
26 seen at Family Health Centers of San Diego for his depression and other health
27 issues.

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1 **B. Consultative State Agency Physician**

2 On July 10, 2013, at the request of Defendant, Mounir Soliman M.D. of
3 Seagate Medical Group, prepared a summary report after conducting a
4 psychological consultative examination of Plaintiff and reviewing records
5 provided by Defendant. (Id. at 328-332.) Dr. Soliman found Plaintiff to be
6 pleasant and cooperative, groomed and appropriately dressed (Id. at 328.)
7 Plaintiff informed Dr. Soliman that he was disabled due to "depression, pain."
8 (Id.) Plaintiff reported his daily living activities included cooking his own meals,
9 cleaning the house, shopping, and running errands, and that he was able to
10 handle his own finances and personal hygiene (Id. at 330.)

11 Plaintiff reported he had difficulty concentrating, but had no problem getting
12 along with family, friends, and neighbors. (Id.) His mental status exam showed
13 that he had logical, coherent, and goal directed thoughts. He was well orientated
14 but showed a poor memory and was unable to count by sevens. (Id.) He showed
15 good abstract thinking and was able to interpret a proverb. He also had good
16 insight and judgment and had no looseness of associations. (Id. at 331.) His
17 mood was depressed. (Id.)

18 Noting Plaintiff had a significant history of depression and back pain, Dr.
19 Soliman opined "[f]rom a psychiatric standpoint, [Plaintiff] is able to understand,
20 carry out, and remember simple and complex instructions. [Plaintiff] is able to
21 interact with co-workers, supervisors, and the general public. [Plaintiff] is able to
22 withstand the stress and pressures associated with an eight-hour workday, and
23 day-to-day activities." (Id. at 332.) Dr. Soliman deferred evaluation of Plaintiff's
24 physical condition to the appropriate specialty. (Id.)

25 **C. Non-Examining State Agency Physicians**

26 State agency physicians Jo McClain, PsyD and Patricia Staehr, M.D.
27 prepared a Disability Determination Explanation on July 18, 2013, at the initial
28 level of review of Plaintiff's disability benefits application. (Id. at 52-65.) That

1 report was prepared after a review of Plaintiff's medical history and Dr. Soliman's
2 findings, and concluded Plaintiff had a spinal disorder and an affective disorder
3 that rated as severe impairments. (Id. at 58.) It was determined that Plaintiff did
4 not meet the "A" or "C" criteria, meaning his depression did not precisely satisfy
5 the diagnostic criteria. The evaluation concluded Plaintiff had no restrictions on
6 activities of daily living, mild difficulty in maintaining social functioning, and
7 moderate difficulty in maintaining concentration, persistence or pace. No
8 episodes of decompensation of an extended duration were noted. (Id.) Plaintiff
9 was assessed to be "partially credible" with respect to his statements regarding
10 his symptoms. (Id. at 59.) Specifically, the state agency physician remarked:

11 The medical evidence shows that [Plaintiff] has received treatment for
12 back pain. However, his exams show him to have 5/5 strength
13 throughout and he has full range of motion in his lumbar spine. The
14 medical evidence also shows that [Plaintiff] has been diagnosed with
15 a depressive disorder and has received treatment for this condition.
16 At an exam in 7/2013, [Plaintiff] was noted to be unable to perform
17 serial 7's and was only able to remember 1/3 objects after a period of
18 time. He reports that he is able to cook, clean, shop, take care of
19 personal hygiene items and financial responsibilities. [Plaintiff] is
20 partially credible because the objective evidence does not fully
21 support the limitations that are described by [Plaintiff].

22 (Id.) It was determined Plaintiff could occasionally lift and carry 20 pounds and
23 frequently carry 10 pounds. (Id. at 59-60.) He could sit for six hours in an eight-
24 hour workday and stand for six hours in an eight-hour workday. His limitations on
25 pushing or pulling were the same as on the ability to lift and carry. He could
26 frequently climb ramps and stairs and could occasionally climb ladders, ropes, or
27 scaffolds. He could occasionally stoop and crawl with no limitations on balancing,
28 kneeling, or crouching. (Id.) The state agency evaluation further concluded
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1 but would be capable of handling simple one and two-step instructions. (Id. at
2 62.)

3 State agency physicians V. Michelotti, M.D. and R. Paxton, M.D. reviewed
4 Plaintiff's medical history and prepared an evaluation in the fall of 2013, at the
5 reconsideration level of Plaintiff's application for disability benefits. (Id. at 67-81.)
6 Plaintiff was found to have the same exertional limitations that were identified at
7 the initial level, but his postural limitations were reduced to never climbing
8 ladders, ropes, or scaffolds. The assessment of his abilities in all other areas,
9 mental and physical, remained the same. (Id. at 73-79.)

10 **III. PLAINTIFF'S TESTIMONY**

11 Plaintiff testified during the hearing before ALJ Dietterle. (Id. at 32-49.) He
12 completed high school and "some college." (Id. at 34.) His last job was as a
13 production floor laborer with Trendes Corporation. (Id.) He described that job as
14 being "extreme physical work," which included driving a truck, operating a fork lift,
15 working a manufacture assembly line and heavy lifting (estimating the weight to
16 be over 200 pounds). (Id. at 34-35.) He last worked in 2009, when he was laid
17 off. (Id. at 35.) At the time, his employer had been trying to terminate him
18 because his depression was negatively affecting his job performance. (Id.)

19 He testified he has been homeless since he was laid off. (Id. at 37.) He
20 sleeps on other people's couches, uses an EBT card for groceries, and relies on
21 public transportation. (Id. at 37-39.) He does not like being around others due to
22 his depression. (Id.) He thinks the biggest impediment to him working again is
23 having to be around people and lifting. (Id. at 44.) He was fired from a number of
24 jobs in the past, before he received his diagnosis. (Id. at 44-45.)

25 The ALJ inquired about the cane Plaintiff brought to the hearing. Plaintiff
26 said it was not prescribed, but he uses it because his back occasionally "locks
27 up," meaning it becomes tremendously painful and he is unable to move until the
28 pain subsides on its own. (Id. at 40-41.) He has opted for pain management over

1 surgery, due to the risk of paralysis associated with surgery. (Id. at 41-42.) He
2 reported he was seeing a new physician, Dr. Steiner, who prescribes medication
3 that helps him manage his back pain. (Id. at 41.) He also wears a splint on his
4 right wrist and a knee brace because his “kneecaps are weakening up,” and he
5 sometimes will get a “nerve jolt” while walking that will cause him to collapse. (Id.
6 at 48.)

7 With respect to his physical abilities, he stated he can sit or stand for 30 to
8 45 minutes at a time and can walk for less than a half mile. (Id. at 42.) He used
9 to work out, but the pain made that unmanageable. (Id. at 44.)

10 He testified he had been taking Prozac for depression, but as of the prior
11 week he started taking Mirtazapine at the advice of a new physician. (Id. at 36-
12 37.) He reported the medications help make the depression manageable. (Id. at
13 44.) He has difficulty concentrating and is forgetful. (Id. at 46.)

14 **IV. THE ALJ DECISION**

15 After considering the record, ALJ Dietterle made the following findings:

16

17 2. The claimant did not engage in substantial gainful activity during the
18 period from his alleged onset date of August 1, 2009 through his date last
19 insured of March 31, 2014. [citations omitted].

20

21 3. Through the date last insured, the claimant had the following severe
22 impairments: thoracic spondylosis; cervicgia; degenerative disc disease of the
23 lumbar spine; depressive disorder without psychosis; and chronic pain syndrome
24 [citation omitted].

25

26 4. Through the date last insured, the claimant did not have an
27 impairment or combination of impairments that met or medically equaled the
28 severity of one of the listed impairments in [the Social Security regulations].

1

2 5. After careful consideration of the entire record, the undersigned finds
3 that, through the date last insured, the claimant has the residual functional
4 capacity to perform light work as defined in 20 C.F.R 404.1567(b) except the
5 claimant is limited to frequently climbing ramps but can never climb ladders,
6 ropes, or scaffolds. He can frequently balance, kneel, and crouch. He can
7 occasionally stoop and crawl. He can have no exposure to unprotected heights
8 or dangerous moving machinery. He is also limited to simple one and two step
9 instruction.

10

11 6. Through the date last insured, the claimant was unable to perform
12 any past relevant work [citation omitted].

13

14 10. Through the date last insured, considering the claimant's age,
15 education, work experience, and residual functional capacity, there were jobs
16 that existed in significant numbers in the national economy that the claimant
17 could have performed [citations omitted].

18

19 11. The claimant was not under a disability, as defined in the Social
20 Security Act, at any time from August 1, 2009, the alleged onset date, through
21 March 31, 2014, the date last insured. [citations omitted].

22 (Id. at 13-25.)

23 **V. STANDARD OF REVIEW**

24 To qualify for disability benefits under the Social Security Act, an applicant
25 must show: (1) he or she suffers from a medically determinable impairment that
26 can be expected to result in death or that has lasted or can be expected to last
27 for a continuous period of twelve months or more, and (2) the impairment renders
28 the applicant incapable of performing the work that he or she previously

1 performed or any other substantially gainful employment that exists in the
2 national economy. See 42 U.S.C. § 423(d)(1)(A), (2)(A). An applicant must meet
3 both requirements to be “disabled.” Id. Further, the applicant bears the burden of
4 proving he or she was either permanently disabled or subject to a condition
5 which became so severe as to disable the applicant prior to the date upon which
6 his or her disability insured status expired. Johnson v. Shalala, 60 F.3d 1428,
7 1432 (9th Cir. 1995).

8 **A. Sequential Evaluation of Impairments**

9 The Social Security Regulations outline a five-step process to determine
10 whether an applicant is "disabled." The five steps are as follows: (1) Whether the
11 claimant is presently working in any substantial gainful activity. If so, the claimant
12 is not disabled. If not, the evaluation proceeds to step two. (2) Whether the
13 claimant’s impairment is severe. If not, the claimant is not disabled. If so, the
14 evaluation proceeds to step three. (3) Whether the impairment meets or equals a
15 specific impairment listed in the Listing of Impairments. If so, the claimant is
16 disabled. If not, the evaluation proceeds to step four. (4) Whether the claimant is
17 able to do any work he has done in the past. If so, the claimant is not disabled. If
18 not, the evaluation continues to step five. (5) Whether the claimant is able to do
19 any other work. If not, the claimant is disabled. Conversely, if the Commissioner
20 can establish there are a significant number of jobs in the national economy the
21 claimant can do, the claimant is not disabled. 20 C.F.R. § 404.1520; see also
22 Tackett v. Apfel, 180 F.3d 1094, 1098-99 (9th Cir. 1999).

23 **B. Judicial Review**

24 Sections 205(g) and 1631(c)(3) of the Social Security Act allow
25 unsuccessful applicants to seek judicial review of the Commissioner's final
26 agency decision. 42 U.S.C.A. §§ 405(g), 1383(c)(3). The scope of judicial review
27 is limited. The Commissioner’s final decision should not be disturbed unless: (1)
28 The ALJ's findings are based on legal error or (2) are not supported by

1 substantial evidence in the record as a whole. Schneider v. Comm'r Soc. Sec.
2 Admin., 223 F.3d 968, 973 (9th Cir. 2000); Garrison v. Colvin, 759 F.3d 995,
3 1009 (9th Cir. 2014). Substantial evidence means “more than a mere scintilla but
4 less than a preponderance; it is such relevant evidence as a reasonable mind
5 might accept as adequate to support a conclusion.” Andrews v. Shalala, 53 F.3d
6 1035, 1039 (9th Cir. 1995). The Court must consider the record as a whole,
7 weighing both the evidence that supports and detracts from the Commissioner’s
8 conclusion. See Mayes v. Massanari, 276 F.3d 453, 459 (9th Cir. 2001);
9 Desrosiers v. Sec'y of Health & Human Servs., 846 F.2d 573, 576 (9th Cir. 1988).
10 “The ALJ is responsible for determining credibility, resolving conflicts in medical
11 testimony, and for resolving ambiguities.” Vasquez v. Astrue, 572 F.3d 586, 591
12 (9th Cir. 2009) (citing Andrews, 53 F.3d at 1039). Where the evidence is
13 susceptible to more than one rational interpretation, the ALJ’s decision must be
14 affirmed. Id. at 591 (citation and quotations omitted).

15 Section 405(g) permits this Court to enter a judgment affirming, modifying,
16 or reversing the Commissioner’s decision. 42 U.S.C.A. § 405(g). The matter may
17 also be remanded to the SSA for further proceedings. Id.

18 **VI. DISCUSSION**

19 Plaintiff contends the ALJ committed error by failing to articulate sufficient
20 reasons for discrediting his symptom testimony and finding him partially credible.
21 (Pl.’s Mem. at 5-12.) In determining a claimant’s residual functional capacity at
22 steps four and five of the sequential evaluation process, the ALJ must consider
23 all relevant evidence in the record, including medical records, lay evidence, and
24 “the effects of symptoms, including pain, that are reasonably attributed to a
25 medically determinable impairment.” See Robbins v. Soc. Sec. Admin., 466 F.3d
26 880, 883 (9th Cir. 2006) (citing SSR 96-8p, 1996 WL 374184, at *5). “Careful
27 consideration must be given to any available information about symptoms
28 because subjective descriptions may indicate more severe limitations or

1 restrictions than can be shown by objective medical evidence alone.” SSR 96-8p,
2 1996 WL 374184, at *5; see also 20 C.F.R. § 404.1529(c)(3). When considering
3 a claimant’s subjective symptom testimony, “if the record establishes the
4 existence of a medically determinable impairment that could reasonably give rise
5 to the reported symptoms, an ALJ must make a finding as to the credibility of the
6 claimant’s statements about the symptoms and their functional effect.” Robbins,
7 466 F.3d at 883 (citing SSR 96-7p, 1996 WL 374186, at *1). “While an ALJ may
8 find testimony not credible in part or in whole, he or she may not disregard it
9 solely because it is not substantiated affirmatively by objective evidence.” Id.
10 Rather, unless the ALJ makes a finding of malingering, an ALJ may only find a
11 claimant not credible by making specific findings as to credibility and stating clear
12 and convincing reasons to discount the claimant’s subjective symptom testimony.
13 Id.; see also Lingenfelter v. Astrue, 504 F.3d 1028, 1036 (9th Cir. 2007);
14 Garrison, 759 F.3d at 1014-15.

15 The ALJ stated that he found Plaintiff’s statements concerning the intensity,
16 persistence, and limiting effects of his symptoms not entirely credible for the
17 following reasons: 1) Plaintiff’s allegations of disability were not fully supported by
18 the treatment record; 2) he was noncompliant with prescribed medication and
19 combative with his medical providers; and 3) he made inconsistent statements
20 regarding his symptoms. (Admin. R. 21-22.)

21 **A. The Record Supports the ALJ’s Determination that Plaintiff’s**
22 **Allegations of Disability were not Fully Supported**

23 With respect to the ALJ’s first stated reason for finding Plaintiff to be
24 partially credible, although an ALJ may not disregard a claimant’s testimony
25 “*solely* because it is not substantiated affirmatively by objective medical
26 evidence.” See Robbins, 466 F.3d at 883 [emphasis added]), the ALJ may
27 consider whether the alleged symptoms are consistent with the medical evidence
28 as one factor in his evaluation. See Lingenfelter, 504 F.3d at 1040; see also

1 Burch v. Barnhart, 400 F.3d 676, 681 (9th Cir. 2005) (“Although lack of medical
2 evidence cannot form the sole basis for discounting pain testimony, it is a factor
3 that the ALJ can consider in his credibility analysis.”)

4 When evaluating Plaintiff’s complaints of pain and back spasms, the ALJ
5 considered that during multiple examinations by his treating physicians, Plaintiff
6 demonstrated full strength in all his extremities, no atrophy, and no evidence of
7 loss of sensation, weakness, or other problem in any extremity or spinal area. (Id.
8 at 19-20, citing Admin. R. 239, 242, 245, 282.) For example, the ALJ observed
9 that on May 11, 2012, Dr. Gordon conducted a physical exam that showed no
10 joint swelling or atrophy and full strength in all his extremities. (Id. at 20, 245.)
11 On June 18, 2012, Dr. Gordon observed Plaintiff had full strength in all of his
12 extremities and noted Plaintiff’s x-rays showed mild multilevel degenerative disc
13 disease in the thoracolumbar junction and upper lumbar spine at L1-L2, and that
14 his subsequent physical exam showed that he had full strength in all of his
15 extremities. (Id. at 20, 242.) Then, at his next exam on September 18, 2012, Dr.
16 Gordon indicated Plaintiff showed tenderness to palpation to the upper thoracic
17 paraspinal muscles on the right side, but that he retained full strength in all upper
18 extremities including flexion, extension, and grip. (Id. at 20, 239.) The ALJ also
19 observed that the following spring, when Dr. Hardy assessed Plaintiff, Plaintiff
20 had full motor and sensory abilities with no evidence of loss of sensation,
21 weakness, or other problem in any extremity or spinal area. (Id. at 20, 282.)

22 Likewise, when evaluating the effects of Plaintiff’s depression, the ALJ
23 considered the fact that Plaintiff’s treating mental health providers’ treatment
24 notes also indicated relatively normal clinical findings. (Id. at 18-19.) Specifically,
25 the ALJ noted Dr. Clark found Plaintiff to be cooperative with a good thought
26 process and appropriate judgment and insight, fair attention and concentration,
27 normal thought content, and without hallucinations, when she examined him on
28 September 27, 2012. (Id. at 18, 361.) LCSW Ruud’s notes from the mental health

1 assessment she conducted on November 8, 2012, indicate Plaintiff was unable
2 to concentrate, but was well-orientated, cooperative, had a normal thought
3 process and thought content, and average intellect. (Id. at 19, 267.) On August
4 26, 2013, Dr. Gordon noted Plaintiff did not display any symptoms of depression
5 or psychomotor agitation. (Id. at 19, 348.) Later that year, on November 8, 2013,
6 Plaintiff was seen by Dr. Sepulveda, who found Plaintiff had appropriate
7 judgment and insight with a good memory, appropriate fund of general
8 knowledge, and appropriate attention span and ability to concentrate. (Id. at 19,
9 342.) Furthermore, the state agency physician's notes from his examination of
10 Plaintiff are consistent with the observations of Plaintiff's treating physicians. Dr.
11 Soliman found Plaintiff to be pleasant, cooperative and appropriately dressed
12 and determined that Plaintiff had a poor memory, but logical, coherent, and goal-
13 directed thoughts, was well-orientated, and had good insight and judgment. (Id.
14 at 19, 328, 330-31.)

15 Given the observations of multiple treating professionals, as summarized
16 above and as corroborated by Dr. Soliman, the ALJ's determination the medical
17 record does not support Plaintiff's allegations of disability is a clear and
18 convincing reason the ALJ could properly use as a factor in discounting Plaintiff's
19 subjective symptom testimony. Robbins, 466 F.3d at 883.

20 **B. The Record Supports the ALJ's Determination that Plaintiff was not**
21 **Compliant with his Medications**

22 The ALJ also stated he found Plaintiff's subjective symptom testimony to be
23 partially credible because Plaintiff was not compliant in taking prescribed
24 medication and was combative with medical providers. (Id. at 19-20, 21.) It is
25 unclear how Plaintiff's combativeness would be a determining factor for purposes
26 of his credibility, but an ALJ may certainly consider the effectiveness of
27 medication a claimant has taken when considering the severity and limiting
28 effects of an impairment. See 20 C.F.R. § 404.1529(c)(4)(iv). Medical

1 improvement from treatment supports an adverse inference as to the credibility of
2 a claim of ongoing disability. See Morgan v. Comm'r of Soc. Sec., 169 F.3d 595,
3 599 (9th Cir. 1999); See also 20 C.F.R. § 404.1530(a), (b) (“If you do not follow
4 the prescribed treatment without a good reason, we will not find you disabled”).
5 The record is replete with instances where Plaintiff reported medication improved
6 his pain significantly. [see e.g. Admin. R. at 242 (reported “Percocet helps”); Id.
7 at 245 (pain decreased with medications from 8/10 to 4/10); Id. at 249 (pain
8 decreased with medications from 7-10/10 to 3-4/10); Id. at 315 (pain decreased
9 with medications from 8/10 to 4/10); and Id. at 348 (pain decreased with
10 medications from 10/10 to 5-7/10)]. Plaintiff also reported to Dr. Gordon that his
11 goal of 50% improvement in pain had been met. (Id. at 349); See Warre v.
12 Comm'r of Soc. Sec., 439 F.3d 1001, 1006 (9th Cir. 2006) (“[i]mpairments that
13 can be controlled effectively with medication are not disabling for the purpose of
14 considering eligibility for SSI benefits.”).

15 Nonetheless, despite the fact the medication offered him pain relief, Plaintiff
16 frequently did not take it, or took it less often than prescribed. The record
17 indicates Plaintiff generally took pain management medication about once or
18 twice a week, which Plaintiff argues is not indicative of a pattern of non-
19 compliance, but rather is consistent with his doctor’s orders to take the
20 medication “as needed.” (Pl. Mem. at 8.) The record, however, contains evidence
21 indicating Plaintiff did not take his medications “as needed” or as prescribed, as
22 observed by several of his treating physicians. For example, the ALJ noted that
23 when Dr. Hagerich saw Plaintiff on May 10, 2012, she observed, and Plaintiff
24 confirmed, he had run out of medication well before that date. (Admin. R. at 19,
25 316). Concerns about Plaintiff’s failure to take his pain medication were also
26 raised by Dr. Sepulveda, who opined that Plaintiff’s “uncontrolled chronic pain”
27 was linked to his inability to obtain complete relief of his depressive symptoms
28 through medication. (Id. at 343.) When she saw Plaintiff on June 4, 2014, Dr.

1 Media noted Plaintiff had been out of all his medications, including pain
2 medication, for a couple of months. (Id. at 426.)

3 Moreover, Plaintiff was non-compliant with taking other medications. When
4 he saw Dr. Clark on September 27, 2012, he reported he had not filled his
5 prescription for Trazodone and that he was tired and in “lots of pain.” (Id. at 361.)
6 She explained that his tiredness was unlikely to improve without quality sleep
7 and encouraged him to take the prescription; however, when he saw LCSW
8 Ruud a few weeks later, on November 8, 2012, he still had not filled the
9 prescription. (Id. at 361, 266.) He also reported to Dr. Gordon that he had not
10 filled a prescription for Bacoflen. (Id. at 242.)

11 Given the observations by Plaintiff’s treating physicians, and looking at the
12 record as a whole, the ALJ’s conclusion that Plaintiff was non-compliant with
13 taking medication is rational. Where, as is the case here, evidence is susceptible
14 to more than one rational interpretation, the ALJ’s decision must be affirmed.
15 Vasquez, 572 F.3d at 591 (citing Andrews, 53 F.3d at 1039). The ALJ’s
16 determination that Plaintiff was non-compliant with his use of prescribed
17 medication is, therefore, a clear and convincing reason for discounting Plaintiff’s
18 subjective symptom testimony.

19 **C. The Record Supports the ALJ’s Determination that Plaintiff Made**
20 **Inconsistent Statements Regarding His Symptoms**

21 The third reason articulated by the ALJ as his basis for finding Plaintiff to be
22 partially credible was that Plaintiff made inconsistent statements regarding his
23 symptoms. (Admin. R. 16, 19, 21-22). Inconsistent statements and testimony can
24 bear upon a claimant’s credibility. See, e.g., Verduzco v. Apfel, 188 F.3d 1087,
25 1090 (9th Cir. 1999); SSR 96-7p “One strong indication of the credibility of an
26 individual’s statements is their consistency, both internally and with other
27 information in the case record;” See also Molina v. Astrue, 674 F.3d 1104, 1112
28 (9th Cir. 2012) (“ALJ may consider inconsistencies either in the claimant’s

1 testimony or between the testimony and the claimant's conduct"). Here, Plaintiff
2 contends the ALJ failed to identify what the inconsistencies were; however, the
3 ALJ specifically noted that Plaintiff's reporting to the State agency, which the ALJ
4 reviewed in his discussion of the "B" criteria at step three of the sequential
5 analysis, was "vastly different than what he reported during his consultative
6 examination." (Admin. R. at 16, 21-22.) As the ALJ explained, Plaintiff reported to
7 the State agency that he needed to sleep or lie down all day, did not spend time
8 with others, and was not able to get along with authority figures. (Id. at 16, 188,
9 191-93.) In comparison, the ALJ considered that Plaintiff reported to Dr. Soliman
10 his daily activities included a variety of activities, including cooking his own
11 meals, cleaning the house, shopping, and running errands. (Id. at 19, 330.) The
12 ALJ also considered that Plaintiff told Dr. Soliman that he lives with friends from
13 one place to another and he had no problem getting along with family, friends,
14 and neighbors (Id.)

15 Plaintiff contends his statements about getting along well with others and
16 wanting to be isolated are not inconsistent.^{1 2} (Pl. Mem. at 10.) As addressed
17 above, Plaintiff's description of his sociability was only one of several
18 inconsistencies the ALJ identified. The ALJ also observed that Plaintiff reported
19 to the State agency that he needed to sleep or lie down all day, whereas he
20

21 ¹ Plaintiff takes issue with Dr. Soliman's report because it incorrectly identifies that
22 Plaintiff completed his college education. (Pl.'s Mem. at 10.) Regardless of the reason for the
23 incorrect reporting, it is inconsequential because the ALJ did not rely on Plaintiff's completion
24 of college as a basis for rejecting his subjective complaints. Tommasetti v. Astrue, 533 F.3d
25 1035, 1038 (9th Cir. 2008) (an error is harmless when "it is clear from the record that the . . .
error was inconsequential to the ultimate nondisability determination").

26 ² Plaintiff also contends the ALJ improperly considered that Plaintiff worked out at the
27 gym. (Pl. Mem. at 6-7.) When summarizing Plaintiff's medical history, the ALJ noted that
28 Plaintiff reported to Dr. Gordon he exercised at the gym; however, the ALJ did not identify this
statement as being an inconsistency or a reason for discounting Plaintiff's credibility. (Admin.
R. at 20.)

1 reported to Dr. Soliman that he partook in a variety of activities on a daily basis,
2 such as cooking, housekeeping, shopping and running errands. (Id. at 16, 19,
3 188, 191-93, 330).

4 Moreover, when questioned by the ALJ at the hearing, Plaintiff testified that
5 having to be around people was one of his biggest impediments to returning to
6 work. (Id. at 44.) To the extent the evidence regarding Plaintiff's social
7 functioning and daily activities is open to more than one interpretation, the Court
8 must defer to the ALJ's interpretation, which was rational in consideration of the
9 record as a whole. The ALJ's determination that Plaintiff made inconsistent
10 statements to the State agency and consultative examiner is, therefore, a clear
11 and convincing reason for discounting Plaintiff's subjective symptom testimony.

12 **VII. CONCLUSION**

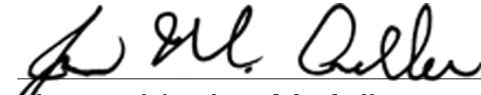
13 In sum, an ALJ's assessment of pain severity and claimant credibility is
14 entitled to "great weight." Weetman v. Sullivan, 877 F.2d 20, 22 (9th Cir. 1989).
15 The Court concludes the ALJ articulated sufficient clear and convincing reasons
16 supported by substantial evidence to discount Plaintiff's subjective pain
17 testimony.

18 For the reasons set forth above, the Court recommends Plaintiff's motion
19 for summary judgment be DENIED and Defendant's motion for summary
20 judgment be GRANTED.

21 This report and recommendation will be submitted to the Honorable
22 Anthony J. Battaglia, United States District Judge assigned to this case, pursuant
23 to the provisions of 28 U.S.C. § 636(b)(1). Any party may file written objections
24 with the Court and serve a copy on all parties on or before **February 16, 2018**.
25 The document should be captioned "Objections to Report and
26 Recommendation." Any reply to the Objections shall be served and filed on or
27 before **February 23, 2018**. The parties are advised that failure to file objections
28 //

1 within the specified time may waive the right to appeal the district court's order.
2 Martinez v. Ylst, 951 F.2d 1153 (9th Cir. 1991).

3 Dated: February 1, 2018

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5 Honorable Jan M. Adler
6 United States Magistrate Judge
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