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**UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF CALIFORNIA**

ROSA ALVAREZ, individually and
on behalf of herself and all others
similarly situated,

Plaintiff,

v.

NBTY, INC., *et al.*,

Defendants.

Case No. 17-cv-00567-BAS-BGS

**ORDER DENYING
PLAINTIFF’S MOTION FOR
CLASS CERTIFICATION**

[ECF No. 54]

Presently before the Court is Plaintiff Rosa Alvarez’s Motion for Class Certification, (“Mot.,” ECF No. 54). Also before the Court is Defendants NBTY, Inc. and Nature’s Bounty, Inc.’s opposition to the Motion, (“Opp’n,” ECF No. 69) and Plaintiff’s reply in support of the Motion, (“Reply,” ECF No. 80-1).¹ The Court heard oral argument on the Motion on May 17, 2019. For the foregoing reasons, the Court **DENIES** Plaintiff’s Motion.

¹Plaintiff originally filed a reply that exceed the page limits permitted by the local rules. (ECF No. 75.) Defendants moved ex parte to strike the reply, (ECF No. 79) and Plaintiff filed a response attaching a corrected brief that is within the allowable page limits. The Court **GRANTS** Defendants’ ex parte motion, (ECF No. 79) and will not consider the original brief, (ECF No. 75) but will instead consider the corrected reply brief, (ECF No. 80-1).

1 **I. BACKGROUND**

2 Defendants manufacture, market, sell, and distribute biotin supplements under
3 the Nature’s Bounty brand. (Second Amended Complaint, “SAC,” ECF No. 38,
4 ¶ 1.) The products at issue here are: Biotin 5000 mcg, SUPER POTENCY Biotin
5 5000 mcg, QUICK DISSOLVE Biotin 5000 mcg, Biotin 10,000 mcg rapid release
6 softgels, and Biotin 10,000 mcg HEALTH & BEAUTY rapid release liquid softgels
7 (hereinafter, “the Products”). (*Id.*) The Products’ labels state the Products
8 “Support[] Healthy Hair, Skin, and Nails” and provide “Energy Support.” (*See* ECF
9 No. 54-5 (pictures of Product labels).)

10 In approximately 2014, Plaintiff Rosa Alvarez’s hair began falling out.
11 (“Alvarez Depo.,” Exhibit B of ECF No. 51-2, at 54:5–12.) Plaintiff went to a
12 dermatologist, who informed her she had alopecia, but told her not to worry and that
13 her hair would grow back. (*Id.* at 55:14–21.) The dermatologist suggested laser
14 treatment, but Plaintiff was not interested. (*Id.* at 60:3–11.) The dermatologist did
15 not recommend any supplements. Also around this time, Plaintiff went to her regular
16 nail salon for a manicure. The nail technician told her there is a supplement on the
17 market that helps with hair and nails. (*Id.* at 66:3–15.) The nail technician took out
18 his bottle of biotin, showed it to Plaintiff and others, and recommended taking the
19 supplement in softgel form. (*Id.* at 68:4–15.) Plaintiff was suffering from hair loss
20 at the time and the thought of “great hair” piqued her interest in biotin. (*Id.* at 69:8–
21 14.) Plaintiff then went to Bed Bath & Beyond and purchased Defendants’ 10,000
22 mcg HEALTH & BEAUTY rapid release liquid softgels biotin product. (*Id.*; SAC ¶
23 15). She took biotin for a few years, purchasing a new bottle of supplements
24 “religiously” so that she would never run out. (Alvarez Depo. at 20:23–21:1.)

25 Plaintiff states she purchased the Product “in reliance on Defendants’ health
26 benefit representations.” (SAC ¶ 15.) She claims the representations are false,
27 misleading, and reasonably likely to deceive the public. In sum, Plaintiff claims
28 Defendants’ representations are false because the supplements do not support healthy

1 hair, skin, and nails. (*Id.* ¶ 9.) “The human body only requires a finite amount of
2 biotin on a daily basis for it to perform its enzymatic functions as there are a finite
3 number of enzymes that use biotin. Once there is sufficient biotin in the body,
4 saturation occurs and the body just does not use this surplus biotin.” (*Id.* ¶ 3.) The
5 average person ingests more than enough biotin from his or her normal daily diet.
6 (*Id.*) “Thus, biotin is not a ‘more is better’ substance, nor is more biotin needed from
7 supplementation to complete these daily enzymatic functions.” (*Id.* ¶ 5.) “[O]nce
8 one consumes a sufficient amount of biotin, which is easily met by the general
9 population in their everyday diets, the remainder becomes functionally superfluous
10 and does not convey any additional health benefits.” (*Id.*)

11 Plaintiff seeks certification of the following classes:

12 **Multi-State UCL Class:**

13 All consumers who, within the applicable statute of limitations period
14 until the date notice is disseminated, purchased Biotin Products in
15 California, Florida, Illinois, Massachusetts, Michigan, Minnesota,
16 Missouri, New Jersey, New York, and Washington.

16 OR

17 **California-Only UCL Class:**

18 All California consumers who, within the applicable statute of
19 limitations period until the date notice is disseminated, purchased
20 Biotin Products.

20 AND

21 **California-Only CLRA Class:**

22 All California consumers who, within the applicable statute of
23 limitations period until the date notice is disseminated, purchased
24 Biotin Products.

24 **II. LEGAL STANDARD**

25 Motions for class certification proceed under Rule 23(a) of the Federal Rules
26 of Civil Procedure. Rule 23(a) provides four prerequisites to a class action: (1) the
27 class is so numerous that joinder of all members is impracticable (“numerosity”), (2)
28 there are questions of law or fact common to the class (“commonality”), (3) the

1 claims or defenses of the representative parties are typical of the claims or defenses
2 of the class (“typicality”), and (4) the representative parties will fairly and adequately
3 protect the interests of the class (“adequate representation”). Fed. R. Civ. P. 23(a).

4 A proposed class must also satisfy one of the subdivisions of Rule 23(b). Here,
5 Plaintiff seeks to proceed under Rule 23(b)(3), which requires that “the court find[]
6 that the [common questions] predominate over any questions affecting only
7 individual members, and that a class action is superior to other available methods for
8 fairly and efficiently adjudicating the controversy.” The relevant factors in this
9 inquiry include the class members’ interest in individually controlling the litigation,
10 other litigation already commenced, the desirability (or not) of consolidating the
11 litigation in this forum, and manageability. Fed. R. Civ. P. 23(b)(3)(A)–(D).

12 “In determining the propriety of a class action, the question is not whether the
13 plaintiff or plaintiffs have stated a cause of action or will prevail on the merits, but
14 rather whether the requirements of Rule 23 are met.” *Eisen v. Carlisle & Jacquelin*,
15 417 U.S. 156, 178 (1974) (internal quotations omitted). “Rule 23 does not set forth
16 a mere pleading standard.” *Wal-Mart Stores, Inc. v. Dukes*, 564 U.S. 338, 350 (2011).
17 Rather, “[a] party seeking class certification must affirmatively demonstrate his
18 compliance with the Rule—that is, he must be prepared to prove that there are in fact
19 sufficiently numerous parties, common questions of law or fact, etc.” *Id.* The court
20 is “at liberty to consider evidence which goes to the requirements of Rule 23 even
21 though the evidence may also relate to the underlying merits of the case.” *Hanon v.*
22 *Dataproducts Corp.*, 976 F.2d 497, 509 (9th Cir. 1992). A weighing of competing
23 evidence, however, is inappropriate at this stage of the litigation. *Staton v. Boeing*
24 *Co.*, 327 F.3d 938, 954 (9th Cir. 2003).

25 **III. ANALYSIS**

26 Defendants only challenge the typicality and predominance elements. The
27 Court will analyze all Rule 23(a) and 23(b) requirements but will focus on the
28 contested elements.

1 **A. Numerosity**

2 “[A] proposed class must be ‘so numerous that joinder of all members is
3 impracticable.’” *Rannis v. Recchia*, 380 Fed. App’x 646, 650 (9th Cir. 2010)
4 (quoting Fed. R. Civ. P. 23(a)(1)). While “[t]he numerosity requirement is not tied
5 to any fixed numerical threshold[,] . . . [i]n general, courts find the numerosity
6 requirement satisfied when a class includes at least 40 members.” *Id.* at 651.

7 Defendants agree they sell the Products to “tens of thousands of consumers in
8 California and throughout the United States.” (“Answer,” ECF No. 41, at ¶ 16.)
9 Given the large number of potential class members, and that Defendants do not
10 dispute the numerosity of the proposed classes, the Court finds the number of
11 members is sufficiently numerous that joinder is impracticable, and therefore finds
12 this requirement is fulfilled.

13 **B. Commonality**

14 Rule 23(a)(2) requires that “there are questions of law or fact common to the
15 class.” Fed. R. Civ. P. 23(a)(2). To satisfy this requirement, “[a]ll questions of fact
16 and law need not be common to satisfy the rule. The existence of shared legal issues
17 with divergent factual predicates is sufficient, as is a common core of salient facts
18 coupled with disparate legal remedies within the class.” *Hanlon v. Chrysler Corp.*,
19 150 F.3d 1011, 1019 (9th Cir. 1998). The common contention, however, “must be
20 of such a nature that it is capable of classwide resolution—which means that
21 determination of its truth or falsity will resolve an issue that is central to the validity
22 of each one of the claims in one stroke.” *Dukes*, 564 U.S. at 350.

23 Plaintiff asserts that a determination on the truth or falsity of Defendants’
24 representation of the Products’ efficacy “will resolve an issue that is central to the
25 validity of each one of the claims in one stroke.” (Mot. 12 (quoting *Forcellati v.*
26 *Hyland’s, Inc.*, 2014 WL 1410264, at *8, n. 5 (C.D. Cal. Apr. 9, 2014).) The Court
27 agrees and finds that because the Products all convey the same message, an evaluation
28 of this message can be performed on a class-wide basis. Commonality is fulfilled.

1 **C. Typicality**

2 The class representative’s claims or defenses must be typical of those of the
3 class. Fed. R. Civ. P. 23 (a)(3). The Ninth Circuit has explained, “representative
4 claims are ‘typical’ if they are reasonably co-extensive with those of absent class
5 members; they need not be substantially identical.” *Staton*, 327 F.3d at 957; *Hanlon*,
6 150 F.3d at 1019. The test of typicality “is whether other members have the same or
7 similar injury, whether the action is based on conduct which is not unique to the
8 named plaintiffs, and whether other class members have been injured by the same
9 course of conduct.” *Schwartz v. Harp*, 108 F.R.D. 279, 282 (C.D. Cal. 1985).

10 Defendants argue Plaintiff “is subject to a number of unique defenses” and is
11 not typical of the class. (Opp’n 20.) As they did in their motion for summary
12 judgment, Defendants argue Plaintiff lacks standing because she did not rely on the
13 Product label. (Opp’n 20.) The Court found Plaintiff purchased the Product in
14 reliance on the Product’s label, among other factors. (MSJ order); *see also Allen v*
15 *Hyland’s Inc.*, 300 F.R.D. 643, 662 (C.D. Cal. 2014) (finding the named plaintiff to
16 be typical when she testified “she relied at least in part on the product’s packaging in
17 her decision to buy the product”). The Court also found the fact that Plaintiff may
18 have experienced hair growth while using the Product does not strip her of standing.
19 (MSJ Order.)

20 Defendants also argue Plaintiff purchased the Product only for her hair, and
21 therefore cannot represent class members who purchased the Products for nails, skin,
22 or energy support. (Opp’n 21.) Plaintiff’s specific reason is immaterial; all potential
23 class members were exposed to the same alleged misrepresentation. Plaintiff
24 therefore alleges the same injury as the class members: monetary loss from
25 purchasing a product based on alleged misrepresentations. *See Conde v. Sensa*, No.
26 14-cv-51-JLS-WVG, 2018 WL 4297056, at *7 (S.D. Cal. Sept. 10, 2018) (finding
27 same). Typicality does not turn on the “specific facts from which [the claim] arose.”
28 *Hanon*, 976 F.2d at 508; *see Bruno v. Quten Research Inst., LLC*, 280 F.R.D. 524,

1 534 (C.D. Cal. 2011) (holding that “individual experience with a product is
2 irrelevant” because “the injury under the [UCL and CLRA] is established by an
3 objective test . . . [which] states that injury is shown where the consumer has
4 purchased a product that is marketed with a material misrepresentation, that is, in a
5 manner such that ‘members of the public are likely to be deceived’”). Typicality is
6 satisfied.

7 **D. Adequacy**

8 Federal Rule of Civil Procedure 23(a)(4) requires that “the representative
9 parties will fairly and adequately protect the interests of the class.” “To determine
10 whether the representation meets this standard, [courts] ask two questions: (1) Do the
11 representative plaintiffs and their counsel have any conflicts of interest with other
12 class members, and (2) will the representative plaintiffs and their counsel prosecute
13 the action vigorously on behalf of the class?” *Staton*, 327 F.3d at 957.

14 Defendants have not presented any potential conflicts of interest or arguments
15 that Plaintiff or her counsel cannot prosecute the action on behalf of the class. The
16 Court knows of no information that would render Plaintiff or her counsel inadequate.
17 The Court finds Plaintiff and her counsel are adequate.

18 Plaintiff has satisfied the four requirements of Rule 23(a) and the Court
19 proceeds to analyze the requirements of Rule 23(b)(3). Rule 23(b)(3) states that a
20 class may be maintained if the requirements of Rule 23(a) are fulfilled and if “the
21 court finds that the questions of law or fact common to the class members
22 predominate over any questions affecting only individual members, and that a class
23 action is superior to other available methods for fairly and efficiently adjudicating the
24 controversy.” Fed. R. Civ. P. 23(b)(3).

25 **E. Predominance of Common Issues**

26 The predominance analysis focuses on “the legal or factual questions that
27 qualify each class member’s case as a genuine controversy” to determine “whether
28 proposed classes are sufficiently cohesive to warrant adjudication by representation.”

1 *Amchem Prods. Inc. v. Windsor*, 521 U.S. 591, 623 (1997); *see also* Fed. R. Civ. P.
2 23(b)(3) (to certify a class, the court must find that “questions of law or fact common
3 to class members predominate over any questions affecting only individual
4 members”). “[T]he common questions must be a significant aspect of the case that
5 can be resolved for all members of the class in a single adjudication.” *Berger v. Home*
6 *Depot USA, Inc.*, 741 F.3d 1061, 1068 (9th Cir. 2014) (internal quotation, brackets
7 and alteration omitted).

8 Defendants argue Plaintiff cannot establish predominance for three reasons:
9 (1) individual issues regarding the materiality of the Products’ labels predominate
10 over common issues; (2) Plaintiff cannot demonstrate the labels are false to all class
11 members; and (3) Plaintiff has no valid class-wide damages model. (Opp’n 11–19.)

12 **1. Materiality of Labels**

13 Defendants argue there is no evidence that each member of the class had the
14 same understanding of the Products labels and thus the labels were not material to
15 some purchasers. (*Id.* at 11.) Plaintiff responds that all members purchased the
16 Products “based on false and misleading statements” that the Products provided
17 health benefits and it does not matter “how precisely” the class members interpreted
18 the meaning of the label. (Reply 2–3.)

19 A misstatement or omission is material if it is “likely to mislead a reasonable
20 consumer acting reasonably under the circumstances.” *In re 5-Hour Energy Mktg. &*
21 *Sales Practices Litig.*, No. ML 13-2438 PSG (PLAx), 2017 WL 2559615, at *7 (C.D.
22 Cal. June 7, 2017). In *In re 5-Hour Energy*, the court found the plaintiffs had not
23 sufficiently showed the statements on the product were material because plaintiffs
24 had not produced a consumer survey or research indicating how consumers reacted
25 to the product label. *Id.* at *8. The court also faulted the plaintiffs for failing to
26 produce a common “controlling definition” for the “key term in the alleged
27 misstatement”—energy. *Id.*; *see also In re ConAgra Foods, Inc.*, 302 F.R.D. 537,
28 577 (C.D. Cal. 2014) (finding no evidence of materiality where the plaintiffs had

1 produced “no survey evidence concerning the actual reaction of consumers to the”
2 product label). Here, as Defendants point out, it is undisputed that Plaintiff has no
3 survey evidence of how consumers view the Products’ labels; therefore Defendants
4 argue Plaintiff cannot prove materiality. But the Court finds such evidence to be
5 unnecessary, and the statement on the label that the Products “support” hair, skin,
6 nails, and energy is material. Without such a statement, no consumer would have a
7 reason to purchase the Products and would otherwise be purchasing a random bottle
8 of supplements without any knowledge of what benefit, if any, the supplements
9 provided. *See Allen v. Similasan Corp.*, 306 F.R.D. 635, 648 (S.D. Cal. 2015)
10 (finding “no consumer would purchase Defendant’s Products if they made no
11 efficacy claims. Thus, these efficacy representations are material.”). This contrasts
12 with a case where the allegedly false word has no fixed meaning. For example, in
13 *Allen v. Hyland’s Inc.*, the plaintiffs argued consumers relied on the product’s label
14 that stated it is “100% Natural.” 300 F.R.D. 643, 668 (C.D. Cal. 2014). But the court
15 found no evidence that “natural had a fixed meaning” or that ““a significant portion
16 of the general consuming public or of targeted consumers’ would rely on the ‘natural’
17 label.” *Id.* But here, it is logical that consumers would not buy Defendants’ Products
18 without relying on the statement that the Products “support” hair, skin, nails and
19 energy, thus they are hoping for some benefit. The messages on Defendants’
20 Products are much clearer than those at issue in *Allen* and *In re 5-Hour Energy*.
21 Therefore, the Court finds the Products’ statement is material to a reasonable
22 consumer’s purchase.

23 Further, “reasonable consumer” laws entitle the plaintiff to a class-wide
24 inference of reliance if the plaintiff shows (1) that uniform misrepresentations were
25 made to the class, and (2) that the misrepresentations were material. *Shein v. Canon*
26 *U.S.A., Inc.*, No. CV 08-7323 CAS (Ex), 2010 WL 3170788, at *7; *see also Wiener*
27 *v. Dannon Co., Inc.*, 255 F.R.D. 658, 669 (C.D. Cal. 2009) (same). “Reasonable
28 consumer” statutes also entitle plaintiffs to a class-wide inference of causation if the

1 plaintiffs can show that the manufacturer's representations were material. *See In re*
2 *ConAgra Foods, Inc.*, 302 F.R.D. at 571. The claims of Plaintiff's proposed
3 California class are brought under the UCL and CLRA, which follow the reasonable
4 consumer standard. *See Forcellati*, 2014 WL 1410264, at *9 ("For purposes of class
5 certification, the UCL . . . and CLRA are materially indistinguishable."). There is no
6 question that the labels on Defendants' Products are uniform, (*see* ECF No. 54-5
7 (pictures of Product labels)), and because Plaintiff has sufficiently shown the
8 misrepresentations are material, Plaintiff is entitled to an inference of reliance and
9 causation for her California class.

10 Plaintiff also proposes certification of a ten-state class and argues "[t]he
11 consumer fraud laws of the Multi-State Class are materially identical to the UCL
12 based on the particular facts and circumstances of this case." (Mot. 20.) But the
13 similarities and differences between the nine states and California is not important
14 due to the below analysis. The Court finds certification is inappropriate for the
15 California class, thus, it is equally inappropriate for the multi-state class.

16 2. Falsity of Labels

17 Defendants argue not all class members were injured, as some "experienced
18 positive outcomes" from using the Product, for example, if the class member suffered
19 from a biotin deficiency while using the Product, that member would benefit from
20 the Product. (Opp'n 14.)²

21
22
23 ² Defendants also argue the class members differ because they may have received a
24 recommendation from a third party to purchase the Product. This argument is a non-starter. No
25 matter what prompted a consumer to go to the store to buy the Product, that consumer was still
26 subjected to the same advertising on the label. *See Korolshteyn v. Costco Wholesale Corp.*, No.
27 3:15-cv-709-BAC-RBB, 2017 WL 1020391, at *7 (S.D. Cal. Aug. 23, 2017) ("That class members
28 may have learned about [the product] from other sources does not absolve Defendants from liability
for false statements that appeared on the labels of the products purchased by the class members."),
rev'd on other grounds 755 F. App'x 725 (9th Cir. 2019); *Mullins*, 2016 WL 1535057, at *3 ("How
consumers first learned about [the product]—from a doctor, parent, Joe Montana, or the
packaging—does not matter if 'they nonetheless decided to purchase the product only for its
purported health benefits.'").

1 There are undoubtably common questions in this class. First, there is the
2 question of whether Defendants misrepresented that the Products provide support to
3 one’s hair, skin, nails, and energy. Second, if this is found to be true, the trier of fact
4 must determine whether the misrepresentations are likely to deceive a reasonable
5 consumer. Then, as noted above, there are common questions as to reliance and
6 causation.

7 But Plaintiff’s position is that no one in the general population benefits from
8 Defendants’ Products because consumers in the general population receive adequate
9 biotin from their diets. This begs the question: what if a class member was not
10 receiving enough biotin from his or her diet before taking the Product? This is
11 possible, as the AI (adequate intake) of biotin is 30 to 35 mcg per day for adults.
12 (“Wolf Report,” ECF No. 54-11, at ¶ 21.) And Plaintiff’s expert Dr. Wolf admits the
13 AI is an average, so naturally there are people who need more or less than 30 mcg
14 per day. (“Wolf Depo.,” ECF No. 69-2, at 90:23–25.) Further, Dr. Wolf opines that
15 the average Western diet contains between 35 to 70 mcg of biotin per day. (Wolf
16 Report ¶ 21.) He concludes that consumers in the general population receive
17 adequate biotin from their diets. But again, this number is an average, and it applies
18 to the general Western population; therefore it is logical that there are potential class
19 members in the United States whose biotin intake is less than 35 mcg per day.

20 Dr. Wolf agrees that someone not receiving adequate biotin through his or her
21 diet “could probably make up for the deficit with a supplement.” (Wolf Depo. at
22 90:22–91:4.) Of course, Dr. Wolf does not agree that said hypothetical people would
23 need 5,000 to 10,000 mcg of biotin to supplement their diets, as “[t]heir deficit would
24 be very small.” (*Id.* at 91:9; *see also* Reply 9 (noting that “at most 105 mcg of biotin
25 supplement would correct any supposed marginal biotin deficiency”).) Nor does Dr.
26 Wolf opine that those ingesting below-average levels of biotin “need”
27 supplementation. (*Id.* at 93:21–22.) But, putting all the above information together,
28 it is logical that those people would receive “support” from Defendants’ biotin

1 supplement (maybe an excessive amount but support nonetheless).

2 Dr. Wolf disagrees and opines that even those who do not ingest enough biotin
3 through their diets still obtain enough biotin due to “biotin recycling.” (Wolf Report
4 ¶ 24.) But Dr. Wolf also testified that scientists “don’t understand” and are “still
5 learning about” biotin recycling. (Wolf Depo. at 64:4–17.) At this point, no one
6 understands the concept of recycling and scientists “don’t have good data about
7 recycling.” (*Id.* at 64:17; 157:19–21.) The Court is therefore not convinced by Dr.
8 Wolf’s report wherein he definitively states diet and recycling provide everyone with
9 enough biotin. The data shows that while some (or even most) people may receive
10 adequate biotin from their diets, some do not, and there is no evidence that their
11 bodies naturally recycle biotin to make up for the deficiency. In sum, the Court finds
12 that because both Parties agree that “biotin as a nutrient supports healthy hair, skin,
13 nails, and energy,” (*id.* at 53:9–17), it is possible that people ingesting below average
14 amounts of biotin would receive support from, and thus would benefit from,
15 Defendants’ Products. The Products’ labels would therefore not be false as to them.

16 And further, it is possible that someone with biotinidase deficiency would buy
17 the Product. According to Dr. Wolf, biotinidase deficiency is a “rare inherited
18 disorder . . . that is successfully treated with pharmacological doses of biotin.” (Wolf
19 Report ¶ 5.) Those with biotinidase deficiency are “not capable of producing or
20 obtaining enough free biotin and, thus, can develop a cascade of symptoms of biotin
21 deficiency, including hair loss and skin problems.” (*Id.* at ¶ 23.) Such people “need
22 huge doses of biotin to stay healthy.” (Wolf Depo. at 159:17–19.) Although there
23 are only approximately 4,500 people in the United States with the deficiency, this
24 small group of people “benefit[s] [from] and, in fact, must take high-
25 dose/pharmacological biotin doses.” (Wolf Report ¶¶ 22, 26.) Plaintiff agrees that
26 any potential class member with biotinidase deficiency is not injured by Defendants’
27 alleged misrepresentations, (Reply 4), but Plaintiff does not suggest that those with
28

1 biotinidase deficiency be excluded from the class.³ And no party has any evidence
2 whether anyone with biotinidase deficiency purchased the Products. (*Id.* at 5.)

3 Due to these identified disparities between potential class members, the Court
4 finds individual issues regarding how much, if any, support each class member
5 received from the Products overwhelms the common issues. *See Chow v. Neutrogena*
6 *Corp.*, No. CV 12-04624 R JCX, 2013 WL 5629777, at *2 (C.D. Cal. Jan. 22, 2013)
7 (“[T]here are significant individualized questions as to whether the product worked
8 as advertised for each individual class member. Resolving this question would
9 necessitate consulting each class member individually to determine if they
10 experienced the advertised result.”).

11 The Court is not finding that Plaintiff must prove the Products are worthless
12 before certification is appropriate. “[P]roof of the manifestation of a defect is not a
13 prerequisite to class certification.” *Wolin v. Jaguar Land Rover N. Am., LLC*, 617
14 F.3d 1168, 1173 (9th Cir. 2010). Assuming Plaintiff can prove that the Products are
15 worthless to the members of the general population who ingest enough biotin through
16 their diets, the Products do provide some “support” to those who do not, and the label
17 is therefore not false to them.⁴ Differentiating between the various types of people
18 and determining how much, if any, benefit each person receive from the Products

20 ³ Instead, Plaintiff includes alterations in her damages calculation for any potential class member
21 with biotinidase deficiency. Damages are addressed below.

22 ⁴ This case is also not about whether certain consumers experienced health benefits while taking
23 the Product. Whether or not class members experienced, for example, hair growth or stronger nails
24 during the period he or she used the Product is immaterial. *See Mullins v. Premier Nutrition Corp.*,
25 No. 13-cv-1271-RS, 2016 WL 1535057, at *3 (N.D. Cal. Apr. 15, 2016) (“That some people
26 believe [the Product] provides benefits as advertised is beside the point. [Plaintiff’s] claims do not
27 rise or fall on whether individual consumers experienced health benefits, due to the placebo effect
28 or otherwise. They rise or fall on whether [Defendants’] representations were deceptive.”);
Forcellati, 2014 WL 1410264, at *9 (holding that if the plaintiff could prove allegations that the
products’ effectiveness is solely a placebo effect, “Defendants’ representations about the products’
effectiveness would constitute false advertising ‘even though some consumers may experience
positive results’” (citing *FTC v. Pantron I Corp.*, 33 F.3d 1088, 1100 (9th Cir. 1994))). What is
material is whether the consumers actually receive “support” (as is promised on the Product label)
while taking the Product.

1 would overwhelm the common issues in this case. For this reason, predominance is
2 not satisfied.

3 **3. Damages**

4 Finally, Defendants argue Plaintiff has no valid class-wide damages model.
5 (Opp’n 16.) Under the predominance inquiry, plaintiffs must demonstrate that
6 “damages are capable of measurement on a classwide basis.” *Comcast Corp. v.*
7 *Behrend*, 569 U.S. 27, 34 (2013). Plaintiff must present a damages model consistent
8 with her theory of liability—that is, a damages model “purporting to serve as
9 evidence of damages in this class action must measure only those damages
10 attributable to that theory.” *Id.* at 35. “Calculations need not be exact,” *id.*, nor is it
11 necessary “to show that [the] method will work with certainty at this time.” *Khasin*
12 *v. R.C. Bigelow, Inc.*, No. 12-cv-2204-WHO, 2016 WL 1213767, at *3 (N.D. Cal.
13 Mar. 29, 2016) (citation omitted).

14 Plaintiff’s damages model involves “multiplying either the retail sales price
15 times units sold or, more conservatively, multiplying wholesale prices times units
16 sold.” (Reply 7.) Plaintiff’s theory is that the Products are 100% worthless, thus,
17 consumers should get 100% of their money back. (*See id.* at 8.) Plaintiff also claims
18 her damages model accounts for class members with rare genetic disorders who
19 purchased the Products or those who might be “marginally deficient.” (*Id.*) Plaintiff
20 intends to reduce “the aggregate damages amount by 1% to account for any Class
21 members in the 0.00138% [of the U.S. population who have biotinidase deficiency]
22 who purchased the Products.” (*Id.* at 9.)

23 If a product is proven to be completely worthless and provides no value
24 whatsoever to the class members, “the putative class will be entitled to restitution of
25 the full amount they paid for the product.” *Korolshteyn*, 2017 WL 1020391, at *7;
26 *Stathakos v. Columbia Sportswear Co.*, No. 15-cv-04543-YGR, 2017 WL 1957063,
27 at *10 (N.D. Cal. May 11, 2017) (“Under California law, a full refund may be
28 available as a means for restitution only when plaintiffs prove the product had *no*

1 value to them.”). If every class member had no use for any additional biotin outside
2 his or her diet, then the Products would simply be worthless pills. This is not a case
3 where the Products provide some value separate and apart from what is allegedly
4 falsely advertised. *See e.g., Khasin*, 2016 WL 1213767, at *3 (declining to assign a
5 \$0 value to the green tea product because even if the product did not contain
6 antioxidants as advertised, consumers still gained a “benefit in the form of enjoyment,
7 nutrition, caffeine intake, or hydration from consuming the teas”). But, as noted
8 above, it is possible some class members receive some benefit (i.e. “support” to their
9 hair/skin/nails/energy) from the Product. Even if biotin is essentially snake oil for
10 many people, as Plaintiff presents, a class member ingesting below-average levels of
11 biotin would benefit from the biotin supplement. Again, the person may need only,
12 for example, 10 mcg per day, and although the Product provided him or her 5,000
13 mcg per day, this is a benefit nonetheless. What dollar value should the Court place
14 on the benefit that person receives? Plaintiff has not proven that subtracting 1% from
15 each purchase price is adequate to make up for the value of the benefit some class
16 members may receive. Plaintiff therefore has not presented a damages model
17 consistent with her theory of their case, because even under Plaintiff’s theory, some
18 people benefitted from the Products. Therefore, damages are not subject to common
19 proof on a class-wide basis. For this reason, predominance is not satisfied.

20 **F. Superiority**

21 “The superiority inquiry under Rule 23(b)(3) requires determination of
22 whether the objectives of the particular class action procedure will be achieved in the
23 particular case.” *Hanlon*, 150 F.3d at 1023. “This determination necessarily involves
24 a comparative evaluation of alternative mechanisms of dispute resolution.” *Id.* Here,
25 each member of the class pursuing a claim individually would burden the judiciary
26 and run afoul of Rule 23’s focus on efficiency and judicial economy. *See Vinole v.*
27 *Countrywide Home Loans, Inc.*, 571 F.3d 935, 946 (9th Cir. 2009) (“The overarching
28 focus remains whether trial by class representation would further the goals of


1 efficiency and judicial economy.”). Further, litigation costs would likely “dwarf
2 potential recovery” if each class member litigated individually. *Hanlon*, 150 F.3d at
3 1023. The Products cost only approximately \$5 to \$15. (Mot. 22.) “[W]here the
4 damages each plaintiff suffered are not that great, this factor weighs in favor of
5 certifying a class action.” *Zinser*, 253 F.3d at 1199 n. 2 (quoting *Haley v. Medtronic,*
6 *Inc.*, 169 F.R.D. 643, 652 (C.D.Cal.1996)). Superiority is satisfied.

7 **IV. CONCLUSION**

8 Because Plaintiff has failed to meet the predominance requirement under Rule
9 23(b)(3), the Court **DENIES** Plaintiff’s Motion for Class Certification. (ECF No.
10 54.)

11 **IT IS SO ORDERED.**

12 **DATED: May 22, 2019**

13 
14 **Hon. Cynthia Bashant**
15 **United States District Judge**

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