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8 UNITED STATES DISTRICT COURT
9 SOUTHERN DISTRICT OF CALIFORNIA
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11 CHERYL FERNANDEZ, individually
12 and on behalf of all others similarly
13 situated,
14 Plaintiff,
15 v.
16 ATKINS NUTRITIONALS, INC., and
17 DOES 1-10,
18 Defendants.

Case No.: 3:17-cv-01628-GPC-WVG

**ORDER GRANTING IN PART AND
DENYING IN PART DEFENDANTS'
MOTION TO DISMISS**

[ECF No. 9]

19 Before the Court is Defendant Atkins Nutritionals, Inc.’s (“Atkins”) motion to
20 dismiss Plaintiff Cheryl Fernandez’s complaint. (ECF No. 9.) The motion is fully
21 briefed. Fernandez filed a response in opposition on November 17, 2017 (ECF No. 22),
22 and Atkins filed a reply on December 8, 2017 (ECF No. 23). Pursuant to Local Civil
23 Rule 7.1(d)(1), the Court finds the matter suitable for adjudication without oral argument.
24 For the reasons set forth below, the Court GRANTS in part and DENIES in part the
25 motion to dismiss.

26 **I. Allegations**

27 In this putative class action, Fernandez claims that Atkins misleadingly labels its
28 snack products with regard to their “net” carbohydrate content. Fernandez’s complaint

1 alleges the following facts.

2 Atkins is a company formed by Dr. Robert Atkins “to promote the sale of books
3 and food items related to the ‘Atkins Diet,’ a low to no carbohydrate diet.” (ECF No. 1 at
4 4.) The Atkins Diet instructs adherents to limit their intake of carbohydrates that impact
5 their blood sugar level. (*Id.* at 5–6.) In a book published in 1999, Dr. Atkins wrote that
6 artificial sweeteners were “not allowed” under his diet. (*Id.* at 5.) In a newer version of
7 the book published in 2002, Dr. Atkins “revised this prohibition” by indicating that
8 “certain sugar alcohols such as maltitol do not affect blood sugar and are acceptable.”
9 (*Id.*) Fernandez alleges that this change was the result of Atkins’s establishing a
10 “growing line of food products that [contained] sugar alcohols.” (*Id.*)

11 On its product labels, Atkins often refers to a unit of measurement called “net
12 carbs.” According to Atkins’s website, net carbs are “the total carbohydrate content of
13 the food minus the fiber content and sugar alcohols,” resulting in the measurement of
14 “grams of carbohydrate that significantly impact your blood sugar level and therefore are
15 the only carbs you need to count when you do Atkins.” (*Id.*) The net carbs calculation
16 does not count the “carbohydrates in fiber, glycerine, and sugar alcohols” because those
17 carbohydrates “don’t break down and convert to blood sugar.” (*Id.* at 6.) Atkins suggests
18 on its website that this net carb calculation is based on “science.” (*Id.* at 5.) “Atkins
19 manufactures, distributes, markets, advertises, and sells [food] products containing sugar
20 alcohols [such as maltitol] as replacements for ordinary carbohydrates.” (*Id.* at 6.)

21 At issue in this case is Atkins’s placement of “net carb” calculations on the outer
22 labeling of its snack products. For example, the label on Atkins’s “Chocolate Candies”
23 states that the product contains “1g Net Carb.” (*Id.* at 7.) This one-gram net carb amount
24 is reached by subtracting the grams of carbohydrates attributable to dietary fiber (4g) and
25 sugar alcohols (14g) from the total grams of carbohydrates (19g). (*Id.* at 8.) For
26 purposes of this ruling, the Court refers to such statements—“_g Net Carb(s)” —as “net
27 carbs claims.”

28 Fernandez alleges that Atkins’s method of calculating net carbs “conflicts with the

1 method espoused by Dr. Atkins in his books” because Dr. Atkins had written in the past
2 that only fiber should be deducted from the calculation of net carbohydrates, not sugar
3 alcohols. (*Id.* at 8–9.) Atkins “does not disclose the conflict between Dr. Atkins’s
4 espoused method of calculating ‘net carbs’ and the method used by the company.” (*Id.* at
5 9.) Fernandez alleges that “authoritative scientific research on sugar alcohols” from the
6 Diabetes Teaching Center at the University of California, San Francisco; the Mayo
7 Clinic; and the Canadian Journal of Diabetes suggest that sugar alcohols, “particularly
8 maltitol, . . . continue to have a significant impact on blood sugar levels.” (*Id.* at 9–10,
9 13.) According to Fernandez, “no independent scientist, doctor, or researcher agrees with
10 Atkins’s assertion that maltitol and other sugar alcohols have a net energy value of zero.”
11 (*Id.* at 10.) Fernandez alleges that Atkins “conceals this fact from consumers, and does
12 not disclose this fact in its labeling or representations to consumers.” (*Id.* at 10.)

13 Fernandez thus asserts that the term “net carbs,” as used by Atkins on its products,
14 is misleading. According to Fernandez, the FDA has not regulated this phrase, but has
15 noted in warning letters that the phrase “may be misleading to consumers.” (*Id.* at 12.)
16 In 2014, the Wall Street Journal reported that Atkins “would discontinue using the term
17 ‘net carbs’ on its food labels because the term is ‘imprecise,’” but Atkins ultimately
18 chose not to discontinue its use of the phrase. (*Id.* at 13–14.)

19 Fernandez’s complaint asserts the following claims: (1) violation of the California
20 Unfair Competition Law (“UCL”), Cal. Bus. & Prof. Code §§ 17200 *et seq.*; (2) violation
21 of the California False Advertising Law (“FAL”), Cal. Bus. & Prof. Code §§ 17500 *et*
22 *seq.*; (3) breach of an express warranty in violation of Cal. Com. Code § 2313; (4) breach
23 of the implied warranty of merchantability in violation of Cal. Com. Code § 2314; and
24 (5) violation of the Magnuson-Moss Warranty Act (“MMWA”), 15 U.S.C. §§ 2301 *et*
25 *seq.*

26 **II. Legal Standards**

27 A Rule 12(b)(6) motion attacks the complaint as not containing sufficient factual
28 allegations to state a claim for relief. “To survive a motion to dismiss [under Rule

1 12(b)(6)], a complaint must contain sufficient factual matter, accepted as true, to ‘state a
2 claim to relief that is plausible on its face.’” *Ashcroft v. Iqbal*, 556 U.S. 662, 679 (2009)
3 (quoting *Bell Atlantic Corp. v. Twombly*, 550 U.S. 544, 570 (2007)). While “detailed
4 factual allegations” are unnecessary, the complaint must allege more than “[t]hreadbare
5 recitals of the elements of a cause of action, supported by mere conclusory statements.”
6 *Iqbal*, 556 U.S. at 678. “In sum, for a complaint to survive a motion to dismiss, the non-
7 conclusory ‘factual content,’ and reasonable inferences from that content, must be
8 plausibly suggestive of a claim entitling the plaintiff to relief.” *Moss v. U.S. Secret Serv.*,
9 572 F.3d 962, 969 (9th Cir. 2009).

10 In addition to its contention that Fernandez’s allegations are insufficient to state a
11 plausible claim, Atkins disputes Fernandez’s standing to seek injunctive relief. This
12 amounts to a challenge of the Court’s subject matter jurisdiction under Rule 12(b)(1).
13 *See White v. Lee*, 227 F.3d 1214, 1242 (9th Cir. 2000). “An attack on subject matter
14 jurisdiction may be facial or factual. ‘In a facial attack, the challenger asserts that the
15 allegations contained in a complaint are insufficient on their face to invoke federal
16 jurisdiction. By contrast, in a factual attack, the challenger disputes the truth of the
17 allegations that, by themselves, would otherwise invoke federal jurisdiction.’” *Edison v.*
18 *United States*, 822 F.3d 510, 517 (9th Cir. 2016) (quoting *Safe Air for Everyone v. Meyer*,
19 373 F.3d 1035, 1039 (9th Cir. 2004)). Here, Atkins’s jurisdictional challenge is facial—it
20 offers no evidence to prove that Fernandez lacks standing to pursue injunctive relief, and
21 instead points solely to the allegations in her complaint. Because “[t]he district court
22 resolves a facial attack as it would a motion to dismiss under Rule 12(b)(6),” *Leite v.*
23 *Crane Co.*, 749 F.3d 1117, 1121 (9th Cir. 2014), the Court applies the legal standard
24 appropriate for a Rule 12(b)(6) motion to Atkins’s standing argument.

25 Finally, when alleging fraud, “a party must state with particularity the
26 circumstances constituting fraud.” Fed. R. Civ. P. 9(b). This standard applies to
27 Fernandez’s UCL and FAL claims. *See Kearns v. Ford Motor Co.*, 567 F.3d 1120, 1125
28 (9th Cir. 2009) (“Rule 9(b)’s particularity requirement applies to” UCL claims); *Yumul v.*

1 *Smart Balance, Inc.*, 733 F. Supp. 2d 1117, 1122–23 (C.D. Cal. 2010) (FAL claims). “To
2 avoid dismissal for inadequacy under Rule 9(b), a complaint [must] state the time, place
3 and specific content of the false representations as well as the identities of the parties to
4 the misrepresentation.” *Yumul*, 733 F. Supp. 2d at 1122 (internal quotation marks
5 omitted). In other words, the allegations must plead the “who, what, when, where, and
6 how of the misconduct charged.” *Id.* at 1123 (internal quotations omitted).

7 **III. Discussion**

8 Atkins contends that the Court should dismiss Fernandez’s claims for the following
9 reasons: (1) federal law preempts Fernandez’s state law claims; (2) the Court should
10 invoke the “primary jurisdiction” doctrine; (3) the UCL and FAL claims fail to meet Rule
11 9(b)’s heightened pleading standard; (4) the implied warranty of merchantability claim
12 fails to state a claim for relief; (5) the MMWA claim fails to allege an applicable
13 warranty made by Atkins; and (6) Fernandez lacks standing to pursue injunctive relief.

14 **A. Preemption**

15 Atkins argues that Fernandez cannot pursue her state law claims because federal
16 law expressly preempts them. The court must “start with the presumption that the
17 historic police powers of the State were not to be superseded by the Federal Act unless
18 that was the clear and manifest purpose of Congress.” *Astiana v. Hain Celestial Grp.,*
19 *Inc.*, 783 F.3d 753, 757 (9th Cir. 2015) (quoting *Rice v. Santa Fe Elevator Corp.*, 331
20 U.S. 218, 230 (1947)). One species of preemption is “express preemption,” which
21 “occurs when Congress enacts a statute that expressly commands that state law on the
22 particular subject is displaced.” *United States v. 4, 432 Mastercases of Cigarettes, More*
23 *or Less*, 448 F.3d 1168, 1189 (9th Cir. 2006) (quoting *Gadda v. Ashcroft*, 377 F.3d 934,
24 944 (9th Cir. 2004)). Atkins argues that, through 21 U.S.C. § 343-1(a)(5), Congress has
25 done exactly that.

26 **i. Statutory and Regulatory Framework**

27 To evaluate Atkins’s preemption argument, the Court must navigate the labyrinth
28 of federal food labeling requirements. The statutory provisions discussed below were

1 enacted as part of the Federal Food, Drug, and Cosmetic Act (“FDCA”) and, later, the
2 Nutrition Labeling and Education Act (“NLEA”), both of which govern labeling of food.
3 Neither the FDCA nor the NLEA “permit private causes of action to enforce” their
4 requirements and limitations, so “[a] plaintiff seeking remedies for mislabeled or
5 misbranded products must do so through an appropriate state law vehicle.” *Johnson v.*
6 *Atkins Nutritionals, Inc.*, No. 2:16-cv-4213-MDH, ECF No. 57 (W.D. Mo. Mar. 29,
7 2017).

8 Three federal statutory provisions are relevant to Atkins’s preemption argument:
9 21 U.S.C. §§ 343(q), 343(r), and 343-1. The Court begins with § 343(q), which governs
10 the familiar “nutrition facts” box found on food labels across the country. In relevant
11 part, § 343(q)(1)(D) states that a food label must indicate the food’s amount of certain
12 nutrients, including “[t]otal fat, saturated fat, cholesterol, sodium, total carbohydrates,
13 complex carbohydrates, sugars, dietary fiber, and total protein contained in each serving
14 size or other unit of measure.” Section 343(q)(2) empowers the Food and Drug
15 Administration (“FDA”) with the ability to add nutrients to (or remove nutrients from)
16 § 343(q)(1)’s list.

17 The FDA has promulgated comprehensive rules governing nutrition-box
18 information, found at 21 C.F.R. § 101.9. Section 101.9(c) sets forth further requirements
19 with respect to the nutrients that must be included in the nutrition-facts box. With respect
20 to this case, the relevant requirements are found at § 101.9(c)(6), covering
21 “‘Carbohydrate, total’ or ‘Total carbohydrate.’” That provision requires that food labels
22 include, *inter alia*, “[a] statement of the number of grams of total carbohydrate in a
23 serving,” *id.* § 101.9(c)(6), and “[a] statement of the number of grams of total dietary
24 fiber in a serving,” *id.* § 101.9(c)(6)(i). It also names several nutrients that can be
25 declared “voluntarily,” one of which is sugar alcohol. Section 101.9(c)(6)(iv) states: “[a]
26 statement of the number of grams of sugar alcohols in a serving may be declared
27 voluntarily on the label, except that when a claim is made on the label or in labeling
28 about sugar alcohol or total sugars, or added sugars when sugar alcohols are present in

1 the food, sugar alcohol content shall be declared.”

2 Next, 21 U.S.C. § 343(r) governs “nutrition levels and health-related claims.” In
3 essence, § 343(r) governs claims about the nutrient content of a food made outside of the
4 nutrition-facts box.¹ In relevant part, § 343(r)(1) deems a food “misbranded”—and, as
5 such, “prohibited,” *id.* § 331(a)—if the label “characterizes the level of any nutrient
6 which is of the type required by paragraph (q)(1) or (q)(2) to be in the label or labeling of
7 the food unless the claim is made in accordance with subparagraph (2).” *Id.*

8 § 343(r)(1)(A). Put differently, if a food’s label makes a characterization of its nutrient
9 content, and that nutrient is “of the type” that is “required” to be included in the nutrition-
10 facts box by § 343(q)(1) or (q)(2), § 343(r)(1) requires that characterization to comply
11 with the requirements and limitations set forth in § 343(r)(2). The FDA refers to
12 characterizations governed by § 343(r) as “nutrient content claims.” *See* 21 C.F.R.
13 § 101.13.

14 The FDA’s regulations regarding nutrient content claims are found at 21 C.F.R.
15 § 101.13. Section 101.13(i) sets forth the various kinds of nutrient content claims that
16 may be made on a food label. The type relevant here is what the FDA refers to as an
17 “express claim,” governed by § 101.13(i)(3). That provision states that “the label or
18 labeling of a product may contain a statement about the amount or percentage of a
19 nutrient if . . . [t]he statement does not in any way implicitly characterize the level of the
20 nutrient in the food and *it is not false or misleading in any respect.*” *Id.* § 101.13(i)(3)

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23 ¹ As will be discussed in further detail below, § 343(r) applies to characterizations of nutrients “of the
24 type” required by § 343(q), but does *not* apply to the information inside the nutrition-facts box. *See* 21
25 U.S.C. § 343(r)(1) (“A statement of the type required by paragraph (q) that appears as part of the
26 nutrition information required or permitted by such paragraph is not a claim which is subject to this
27 paragraph and a claim subject to clause (A) is not subject to clause (B).”). A nutrient content claim
28 governed by § 343(r)(2) is thus any claim outside of the nutrition-facts box that the manufacturer has
chosen to make about the same kind of nutrients discussed inside the class nutrition information box.
See Chacanaca v. Quaker Oats Co., 752 F. Supp. 2d 1111, 1117 (N.D. Cal. 2010) (“[Section 343(r)]
governs all *voluntary* statements about nutrient content or health information a manufacturer chooses to
include on a food label or packaging.”).

1 (emphasis added).

2 Last, 21 U.S.C. § 343-1 contains the NLEA’s preemption provision. In passing the
3 NLEA, Congress stated that the law “shall not be construed to preempt any provision of
4 State law, unless such provision is expressly preempted under section 403A of the
5 [FDCA].” Pub. L. No. 101-535, §(6)(c)(1), 104 Stat. 2353, 2364. Section 403A is
6 codified at 21 U.S.C. § 343-1, which states in relevant part that “no State or political
7 subdivision of a State may directly or indirectly establish under any authority or continue
8 in effect as to any food in interstate commerce . . . any requirement² respecting any claim
9 of the type described in [§ 343(r)(1)], made in the label or labeling of food that is not
10 identical to the requirement of [§ 343(r)].” 21 U.S.C. § 343–1(a)(5). For purposes of
11 § 343-1, “‘not identical to’ means that the State requirement directly or indirectly
12 imposes obligations or contains provisions concerning the composition or labeling of
13 food that are not imposed by or contained in the applicable federal regulation.” *Reid v.*
14 *Johnson & Johnson*, 780 F.3d 952, 959 (9th Cir. 2015) (internal quotation marks
15 omitted). In other words, Fernandez’s state law claims are not preempted so long as they
16 “effectively parallel[] or mirror[] the relevant sections of the NLEA.” *See Chacanaca*,
17 752 F. Supp. 2d at 1118.

18 A brief recap. Federal law preempts state law to the extent that state law imposes a
19 requirement on nutrition content claims governed by § 343(r)(1) that are not identical to
20 the requirements set forth in § 343(r) generally. Nutrient content claims are
21 characterizations about a food’s content of nutrients “of the type required by paragraph
22 (q)(1) or (q)(2).” Finally, 21 C.F.R. § 101.13(i)(3) permits manufacturers to make
23 express nutrient content claims so long as they are “not false or misleading in any
24 respect.” The combined force of Sections 343-1(a)(5), 343(q), and 343(r) establishes that
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27 ² “Requirement” in this context applies not only to positive state law, but also “common-law duties and
28 judge-made rules.” *Chacanaca*, 752 F. Supp. 2d at 1118 (citing *Bates v. Dow Agrosciences, LLC*, 544
U.S. 431, 443 (2005)).

1 Fernandez’s state law claims escape preemption only if Atkins’s net carbs claims either
2 (1) are not nutrient content claims, or (2) are nutrient content claims, but violate Section
3 343(r) and/or related regulations. *See, e.g., Chacanaca*, 752 F. Supp. 2d at 1119. The
4 Court addresses these issues in turn.

5 **ii. Whether Net Carbs Claims Are Nutrient Content Claims**

6 Atkins argues that its net carbs claims are nutrient content claims governed by
7 § 343(r) because net carbs “derive” from a calculation involving nutrients discussed in 21
8 C.F.R. § 101.9(c)(6), *i.e.*, total carbohydrates, dietary fibers, and sugar alcohols.

9 Fernandez, in response, argues that net carbs claims are not nutrient content claims
10 because a “net carb” is not a nutrient required to be disclosed by 21 U.S.C. § 343(q) or 21
11 C.F.R. § 101.13.

12 Atkins relies heavily on the court’s decision in *Johnson*, which addressed the same
13 exact question. *Johnson*, No. 2:16-cv-4213-MDH, ECF No. 57. There, the plaintiff
14 alleged that Atkins’s net carbs claims were misleading in violation of Missouri law.³ *Id.*
15 at 2–3. The court found that Atkins’s net carbs claims were nutrient content claims, and
16 rejected the plaintiff’s argument that “net carbs” are not nutrients under § 343(q) because
17 that term is not listed in 21 U.S.C. § 343(q) or 21 C.F.R. § 101.13. The court reasoned
18 that the “FDA has explicitly said that Section 343(r)(1)(A) is not limited by the Nutrition
19 Facts label, but encompasses ‘nutritional substances.’” *Id.* at 12 (citing Food Labeling;
20 Requirements for Nutrient Content Claims, Health Claims, and Statements of Nutritional
21 Support for Dietary Supplements, 62 Fed. Reg. 49,859, 49,859–60 (Sept. 23, 1997)).
22 Because “net carbs” are simply the difference between (1) total carbohydrates and
23 (2) dietary fibers and sugar alcohols, the court concluded, “[t]here can be little doubt that
24 what remains, a subset of carbohydrates, is a nutritional substance.” *Id.* The court also

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27 ³ The plaintiff in *Johnson* also challenged other label claims, such as “Only _g Net Carbs,” and
28 “Counting Carbs? The Net Carb Count helps you count carbs that impact your blood sugar. Fiber and
sugar alcohols, including glycerin, should be subtracted from the total cars since they minimally impact
blood sugar.” *Id.* at 2. Those claims are not at issue in this case.

1 relied on several FDA Warning Letters, including one suggesting that the statement
2 “Only 2g Digestible Carbs” was an unauthorized nutrient content claim, and another
3 stating that the FDA is “not generally objecting to additional quantitative ‘net’
4 carbohydrate statements that are truthful and not misleading,” so long as the
5 manufacturer disclosed the method used to calculate net carbs. *Id.*; *see also id.* (citing
6 another FDA warning letter that suggested the manufacturer’s net carbs claims may be
7 unlawful because the label does not indicate how net carbs are calculated). In light of the
8 FDA’s positions, the court concluded that net carbs claims were express nutrient content
9 claim under § 343(r)(1)(A). *Id.* at 13.

10 This Court agrees with the outcome reached by the court in *Johnson*, but takes a
11 different route to get there. Putting aside the FDA’s legal positions discussed in its
12 warning letters, the Court finds that the plain text of the relevant statutory provision
13 places net carbs claims within the bounds of § 343(r). To explain why that is the case,
14 the Court finds it helpful to address Fernandez’s arguments to the contrary.

15 First, as mentioned, Fernandez argues that a “net carb” is not a “nutrient” under
16 § 343(r) because the phrase “net carb” (or variations of that phrase) appears nowhere in
17 § 343(q) or 21 C.F.R. § 101.9. (ECF No. 22 at 11.) While Fernandez is correct that this
18 phrase does not appear in the statutory or regulatory text, she fails to explain why that
19 fact is dispositive. To the contrary, the phrase’s absence makes no difference in this
20 analysis. Section 343(r)(1) governs claim regarding “any nutrient which is *of the type*
21 required by paragraph (q)(1) and (q)(2).” The phrase “of the type” broadens the scope of
22 § 343(r)’s purview beyond those specifically enumerated in § 343(q) and related
23 regulations. Imagine, for example, that Julia’s grandmother is about to enjoy some pie
24 and asks Julia to go into the kitchen and grab a utensil “of the type” of a spoon or fork. If
25 Julia returns with a spork, her grandmother cannot be upset with Julia’s choice; while
26 neither a spoon nor a fork, a spork is surely “of the type” of those two items. In the same
27 sense, net carbs are nutrients “of the type” of those listed in § 343(q) and its regulations.
28 Total carbohydrates, dietary fiber, and sugar alcohols are all discussed in 21 C.F.R.

1 § 101.9(c)(6). *See* 21 C.F.R. § 101.9(c)(6) (total carbohydrates); *id.* § 101.9(c)(6)(i)
2 (dietary fiber); *id.* § 101.9(b)(6)(iv) (sugar alcohol). Just as a spork is “of the type” of
3 utensils such as forks and spoons, a configuration of total carbohydrates, dietary fibers,
4 and sugar alcohols, is “of the type” of those three nutrients.

5 As a second—but similar—argument, Fernandez points out that § 343(r) governs
6 characterizations of nutrients of the type “*required* by (q)(1) or (q)(2).” According to
7 Fernandez, § 343(r) does not apply to claims about net carbs because “net carbs” is not a
8 nutrient “required” to be placed on food labels by § 343(q) and its related regulations.
9 Again, this argument misses the effect of the “of the type” language in § 343(r)(1). What
10 matters for purposes of § 343(r)(1) is not whether a nutrient is required to be disclosed by
11 § 343(q) or its regulations, but rather whether a nutrient is *of the type* of such nutrients.
12 Because “net carbs” is a configuration of nutrients listed in the regulations promulgated
13 under § 343(q),⁴ it is a nutrient of the type of those required by § 343(q).

14 Contrary to Fernandez’s assertion, the court’s decision in *Reid v. Johnson &*
15 *Johnson*, 780 F.3d 952 (9th Cir. 2015), does not support her position that net carbs claims
16 are not nutrient content claims. In *Reid*, the court was asked to determine whether the
17 plaintiff’s claims—that defendant’s label statements were false—were preempted by
18 federal law. In describing the meaning of “nutrient content claims,” the court wrote:

19 Under the FDA regulations, the general rule is that ‘nutrient content claims’
20 are not permitted on food labels. Nutrient content claims are statements that
21 ‘expressly or implicitly characterize[] the level of a nutrient.’ However, the

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23 ⁴ The Court acknowledges that 21 C.F.R. § 101.9(c)(6)(iv) does not *require* disclosure of the sugar
24 alcohol content of food, but rather makes it permissible (unless there is also a claim on the label
25 regarding (1) sugar alcohol, (2) total sugars, or (3) added sugars when sugar alcohols are present in the
26 food, in which case disclosure it mandatory). This makes little difference for two reasons. First, even
27 assuming that sugar alcohols are not nutrients “required” to be included on the label by § 343(q), “net
28 carbs” is still “of the type” of the remaining two nutrients that § 343(q) requires to be disclosed, total
carbohydrates and dietary fiber. Second, the only example of Atkins’s labels cited in Fernandez’s
complaint also makes a claim about the amount of sugar contained in the product (*see* ECF No. 1 at 7),
in which case § 343(q) would require Atkins to declare the amount of sugar alcohol in the product. *See*
21 C.F.R. § 101.9(c)(6)(iv) (if there is a nutrient content claim regarding total sugars, disclosure of the
sugar alcohols content is mandatory).

1 regulations do authorize some nutrient content claims. These include
2 statements about the amount or percentage of a nutrient that are consistent
3 with the labeling regulations (e.g., ‘less than 3 g of fat per serving’), similar
4 statements that include a disclaimer (e.g., ‘only 200 mg of sodium per
5 serving, not a low sodium food’), or statements that do not characterize the
6 level of nutrient and are not false or misleading (e.g., ‘100 calories’).

7 *Reid*, 780 F.3d at 959–60 (quoting, *inter alia*, 21 C.F.R. § 101.13(i)). Fernandez seems to
8 argue that, in light of this discussion, nutrients—for purposes of § 343(r)(1)—must be
9 explicitly listed in § 343(q) or its regulations. (See ECF No. 13.) Of course, the quoted
10 language above suggests no such thing. To the contrary, the court in *Reid* was merely
11 reciting examples that § 101.13(i) itself lists.

12 As a final matter, the Court notes that Fernandez’s interpretation—which limits
13 § 343(r)(1)’s application to nutrients that § 343(q) and its regulations expressly require to
14 be mentioned on a label—would render the phrase “of the type” mere surplusage. In
15 other words, under Fernandez’s reading, § 343(r)(1) would have the same meaning with
16 or without the phrase “of the type.” The Court’s “practice, however, is to give effect, if
17 possible, to every clause and word of a statute.” *Advocate Health Care Network v.*
18 *Stapleton*, 137 S. Ct. 1652, 1659 (2017). As a result, the Court cannot accept
19 Fernandez’s reading of § 343(r)(1).

20 In sum, because “net carbs” is a configuration of nutrients “of the type” required to
21 be mentioned on a label by § 343(q) and its regulations, the Court finds that Atkins’s net
22 carbs claims are nutrient content claims governed by § 343(r)(1).

23 **iii. Whether Atkins’s Net Carbs Claims Comply with § 343(r)**

24 Having concluded that net carbs claims are nutrient content claims governed by
25 § 343(r)(1), the Court must next address whether Fernandez’s state law claims impose
26 requirements “identical to the requirement of section 343(r).” 21 U.S.C. § 343-1(a)(5).
27 Put another way, the Court must determine whether Atkins’s net carbs claims comply
28 with § 343(r). If they do, Fernandez cannot pursue any state law claim—even if her
complaint states a claim under state law, that aspect of state law would be preempted by

1 § 343-1(a)(5). If the net carbs claims do not comply with § 343(r), Fernandez may
2 pursue a state law claim to the extent that the net carbs claims violate federal law.

3 Section 343(r)(1) prohibits nutrient content claims “unless the claim is made in
4 accordance with” § 343(r)(2), which sets forth a long list of requirements. As stated
5 above, the FDA has also promulgated rules regarding nutrient content claims, including
6 the requirement that express nutrient content claims not be “false or misleading in any
7 respect.” 21 C.F.R. § 101.13(i)(3). For the reasons explained below, Fernandez’s
8 allegations are sufficient to state a plausible claim that Atkins’s net carbs claims are
9 misleading in some respect, in violation of § 101.13(i)(3).

10 As an initial matter, the Court rejects Atkins’s argument that its net carbs claims
11 are valid under § 343(r) because the FDA has “permitted” them. This argument is flawed
12 for two reasons. First, Atkins’s argument suggests that an agency’s failure to promulgate
13 a rule prohibiting the term “net carbs” is “tantamount to a conscious decision by the
14 agency to permit any use of this term a manufacturer sees fit.” *Astiana*, 783 F.3d at 758.
15 As the Ninth Circuit reasoned in *Astiana*, “[t]his argument proves too much. By this
16 logic, a manufacturer could make any claim—wild, untruthful, or otherwise—about a
17 product whose contents are not addressed by a specific regulation.” *Id.*

18 Second, the FDA documents Atkins offers in support of its motion demonstrate
19 that Atkins’s assertion that the FDA has “permitted” net carbs claims is inaccurate.
20 Atkins offers the following FDA actions as evidence that the FDA “permits” net carbs
21 claims. In 2005, in responding to petitions regarding the legality of carbohydrate-related
22 nutrient content claims, the FDA stated that it “intend[ed] to provide guidance to food
23 manufacturers on the use of the term ‘net’ in relation to the carbohydrate content of
24 food.”⁵ (ECF No. 9-8.) Later that year, in a letter to the National Consumers League, the
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27 ⁵ The Court takes judicial notice of official FDA guidance documents. *See, e.g., Wilson v. Frito-Lay*
28 *N.A., Inc.*, No. 12-cv-01586-JST, 2017 WL 4023152, at *2 (N.D. Cal. May 26, 2017) (“Courts routinely
take judicial notice of similar FDA guidance documents, many of which also appear on the FDA’s
public website.”).

1 FDA wrote that, “[w]ith respect to ‘net carbohydrate’ labeling, although FDA has not
2 issued guidance regarding the use of such statements, the agency has not generally
3 objected to the use of ‘net carbohydrate’ type information on food labels *if the label*
4 *adequately explains how the terms are used so that it would not be false or misleading to*
5 *consumers.*” (ECF No. 9-9 at 1 (emphasis added).) In 2005, the FDA also responded to
6 a Unilever letter—which apparently asserted that Atkins’s net carbs claims should not be
7 permitted—by stating:

8 As you know, firms are not prohibited from declaring other quantitative
9 information outside of the nutrition label provided the additional information
10 is not false or misleading. We recognize that there are various types of
11 quantitative “net” claims in the marketplace. At this time, however, we are
12 not generally objecting to additional quantitative “net” carbohydrate-type
13 statements *that are truthful and not misleading; for example, where the*
“net” terms are sufficiently explained on the label so that the consumer
understands the meaning of the use of such terms.

14 (ECF No. 9-10 at 1 (emphasis added).) In 2016, the FDA published a final rule titled
15 “Food Labeling: Revision of the Nutrition and Supplement Facts Labels,” in which it
16 declined to change its “current method of calculating carbohydrate by difference,”
17 primarily because labels must include, in addition to the amount of total carbohydrates,
18 the amount of dietary fiber. 81 Fed. Reg. 33,742, 33,794–95 (May 27, 2016). Atkins
19 also points the Court to instances in which the FDA has sent warning letters to
20 manufacturers suggesting that their net carbs claims might be deemed misbranding
21 *because the product labels do not adequately explain how they calculate net carbs.* (See
22 ECF Nos. 9-14, 9-15.)

23 Taking these FDA statements together, it cannot be said that the FDA has
24 “permitted” net carbs claims. Rather—as the FDA repeatedly stated in the statements
25 above—net carbs claims may be permissible, but only if they are not false or misleading,
26 and they adequately explain the formula for calculating net carbs.

27 To determine whether Atkins’s net carbs claims are consistent with federal law,
28 then, the Court asks the following question: taking the facts alleged in the complaint as

1 true and drawing all reasonable inferences in Fernandez’s favor, can the Court conclude
2 that as a matter of law Atkins’s net carbs claims are not “false or misleading in any
3 respect”? The Court answers no, for the same reason cited in the FDA’s letters that
4 Atkins itself offers.

5 According to the complaint, Atkins places on the label of its products a statement
6 that the product contains “_g Net Carb[s].” (ECF No. 1 at 7.) Nowhere in the complaint
7 does Fernandez allege that Atkins’s labels also contain an explanation of how it
8 calculates net carbs.⁶ At this stage, the Court is required to infer that Atkins’s labels do
9 not contain any such explanation. *See Sharkey v. O’Neal*, 778 F.3d 767, 768 n.1 (9th Cir.
10 2015) (explaining that at the motion to dismiss stage, “we must accept as true all factual
11 allegations in the complaint and *draw all reasonable inferences in favor of the*
12 *nonmoving party*” (emphasis added)). Without including an explanation on the label as
13 to how Atkins calculates net carbs, its net carbs claims are, at least in some respect,
14 misleading. Consider the label example included by the complaint: if a carb-wary
15 consumer picks up a pack of Atkins Chocolate Candies and looks at the front label, the
16 “1g Net Carb” might mislead her into believing that the product contains a very small
17 amount of carbohydrates, when in reality, the product contains 19 total grams of
18 carbohydrates.

19 While the Court does not rely on the FDA’s warning letters as legal authority for
20 its conclusion, it is worth noting that an adequate explanation of the manufacturer’s
21 calculation method for net carbs is what the FDA expressly states it looks for in
22 determining whether a net carbs claim complies with § 101.13(i)(3). (*See, e.g.*, ECF No.
23 9-14 at 1–2 (“You declare the amount of ‘Net Carbs’ on your product label; however, the
24 label does not adequately describe how the number of ‘net carbs’ is derived. It appears
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27 ⁶ While the complaint alleges that Atkins’s website describes its method of calculating net carbs, the
28 Court finds that fact irrelevant. A manufacturer cannot cure a misleading statement on a product label
by simply providing a further explanation of the statement on the manufacturer’s website.

1 that the ‘net carbs’ number was calculated by subtracting the number of grams of dietary
2 fiber from the number of grams of total carbohydrate but there was no explanation on the
3 label. The statement and explanation must be truthful and not misleading.”)).

4 The mandatory inference at this stage—that Atkins does not include its net carbs
5 calculation method on its labels—makes this case different from *Johnson*. There, in
6 finding that the plaintiff’s claims were preempted because they attempted to “require
7 Defendant to utilize a specific method of calculating net carbohydrates,” the court
8 explained: “[t]he FDA permits net carbohydrate nutrient content claims so long as the
9 statement is quantitatively true and *the method of calculation is disclosed.*” *Johnson*, No.
10 2:16-cv-04213-MDH, ECF No. 57 at 13 (emphasis added). Because the court was
11 presented with allegations that the labels included an explanation of Atkins’s method of
12 calculation for net carbs claims, the court found that Atkins’s labels met § 101.13(i)(3)’s
13 requirements. Here, because the Court must assume Atkins’s labels do not disclose its
14 net carbs calculation method, the allegations raise a plausible claim that Atkins’s net
15 carbs claims violate § 101.13(i)(3).

16 Thus, Fernandez’s state law claims are not preempted to the extent that they are
17 premised on Atkins’s failure to disclose on its labels how it calculates net carbs. The
18 Court also concludes, however—just as the court in *Johnson* did—that federal law *does*
19 preempt California law to the extent that Fernandez seeks to require Atkins to “utilize a
20 specific method of calculating net carbohydrates before making a net carbohydrate
21 nutrient content claim.” *Id.* at 13. Fernandez fails to point to any aspect of federal law or
22 regulation that requires a specific calculation method of net carbs. Without any such
23 federal requirement, a state law that would require a particular calculation method would
24 “impose[] obligations . . . concerning the composition or labeling of food that are not
25 imposed by or contained in the applicable federal regulation[s].” *Lilly v. ConAgra Foods,*
26 *Inc.*, 743 F.3d 662, 665 (9th Cir. 2014) (quoting 21 C.F.R. § 100.1(c)(4)).

1 In sum, federal law does not preempt Fernandez’s state law claims,⁷ but only to the
2 extent that they are based on Atkins’s failure to indicate on its labels how it calculates net
3 carbs. Federal law does preempt any state law requirement that prescribes a particular
4 method of calculating net carbs.

5 **B. Primary Jurisdiction**

6 Atkins contends that the Court should dismiss Fernandez’s claims under the
7 primary jurisdiction doctrine. Primary jurisdiction is a limited prudential doctrine that
8 “allows courts to stay proceedings or to dismiss a complaint without prejudice pending
9 the resolution of an issue within the special competence of an administrative agency.”
10 *Clark v. Time Warner Cable*, 523 F.3d 1110, 1114 (9th Cir. 2008). “[I]t is to be used
11 only if a claim requires resolution of an issue of first impression, or of a particularly
12 complicated issue that Congress has committed to a regulatory agency, and if protection
13 of the integrity of a regulatory scheme dictates preliminary resort to the agency which
14 administers the scheme.” *Id.* (internal quotation marks omitted).

15 The Court concludes that staying or dismissing this case under the primary
16 jurisdiction doctrine is inappropriate because the primary question presented by this case
17 neither “requires resolution of an issue of first impression” nor is “a particularly
18 complicated issue that Congress has committed to a regulatory agency.” With respect to
19 the former condition, as Atkins asserts throughout its briefing, the FDA has long been
20 aware of net carbs claims, yet has opted not to promulgate a rule regarding such claims.
21 “Common sense tells us that even when agency expertise would be helpful, a court

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24 ⁷ Fernandez also argues that her claims are not preempted because Atkins’s labels violate 21 U.S.C.
25 § 343(r)(2)(A)(i), which states that a nutrient content claim “may be made only if the characterization of
26 the label made in the claim uses terms which are defined in regulations of the Secretary.” Fernandez
27 argues that, because FDA regulations make no mention of “net carbs,” Atkins is using a “term” that is
28 not “defined in regulations of the Secretary.” The Court disagrees with Fernandez’s interpretation of the
word “terms” in § 343(r)(2)(A)(i). “Term” in that provision refers to the *characterization* used in a
particular nutrient content claim, not the nutrient itself. *See, e.g., Backus v. Nestlé USA, Inc.*, 167 F.
Supp. 3d 1068, 1076 (N.D. Cal. 2016).

1 should not invoke primary jurisdiction when the agency is aware of but has expressed no
2 interest in the subject matter of the litigation.” *Astiana*, 783 F.3d at 761. That makes this
3 case different from *Saubers v. Kashi Co.*, cited by Atkins. There, at time of the litigation,
4 the FDA was engaged in rulemaking regarding the claim at issue. 39 F. Supp. 3d 1108,
5 1112 (S.D. Cal. 2014) (“Because the FDA has been actively revisiting its draft guidance
6 since at least March 5, 2014—indicating that the agency’s expert opinion is still being
7 developed—application of the primary jurisdiction doctrine is favored.”). Atkins has not
8 suggested that the FDA is engaged in any formal proceedings at this time with respect to
9 net carbs claims.

10 As for the latter condition, as the *Johnson* court reasoned, to answer the question of
11 whether Atkins’s net carbs claims are “false or misleading in any respect” does not
12 require technical expertise held only by the FDA. To the contrary, courts are well
13 equipped to answer that question, and do so on a regular basis. *See Johnson*, No. 2:16-
14 cv-04213-MDH, ECF No. 57, at 19 (“Plaintiff’s remaining claims seek a determination
15 as to whether Defendant’s product labels related to net carbohydrates are false,
16 misleading, or deceptive. This factual issue does not raise questions requiring technical
17 or specialized expertise — every day courts decide whether conduct is misleading.”
18 (internal quotation marks omitted)); *see also Reid*, 780 F.3d at 967 (“The issue that this
19 case ultimately turns on is whether a reasonable consumer would be misled by McNeil’s
20 marketing, which the district courts have reasonably concluded they are competent to
21 address in similar cases.”); *Zakaria v. Gerber Prods. Co.*, No. LA CV15-00200 JAK
22 (Ex), 2015 WL 3827654, at *6 (C.D. Cal. June 18, 2015) (rejecting application of
23 primary jurisdiction because the plaintiff’s “claims turn on whether Defendant’s
24 representations concerning the health benefits of Good Start Gentle and the FDA’s
25 approval of the formula were false or misleading”); *In re Colgate-Palmolive Softsoap*
26 *Antibacterial Hand Soap Mktg. & Sales Practices Litig.*, No. 12-md-2320-PB, 2013 WL
27 1124081, at *7 (D.N.H. Mar. 18, 2013) (“The FDA does not have technical expertise
28 related to questions of fraud and deceit. Courts, by contrast, routinely determine whether

1 past conduct or statements were false or misleading.”); *Chacanaca*, 752 F. Supp. 2d at
2 1124. *Haggag v. Welch Foods, Inc.*—also cited by Atkins—is distinguishable on this
3 basis. There, the court was not tasked with determining whether a label claim was
4 misleading, but instead was asked to determine whether a particular claim fell within the
5 vague definition of “implied health claims.” No. CV 13-00341-JGB (OPx), 2014 WL
6 1246299, at *5 (Mar. 24, 2014). Because that question invoked the FDA’s primary role
7 of determining what label claims fell within its regulatory scheme, the court felt that
8 referring the question to the FDA was more appropriate. Here, Atkins concedes that the
9 FDA has, on multiple occasions, stated clearly that manufacturers must explain on their
10 labels how they calculate their net carbs claims.

11 Because Fernandez’s claims present neither a question of first impression for the
12 FDA nor an issue requiring the FDA’s specialized expertise, the Court declines to invoke
13 the primary jurisdiction doctrine.

14 **C. Sufficiency of Allegations**

15 Atkins also argues that several of Fernandez’s claims are not supported by
16 adequate factual allegations. The Court addresses each challenge in turn.

17 **i. UCL and FAL**

18 First, Atkins contends that Fernandez’s allegations fail to satisfy Rule 9(b)’s
19 heightened pleading standard as applied to the UCL and FAL claims. As stated above,
20 Rule 9(b) requires a plaintiff’s complaint to “state the time, place, and specific content of
21 the false representations as well as the identities of the parties to the misrepresentation.”
22 *Yumul*, 733 F.3d at 1122.

23 Atkins argues that Fernandez’s allegations are insufficient under Rule 9(b) because
24 they do not state when Fernandez purchased Atkins’s products. Atkins relies primarily
25 on *Yumul*, in which a plaintiff asserted that a manufacturer had violated the UCL and
26 FAL by labeling its margarine as “cholesterol free” and “healthy” despite containing
27 artificial trans-fat. *Id.* at 1120. The court found the plaintiff’s allegations inadequate
28 because, other than the complaint’s assertion that the plaintiff had purchased the

1 margarine “repeatedly” during the class period, it did not allege when the plaintiff
2 experienced the misrepresentations or whether each time she saw the labels, they
3 contained either or both of the statements at issue. *Id.* at 1124. The court also noted that
4 the plaintiff did not allege that the manufacturer’s packaging “remained consistent
5 throughout the decade,” did not allege “at what retailer or retailers” plaintiff had
6 purchased the margarine, and—because the packaging “may have changed over the
7 course of ten and a half years”—did not adequately identify the packaging on which she
8 relied. *Id.*

9 As an initial matter, *Yumul* is distinguishable from this case in part because
10 Fernandez’s complaint identifies where she bought Atkins’s products (Wal-Mart and
11 Target) and alleges that Atkins’s products have always contained the same net carbs
12 claim calculated by deducting the amount of dietary fiber and sugar alcohols from the
13 total carbohydrate amount. That leaves the question of whether Fernandez’s complaint
14 sufficiently alleges when she purchased Atkins’s products.

15 The complaint states that “[o]ver the course of the last several years and up until
16 just a few months ago, [Fernandez] has purchased at the Wal-Mart and/or Target stores
17 near her home the following Atkins products that have a ‘net carbs’ designation but still
18 include sugar alcohols,” and names six different Atkins products. (ECF No. 1 at 14–15.)
19 Fernandez argues that this is sufficient under Rule 9(b) because other courts have found
20 that “where a plaintiff alleges purchases ‘throughout the class period,’ then that allegation
21 ‘is sufficient to place [a defendant] on notice as to the time period of the allegations.’”
22 (ECF No. 22 at 22 (quoting *Bruton v. Gerber Prods., Co.*, No. 12-cv-02412-LHK, 2014
23 WL 172111, at *13 (N.D. Cal. Jan. 15, 2014)). It is true that district courts in this circuit
24 have found allegations that the plaintiff purchased products during the class period,⁸
25 without specifying particular dates, were sufficient under Rule 9(b). *See, e.g., Bruton*,

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28 ⁸ The Court will refer to these general allegations—that the plaintiff made several purchases throughout
the class period—as “class period purchase allegations.”

1 2014 WL 172111 at *13 (allegations that plaintiff “bought the Purchased Products
2 throughout the class period, which runs from May 11, 2008 to the present” were
3 sufficient because they “are sufficient to place [the defendant] on notice as to the time
4 period in which Bruton’s allegations arise”); *Werdebaugh v. Blue Diamond Growers*, No.
5 12-cv-02724-LHK, 2013 WL 5487236, at *14 (N.D. Cal. Oct. 2, 2013) (allegations that
6 plaintiff purchased product “[d]uring the Class Period [April 11, 2008 to present]” were
7 sufficient because the defendant had not argued “that any of the Purchased Product labels
8 changed during the class period”); *Clancy v. The Bromley Tea Co.*, 308 F.R.D. 564, 576
9 (N.D. Cal. 2013) (allegation that plaintiff had purchased product “‘since at least 2006,’
10 and ‘through the class period’” were adequate). Other district courts in this circuit,
11 however, have found that class period purchase allegations do not meet Rule 9(b), mostly
12 relying on *Kearns* and *Yumul*. See, e.g., *Allen v. Similasan Corp.*, No. 12-cv-0376-BTM-
13 WMC, 2013 WL 2120825, at *7 (S.D. Cal. May 14, 2013) (class period purchase
14 allegations were inadequate because the allegations did not state with particularity “when
15 they bought Defendant’s products,” relying on *Yumul*); *Briseno v. Conagra Foods, Inc.*,
16 No. CV 11-05379 MMM (AGRx), 2011 WL 13128869, at *9–10 (C.D. Cal. Nov. 23,
17 2011) (same, relying on *Kearns* and *Yumul*); *Edmunson v. Procter & Gamble Co.*, No.
18 10-cv-2256-IEG (NLS), 2011 WL 1897625, at *5 (S.D. Cal. May 17, 2011) (same,
19 relying on *Yumul*).

20 The Court must choose between the two sides of this split. In this endeavor, the
21 best place to start is the most relevant circuit authority. In *Kearns*, the Ninth Circuit
22 addressed whether the plaintiff’s UCL claims met Rule 9(b)’s requirements. There, the
23 plaintiff claimed that Ford had made “false and misleading statements concerning the
24 safety and reliability of its [certified pre-owned] vehicles.” 567 F.3d at 1123. The court
25 held that the plaintiff’s allegations were not particularized because they did not “specify
26 what the television advertisements or other sales material specifically stated,” “when he
27 was exposed to them or which ones he found material,” “which sales material he relied
28 upon in making his decision to buy a [certified] vehicle,” or “who made [a particular

1 misrepresentation] or when this statement was made.” *Id.* at 1126. Because “[t]he
2 pleading of these neutral facts fail[ed] to give Ford the opportunity to respond to the
3 alleged misconduct,” the court held that the complaint did not meet Rule 9(b)’s pleading
4 standard. *Id.*

5 Based on this discussion in *Kearns*, the court in *Yumul* concluded that class period
6 allegations were inadequate under Rule 9(b). It explained that “much as the plaintiff in
7 *Kearns* failed to allege with specificity when certain fraudulent statements were made,
8 *Yumul* has failed to allege when during the period from January 1, 2000 to the present
9 she saw or heard the particular representations upon which her complaint is based.” 733
10 F. Supp. 2d at 1124. In other words, the *Yumul* court concluded that because a
11 complaint’s failure to identify with particularity the source of certain misrepresentations
12 is fatal under Rule 9(b), the failure to identify with particularity the time and place of
13 interaction between the plaintiff and the misrepresentation must also be fatal.

14 *Yumul*’s extension of *Kearns*, however, goes a bit too far. The purposes of Rule
15 9(b)’s heightened pleading standard are threefold: (1) “to provide defendants with
16 adequate notice to allow them to defend the charge and deter plaintiffs from the filing of
17 complaints as a pretext for the discovery of unknown wrongs”; (2) “to protect those
18 whose reputation would be harmed as a result of being subject to fraud charges”; and (3)
19 “to prohibit plaintiffs from unilaterally imposing upon the court, the parties and society
20 enormous social and economic costs absent some factual basis.” *Kearns*, 567 F.3d at
21 1125. In the context of this case, so long as a plaintiff identifies the label claim at issue,
22 where the statement was made, why it was fraudulent, and how it affected the plaintiff,
23 those three purposes stated above are served. And that is the case here. Based on
24 Fernandez’s complaint, it is clear which of Atkins’s statements are at issue, and why.
25 The complaint describes that Atkins asserted an amount of “net carbs” on the six specific
26 products identified by Atkins, and that the net carbs claims violated California law
27 because they were misleading as to the products’ content of carbohydrates. In defending
28 against these claims, Atkins knows what statements are at issue, why they are allegedly

1 misleading, and how it affected Fernandez. Requiring Fernandez to identify whether she
2 purchased, for example, a Chocolate Coconut Bar on September 5, 2016, as opposed to a
3 Chocolate Peanut Candy on September 10, 2016, serves no end towards ensuring that
4 Atkins receives adequate notice and is protected from the burdens of baseless litigation.

5 In sum, the allegations in Fernandez’s complaint satisfy the heightened pleading
6 standard set forth in Rule 9(b).

7 **ii. Implied Warranty of Merchantability**

8 Atkins contends that Fernandez fails to state a claim for a breach of the implied
9 warranty of merchantability. Under California law, “a warranty that the goods shall be
10 merchantable is implied in a contract for their sale if the seller is a merchant with respect
11 to goods of that kind.” Cal. Com. Code § 2314(1). Fernandez argues that Atkins’s net
12 carbs claims violate the implied warranty of merchantability because the products do not
13 conform “to the promises or affirmations of fact made on the container or label if any.”⁹
14 *Id.* § 2314(2)(f); *see Boswell v. Costco Wholesale Corp.*, No. 16-cv-0278, 2016 WL
15 3360701, at *33 (C.D. Cal. 2016).

16 Fernandez’s claim fails, however, because her complaint identifies no “promise or
17 affirmation” made on Atkins’s labels that Atkins has failed to keep. Atkins’s net carb
18 claims are merely descriptions of the contents of the product. While Fernandez argues
19 that Atkins should calculate net carbs in a different manner, as explained above, that
20 theory cannot be the basis of any state law claim. Using only the theory that Atkins’s net
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23 ⁹ Fernandez’s complaint states that Atkins’s net carbs claims violate the implied warranty of
24 merchantability because they “did not have even the most basic degree of fitness for ordinary use as a
25 diet food.” (ECF No. 1 at 25.) In responding to Atkins’s argument that this claim should be dismissed
26 because Atkins’s products are fit for their purpose, however, Fernandez abandons that theory and argues
27 *only* that Atkins violated the implied warranty of merchantability inasmuch as Atkins’s products do not
28 “conform to the promises of affirmations of fact made on the container or label.” (*See* ECF No. 22 at
23–24 (“Defendant incorrectly assumes Plaintiff challenges Atkins’s products fitness for internal
purpose, when in reality Plaintiff brings her claim under a different meaning of merchantability.”).)
Fernandez has thus forfeited her theory that Atkins’s products, in light of its net carbs claims, are not fit
for their ordinary purpose.

1 carbs claims are misleading because they fail to also indicate its method of calculation,
2 Fernandez allegations do not identify any *affirmation of fact* made on Atkins’s labels to
3 which the products do not conform. Fernandez’s complaint points to scientific
4 conclusions offered by researchers suggesting that sugar alcohols do impact blood sugar
5 levels. But these studies do not render Atkins’s net carbs claims affirmations of fact; at
6 best, they show that Atkins’s method of calculating net carbs might not be scientifically
7 sound. Put another way, while Atkins’s net carbs claims may mislead consumers about
8 the content of carbohydrates in Atkins products, the claims are not verifiably false. In
9 this sense, Fernandez’s allegations are unlike a situation in which a manufacturer falsely
10 states that its oil product is “100% Natural,” *In re ConAgra Foods*, 908 F. Supp. 2d 1090,
11 1111–12 (C.D. Cal. 2012), or falsely states that its wipes are “flushable,” *City of Perry v.*
12 *Procter & Gamble Co.*, 188 F. Supp. 3d 276, 289 (S.D.N.Y. 2016). In those cases, the
13 manufacturer made an affirmation about the contents of the product, which the plaintiffs’
14 allegations demonstrated to be false. If, for example, Atkins had stated on its labels that
15 “net carbs” were calculated by deducting only dietary fiber from the total carbohydrate
16 amount—and not deducting sugar alcohols—but in fact the net carbs claims on the labels
17 deducted sugar alcohols, then Atkins’s products would not conform to its affirmation
18 regarding the net carbs in its products. But that is not the case here. In fact, as discussed
19 above, the Court must infer that Atkins says *nothing* about its method of calculation. If
20 that is the case, Atkins’s net carbs claims are at most misleading, but not false.

21 By failing to point to a verifiable affirmation on Atkins’s labels, Fernandez does
22 not plausibly state a claim for a breach of the implied warranty of merchantability.

23 **iii. MMWA**

24 Atkins contends that Fernandez’s MMWA claims fail because Atkins’s net carbs
25 claims are not “warranties” for purposes of the MMWA. The MMWA provides a cause
26 of action to a consumer “who is damaged by the failure of a supplier, warrantor, or
27 service contractor to comply with any obligation under this chapter, or under a written
28 warranty, implied warranty, or service contract.” 15 U.S.C. § 2310(d)(1). Fernandez

1 pursues MMWA claims under theories of (1) written warranty and (2) implied warranty.

2 For purposes of the MMWA, a “written warranty” is:

3 (A) any written affirmation of fact or written promise made in connection
4 with the sale of a consumer product by a supplier to a buyer which relates to
5 the nature of the material or workmanship and affirms or promises that such
6 material or workmanship is defect free or will meet a specific level of
7 performance over a specified period of time, or

8 (B) any undertaking in writing in connection with the sale by a supplier or a
9 consumer product to refund, repair, replace, or take other remedial action
10 with respect to such product in the event that such product fails to meet the
11 specifications set forth in the undertaking,

12 which written affirmation, promise, or undertaking becomes part of the basis
13 of the bargain between a supplier and a buyer for purposes other than resale
14 of such product.

15 *Id.* § 2301(6). Atkins’s net carbs claims do not fall within this definition. They are not a
16 “promise . . . which relates to the nature of the material or workmanship” of the product,
17 and Atkins does not “affirm[] or promise[] that such material or workmanship is defect
18 free” or will meet a level of performance. Nor does the complaint identify any
19 “undertaking in writing” between Fernandez and Atkins that Atkins would “refund,
20 repair, replace, or take other remedial action” if Atkins’s products do not meet a specified
21 level of performance. Instead, Atkins’s net carbs claims are simply “product
22 descriptions.” *See, e.g., Viggiano v. Hansen Nat. Corp.*, 944 F. Supp. 2d 877, 898 (C.D.
23 Cal. 2013) (“The statement that Hansen’s diet soda is ‘premium’ and contains ‘all natural
24 flavors’ is not an assertion that the product is defect free or that it will meet a specific
25 level of performance over a specified period of time. Nor is it a promise to take any
26 remedial action. Rather, it is merely a description of the product.”); *Brazil v. Dole Food*
27 *Co., Inc.*, 935 F. Supp. 2d 947, 965–66 (N.D. Cal. 2013) (food product labeling claims,
28 including “‘All Natural,’ fresh, antioxidant, [and] sugar-free” were product descriptions,
not promises under the MMWA); *Anderson v. Jamba Juice Co.*, 888 F. Supp. 2d 1000,
1004 (N.D. Cal. 2012) (finding that the defendant’s claim that certain smoothies were “all

1 natural” was not a written warranty under the MMWA because it was “a general product
2 description rather than a promise that the product is defect free”); *Hairston v. South*
3 *Beach Beverage Co., Inc.*, No. CV 12-1429-JFW (DTBx), 2012 WL 1893818, at *6
4 (C.D. Cal. May 18, 2012) (challenge to label statement that “vitamin-enhanced” flavored
5 water was “all natural” and contained certain vitamins did not state a MMWA claim
6 because the label claims were product descriptions, not written warranties). Fernandez
7 offers no persuasive argument in response to this conclusion; she merely asserts that the
8 MMWA covers food products. (*See* ECF No. 22 at 25.) Fernandez’s written-warranty
9 based MMWA claims therefore fails.

10 Fernandez’s implied-warranty based MMWA claim similarly fails. The MMWA
11 defines an implied warranty as “an implied warranty arising under State law (as modified
12 by section 2308¹⁰ and 2304(a)¹¹ of this title) in connection with the sale by a supplier of a
13 consumer product.” 15 U.S.C. § 2301(7). As explained above, Fernandez’s complaint
14 fails to state a claim for a breach of the implied warranty of merchantability under
15 California law. As a result, Fernandez has not stated a plausible claim that Atkins has
16 violated the MMWA by breaching an implied warranty of merchantability.¹²

17 **D. Standing to Pursue Injunctive Relief**

18 Finally, Atkins contends that Fernandez lacks standing to request injunctive relief
19 in this case because now that Fernandez knows how Atkins calculates its net carbs
20 claims, she cannot be misled by them. Because Fernandez does not allege that she
21 wishes to purchase Atkins’s products anymore, Atkins argues, Fernandez fails to assert
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23
24 ¹⁰ Section 2308, which deals with disclaimers or modifications to implied warranties, is inapplicable
25 here.

26 ¹¹ Section 2304(a), which sets certain standards “to meet the Federal minimum standards for warranty,”
is also inapplicable here.

27 ¹² Because the Court agrees with Atkins that its net carbs claims do not constitute warranties under the
28 MMWA, the Court need not address its alternative arguments that Fernandez’s claims are “governed by
Federal Law” or that Fernandez fails to allege that she provided Atkins with appropriate notice. (*See*
ECF No. 9-1 at 18–19.)

1 an “actual and imminent” future injury that a plaintiff must show to obtain injunctive
2 relief. *Summers v. Earth Island Inst.*, 555 U.S. 488, 493 (2009). Fernandez responds that
3 a recent Ninth Circuit decision, *Davidson v. Kimberly-Clark Corp.*, 873 F.3d 1103 (9th
4 Cir. 2017), establishes that she has standing to obtain injunctive relief in this case.

5 In *Davidson*, the plaintiff challenged as false the defendant’s label claims that its
6 pre-moistened wipes were “flushable.” *Id.* at 1107. After purchasing the wipes, the
7 plaintiff discovered that they “were not truly flushable, so she stopped using” them. *Id.* at
8 1108. Nonetheless, the plaintiff alleged that she “continues to desire” to find flushable
9 wipes, and would purchase the defendant’s wipes if they were “truly flushable.” *Id.* The
10 complaint also asserted that the plaintiff “regularly visits stores that sell” the defendant’s
11 wipes, “but is unable to determine, based on the packaging, whether the wipes are truly
12 flushable.” *Id.* The district court concluded that the plaintiff lacked standing to seek
13 injunctive relief because the plaintiff did not intend to purchase the same wipes in the
14 future. *Id.* at 1112. The Ninth Circuit reversed, holding that the plaintiff could seek
15 injunctive relief because “she faces a threat of imminent or actual harm by not being able
16 to rely on [the defendant’s] labels in the future, and that this harm is sufficient to confer
17 standing to seek injunctive relief.” *Id.* at 1113. The court explained that a consumer
18 might have standing in this scenario because “[k]nowledge that the advertisement or label
19 was false in the past does not equate to knowledge that it will remain false in the future.”
20 *Id.* at 1115. A consumer faces the threat of future harm with respect to false advertising
21 because she is still “unable to rely on the product’s advertising or labeling in the
22 future.”¹³ *Id.* With respect to the allegations before it, the court held that the plaintiff had
23 standing to seek injunctive relief because she still desired to purchase truly flushable
24 wipes and so long as the defendant’s “flushable” claims were false, she had no way of
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26
27 ¹³ The court also observed—but stated that it was not basing its conclusion upon this observation—that
28 precluding injunctive relief to all consumers facing false advertising would “effectively gut[]”
California’s consumer protection laws, which rely heavily on injunctive relief. *Id.* at 1115–16.

1 determining which wipes she should purchase. *Id.* at 1116.

2 Fernandez’s complaint does not allege a similar future injury. According to the
3 complaint, Fernandez now knows how Atkins goes about calculating its net carbs claims,
4 and she will not be misled next time she goes to Wal-Mart or Target and looks at
5 Atkins’s labels. Unlike in *Davidson*, where the plaintiff faced a future injury because she
6 still could not rely on the defendant’s claims about its products’ “flushability,” Fernandez
7 admits that she now has knowledge that enables her to make an appropriate choice with
8 respect to Atkins’s products. There is no longer any risk that Fernandez will be misled
9 into purchasing Atkins’s products based on their labels’ net carbs claims.

10 Because her complaint does not allege an actual or imminent risk of future harm,
11 Fernandez lacks standing to pursue injunctive relief in this case.

12 **IV. Conclusion**

13 In sum, the Court issues the following rulings.

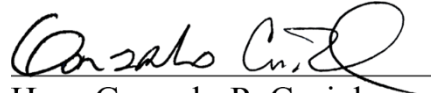
- 14 • Federal law does not preempt Fernandez’s state law claims to the extent
15 that her claims are based on Atkins’s failure to state on its labeling how it
16 calculates net carbs. Federal law does preempt Fernandez’s attempt to
17 utilize state law to prescribe a particular method of calculating net carbs.
- 18 • The Court declines to dismiss this case under the primary jurisdiction
19 doctrine.
- 20 • Fernandez’s UCL and FAL claims satisfy Rule 9(b)’s heightened
21 pleading standard.
- 22 • The Court dismisses without prejudice Fernandez’s claim of breach of
23 the implied warranty of merchantability under California law because the
24 allegations in the complaint do not identify any “promise or affirmation”
25 to which Atkins’s products did not conform.
- 26 • The Court dismisses without prejudice Fernandez’s MMWA claims
27 because she does not identify (1) any written warranty or (2) any breach
28 of an implied warranty under California law.
- Fernandez lacks standing to pursue injunctive relief.

Fernandez may file an amended complaint addressing the deficiencies discussed above

1 no later than 21 days after the date of this order's issuance.

2 **IT IS SO ORDERED.**

3 Dated: January 3, 2018

4 
5 Hon. Gonzalo P. Curiel
6 United States District Judge

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