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**UNITED STATES DISTRICT COURT
SOUTHERN DISTRICT OF CALIFORNIA**

ROGELIO TETO FIERRO,

Plaintiff,

v.

KILOLO KIJAKAZI, Acting
Commissioner of Social Security,

Defendant.

Case No.: 3:22-cv-01705-H-BSG

ORDER:

**(1) DENYING PLAINTIFF’S
MOTION FOR SUMMARY
JUDGMENT; AND**

[Doc. No. 15.]

**(2) GRANTING DEFENDANT’S
CROSS-MOTION FOR
SUMMARY JUDGMENT**

[Doc. No. 20.]

On November 2, 2022, Plaintiff Rogelio Fierro (“Plaintiff”) filed a complaint against Defendant Kilolo Kijakazi, the Acting Commissioner of Social Security (“the Acting Commissioner” or “Defendant”), seeking judicial review of an administrative denial of disability benefits under the Social Security Act (“SSA”). (Doc. No. 1.) On February 14,

1 2023, the Acting Commissioner answered Plaintiff’s complaint and lodged the
2 administrative record. (Doc. No. 13.) On March 16, 2023, Plaintiff filed a motion for
3 summary judgment, asking the Court to reverse the Acting Commissioner’s final decision
4 and direct the Social Security Administration (the “Administration”) to award benefits.
5 (Doc. No. 15.) On May 22, 2023, the Acting Commissioner cross-moved for summary
6 judgment, asking the Court to affirm the Acting Commissioner’s final decision. (Doc. No.
7 20.) On June 5, 2023, Plaintiff filed a reply in support of his motion for summary judgment.
8 (Doc. No. 22.) For the reasons below, the Court denies Plaintiff’s motion for summary
9 judgment, grants the Acting Commissioner’s cross-motion for summary judgment, and
10 affirms the Acting Commissioner’s final decision.

11 **BACKGROUND**

12 On September 27, 2018, Plaintiff applied for disability insurance benefits and
13 supplemental security income, claiming a disability onset date of October 10, 2017. (Doc.
14 No. 13-2 at 18.) The Social Security Administration initially denied Plaintiff’s application
15 on April 18, 2019 and denied reconsideration on August 23, 2019. (Id.) On October 9,
16 2019, Plaintiff requested a hearing before an Administrative Law Judge (“ALJ”). (Id.) The
17 ALJ held a telephonic¹ hearing on Plaintiff’s application on November 9, 2021.² (Id.)
18 Plaintiff testified at the hearing and was represented by counsel. (Id.; Doc. No. 13-2 at 89–
19 111; Doc. No. 13-4 at 149–152.) The ALJ also heard testimony from Dr. Sonia Lynne
20 Peterson, an independent vocational expert. (Doc. No. 13-2 at 18; Doc. No. 13-2 at 111–
21 118.)

22 On March 22, 2022, the ALJ issued a written decision analyzing Plaintiff’s claim
23 and determined that Plaintiff was not disabled as defined under the SSA. (Doc. No. 13-2
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26 ¹ All parties agreed to a telephonic hearing due to the extraordinary circumstances
presented by the COVID-19 pandemic. (Doc. No. 13-2 at 18.)

27 ² The ALJ held two prior hearings for this matter. A hearing on September 25, 2020
28 was postponed for record development and a hearing on February 23, 2021 did not occur
because the Plaintiff failed to appear. (Doc. No. 13-2 at 18.)

1 at 18–38.) SSA regulations require ALJs to use the following five-step inquiry when
2 determining whether an applicant qualifies for disability benefits: (1) has the claimant been
3 gainfully employed since the time of the disability onset date; (2) “is the claimant’s
4 impairment severe”; (3) “does the impairment ‘meet or equal’ one of a list of specific
5 impairments described in the regulations,” and if not, what is the claimant’s residual
6 functional capacity (“RFC”)³; (4) is the claimant capable of performing past relevant work;
7 and (5) “is the claimant able to do any other work.” Tackett v. Apfel, 180 F.3d 1094, 1098-
8 99 (9th Cir. 1999); see 20 C.F.R. § 404.1520(a)(4)(i)–(v).

9 If it is found that the applicant is disabled under the five-step process and there is
10 medical evidence of a substance use disorder, including drug addiction or alcoholism
11 (“DAA”), then the ALJ must perform an additional step to determine whether the substance
12 use disorder is a contributing factor material to the determination of disability. See 20
13 C.F.R. §§ 404.1535, 416.935. The Social Security Act provides that a claimant “shall not
14 be considered to be disabled . . . if alcoholism or drug addiction would . . . be a contributing
15 factor material to the . . . determination that the individual is disabled.” 42 U.S.C. §
16 423(d)(2)(C). In determining whether a claimant’s DAA is material, the test is whether an
17 individual would still be found disabled if he or she stopped using drugs or alcohol. See
18 20 C.F.R. §§ 404.1535(b), 416.935(b); Parra v. Astrue, 481 F.3d 742, 746–47 (9th Cir.
19 2007); Sousa v. Callahan, 143 F.3d 1240, 1245 (9th Cir. 1998).

20 Here, the ALJ determined at step one that the Plaintiff had not engaged in substantial
21 gainful activity since the disability onset date of October 10, 2017. (Doc. No. 13-2 at 21.)
22 At step two, the ALJ found that Plaintiff had the following severe impairments: incipient
23 degenerative disc disease of the lumbar spine at L3-4 with mild facet changes; status post
24 left knee surgery with loss of cartilage and degenerative changes in medial compartment
25 of left knee; depression; anxiety; and polysubstance abuse (including heroin,
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28 ³ SSA regulations define residual functional capacity as “the most you can still do
despite your limitations.” 20 C.F.R. § 416.945(a)(1).

1 methamphetamine, and alcohol). (Id.) At step three, the ALJ concluded that even with
2 Plaintiff’s substance use he did not have an impairment or combination of impairments that
3 met or medically equaled the severity of an impairment listed in SSA regulations. (Id. at
4 22.) The ALJ then determined that Plaintiff had a residual functional capacity (“RFC”) to
5 perform “light work,” as defined in 20 § C.F.R. 404.1567(b),

6 “except he is further limited to occasionally climb ramps or stairs but never
7 ladders, ropes, or scaffolds. He can occasionally balance, stoop, kneel, crouch,
8 or crawl. He can occasionally push or pull with the lower extremities. He
9 must avoid concentrated exposure to extreme cold and hazards like
10 unprotected heights or dangerous moving machinery. Mentally, the claimant
11 is limited to work involving simple routine tasks, no more than occasional
12 interactions with supervisors or coworkers, and no interaction with the public
while working. He also requires a stable work environment and routine. The
claimant would miss at least two workdays per month due to effects of
substance abuse.”

13 (Id. at 26.) At step four, the ALJ determined that Plaintiff is unable to perform any past
14 relevant work. (Id. at 33.) At step five, the ALJ found, considering the Plaintiff’s age⁴,
15 education, work experience, and RFC, there were no jobs that existed in significant
16 numbers in the national economy that Plaintiff could have performed. (Id. at 34.)
17 Consequently, the ALJ determined that Plaintiff was disabled. (Id.)

18 Because there was medical evidence of Plaintiff’s substance use, the ALJ proceeded
19 to an additional step to determine whether Plaintiff’s drug addiction or alcoholism is a
20 contributing factor material to the determination of disability. (Id. at 34–38.) To do so,
21 the “ALJ conducts the five-step inquiry a second time, separating out the impact of the
22 DAA, to determine whether DAA is a contributing factor material to the disability
23 determination.” Stephanie M. v. Saul, No. 20-cv-01711-MMA-BS, 2022 WL 1037112, at
24 *5 (S.D. Cal. Apr. 6, 2022) (citing Parra, 481 F.3d at 747).

25 Here, following the ALJ’s finding that Plaintiff had not engaged in substantial
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28 ⁴ At the time Plaintiff applied for benefits he was approximately 47 years old. (Doc.
No. 13-2 at 34.)

1 gainful activity at step one, the ALJ determined at step two that if the Plaintiff stopped his
2 substance use, he would still have a severe impairment or combination of impairments.
3 (Doc. No. 13-2 at 34.) At step three, the ALJ determined that even if Plaintiff stopped his
4 substance use, he would not have an impairment or combination of impairments that met
5 or medically equaled the severity of an impairment listed in SSA regulations. (Id. at 35.)
6 Next, the ALJ determined that without Plaintiff’s substance use he would have the same
7 RFC quoted above, except that he would no longer miss two days of work a month due to
8 substance use. (Id. at 36.) At step four, the ALJ found that Plaintiff would still be unable
9 to perform past relevant work without his substance use. (Id. at 37.) At step five, the ALJ
10 determined that there are jobs that exist in significant numbers in the national economy that
11 Plaintiff could perform if he stopped his substance use. (Id. at 37–38.) In conclusion, the
12 ALJ held that Plaintiff’s substance use is a contributing factor material to the determination
13 of disability because he would not be disabled if he stopped his substance use. (Id. at 38.)

14 Consequently, the ALJ determined that Plaintiff was not disabled from October 10,
15 2017, the alleged onset date, through March 22, 2022, the date of the ALJ’s decision. (Id.)
16 On September 6, 2022, the Social Security Appeals Council denied Plaintiff’s request for
17 review, rendering the ALJ’s decision final. (Doc. No. 15 at 4.)

18 LEGAL STANDARDS

19 A. The Social Security Administration’s Sequential Five-Step Inquiry

20 The Social Security Administration employs a sequential five-step evaluation to
21 determine whether a claimant is eligible for benefits under the SSA. 20 C.F.R. §
22 404.1520(a)(4)(i)–(v). To qualify for disability benefits, a claimant must establish that he
23 or she is “disabled,” meaning that the claimant is unable “to engage in any substantial
24 gainful activity by reason of any medically determinable physical or mental impairment
25 which can be expected to result in death or which has lasted or can be expected to last for
26 a continuous period of not less than 12 months.” 42 U.S.C. § 423(d)(1)(A); see Johnson
27 v. Shalala, 60 F.3d 1428, 1432 (9th Cir. 1995).

28 Step one in the sequential evaluation considers a claimant’s “work activity, if any.”

1 20 C.F.R. §§ 404.1520(a)(4)(i), 416.920(a)(4)(i). An ALJ will deny a claimant disability
2 benefits if the claimant is engaged in “substantial gainful activity.” Id. §§ 404.1520(b),
3 416.920(b).

4 If a claimant cannot provide proof of gainful work activity, the ALJ proceeds to
5 step two to ascertain whether the claimant has a medically severe impairment or
6 combination of impairments. Id. § 404.1520(a)(4)(ii), 416.920(a)(4)(ii). The so-called
7 “severity regulation” dictates the ALJ’s step-two analysis. Bowen v. Yuckert, 482 U.S.
8 137, 140–41 (1987). Specifically, an ALJ will deny a claimant’s disability claim if the
9 ALJ does not find that a claimant suffers from a severe impairment, or combination of
10 impairments, which significantly limits the claimant’s physical or mental ability to do
11 “basic work activities.” 20 C.F.R. §§ 404.1520(c), 416.920(c).

12 If the impairment is severe, however, the evaluation proceeds to step three. At step
13 three, the ALJ determines whether the impairment is equivalent to one of several
14 enumerated impairments that the SSA deems so severe as to preclude substantial gainful
15 activity. Id. §§ 404.1520(d), 416.920(d). An ALJ conclusively presumes a claimant is
16 disabled if the impairment meets or equals one of the enumerated impairments. Id.

17 If the ALJ concludes that a claimant does not suffer from one of the enumerated
18 SSA regulations’ severe impairments, the ALJ must determine the claimant’s RFC before
19 proceeding to step four of the inquiry. Id. §§ 404.1520(e), 416.920(e). An individual’s
20 RFC is his or her ability to do physical and mental work activities on a sustained basis
21 despite limitations from his or her impairments. See id. §§ 404.1545(a)(1), 416.945(a)(1).
22 The RFC analysis considers whether the claimant’s “impairment(s), and any related
23 symptoms, such as pain, may cause physical and mental limitations that affect what [the
24 claimant] can do in a work setting.” Id. In establishing a claimant’s RFC, the ALJ must
25 assess relevant medical and other evidence, as well as consider all the claimant’s
26 impairments, including impairments categorized as non-severe. Id. §§ 404.1545(a)(3)–
27 (4), (e), 416.945(a)(3)–(4), (e).

28 Given the claimant’s RFC, the ALJ determines at step four whether the claimant

1 has the RFC to perform the requirements of his or her past relevant work. Id. §§
2 404.1520(f), 416.920(f). If a claimant has the RFC to carry out his or her past relevant
3 work, the claimant is not disabled. Id. Conversely, if the claimant does not have the RFC
4 to perform his or her past relevant work, or does not have any past relevant work, the
5 analysis presses onward.

6 At the fifth and final step of the Administration’s inquiry, the ALJ must determine
7 whether the claimant is able to do any other work in light of his or her RFC, age, education,
8 and work experience. Id. §§ 404.1520(a)(4)(v), (g)(1), 416.920(a)(4)(v), (g)(1). If the
9 claimant can do other work, the claimant is not disabled. Id. §§ 404.1520(a)(4)(v),
10 416.920(a)(4)(v). However, if the claimant is not able to do other work and meets the
11 duration requirement of twelve months, the claimant is disabled. Id. Although the
12 claimant generally continues to have the burden of proving disability at step five, a limited
13 burden shifts to the Administration, such that the Administration must present evidence
14 demonstrating that other jobs the claimant can perform—allowing for RFC, age,
15 education, and work experience—exist in significant numbers in the national economy.
16 Tackett, 190 F.3d at 1099.

17 **B. Drug Addiction and Alcoholism (“DAA”)**

18 The SSA provides that “[a]n individual shall not be considered disabled . . . if
19 alcoholism or drug addiction would . . . be a contributing factor material to the
20 Commissioner’s determination that the individual is disabled.” 42 U.S.C. § 423(d) (2)(C).
21 An ALJ must conduct a DAA analysis in applicable cases to determine whether a
22 claimant’s disabling limitations remain in the absence of drug and alcohol use. 20 C.F.R.
23 §§ 404.1535, 416.935. To make that determination, the Ninth Circuit provides a two-step
24 process for how to analyze the claims of individuals who are found to have an alcohol or
25 substance use problem. Bustamante v. Massanari, 262 F.3d 949, 955 (9th Cir. 2001).

26 At step one, the ALJ performs the five-step inquiry to evaluate a claimant’s
27 disability “without separating out the impact of alcoholism or drug addiction.”
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1 Bustamante, 262 F.3d at 955–56. If the ALJ determines that the claimant is disabled⁵ and
2 there is medical evidence showing DAA, the “ALJ conducts the five-step inquiry a second
3 time, separating out the impact of the DAA, to determine whether DAA is a contributing
4 factor material to the disability determination.” Stephanie M., 2022 WL 1037112, at *5
5 (citing Parra, 481 F.3d at 747). In determining whether a claimant’s DAA is material, the
6 test is whether an individual would still be found disabled if he or she stopped using drugs
7 or alcohol. See 20 C.F.R. §§ 404.1535(b), 416.935(b); Parra, 481 F.3d at 746–47; Sousa,
8 143 F.3d at 1245). This involves “evaluat[ing] which of [the claimant’s] current physical
9 and mental limitations . . . would remain if [the claimant] stopped using drugs or alcohol
10 and then determine whether any or all of [the claimant’s] remaining limitations would be
11 disabling.” See 20 C.F.R. §§ 404.1535(b)(2), 416.935(b)(2). The claimant bears the
12 burden of proving that his substance use is not a material contributing factor to his
13 disability. Parra, 481 F.3d at 745.

14 **C. Standard of Review**

15 Unsuccessful applicants for social security disability benefits may seek judicial
16 review of a Commissioner’s final decision in a federal district court. See 42 U.S.C. §
17 405(g). This Court may enter a judgment affirming, modifying, or reversing the decision
18 of the Commissioner, with or without remanding the case for a rehearing. See id.
19 “[F]ederal court review of social security determinations is limited.” Treichler v. Comm’r
20 of Soc. Sec. Admin., 775 F.3d 1090, 1098 (9th Cir. 2014). District courts will “disturb the
21 Commissioner’s decision to deny benefits ‘only if it is not supported by substantial
22 evidence or is based on legal error.’” Id. (quoting Andrews v. Shalala, 53 F.3d 1035, 1039
23 (9th Cir. 1995)). “Substantial evidence means more than a mere scintilla but less than a
24 preponderance; it is such relevant evidence as a reasonable mind might accept as adequate
25 to support a conclusion.” Bray v. Comm’r of Soc. Sec. Admin., 554 F.3d 1219, 1222 (9th
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28 ⁵ A finding of a disability is a condition precedent to applying the second step of the
DAA Analysis under 42 U.S.C. § 423(d)(2)(C). Bustamante, 262 F.3d at 955.

1 Cir. 2009) (quoting Andrews, 53 F.3d at 1039). The Court considers the record as a whole,
2 weighing both the evidence that supports and detracts from the Commissioner’s
3 determination. Garrison v. Colvin, 759 F.3d 995, 1009 (9th Cir. 2014). “Where the
4 evidence as a whole can support either a grant or a denial, [a court] may not substitute [its]
5 judgment for the ALJ’s.”⁶ Bray, 554 F.3d at 1222 (quoting Massachi v. Astrue, 486 F.3d
6 1149, 1152 (9th Cir. 2007)).

7 Even if the ALJ commits legal error, a reviewing court will uphold the decision
8 where that error is harmless. Harmless errors are “inconsequential to the ultimate
9 nondisability determination.” Molina v. Astrue, 674 F.3d 1104, 1115 (9th Cir. 2012)
10 (citation omitted). “[T]he burden of showing that an error is harmful normally falls upon
11 the party attacking the agency’s determination.” Id. at 1111 (quoting Shinseki v. Sanders,
12 556 U.S. 396, 409 (2009)).

13 **DISCUSSION**

14 Plaintiff argues that the ALJ failed to (1) provide sufficient reasons for discounting
15 Plaintiff’s allegations of disabling symptoms; (2) properly weigh the medical evidence in
16 formulating Plaintiff’s RFC; and (3) properly perform the DAA analysis. (Doc. No. 15 at
17 5–22.) Defendant argues that the ALJ provided legally sufficient reasons for finding
18 Plaintiff’s allegations inconsistent with the evidence in the record, properly weighed the
19 medical evidence, and properly performed the DAA analysis. (Doc. No. 20 at 8–20.) For
20 the following reasons, the Court denies Plaintiff’s summary judgment motion and grants
21 the Acting Commissioner’s cross-motion.

22 **A. Plaintiff’s Subjective Symptom Testimony**

23 At the hearing, Plaintiff testified about a variety of medical problems, pain,
24 functional limitations, and other subjective symptoms, along with his inability to work.
25 (See Doc. No. 13-2 at 93–111.) Specifically, Plaintiff alleged an inability to work due to
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27 ⁶ That is the case because the ALJ “is responsible for determining credibility,
28 resolving conflicts in medical testimony, and for resolving ambiguities.” Garrison, 759
F.3d at 1010 (quoting Shalala, 53 F.3d at 1039).

1 sciatic on the left side, bulging herniated disc, depression, anxiety, and insomnia. (*Id.* at
2 26.) He also alleged left knee pain and low back pain. (*Id.*) Plaintiff challenges the ALJ’s
3 finding that his statements concerning the intensity, persistence, and limiting effects of his
4 symptoms are inconsistent with the evidence in the record. (Doc. No. 15 at 5–16.) Plaintiff
5 asserts that the ALJ failed to provide specific, clear and convincing reasons for discounting
6 Plaintiff’s statements of disabling symptoms. (*Id.*) Defendant maintains that the ALJ
7 properly considered the evidence in the record and provided legally sufficient reasons for
8 finding that Plaintiff’s symptom testimony was only partially consistent with the medical
9 evidence. (Doc. No. 20 at 9–16.)

10 The Ninth Circuit has a two-step test for determining how to credit a claimant’s
11 symptom testimony. *Trevizo v. Berryhill*, 871 F.3d 664, 678 (9th Cir. 2017). First, the
12 “ALJ must determine whether the claimant has presented objective medical evidence of an
13 underlying impairment which could reasonably be expected to produce the pain or other
14 symptoms alleged.” *Id.* Second, if the claimant satisfies step one, “and there is no evidence
15 of malingering, the ALJ can reject the claimant’s testimony about the severity of her
16 symptoms only by offering specific, clear and convincing reasons for doing so.” *Id.* If the
17 ALJ finds the claimant’s allegations of severity are not credible, “[t]he ALJ must state
18 specifically which symptom testimony is not credible and what facts in the record lead to
19 that conclusion.” *Smolen v. Chater*, 80 F.3d 1273, 1284 (9th Cir. 1996). The ALJ’s
20 findings must be “sufficiently specific to permit the court to conclude that the ALJ did not
21 arbitrarily discredit [Plaintiff’s] testimony.” *Werlein v. Berryhill*, 725 Fed. App’x. 534,
22 535 (9th Cir. 2018) (citations omitted).

23 When assessing the claimant’s credibility, the ALJ may consider a range of factors
24 including: “(1) ordinary techniques of credibility evaluation, such as the claimant’s
25 reputation for lying, prior inconsistent statements concerning the symptoms, and other
26 testimony by the claimant that appears less than candid; (2) unexplained or inadequately
27 explained failure to seek treatment or to follow a prescribed course of treatment; and (3)
28 the claimant’s daily activities.” *Ghamin*, 763 F.3d at 1163 (citing *Smolen*, 80 F.3d at

1 1284); see also 20 C.F.R. § 404.1529(c). District courts cannot second-guess the ALJ’s
2 decision if the ALJ supports the decision with substantial evidence. See Carmickle v.
3 Comm’r, Soc. Sec. Admin., 533 F.3d 1155, 1162–63 (9th Cir. 2008) (explaining that the
4 reviewing court need not disturb the ALJ’s credibility assessment, even where some
5 reasons the ALJ provided for discrediting a claimant’s testimony were improper, so long
6 as the assessment is supported by substantial evidence).

7 Here, at step one of the credibility determination, the ALJ found that Plaintiff’s
8 “medically determinable impairments could reasonably be expected to produce the alleged
9 symptoms.” (Doc. No. 13-2 at 27.) There was no evidence of malingering. (See id.) At
10 step two, the ALJ found that Plaintiff’s “statements about the intensity, persistence, and
11 limiting effects of his symptoms . . . are partially inconsistent because of the lack of medical
12 evidence to support the allegations.” (Id.) Accordingly, the Court must determine whether
13 the ALJ provided clear and convincing reasons for discounting Plaintiff’s subjective
14 symptom testimony. For the reasons discussed below, the ALJ identified several legally
15 sufficient reasons in his decision for discounting Plaintiff’s subjective claims.

16 **1. Objective Medical Evidence**

17 The ALJ cited to ample medical evidence in the record inconsistent with the intensity
18 of Plaintiff’s reported physical symptoms. The Ninth Circuit recently confirmed that an
19 ALJ may not “reject a claimant’s subjective complaints based solely on a lack of medical
20 evidence to fully corroborate the alleged severity of pain.” Smartt v. Kijakazi, 53 F.4th
21 489, 494 (9th Cir. 2022) (quoting Burch v. Barnhart, 400 F.3d 676, 681 (9th Cir. 2005)).
22 However, “[w]hen objective medical evidence in the record is inconsistent with the
23 claimant’s subjective testimony, the ALJ may indeed weigh it as undercutting such
24 testimony. Smartt, 53 F.4th at 498 (emphasis in original) (collecting cases). “An ALJ is
25 not required to believe every allegation of disabling pain, or else disability benefits would
26 be available for the asking, a result plainly contrary to the Social Security Act.” Id. at 499
27 (internal citations omitted).

28 Here, the ALJ found that the medical evidence did not entirely support Plaintiff’s

1 statements about the intensity, persistence, and limiting effects of his alleged symptoms.
2 (Doc. No. 13-2 at 27.) Plaintiff argues that the ALJ selectively highlighted several normal
3 findings and offered a one-sided discussion of Plaintiff’s physical impairments and mental
4 health limitations. (Doc. No. 15 at 13; Doc. No. 22 at 2.) Defendant argues that the clinical
5 signs present throughout the record did not support Plaintiff’s allegations of extreme
6 physical and mental limitations. (Doc. No. 20 at 10–11.) The Court agrees with the
7 Defendant.

8 Regarding Plaintiff’s physical impairments, the ALJ opined that Plaintiff’s
9 “musculoskeletal pain complaints cause some limitations but there are no significant
10 neurological deficits or need for assistive devices.” (Doc. No. 13-2 at 33.) The ALJ
11 concluded that Plaintiff’s musculoskeletal symptoms warranted limiting him to light
12 exertion with additional postural and environmental limitations. (Id.) The ALJ reflected
13 these limitations in the RFC determination. (Id.) The ALJ noted that Plaintiff “testified to
14 ongoing knee pain due to arthritis with difficulty prolonged sitting, standing, and walking.”
15 However, after a thorough review of the medical record from 2017 to 2021, the ALJ opined
16 that “physical examinations showed no neurological deficits, a normal gait, and no required
17 assistive devices to ambulate.” (Id. at 27, 31.) The ALJ did note that imaging “does
18 confirm the existence of moderately severe degenerative disc disease [sic] examinations
19 reported he had a normal gait, 5/5 muscle strength throughout, and no neurological
20 deficits.” (Id. at 31.) In particular, the ALJ found no medical evidence of frequent
21 emergency room visits due to debilitating pain, inpatient hospitalizations, or the need for
22 spine surgery. At the hearing, Plaintiff testified that he did not take any pain medications.
23 (Id.)

24 The ALJ did not cherry-pick normal findings from the medical record as Plaintiff
25 asserts. Rather, the ALJ fairly reviewed the medical record. The objective medical
26 evidence supports the ALJ’s conclusions regarding Plaintiff’s physical impairments.
27 Plaintiff was first seen for lower back pain in July 2018 with a positive straight leg test on
28 the left side, but presented with no spinal tenderness, normal strength and sensation, and

1 ambulation with a steady gait. (Doc. No. 13-7 at 8.) During an inpatient hospital stay for
2 detoxification from methamphetamines and alcohol in July 2018, Plaintiff complained
3 about unsteady gait and station, but the medical provider noted these were normal on
4 examination. (Id. at 22.) An orthopedic consultation by Dr. Thomas J. Sabourin, M.D.
5 from April 2019 noted “significant left knee problems” and “moderate low back problems,”
6 but the other issues were “relatively minimal.” (Id. at 132.) Even with some significant
7 physical limitations, Dr. Sabourin concluded that Plaintiff could still lift or carry twenty
8 pounds occasionally and ten pounds frequently, stand and walk up to six hours of an eight-
9 hour workday, and sit for six hours of an eight-hour workday. (Id.) Throughout 2020,
10 Plaintiff continued to report significant pain in his back and left knee to his providers, but
11 the medical records during this time consistently note Plaintiff generally appeared
12 ambulatory with good coordination, presented without the need for assistive devices, and
13 showed no neurological defects. (Id. at 423 (“[Plaintiff] displays no pain behaviors.”);
14 Doc. No. 13-8 at 87 (“[Plaintiff] is able to raise from a seated position without difficulty.
15 Gait is not antalgic and [Plaintiff] ambulates without assistance.”); Id. at 9 (“[Plaintiff]
16 moves all extremities well, no obvious neurologic abnormality.”).) In 2021, Plaintiff’s
17 physical examinations showed he exhibited good range of motion of bilateral upper and
18 lower extremities, no significant deformities, and his gait was slow, but with good
19 coordination. (Id. at 8.)

20 In reviewing the medical record, the ALJ did not ignore Plaintiff’s positive clinical
21 signs. The ALJ noted Plaintiff’s occasionally presented with a “slow” gait, mild effusion,
22 internal derangement, and limited range of motion. (Doc. No. 13-2 at 28–29.) Neither did
23 the ALJ ignore numerous imaging records, which showed moderate-to-severe disc
24 degeneration along the cervical spine. (Id. at 29.) However, the ALJ properly accounted
25 for these positive clinical signs by limiting Plaintiff to light exertional work with significant
26 postural and environmental limitations. (Id. at 33.) See Fair v. Bowen, 885 F.2d 597, 603
27 (9th Cir. 1989) (“[M]any medical conditions produce pain not severe enough to preclude
28 gainful employment.) Accordingly, there is substantial evidence supporting the ALJ’s

1 conclusion that the objective medical record is inconsistent with the degree of
2 musculoskeletal pain and limitations claimed by Plaintiff.⁷

3 Regarding Plaintiff’s mental health impairments, the ALJ concluded that Plaintiff
4 had “no more than moderate mental limitations due to his various depression and anxiety
5 related symptoms.” (*Id.* at 33.) In reviewing Plaintiff’s mental health treatment record,
6 the ALJ noted the record “was rather unremarkable except for some clinical findings of
7 depressed mood and affect but was otherwise within normal limits.” (*Id.*) The objective
8 medical evidence supports the ALJ’s conclusion regarding Plaintiff’s mental functioning.
9 As noted in the ALJ’s decision, Plaintiff’s condition was generally stable with no
10 emergency room visits, psychiatric hospitalizations, suicide attempts or similar episodes of
11 decompensation. (*Id.*) During periods of sobriety, Plaintiff generally presented with a
12 normal mood and affect, appeared groomed, cooperative, friendly, alert, and oriented with
13 normal speech, good eye contact, linear and coherent thought processes, good focus, and
14 attention, and lacked hallucinations, suicidal intentions, or paranoia. (Doc. No. 13-7 at
15 119–125, 380, 383, 388; Doc. No. 13-8 at 6, 8, 76.) Thus, the ALJ reasonably concluded
16 that these generally unremarkable clinical findings regarding Plaintiff’s mental health were
17 inconsistent with the extreme mental limitations alleged by Plaintiff. Jamtaas v. Berryhill,
18 706 F. App’x 401, 402 (9th Cir. 2017) (“[M]edical records showing that [plaintiff] was
19 cooperative and oriented, had normal mood and affect, and had adequate performance on
20 cognitive tests were inconsistent with the degree of mental health limitations alleged by
21

22 ⁷ Plaintiff misreads Meanel v. Apfel, 172 F.3d 1111 (9th Cir. 1999), as amended (June
23 22, 1999). Plaintiff argues that the absence of muscle atrophy—as it may be relevant in
24 undermining a claimant’s symptom allegations—depends on the claimant’s alleged level
25 of inactivity. (Doc. No. 22 at 4.) Because Plaintiff did not allege such immobility that he
26 would experience muscle atrophy, Plaintiff argues his pain testimony was not undermined
27 by a lack of muscle atrophy. (*Id.*) The Court does not read Meanel so narrowly. Meanel
28 stands for the proposition that a claimant’s symptom testimony can be undermined when
it is not consistent with the objective medical findings. Meanel, 172 F.3d at 1114. Like in
Meanel, here the ALJ found that Plaintiff’s claims of being unable to work due to
debilitating pain were inconsistent with the objective medical findings.

1 [plaintiff.]”); Molina, 674 F.3d at 1104 (finding the ALJ properly discounted claimant’s
2 allegations regarding her mental functioning because the medical provider’s report
3 described claimant as alert, oriented, and not excessively anxious).

4 **2. Inconsistent Statements in the Record**

5 The ALJ’s decision also noted significant inconsistencies in Plaintiff’s statements
6 concerning his alleged sobriety that further undermined Plaintiff’s credibility. (Doc. No.
7 13-2 at 32.) For example, the ALJ noted that despite Plaintiff’s alleged recent remission
8 or sobriety, “the claimant’s substance abuse or dependence (including primarily
9 methamphetamine and alcohol with some heroin) has been present significantly and
10 materially at various times throughout the period under adjudication.” (Id.) The ALJ
11 explained that Plaintiff’s “allegation in treatment notes dated April 15, 2020 that he then
12 had been sober 5.5 years is demonstrably inaccurate per” the record. (Id.) The ALJ then
13 cited to medical records from 2018 and 2019 where Plaintiff presented to various providers
14 requesting detox treatment, screening positive or self-reporting amphetamine use, and
15 appearing intoxicated on methamphetamine at an appointment with his medical provider.
16 (See Doc. No. 13-7 at 115, 338, 339, 404, 411.) Relatedly, the ALJ highlighted a March
17 2019 visit with Dr. Gregory Nicholson, M.D. where Plaintiff represented that he “used to
18 drink” and “used crystal meth in the past,” leading Dr. Nicholson to believe Plaintiff’s
19 alcohol and methamphetamine use disorders were in remission. (Id. at 120, 123.)
20 However, the ALJ emphasized that Plaintiff “was intoxicated that the consultative
21 examination with Dr. Glassman in January 2019 so he was obviously not in alleged
22 remission for long.” (Doc. No. 13-2 at 30.) These inconsistencies regarding Plaintiff’s
23 episodes of substance use, abstinence, and relapse provide another clear and convincing
24 reason for discounting Plaintiff’s subjective testimony and questioning his credibility.⁸
25

26 ⁸ Defendant provides several additional examples of inconsistencies in the record to
27 further support the ALJ’s assessment of Plaintiff’s subjective symptom allegations. (Doc.
28 No. 20 at 15–16.) However, the ALJ did not expressly articulate these as reasons for
discounting Plaintiff’s subjective symptom testimony. The Court limits its review to the

1 See Orn v. Astrue, 495 F.3d 625, 636 (9th Cir. 2007) (explaining that an ALJ may properly
2 evaluate inconsistencies in testimony when determining a Plaintiff’s reputation for
3 truthfulness); Fair, 885 F.2d at 604, n.5 (“[I]f a claimant . . . is found to have been less than
4 candid in other aspects of his testimony, that may be properly taken into account in
5 determining whether or not his claim of disabling pain should be believed.”); see also
6 Rosalio O. v. Kijakaji, No. 2:22-CV-08679-GJS, 2023 WL 5180325, at *4 (C.D. Cal. Aug.
7 11, 2023) (“Plaintiff’s ‘lack of candor’ regarding his drug and alcohol use supports the
8 ALJ’s negative conclusions about his symptom testimony.”); Thomas v. Barnhart, 278
9 F.3d 947, 959 (9th Cir. 2002) (relying on inconsistent statements about drug and alcohol
10 use to reject claimant’s testimony).

11 **3. ALJ’s Personal Observations**

12 The ALJ also properly considered his own observations of Plaintiff when assessing
13 his credibility. (Doc. No. 13-2 at 35.) An ALJ’s personal observations may be used only
14 in “the overall evaluation of the credibility of the individual’s statements. An ALJ’s
15 personal observations cannot be the sole basis for discrediting a person’s testimony.” Orn,
16 495 F.3d at 639; see also Social Security Ruling 96–7p at 8 (“[T]he adjudicator is not free
17 to accept or reject the individual’s complaints solely on the basis of such personal
18 observations, but should consider any personal observations in the overall evaluation of the
19 credibility of the individual’s statements.”)

20 Here, the ALJ noted inconsistencies between Plaintiff’s allegations and the abilities
21 he demonstrated at the hearing. At the hearing, the ALJ observed that Plaintiff could
22 comprehend questions asked and he responded with appropriate answers and followed the
23 hearing adequately. (Doc. No. 13-2 at 35.) The ALJ noted that Plaintiff conducted himself

24 _____
25 rationale provided by the ALJ. Accordingly, the Court does not consider the post-hoc
26 rationalizations and inferences advanced by Defendant to justify the ALJ’s rejection of
27 Plaintiff’s subjective symptom testimony. See Bray, 554 F.3d at 1225 (“Long-standing
28 principles of administrative law require us to review the ALJ’s decision based on the
reasoning and factual findings offered by the ALJ—not post hoc rationalizations that
attempt to intuit what the adjudicator may have been thinking.”).

1 appropriately during the hearing without any observed anxiety or panic attacks, disruptions,
2 outburst, or other issues managing himself. (*Id.*) The ALJ’s credibility finding was not
3 solely based on his personal observations. Rather, his personal observations form part of
4 his overall assessment of Plaintiff’s credibility and provide another reason for discounting
5 Plaintiff’s symptom testimony.

6 **4. Conservative Treatment**

7 Plaintiff argues that the ALJ erred in characterizing his treatment as minimal and
8 conservative and finding his treatment was effective in controlling Plaintiff’s symptoms.
9 (Doc. No. 15 at 13–15.) Defendant maintains that the ALJ reasonably found that Plaintiff’s
10 providers’ recommendations of conservative treatment for his mental and physical
11 conditions, including prescription medications, steroid injections, talk therapy, and
12 physical therapy, were inconsistent with his complaints of disabling symptoms. (Doc. No.
13 20 at 12–13.)

14 “[E]vidence of ‘conservative treatment’ is sufficient to discount a claimant’s
15 testimony regarding severity of an impairment.” *Smartt*, 53 F.4th at 499 (citations
16 omitted); *Parra*, 481 F.3d at 751 (construing over-the-counter pain medications as
17 “conservative treatment”); *see also Perez v. Colvin*, No. 3:13-CV-01212-H-JLB, 2014 WL
18 1600322, at * 4 (S.D. Cal. Apr. 18, 2014). Here, even if the ALJ erred by describing
19 Plaintiff’s treatment as conservative, the ALJ offered other sufficient and clear and
20 convincing reasons for discounting Plaintiff’s testimony, rendering any error in this respect
21 harmless. *Carmickle*, 533 F.3d at 1162; *Fry v. Berryhill*, 749 F. App’x 659, 661 (9th Cir.
22 2019); *see also Villasenor v. Kijakazi*, No. 1:21-CV-00548-SKO, 2022 WL 18027854, at
23 *8, n. 9 (E.D. Cal. Dec. 30, 2022).

24 Accordingly, the ALJ properly discounted Plaintiff’s subjective symptom
25 allegations for at least three clear and convincing reasons that were sufficiently supported
26 by substantial evidence.

27 **B. The ALJ’s Residual Functional Capacity Determination**

28 In his RFC assessment, the ALJ determined that Plaintiff could perform “light work”

1 as defined in 20 § C.F.R. 404.1567(b) and 416.967(b) with various additional physical and
2 social limitations in place to account for his motor and mental impairments. (Doc. No. 13-
3 2 at 26.) Plaintiff contends that the ALJ erred in formulating Plaintiff’s residual functional
4 capacity by placing undue reliance on the non-examining and non-treating opinions of Drs.
5 Sabourin and Dupont⁹ who examined Plaintiff in April and August 2019, respectively.
6 (Doc. No. 15 at 17.) Plaintiff argues that the ALJ should have developed the record by
7 obtaining an updated medical opinion because additional medical evidence, which
8 developed in late 2019 through 2021—after Drs. Sabourin and Dupont conducted their
9 evaluations—would have supported greater work limitations. (*Id.* at 18–19.) Defendant
10 contends that the ALJ reasonably found Drs. Sabourin and Dupont’s opinions persuasive
11 and the ALJ committed no error by relying on their assessments in making the RFC
12 determination even though these doctors did not review the complete medical record.
13 (Doc. No. 20 at 16–17.)

14 For claims filed after March 27, 2017, as is the case here, an ALJ must consider all
15 medical opinions and “evaluate their persuasiveness” based on the following factors: (1)
16 supportability; (2) consistency; (3) relationship with the claimant; (4) specialization; and
17 (5) “other factors.” 20 C.F.R. § 416.920c(a)-(c). The two most important factors for
18 determining the persuasiveness of medical opinions are consistency and supportability. *Id.*
19 § 416.920c(a); see also *Woods v. Kijakazi*, 32 F.4th 785, 791 (9th Cir. 2022).
20 Supportability means the extent to which a medical source supports the medical opinion
21 by explaining the “relevant . . . objective medical evidence.” 20 C.F.R. § 404.1520c(c)(1).
22 Consistency means the extent to which a medical opinion is “consistent . . . with the
23

24 ⁹ The ALJ’s also reviewed the psychiatric consultative opinions of Drs. Glassman and
25 Nicholson. (Doc. No. 13-2 at 32.) Plaintiff does not challenge the ALJ’s reliance on the
26 opinions of Drs. Glassman or Nicholson in formulating Plaintiff’s RFC. (Doc. No. 15 at
27 16–19.) Accordingly, any challenge Plaintiff may bring based on the ALJ’s decision
28 regarding their decisions has been waived. *Greger v. Barnhart*, 464 F.3d 968, 973 (9th Cir.
2006) (discussing the general rule that claimants wave issues on appeal that were not
brought before the district court).

1 evidence from other medical sources and nonmedical sources in the claim.” Id. §
2 404.1520c(c)(2). In other words, the ALJ must “articulate . . . how persuasive” he finds
3 “all of the medical opinions” from each doctor or other source, id. § 404.1520c(b), and
4 “explain how [he] considered the supportability and consistency factors” in reaching these
5 findings, id. § 404.1520c(b)(2). See Woods, 32 F.4th at 792.

6 Here, the ALJ found Drs. Dupont and Sabourin’s opinions overall persuasive. (Doc.
7 No. 13-2 at 32.) In April 2019, Dr. Sabourin examined Plaintiff as part of an orthopedic
8 consultation and concluded that Plaintiff had “rather significant” left knee problems and
9 moderate low back problems, but his other physical problems were relatively minimal.
10 (Doc. No. 13-7 at 132.) In the medical source statement, he concluded Plaintiff was
11 capable of a reduced range of light exertion work, including that he could lift or carry
12 twenty pounds occasionally and ten pounds frequently, stand and walk up to six hours of
13 an eight-hour workday, and sit for six hours of an eight-hour workday. (Id.) The ALJ
14 found Dr. Sabourin’s evaluation that Plaintiff could preform light work persuasive, finding
15 his opinion consistent with the longitudinal evidence of Plaintiff’s orthopedic impairments
16 and physical limitations. (Doc. No. 13-2 at 32.) However, the ALJ also included additional
17 non-exertional physical limitations based on his evaluation of the full record, including
18 treating physicians’ examination findings and Plaintiff’s subjective reports. (Id.) In
19 August 2019, Dr. Dupont, as part of the Disability Determination Explanation at the
20 reconsideration level of review, also concluded that Plaintiff could perform light work
21 consistent with Dr. Sabourin’s findings with some additional limitations. (Doc. No. 13-3
22 at 49.) The ALJ explained that he found Dr. Dupont’s findings persuasive “because they
23 are supported by and consistent with the objective medical evidence, the conservative
24 outpatient treatment during the relevant period, and the documented periods of greater
25 limitation incident to active substance abuse.” (Doc. No. 13-2 at 32.)

26 The ALJ did not error in considering and weighing the evidence provided by Drs.
27 Dupont and Sabourin. He properly articulated his finding of persuasiveness and considered
28 the supportability and consistency factors as required under the SSA regulations. The fact

1 that Drs. Dupont and Sabourin did not consider all the medical evidence in their
2 determinations did not require the ALJ to discount their opinions. Elsev v. Saul, 782 F.
3 App’x 636, 637 (9th Cir. 2019) (citing 20 C.F.R. § 404.1527(c)(3)) (“The regulations
4 require that an ALJ evaluate the degree to which a non-examining source considers the
5 evidence, not that a failure to consider all evidence requires the source to be discounted.”)
6 Nor did the ALJ error by failing to obtain another medical opinion regarding the evidence
7 not reviewed by the state agency physicians. See Carol F. v. Saul, No. CV 19-7040-SP,
8 2021 WL 1200041, at *5 (C.D. Cal. Mar. 30, 2021). Plaintiff points to lumbar and cervical
9 spine MRIs in 2019 and 2020 that showed moderate-to-severe disc degeneration and severe
10 degenerative disc disease, neither of which Drs. Dupont nor Sabourin reviewed. (Doc. No.
11 15 at 18.) Plaintiff contends that the 2019 and 2020 MRIs are diagnostic findings that
12 would have supported greater work limitations. (Id.) But SSA regulations make clear that
13 imaging on its own is not “a substitute for findings on physical examination about [a
14 claimant’s] ability to function.” 20 C.F.R. § Pt. 404, Subpt. P, App. 1 § 1.00 (c)(3)(c)
15 (2023). And the ALJ reasonably found Drs. Dupont and Sabourin’s earlier opinions were
16 consistent with the later documented clinical evidence. This later clinical evidence showed
17 that Plaintiff exhibited “no neurological deficits, a normal gait, and no required assistive
18 devices to ambulate.” (Doc. No. 13-2 at 27, 31.) Carol F., 2021 WL 1200041, at *5 (“The
19 ALJ was not required to obtain another medical opinion regarding the evidence not
20 reviewed by the state agency physicians when he found their opinions consistent with that
21 later evidence.”).

22 The fact that Drs. Dupont and Sabourin did not review the entire medical record does
23 not mean that their opinions cannot serve as substantial evidence to support the ALJ’s RFC
24 determination. Owen v. Saul, 808 F. App’x 421, 423 (9th Cir. 2020) (“[T]here is always
25 some time lapse between a consultant’s report and the ALJ hearing and decision, and the
26 Social Security regulations impose no limit on such a gap in time.”) Here, the ALJ did not
27 impermissibly “play doctor,” but rather independently reviewed the medical evidence and
28 formed a reasonable conclusion regarding Plaintiff’s RFC based on the medical record.

1 Accordingly, the ALJ committed no legal error in formulating Plaintiff’s RFC.

2 **C. Drug Addiction or Alcoholism Analysis**

3 When there is alcohol or drug use in the record, the ALJ must determine whether
4 drug addiction or alcoholism is a contributing factor material to the determination of
5 disability. 20 C.F.R. § 404.1535(a). The materiality finding turns on whether the claimant
6 would still be found disabled if the drug or alcohol use stopped. Id. § 404.1535(b)(1). If
7 the ALJ determines the claimant’s disabling limitations would remain if the applicant
8 stopped using drugs or alcohol, then the substance abuse is not a material contributing
9 factor to the claimant’s disability and they are entitled to benefits. Parra, 481 F.3d at 744–
10 45. Ultimately, the claimant “bears the burden of proving that his substance abuse is not a
11 material contributing factor to his disability.” Id. at 748.

12 Here, the ALJ determined that Plaintiff would miss at least two workdays per month
13 because of his substance abuse. (Doc. No. 13-2 at 26.) However, in the DAA analysis, the
14 ALJ determined that in the absence of substance abuse, Plaintiff would have no more than
15 moderate mental limitations and would not need to miss two workdays per month. (Id. at
16 35–36.) The ALJ found that if Plaintiff stopped the substance use, he would have the
17 residual functional capacity to perform light work. (Id. at 36.) Therefore, the ALJ
18 concluded that the DAA was a material contributing factor to Plaintiff’s disability, which
19 precluded the award of benefits. (Id. at 38.)

20 Plaintiff argues that the ALJ erred in finding that Plaintiff had the mental ability to
21 work in the absence of substance abuse. (Doc. No. 15 at 19.) Plaintiff contends that the
22 record demonstrates that Plaintiff had persistent mental health symptoms that did not abate
23 in periods of sobriety. (Id. at 20.) Plaintiff further challenges the ALJ’s characterization
24 that Plaintiff conducted himself appropriately during the hearing without “disruptions,
25 outburst, or problems managing himself.” (Id. at 21 (quoting 13-2 at 35).)

26 The Court is mindful of its deferential standard of review. As the Ninth Circuit has
27 instructed “[i]f the record considered as a whole can reasonably support either affirming or
28 reversing the Commissioner’s decision, we must affirm.” Hiler v. Astrue, 687 F.3d 1208,

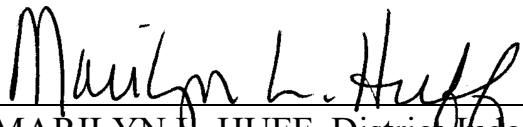
1 1211 (9th Cir. 2012) (quoting McCartey v. Massanari, 298 F.3d 1072, 1075 (9th Cir.
2 2002). Substantial evidence supports the ALJ’s DAA determination. The record includes
3 the opinion of Dr. Dupont that “drug addiction and/or alcoholism is a contributing factor
4 material to a finding of disability.” (Doc. No 13-3 at 22.) The ALJ found Dr. Dupont’s
5 examination and conclusion persuasive. (Id. at 32.) Moreover, during periods of sobriety,
6 Plaintiff generally presented with a normal mood and affect, appeared groomed,
7 cooperative, friendly, alert, and oriented with normal speech, good eye contact, linear and
8 coherent thought processes, good focus, and attention, and lacked hallucinations, suicidal
9 intentions, or paranoia. (Doc. No. 13-7 at 119–125, 380, 383, 388; Doc. No. 13-8 at 6, 8,
10 76.) These clinical findings throughout the medical record support the ALJ’s determination
11 of only moderate mental limitations. Further, the ALJ accounted for Plaintiff’s limitations
12 in the RFC determination by restricting Plaintiff to simple, routine tasks in a nonpublic
13 work environment with occasional interactions with coworkers and supervisors. (Doc. No.
14 13-2 at 33.) Accordingly, the Court affirms the ALJ’s decision with respect to the DAA
15 finding.

16 **CONCLUSION**

17 For the foregoing reasons, the ALJ did not commit reversible error in discounting
18 Plaintiff’s subjective complaints, formulating his RFC, or conducting the DAA analysis.
19 Therefore, the ALJ’s disability determination must be upheld. Accordingly, the Court
20 grants Defendant’s cross-motion for summary judgment and denies Plaintiff’s motion for
21 summary judgment.

22 **IT IS SO ORDERED.**

23 DATED: February 6, 2024

24 
25 _____
26 MARILYN E. HUFF, District Judge
27 UNITED STATES DISTRICT COURT
28