

Declaration of Erich O. Grosz

# **Exhibit 10**

**Case No. 1:07-CV-01092 (RJL)**



# Nutritional Information

## Core Menu Items April 2007

### NUTRITION: MENU ITEMS

#### WHOPPER® Sandwiches

Item	Serving Size (g)	Calories	Total fat (g)	Saturated fat * (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)
WHOPPER® Sandwich	290	670	39	11	1.5	51	1020	51	3	11	28
WHOPPER® Sandwich with Cheese	269	510	22	9	1	80	880	51	3	11	28
DOUBLE WHOPPER® Sandwich	315	760	47	16	1.5	115	1450	52	3	11	33
DOUBLE WHOPPER® Sandwich with Cheese	294	600	30	14	1.5	100	1310	52	3	11	32
DOUBLE WHOPPER® Sandwich	373	900	57	19	2	175	1090	51	3	11	47
DOUBLE WHOPPER® Sandwich with Cheese	352	740	39	17	2	160	950	51	3	11	47
TRIPLE WHOPPER® Sandwich	398	990	64	24	2.5	195	1520	52	3	11	52
TRIPLE WHOPPER® Sandwich With Cheese	376	830	47	22	2	180	1380	52	3	11	52
TRIPLE WHOPPER® Sandwich With Cheese	456	1130	74	27	3	255	1160	51	3	11	67
WHOPPER JR.® Sandwich	434	980	57	24	2.5	240	1020	51	3	11	66
WHOPPER JR.® Sandwich with Cheese	480	1230	82	32	3.5	275	1590	52	3	11	71
Bacon (1 Strip)	459	1070	65	29	3	260	1450	52	3	11	71
WHOPPER JR.® Sandwich	158	370	21	6	0.5	50	570	31	2	6	15
WHOPPER JR.® Sandwich with Cheese	147	290	12	4.5	0	40	490	31	2	6	15
Bacon (1 Strip)	170	410	24	8	1	60	780	32	2	6	18
Bacon (1 Strip)	149	330	16	7	0.5	55	710	31	2	6	17
Bacon (1 Strip)	2.5	15	1	0	0	5	50	0	0	0	1

  

Item	Serving Size (g)	Calories	Total fat (g)	Saturated fat * (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)
Hamburger	121	290	12	4.5	0	40	560	30	1	6	15
Cheeseburger	133	330	16	7	0.5	55	780	31	1	6	17
Double Hamburger	164	410	21	9	1	85	600	30	1	6	25
Double Cheeseburger	189	500	29	14	1.5	105	1030	31	1	6	30
Bacon Cheeseburger	188	360	18	8	0.5	60	670	31	1	6	19
Bacon Double Cheeseburger	194	530	31	14	1.5	110	1130	32	1	6	32
BK™ Double Stack	190	610	39	16	1.5	125	1100	32	1	5	34
BK™ Triple Stack	250	800	54	23	2	185	1450	33	1	5	48
BK™ Quad Stack	311	1000	68	30	3	240	1800	34	1	6	62
The Angus Steak Burger	273	640	33	10	1.5	185	1260	55	3	10	33

Chicken, Fish, & Veggie		Serving	Calories	Total	Saturated	Trans	Cholesterol	Sodium	Total	Dietary	Total	Protein
		Size (g)		fat (g)	fat* (g)	Fat (g)	(mg)	(mg)	Carbs. (g)	Fiber(g)	Sugars (g)	(g)
<b>TENDERGRILL® Chicken Sandwich</b>		258	450	10	2	0	75	1210	53	4	9	37
	with Mayo	258	510	19	3.5	0.5	75	1180	49	4	7	37
	w/o Sauce	244	400	7	1.5	0	70	1090	49	4	7	36
<b>TENDERCRISP® Chicken Sandwich</b>		286	780	43	8	4	75	1730	73	4	8	25
<b>Spicy TENDERCRISP® Chicken Sandwich</b>		300	720	36	7	4	65	2000	74	5	8	25
<b>Original Chicken Sandwich</b>		258	570	21	4.5	3.5	55	1540	73	4	8	25
	w/o Sauce	219	660	40	8	2.5	70	1440	52	4	5	24
<b>CHICKEN TENDERS® Kid's Meat (4 pc)</b>		190	450	17	4	2	50	1250	52	4	5	23
<b>CHICKEN TENDERS® (5 pc)</b>		62	170	10	2.5	1.5	25	480	11	0	0	9
<b>CHICKEN TENDERS® Big Kid's Meal (6 pc)</b>		77	210	12	3	2	35	600	13	0	0	12
<b>CHICKEN TENDERS® (8 pc)</b>		92	250	15	3.5	2.5	40	720	16	0	0	14
<b>Barbecue Dipping Sauce (1 oz)</b>		123	340	20	5	3	55	960	21	<1	1	19
<b>Honey Flavored Dipping Sauce (1 oz)</b>		28	40	0	0	0	0	310	11	0	10	0
<b>Honey Mustard Dipping Sauce (1 oz)</b>		28	90	0	0	0	0	0	23	0	22	0
<b>Sweet and Sour Dipping Sauce (1 oz)</b>		28	90	6	1	0	10	180	8	0	7	0
<b>Ranch Dipping Sauce (1 oz)</b>		28	45	0	0	0	0	55	11	0	0	0
<b>BK™ CHICKEN FRIES (6 pc)</b>		25	140	15	2.5	0	5	95	1	0	1	1
		85	260	15	3.5	3	35	650	18	2	1	12
	9 pc	128	390	23	5	4.5	50	980	26	3	1	18
	12 pc	170	520	31	7	6	65	1300	35	4	2	25
<b>Buffalo Dipping Sauce (1 oz)</b>		28	80	8	1.5	0	5	350	2	0	1	0
<b>BK BIG FISH® Sandwich</b>		250	630	30	6	2.5	60	1380	67	4	8	24
	w/o Tartar Sauce	222	470	13	3	2	50	1240	65	3	7	23
<b>Spicy BK BIG FISH® Sandwich</b>		250	620	29	6	2.5	60	1540	67	4	7	24
<b>BK VEGGIE® Burger**</b>		215	420	16	2.5	0	10	1100	46	7	8	23
	w/ Cheese	228	470	20	5	0	20	1320	47	7	9	25
	w/o Mayo	205	340	8	1	0	0	1030	46	7	8	23
<b>Side Orders</b>		Serving	Calories	Total	Saturated	Trans	Cholesterol	Sodium	Total	Dietary	Total	Protein
		Size (g)		fat (g)	fat* (g)	Fat (g)	(mg)	(mg)	Carbs. (g)	Fiber(g)	Sugars (g)	(g)
<b>MOTT'S® Strawberry Flavored Apple Sauce</b>		113	90	0	0	0	0	0	23	<1	21	0
<b>Onion Rings - Small</b>		43	150	7	2	1.5	0	220	19	1	2	2
<b>Onion Rings - Medium</b>		91	320	16	4	3.5	0	460	40	3	5	4
<b>Onion Rings - Large</b>		130	450	22	6	5	0	660	57	4	7	6
<b>Onion Rings - King</b>		150	520	26	7	6	5	760	66	5	8	7
<b>Zesty Onion Ring Dipping Sauce (1 oz)</b>		28	150	15	2.5	0	15	210	3	<1	2	0
<b>CHEESY TOTS™ - Small (6 pc)</b>		77	210	12	4.5	2	20	650	20	2	1	7
<b>CHEESY TOTS™ - Medium (9 pc)</b>		115	320	18	7	3	30	970	30	2	2	10
<b>CHEESY TOTS™ - Large (12 pc)</b>		153	430	24	9	4	40	1300	40	3	2	14
<b>French Fries - Small (Salted)</b>		74	230	13	3	3	0	390	26	2	1	2
<b>French Fries - Medium (Salted)</b>		116	360	20	4.5	4.5	0	590	41	4	1	4
<b>French Fries - Large (Salted)</b>		160	500	26	6	6	0	820	57	5	1	5
<b>French Fries - King (Salted)</b>		194	600	33	8	7	0	990	69	6	2	6

Serving Size (g)	Calories	Total fat (g)	Saturated fat* (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)
French Fries - Small (Salt not added)*	74	230	13	3	0	240	26	2	1	2
French Fries - Medium (Salt not added)*	116	360	20	4.5	0	380	41	4	1	4
French Fries - Large (Salt not added)*	160	500	28	6	0	530	57	5	1	5
French Fries - King (Salt not added)*	194	600	33	7	0	640	69	6	2	6
Ketchup (Packet)	10	10	0	0	0	125	3	0	2	0
<b>Salads</b>										
(w/out dressing or garlic parmesan croutons)										
Side Garden Salad	98	15	0	0	0	0	3	1	1	1
TENDERGRILL™ Chicken Garden Salad	292	240	9	3.5	80	720	8	4	3	33
TENDERCRISP™ Chicken Garden Salad	306	400	21	7	70	1170	32	5	5	22
Garden Salad (no chicken)	184	90	5	2.5	15	125	7	3	3	5
<b>Salad Dressings &amp; Toppings</b>										
KEN'S® Light Italian Dressing (2 oz)	57	120	11	1.5	0	440	5	0	4	0
KEN'S® Ranch Dressing (2 oz)	57	190	20	3	20	560	2	0	1	1
KEN'S® Creamy Caesar Dressing (2 oz)	57	210	21	4	25	610	4	0	3	3
KEN'S® Honey Mustard Dressing (2 oz)	57	270	23	3	20	520	15	0	14	1
KEN'S® Fat Free Ranch Dressing (2 oz) (Restaurant Option)	57	60	0	0	0	740	15	2	5	0
Garlic Parmesan Croutons	14	60	2	0	0	120	9	0	1	1
<b>Desserts</b>										
Dutch Apple Pie	108	300	13	3	0	270	45	1	23	2
HERSHEY'S Sundae Pie	79	310	19	0	10	220	32	1	22	3
<b>Breakfast</b>										
CROISSAN'WICH® Egg & Cheese	116	300	17	6	145	740	26	<1	5	12
CROISSAN'WICH® Sausage & Cheese	106	370	25	9	50	810	23	<1	4	14
CROISSAN'WICH® Sausage, Egg & Cheese	159	470	32	11	180	1050	26	<1	6	19
CROISSAN'WICH® Ham, Egg & Cheese	149	340	18	6	160	1230	26	1	6	18
CROISSAN'WICH® Bacon, Egg & Cheese	122	340	20	7	155	890	26	<1	5	15
DOUBLE CROISSAN'WICH™ w/ Sausage, Egg, & Cheese	215	680	51	18	220	1600	26	<1	6	29
DOUBLE CROISSAN'WICH™ w/ Bacon, Egg, & Cheese	142	430	27	10	175	1250	27	<1	6	21
DOUBLE CROISSAN'WICH™ w/ Ham, Egg, & Cheese	196	420	23	9	185	2210	27	1	7	27
DOUBLE CROISSAN'WICH™ w/ Sausage, Bacon, Egg, & Cheese	179	560	39	14	200	1430	27	<1	6	25
DOUBLE CROISSAN'WICH™ w/ Ham, Bacon, Egg, & Cheese	169	420	24	9	180	1600	27	1	7	24
DOUBLE CROISSAN'WICH™ w/ Ham, Sausage, Egg, & Cheese	206	550	37	14	205	2040	27	1	6	28
Enormous Omelet Sandwich	266	730	45	16	330	1940	44	2	8	37
Ham Omelet Sandwich	139	330	14	5	90	1130	35	1	9	16

	Serving Size (g)	Calories	Total fat (g)	Saturated fat* (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs. (g)	Dietary Fiber(g)	Total Sugars (g)	Protein (g)
<b>Sausage Biscuit</b>	118	390	26	8	5	35	1020	28	1	2	12
Ham, Egg, & Cheese Biscuit	156	390	22	7	5	145	1410	31	1	4	16
Sausage, Egg, & Cheese Biscuit	183	530	37	12	6	175	1490	31	1	4	20
Bacon, Egg & Cheese Biscuit	146	410	25	8	5	150	1320	31	1	4	16
<b>Hash Browns - Small</b>	84	260	17	4.5	5	0	500	25	2	0	2
Hash Browns - Medium	140	430	28	8	9	0	830	42	4	0	4
Hash Browns - Large	202	620	40	11	13	0	1200	60	6	1	5
<b>CHEESY TOTS™ - See Side Orders</b>											
<b>Cini-minis</b>	108	390	18	5	4	20	560	51	2	19	7
Vanilla Icing (for Cini-minis)	28	110	3	0.5	0.5	0	40	21	0	20	0
French Toast Sticks (3 piece)	65	230	12	2.5	2.5	0	260	27	1	6	4
French Toast Sticks (5 piece)	109	380	19	4.5	4.5	0	430	45	2	11	6
French Toast Kid's Meal (with syrup)	494	660	22	6	4.5	10	580	102	3	57	15
Grape Jam	12	30	0	0	0	0	0	7	0	6	0
Strawberry Jam	12	30	0	0	0	0	0	7	0	6	0
Breakfast Syrup	28	80	0	0	0	0	20	21	0	14	0
<b>Shakes</b>											
Vanilla Milk Shake - Kid's	228	310	11	7	0	45	180	44	0	43	6
Vanilla Milk Shake - Small	296	400	15	9	0	60	240	57	0	55	8
Vanilla Milk Shake - Medium	412	560	21	13	0.5	85	330	79	0	77	11
Vanilla Milk Shake - Large	608	820	30	19	1	125	490	117	<1	114	16
Vanilla Milk Shake - King	785	1070	39	25	1	160	640	151	<1	147	21
Chocolate Milk Shake - Kid's	245	370	11	7	0	40	260	61	1	59	6
Chocolate Milk Shake - Small	315	470	14	9	0	55	320	75	1	72	8
Chocolate Milk Shake - Medium	447	690	20	12	0	75	480	114	2	110	11
Chocolate Milk Shake - Large	640	950	29	19	0.5	115	640	151	2	146	16
Chocolate Milk Shake - King	842	1260	38	24	1	145	870	204	3	197	21
Strawberry Milk Shake - Kid's	244	360	10	7	0	40	180	60	0	58	6
Strawberry Milk Shake - Small	314	460	14	9	0	55	240	73	0	71	7
Strawberry Milk Shake - Medium	444	660	19	12	0	75	330	111	0	109	10
Strawberry Milk Shake - Large	637	930	28	18	0.5	115	490	148	<1	145	15
Strawberry Milk Shake - King	838	1230	36	23	1	145	640	200	<1	195	19

Footnote for "Saturated Fat" (g)": \*Does not include Trans Fat.

Footnote for BK VEGGIE® Burger™: \*\*Burger King Corporation makes no claim that the BK VEGGIE® Burger or any other of its products meets the requirements of a vegan or vegetarian diet. The patty is cooked in the microwave.

Footnote for "Salt not added-French Fries" • To reduce sodium, you can order french fries without added salt

CHEESY TOTS™ is a trademark of H.J. Heinz Company and used under license by Burger King Corporation.

**Beverages**

Cup Serving Size*	COCA COLA® CLASSIC†			SPRITE® †		
	Kids	Small	Medium	Large	King	King
Calories	110	140	200	290	390	390
Carbohydrate (g)	30	39	53	79	104	104
Sugar (g)	30	39	53	79	104	104
Sodium (mg)	0	0	0	5	10	10

Cup Serving Size*	DR. PEPPER® †			DIET COKE® †		
	Kids	Small	Medium	Large	King	King
Calories	110	140	190	280	380	5
Carbohydrate (g)	29	39	52	78	104	0
Sugar (g)	29	39	52	78	104	0
Sodium (mg)	25	35	50	70	95	0

Cup Serving Size*	BK JOE™ Regular Coffee†			BK JOE™ Turbo Coffee†			BK JOE™ Decaf Coffee†		
	Small	Med	Large	Small	Med	Large	Small	Med	Large
Calories	5	10	10	10	10	15	5	5	5
Carbohydrate (g)	1	1	2	1	2	2	0	0	0
Sugar (g)	0	0	0	0	0	0	0	0	0
Sodium (mg)	15	20	25	20	30	40	5	10	10
Protein (g)	1	1	1	1	1	2	1	1	1

\*See next page for fluid ounce cup sizes.

Cup Serving Size:	MINUTE MAID® Apple Juice		MINUTE MAID® Orange Juice		AQUAFINA® Water		ICEE® COCA COLA		ICEE® MINUTE MAID® Cherry†	
	6.67 oz	8 oz	16 fl oz	8 oz	16 fl oz	Small	Medium	Small	Medium	
Calories	90	140	0	140	0	110	140	110	140	
Carbohydrate (g)	23	33	0	33	0	31	40	31	40	
Sugar (g)	21	30	0	30	0	31	40	31	40	
Sodium (mg)	15	20	0	20	0	10	10	5	10	
Protein (g)	0	2	0	2	0	0	0	0	0	
Vitamin C (mg)	60	42	0	42	0	0	0	0	0	

These Beverages do not contain fat, saturated fat, trans fat, cholesterol, or fiber.

Footnote for Beverages "†": These values represent Sodium derived from ingredients other than water. The actual amount of Sodium in the beverages will vary depending on the quantity contained in the water supply where the finished beverages are produced.

Cup Serving Sizes:	fl oz
Kid's	12
Small	16
Medium	22
Large	32
King	42