

## **Exhibit F**

Monsour's, Inc. – Menu Maker Foods, Inc.


Non-Competition Agreements

Applicable Territories

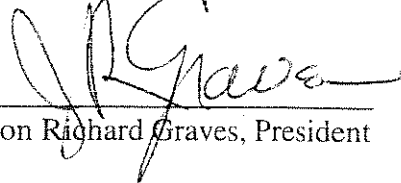
February 6, 2002

Menu Maker Foods, Inc. \\\pink  
Monsour's, Inc. \\\yellow

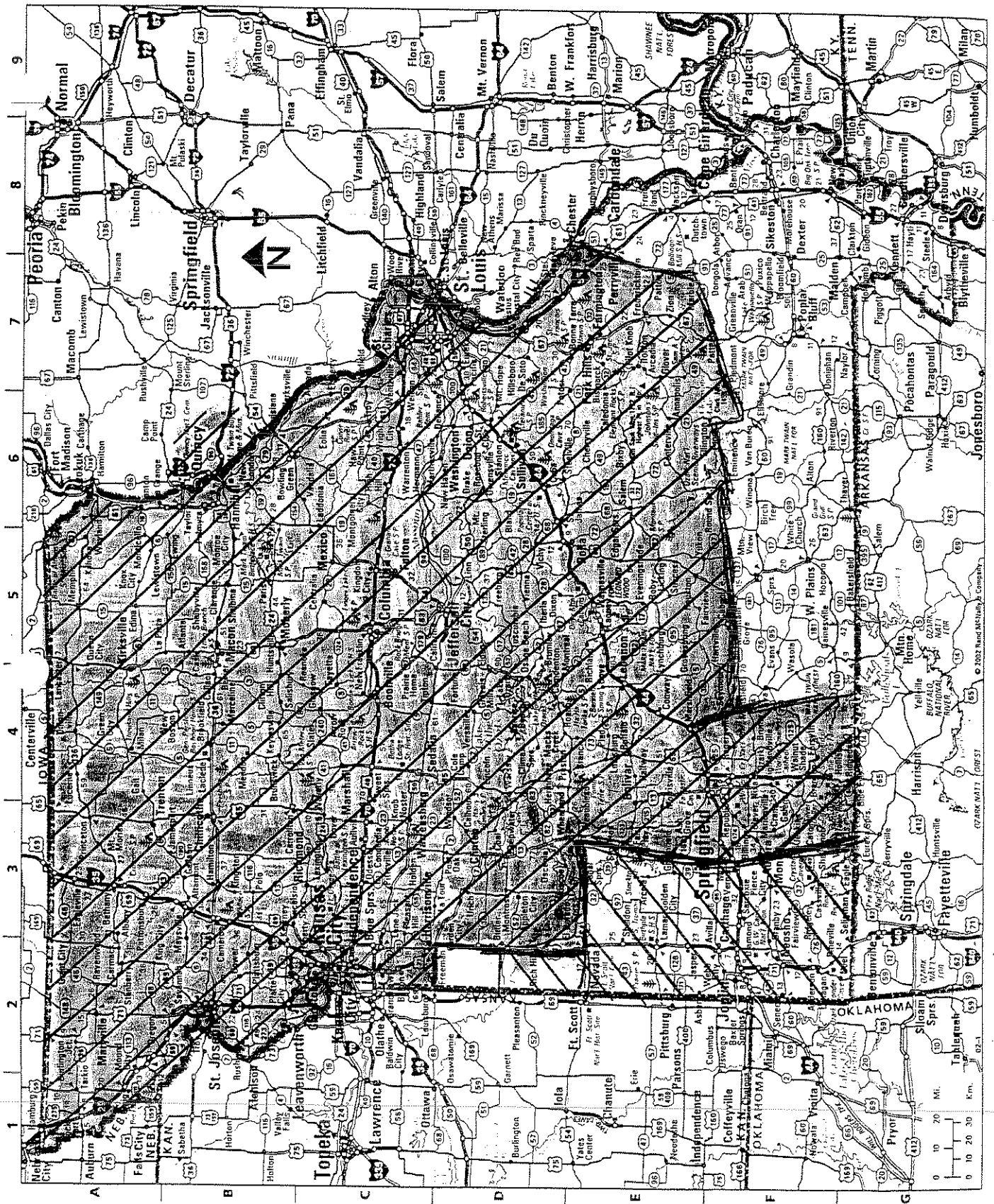
Monsour's, Inc.

By:  *PRESIDENT*  
Mark D. Monsour, President

Menu Maker Foods, Inc.

By:   
Jon Richard Graves, President

138 Missouri



**Missouri**  
 Population: 5,595,211 (2000 Cr.)  
 Land Area: 68,838 sq. miles  
 Capital: Jefferson City

**Cities and Towns**

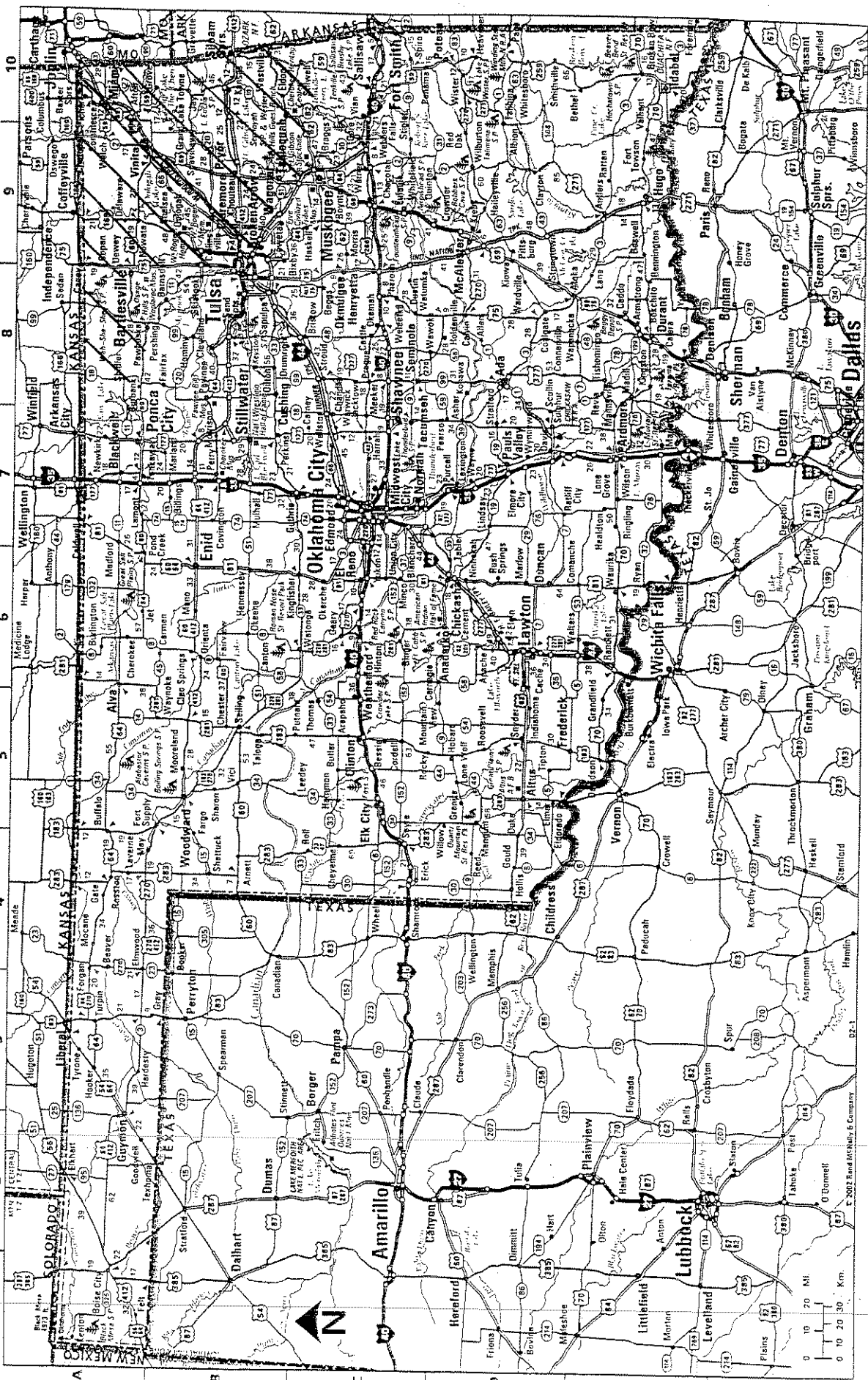
D-7	Arnold
F-3	Aurora
C-2	Bethany
A-3	Blaine Springs
E-7	Boonville
C-4	Bowling Green
B-5	Branson
D-4	Butler
D-2	California
B-3	Camden
F-1	Carrollton
G-8	Carthage
C-5	Centuria
B-8	Chillicothe
D-3	Clinton
C-5	Columbia
D-7	Crystal City
D-5	Dexter
F-8	East Prairie
D-4	El Dorado Springs
D-4	Eldon
D-5	Excelsior Springs
B-3	Farmington
E-7	Fayette
D-7	Fulton
C-6	Grandview
B-6	Hannibal
G-8	Hartsville
G-8	Hayward
C-2	Independence
F-2	Joplin
C-2	Kansas City
E-2	Kennett
E-2	Kennettville
E-3	Lamar
E-4	Lebanon
C-3	Levensworth
E-6	Louisiana
B-5	Madison
F-8	Madison
C-4	Marshall
A-2	Marionville
C-5	Merico
F-3	Monett
F-3	Monett Vernon
F-5	Mountain Grove
F-2	Neveda
F-8	New Madrid
F-8	Northwest
C-3	Ogona
F-4	Ogona Beach
F-4	Ozark
D-2	Pacific
E-8	Perryville
E-8	Platte City
C-3	Pleasant Hill
C-7	Pocahontas
F-3	Republic
C-3	Richmond
C-7	St. Charles
D-6	St. Clair
D-6	St. James
C-7	St. Joseph
C-7	St. Louis
D-7	St. Genevieve
E-6	Stem
B-2	Sauganah
F-8	Shelbyville
D-6	Springfield
F-2	Sullivan
C-6	Trenton
D-6	Union
C-3	Warrensburg
C-6	Washington
E-5	Washington
F-2	Webb City
C-5	West Plains
D-3	Wentzville
D-3	Wentzville

Menu Maker, Inc. - pink  
 Monours, Inc. - yellow



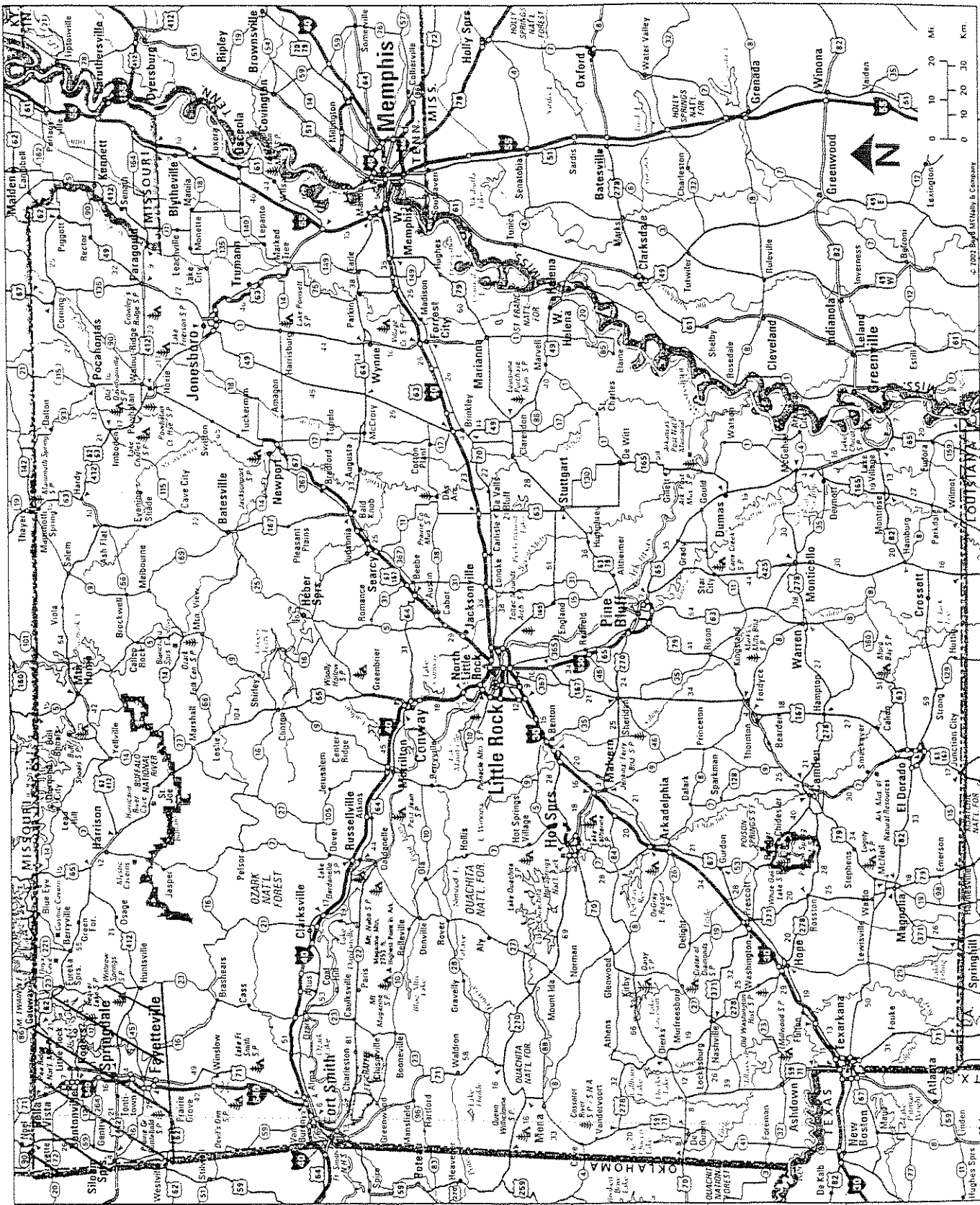
152 Oklahoma

- A-1 Antlers
- A-2 Apache
- A-3 Ardmore
- A-4 Arkadelphia
- A-5 Bartlesville
- A-6 Beaver
- A-7 Bixby
- A-8 Blackwell
- A-9 Blanchard
- A-10 Broken Arrow
- B-1 Broken Bow
- B-2 Buffalo
- B-3 Cactus
- B-4 Carnegie
- B-5 Chandler
- B-6 Chickasha
- B-7 Choctaw
- B-8 Cherokee
- B-9 Choyenoe
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**Oklahoma**  
 Population: 3,550,654 (2000 Census)  
 Land Area: 68,533 sq. mi.  
 Capital: Oklahoma City

**Cities and Towns**  
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**Arkansas**  
 2008  
 Land Area: 52,035 sq. mi.  
 Capital: Little Rock

- |   |                |     |
|---|----------------|-----|
| A | Arkadelphia    | F1  |
| A | Asheville      | F2  |
| A | Ash Flat       | F3  |
| A | Ashtown        | F4  |
| A | Augusta        | F5  |
| A | Batesville     | F6  |
| A | Bebe           | F7  |
| A | Bella Vista    | F8  |
| A | Bentonville    | F9  |
| A | Berryville     | F10 |
| A | Booneville     | F11 |
| A | Bull Shoals    | F12 |
| A | Cabot          | F13 |
| A | Cameron        | F14 |
| A | Chicot         | F15 |
| A | Clarksville    | F16 |
| A | Clarksdale     | F17 |
| A | Clinton        | F18 |
| A | Conway         | F19 |
| A | Convent        | F20 |
| A | Dardanelle     | F21 |
| A | De Queen       | F22 |
| A | De Witt        | F23 |
| A | Des Arc        | F24 |
| A | Dumas          | F25 |
| A | Evening Shade  | F26 |
| A | Payetteville   | F27 |
| A | Forest City    | F28 |
| A | Greenwood      | F29 |
| A | Hampden        | F30 |
| A | Harrison       | F31 |
| A | Heber Springs  | F32 |
| A | Hopewell       | F33 |
| A | Hot Springs    | F34 |
| A | Huntsville     | F35 |
| A | Jonesboro      | F36 |
| A | Lake City      | F37 |
| A | Lake Village   | F38 |
| A | Little Rock    | F39 |
| A | Loneka         | F40 |
| A | Marion         | F41 |
| A | Marionville    | F42 |
| A | Marshall       | F43 |
| A | Marionville    | F44 |
| A | Mena           | F45 |
| A | Monticello     | F46 |
| A | Mountain Home  | F47 |
| A | Mountain View  | F48 |
| A | Mountainburg   | F49 |
| A | Hawthorne      | F50 |
| A | Newport        | F51 |
| A | Oceola         | F52 |
| A | Osage          | F53 |
| A | Paragould      | F54 |
| A | Perryville     | F55 |
| A | Piggott        | F56 |
| A | Pine Bluff     | F57 |
| A | Princeton      | F58 |
| A | Rice           | F59 |
| A | Rogers         | F60 |
| A | Russellville   | F61 |
| A | Sherrill       | F62 |
| A | Shiloh Springs | F63 |
| A | Star City      | F64 |
| A | Star City      | F65 |
| A | Tearkins       | F66 |
| A | Trenton        | F67 |
| A | Van Buren      | F68 |
| A | Viola          | F69 |
| A | Walton Ridge   | F70 |
| A | Warren         | F71 |
| A | West Helena    | F72 |

10082